Aggregation of Sodium Channels during Development and Maturation of the Neuromuscular Junction

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The voltage-activated Na channel (NaCh) is an integral membrane protein that is enriched at the neuromuscular end plate. Using loose-patch voltage-clamp and immunofluorescence, we have found that the aggregation of NaChs occurs late, during maturation of the neuromuscular junction. A decline in expression of embryonic NaCh mRNA and increase in adult NaCh mRNA precedes the onset of aggregation, and the appearance of functional adult NaChs coincides with NaCh aggregation. We tested the possibility that only the adult NaCh subtype could aggregate during development and found that both the embryonic and adult isoforms become concentrated at the synapse. The NaCh is the first postsynaptic membrane protein shown to become clustered postnatally, and the mechanism producing this aggregation appears to be different from the process producing aggregation of other synaptic proteins.

[Key words: neuromuscular junction, Na channel, tetrodotoxin, endplate, loose patch clamp, RNase protection, postnatal development]

The development of the neuromuscular junction is a dynamic process that progresses through several stages marked by specific events (for reviews, see Salpeter and Loring, 1985; Bloch, 1989; Salpeter et al., 1992). The earliest stage is initiation of synaptogenesis. The first indication of synapse formation in embryonic muscle, occurring about embryonic day 14 in rodents (Bevan and Steinbach, 1977; Lupa and Hall, 1989), is the aggregation of ACh receptors (AChRs) and several other proteins in the vicinity of the neurite and growth cone (Anderson and Cohen, 1977; Froehner, 1991). During the next stage of synaptic development the pre- and postsynaptic elements become more precisely aligned, probably mediated by a distinct synaptic basal lamina that appears at this time (Chiu and Sanes, 1984). The nerve terminal and postsynaptic structure expand and AChRs become metabolically stable. The final stage involves the postnatal maturation of the neuromuscular junction and includes numerous changes on both a cellular and a molecular level: AChR subunits and channel kinetics change (Sakmann and Brenner, 1978; Mishina et al., 1986; Gu and Hall, 1988), synaptic vesicle proteins are restricted to the nerve terminal (Lupa and Hall, 1989; Dahm and Landmesser, 1991), subsynaptic folds appear (Terävainen, 1968; Kelly and Zacks, 1969), and polyneuronal innervation is eliminated (Betz et al., 1990).

Much is known about events that take place during the initiation of synaptogenesis. In fact, the mechanism behind the clustering of AChRs on myotubes is the best-understood process in postsynaptic differentiation. The basal lamina protein agrin is believed to play a primary role in this process (Magill-Solc and McMahan, 1988; Fallon and Gelfman, 1989; Wallace, 1989) by inducing phosphorylation of laterally diffusing AChRs at sites of agrin deposition (Wallace et al., 1991). Agrin also induces aggregation of several extracellular matrix and cytoskeletal proteins (Wallace, 1989; Nitkin and Rothschild, 1990). In contrast to the initiation of synaptogenesis, little is known about mechanisms regulating stabilization and maturation of the neuromuscular junction.

The voltage-activated Na channel (NaCh) is an integral membrane protein that is necessary for the conduction of action potentials in the muscle cell membrane. Electrophysiological (Thesleff et al., 1974; Betz et al., 1984; Beam et al., 1985) and immunocytochemical (Haimovich et al., 1987) studies have shown that this protein is highly enriched at the neuromuscular junction. Electron microscopy has revealed that the NaCh and AChR exhibit nearly complementary distributions at the synapse, with AChRs confined mainly to the crests of the postsynaptic folds and NaChs lining the postsynaptic troughs (Flucher and Daniels, 1989). Little is known about changes in NaCh distribution during development. One study has reported that NaChs became clustered at sites of neurite-associated AChR clusters on chick myotubes in vitro (Angelides, 1986); this suggested that the processes of AChR and NaCh clustering might be similar or closely linked. However, recent experiments showed that although the basal lamina protein agrin had a dramatic effect upon AChR distribution, it had little effect on the distribution of NaChs on cultured muscle cells (Lupa and Caldwell, 1991). These results raised the possibility that the processes regulating the distributions of AChRs and NaChs were separate and different. In order to gain insight into the mechanism producing the concentration of NaChs at the end plate, we have used patch-clamp recording and immunofluorescence to follow the process of NaCh aggregation in developing muscles. For this purpose we adapted a thin mammalian muscle preparation for use in loose-patch voltage-clamp experiments. We found that NaChs did not become concentrated at rodent synapses until

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1-2 weeks after birth. In fact, NaCh aggregation appeared to be one of the latest aspects of maturation at this synapse.

A change in ion channel subtypes also occurs during synapse maturation. The main type of NaCh expressed in adult innervated muscle has a single-channel conductance of about 15 pS (Weiss and Horn, 1986; Cannon et al., 1991) and is effectively blocked by low concentrations ($K_d = 10 \text{ nM}$) of TTX. Another type of NaCh is found in immature and denervated muscle (Diamond and Miledi, 1962; Redfern and Thesleff, 1971), has a conductance of about 10 pS (Weiss and Horn, 1986), and is relatively resistant to the blocking action of TTX ($K_d = 1 \mu M$). These subtypes are encoded by different genes (Rogart et al., 1989; Trimmer et al., 1989; Kallen et al., 1990). We have used an RNase protection assay to show that the developmental switch in expression from the embryonic to the adult NaCh transcripts occurs over the same time period as the onset of NaCh aggregation measured electrophysiologically. This suggested that the two events might be related and that only the TTX-sensitive, mature NaCh could become concentrated at the synapse during development. However, loose-patch clamp recordings revealed that the distributions of both types of NaCh appeared to be regulated similarly and that both NaCh isoforms became concentrated at the neuromuscular junction.

