Fine-Tuning an Auditory Synapse for Speed and Fidelity: Developmental Changes in Presynaptic Waveform, EPSC Kinetics, and Synaptic Plasticity

Holger Taschenberger and Henrique von Gersdorff
The Vollum Institute, Oregon Health Sciences University, Portland, Oregon 97201

Fast, precise, and sustained synaptic transmission at high frequency is thought to be crucial for the task of sound localization in the auditory brainstem. However, recordings from the calyx of Held synapse have revealed severe frequency-dependent synaptic depression, which tends to degrade the exact timing of postsynaptic spikes. Here we investigate the functional changes occurring throughout the critical period of synapse refinement from immature to adult calyx terminal (postnatal day 5 (P5)) to after the onset of hearing (P12–P14). Surprisingly, for recordings near physiological temperature (35°C), we find that P14 synapses are already able to follow extremely high input rates of up to 800 Hz. This ability stems in part from a remarkable shortening of presynaptic action potentials, which may lead to a lowering of release probability and decrease in synaptic delays during development. In addition, AMPA receptor-mediated EPSCs as well as quantal synaptic currents acquired progressively faster kinetics, although their mean amplitudes did not change significantly. NMDA receptor-mediated EPSCs, however, diminished with age, as indicated by a 50% reduction in mean amplitude and faster decay kinetics. Finally, the degree of synaptic depression was greatly attenuated with age, presumably because of a 2.5-fold or larger increase in the releasable pool of vesicles, which together with a decreasing release probability produces a fairly constant EPSC amplitude. This finely tuned orchestra of developmental changes thus simultaneously promotes speed while preventing premature vesicle pool depletion during prolonged bouts of firing. A few critical days in postnatal development can thus have a large impact on synaptic function.

Key words: development; MNTB; calyx of Held; AMPA and NMDA EPSCs; quantal and mEPSCs; short-term synaptic depression; patch-clamp; neuronal reliability

Auditory brainstem circuits can express unusually thick axons and giant, axo-somatic presynaptic terminals with multiple active zones. The calyx of Held synapse in the medial nucleus of the trapezoid body (MNTB) is a pivotal relay station that is involved in sound localization (Guinan and Li, 1990; Oertel, 1999). The binaural cue used is the difference in sound intensity received by the two cochleas. Contralateral inhibitory input via the MNTB and excitatory input from the ipsilateral cochlear nucleus are received by neurons in the lateral superior olivary, where the two signals are first integrated (Sanes, 1990; Park et al., 1997). It is thought that microsecond differences in the arrival of action potentials (APs) are then used to pinpoint the locus of high-frequency sounds. Accordingly, in vivo (Rhode and Smith, 1986; Spiroiu et al., 1990) and brain slice recordings (Oertel, 1983; Banks and Smith, 1992) have established that the adult calyx of Held receives and follows high-input frequencies (e.g., 667 Hz at 34°C; Wu and Kelly, 1993). Young rats [postnatal day 8 (P8)–P11], however, can only follow discharge rates up to 200 Hz (Borst et al., 1995; Brew and Forsythe, 1995). Several studies at end-bulb (Wu and Oertel, 1987; Zhang and Trussell, 1994a; Bellingham and Walmsley, 1999) and calyceal synapses (Forsythe et al., 1998; Wang and Kaczmarek, 1998) have also shown severe synaptic depression during stimulus trains. The reduced EPSP size will then degrade postsynaptic AP timing as indicated by a 50% reduction in mean amplitude and faster decay kinetics. Furthermore, severe depression characteristic of P5–P7. Finally, increasing temperature to 35°C allowed some P14 synapses to reliably follow stimuli up to 800 Hz. The ability to faithfully follow such high frequencies is thus because of parallel changes in both presynaptic and postsynaptic properties, which together facilitate the precise firing of this pivotal brainstem synapse.

Here we present recordings from a single synapse as it matures during this critical developmental period. We find that presynaptic APs in P12–P14 calyces are 66% briefer compared with P5–P7. Synaptic delays, as well as EPSC rise times and half-widths, diminished with increasing age, whereas EPSC amplitudes did not change significantly. Furthermore, P12–P14 synapses lacked the severe depression characteristic of P5–P7. Finally, increasing temperature to 35°C allowed some P14 synapses to reliably follow stimuli up to 800 Hz. The ability to faithfully follow such high frequencies is thus because of parallel changes in both presynaptic and postsynaptic properties, which together facilitate the precise firing of this pivotal brainstem synapse.

