Nitric Oxide and Superoxide Contribute to Motor Neuron Apoptosis Induced by Trophic Factor Deprivation

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Primary cultures of rat embryonic motor neurons deprived of brain-derived neurotrophic factor (BDNF) induce neuronal nitric oxide synthase (NOS) within 18 hr. Subsequently, >60% of the neurons undergo apoptosis between 18 and 24 hr after plating. Nitro-L-arginine and nitro-L-arginine methyl ester (L-NAME) prevented motor neuron death induced by trophic factor deprivation. Exogenous generation of nitric oxide at concentrations lower than 100 nM overcame the protection by L-NAME. Manganese tetrakis (4-benzoyl acid) porphyrin, a cell-permeant superoxide scavenger, also prevented nitric oxide-dependent motor neuron death. Motor neurons cultured without trophic support rapidly became immunoreactive for nitrotyrosine when compared with motor neurons incubated with BDNF, L-NAME, or manganese TBAP. Our results suggest that peroxynitrite, a strong oxidant formed by the reaction of NO and superoxide, plays an important role in the induction of apoptosis in motor neurons deprived of trophic factors and that BDNF supports motor neuron survival in part by preventing neuronal NOS expression.

Key words: motor neuron; nitric oxide synthase; superoxide; peroxynitrite; nitrotyrosine; apoptosis; nitric oxide
Wu and Li, 1993). However, the mechanism of NO-mediated toxicity is still unknown. We therefore investigated whether endogenous production of NO contributed to apoptosis in high purity cultures of fetal rat motor neurons deprived of trophic support. We found that trophic factor deprivation increased both motor neuron expression of neuronal NOS and nitrotyrosine immunoreactivity. NOS inhibitors and a membrane-permeant SOD mimic mainly prevented motor neuron death and blocked the increase in nitrotyrosine immunoreactivity. These results suggest a peroxynitrite-dependent induction of motor neuron apoptosis.

MATERIALS AND METHODS

Materials. Monoclonal antibodies to Islet-1/2 were isolated from media of 4D5 hybridomas obtained from the Developmental Studies Hybridoma Bank (Iowa City, IA) (Ericson et al., 1992; Tsuchida et al., 1994). Polyclonal antibodies to neuronal NOS were obtained from Transduction Laboratories (Lexington, KY) and the generous gift of Dr. B. Mayer (Graz, Austria). Affinity-purified anti-mouse IgG was obtained from Cappel (Durham, NC). Affinity-purified biotinylated goat anti-mouse and anti-rabbit antibodies and FITC- and Texas Red-conjugated streptavidin were obtained from Life Technologies (Grand Island, NY). Cy3-conjugated anti-mouse and Texas Red-conjugated rabbit IgGs were purchased from Jackson Laboratories (West Grove, PA). Mounting medium was SlowFade-Light antifade kit from Molecular Probes (Eugene, OR). Recombinant mouse BDNF was a generous gift from R. W. Scott and J. D. Hirsch (Cephalon, West Chester, PA). Manganese (III) 4,4′,4′-tertakis (benzoic acid), better known as manganese TBAP, was purchased from Calbiochem (La Jolla, CA). Culture media, serum, insulin, and antibiotics were from Life Technologies. All other reagents used were obtained from Sigma (St. Louis, MO).

