The Human Skeletal Muscle Na Channel Mutation R669H
Associated with Hypokalemic Periodic Paralysis Enhances Slow Inactivation

Arie F. Struyk,1 Kylie A. Scoggan,3 Dennis E. Bulman,3,4 and Stephen C. Cannon1,2

Departments of 1Neurology, Massachusetts General Hospital, and 2Neurobiology, Harvard Medical School, Boston, Massachusetts 02114, and 3Department of Medicine, Division of Neurology, and 4Ottawa Hospital Research Institute, Ottawa, Ontario K1H 7W9 Canada

Missense mutations of the human skeletal muscle voltage-gated Na channel (hSkM1) underlie a variety of diseases, including hyperkalemic periodic paralysis (HyperPP), paramyotonia congenita, and potassium-aggravated myotonia. Another disorder of sarcolemmal excitability, hypokalemic periodic paralysis (HypoPP), which is usually caused by missense mutations of the S4 voltage sensors of the L-type Ca channel, was associated recently in one family with a mutation in the outermost arginine of the IIS4 voltage sensor (R669H) of hSkM1 (Bulman et al., 1999). Intriguingly, an arginine-to-histidine mutation at the homologous position in the L-type Ca2+ channel (R528H) is a common cause of HypoPP. We have studied the gating properties of the hSkM1-R669H mutant Na channel experimentally in human embryonic kidney cells and found that it has no significant effects on activation or fast inactivation but does cause an enhancement of slow inactivation. R669H channels exhibit an ~10 mV hyperpolarization shift in the voltage dependence of slow inactivation and a twofold to fivefold prolongation of recovery after prolonged depolarization. In contrast, slow inactivation is often disrupted in HyperPP-associated Na channel mutants. These results demonstrate that, in R669H-associated HypoPP, enhanced slow inactivation does not preclude, and may contribute to, prolonged attacks of weakness and add support to previous evidence implicating the IIS4 voltage sensor in slow-inactivation gating.

Key words: depolarization; inactivation; Na channel; hypokalemic periodic paralysis; mutation; skeletal muscle

The human skeletal muscle voltage-gated sodium channel (hSkM1) mediates sarcolemmal excitability because of its rapid activation and subsequent fast inactivation in response to membrane depolarization. In addition to its fast gating, which takes place over milliseconds, the Na channel enters a more prolonged “slow”-inactivated state, over hundreds of milliseconds to seconds, in response to sustained membrane depolarizations. The structural basis of Na channel slow inactivation is not known but appears to be different from conformational rearrangements associated with fast inactivation (Rudy, 1978; Cummins and Sigworth, 1996; Featherstone et al., 1996; Vedantham and Cannon, 1998). Slow inactivation may modulate Na channel availability, and thus sarcolemmal excitability, in response to prolonged shifts in membrane potential (Chandler and Meves, 1970; Almers et al., 1983; Ruff et al., 1988).

Gain-of-function mutations of the skeletal muscle Na channel gene SCN4A have been identified in a variety of disorders of muscle membrane excitability: potassium-aggravated myotonia, paramyotonia congenita (PMC), and hyperkalemic periodic paralysis (HyperPP) (for review, see Cannon, 2000). Attacks of weakness in HyperPP and PMC are characterized by a depolarization-induced loss of membrane excitability. Depolarization arises from an aberrant inward Na current conducted by mutant channels with disrupted fast inactivation (Cannon et al., 1993; Hayward et al., 1996). Slow inactivation is impaired by three of the known HyperPP/PMC-linked mutations (Cummins and Sigworth, 1996; Hayward et al., 1997, 1999). This defect is thought to promote weakness by dampening the ability of the Na channels to turn off the persistent Na current and thereby to permit rapid (within seconds) repolarization and recovery of excitability (Ruff, 1994; Hayward et al., 1997, 1999).

Similar to HyperPP, hypokalemic periodic paralysis (HypoPP) is a rare autosomal-dominant disorder characterized by intermittent attacks of weakness, often lasting for hours to days. In HypoPP, however, weakness is accompanied by a decrease in serum potassium concentration, and myotonic stiffness does not occur (Rüdel et al., 1984; Cannon, 1998). During an attack, the sarcolemma becomes depolarized and inexcitable (Rüdel et al., 1984). The basis of this depolarization remains speculative, although changes in ATP-sensitive K channels have been promoted recently as direct precipitants (Ruff, 1999; Tricarico et al., 1999). Genetic analysis of HypoPP patients has identified three missense mutations in the α subunit of the skeletal muscle voltage-gated L-type calcium channel: R528H, R1239H, and R1239G (Fontaine et al., 1994; Jurkat-Rott et al., 1994; Patecek et al., 1994). These mutations disrupt the outermost arginine residues of the S4 membrane-spanning segments of either domain II or IV of the L-type Ca channel. A variety of gating defects have been reported for these mutants (Sipos et al., 1995; Lapie et al., 1996; Morrill et al., 1998; Morrill and Cannon, 1999), with little further insight into the pathophysiology of the disease.

Recently, two members of a French family were described with HypoPP, in which no L-type Ca channel mutation was identified. Single-strand conformational polymorphism analysis revealed an abnormal conformer of the Na channel gene SCN4A. A missense mutation that converts an arginine at position 669 to histidine (R669H) was identified that cosegregated with the disease phenotype (Bulman et al., 1999). This arginine is conserved in all voltage-gated Na channels, and the R669H mutation was not found as an incidental polymorphism in an analysis of 100 normal individuals. The Na channel R669H mutation and the Ca channel R528H mutation both replace the outermost arginine of the IIS4 voltage sensors of the respective channels by histidine.

