Tau Binds to the Distal Axon Early in Development of Polarity in a Microtubule- and Microfilament-Dependent Manner

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A characteristic morphological feature of neurons is their polarized structure with an axonal and a somatodendritic compartment. Microtubule-associated proteins (MAPs) are thought to be involved critically in the development of this polarity. In situ, they are characteristically distributed with tau being confined to the axon and MAP2 localized to the soma and dendrites (Bernhardt and Matus, 1984; DeCamilli et al., 1984; Binder et al., 1985; Kowall and Kosik, 1987; Brion et al., 1988; Trojanowski et al., 1989).

The understanding of the properties of developing neurons mostly derives from studies of cells in vitro, in which the cellular environment can be controlled most easily and in which cells are most accessible for microscopic analysis. Of the several neuronal culture systems that have been developed, hippocampal neurons have been characterized most extensively (for review, see Banker and Waxman, 1988; Craig and Banker, 1994). Cultured hippocampal neurons acquire their characteristic form by a stereotyped sequence of developmental events, such as the formation of minor neurites and the subsequent outgrowth of one of the neurites to become an axon (Dotti et al., 1988). This development is accompanied by changes in the cytoskeletal organization (Baas et al., 1989; Sharp et al., 1995), the exclusion of polyribosomes from axons (Baas et al., 1987), and the concentration of reticular membrane in the axonal growth cone (Deitch and Banker, 1993). The onset of axon formation correlates with a polar distribution of some molecules, such as the appearance of GAP-43 in the growth cones of neurites (Goslin and Banker, 1990) and the presence of phosphorylated forms of NF-H in a subset of neurites (Pennypacker et al., 1991). However, no compartmentalization of tau into the axon has been observed, and the segregation of the somatodendritic marker MAP2 into dendrites occurs later during development (Cáceres et al., 1984).

In cultured neurons and neural cell lines, neurite outgrowth correlates with the induction of tau (Drubin et al., 1985; Ferreira et al., 1989), and suppression of tau synthesis results in inhibition of neurite development (Hanemaaijer and Ginzburg, 1991; Shea et al., 1992; Esmaili-Azad et al., 1994) and failure of axonal development (Cáceres and Kosik, 1990). Overexpression of tau in neuronal and non-neuronal cells results in the promotion of microtubule assembly and stability (Drubin and Kirschner, 1986; Lee and Rook, 1992; Baas et al., 1994). However, it is unclear to what extent the activities of tau on microtubules have a role in axonal development, because the C-terminal microtubule-binding domain of tau also is shared by the somatodendritic MAP2 (Goedert et al., 1991), and MAP2 also is present at the time of axonal development.

To understand the role of tau during development, we have analyzed its cellular interactions during axon formation in cultured hippocampal neurons. Our previous work has indicated that differential detergent extraction allows the immunocytochemical analysis of various tau interactions. Here we analyzed the distribution of bound tau, MAP2, and microtubules in neurons at different stages of development in culture by confocal image analysis. Drug treatments were used to characterize the involvement of different cytoskeletal elements. The results are in agreement with a model in which microtubule-bound tau interacts with a plasma membrane component that is localized specifically at the distal axon and that requires actin filaments for its subcellular localization.
MATERIALS AND METHODS

Materials. Chemicals were purchased from Sigma (St. Louis, MO), and products for cell culture were obtained from Life Technologies (Gaithersburg, MD), unless otherwise stated.

Cell culture. Rat hippocampal neurons were prepared and grown in low-density culture according to standard procedures (Goslin and Banker, 1991) except for some modifications. In brief, hippocampi were dissected from brains of 18- to 20-d-old rat fetuses in 37°C Ca-Mg-free HBSS supplemented with 0.6% (w/v) glucose and 7 mM HEPES, pH 7.4, treated with 0.25% trypsin for 15 min at 37°C, washed three times with HBSS−, and dissociated by repeated passages through a fire-polished Pasteur pipette. The cells were plated at a density of 4000 cells/cm² on glass coverslips precoated with 15 µg/ml poly-D-lysine in 0.1 M borate buffer, pH 8.5, and cultivated in MEM containing 5% N2 supplements of Bottenstein and Sato (1979) 0.1% (w/v) ovalbumin and 0.1 mM pyruvate.