Motor neuron culture. Motor neurons were prepared from embryonic day 15 (E15) rat embryo spinal cord by a combination of metrizamide gradient centrifugation and immunopanning with the monoclonal antibody IgG192 (Chandler et al., 1984) against the p75 low-affinity neurotrophin receptor, as previously described (Henderson et al., 1995). Briefly, ventral spinal cords were dissected in PBS, treated with trypsin for 15 min at 37°C, and dissociated by gentle trituration in 0.1% bovine serum albumin (BSA) and 0.1 mg/ml DNase I in basal culture medium (L15 medium supplemented with 0.63 mg/ml sodium bicarbonate, 5 μg/ml insulin, 0.1 μM putrescine, 0.1 mg/ml conalbumin, 30 nM sodium selenite, 20 nM progesterone, 20 mM glucose, 100 IU/ml penicillin, 100 μg/ml streptomycin, and 2% horse serum). The single-cell suspension was centrifuged on a 6.5% metrizamide cushion for 15 min at 500 × g. Motor neurons were removed from the interface. After dilution with basal medium, cells were resuspended in L15 medium and incubated for 30 min at room temperature in a bacteriological Petri dish previously coated with anti-mouse IgG and MC192 hybridoma supernatant. Non-adherent cells were removed by two washes with 15 ml of growth medium, and motor neurons were eluted by gentle agitation with MC192 hybridoma supernatant. Motor neuron purity was assessed at a density of 200 cells/cm² on 35 mm dishes or at a density of 10³ cells/cm² on glass coverslips precoated with polyornithine-laminin in basal culture medium. Cultures were maintained at 37°C in an atmosphere of 5% CO², 95% humidified air.

Determination of mRNA expression. Total RNA from 50,000 motor neurons plated on 60 mm dishes was isolated with Trizol (Life Technologies, Gaithersburg, MD) (1 cycle at 91°C for 5 min and 54°C for 5 min, followed by 30 cycles of 91°C for 1 min, 54°C for 1 min, 72°C for 2 min and a final cycle of 72°C for 10 min.). Sense and antisense primers for neuronal NOS were 5′-GATCACGGCTGTACCATGAG and 5′-TCTTTCCAGGTTGTCACCAGGATG-3′ (Shaull et al., 1995); for glyceraldehyde-3-phosphate dehydrogenase (GAPDH) the primers were 5′-ATTCCTACCCAGGCAAGTCTATG-3′ and 5′-AGGGGCCGAATGATGAGCCC-3′. GAPDH primers were used to normalize RNA levels. The products of the reaction were separated by electrophoresis in a 2% agarose gel and visualized in a UV transilluminator after staining with ethidium bromide. Gels were digitized, and the intensity of the bands was quantified by using National Institutes of Health Image version 1.60.

Immunofluorescence. Cultures were fixed for 15 min with 4% paraformaldehyde/0.1% glutaraldehyde in PBS on ice. The cells were rinsed successively with PBS (3×), permeabilized with 0.1% Triton X-100 for 15 min, blocked for 1 hr with 10% goat serum plus 2% BSA in PBS, incubated with the primary antibody overnight at 4°C, rinsed with PBS (three times), incubated with Cy3- or biotin-conjugated secondary antibody for 30 min at room temperature, rinsed with PBS (three times), fixed with 4% paraformaldehyde, rinsed with PBS (three times), and after a final rinse with distilled water, mounted in SlowFade-Light antifade kit. Primary antibodies used were the supernatant from 4D5 hybridoma against Islet-1/2 (1:250), anti-neurotrophin receptor (5 μg/ml), and affinity-purified rabbit polyclonal antibodies to nitrotyrosine (1:500; Beckman, et al., 1994) and for the neuronal NOS (1:100). Controls included omission of primary antibody or permeabilization of the cells for neuronal NOS and Islet-1/2. Immunoreactivity with the neuronal NOS antibody was abolished by pre-incubation with N-terminal neuronal NOS peptide, as described by Herdener et al., 1993). Nitrotyrosine staining was blocked by preincubation of the primary antibody (2 μg/ml) with either 5 mM nitrotyrosine or 100 μM alanyl-nitrotyrosine-glycine (Ye et al., 1996). Terminal deoxynucleotidyl transferase-mediated dUTP-biotin nick end labeling (TUNEL) staining used the Apoptosis Detection System from Promega (Madison, WI) according to the manufacturer's instructions. Quantitative microscopy. Nitrotyrosine immunofluorescence was quantified by randomly selecting cells under interference contrast and then digitizing FITC-fluorescent images. Differential interference contrast and epifluorescence microscopy were performed with an inverted Sedival (Jena) microscope. Images were obtained and analyzed with a Series 200 cooled charge-coupled device camera system (Photometrics, Tucson, AZ) connected for a Macintosh Ici computer with Spectrum 2.5.5 software (Signal Analytics, Vienna, VA). A 60× planachromat objective was used for all images. Illumination for epifluorescence was achieved with a 100 W mercury arc lamp. Standard filters (485–520 nm excitation filter; 520–560 emission filter) were used for visualizing FITC labeling for nitrotyrosine. Controls were performed by incubating the first antibody (2 μg/ml) in the presence of a 100 μM nitrotyrosine-containing peptide, 5 mM free nitrotyrosine, or by omission of the primary antibody. None of the controls exhibited significant staining. At least 15 images were collected from each slide. Slides from five independent experiments were digitized into pixels of 0.21 μm². Cellular structures in each image were outlined manually with digital image techniques. The intensity value of each pixel within the outline area was measured, and a mean intensity was calculated. Fluorescence intensity in areas not covered by cellular structures of each image was measured in a manner identical to standardized conditions. Specific nitrotyrosine content was obtained by subtracting the fluorescence found in the presence of 100 μM alanyl-3-nitrotyrosyl-glycine, which blocks specific nitrotyrosine antibody binding, from the fluorescence obtained without the peptide.