We have studied the gating properties of the hSkM1-R669H mutant channels expressed heterologously in human embryonic kidney (HEK) cells. The kinetics and voltage dependence of acti-
viation and fast inactivation were not significantly altered by this mutation. Surprisingly, slow inactivation was profoundly affected. In contrast to some HypoPP mutations, in which slow inactivation is disrupted, R669H enhances slow inactivation, predominantly via prolonged recovery from slow inactivation and a hyperpolarized shift in the voltage dependence of slow inactivation. These results help to define the role of slow inactivation in disorders of muscle membrane excitability and support previous work implicating the IIS4 voltage sensor in slow-inactivation gating.

**MATERIALS AND METHODS**

**Expression of sodium channels.** cDNA encoding the adult isoform of the human skeletal muscle sodium channel ε subunit hSKM1 (George et al., 1992) was used as a template for in vitro site-directed mutagenesis using the Transformer kit (Clontech, Palo Alto, CA). Primers CGTCGACGGATCGG-GACATGTCGCCCTATGG and GACGTCTGCTACGT- CTTCCG were used for selection and introduction of the missense mutation, respectively. In addition to introduction of the arginine-to-histidine missense codon, a translationally silent EdClHK1 site was introduced into the cDNA-coding sequence by the mutant oligomer for the purpose of rapid screening. The human β1 subunit cDNA was subcloned into the EcoRI site of the mammalian expression vector pcDNA1 (McClatchey et al., 1993). An independently derived hSKM1-R669H Na channel mutant clone (D. Bulman) was used in identical experimental protocols to confirm the results seen with our own construct.

Cultures of HEK cells and their transient transfection were performed as described previously (Hayward et al., 1996). Briefly, supercoiled plasmid DNA encoding 1.25 µg of either wild-type or R669H mutant Na channel α subunit along with 2.5 µg (fourfold molar excess) of the β subunit expression plasmid and a CD8 marker were used to transfect HEK cell monolayers in 35 mm dishes by the calcium phosphate precipitation method. Two to three days after transfection, the HEK cells were briefly trypsinized and seeded onto a 22 mm round glass coverslip for electrophysiological recording. Individual transfection-positive cells were identified by labeling with anti-CD8 antibodies cross-linked to microbeads (Dynal, Great Neck, NY) (Jurman et al., 1994).

**Whole-cell recording.** Na currents were measured by the use of conventional whole-cell recording techniques as described previously (Hayward et al., 1996). recordings were made with an Axopatch 200A amplifier (Axon Instruments, Foster City, CA). The output was filtered at 10 kHz and digitally sampled at 40 kHz using an LM900 interface (Dagan, Minneapolis, MN). Data were stored to a 486-based computer using AxoBasic (Axon Instruments) data acquisition software. Patch electrodes were fabricated from borosilicate capillary tubes with a multistage puller (Sutter, Novato, CA). The shank of the pipette was coated with Sylgard, and the tip was heat-polished to a final tip resistance in the bath solution of 0.5–2.0 MΩ. At least 80% of the series resistance was compensated by the analog circuitry of the amplifier, and the leakage correction was conducted by digital subtraction of the steady-state leakage current digitized at 25 kHz and depolarization from the holding potential. Cells with peak currents of <1 nA after step depolarization from −120 to −10 mV were excluded to reduce potential contamination by small endogenous Na currents occasionally observed in untransfected HEK cells. In addition, cells with peak currents >20 nA were excluded to reduce series resistance errors. Only cells with series resistances of <5 MΩ were included in the data set. Individual cells were allowed to equilibrate for 7–10 min after achieving internal access before acquiring data. We occasionally observed cells with Na currents that differed from typical Na channel gating behavior, characterized by higher amplitude persistent Na current after a 10 msec depolarization and a prolonged τp. To reduce effects of these modal-gating shifts, data from these cells were not included in the final analysis.

For all experiments except those using a reversed Na gradient, the internal pipette solution contained (in mM): 105 CsF, 35 NaCl, 10 EGTA, and 10 HEPES, pH 7.4 by CsOH. Fluoride was used in the pipette solution to prolong sodium channel availability for the purposes of slow-inactivation protocols. The bath contained (in mM): 140 NaCl, 4 KCl, 2 CaCl2, 1 Mgl2, 5 glucose, and 10 HEPES, pH 7.4 by NaOH. For the reversed Na gradient experiments, the internal pipette solution contained (in mM): 130 NaCl, 10 HEPES, 10 EGTA. The bath solution was composed of (in mM): 150 choline Cl, 10 HEPES, 2 CaCl2, and 0.2 CdCl2. All recordings were made at room temperature.

