Conductive hearing loss produces a reversible binaural hearing impairment

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Conductive hearing loss, produced by otitis media with effusion, is widespread in young children. However, little is known about its short- or long-term effects on hearing or the brain. To study the consequences of a conductive loss for the perception and processing of sounds, we plugged the left ear canal of ferrets for 7–15 months during either infancy or adulthood. Before or during plugging, the ferrets were trained to perform a binaural task requiring the detection of a 500 Hz tone, positioned 90° to the right, that was masked by two sources of broad-band noise. In one condition (“control”), both noise sources were 90° right and, in the second condition (“bilateral”), one noise source was moved to 90° left. Normal ferrets showed binaural unmasking: tone detection thresholds were lower (mean 10.1 dB) for the bilateral condition than for the control condition. Both groups of ear-plugged ferrets had reduced unmasking; the mean residual unmasking was 2.3 dB for the infant and 0.7 dB for the adult ear-plugged animals. After unplugging, unmasking increased in both groups (infant, 7.1 dB; adult, 6.9 dB) but not to normal levels. Repeated testing during the 22 months after unplugging revealed a gradual return to normal levels of unmasking. These results show that a unilateral conductive hearing loss, in either infancy or adulthood, impairs binaural hearing both during and after the hearing loss. They show scant evidence for adaptation to the plug and demonstrate a recovery from the impairment that occurs over a period of several months after restoration of normal peripheral function.

Key words: deafness; auditory plasticity; otitis media; binaural unmasking; ferret; ear plug

Almost everyone experiences a conductive hearing loss, a reduction in sound transmission to the inner ear, at some time. Common causes of conductive losses include otitis media with effusion (OME; “glue ear”), excess cerumen in the ear canal, and otosclerosis (stapes fixation). OME, fluid in the middle ear, is especially common in infancy (Hogan et al., 1997). Although it has been associated with language, learning, and social difficulties in later life (Haggard and Hughes, 1993; Bluestone and Klein, 1995), the immediate and long-term consequences of OME remain obscure. Psychoacoustic studies of children with a history of OME have shown impairments in binaural processing, both during and after the OME (Moore et al., 1991; Pilsbury et al., 1991). Otosclerosis, which generally occurs in adulthood (Lucente and Sobol, 1988), also impairs binaural hearing, before and after surgical correction (Hall et al., 1990).

The perceptual effects of conductive hearing loss that outlive the peripheral impairment have been attributed to neural plasticity in the central auditory system. This view is supported by analogy with the effects of visual deprivation on the striate cortex (Wiesel, 1982), and by studies relating conductive hearing loss to anatomical (Feng and Rogowski, 1980; Smith et al., 1983; Moore et al., 1989) and physiological (Silverman and Clopton, 1977; Moore and Irvine, 1981; Knudsen, 1985; King et al., 1988; Morgans and Knudsen, 1994) changes in the brainstem. Behavioral studies of experimentally induced conductive hearing loss in adult humans have been limited to relatively short-term plugging of the ear canal (Florentine, 1976; Moore, 1993; Slattery and Middlebrooks, 1994; McPartland et al., 1997). Wilmington and colleagues (1994) found that humans born with a unilateral ear canal atresia generally performed poorly on various binaural tasks. After restorative surgery, performance on most tasks rapidly improved to normal levels. However, they found that free-field sound localization was altered more by the conductive hearing loss than were tasks based purely on interaural comparisons. In barn owls, monaural occlusion during infancy leads to adaptive shifts in sound localization (Knudsen et al., 1984a). (Variants on the term “adaptation” are used throughout this paper to denote changes in auditory function produced by changes in auditory experience. The term is not intended to imply a beneficial effect or to invoke a particular neural mechanism.) If the ear is unplugged before sexual maturation, normal localization can be regained (Knudsen et al., 1984b). Older birds cannot adapt, either to an ear plug or to removal of a plug placed earlier in life.