Some of these results were presented previously in abstract form (Lupa et al., 1991).

Materials and Methods

All chemicals and reagents used in this study were purchased from Sigma Chemical (St. Louis, MO) unless otherwise indicated.

Muscle preparations. Muscle fibers were dissociated from rat flexor digitorum brevis (FDB) muscles as previously described (Bekoff and Betz, 1977; Lupa and Caldwell, 1991). Muscles were incubated in 2.5 mg/ml collagenase (type B; Boerhinger-Mannheim, Indianapolis, IN), 1 mg/ml BSA, in Dulbecco's modified Eagle's medium (GIBCO), on a rotating wheel at 37°C. Adult muscles were incubated for 2 hr, while muscles from younger animals required between 0.5 and 1.5 hr. Muscles were dissociated by gentle trituration using Pasteur pipettes of decreasing tip diameter. FDB cells were dissociated into a glass-bottom chamber for loose-patch recording, or onto 22 × 22 mm glass coverslips for immunostaining.

The levator auris longus (LAL) muscle is a thin superficial muscle used to wiggle the ear (Angaut-Petit et al., 1987). The muscle was dissected from mice along with a portion of the outer ear, and pinned ventral side up in a glass-bottom chamber.

For both muscles the day of birth was considered postnatal day 0 (PN 0).

Loose-patch voltage-clamp recording. Loose-patch voltage-clamp recordings were made as previously described (Caldwell et al., 1986; Lupa and Caldwell, 1991). A fire-polished microelectrode (tip diameter, 5-15 μ m) was slowly advanced against the muscle fiber until a seal resistance at least twice the electrode resistance (100–400 k Ω) was obtained. Suction was usually applied to improve the seal, though caution was used to avoid bleb formation, especially in enzyme-treated muscles (Milton and Caldwell, 1990). A steady hyperpolarizing potential was applied (-50 mV for FDB, -70 mV for LAL) that made the resting membrane potential of the patch more negative than that of the cell. This "holding potential" was applied for several minutes before recording in order to remove slow inactivation of NaChs (Almers et al., 1983). Depolarizing pulses (4 msec) of different step sizes were then applied until the maximum inward current was measured.

Na current density was calculated assuming that the area of membrane voltage clamped was equal to the area under the pipette tip. In extrajunctional membrane, loose-patch clamp estimates agree with those from radiolabeled TTX (Rogart, 1981), both estimates giving several hundred channels per square micrometer. At the end plate, however, the membrane is heterogeneous and several factors, some of them offsetting, complicate estimates of channel density. First, postsynaptic folds increase the membrane area enclosed by the pipette; this increase is about a factor of 2 (Ruff, 1992). If channels were uniformly distributed, this twofold increase in membrane area would double the apparent

NaCh density. Second, electron microscopic studies using immunocytochemistry (Flucher and Daniels, 1989) and radiolabeled scorpion toxin (Boudier et al., 1992) indicate that NaChs are concentrated in the depths of the postsynaptic folds and are absent or at low density on the crests of the folds where AChRs are concentrated. Thus, NaChs are segregated within postsynaptic membrane. Third, the loose-patch pipette records simultaneously from perijunctional membrane between synaptic terminal boutons, as well as from the troughs and crests of the postsynaptic folds. Therefore, the loose-patch current densities are an average over these different regions within the endplate.

Separation of the mature and immature populations of NaChs was achieved by pharmacological blockade of the mature, TTX-sensitive (TTX-S) NaChs. Fibers were recorded from and relocated by use of photographs and stage micrometer settings. The normal Ringer solution was removed with suction and replaced by Ringer with 300 nm TTX. This was usually repeated twice to make sure that the concentration of TTX was not diluted. The patch electrode was also removed and filled with the same TTX solution before recording. Assuming a K_d of 10 nm for TTX-S NaChs (Gonoi et al., 1985; Weiss and Horn, 1986) and 1 um for TTX-resistant (TTX-R) channels (Pappone, 1980), we calculate that 300 nm TTX will block 96.8% of the TTX-S NaChs as well as 23% of the TTX-R NaChs. We corrected values for TTX-R current obtained in 300 nm TTX with the equation $NaI_{TTX} = (NaI_{TOX} - 0.03 (NaI_{TOT}))/$ 0.74, where NaI_{TTX} is the true TTX-R Na current, NaI_{TOX} is the uncorrected current measured in the presence of 300 nm TTX, and NaI_{TOT} is the current recorded in normal Ringer. Calculation of TTX-S and TTX-R currents using K_d values in the range of 5-20 μ M (TTX-S) and 1-3 μM (TTX-R) had minor effects on the absolute value of the current, but did not affect our conclusions.

Immunocytochemistry and video imaging. Rhodamine-conjugated α -bungarotoxin (rho-Butx) was prepared by the method of Ravdin and Axelrod (1977). The LD3 monoclonal antibody (mAb), which recognizes an intracellular epitope of the TTX-S muscle NaCh, was generously supplied by Drs. R. Barchi and S. Cohen of the University of Pennsylvania. This mAb has been shown to recognize a 200 kDa band in immunoblots of rat skeletal muscle (Casadei and Barchi, 1987), and to stain surface membrane in cross sections of rat muscle (Haimovich et al., 1987).