**Data analysis.** The data were analyzed and displayed by the use of a combination of programs: AxoBasic, Excel (Microsoft Corporation), and Origin (MicroCal Corporation). Conductance was calculated as:

\[ G(V) = I_{peak}/(V - E_{rev}) \]

where the reversal potential \(E_{rev}\) was measured experimentally for each cell. Steady-state fast and slow inactivation were fitted to a Boltzmann function with a nonzero pedestal, \(I_{0}\), calculated as:

\[ I_{0} = I_{max} \times \left( 1 - I_{0} / (1 + e^{(V - \text{test})/k}) \right) + I_{p} \]

where \(I_{max}\) is the half-maximum voltage and \(k\) is the slope factor. The kinetics of fast inactivation was quantified from single-exponential fits to the macroscopic current decay and to the relaxation between a closed and inactivated state revealed by two-pulse protocols at voltages between −40 and −60 mV. The time constant of the decay \(I_{r}\) was estimated by fitting macroscopic Na currents \(I_{dia}\) to a single exponential plus a constant term, \(I_{ref}\), as:

\[ I_{dia} = I_{ref} + A_{1} \times e^{-t/\tau_{1}} + A_{2} \times e^{-t/\tau_{2}} \]

where \(I_{ref}\) is the peak amplitude of the current, which was normalized to the peak amplitude of a reference current, \(I_{ref}\), elicited by a pulse to −10 mV before application of the conditioning pulse. \(A_{1}\) is the maximal extent of recovery, \(I_{ref}\) is the recovery pulse duration, and \(\tau\) is the time constant of recovery.

For the sequential recovery protocol, peak current from each test pulse was normalized to a reference current \(I_{ref}\), measured as the mean peak value from a brief test pulse of −20 mV and corrected for the time-dependent recovery potential, before the conditioning pulse. \(I_{ref}/I_{test}\) values were then fit to a two-exponential decay function:

\[ I_{ref}/I_{test} = A_{1} \times e^{-t/\tau_{1}} + A_{2} \times e^{-t/\tau_{2}} \]

The peak amplitude of the current, which was normalized to the peak amplitude of a reference current, \(I_{ref}\), elicited by a pulse to −10 mV before application of the conditioning pulse. \(A_{1}\) is the maximal extent of recovery, \(I_{ref}\) is the recovery pulse duration, and \(\tau\) is the time constant of recovery.

After prolonged depolarization, Na channel availability recovers with a complex time course characterized by multiple exponential components (Cummins and Sigworth, 1996). An “intermediate” component, \(I_{int}\), recovers within 100–300 msec, slow-inactivated channels (\(I_{int}\)) recover within 1–3 sec, and ultraslow-inactivated channels (\(I_{ul}\)) recover over minutes. Recovery from intermediate (\(I_{int}\)) and slow (\(I_{int}\)) inactivated states was measured by fitting the time course of recovery of up to 60 sec. Between trials, channels were allowed to recover fully by holding the membrane at −120 mV for a period of three times the conditioning pulse duration (up to 90 sec). For conditioning pulse lengths of >60 sec, a separate control pulse was used in which a single conditioning pulse was followed by a series of brief test pulses during the recovery interval. For the sequential recovery protocol, peak current from each test pulse was normalized to a reference current \(I_{ref}\), measured as the mean peak value from a brief test pulse of −20 mV and corrected for the time-dependent recovery potential, before the conditioning pulse. \(I_{ref}/I_{test}\) values were then fit to a two-exponential decay function:

\[ I_{ref}/I_{test} = A_{1} \times e^{-t/\tau_{1}} + A_{2} \times e^{-t/\tau_{2}} \]

**RESULTS**

HypoPP-associated Na channel mutations have gain-of-function defects caused by disrupted fast inactivation or, in some cases, by a hyperpolarized shift in activation (Cannon, 2000). We sought to determine whether defects of fast gating, and in particular fast inactivation, might account for the HypoPP phenotype in our family. Wild-type and R669H mutant Na channel cDNAs under the control of a cytomegalovirus promoter were transiently transfected into HEK cells, along with the human isoform of the β1 subunit. Whole-cell voltage-clamp recording was used to study the gating characteristics of the channels. On average, cells transfected with wild-type hSKM1 cDNA had slightly larger peak Na currents (7.0 ± 0.4 nA; n = 36) than those transfected with R669H (5.6 ± 0.4 nA; n = 55), but the difference was not statistically significant (p = 0.10).

**Fast-gating behavior**

Representative current traces elicited by a series of step depolarizations from a holding potential of −120 mV to voltages ranging between −75 and +80 mV for wild-type (WT) and R669H channels are shown in Figure 1. Both the activation and inactivation properties of the R669H current appeared to be qualitatively identical to that of wild-type.

Three different protocols were used to quantify the kinetics of fast inactivation. The development of inactivation was measured over the voltage range −30 to +40 mV by fitting the current decay during a test depolarization. For membrane potentials between −60 and −40 mV, the relaxation between closed and fast-inactivated states was measured with a two-pulse protocol as the time-dependent inactivation of the peak current during variable duration conditioning pulses. Finally, the time constant of recovery from fast inactivation was determined by the use of a two-pulse
Figure 1. Representative currents from cells expressing WT or R669H channels. Currents were elicited by a series of voltage steps from a holding potential of −120 mV to voltages ranging between −75 and +80 mV.