Drug treatments were done as follows. To disrupt actin filaments, 0.1–0.6 µM cytochalasin B was added to hippocampal cultures 2 d after plating, and the incubation was continued for an additional 20 hr. To disrupt microtubules, 0.1-1.0 µM colchicine was added 3 d after plating, and cultures were incubated for an additional 3 hr. In all experiments, drugs were added from a 1000X stock in ethanol, and controls were performed with the same added volume of carrier only (ethanol).

Immunofluorescence microscopy. For fixation without detergent extraction, cells were incubated with 4% (w/v) paraformaldehyde in PBS (10 mM phosphate buffer, pH 7.4, 2.7 mM KCl, and 137 mM NaCl) containing 4% (w/v) sucrose for 20 min at room temperature (RT). After washing three times with PBS, cells were incubated with 0.1% glycine for 20 min and permeabilized for 5 min in 0.2% (v/v) Triton X-100 in PBS.

For saponin extractions of neurons, cells were washed with PBS containing 0.1% Triton X-100 (80 ml PBS/10 ml saponin stock in ethanol, and controls were tested; see above). From immunoblots it was calculated that 29% (±3%, n = 2) of tubulin and 74% (±10%, n = 2) of tau were extracted under the conditions used. Extraction in the presence of 1% Triton X-100 completely abolished tau staining, while microtubules remained intact (data not shown), indicating a requirement of plasma membrane components for the localization of tau.

To analyze the distribution of tau in polarized neurons, low-density cultures of rat hippocampal neurons were analyzed. After 7 d in culture, hippocampal neurons contain a fast-growing axon in addition to shorter neurites, which later develop into dendrites (stage 3 neurons; Dotti et al., 1988). In paraformaldehyde-fixed and permeabilized cells, tau was present in the axon, the cellular soma, and also some minor neurites (data not shown). This is in agreement with previous reports showing either ubiquitous distribution of tau or its presence in the cell body in addition to the axon in cultured neurons (Dotti et al., 1987; Ferreira et al., 1989; Brandt et al., 1995). The tau staining patterns were very similar for different monoclonal and polyclonal tau antibodies tested [Tau-1 (Binder et al., 1985), 46.1 (Kosik et al., 1988), polyclonal 7A6 recognizing an N-terminal tau epitope, and affinity-purified tau polyclonal antibody (Pfeffer et al., 1983)]. With all antibodies tested, the staining indicated a uniform distribution of total tau in the cell body and the axon and no axon-specific tau staining.

RESULTS

Distribution of total tau and bound tau in cultured hippocampal neurons

To determine the distribution of tau in polarized neurons, low-density cultures of rat hippocampal neurons were analyzed. After 7 d in culture, hippocampal neurons contain a fast-growing axon in addition to shorter neurites, which later develop into dendrites (stage 3 neurons; Dotti et al., 1988). In paraformaldehyde-fixed and permeabilized cells, tau was present in the axon, the cellular soma, and also some minor neurites (data not shown). This is in agreement with previous reports showing either ubiquitous distribution of tau or its presence in the cell body in addition to the axon in cultured neurons (Dotti et al., 1987; Ferreira et al., 1989; Brandt et al., 1995). The tau staining patterns were very similar for different monoclonal and polyclonal tau antibodies tested [Tau-1 (Binder et al., 1985), 46.1 (Kosik et al., 1988), polyclonal 7A6 recognizing an N-terminal tau epitope, and affinity-purified tau polyclonal antibody (Pfeffer et al., 1983)]. With all antibodies tested, the staining indicated a uniform distribution of total tau in the cell body and the axon and no axon-specific tau staining.