MATERIALS AND METHODS

Slice preparation. Brainstem slices were obtained from P5 to P14 Sprague-Dawley rats. After decapitation, the brainstem was immersed in ice-cold low-calcium artificial CSF (aCSF) containing (in mM): NaCl (125), KCl (2.5), MgCl₂ (3.0), CaCl₂ (0.1), glucose (25), NaHCO₃ (25), NaH₂PO₄ (1.25), ascorbic acid (0.4), myo-inositol (3), and Na-pyruvate (2), pH 7.3, when bubbled with carbogen (95% O₂ and CO₂ 5%). The brainstem was glued onto the stage of a vibratome slicer, and 180- to 200-μm-thick transverse slices were cut proceeding from a caudal to rostral direction. Slices were rapidly transferred to an incubation chamber containing normal aCSF bubbled with carbogen and maintained at 36°C for 30 min, and thereafter at room temperature. The normal aCSF was the same as the low-calcium aCSF except that 1.0 mM MgCl₂ and 2.0 mM CaCl₂ were used.
Electrophysiology. Whole-cell patch-clamp recordings were performed in normal aCSF at room temperature (RT; 21–23°C) or at 35°C (Warner Instruments Heater system). The standard patch pipette solution consisted of (in mM): NaCl (140), KCl (5), MgCl₂ (2-5), MgATP (4), EGTA (5), and ATP-Mg (4), pH 7.3, with KOH. To record NMDAR-mediated currents CsCl was substituted for K-glutamate and KCl, and 10 mM TEA was added. During experiments slices were continuously perfused with a solution of the same composition maintained at 33°C, through a 40× water-immersion objective (Axioskop, Zeiss, Germany) coupled to a ×2 pre-magnification (Optovart; Zeiss, Oberkochen, Germany) and a CCD camera (C97; Hamamatsu, Tokyo, Japan). A bipolar stimulation electrode was placed on the brainstem midline. Visualized recordings from slices older than P11 were greatly hampered by the extensive myelination of the brainstem. Cells were thus patched in a “semiblind” approach, after preselection of connected cells with extracellular APs and Li (1999; Borst et al., 1995). Only cells that showed extracellular presynaptic and postsynaptic APs were chosen for whole-cell patch-clamp recordings.

Patch pipettes were pulled from soft thin-walled glass (World Precision Instruments, Sarasota, FL) using a Narishige (Tokyo, Japan) puller (PP-830). Patch pipettes had an open tip resistance of 1.5–2.5 MΩ. Access resistance (R_a) ranged from 2.2 to 4.8 MΩ (mean, 3.6 ± 0.2 MΩ) with CsCl-filled electrodes and slightly higher with K-glutamate-based internal solution. This low uncompensated R_a was essential for voltage-clamp recordings of the large EPSC amplitudes. R_c compensation was set to 75–90% (10 μsec delay) depending on the initial uncompensated R_c value, producing an effective R_c < 0.5 MΩ. Under these conditions, EPSC amplitudes were reduced by a factor of 10. In voltage-clamp recordings, the time constant was estimated to be <18 μsec (C_<sub>axon</sub> capacitance < 36 pF; effective R_c < 0.5 MΩ). The accuracy of voltage clamp was tested in a few cells with large EPSC amplitudes by comparing the waveform of control EPSCs with greatly reduced-amplitude current responses obtained during application of 10–20 μM 6-7-dinitroquinoxaline-2,3-dione (DNQX) [in the presence of 50 mM D,L-2-amino-5-phosphonoveric acid (D,L-APV)]. After normalizing, the kinetics of both inwardly and outwardly directed cationic leak currents were <300 pA at −70 mV in the dataset accepted for analysis. Principal cells were voltage-clamped at a holding potential of −70 mV if not stated otherwise. No corrections were made for liquid junction potential.