Figure 2. Fast-inactivation kinetics of R669H channels was indistinguishable from that of wild type. A, Time constants of fast inactivation at voltages between −30 and +40 mV for wild-type (open circles; n = 7) and R669H (closed circles; n = 10) channels were determined by fitting a single exponential to the macroscopic current decay during step depolarizations from a holding potential of −120 mV. At more hyperpolarized potentials (−40 to −60 mV), a two-pulse protocol was used to measure the time course of fast inactivation from closed states for wild-type (open squares; n = 6) and R669H (closed squares; n = 7) channels. The kinetics of recovery from fast inactivation for wild-type (open triangles; n = 6) and R669H (closed triangles; n = 6) channels was determined by the use of a standard two-pulse protocol with a 40 msec conditioning pulse at −10 mV and recovery potentials of −80, −100, or −120 mV. B, The limiting rate of macroscopic inactivation at strongly depolarized potentials was identical for WT (open circles) and R669H (closed circles) channels. Superimposed traces show outward Na currents recorded with a reversed Na gradient (see Materials and Methods) by depolarization to +50 mV from a holding potential of −120 mV. The mean time constant of current decay was identical for wild-type (0.26 ± 0.008 msec; n = 3) and R669H (0.26 ± 0.007 msec; n = 4) channels.

protocol with a variable recovery gap between the conditioning and test pulses. Recovery was measured at potentials ranging between −120 and −80 mV. Figure 2A displays the voltage dependence of the resulting time constants on a semilogarithmic scale. Time constants for both entry and recovery were comparable for R669H channels and wild-type ones. The small increase in τ observed for R669H was not statistically different from that of WT. The transition rate from open to the fast-inactivated state is estimated best from the asymptotic value of τ at strongly depolarized potentials. We examined this microscopic inactivation rate in greater detail by using a reversed Na gradient (high internal/low external) to shift $E_{rev}$ away from +50 mV and thereby increase the amplitude of the Na current. Superposition of individual trials showed no apparent differences between R669H and WT (Fig. 2B). On average, the single-exponential fit of the current decay elicited by a step depolarization from −120 to +50 mV yielded identical fast-inactivation time constants for wild-type (0.26 ± 0.008 msec; n = 3) and R669H (0.26 ± 0.007 msec; n = 4) channels.

The peak conductance–voltage relationship of R669H channels (Fig. 3) had an increased slope and a very small rightward shift, estimated to be a 3 mV depolarized shift in the midpoint of the fitted curve in comparison with that of wild type (Table 1). The voltage dependence of steady-state fast inactivation was measured as the relative peak current elicited after a 300 msec conditioning pulse. Data from each cell were fit with a Boltzmann function, and amplitude-normalized data from separate cells were pooled as shown by mean values and SEMs in Figure 3. No significant difference was noted for the midpoint or the voltage sensitivity estimated from $\chi^2$-minimized fits of a Boltzmann function for each cell. Mean parameter values and SEMs are listed in Table 1.

Figure 3. Voltage dependence of fast gating was not affected by the R669H mutation. The voltage dependence of fast inactivation of wild-type (open circles; n = 8) and R669H (closed circles; n = 11) channels was measured as the peak $I_{Na}$ elicited by a test depolarization to −10 mV, and a 300 msec conditioning pulse to potentials ranging from −140 to −35 mV. Fitted curves are derived from mean parameter values of $\chi^2$-minimized fits to a Boltzmann function plus a constant for each cell. The conductance–voltage curves for wild-type (open squares; n = 8) and R669H (closed squares; n = 16) channels were derived from the peak $I_{Na}$ elicited by a series of 10 msec test pulses to the potentials ranging from −75 to +80 mV. Reversal potential was fitted as an independent parameter for each cell. Curves for wild type and R669H are computed from means of parameter values estimated from $\chi^2$-minimized fits of a Boltzmann function for each cell.

Slow inactivation

Studies of HyperPP mutants suggest that, whereas defects in fast gating may precipitate episodes of paralysis, disruption of Na channel slow inactivation may contribute to the maintained depolarization responsible for prolonged attacks (Hayward et al., 1999). We therefore sought to characterize slow inactivation of the R669H mutant.

The rate of entry to the slow-inactivated state was measured by the use of a two-pulse protocol as described in the Figure 4A inset. Cells were held at −120 mV, and a conditioning pulse of varying duration was applied. A 20 msec return to $V_{hold}$ was interposed between the conditioning and test pulses, which allowed complete recovery from fast inactivation. The current elicited by a subsequent pulse to −10 mV was normalized by the response to a preconditioning reference pulse, plotted against the conditioning pulse duration, and fit with a single-exponential function. The rate of entry to slow inactivation was similar for wild-type and R669H channels at voltages between −80 and −10 mV (Fig. 4). The extent of slow inactivation, however, was greater for R669H as shown by the lower relative $I_{Na}$ after long conditioning pulses.

The voltage dependence of slow inactivation was determined by using a 40 sec conditioning pulse (Fig. 5, inset), which was sufficiently long to allow slow inactivation to approach steady state, as shown in Figure 4. A 20 msec gap at −120 mV was used to allow channels to recover from fast inactivation, and the fraction of channels not slow inactivated was measured as the relative peak current elicited by a subsequent test depolarization to −10 mV. Slow inactivation was enhanced by R669H. The steady-state voltage dependence for R669H was shifted by 10 mV in the hyperpolarized direction compared with wild-type channels (Table 2), and the maximal extent of slow inactivation at strongly depolarized potentials was greater (Fig. 5, smaller relative current). With prolonged depolarization, Na channel inactivation is a...
Entry to slow inactivation was measured as the peak $I_{\text{Na}}$ elicited by a depolarization to $-10$ mV from a holding potential of $-120$ mV. Conditioning and test pulses were separated by a 20 msec repolarization to $-120$ mV to allow for full recovery from fast inactivation (Fig. 6, inset). Full recovery between trials was verified by monitoring the current elicited by a reference pulse to $-10$ mV that preceded the conditioning pulse. The recovery interval between trials was generally three times the duration of the conditioning pulse, and peak current during the reference pulse did not vary by >5%. Recovery curves from 40 msec conditioning pulses for both wild-type and R669H channels were well fit with a single exponential (Fig. 6A), consistent with the data from Figure 4 suggesting that a negligible fraction of the channels enter a slow-inactivated state within that time. The time constant for recovery from fast inactivation at $-120$ mV was similar for WT ($3.2 \pm 0.49$ msec; $n = 6$) and R669H ($4.0 \pm 0.38$ msec; $n = 13$) channels. For conditioning pulses of 1 sec or longer (Fig. 6B,C), however, a double-exponential relaxation function was required to obtain a reasonable fit. After a 1 sec conditioning pulse (Fig. 6B), ~60% of WT and R669H channels recovered within 10 msec, and we interpret this as the fraction of channels that were fast inactivated. The second component recovered more slowly for R669H ($530 \pm 65$ msec; $n = 9$) than for WT.