To analyze the binding of tau in the neurons, a mild extraction protocol with saponin was used. This protocol selectively removes unbound cytosolic proteins but retains cytoskeletal membrane associations (Nakata and Hirokawa, 1987). As we have found previously, in saponin-extracted 3-d cultured neurons, tau was concentrated in the distal portion of the axon, whereas tau in minor neurites and most of tau in the cellular soma was extracted (Fig. 1A, left). The tau staining pattern did not change with the time of extraction (30 sec to 10 min tested; data not shown) or the antibodies used (two polyclonal and two monoclonal antibodies tested; see above). From immunoblots it was calculated that 29% (±3%, n = 2) of tubulin and 74% (±10%, n = 2) of tau were extracted under the conditions used. Extraction in the presence of 1% Triton X-100 completely abolished tau staining, while microtubules remained intact (data not shown), indicating a requirement of plasma membrane components for the localization of tau.

In contrast to the distribution of tau, MAP2 was present uniformly in the axon, the cell body, and minor neurites after saponin extraction (Fig. 1A, right), which was similar to its distribution in unextracted cells (data not shown). Interestingly, at early stages of development in culture (6 d or fewer) when MAP2 was still present in most of the axons, MAP2 staining extended far into the axonal growth cones, whereas tau was concentrated at the distal axonal shaft and the growth cone neck (arrowheads, Fig. 1A). Tau was absent from the F-actin-rich distal growth cone and from
growth cone filopodia (Fig. 1B) and colocalized with microtubules as reported previously (Brandt et al., 1995).

To quantify the effect of saponin extraction on subcellular tau distribution, cells with tau-positive neurites after 3 d in culture were evaluated by visual inspection for axon-specific and distally enriched tau localization. In all, 93% (±5%, n = 2) and 90% (±2%, n = 2) of extracted cells exhibited axon-specific and distally enriched tau staining, respectively, with 85% of the cells showing both. In contrast, only 5% (±5%, n = 2) of unextracted cells exhibited axon-specific staining, and in 1% (±0%, n = 2) tau staining was distally enriched.

**Binding of tau to the distal axon takes place early in the development of polarity in culture**

To determine the time course of the localization of tau, cultured hippocampal neurons were analyzed at different times after plating. Cultured hippocampal neurons develop by a stereotyped sequence of events, characterized by the formation of lamellipodia (stage 1), the formation of minor neurites (stage 2), and axonal outgrowth (stage 3) as early events within the first days in culture (Dotti et al., 1988). Whereas MAP2 staining in neurites was present already after 1 d in culture (the first time point evaluated), tau-positive processes were first observed at day 2 [Fig. 2A (left), C] in ~50% of the cells. The proportion of cells with tau-positive neurites constantly increased until ~8 d in culture (the latest time analyzed), at which point almost every cell possessed one or more tau-positive neurites.

In saponin-extracted neurons, tau was enriched in the distal region of one of the neurites as soon as tau was detectable [Fig. 2B (left), D], indicating that binding of tau to the distal axon is an early event in the development of polarity. In the vast majority of tau-positive cells, tau was restricted to one process and distally enriched starting from day 2 in culture; the distribution of tau was very similar during development in culture (Fig. 2D). In contrast to the localization of tau to the axon early in development, the exclusion of MAP2 from the axon took place much later, with approximately one-third of the cells still having a MAP2-positive distribution.
Figure 2. MAP2 and tau binding in hippocampal neurons during development in culture. A. Distribution of tau (left) and MAP2 (right) in unextracted hippocampal neurons after 2 d in culture. B. Double staining for tau (left) and MAP2 (right) of saponin-extracted cells after 2 d in culture. Note the intense MAP2 staining at the periphery of the cell in actin-rich regions (compare with Fig. 1A). In contrast, tau staining is enriched in the distal axonal shaft (arrowhead). C. Quantification of tau expression during development in culture. At times indicated, cells were fixed and stained. One hundred cells were scored for each experiment, and the proportion of cells with tau-positive neurites was determined. Mean and range from two independent experiments are shown. D. Quantification of cells with axon-specific and distally enriched tau staining during development in culture. At times indicated, cells were extracted, fixed, and stained. Cells with tau-positive neurites were evaluated. For 2 and 3 d cultures, between 61 and 100 cells were scored. For 6 and 8 d cultures, between 8 and 40 cells were scored; only a small portion of processes could be followed unequivocally because of the formation of an extensive neuritic meshwork. Mean and range from two independent experiments are shown. For all experiments, cells were grown for the time indicated in serum-free medium. Cells were fixed and permeabilized or extracted and fixed as described under Materials and Methods. Tau-specific staining was obtained by monoclonal antibody Tau-1 (C) or affinity-purified tau polyclonal (A, B, D). MAP2 staining was obtained with monoclonal anti-MAP2 antibody (AP20). Double stainings used FITC-coupled donkey anti-rabbit and rhodamine-coupled donkey anti-mouse antibody. Quantifications were performed by visual inspection of cells stained for tau and MAP2. The longest process was considered as being an “axon.”
Interestingly, during early development (at days 1 and 2 in culture), MAP2 showed an intense binding at the cellular periphery at lamellipodial and filopodial regions (Fig. 2B, right), where it colocalized with actin filaments (data not shown). Between days 2 and 3 a switch to a microtubular staining pattern took place (compare Fig. 2B, right, with 1A, right).