Presynaptic and postsynaptic APs were recorded in the fast current-clamp mode of the EPC-9 after adjusting the fast-capacitance cancellation while in cell-attached mode. After break-in, the R_c value was checked in the whole-cell mode, and a 70-μsec delay was used. Current-clamp recordings were obtained only if the initial uncompensated R_c was <6 MΩ. With a residual uncompensated capacitance of ∼2 pF in the EPC-9 fast current-clamp mode (F. Sigworth, personal communication; Sigworth et al., 1995), the time constant of the current-clamp recordings was estimated to be <12 μsec.

Stimulation pulses were applied through a Master-8 stimulator (AMPI, Jerusalem, Israel) and had a duration of 100 μsec and amplitudes of 2–15 V. Stimulation pulses were controlled using “Pulse” software (Heka, Lambrecht, Germany). Signals were always recorded via a double EPC-9 patch-clamp amplifier. Sampling intervals and filter settings were 10–25 μsec and 5 kHz, and 50 μsec and 3.3 kHz for AMPA- and NMDA-receptor mediated EPSCs, respectively. D,L-APV and DNXQ were from Tocris (Bristol, UK). All other chemicals and reagents were from Sigma. Offline analysis was done with “ IgorPro” software (Wavemetrics, Lake Oswego, OR). Average data are reported as mean ± SE values.

RESULTS

Presynaptic and Postsynaptic APs: changes in waveform and timing precision

The calyx of Held synapse consists of a single, large terminal that contacts the soma of one principal cell of the MNTB. During postnatal development, the presynaptic terminal undergoes extensive morphological changes (Kandler and Frauf, 1993) reaching an adult-like morphology at P14. We first investigated whether this morphological reorganization was accompanied by functional changes in the presynaptic AP waveform. For this purpose we recorded presynaptic APs evoked by afferent fiber stimulation at various stimulation frequencies (10–800 Hz). These are physiologically relevant frequencies because spontaneous rates recorded in single afferent fibers of the trapezoid body range from 10 to 80 Hz (Spiroiu et al., 1990). Moreover, rates driven by sound stimulation can range from 100 to 700 Hz in adult cats (Rhode and Smith, 1986; Spiroiu et al., 1990; Smith et al., 1998). Whole-cell recordings were confirmed to be presynaptic by the following three criteria: first, afferent stimulation evoked short-latency all-or-none APs or “action currents”, under current-clamp or voltage-clamp conditions, respectively (Forsythe, 1994). These were followed by characteristically small, postsynaptic potentials (elicited by APs in the capacitively coupled postsynaptic cells), which increased in latency after high-frequency stimulation. Second, the recording exhibited a complete absence of spontaneous miniature EPSCs. Finally, presynaptic terminals had higher input resistance and more negative resting membrane potential (approximately −80 mV). Examples of presynaptic AP waveforms for P7, P10, and P14 slices are illustrated in Figure 1A. Mean AP amplitudes were similar throughout development (P5–P7, 117 ± 2 mV, n = 7; P8–P11, 120 ± 2 mV, n = 8; P12–P14, 126 ± 2 mV, n = 4; V, −80 mV). However, the AP half-width was reduced by approximately two-thirds for P12–P14 calyces (P5–P7, 564 ± 40 μsec; P8–P11, 334 ± 26 μsec; P12–P14, 19 ± 8 μsec), and the maximum rate of rise had almost doubled at P12–P14 (P5–P7, 638 ± 53 mV/μsec; P8–P11, 820 ± 20 mV/μsec), P12–P14 (P12–P14, 1108 ± 10 mV/sec). In conclusion, cerebellar granule cell presynaptic APs have a half-width of 1.5 msec at RT (Sabatini and Regehr, 1997). Extremely narrow APs (half-width of 0.25 msec at 37°C) are also observed in the rat nodes of Ranvier, which contain a very high density of Na⁺ channels (Schwarz and Eikhoft, 1987).

Presynaptic P12–P14 APs also had a more pronounced afterhyperpolarization followed by a small afterdepolarization. The slow afterdepolariation was previously suggested to originate from the charging of the electrical capacitance of the large-diameter axon (Borst et al., 1995). It is conceivable that the myelination starting at P8 in rat MNTB (K. Kandler and E. Frauf, personal communication), may reduce the capacitance of the axon. However, as shown in Figure 1A, we did not observe a significant change in the presynaptic AP afterdepolarization with age.