These studies raise questions about the task and age dependency of impairments produced by altered auditory inputs. In this paper, we examine the effect of long-term, unilateral ear plugging in infant and adult ferrets on free-field binaural unmasking (BU) (Hine et al., 1994). BU was chosen because it is the test most commonly examined in the cited human studies, and because it is closely related to abilities of great importance to humans: the perceptual detection, identification, and discrimination of sounds in noisy environments (Moore, 1997).
with Domitor (medetomidine hydrochloride, 0.05–0.15 ml/kg, i.m.). The earplugs weighed weekly, and their general health was monitored closely. During training and testing the ferrets received vitamin-supplemented water reinforcement and were deprived of water in their home cages. Adult-plug ferrets ([mean ± SE] 17.5 dB sound pressure level (SPL), SEM = 1.7 at 500 Hz) were trained and tested. Data for normal, adult animals (n = 4) were obtained from a previous study (Hine et al., 1994). These ferrets had clean ears, peaked tympanograms (see below), and behavioral thresholds within the normal range for ferrets tested in our facility. They were at least 3 months of age when training began and 6–24 months at the time of testing for TU. Infant-plug ferrets (n = 4) had a plug inserted in the left ear [one ferret (9405) was reared and tested with a plug in the right ear] between postnatal day (P) 25 and P29. Hearing in the ferret begins in the left ear from after 5 months of age. The ear was continuously plugged for a further 2–8 months. Training began either before (F9121, F9124) or 6 months after (F9549, F9550) plugging. Testing continued for 2 months with the plug inserted (tone 90° right, noise 90° right and left) conditions. In the Control condition, Speaker B was actually stacked vertically on top of Speaker A, as indicated by the arrow. On each trial, ferrets entered the start area and licked a water delivery spout (Spout 1) before proceeding to Spouts 2 and 3. Spout 1 to speaker distance was 0.65 m.

The behavioral methods used in this study have been published previously (Hine et al., 1994).

MATERIALS AND METHODS

Animals. Sixteen pigmented ferrets (Mustela putorius furo), born from timed pregnancies and raised in this Department’s animal care facility, were trained and tested. Data for normal, adult animals (n = 4) were obtained from a previous study (Hine et al., 1994). These ferrets had clean ears, peaked tympanograms (see below), and behavioral thresholds within the normal range for ferrets tested in our facility. They were at least 3 months of age when training began and 6–24 months at the time of testing for BU. Infant-plug ferrets (n = 4) had a plug inserted in the left ear [one ferret (9405) was reared and tested with a plug in the right ear] between postnatal day (P) 25 and P29. Hearing in the ferret begins between P26 and P30 (Moore and Hine, 1992). The ear was plugged continuously for a further 7–15 months. Training began from 3 months of age. Testing began from 6 months and continued for up to 22 months after removal of the plug. Adult-plug ferrets (n = 4) had a plug inserted in the left ear from after 5 months of age. The ear was continuously plugged for a further 2–8 months. Training began either before (F9121, F9124), or 2 months after (F9549, F9550) insertion of the plug. Testing began either immediately (F9121, F9124) or 6 months after (F9549, F9550) plugging. Testing continued for 2 months with the plug inserted and for up to 14 months after removal of the plug.

During training and testing the ferrets received vitamin-supplemented water reinforcement and were deprived of water in their home cages. They were maintained on a diet of high-protein dry pellets, to which they were given access to water and wet food for at least a further 2 d. The ferrets were housed in a sound-insulated chamber lined on the walls and ceiling with acoustically absorbent foam. Transient tone (1, 2, 4, 8, and 16 kHz) bursts were generated by Tucker-Davis Technologies (TDT) System II hardware, driven by TDT Auditory Evoked Potential software, transduced by a Kef T27 speaker placed 0.65 m from the intact ear along the interaural axis, and calibrated with a Bruel & Kjær 0.5 inch microphone and measuring amplifier. Five-frequency audiograms were obtained from threshold assessments of the amplified and averaged ABRs before and after insertion of a plug in the intact ear. A previous behavioral determination of the effect of plugging showed an attenuation of 45–50 dB at 500 Hz (Hine et al., 1994).