The results indicate that binding of tau to one neurite at its distal end takes place early in the development of polarity in culture when axons start to emerge (day 2). Tau and MAP2 binding are not correlated temporally and spatially because the spatial specificity of MAP2, i.e., its exclusion from the axon, takes place much later in development.

Binding of tau in the axon shows a proximal-to-distal increase

To quantify the distribution of bound tau, microtubules, and MAP2 in axons, confocal image analysis was used. Saponin-extracted neurons were prepared for immunofluorescence microscopy, and the distribution of label was quantified in consecutive segments along the neurites. Figure 3A–D shows the distribution of tau and tubulin as the mean of three representative axons. The amount of bound tau in the distal axon was higher than in the proximal region, whereas the amount of tubulin showed an opposite distribution. Regression analysis confirmed that tau and tubulin distributions were significantly different, distributed with a
slope of 0.068 (± 0.026) and -0.051 (± 0.022), respectively (95% confidence intervals are given). The axonal diameter remained almost constant, suggesting that the gradient in bound tau is not caused by the distribution of microtubules or an increase of axonal volume. Although tau is enriched in the distal third of the axonal shaft –3.1 relative to the proximal third, no specific enrichment as indicated by a high tau/tubulin ratio was found in the growth cone (Fig. 3B). It should, however, be noted that the growth cone sizes as reflected by the area they covered were very heterogeneous in the individual neurons. Because this heterogeneity complicated a systematic quantitative analysis of the growth cone regions, we decided to restrict our analysis to the axonal shafts. In contrast to tau, the amount of bound MAP2 decreased from the proximal-to-distal axon (Fig. 3C). The decrease (-0.058 ± 0.22) was not significantly different from the distribution of tubulin, suggesting that the localization of bound MAP2 is determined by its interaction with microtubules. Acetylated microtubules, which are thought to reflect more stable and less dynamic microtubule subpopulations (Webster et al., 1987), showed a slight increase toward the distal axon (Fig. 3D), but this increase was significantly lower than the increase in bound tau (0.095 ± 0.020 and 0.028 ± 0.010 for tau and acetylated tubulin, respectively; 95% confidence intervals are given).

To analyze the binding of tau during differentiation, the distribution of bound tau was quantified from cells at different times after plating (Fig. 4). The mean lengths of the axons increased approximately threefold from 2 to 8 d in culture. At all time points tau was enriched in the distal axon. Regression analysis revealed an ~40% increase in the slope from 2 to 6 d of development. This increase, however, was not significant.

The results suggest that the mechanisms by which tau and MAP2 are bound in their respective compartment are different. Whereas MAP2 binding parallels the distribution of microtubules once polarity has been established, tau binding shows a proximal-to-distal increase that is not reflected by a similar distribution of microtubules, acetylated microtubules, or MAP2.