Determination of motor neuron survival. Motor neuron survival was quantified 24 and 72 hr after plating by counting all neurons with neurites longer than 4 soma diameters in a 1 cm² field in the center of the dish, as previously described (Henderson et al., 1993; Pennica et al., 1996). Motor neurons considered viable by this method also were stained with the vital dye fluorescein diacetate. To compare the results of different experiments, we took the number of cells attached with neurites 4 hr after plating in the presence of BDNF as 100% survival that corresponded to ~50–60% of the cells that were plated initially (Henderson et al., 1993).

RESULTS

Trophic factor deprivation leads to apoptosis

Trophic factor-deprived motor neurons attached to the substrate and extended neurites during the first 15–18 hr in culture, as in BDNF-treated cultures, but then the motor neurons became shrunken and round and withdrew their neurites. These cells also showed nuclear condensation and evidence of DNA fragmentation, visualized by the TUNEL method at 24 hr (Fig. 1a,b). More than 60% of motor neurons in culture underwent apoptosis when they were deprived of trophic support during the first 24 hr. Further evidence for motor neuron apoptosis was provided by treating them with the caspase inhibitors Ac-YVAD-CHO and Ac-YAVD-CMK.

Both agents significantly reduced motor neuron degeneration

Estévez et al. • Motor Neuron Apoptosis Involves Peroxynitrite
Figure 1. Top. Trophic factor deprivation induced motor neuron apoptosis. 

a, TUNEL staining of the nucleus of an apoptotic motor neuron cultured for 24 hr without trophic factors. 
b, Propidium iodide counterstaining of the same cell shown in a. 
c, A nonapoptotic motor neuron cultured with BDNF (100 pg/ml) for 24 hr showed characteristic long, branched neurites, as shown by immunofluorescence of the p75 neurotrophin receptor. 
d, Immunofluorescence of a BDNF-treated motor neuron for the Islet-1/2 homeoprotein. Nonpermeabilized cells did not show nuclear staining for Islet-1/2; the cytoplasmic staining reflects the binding of the secondary antibody to the IgG192 antibody against p75 remaining from the isolation process. 
Scale bars, 30 μm; the scale bar shown in d is the same for a and b.

Figure 4. Bottom. Increased neuronal NOS immunoreactivity in trophic factor-deprived motor neurons. Shown are confocal pseudocolor images of motor neurons cultured for 24 hr (a) with BDNF 100 pg/ml or (b) without trophic support and stained by using antibodies to neuronal NOS. The slight staining in a is attributable to the secondary antibody, because similar immunofluorescence intensity is present in the absence of the first antibody. Scale bar, 10 μm.
for 24 hr and up to 3 d (Fig. 2), as previously described for avian motor neurons in culture (Milligan et al., 1995).