After plug removal in the behavioral animals, the status of the left (previously plugged) ear was assessed in three ways before post-plug testing was started. The ear canal and tympanic membrane were inspected using conventional and fiber optic otoscopy. Tympanometry was performed using a Kalmey tympanometer that had been specially adapted for animal research. Finally, in four previously ear-plugged animals, five-frequency ABR audiometry was conducted on the left ear, as above, with a fresh earplug inserted in the right (previously un-plugged) ear. Those data were compared with a sample of ABR audiograms from 10 normally hearing ferrets (not used in this study). Additional otoscopy and tympanometry were routinely performed when an earplug had been lost or during an occasional infection of the plugged ear. In general, the ears stayed in place well, except in some of the very young, preweaning infants. There was little persistent problem with infection, but two of the infant-plugged animals had to be treated with antibiotics and have their earplug removed for a few days during the plug rearing period. Immediately after plug removal, three of the ferrets had varying amounts of cerumen in the ear canal. This was treated with veterinary ear wax softeners and, in two cases, with syringing. The success of the treatment was assessed with otoscopy, tympanometry, and on one occasion, audiometry, as described above. In the two cases of occlusion, the ear canal became patent within a few days of unplugging and was completely clear within 1–2 weeks. In every case, the ear was clean before post-plugging testing commenced.

Behavioral apparatus. Training and testing took place in a semicircular cage with a radius of 0.75 m (Fig. 1) (Hine et al., 1994), located inside a sound- and echo-attenuating chamber. A start area consisted of a metal plate on a raised platform, a wire mesh barrier, and a solenoid-operated water spout (spout 1). Contact between spout 1 and the metal plate completed the circuit for delivery of water from the spout and, for trial
initiation, the brief illumination of a light (10 W) directly in front of the start area on the perimeter of the apparatus. Auditory stimuli were presented from two 10 cm midrange loudspeakers (R.S. Components), also on the perimeter and positioned as shown in Figure 1. Two additional water spouts were located 60° right (spout 2) and 60° left (spout 3) of the midline. Contact with metal plates on the chamber floor in front of each spout provided the circuit necessary for delivery of reinforcement. Sound generation. Signals were 500 msec bursts (10 msec rise/fall times) of a 500 Hz pure tone, generated using an analog system and calibrated using spectral analysis (Cambridge Electronic Design “Waterfall”) and a Bruel and Kjaer microphone and measuring amplifier. Within the sound field around spout 1, the SPL \( (2 \times 10^{-5} \text{ N/m}^2) \) of the tone did not vary by more than 0.5 dB. The maximum output of the delivery system was 90 dB SPL (rms, \( 2 \times 10^{-5} \text{ N/m}^2 \)). A single source of continuous band pass noise (center frequency 500 Hz, 120 Hz bandwidth at 3 dB down, 160 dB/octave filter skirts) was directed to two power amplifiers. One amplifier mixed the tone and noise, which were led to speaker A (Fig. 1). The second amplifier received noise alone, and its output was led to speaker B. The SPL and the phase of the noise from the two speakers were matched. For both the control and bilateral test conditions (Fig. 1), the level of the noise at spout 1 was 71 dB SPL (50 dB/Hz average spectrum level).

Training. Ferrets were trained to stand on the start platform, put their heads through the hole in the barrier, and initiate a trial by licking spout 1. Performance on this task was trained to a variable ratio (1:8) schedule. Trials on which a reward was presented at spout 1 were not recorded because of the noise made by the spout solenoid. Initially, contact with spout 1 triggered the presentation of either a “no-tone” trial, in which the trial onset light alone was activated, or a “tone” trial, in which a tone (70 dB SPL) was presented from speaker A along with the light. The probability of each type of trial was 0.5. Ferrets were trained to go right (to spout 2) on a signal trial and left (to spout 3) on a no-signal trial. Incorrect responses were not rewarded, and those trials were repeated but not included in the estimate of performance. There were two 20- to 40-min sessions daily, 7 d a week. Each session had 10 practice trials, a block of 100 trials from which performance was calculated, and sufficient extra trials to satiate the animal. When the ferrets reached a criterion of ≥90% correct responses in three consecutive sessions, the continuous noise was introduced on speakers A and B, set in the control configuration (Fig. 1), and the tone level was increased to 90 dB SPL. The new task was to discriminate between a tone-in-noise stimulus and a noise-alone stimulus, analogous to the previous tone, no-tone task. Again, the ferrets had to obtain ≥90% correct responses in three consecutive sessions to reach the training criterion. Note that one of the infant-plug ferrets (9405) failed to achieve this criterion (see Fig. 2).