**Distal tau binding depends on intact microtubules and microfilaments**

To test for the role of microtubules in the binding of tau to the distal axon, neurons were cultivated for 3 d, followed by an incubation with the microtubule-disrupting drug colchicine (Wilson and Bryan, 1974). Cells were treated at 0.1 –1 ms colchicine for 3 hr, which resulted in microtubule disruption but retained the overall cell morphology of the neurons. (Higher colchicine concentrations caused a retraction of the neurites, and lower concentrations did not seem to change microtubule distribution.) After colchicine treatment, some microtubules were still present in processes, although their staining was decreased and showed extensive fragmentation compared with control cells (Fig. 5A,B). Already, at very low colchicine concentrations, no distal tau staining was observed in extracted cells (Fig. 5C–E). Instead, tau was distributed evenly in the entire neurites, suggesting that intact microtubules are required to establish the localization of tau. Interestingly, colchicine-induced loss of microtubules preferentially occurred distally in neurites, resulting in a total loss of growth cone microtubules and a proximal-to-distal microtubule gradient (Fig. 5B). At colchicine 0.1 ms was already sufficient to create this effect. This indicates that the distal binding of tau does not confer stability against drug-induced disassembly of microtubules.

To analyze a possible involvement of actin filaments in the localization of bound tau, neurons were kept for 2 d in culture to allow binding of tau to the distal axon, followed by incubation with the actin filament-disrupting drug cytochalasin B (Cooper, 1987). Figure 6A shows the effect of the drug on the structure of actin filaments. Control cells exhibited a strong actin filament staining in neurites and in growth cone filopodia (Fig. 6A, left), whereas cytochalasin-treated cells showed weak actin filament staining that seemed to be distributed discontinuously in neuritic shafts and collapsed into knob-like structures at the distal processes (Fig. 6A, right). The distribution of microtubules seemed to be unchanged.
in cytochalasin-treated cells indicating that, at the conditions used, cytochalasin selectively disturbs the distribution of actin filaments without inducing major morphological changes in the cells. In the majority of cytochalasin-treated cells, tau binding was no longer enriched at the distal axon but was distributed evenly in the entire axonal shaft (Fig. 6B, C). Interestingly, tau binding was still restricted to the axon, suggesting that actin-independent mechanisms operate for the axonal compartmentalization of tau. When cytochalasin-treated cells were cultured for an additional 4 hr in cytochalasin-free conditioned medium, a distal tau binding was observed again in some of the neurons (data not shown), indicating that the effect of cytochalasin to suppress the formation of an axonal tau gradient is reversible.

DISCUSSION

Using a differential extraction protocol designed to retain cytoskeleton plasma membrane interactions, we show in this paper that tau binds to the distal axon early in the development of neuronal polarity and remains concentrated in this region throughout maturation. This distribution contrasts with the localization of total tau, which is present ubiquitously in hippocampal neurons (our data; Dotti et al., 1987). We observed a similar binding in terminally differentiated human neurons (NT2N cells; Pleasure et al., 1992; J. Piontek and R. Brandt, unpublished observations), suggesting that binding of tau to the distal axon is a general feature of neurons that develop in culture. In the past it has proven to be difficult to find an appropriate marker for the detection of axons. Together with GAP-43, the appearance of which in growth cones correlates with the onset of axon formation (Goslin and Banker, 1990) and with the presence of phosphorylated NF-H in axons (Pennypacker et al., 1991), the staining for bound tau may be a very useful method to identify axons early in development (from day 2 in culture on).