Motor neurons cultured in the presence of BDNF or neurotrophin-4/5 (NT4/5) for 24 hr developed long, branched neurites. Over 96% of the cells were immunoreactive for the motor neuron markers p75 neurotrophin receptor and Islet-1/2 (Fig. 1b,c; Yan and Johnson, 1988; Tsuchida et al., 1994). However, motor neurons in L15 medium survived for a maximum of 72 hr before undergoing apoptosis even in the presence of BDNF or NT4/5 (see Fig. 6).

Trophic factor deprivation induces neuronal NOS

BDNF-deprived motor neurons expressed neuronal NOS mRNA that was not detected in BDNF-treated cultures (Fig. 3). In contrast, 25% less mRNA for GAPDH was recovered by RT-PCR from trophic factor-deprived cultures as compared with BDNF-treated cultures. Similarly, trophic factor-deprived motor neurons became immunoreactive for neuronal NOS 24 hr after plating (Fig. 4). Although neuronal NOS immunoreactivity was restricted to specific areas of cytoplasm in some apoptotic cells (data not shown), in later stages of apoptotic degeneration the fluorescence was distributed throughout the cell because of the disorganization of cellular structures and nuclear condensation (Fig. 1b).

Neither neuronal NOS mRNA nor immunoreactivity could be detected in BDNF-treated cultures. Identical results were obtained by using two different anti-neuronal NOS polyclonal antibodies. Fluorescence was not present in cultures that were not permeabilized and abolished by preincubation of the primary antibody with the N-terminal peptide of the neuronal NOS (Herdegen et al., 1993, 1994; Meyer et al., 1994).

**NOS inhibitors prevent apoptosis**

Inhibition of NOS activity by nitro-l-arginine (l-NA) and nitro-l-arginine methyl ester (l-NAME) prevented motor neuron death for up to 3 d (Fig. 5A). Both NOS inhibitors prevented motor neuron death in a dose-dependent manner, with an EC50 of 150 and 10 μM for l-NA and l-NAME, respectively (Fig. 5B). These concentrations were slightly higher than those reported to be effective in primary cortical cultures, but the motor neuron culture medium contained a fivefold greater concentration of l-arginine. 7-Nitroindazole (7-NI) protected to a lesser extent (Fig. 5A), but the effect was limited by its low solubility. After 3 d the survival-promoting effects of BDNF and l-NAME decreased in parallel (Fig. 6). l-NAME protection was abolished by l-arginine but was not affected by d-arginine, and the inactive stereoisomer d-NAME provided no protection (Table 1), indicating that l-NAME protection was attributable to NOS inhibition.

**Effects of exogenous NO**

Protection from apoptosis by l-NAME could be overcome by the continuous generation of a physiologically plausible concentration of NO. NO was generated from 2-2-(hydroxynitrosohydradino)bis-ethanamine (DETA-NONOate), which has a half-life of 56 hr (Hrabie et al., 1993). At a concentration of 20 μM, DETA-NONOate produced a 100 nM steady-state concentration of NO. NO was generated from 2-2-(hydroxynitrosohydradino)bis-ethanamine (DETA-NONOate) in the presence of L-NAME (Table 2), but NO in a fivefold greater concentration of l-arginine. 7-Nitroindazole (7-NI) protected to a lesser extent (Fig. 5A), but the effect was limited by its low solubility. After 3 d the survival-promoting effects of BDNF and l-NAME decreased in parallel (Fig. 6). l-NAME protection was abolished by l-arginine but was not affected by d-arginine, and the inactive stereoisomer d-NAME provided no protection (Table 1), indicating that l-NAME protection was attributable to NOS inhibition.