Testing. After training, the level of the tone was reduced by 5 dB each time two consecutive test sessions produced statistically comparable (\( p \leq 0.1 \)) performance. This was continued until performance averaged over the last two sessions fell below 56.5% correct, the critical value for above-chance performance in 200 trials at the 0.05 level of significance. Two estimates of threshold were obtained. In the “final value” method, threshold was defined as that SPL for which performance was equal to 56.5% correct and was determined by linear interpolation between the two tone levels on either side of this point. Because this estimate depended entirely on the values of the final two tone levels, we chose a second method that used more of the available data set. In the “logistic” method, a three-parameter logistic (sigmoidal) function (SigmaPlot for Windows R4.0, SPSS) was fitted to the data obtained at each tone level:

\[
y = \frac{a}{1 + \left(\frac{x - x_0}{y_0}\right)^n}
\]

Threshold was defined as the tone level at which the fitted function intersected the 56.5% correct performance level (see Fig. 2).

After threshold determination with the speakers in the control configuration, 90° to the ferret’s right (Fig. 1), speaker B was moved to 90° to the ferret’s left (Fig. 1, Bilateral). The training criterion at a tone level of 90 dB was reestablished, and testing was conducted as before. The only difference between the control and bilateral configurations was the position of speaker B.

The complete control and bilateral test conditions were repeated twice in each group of animals, with the bilateral tests preceding the control tests the second time around. After removal of the plug in the earplug groups, tests recommenced within 0–4 weeks, and further tests were performed during variable periods of up to 22 months as detailed above and in Results.

Performance levels obtained from psychophysical experiments requiring binary responses to single-interval trials, such as those used here, may be affected by response biases. However, it has previously been established in this task that measuring performance as a percentage of correct responses gives a true estimate of the ferrets’ sensory capability that is not affected by systematic variation in response biases (Hine et al., 1994).

**RESULTS**

Most of the ferrets learned readily to detect the tone in the control condition and, at the highest tone level (90 dB SPL), generally reached the training criterion of consistent, ≥90% correct responses within approximately 20–30 sessions, as reported previously (Hine et al., 1994). Figure 2 shows the individual psychometric functions for all the animals in each test condition, averaged from two threshold determinations, and obtained,
where appropriate, when the ear plugs were inserted. Figure 3 (top panels) shows the same normal and “plug in” data averaged between the individuals within each group. When the tone level was decreased, performance began to decline at a rate that was determined by the test condition and by the history of ear plugging. For the normal ferrets, performance in both the control and bilateral conditions remained high until the tone level was decreased below 80 dB SPL (Figs. 2, 3). Performance then started to decline, but it did so much more rapidly in the control than in the bilateral condition. The superior performance of these animals in the bilateral condition was therefore enhanced at lower tone levels. Little difference was found between the thresholds (at 56.5% correct) for either condition produced by the logistic and final value methods (absolute mean difference = 0.51 dB for all data) (Fig. 2). Thus, the simpler, final value method was used for the remainder of the analysis. The mean tone threshold difference between the bilateral and control conditions (the mean BU) for the normal ferrets was 10.1 dB (Fig. 4).

**Effect of ear plugging**

We showed previously (Hine et al., 1994) that plugging the left ear of adult ferrets just before testing led to markedly reduced performance in the bilateral condition and a slight reduction in performance in the control condition. Together, these threshold shifts abolished BU. Longer term (6–8 months) plugging in the adult-plug group also abolished BU by selectively increasing the masked threshold in the bilateral condition (Figs. 2–5). In this group, there was no sign of adaptation to the plug. In the infant-plug group, tests of BU while the ear was plugged were conducted between 6 and 10 months of age. Within this range, no systematic differences were noted in masked thresholds as a function of age or test experience (data not shown). The results from members of both plug groups were therefore averaged into single values for each animal (Fig. 5, Plug in data). With the ear plugged, one infant-plug ferret (9440) returned a BU of 7.7 dB, but the mean of the infant-plug group (2.3 dB) (Fig. 4) was not significantly higher than that of the adult-plug group (0.7 dB; $t_{10} = 0.81$), again providing no clear sign of adaptation to the plug. Ferret 9405, the infant-plug animal that failed to achieve the training criterion (Fig. 2), and that had the right ear plugged, had 2.0 dB of BU and therefore did not markedly differ from or affect the mean of the whole group.