Presynaptic whole-cell current-clamp recordings illustrated in Figure 1A were obtained with 5 mM EGTA in the patch pipette. To clarify whether this concentration of mobile Ca²⁺ buffer could couple Ca²⁺-activated K⁺ conductances and thereby slow the time course of the presynaptic AP, we conducted additional experiments with a lower EGTA concentration in the internal solution (0.2 mM; Borst and Sakmann, 1996). As shown in Figure 2B, this 25-fold lower Ca²⁺ buffer concentration did not affect the presynaptic AP waveform. Using 0.2 instead of 5 mM EGTA in the pipette solution, we obtained similar average values for AP amplitude (P5–P7, 115 ± 2 mV, n = 5; P8–P11, 124 ± 3 mV, n = 4), half-width (P5–P7, 504 ± 27 μsec; P8–P11, 323 ± 25 μsec), and rate of rise (P5–P7, 688 ± 17 mV/sec; P8–P11, 894 ± 32 μV/sec) (p > 0.05, two-tailed Student’s t test).

An example of P7 APs elicited by afferent fiber stimulation at 10 Hz is illustrated in Figure 1C. At all ages, the fluctuation in the exact timing of the AP peak (“jitter”) was <50 μsec at this stimulation frequency. At RT, AP generation in presynaptic calyces could follow stimulation frequencies up to 200–300 Hz, but failed at 400 Hz or higher in P5–P7 slices. In contrast, frequencies up to 500 Hz (RT) or up to 800 Hz (35°C) were faithfully followed in P12–P14 calyces (data not illustrated).

Examples of individual postsynaptic APs for P6 and P13 are shown in Figure 1D. Compared with calycal APs, postsynaptic APs were generally smaller in amplitude and had a slower time course. In addition, similarly to the presynaptic terminal we also observed a shortening of the AP waveforms in the postsynaptic neuron during development, whereas AP amplitudes did not significantly change [Fig. 1D; average values at P5–P7 (n = 11) versus P12–P14 (n = 10) for AP amplitudes, 100 ± 2 mV versus 104 ± 2 mV; half-width, 980 ± 72 μsec versus 457 ± 15 μsec, maximum rate of rise, 377 ± 23 mV/sec versus 582 ± 31 mV/sec; V, approximately −70 mV]. However, the timing pattern of postsynaptic APs during repetitive stimulation was profoundly different for both ages. For example, the P6 synapse of Figure 1E had a latency between the presynaptic prepotential (defined below) and the peak of postsynaptic APs that ranged from 1 to >4 msec (mean latency of 2.90 msec). This occurred despite the fact that presynaptic APs at P5–P7 had a jitter in peak timing of <50 μsec (Fig. 1C). By contrast, the P13 synapse illustrated in Figure 1F had a mean latency of 0.58 msec (range, 0.42–0.66 msec). In Figure 1G, latency histograms obtained from pooled data of 6 (P5–P7) and 4 (P12–
P14) principal cells are shown. For each neuron, the timing of the presynaptic AP was estimated from the prepotential in the respective voltage-clamp recording. The distributions are strikingly different and do not overlap. For comparison, the latency distribution for the calyceal APs shown in Figure 1 is given (normalized to time 0). It is evident that the fidelity by which timing information is being transmitted has greatly increased from P5 to P7 and from P12 to P14. This agrees well with previous recordings that tested 0.2 Hz stimulation frequencies in P4 and P9–P10 rats (Chuhma and Ohmori, 1998).

We next tested at various stages of development whether afferent fiber stimulation at high frequencies (>100 Hz) could reliably evoke postsynaptic APs. Figure 2, A and B, illustrates current-clamp recordings after afferent fiber stimulation with 100 Hz trains for P5 and P14 postsynaptic neurons. Both experiments were performed at RT. At P5 typically only the first two or three EPSPs were suprathreshold. A pronounced AP adaptation and large plateau depolarization was observed. In contrast, the same 100 Hz stimulation triggered well timed and large postsynaptic APs during the whole train without a decline in AP amplitude in the P14