### Table 1. Voltage dependence of fast-gating transitions

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<th>$V_{1/2}$ (mV)</th>
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<td>$7.2 \pm 0.3$</td>
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<tr>
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<td>$4.7 \pm 0.2$</td>
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*The differences in the mean values were not different from 0 ($p > 0.05$) for any of the estimated gating parameters.

of channel availability after a wide range of conditioning pulse durations. Two different pulse protocols were used: two pulse and sequential. The two-pulse protocol was used for conditioning pulses of durations between 40 msec and 60 sec (Fig. 6, inset). Full recovery between trials was verified by monitoring the current elicited by a reference pulse to $-10$ mV that preceded the conditioning pulse. The recovery interval between trials was generally three times the duration of the conditioning pulse, and peak current during the reference pulse did not vary by >5%. Recovery curves from 40 msec conditioning pulses for both wild-type and R669H channels were well fit with a single exponential (Fig. 6A), consistent with the data from Figure 4 suggesting that a negligible fraction of the channels enter a slow-inactivated state within that time. The time constant for recovery from fast inactivation at $-120$ mV was similar for WT ($3.2 \pm 0.49$ msec; $n = 6$) and R669H ($4.0 \pm 0.38$ msec; $n = 13$) channels. For conditioning pulses of 1 sec or longer (Fig. 6B,C), however, a double-exponential relaxation function was required to obtain a reasonable fit. After a 1 sec conditioning pulse (Fig. 6B), ~60% of WT and R669H channels recovered within 10 msec, and we interpret this as the fraction of channels that were fast inactivated. The second component recovered more slowly for R669H ($530 \pm 65$ msec; $n = 9$) than for WT.

### Table 2. Voltage dependence of slow inactivation

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<th>$k$ (mV)</th>
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<td>Activation</td>
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<tr>
<td>WT</td>
<td>$-64.5 \pm 1.7$</td>
<td>$11.9 \pm 0.7$</td>
<td>$0.13 \pm 0.02$</td>
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<td>R669H</td>
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<td>$11.9 \pm 0.6$</td>
<td>$0.08 \pm 0.01^*$</td>
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$^*p < 0.01$. 

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**Figure 4.** Entry to slow inactivation was enhanced for R669H channels. Entry to slow inactivation was measured as the peak $I_{\text{Na}}$ elicited by a test depolarization to $-10$ mV, after a conditioning pulse of varying duration. Current amplitudes were normalized to a reference peak, $S_o$, elicited by a depolarization to $-10$ mV from a holding potential of $-120$ mV. Conditioning and test pulses were separated by a 20 msec repolarization to $-120$ mV to allow for full recovery from fast inactivation (4A, inset, pulse protocol). Data for wild type (open circles; $n = 4$) and R669H (closed circles; $n = 9$) were fit to a single-exponential relaxation to a steady-state value, $S_o$. Curves were generated from means of parameter values. A, $V_{\text{cond}} = -10$ mV; WT, $\tau = 390 \pm 140$ msec, $S_o = 0.18 \pm 0.03$; R669H, $\tau = 510 \pm 74$ msec, $S_o = 0.09 \pm 0.01$. B, $V_{\text{cond}} = -40$ mV; WT, $\tau = 2400 \pm 60$ msec, $S_o = 0.29 \pm 0.03$; R669H, $\tau = 2400 \pm 120$ msec, $S_o = 0.18 \pm 0.01$. C, $V_{\text{cond}} = -80$ mV; WT, $\tau = 7100 \pm 2200$ msec, $S_o = 0.88 \pm 0.03$; R669H, $\tau = 4200 \pm 800$ msec, $S_o = 0.65 \pm 0.05$.