To visualize AChRs on muscle fibers, preparations were incubated with 50 nm rho-Butx for 0.5-2.0 hr in a 36°C incubator, and then rinsed with PBS or Ringer solution. Immunofluorescent labeling was achieved on preparations that had been fixed in ice-cold 2.5% paraformaldehyde, 0.1% saponin in PBS for 25 min at 4°C. The cells were rinsed in PBS, incubated in 0.1 m glycine for 25 min at room temperature to reduce background fluorescence, and permeabilized with 0.1% Triton X-100 or saponin for 10 min. Nonspecific antibody binding was reduced by pretreatment with 5% BSA, 3% fetal bovine serum in PBS (blocking solution) for 15–30 min. The cells were then incubated overnight at 4°C with a 1:50 dilution of the LD3 monoclonal antibody in blocking solution. After several rinses with PBS, cells were labeled for 1 hr with FITC-coupled goat anti-mouse secondary antibody. Coverslips were mounted on slides with a glycerol-based solution containing p-phenylenediamine (Platt and Michael, 1983). As a control for nonspecific antibody binding the primary antibody was omitted. Only a faint, uniform background staining and occasional weak labeling of cell nuclei were observed in this case.

Slides were viewed either on a Zeiss Axiophot microscope and photographed using TMAX 400 film, or on a Nikon Diaphot inverted microscope and photographed through an SIT camera coupled to a Silicon Graphics (Mountain View, CA) Iris computer, as previously described (Lupa and Caldwell, 1991).

RNase protection assay. To obtain TTX-S NaCh (SkM1) and TTX-R NaCh (SkM2) cDNAs, total RNA was isolated from extensor digitorum longus muscle that had been denervated 10–14 d. The RNA was reverse transcribed with oligo-dT primers and the cDNAs amplified by PCR. The amplified DNA was about 850 base pairs (bp). The 5' PCR primer was nucleotides 3835–3866 of rat brain I (see Noda et al., 1986) and had additional nucleotides added at the 5' end to create recognition sites for restriction enzymes SphI and Hind III. The 3' PCR primer was nucleotides 4660–4681 of rat brain I with recognition sites for Sall and EcoRI. The PCR products were cloned into M13 phage, and individual clones were plaque-purified and sequenced. An SkM1 clone was digested with enzymes AccI and SphI and subcloned into pGEM4; this cDNA was nucleotides 3253–3626 of Trimmer et al. (1989). An SkM2 clone was digested with PstI and Sall and subcloned into pGEM4; this cDNA was nucleotides 4439–4844 of Rogart et al. (1989). Antisense riboprobes

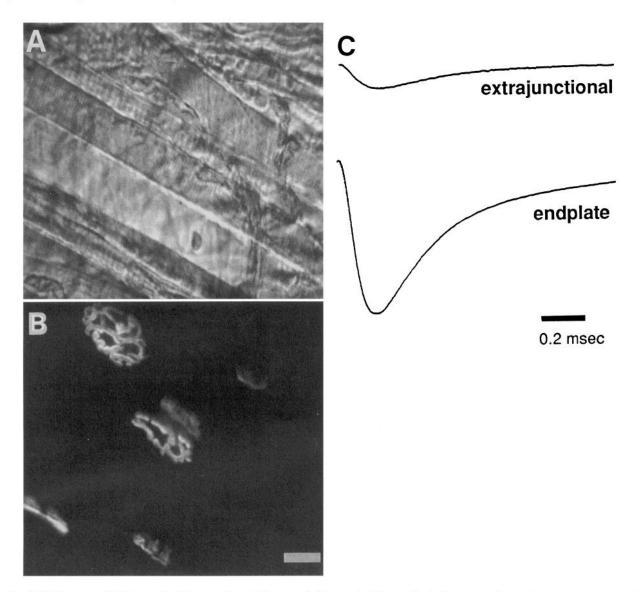


Figure 1. A, Hoffman modulation-contrast image of an adult mouse LAL muscle. The myelinated nerve can be seen to course over several fibers and terminate in neuromuscular junctions. B, The same field as A, seen under epifluorescent illumination to reveal the postsynaptic membrane labeled with rho-Butx. Scale bar, 15 μ m. C, Examples of Na current recordings made with a loose-patch clamp electrode (10 μ m tip diameter) from the extrajunctional membrane (top trace) and end plate membrane (bottom trace) of an identified LAL fiber. On this fiber the extrajunctional Na current density was 23.3 mA/cm², and the current density at the end plate was 110 mA/cm².

were produced using SP6 polymerase on linearized template (Melton et al., 1984) in the presence of ³²P-CTP (Amersham). Probes were used after ethanol/ammonium acetate precipitation; the TTX-R probe was gel purified for use in some assays.

Total cellular RNA was isolated from rat tissue as described by Chomczynski and Sacchi (1987). RNA was stored at $-80^{\circ}\mathrm{C}$ as a precipitate in guanidinium plus isopropanol. cRNA probe (1–2 \times 10° cpm) was hybridized to 30–40 μg total RNA in 50 μl of hybridization buffer [40 mm PIPES (pH 6.4), 1 mm EDTA, 0.4 m NaCl, 80% formamide] overnight at 45°C. Unhybridized RNA was digested with ribonucleases A (40 $\mu g/\mathrm{ml}$) and T1 (2 $\mu g/\mathrm{ml}$) for 1 hr at 30°C. The RNases were destroyed by addition of 35 μg of proteinase K, and the samples were phenolchloroform extracted once. The remaining RNA was EtOH precipitated for 1 hr at -20° , washed once with 75% EtOH, and dried. The protected probes were analyzed on a 5% polyacrylamide, 7 m urea gel and exposed to Amersham Hyperfilm with an intensifying screen at $-80^{\circ}\mathrm{C}$. To control for nonspecific hybridization, the assay was run on samples of rat liver RNA and yeast tRNA; no bands were observed in these lanes.