**Intracellular superoxide scavenging prevents apoptosis**

Extracellular SOD had no effect on motor neuron survival in the absence of BDNF (Table 2). However, a membrane-permeable scavenger of superoxide, manganese TBAP (Faulkner et al., 1994; Szabo et al., 1996), increased survival of BDNF-deprived motor neurons at concentrations higher than 50 μM in a dose-dependent manner, with an EC50 of 75 μM (Fig. 7), suggesting...
that an intracellular increase in superoxide was required to induce cell death.

Low concentrations of manganese TBAP also potentiated the protective effect of l-NAME on motor neuron survival. Individually, 10 µM L-NAME and 50 µM manganese TBAP increased the survival of trophic factor-deprived motor neurons at 24 hr by only 30% and 10%, respectively (Fig. 8). In combination, these low concentrations of L-NAME and manganese TBAP increased motor neuron survival by 55% to provide nearly complete protection (Fig. 8).

Apoptosis is associated with increased nitrotyrosine

Motor neurons exhibited specific immunoreactivity for nitrotyrosine immediately after the 6 hr isolation procedure (data not shown), which was still evident in all experimental groups 24 hr later (Fig. 9). However, cells cultured without BDNF showed a threefold increase in nitrotyrosine immunofluorescence as compared with motor neurons cultured with BDNF or l-NAME (Fig. 10). Manganese TBAP also blocked nitrotyrosine immunoreactivity in BDNF-deprived neurons. In contrast, exogenous generation of NO by DETA-NONOate partially restored nitrotyrosine immunoreactivity in l-NAME-treated motor neurons (Fig. 10). Staining with nitrotyrosine antibodies was blocked completely by alanyl-3-nitrotyrosyl-glycine or 3-nitrotyrosine, but it was not affected by tyrosine at the same concentration.
DISCUSSION

Motor neuron apoptosis induced by trophic factor deprivation in vitro involved both increased NO production after the induction of neuronal NOS and augmented intracellular production of superoxide. Prevention of neuronal NOS expression by BDNF or inhibition of NO production as well as increased intracellular superoxide scavenging prevents motor neuron death and the increase in nitrotyrosine immunoreactivity (Fig. 10). These results suggest that motor neuron apoptosis was initiated by the endogenous formation of peroxynitrite from the reaction of NO with superoxide.

Loss of trophic support is well known to cause neuronal death in vitro and in animal models of motor neuron degeneration. Several lines of evidence suggest that the production of NO is involved in motor neuron death in vivo. Avulsion of ventral root in rat spinal neurons leads to a rapid induction of NOS (Wu, 1993), and chronic treatment with the NOS inhibitor nitro-L-arginine prevents motor neuron death (Wu and Li, 1993). Continuous infusion of BDNF after ventral root avulsion is reported to inhibit induction of NOS and cell death (Novikov et al., 1995). Distal axonal injury generally does not induce motor neuron degeneration, suggesting that Schwann cell-derived trophic support is sufficient to prevent the induction of neuronal NOS and motor neuron death. In addition to disrupting target- and Schwann cell-derived trophic support, ventral root avulsion can alter motor neuron activity (Greensmith and Vrbová, 1996) and disrupt spinal blood vessels, which are closely associated with the ventral root. Elucidation of the interdependent roles among trophic factor deprivation, NO production, and motor neuron death is nearly impossible to accomplish in vivo.

In the present study we found that purified embryonic motor neurons deprived of BDNF rapidly induced neuronal NOS, and the resulting production of NO contributed to the subsequent death by an apoptotic mechanism. Because motor neurons are maintained in a low-density culture (200 cells·cm⁻²), endogenous NO was acting predominantly on the same cell from which it was produced. Inhibition of NO synthesis protected the motor neurons from cell death, and the protection was reversed by a physiologically relevant extracellular steady-state concentration of NO (<100 nM). The same rate of NO production was not toxic to BDNF-treated motor neurons and did not potentiate cell death of BDNF-deprived motor neurons (Table 1), showing that NO itself was neither sufficient nor limiting to induce motor neuron apoptosis. Analogos of cGMP are protective for motor neurons (A. G. Estévez, unpublished observations); thus stimulation of soluble guanylate cyclase is unlikely to be responsible for the apoptosis induced by NO.