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**Figure 5.** Steady-state slow inactivation was enhanced for R669H channels. The voltage dependence of slow inactivation was measured as the peak $I_{\text{Na}}$ elicited by a test depolarization to $-10$ mV, after a 40 sec conditioning pulse to voltages ranging from $-130$ to $-10$ mV for wild type (open circles; $n = 7$) and R669H (closed circles; $n = 10$). Current amplitudes were normalized to a reference peak, $I_{\text{Na}}$, elicited by a depolarization to $-10$ mV from a holding potential of $-120$ mV. Conditioning and test pulses were separated by a 20 msec repolarization to $-120$ mV to allow recovery from fast inactivation (inset, pulse protocol). Smooth curves for wild-type data (dashed line) and R669H (solid line) are computed from means of parameter values estimated from $x^2$-minimized fits to a Boltzmann function plus a constant term for each cell. Parameter values are listed in Table 2.
Figure 6. Recovery from an intermediate inactivation state (I_{IS}) was prolonged for R669H channels. In A–C, a two-pulse protocol (inset) was used to measure recovery from inactivation for wild-type (open circles) and R669H (closed circles) channels. The relative amplitude of different kinetic components of recovery varied with the duration of the conditioning pulse to \(-10 \text{ mV}\) of 40 msec (A), 1 sec (B), or 60 sec (C). The time course of recovery was measured as the relative peak I_{IS} at \(-10 \text{ mV}\), as a function of the recovery interval at \(-120 \text{ mV}\). Channels were allowed to recover fully at \(-120 \text{ mV}\) between trials, as ascertained by the reference peak I_{IS} measured by a pulse to \(-10 \text{ mV}\) before application of the conditioning pulse. The amplitude of this I_{IS} was used to compute the relative degree of recovery for the subsequent test pulse to \(-10 \text{ mV}\). A. After a 40 msec conditioning pulse, recovery was well fit by a single exponential that was comparable for WT (3.2 ± 0.49 msec; \(n = 6\)) and R669H (4.0 ± 0.38 msec; \(n = 13\)) channels. B. Recovery after a 1 sec conditioning pulse had two exponential components. The fast component was similar for WT and R669H channels, whereas the slower one (I_{IS}) was clearly prolonged for R669H (530 ± 65 msec; \(n = 9\)) compared with WT (110 ± 12 msec; \(n = 11\)). C. After a 60 sec conditioning pulse, the time course of recovery had three components: fast (<10 msec; \(-15\%\) of total; not resolved by this protocol), intermediate (100–500 msec; \(-70\%\) of response), and slow (5–15 sec; \(-15\%\) of response). A double-exponential fit of the data was used to estimate the time constants of the intermediate and slow components. As in B, recovery of the intermediate component was markedly slower for R669H than for WT, and recovery of the slow component was moderately prolonged (16 ± 5.5 sec (\(n = 5\)) for R669H compared with 4.4 ± 0.86 sec (\(n = 6\)) for WT).

(110 ± 12 msec; \(n = 11\)) channels. This component of recovery (typically 100–300 msec at \(-120 \text{ mV}\)) is thought to reflect a population of channels that is in an intermediate-inactivated state, designated I_{IS}, and the data in Figure 6, B and C, show that recovery from I_{IS} was prolonged by R669H. The time course of recovery after a 60 sec conditioning pulse (Fig. 6C) was also well fit by a two-exponential relaxation, plus a small offset to account for the small fraction of channels (~10–15\%) that recovered before the first time point at 10 msec. The bulk of WT and R669H channels recovered from long conditioning pulses with the kinetics of I_{IS}, and like the data after a 1 sec conditioning pulse (Fig. 6B), recovery of this component was impeded for R669H (930 ± 140 msec) compared with WT (200 ± 18 msec). The second exponential component in Figure 6C recovered on the order of seconds and reflects the fraction of slow-inactivated channels (I_{S}). Recovery of the I_{S} component is also prolonged by R669H (16 ± 5.5 sec; \(n = 5\)) compared with WT (4.4 ± 0.86 sec; \(n = 6\)).

Because conditioning pulse durations >1 min and their associated slow recovery times are impractical for two-pulse protocols, a sequential protocol with a single conditioning pulse followed by a series of short test depolarizations was used to monitor the time course of recovery after such prolonged conditioning pulses (Fig. 7). The brief and relatively infrequent test depolarizations do not alter the recovery from I_{IS} and slower components, as judged by pilot studies showing indistinguishable recovery curves using conventional two-pulse or this sequential protocol (data not shown). The peak I_{IS} elicited from these test depolarizations was normalized to the reference “maximal” I_{IS} measured as the average response from four step depolarizations preceding the conditioning pulse. After a 240 sec conditioning pulse, ~60\% of the channels recovered with a time course typical of I_{IS}, 35\% recovered with the...
kinetics of $I_{Na}$, and ~5% of the channels were fast inactivated only (Fig. 7). As shown by the first data point in the recovery curve, the fraction of channels fast inactivated only was smaller for R669H (0.05 ± 0.01; n = 11) compared with WT (0.09 ± 0.01; n = 7). This difference is consistent with the reduced availability of R669H channels in the “steady-state” protocol of Figure 5. As in the two-pulse protocol of Figure 6, data from the sequential protocol show a dramatic slowing for the recovery of the $I_{Na}$ component of R669H (1600 ± 220 msec; n = 11) compared with that of WT (230 ± 21 msec; n = 7). The second exponential component of recovery, corresponding to $I_s$, was also slowed for R669H (37 ± 4.0 sec compared with 15 ± 0.7 sec for WT), but the relative change was not as great as that observed for the $I_{Na}$ component. During these two protocols, we set potential of 180 mV for the peak amplitude of $I_{Na}$, during recovery eventually to become slightly greater than the mean value measured for the reference pulses. This increase presumably represents further recovery of chronically inactivated channels, despite our waiting for at least 10 min at −120 mV before starting the sequential recovery protocol.