**Plug removal**

For both the infant- and adult-plug groups, removal of the plug led to a partial restoration of BU within 1–2 months (Fig. 4). This initial restoration was wholly due to improved sensitivity to the tone in the bilateral condition; thresholds in the control condition were the same as those recorded before plugging (Fig. 5). In those cases where thresholds were determined at shorter delays after plug removal (2 weeks was the minimum), similar masked thresholds were obtained. However, the level of BU in the first post-plug test period for which group data were compiled (1–2 months) was significantly less than that obtained in the normal animals that
had never experienced an ear plug ($t_{16} = 2.7, p = 0.03$, two-tailed). As time progressed after unplugging, BU gradually increased (Fig. 4). In the second test period (4–6 months), the difference between the formerly plugged and the normal animals was no longer significant ($t_{10} = 1.5, p = 0.18$). Further increases in BU in the 8–11 and 14–22 month post-plug groups led to normal levels of BU. No differences were found between the infant- and adult-plug groups (Fig. 5), either in the initial thresholds or in the subsequent recovery. However, only two adult-plug ferrets were examined beyond the first post-plug test period. To increase statistical power, all plugged animals were therefore included in the recovery analyses reported above.

Status of plugged ear

After removal of the ear plug, and treatment with ear cleaning fluid where necessary, all of the previously plugged ear canals attained a clean and unimpeded appearance (see Materials and Methods for further details). Tympanometry produced type A tympanograms (Shanks et al., 1988), indicating a clear passage through to and normal compliance of the tympanic membrane. Where ABR audiograms were obtained (Fig. 6), thresholds were generally within the range measured in a large sample of normal ferret ears that had never been plugged. Note, however, that a small, progressive insensitivity of hearing occurred in both the control and bilateral masked thresholds of several of the formerly plugged ferrets in the months after plug removal (Fig. 5). This is suggestive of an age-related hearing impairment because (1) the control thresholds were normal soon after unplugging (1–2 months), and (2) the very long survivals (to an absolute age of 31 months, the oldest animals tested) represented the only circumstance under which the control thresholds were found to be elevated. It is possible that an age-related impairment accounted for the elevated ABR threshold of ferret 9557 at 1 kHz (Fig. 6).

Attenuating effect of plug

The plug produced a relatively flat hearing loss of ~40 dB across the range 1–16 kHz, as measured by ABR audiometry (Fig. 7). Additional behavioral measurements (Hine et al., 1994) suggested a similar or slightly higher level of attenuation at 500 Hz. The latter measurements [and others by Kelly et al. (1986)] also showed that the absolute threshold of the ferret at 500 Hz is ~25 dB SPL. Thus, at the higher levels used (≥80 dB SPL), the tone should have been clearly audible, in both ears and in both conditions, with the plug inserted. At lower levels, the tone would soon become inaudible in the plugged ear. Because the interaural level difference (ILD) in the ferret for 300–700 Hz tones presented 90° to the midline is negligible (Carlile, 1990), we may assume that in both stimulus conditions the masking noise would be marginally audible in the plugged ear, because its constant level (71 dB SPL) approximated the hearing level predicted from the sum of the plug attenuation and the audiometric threshold. This analysis suggests that at low tone levels with the plug inserted, the control and bilateral conditions would produce very nearly identical acoustic input to each ear, presumably accounting for the closely similar performance of the plugged animals in the two conditions.

DISCUSSION

The main finding of this study was that long-term unilateral conductive hearing loss, either in infancy or in adulthood, produced a long-lasting, but transient, deficit in binaural hearing after the restoration of normal peripheral function. This result is consistent with reports that BU in humans is transiently depressed after OME in children (Moore et al., 1991; Pillsbury et al., 1991; Hall et al., 1995b; Hogan et al., 1996) and otosclerosis in adults (Hall et al., 1990). These results suggest that the central
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Conductive hearing losses

suggest a central auditory system that is essentially hard-wired occurred after the onset of normal experience. These observations present observations among other reports of auditory system plasticity.

There is, however, an alternative interpretation. Infant-plug ferrets did not receive normal binaural experience until they were at least 8 months old. During this time, their ability to perform BU and, presumably, other binaural tasks was greatly impaired or abolished. Yet within 2–4 weeks of their first experience of normal hearing, the ferrets showed substantial BU. Within another 3–4 months, BU was normal. Thus, there was little or no adaptation to the ear plug, and a relatively rapid recovery occurred after the onset of normal experience. These observations suggest a central auditory system that is essentially hard-wired and insensitive even to major input perturbations.