Various mechanisms have been proposed for the segregation of tau into axons and MAP2 into dendrites. It has been proposed...
Figure 6. Effect of cytochalasin on tau binding in hippocampal neurons. A, Distribution of actin filaments in control cells (left) and cytochalasin-treated neurons (right). Whereas in control cells actin filaments are prominent at the periphery of the cells and in the tips of the growth cones, actin filaments seem disrupted in cytochalasin-treated cells, and knob-like structures are present in the growth cones (arrowheads). B, Distribution of tau (left) and MAP2 (right) in cytochalasin-treated neurons. Note that tau is distributed evenly within the axon in cytochalasin-treated cells. C, Quantification of tau distribution in cytochalasin-treated and control cells. Mean and range from two independent experiments are shown. Between 25 and 58 tau-positive cells were scored for each experiment. After 2 d in culture, 0.6 μM cytochalasin or, as a control, carrier only (0.1% ethanol) was added to the cultures; the cells were incubated for an additional 20 hr and then extracted and fixed as described in Materials and Methods. Tau-specific staining was obtained by affinity-purified tau polyclonal, MAP2 staining used monoclonal anti-MAP2 antibody (AP20), and actin filaments were stained with rhodamine-coupled phalloidin.
that their localization is determined by mRNA localization (Ganner et al., 1988; Litman et al., 1993), by locally differing protein turnover (Okabe and Hirokawa, 1989), or by locally regulated microtubule binding (Ferreire et al., 1993; Kanai and Hirokawa, 1995). However, the investigation of the mechanisms by which tau segregates into the axon has been complicated by the fact that the axon-specific localization of tau in situ has never been reproduced fully in culture in which ubiquitous or cell body staining in addition to axonal staining had been observed (Peng et al., 1986; Dotti et al., 1987; Kosik and Finch, 1987; Ferreire et al., 1989; Litman et al., 1993). Our finding that the axon-specific localization of bound tau reproduces the in situ pattern provides a tool to identify the mechanisms involved in the localization of tau. Our data indicate a complex interaction with a requirement for intact microtubules and microfilaments for establishing the binding of tau to the distal axon. At the distal axon, tau colocalizes with microtubules. Because tau clearly does not colocalize with actin filaments, cytochalasin may affect the localization of tau indirectly by affecting the interaction of the binding partner(s) of tau with microfilaments. Recently it has been shown that a microfilament-associated growth component depends on tau for its intracellular localization (DiTella et al., 1994), and it is possible that this component is part of a microtubule–tau–plasma membrane complex. Such a model is consistent with data on the functional organization of tau, which have revealed the C-terminal domain of tau as the microtubule-interacting unit (Lee et al., 1989; Butner and Kirschner, 1991; Brandt and Lee, 1993; Gustke et al., 1994) and the N-terminal projection domain as the part that interacts with plasma membrane components (Brandt et al., 1995).

The function of tau in the development of neuronal polarity is a matter of debate. From studies in which tau was overexpressed in non-neural or neural cells, it has been concluded that tau confers stability onto microtubules (Knops et al., 1991; Lee and Rook, 1992; Esmaeli-Azad et al., 1994), which may be a prerequisite for microtubule bundling and neurite extension. However, the microtubule-binding domain of tau and MAP2 are very similar, and both MAPs have almost identical activities toward microtubule assembly and stability (Goedert et al., 1991). This makes it unlikely that their interactions with microtubules alone are responsible for the more specific functions of the MAPs. In addition, if tau had the role of stabilizing microtubules, localizing it to the distal axon would imply a selective microtubule stabilization in this region. However, this is clearly not the case, because microtubules at the distal axon are most sensitive to drug-induced disassembly (Fig. 5). This is in agreement with previous studies in which it has been shown that the distal axon has the most dynamic microtubules (Bamburg et al., 1986). The data presented in this paper and our previous results showing that an overexpression of the N terminus of tau resulted in a suppression of neurite formation in PC12 cells (Brandt et al., 1995) therefore suggest that tau has a function aside from its microtubule-related activities. One may speculate that, because the addition of plasma membrane proteins at the growing axons occurs preferentially by addition at the axonal tip (Craig et al., 1995; Dai and Sheetz, 1995), tau may have a role in anchoring some of these components at the distal axon to the microtubule system. This also may help to prevent intermixing of axonal and dendritic membrane components (DeHoop and Dotti, 1993; Winc linker and Poo, 1996). As a next step in the understanding of the molecular mechanisms involved in the development of neuronal polarity, it will be important to identify the component(s) with which tau interacts at the distal axon and to analyze their function.

REFERENCES