To quantify the assay, probes were hybridized to known amounts of the sense strand of each NaCh probe RNA. Digitized images of the autoradiographs were then obtained using an image analysis system comprised of an Apple Macintosh IIx computer equipped with a Data Translation video capture card, a COHU video camera (model 4815-2000), and the NIH IMAGE 1.43 analysis software (a public domain program published by the National Technical Information Service). For image acquisition, the automatic gain and black adjust controls in the camera were turned off to prevent the camera from adjusting for variations in light intensity within and between autoradiographs. A calibration curve was generated by taking pixel intensity measurements for bands obtained with known amounts of the sense strand for each probe. This curve was then automatically applied to all measurements taken from the experimental lanes.

The probe for the TTX-R channel protected a single band that corresponded to the full-length probe minus the 25 nucleotide (nt) polylinker tail (405 nt). The TTX-S riboprobe, however, protected one band corresponding to the full-length probe without polylinker (374 nt) and another band representing a protected piece about 15 nt shorter (see Fig. 4; see also Donahue et al., 1991). This doublet may be due to degeneracy in the original primers used for PCR amplification; the primers were identical to a 20 bp stretch of the rat brain NaCh III and did not match the TTX-S NaCh cDNA at two sites. These 1 and 2 bp mismatches may only be recognized by the RNases ~50% of the time, causing the doublet. It is also possible that the two bands are evidence for alternative splicing in this region of the TTX-S NaCh.

Results

The thin LAL muscle proved to be a useful preparation for loose-patch clamp recording from identified single muscle fibers. Much of this muscle is one to two layers thick, and it was often possible to find single fibers lying completely isolated in the intact muscle. When Na currents were recorded from such fibers (Fig. 1), it was found that the Na current density at adult end plates was $84.1 \pm 7.0 \, \text{mA/cm}^2$, which was slightly lower than the reported current densities at rat FDB, mouse FDB, or rat omohyoid neuromuscular end plates (Caldwell et al., 1986; Lupa and Caldwell, 1991; Ruff, 1992). The extrajunctional current density in mouse LAL muscles was $19.3 \pm 1.7 \, \text{mA/cm}^2$, which was two to three times higher than in the rat or mouse FDB or rat omohyoid. The NaCh density at mouse LAL end plates was thus four- to fivefold higher than in extrajunctional membrane.

Development of NaCh density at the end plate

In order to study the development of this synaptic specialization, loose-patch clamp recordings were made on muscles taken from postnatal mice and rats of different ages. End plates were visualized with rho-Butx, and Na currents were recorded with the pipette directly over the end plate. Na current density at the end plate was then compared to the density found in an extrajunctional region approximately 200 μ m away, where the Na current density is relatively uniform and low (Caldwell et al., 1986; Lupa and Caldwell, 1991).

During the first postnatal week the Na current density at the end plate was low (5-10 mA/cm²) and not significantly different from that found in extrajunctional regions (Fig. 2A). The end plate NaCh density began to increase during the second postnatal week, when the current density at the end plate became nearly twice the density in the extrajunctional membrane. From birth to PN 20 the Na current density at the end plate increased 7.3-fold, while the extrajunctional density doubled. Between 3 weeks and 3 months after birth the end plate Na current density increased a further 40%, and the extrajunctional current density increased about 20% (Fig. 2A). The aggregation of NaChs at the neuromuscular junction is thus not an early event in synapse formation, in contrast to the AChR and several other synaptic molecules (Bloch, 1989; Froehner, 1991). Development of a high NaCh density at the end plate appears to be a slow process and a part of the synaptic maturation that occurs after birth. The aggregation of NaChs at the end plate coincides with another postsynaptic maturational event: the elaboration of subsynaptic membrane folds (Matthews-Bellinger and Salpeter, 1983). It is possible that the same process could regulate both and that molecules associated with the postsynaptic troughs cause NaChs to become concentrated there (see Discussion).

Enzymatically dissociated rat FDB muscle fibers were used to map the distribution of NaChs near the end plate (Fig. 2B). For these experiments the earliest age examined was PN 13. When the Na current density was mapped along postnatal rat FDB muscle fibers, an elevated NaCh density occurred exclusively in the end plate region, with no evidence of an increased density in perijunctional regions until PN 35. The slow time course of aggregation was also evident since even after 35 postnatal days the Na current density at FDB end plates was still less than half the density recorded from adult (>100 d old) fibers.

The gradual accumulation of NaChs was visualized with an mAb specific for the TTX-S muscle Na channel (Fig. 3). No

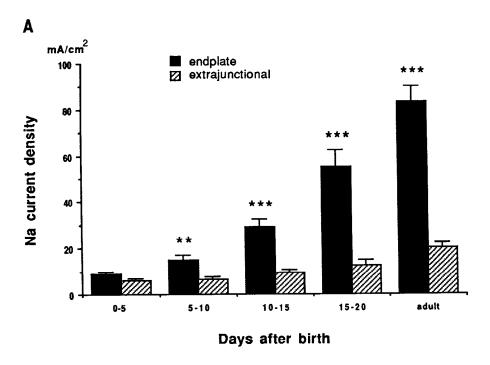
difference in NaCh labeling was noted between end plate and extrajunctional regions until PN 17. This probably reflected the lower sensitivity of immunocytochemistry compared to loose-patch clamp recording, as well as the fact that the antibodies recognize only the adult form of the NaCh. At some of the early NaCh clusters only parts of end plates appeared labeled more intensely than the rest of the fiber (Fig. 3, PN 17). These results imply that the process of NaCh aggregation occurs at different rates in different parts of the postsynaptic structure but do not distinguish between localized insertion or immobilization of NaChs at the end plate.