Which of these interpretations is correct? To answer this question it is necessary to consider further the nature of conductive hearing losses, the mechanisms of BU, and the place of the present observations among other reports of auditory system plasticity.

Conductive hearing losses

The ear plugs used in this study produced an attenuation of 30–50 dB. This is similar to the attenuation produced by other ear plugs (Knudsen et al., 1984a; McPartland et al., 1997), other forms of ear canal occlusion (Moore and Irvine, 1981; Wilmington et al., 1994), and manipulations and diseases of the middle ear (Tucci and Rubel, 1985; Hall et al., 1990; Bluestone and Klein, 1995). In addition to reducing air-conducted sound levels, these treatments and conditions can potentiate low-frequency, bone-conducted sounds accompanying self-vocalizations (Tonndorf, 1972). Both direct (Knudsen et al., 1984a) and indirect (Hall et al., 1995a; Hogan et al., 1995) measurements suggest that ear occlusions can also alter the temporal properties of acoustic signals passing to the inner ear. Thus, the acoustic effects of ear occlusions are complicated.

Variations in the acoustic and peripheral pathological effects of conductive losses may account for the sometimes confusing and inconsistent reports of their central consequences. Several studies have examined the effects of monaural occlusion during development on neural responses to ILD in mammals (Silverman and Clopton, 1977; Moore and Irvine, 1981; Brugge et al., 1985) and barn owls (Mogdans and Knudsen, 1992, 1994). The mammalian results have been inconsistent, but the barn owl results have shown systematic shifts in neural ILD tuning. The effects of monaural occlusion during infancy on the organization of auditory “space maps” in the superior colliculus (SC) have also been examined in owls (Knudsen, 1985) and ferrets (King et al., 1988).

In both cases, compensatory shifts in the auditory spatial tuning of SC neurons have been reported. However, bilateral removal of the external ear structures alters the responses of SC neurons in different ways in these two species (Knudsen et al., 1994a,b; Schnupp et al., 1998).

Behavioral studies in barn owls have shown that adaptation to a conductive hearing loss occurs only after deprivation early in life, whereas recovery from an early deprivation can occur much later, but not after sexual maturity. In both of these respects, the present results in the ferret differed from those in the barn owl.

There were two obvious differences between our experimental methods and those used in the barn owl. The first was the species studied. Barn owls can localize accurately only sounds having frequency components in the 4–9 kHz range but, in contrast to mammals, can use both interaural time differences (ITDs) and ILDs together to localize sounds within this frequency range (Konishi, 1993). Moreover, although the owl’s external ear generates prominent spectral localization cues (Keller et al., 1998), sound localization in this species is generally thought to rely solely on ITDs and ILDs.

The second difference was the nature of the task. In the barn owls, free-field localization was used to assess adaptation, whereas the present study used BU. It is unknown whether owls have BU or whether they could use BU in the same way as mammals, although recent experiments in budgerigars (Dent et al., 1997) have shown that birds can have BU. Wilmington and colleagues (1994) compared directly the effect of congenital ear canal atresia on free-field localization and BU in humans. They showed more extensive and longer lasting effects of the atresia on localization than on BU, although poor performance on both tasks was found immediately after surgical correction of the atresia. Our own preliminary data on ferrets reared with ear plugs also show considerable adaptation in free-field localization during plug wearing (Parsons et al., 1999), as did a recent adult human study using outer ear inserts that altered spectral cues (Hofman et al., 1998). These experiments thus show highly task-dependent types and degrees of adaptation to conductive perturbations of hearing. In general, there appears to be a greater adaptive influence of auditory experience on localization than on other binaural tasks.

Occlusion and binaural unmasking

Occlusion of one ear could reduce BU in several ways. In normally hearing human listeners, reducing sound level to one ear reduces BU (Colburn and Durlach, 1965), and the overall noise level is directly correlated with BU (Durlach and Colburn, 1978). As the level of sound in the occluded ear approaches the threshold for hearing, the task translates into one of monaural masking. At higher sound levels, if the plug produces a small delay in the signal passing around and through it, this may result in both a change in the interaural phase of the tone and noise and a spectral complexity attributable to the effect of a “delay and add” mechanism. Finally, as the level of airborne sound reaching the

Figure 7. Attenuating effect of ear plugs. Mean data (●, ±95% confidence intervals) from three adult ferrets. The ferrets were deafened in one ear and had ABR audiograms recorded in the other ear before and after insertion of an ear plug that was identical to those used in the trained ferrets. The behaviorally determined threshold (Hine et al., 1994) of an additional two ferrets to a 500 Hz tone is indicated by the filled squares on the ordinate.

auditory system is dynamically influenced by auditory experience, presumably analogous to other demonstrations of long-term adaptation and training in the auditory system (Recanzone et al., 1993) and elsewhere (Gilbert, 1998).