Figure 1. Developmental changes in waveform and timing of presynaptic and postsynaptic APs at the calyx of Held synapse. A, Current-clamp whole-cell recordings of presynaptic APs in brainstem slices at P7, P10, and P14. APs were evoked by afferent fiber stimulation. Note the faster kinetics and shorter duration of the APs and the presence of a fast afterhyperpolarization in older calyces. B, Presynaptic AP waveform for two different P6 calyces. One calyx was dialyzed with 0.2 mM EGTA, whereas the other was dialyzed with 5 mM EGTA. C, Consecutive responses to a train of afferent stimuli (10 Hz) recorded in a presynaptic terminal at P7 (same neuron as in A, first 10 responses). D, Comparison of AP waveforms in postsynaptic MNTB neurons in P6 and P13 slices. E, F, Consecutive responses to afferent stimulation at 10 Hz (same neurons as in D, first 10 responses). G, Latency distribution of APs elicited at 10 Hz. Pooled data from P5-P7 (n = 6) and P12–P14 (n = 4) slices. Latency was calculated as the time from negative peak of the prepotential to the peak of the postsynaptic APs. During development, the latency between presynaptic and postsynaptic APs decreased and the jitter in AP timing was reduced. Mean latency was 2.09 ± 0.24 and 0.64 ± 0.03 msec for P5–P7 and P12–P14 slices, respectively. Latency distribution of the presynaptic APs is shown for comparison (same neuron as in C). K-glucuronate-filled electrodes were used and experiments were done at room temperature. The resting membrane potential (Vr) was −80 and −70 mV for presynaptic and postsynaptic neurons, respectively. Stimulus artifacts were blanked for clarity.
neuron. Furthermore, the large plateau depolarization, presumably because of a summation of slow NMDAR-mediated EPSPs (see below), was significantly reduced at P14 (Forsythe and Barnes-Davies, 1993; Zhang and Trussell, 1994a). In fact, at RT this same P14 neuron could reliably generate APs for stimulation frequencies of up to 400 Hz throughout the stimulus train. When the bath temperature was increased to more physiological values (35°C), the frequency range for reliable synaptic transmission was greatly expanded. At 35°C principal cells followed input frequencies of up to 600 Hz for long tetanic stimulation (50 stimuli, Fig. 2C; n = 5 cells) and up to 700–800 Hz for shorter trains (15 stimuli, Fig. 2D; n = 3 cells).

Decrease in NMDAR-mediated EPSC amplitudes

We next characterized the underlying synaptic currents responsible for triggering the postsynaptic APs of Figures 1 and 2. Afferent stimulation evokes dual-component EPSCs in principal cells of the MNTB (Forsythe and Barnes-Davies, 1993). In many glutamatergic synapses the ratio of slow NMDAR-mediated (\(I_{\text{NMDA}}\)) to fast AMPA (\(I_{\text{AMPA}}\)) EPSC component decreases with development (Hestrin, 1992; Shi et al., 1997; Bellingham et al., 1998). We therefore investigated whether the size of synaptic NMDAR current changed from P5 to P14 at the calyx of Held synapse. Both EPSC components were isolated by measuring their peak amplitudes at \(-75 \text{ mV}\) and at \(+50 \text{ mV}\) for \(I_{\text{AMPA}}\) and \(I_{\text{NMDA}}\), respectively. Figure 3, A and B, illustrates families of EPSCs recorded from P6 (Fig. 3A) and P14 (Fig. 3B) at various holding potentials. Although EPSC peak amplitudes at \(V_n = -75 \text{ mV}\) were comparable for both ages, amplitudes of \(I_{\text{NMDA}}\) were largely reduced at P14. In addition, the NMDAR-mediated EPSC decayed faster for P14 compared with P6 as is evident from Figure 3C, showing both current responses normalized and superimposed. This faster decay of NMDA EPSCs is indicative of a developmental change from NMDA receptor channels containing NR2B subunits to those containing NR2A subunits with age (Flint et al., 1997). As summarized in Figure 3D, mean amplitudes of AMPA EPSC did not change significantly with development (Table 1), whereas NMDA EPSCs were on average reduced by \(-50\%\) (15.4 ± 2.9 vs 7.8 ± 1.1 nA) from P5–P7 (n = 5) to P12–P14 (n = 8). Thus, the ratio \(I_{\text{NMDA}}/I_{\text{AMPA}}\) decreased considerably in older slices (Table 1).