From the earliest times that a synaptic NaCh concentration could be observed, the region of high immunofluorescence was confined to the patch of membrane that was also labeled with rho-Butx. At this time only postjunctional membrane opposite the nerve terminal binds detectable amounts of rho-Butx (Bevan and Steinbach, 1977; Smith and Slater, 1983), and the NaChs thus aggregated in postsynaptic membrane opposite the nerve terminal. This is not true for most of the AChR clusters that first form on embryonic muscle. The initial patches of AChR appear in the vicinity of the growth cone and neurite, usually overlapping but not confined to the membrane in contact with the nerve ending (see also Smith and Slater, 1983; Lupa and Hall, 1989; Dahm and Landmesser, 1991).

Expression of different NaCh subtypes during development

Two types of NaCh have been described in mammalian skeletal muscle based on a difference in affinity for the neurotoxin TTX (Redfern and Thesleff, 1971; Rogart, 1981). It has been shown that these two proteins are encoded by different genes and that the switch in expression from the TTX-R NaCh to the mature, TTX-S form occurs between birth and the third postnatal week (Sherman and Catterall, 1982; Gonoi et al., 1989; Kallen et al., 1990; Trimmer et al., 1990). Since aggregation of NaChs at the end plate was first observed at about the same time, it was possible that only the mature form was capable of aggregation during development. The synthesis of the mature subtype could be controlled at either transcription or translation of the protein. Therefore, we determined the levels of both RNA and protein for each subtype in the same muscle. An RNase protection assay was used to measure the changes in mRNA for these two proteins during development of the LAL muscle, and loose-patch clamp recordings were used to measure the level of functional protein.

³²P-labeled RNA probes for portions of the third cytoplasmic loops of the TTX-S (SkM1; Trimmer et al., 1990) and TTX-R (SkM2; Rogart et al., 1989; Kallen et al., 1990) NaChs (i.e., between domains III and IV) were hybridized to total cellular RNA extracted from rat LAL muscles of various ages. As shown in Figure 4A, both types of NaCh RNA were present at PN 5. The embryonic, TTX-R NaCh mRNA decreased in abundance on PN 10, and was barely detectable by PN 15. In contrast, the TTX-S NaCh mRNA increased in abundance through PN 20, and increased further between PN 20 and adult (AD; >4 months). The relative abundance of mRNA for each NaCh isoform was quantified and normalized to the maximum signal obtained (TTX-S NaCh expression in adult muscle RNA). The highest expression of TTX-R NaCh mRNA was found in embryonic day 19 muscle, which was the earliest time examined; the level of TTX-R NaCh transcripts was about 10 times higher than TTX-S NaCh transcripts at this time, but the level of TTX-R NaCh transcripts was only about 35% of the maximum level of



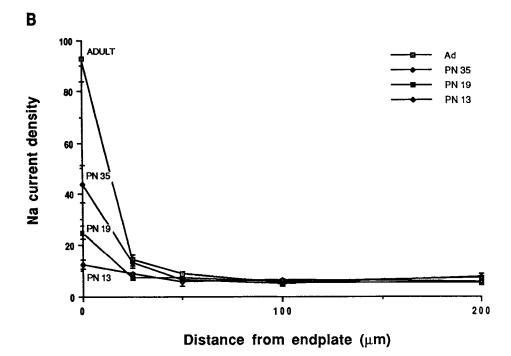


Figure 2. A, Mean Na current density at the end plate region (solid bars) and extrajunctional region (hatched bars) of mouse LAL muscles of various ages; adults were >100 d old. Bars represent the mean \pm SEM of 22 fibers. **, $p \le 0.01$; ***, $p \le 0.001$. B, Maps of Na current density on dissociated rat FDB muscle fibers from animals of different ages. Recordings at 0 μ m were made directly over the end plate, visualized by rho-Butx. Each point represents the mean \pm SEM of recordings from 5–10 muscle fibers.

TTX-S NaCh mRNA found in adult muscle (Fig. 4B). Expression of TTX-R NaCh mRNA fell sharply by about 70% by PN 15, and became gradually reduced to a negligible (<1%) amount in the adult. The abundance of TTX-S NaCh mRNA increased most sharply between PN 5 and PN 20, but increased further between PN 20 and adult. These results showed that the initiation of the shift in expression from the TTX-R to TTX-S isoform preceded the onset of NaCh aggregation at the end plate.

To test the hypothesis that only the TTX-S NaCh could become concentrated at the end plate during development, loosepatch recordings were made at end plates and extrajunctional

areas (\sim 200 μ m away from the end plate), both in the presence and absence of 300 nm TTX. This concentration of TTX blocks 97% of the TTX-S channels, as well as 23% of the TTX-R NaChs. We calculated the true TTX-R current for each set of recordings (see Materials and Methods), and then substracted this corrected value from the total Na current measured in normal Ringer solution to obtain the actual TTX-S Na current. In this way we could monitor changes in each population of NaCh. Figure 5 shows the corrected values of TTX-S and TTX-R Na current density measured in end plate and extrajunctional membrane. The TTX-S Na current density at the end plate during