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Occlusion and binaural unmasking

Occlusion of one ear could reduce BU in several ways. In normally hearing human listeners, reducing sound level to one ear reduces BU (Colburn and Durlach, 1965), and the overall noise level is directly correlated with BU (Durlach and Colburn, 1978). As the level of sound in the occluded ear approaches the threshold for hearing, the task translates into one of monaural masking. At higher sound levels, if the plug produces a small delay in the signal passing around and through it, this may result in both a change in the interaural phase of the tone and noise and a spectral complexity attributable to the effect of a “delay and add” mechanism. Finally, as the level of airborne sound reaching the
occluded ear is greatly reduced, bone conduction pathways, transmitting low-pass-filtered sounds, may provide significant input (Tonndorf, 1972). It is unclear which of these mechanisms contributes to the impaired BU found after plug removal. However, because the ILD produced by the plug is large, and because ILDs make a major contribution to free-field BU, at least in humans (Bronkhorst and Plomp, 1988), it may be that an adaptation to the ILD produced by the plug results in poor unmasking after unplugging. Certain behavioral (Florentine, 1976; Parsons et al., 1999) and physiological (Silverman and Clpton, 1977; Moore and Irvine, 1981; King et al., 1988) data support this interpretation, but others (Brugge et al., 1985; McPartland et al., 1997) have failed to find clear adaptation to altered binaural cues in mammals.

**Auditory system dynamics**

In this study, prolonged unilateral ear plugging produced a transient change in the way the auditory system processed binaural stimuli. This occurred in both infant- and adult-plugged ferrets. Similar results have been obtained in children and adult humans after prolonged conductive hearing loss (see introductory remarks). Here we discuss the possibility that such reversible changes in binaural processing are produced by neural mechanisms analogous or identical to those demonstrated in auditory perceptual training (Recanzone et al., 1993; Kilgard and Merzenich, 1998a, b; Weinberger and Bakin, 1998). A fundamental aspect of that training is the repetitive, associative pairing of particular auditory cues with reinforcement. For example, in asymmetric conductive hearing loss, normally inappropriate binaural cues are repetitively paired with other cues (e.g., visual), presumably leading to a conditioned association between the inappropriate cues and various reinforcers, such as conspecific vocalizations or the water spouts used here. This association can develop more (Recanzone et al., 1993; Kilgard and Merzenich, 1998a, b) or less (Weinberger and Bakin, 1998) gradually and is manifested as a long-lasting change in both the perception of the reinforced cues and the physiology of auditory cortical neurons. In the BU task, we found little evidence for learning of (i.e., adaptation to) the inappropriate cues provided by the earplug. However, we did show a change in perception of normal cues that was long lasting. This altered perception was gradually changed (normalized) by a new set of (appropriate) cues. Interestingly, this second change occurred over a time frame (weeks) that was similar to several other instances of auditory “learning” in adults (Robertson and Irvine, 1989; Recanzone et al., 1993; Gilbert, 1998; Hofman et al., 1998).

The reversible nature of the binaural impairment found after unilateral earplugging suggests that OME and other clinical forms of conductive hearing loss may lead to a form of auditory neural learning. Recent data indicate that at least one aspect of binaural discrimination (ILD) can also be improved in normally hearing individuals through additional training (Wright and Fitzgerald, 1999). These data, together with the clinically demonstrated reversal of binaural impairments after recovery of normal binaural sound transmission (Wilkinson et al., 1994; Hall et al., 1995; Hogan and Moore, 1996), support the neural learning hypothesis. However, the failure to adapt to the plug (while inserted) suggests limits to this learning and may be indicative of a binaural system that is essentially hard-wired. Auditory experience and training may thus contribute to relatively subtle recalibrations of the system, such as learning to use the altered spectral cues produced by an ear plug or insert, or (re)learning to take advantage of normal binaural input.

**REFERENCES**


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