Our data suggest that the formation of peroxynitrite could account for NO-dependent cell death. In agreement with this hypothesis, trophic factor-deprived motor neurons were substantially more immunoreactive for nitrotyrosine. Although peroxynitrite may induce apoptosis by actions unrelated to tyrosine nitration, nitration is an excellent marker to show formation of peroxynitrite. NO itself does not produce nitrotyrosine, which implies that it had been transformed into a more powerful oxidant (Beckman et al., 1994; Beckman, 1996b). Manganese TBAP, a membrane-permeant SOD mimic (Faulkner et al., 1994), protected motor neurons from apoptosis and reduced tyrosine nitration, supporting a role for intracellular superoxide reacting with NO to initiate apoptosis. Downregulation of SOD by using antisense oligonucleotides has been shown to stimulate apoptosis in PC12 cells (Troy and Shelanski, 1994; Troy et al., 1996) and motor neurons (Rothstein et al., 1994). Potentiation of the protection of low concentrations of L-NAME by manganese TBAP strongly supports a role for peroxynitrite in the induction of motor neuron apoptosis by trophic factor deprivation.

Extracellular SOD was not protective to BDNF-deprived motor neurons. This is consistent with the results of Saez et al. (1987) in ganglion cell cultures, who showed that SOD was protective to neurons only when it was delivered intracellularly. The addition of SOD increased the toxicity of NO generated from DETA-NONOate to BDNF-deprived neurons exposed to L-NAME. The superoxide flux generated by autoxidation of the culture media substantially lowered the steady-state concentration of NO. Although peroxynitrite was generated extracellularly, the vast majority of this peroxynitrite reacts with serum components before reaching a motor neuron. In the presence of extracellular SOD, the greater concentration of extracellular NO also increases the intracellular concentration of NO, which competes more effectively for intracellular superoxide and therefore produces more peroxynitrite within the motor neuron.
Approximately 50 missense mutations in Cu/Zn SOD have been associated with a subpopulation of familial ALS patients (Siddique and Hentati, 1996; Cudkowicz et al., 1997), although the mechanisms by which these mutations cause the selective degeneration of motor neurons remain unknown. Recently, the expression of a dominant-negative inhibitor of ICE in transgenic mice carrying the ALS mutant SOD G93A has been shown to slow the progression of the disease (Friedlander et al., 1997). Furthermore, overexpression of bel-2 delays the onset of symptoms in the G93A mice (Kostic et al., 1997). These results suggest that the ALS SOD mutants induce apoptosis in adult motor neurons in transgenic mice.

Because all but one of the mutations are dominant in action and because transgenic mice expressing the mutant forms of SOD develop motor neuron disease, a gain-of-function generally is considered to be more likely than a loss of superoxide scavenging activity (Gurney et al., 1994). We have suggested that the gain-of-function by mutant SODs may result from increased efficiency of catalyzing tyrosine nitration by peroxynitrite (Beckman et al., 1993). Recent evidence indicates that nitrotyrosine is increased in upper and lower motor neurons of ALS (Abe et al., 1995; Chou et al., 1996a,b). Bruijn et al. (1997) have shown that the amino acid nitrotyrosine accumulates in transgenic mice bearing the G37R SOD mutation at the time when the disease develops but could not demonstrate an increase in nitrated proteins by Western blotting in ALS mice. The presence of nitrotyrosine suggests that peroxynitrite has been produced in motor neurons of ALS patients and in transgenic mice. Our results show that the endogenous formation of peroxynitrite after the induction of neuronal NOS is sufficient to induce apoptosis in embryonic motor neurons. Understanding how peroxynitrite induces apoptosis in cultured embryonic motor neurons may help to elucidate how mutations to SOD cause the death of adult motor neurons in ALS.

REFERENCES