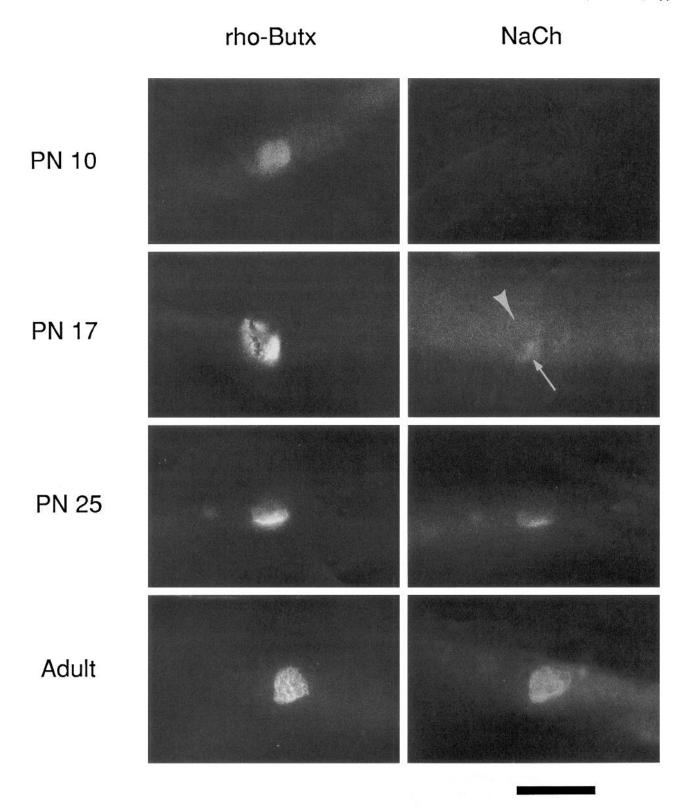


Figure 3. Distribution of AChRs and NaChs at developing neuromuscular junctions. Dissociated FDB muscle fibers from rats of various ages were labeled with rho-Butx and with antibodies specific for the TTX-S muscle NaCh. For each time point, the same field was photographed with rhodamine and fluorescein filters. An increased immunofluorescence was first noted at the end plate on PN 17, and at this time one part of the end plate (arrow) was labeled more intensely than the rest of the synaptic membrane (arrowhead). Scale bar: $50 \mu m$ for PN 10, PN 17, and PN 25; $40 \mu m$ for Adult (6 mo old).

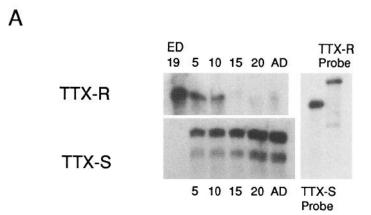
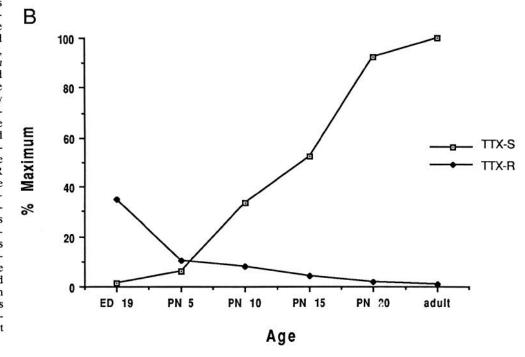


Figure 4. Detection of muscle NaCh isoforms during development. RNase protection analysis of LAL muscle total RNA samples (35 μ g) isolated from rats of various ages. A: Top band, Hybridization of 32P-labeled probe for the TTX-R NaCh to total RNA extracted from embryonic day 19 and PN 5, 10, 15, 20, and 120 (AD) muscle. Bottom bands, The same RNA samples probed with antisense 32P-labeled RNA probe for the TTX-S NaCh (embryonic day 19 RNA was not tested in this experiment). The far right two lanes show the probes for the TTX-R (upper right) and TTX-S (lower left) NaChs. Autoradiographs were exposed 13 hr for the TTX-S NaCh, 17 hr for the TTX-R NaCh. B, The percentage change for the TTX-S (open squares) and TTX-R (solid diamonds) NaCh messages in developing muscle. Quantitation was achieved by calibrating a digital densitometric imaging program with bands obtained from RNase protection analvsis of known quantities of the sense strand for each probe (see Materials and Methods). Each point represents mean of two to six measurements. Data was normalized to the maximum signal obtained for the TTX-S probe in adult muscle.



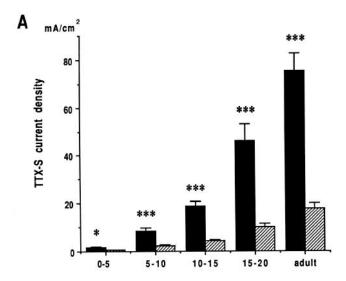
the first five postnatal days was extremely low (1.6 \pm 0.25 mA/cm²), but was significantly (p < 0.05) greater than the TTX-S current in extrajunctional membrane at this time (0.9 \pm 0.09 mA/cm²). While the extrajunctional TTX-S Na current increased during development to 17.8 \pm 2.11 mA/cm² in adult muscle, the growth in TTX-S current density was much greater at the end plate, thus producing a four- to fivefold concentration of these channels. The TTX-S Na current density at adult end plates was 76.0 \pm 7.39 mA/cm².

During PN 1-5 the TTX-R NaCh was the predominant subtype (86%) in both synaptic and extrajunctional membrane. At this time the TTX-R current density at the end plate (7.0 \pm 0.88 mA/cm²) was not significantly different than the current density in the extrajunctional membrane (4.7 \pm 0.38 mA/cm²; p > 0.05). During postnatal life the TTX-R Na current density at the synapse remained nearly constant, and in the adult the TTX-R current density was 8.1 \pm 1.27 mA/cm². However, TTX-R NaChs also appeared to become concentrated at the end plate because extrajunctional TTX-R Na current density

decreased to 1.4 ± 0.30 mA/cm² in the adult. Thus, although the expression of the TTX-R and TTX-S forms of the NaCh was regulated in an anticoordinate way during development, the highest density of both was found at the end plate after the first postnatal week.