Composite data from all conditioning pulse durations revealed that wild-type channels relaxed from $I_{Na}$ to the resting/available state with a time constant of 190 ± 23 msec (n = 28) and from the slowly developing ($I_s$ state with a relaxation time constant of 11 ± 3.0 sec (n = 17). In comparison, R669H channels exhibited a relaxation time constant of 900 ± 97 msec (n = 33) or approximately fivefold longer than that of wild type for the $I_{Na}$ component ($p < 0.001$) and 23 ± 4.8 sec (n = 24) or approximately twofold longer than that of wild type ($p < 0.005$) for the $I_s$ component. There was no difference in the time constant for recovery of the fast component (3.5 ± 0.17 msec for WT and 4.2 ± 0.15 msec for R669H). These estimates were obtained by simultaneously fitting the recovery data after the 40 msec, 1 sec, 60 sec, and 240 sec conditioning pulses with a set of four tri-exponential curves that were constrained to have the same values for the time constants. The relative amplitude of each component varied with the conditioning pulse duration [for details, see Hayward et al. (1996)].

The excitability defect in HypoPP muscle occurs in association with hypokalemia (serum [K+] of <2.5 mm). We tested whether the gating abnormalities observed for R669H were sensitive to extracellular [K+]. Reducing the bath [K+] from 4 to 1 mM did not alter the gating of R669H or of WT channels. In R669H channels, recovery of the $I_{Na}$ and $I_s$ components were still slowed fivefold and twofold, respectively (data not shown).

**Use-dependent inactivation during a pulse train**

Enhanced slow inactivation of Na channels has been shown to augment the use-dependent reduction of peak $I_{Na}$ during prolonged trains of brief depolarizations (Wang and Wang, 1997), such as might occur in skeletal muscle during vigorous activity. We tested whether use-dependent inactivation of Na channels during a pulse train was enhanced in R669H channels. Depolarizing pulses to +10 mV for 3 msec were applied at 5 or 20 Hz, from a holding potential of −90 mV. Figure 8 shows that a 5 Hz train applied for 2 min produced a modest degree of use dependence for WT channels (relative peak current, 0.80 ± 0.03; n = 5), whereas a significantly greater fraction of the R669H channels became unavailable in response to the same train (relative peak current, 0.65 ± 0.03; n = 5). This difference was more pronounced with higher-frequency pulse trains. The use-dependent reduction of $I_{Na}$ during a 20 Hz pulse train was two times greater for R669H channels (relative residual current, 0.25 ± 0.03; n = 6) than for WT ones (relative residual current, 0.52 ± 0.04; n = 6).

**DISCUSSION**

We studied the gating properties of the skeletal muscle Na channel mutation R669H, a rare cause of hypokalemic periodic paralysis located at the outermost charged residue of the IIS4 voltage sensor. In contrast to Na+ channel mutations associated with paralytic attacks in hyperkalemic periodic paralysis or paramyotonia congenita that disrupt fast inactivation and, in some cases, also disrupt slow inactivation, we found that R669H has negligible effects on fast gating but profoundly enhances slow inactivation. Slow inactivation was augmented in R669H by an ~10 mV hyperpolarizing shift in voltage dependence, by more complete steady-state slow inactivation at depolarized potentials, and by a much slower rate of recovery. By using conditioning pulses of different lengths, we were able to demonstrate that the prolonged time course of R669H recovery was caused by a fivefold to sevenfold slower recovery of the intermediate component of inactivation and a more modest (twofold) prolongation of recovery from the slow-inactivated state. The rate of entry to the intermediate- and slow-inactivated states was not significantly altered.

**Role of IIS4 in Na+ channel gating**

The effects of the R669H channel mutation on gating reported here are consistent with results of other mutagenesis studies performed on distal residues in both skeletal muscle and other isoforms of the Na+ channel. A charge-neutralizing arginine-to-cysteine substitution at the same position in hSKM1 (R669C) caused only a modest depolarizing shift of the $G–V$ relationship of 5–7 mV (Mitrovic et al., 1998; Groome et al., 1999), similar to the small 3 mV rightward shift reported here. In the human cardiac Na channel isoform hH1, mutation of the outermost arginine in IIS4 to histidine caused a similar modest depolarizing shift in the conductance–voltage relationship and no change in the voltage dependence of inactivation (Chen et al., 1996). Studies of slow inactivation were not reported for the above mutations. Kontis and Goldin (1997) studied slow inactivation of the rat brain IIa Na channel in which the second outermost positive charge of IIS4 was neutralized by substitution with tryptophan. In agreement with our findings for R669H, the voltage dependence of slow inactivation was preserved in a charge-conserving arginine-to-lysine missense mutation at the same position, supporting the idea that the effects on slow inactivation seen in our work result from changes in the charge density within IIS4. Histidine has a pK of 6–9, depending on its immediate environment; thus substitution of histidine for arginine is expected to result in at least a partial neutralization of the positive charge normally present at this position. However, we did not observe any change in fast- or slow-gating kinetics or voltage dependence when the external pH was varied between 6.5 and 8.0 for R669H Na channels (data not shown).

Several lines of experimental evidence have suggested that the S4 segments do not contribute equally to voltage-dependent gating in Na+ channels. Mutations in IVS4 preferentially disrupt fast inactivation, without altering activation (Chahine et al., 1994; Chen et al., 1996). Using site-directed fluorescent labeling of each S4 segment, Cha et al. (1999) showed that changes in fluorescence signals from domains I and II voltage sensors follow activation and are not immobilized by fast inactivation, whereas signals from
domains III and IV S4 segments tracked fast inactivation and its associated charge immobilization. Kontis and Goldin (1997) examined the effects of charge-neutralizing mutations in the second and fourth positively charged residues in each of the four S4 domains of the RBlα Na⁺ channel. Mutations in the second position of domains I and II, but not III or IV, caused pronounced shifts in the voltage dependence of slow inactivation, whereas only small changes were observed for activation or fast inactivation. Together with our findings of enhanced slow inactivation by R669H in the first charged residue of II S4, these data suggest that the S4 segment in domain II has a specialized role in regulating the voltage dependence of slow inactivation, particularly the charged residues at the first and second positions.