Discussion

We have demonstrated that the concentration of NaChs at the neuromuscular junction first appears during the second postnatal week and is not complete until several months after birth. Loose-patch clamp recording and immunofluorescent labeling revealed that the initiation of NaCh aggregation is confined to the end plate area from the earliest stages of aggregation. These results stand in contrast to the first clusters of AChR and several basal lamina and cytoskeletal proteins, which begin to appear hours after neurite–myotube contact (Anderson and Cohen, 1977) and at first are not confined to the membrane directly apposing the neurite ending (Smith and Slater, 1983; Lupa and Hall, 1989; Dahm and Landmesser, 1991). Along with previous work show-



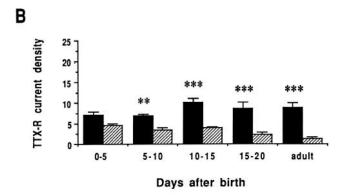


Figure 5. Pharmacological separation of TTX-S and TTX-R Na currents. Bars represent the Na current density at the end plate (solid bars) and in extrajunctional membrane (hatched bars). Data are mean \pm SEM of 15–20 fibers for each time point. A, Current density attributable to the TTX-S, adult NaChs. B, Current density attributable to the TTX-R, embryonic NaChs. *, p < 0.05; **, p < 0.01; ***, p < 0.001.

ing that the basal lamina protein agrin has little influence over the distribution of NaChs (Lupa and Caldwell, 1991), the present results indicate that different mechanisms control the distributions of AChRs and NaChs.

The process of NaCh aggregation differs in at least three ways from that of most synaptic molecules that have been studied. First, the initial clusters of several synaptic proteins at the neuromuscular junction are composed of the immature forms of these proteins [e.g., AChR (Gu and Hall, 1988) and AChE (Massoulie and Bon, 1982)]. Second, these early patches are usually loosely colocalized with the differentiating nerve ending, and coalesce over several days to weeks into the postsynaptic membrane opposite the nerve terminal. Finally, postnatally the immature forms of the proteins are replaced with the mature forms. In contrast to this, the initial clusters of NaChs are made up of both forms of the protein, aggregation occurs within the boundaries of the end plate, and the switch in NaCh expression occurs concomittantly with this process.

Angelides (1986) reported that NaChs labeled with fluorescently conjugated toxins formed clusters at sites of neurite-induced AChR clusters on chick myotubes *in vitro*. The results reported here show that aggregation of NaChs is one of the latest

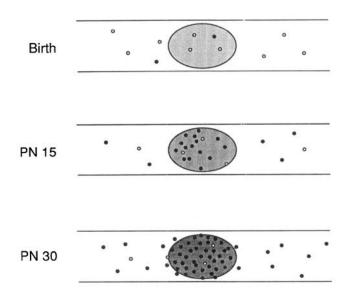


Figure 6. Diagram depicting changes in NaCh distribution during maturation of the neuromuscular junction (shaded oval) from birth to postnatal day 30 (PN 30). Open circles represent immature, TTX-R NaChs; solid circles represent mature, TTX-S NaChs. This figure illustrates several processes that are occurring on muscle fibers postnatally: (1) downregulation of expression of the TTX-R NaCh, and upregulation of expression of the TTX-S NaCh, (2) aggregation of both types of NaCh isoforms at the end plate, and (3) asynchronous, nonuniform development of this aggregate within the boundaries of the end plate.

aspects of maturation at this synapse, and suggest that it would only be found at a stage of development seldom achieved in culture. Several differences between these two studies might provide a possible explanation for this apparent contradiction. First, development *in vitro* may not always faithfully reproduce what happens *in vivo*. Second, the chick cultures were 2–3 weeks old (K. Angelides, personal communication) and thus might have survived long enough to produce more mature synaptic contacts. Finally, this might reflect a species difference between rodents and chicks.

The NaCh densities measured at the end plate and extrajunctional regions of LAL muscles differed quantitatively from those reported previously in other muscles. The reduced synaptic density may be related to the fact that the LAL muscle is made up of mixed metabolic fiber types (Angaut-Petit et al., 1987), and slow-twitch muscle fibers have been shown to possess a lower concentration of NaCHs in the end plate and perijunctional region (Milton et al., 1992; Ruff, 1992). The higher density of extrajunctional NaChs might be advantageous for action potential conduction in LAL muscle fibers, some of which are several centimeters long and 50–100 μm in diameter. Increasing the length of a fiber may require more rapid action potential propagation to ensure simultaneous contraction over the fiber length. An increase in fiber diameter creates an additional capacitive load from the transverse tubule membrane; charging this additional membrane would reduce the speed of propagation unless there is a compensatory increase in Na current density.

Role of postsynaptic folding in NaCh aggregation

Our results provide additional evidence for the correlation between the postjunctional folding and increased NaCh density at the end plate (Flucher and Daniels, 1989). The presence of a heightened NaCh density in this part of the subsynaptic mem-

brane suggests that the folds may exist as a localized voltage-dependent amplifier (see Vautrin and Mambrini, 1989), acting to raise the safety margin for transmission in order to counteract synaptic fatigue. The time of appearance of the postjunctional folds and NaCh aggregation coincides with a developing need for such a structure. As the muscle fiber grows larger and the postnatal myelination of motor axons proceeds, a high NaCh density adjacent to the AChR-rich membrane can help the muscle cell maintain its response to high-frequency nerve impulses.

The temporal correlation between the increase in Na current density and development of postjunctional folds raises the question of the relationship between these two events. We believe that the 5-10-fold higher current density found at end plates cannot be simply explained by a proportionately higher area of membrane under the patch pipette. (1) Ruff (1992) used capacitance measurements with loose-patch electrodes similar to ours in order to estimate the increase in membrane area due to folding in end plate patches. He found a twofold difference in capacitance between end plate and extrajunctional membrane: this would mean that postjunctional folding could account for at most a twofold increase in current density at the synapse, assuming that NaChs were distributed uniformly in the postjunctional membrane. (2) Flucher and Daniels (1989; see also Boudier et al., 1992) used immunocytochemistry to show that NaChs were not distributed uniformly in the postjunctional membrane, but were concentrated in the troughs and nearly absent from the crests of the folds, which has been estimated to comprise ~30% of the postsynaptic surface area (Matthews-Bellinger and Salpeter, 1983). Thus, the effect of membrane folding on current density measurements in end plate patches is reduced to approximately 1.7-fold. (3) Perijunctional membrane possesses a two to four times higher Na current density than extrajunctional membrane and there is no membrane folding. Therefore, the 5-10-fold higher Na current density at the end plate cannot be simply a consequence of additional postsynaptic membrane in end plate patches. We speculate that the junctional folds have specialized cytoskeletal or extracellular matrix proteins necessary for NaCh aggregation (Flucher and Daniels, 1989; Froehner, 1991).

Regulation of NaCh isoforms during aggregation

This is the first study to compare the developmental appearance of NaCh mRNAs and proteins in the same muscle, and it confirms earlier studies that focused on either NaCh mRNA (Kallen et al., 1990; Trimmer et al., 1990) or protein (Sherman and Catterall, 1982; Gonoi et al., 1989). A striking aspect of our results was the high level of TTX-S mRNA compared to TTX-S channels present at PN 5. At this time approximately equal amounts of TTX-R and TTX-S message were present, but only 10-20% of the Na current was sensitive to TTX. By comparing the temporal appearance of the RNA and current corresponding to these two NaCh isoforms, we estimated a 2-3 d lag between expression of the RNA and detection of functional channels in the membrane. This is consistent with studies of denervated muscle in which TTX-R Na current is not detected until 3 d after denervation (Redfern and Thesleff, 1971; Lupa and Caldwell, unpublished observations).

Pharmacological blockade of NaChs with TTX allowed us to compare the distributions of the mature and immature NaCh isoforms during development. By assuming a K_d of 10 nm for TTX-S NaChs and 1 μ m for TTX-R NaChs, we calculated the Na current densities attributable to each of these two isoforms.

We found that the TTX-S current density increased over the entire muscle cell surface, but that the rate of increase was greatest at the end plate, producing a four- to fivefold concentration of TTX-S channels at adult end plates. TTX-R NaChs also became concentrated at the neuromuscular junction, but through a different pattern of changes. The TTX-R Na current density remained virtually unchanged at the end plate from birth to adulthood, but gradually became reduced in extraiunctional membrane. These changes could be explained by the overlapping occurrence of two separate processes: changes in NaCh subtype expression and membrane distribution (Fig. 6). The abundance of TTX-R NaCh mRNA and protein in LAL muscles decreased over the first 3 postnatal weeks, while the amount of TTX-S NaCh mRNA and protein gradually increased. At the same time, both types of NaCh were becoming aggregated in the postsynaptic membrane. This would explain the constancy of TTX-R NaCh density at the end plate since a decrease in TTX-R NaChs, due to the transcriptional switch in expression, was effectively counterbalanced by an increase in density due to aggregation. Expression of the two NaCh isoforms may also be regulated differently in synaptic and extrasynaptic nuclei: TTX-S NaCh mRNA expression may be increased in all the muscle nuclei while expression of TTX-R NaCh mRNA may be downregulated in extrasynaptic nuclei, as has been shown for the AChR (Fontaine et al., 1988; Goldman and Staple, 1989).

It was surprising to find any TTX-R Na current in normal adult muscle. In similar experiments no TTX-R Na current could be detected in FDB muscle fibers dissociated from adult innervated rat or mouse muscle (Caldwell and Milton, 1988; Lupa and Caldwell, unpublished observations). After correcting for unblocked TTX-S channels, we calculate that approximately 8.3 mA/cm² of the end plate current density must have arisen from TTX-R NaChs. There is evidence indicating a low expression of the immature form of some proteins in mature muscle fibers. Thesleff et al. (1974) have previously reported observing a small sodium-dependent electrogenic activity in TTX-treated innervated adult rat skeletal muscle, but only in the end plate region. Also, patch-clamp recording of adult mouse FDB muscle fibers revealed that about 3% of the AChR-activated channels in both extrajunctional and synaptic membrane had characteristics of the low-conductance, immature type of AChR channel (Brehm and Kullberg, 1987). It is possible that a low level of expression of the immature NaCh is maintained even in mature muscle, and an extremely low level of TTX-R RNA was detected in adult muscle RNA with the RNase protection assay (Fig. 4) and with Northern analysis (Kallen et al., 1990).

Mechanisms of NaCh aggregation

Several mechanisms could produce this high concentration of NaChs at the neuromuscular junction. First, it may be that the synaptic nuclei clustered under the postsynaptic membrane are specialized in some way, either to produce a high level of NaChs in this domain of the muscle or to express a novel NaCh isoform that aggregates at the synapse. A second possibility is that a cytoskeletal molecule that binds NaChs may become localized at the end plate soon after birth. Third, a basal lamina molecule deposited at the synapse may mediate the aggregation of NaChs. Although one form of agrin did not seem to possess this activity (Lupa and Caldwell, 1991), another form of agrin (Ferns et al., 1992; Ruegg et al., 1992) or some other molecule may provide the NaCh aggregating activity. Although each of these mecha-

nisms has been shown to play a role in the clustering of AChRs during synaptogenesis, it is probable that a new set of molecules acts to mediate events in synaptic maturation, including aggregation of NaChs at the neuromuscular junction.

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