Pathogenesis of hypokalemic periodic paralysis

How enhanced slow inactivation caused by the R669H mutation results in the HypoPP phenotype is not immediately evident. Individuals with R669H-associated HypoPP have prolonged (hours to days) episodes of paralysis in conjunction with a reduction in serum potassium concentration, identical to the clinical presentation of HypoPP associated with L-type Ca²⁺ channel mutations (Bulman et al., 1999). The final common pathway in the development of weakness, for both Ca²⁺ and Na⁺ channel-based HypoPP, is most likely a loss of excitability because of fiber depolarization and inactivation of Na⁺ channels. In vitro recordings of HypoPP muscle fibers from patients with L-type Ca⁺ channel mutations demonstrate that sustained, aberrant depolarization of the sarcolemma forms the basis for these attacks of paralysis (Rüdel et al., 1984). HypoPP fibers depolarize when the bath [K⁺] is lowered from 4.0 to 2.5 mm, whereas under the same conditions normal fibers hyperpolarize by several millivolts. The hypokalemic-induced depolarization in HypoPP fibers is not prevented by blockers of Na⁺ (TTX) or L-type Ca²⁺ (nifedipine) channels (Rüdel et al., 1984; Ruff, 1999). Microelectrode recordings of fibers from the hSKM1-R669H family have never been made, and consequently the resting potential of the affected fibers during attacks is unknown. It remains a possibility that changes in muscle membrane excitability in this family differ fundamentally from the more common L-type Ca²⁺ channel-associated HypoPP. Nevertheless, the clinical phenotype of hSKM1-R669H is sufficiently similar to the Ca²⁺ channel-linked disorder that it is unlikely that significant differences in basic pathophysiology exist.

Our results are surprising in view of recent proposals about the role of slow inactivation in diseases of muscle membrane excitability. A disruption of slow inactivation is thought to promote attacks of depolarization-induced weakness in HyperPP and PMC by impeding the ability of slow inactivation to attenuate aberrant persistent Na⁺ currents arising from impaired fast inactivation or left-shifted activation (Hayward et al., 1999). In contrast, our results suggest that enhanced slow inactivation may contribute to, or at least does not preclude, the phenotype of prolonged weakness. Similarly, Bendahhou et al. (1999) reported recently a HyperPP-associated mutation, I1495F, in which prolonged weakness was a prominent component of the phenotype and enhanced slow inactivation was exhibited. The enhanced slow inactivation found in R669H and I1495H could result in a loss of muscle excitability. The availability of Na⁺ channels at the resting potential would be decreased, and the decrease would be exacerbated by even a small depolarization of Vrest. Although this is a plausible mechanism for a loss of excitability, it does not explain how hypokalemia triggers attacks or why Vrest is (presumably) depolarized during the attacks. We used trains of short depolarizations comparable with the duration of single action potentials and demonstrated that R669H channels might become “trapped” in a slow-inactivated state in a use-dependent manner over several minutes. This, too, may contribute to the exercise-induced loss of excitability and weakness.

Previous attempts to link functional defects mechanistically in HypoPP-associated mutant L-type Ca²⁺ channels to the electrophysiological changes in muscle during an attack have met with little success. A variety of alterations in the behavior of mutant L-type Ca²⁺ channels have been described. A common theme among this diversity is that external Ca²⁺ entry is predicted to be reduced in HypoPP muscle. Ca²⁺ current density is reduced in cultured human myotubes heterozygous for the R1239H (Sipos et al., 1995) or the R528H (Morrill et al., 1998) mutation. Heterologous expression studies of R528H in mouse L cells (Lapie et al., 1996) or of R528H, R1239H, or R1239G channels in Xenopus oocytes (Morrill and Cannon, 1999) have also found a reduced current density for mutants compared with WT. Moreover, in oocytes we observed slowed activation for all three L-type channel mutants and accelerated deactivation for the R1239 mutant (Morrill and Cannon, 1999). The reduced current density and altered kinetics would act synergistically to reduce Ca²⁺ entry into HypoPP muscle fibers. The link between altered Ca²⁺ entry and the episodic membrane depolarization and hypokalemia because of the trapping of K⁺ in muscle remains to be discerned.

Several investigators have promoted the idea that secondary changes in ATP-regulated K⁺ channel activity might be important in HypoPP attacks. Tricarico et al. (1999) found abnormal subconductance states and a reduced open probability of K-ATP channels in HypoPP fibers with the R528H L-type Ca²⁺ channel mutation. In another study of HypoPP fibers with the R528H mutation, Ruff (1999) showed that insulin potentiates the aberrant depolarization by reducing an inwardly rectifying K conductance. A decrement in the resting K⁺ conductance is consistent with both hypokalemia because of the trapping of K⁺ in the myoplasm and a depolarized shift in Vrest.

Additional note

Since the submission of this manuscript, Jurkat-Rott et al. (2000) have identified two additional missense mutations in an adjacent arginine (R672H and R672G) from five families with HypoPP phenotypes. Heterologous expression studies showed a reduced Na⁺ current density and enhanced inactivation for both mutants. Thus our findings and those of Jurkat-Rott both imply that a reduced Na⁺ current density contributes to the pathogenesis of HypoPP.

REFERENCES