In current-clamp recordings, high-frequency (>100 Hz) afferent stimulation produced a long-lasting depolarization in postsynaptic MNTB neurons that was especially pronounced in P5–P7 slices (Fig. 2A). Presumably this was caused by summation of slow NMDA receptor-mediated EPSPs during the trains. Given the large amplitude of \(I_{\text{NMDA}}\) in P5–P7 animals, it is conceivable that this prolonged depolarization could progressively inactivate Na channels and thereby prevent repetitive AP generation. We therefore asked whether blocking NMDA receptor activation affects the number of APs generated during a stimulus train. Figure 3E illustrates a P6 synapse stimulated at 100 Hz in the absence and presence of 50 μM D,L-APV, a specific blocker of \(I_{\text{NMDA}}\) (Fig. 3E, inset). Although APV greatly reduced the plateau depolarization, blocking \(I_{\text{NMDA}}\) did not affect the number of APs generated during afferent fiber stimulation. However, the same neuron was able to generate trains of APs after injection of depolarizing current pulses (100 Hz, 1 msec pulses of InA; data not shown). Nevertheless, it is conceivable that Na channel inactivation caused by the slow plateau depolarization may contribute to the reduction in AP amplitude as seen in Figures 2A and 3E. By contrast, in P14 animals, APV caused only a small reduction in the plateau depolarization (Fig. 3F). This suggests that although there is still a significant amount of \(I_{\text{NMDA}}\) at P14, it plays a gradually diminishing role during the first 2 weeks of postnatal development.

Shortening of synaptic delays and faster kinetics of AMPAR-mediated EPSC

The timing of the postsynaptic APs is primarily determined by the synaptic delay as well as the amplitude and kinetics of the fast AMPAR-mediated EPSC. We therefore measured synaptic delays and quantified changes in kinetics of \(I_{\text{AMPA}}\) as a function of age. The synaptic delay was determined from the negative peak of the prepotential to the beginning of the EPSP (20% rise time point). The prepotential is a biphasic reflection of the calyx AP, and can usually be clearly detected in postsynaptic voltage-clamp recordings. Its negative peak coincides with the maximum rate of rise of
the presynaptic AP (Borst et al., 1995). Figure 4, A and B, exemplifies EPSCs for P7 and P14 and illustrates the shortening of synaptic delays from P7 to P14 cells. Both traces were aligned at the lower peak of the prepotential that is marked with a dashed line. On average, the synaptic delay was reduced by 291 μsec from P5–P7 to P12–P14 (Table 1). To facilitate comparison, EPSCs evoked at $V_h = +50$ mV are shown superimposed. Current responses were normalized and aligned at their peak amplitudes of $I_{\text{NMDA}}$. D, Summary data of five and eight different cells for P5–P7 and P12–P14, respectively. Mean amplitudes of peak $I_{\text{AMPA}}$ were $-13.76 \pm 1.36$ and $-12.96 \pm 1.25$ nA ($V_h = -75$ mV), and mean amplitudes of peak $I_{\text{NMDA}}$ were $15.4 \pm 2.92$ and $7.8 \pm 1.06$ nA ($V_h = +50$ mV) for P5–P7 and P12–P14, respectively. E, F, Current-clamp recordings of postsynaptic APs evoked by afferent fiber stimuli (100 Hz) under control conditions and during application of 50 μM D,L-APV ($V_h = -70$ mV). E, At P6 ($n = 6$ cells), APV strongly reduced the large plateau depolarization but had no effect on the number of APs generated during the stimulus train. Inset, Voltage-clamp recordings ($V_h = -30$ mV) from the same cell; AMPA EPSCs truncated for clarity. F, At P14, 50 μM D,L-APV had little effect on postsynaptic responses. CsCl and K-gluconate-based internal solutions were used in the experiments illustrated in A–D and E and F, respectively.

**Changes in kinetics and latencies of evoked quantal EPSCs**

In addition to channel kinetics, the waveform of evoked EPSCs at different synapses is shaped by asynchronous release of individual quanta (Katz and Miledi, 1965; Diamond and Jahr, 1995; Isaason and Walmsley, 1995). At the calyx of Held synapse a single EPSC is composed of ~200 quantal events (Borst and Sakmann, 1996). A variable degree of asynchrony in the presynaptic release process could thus have a profound impact on the EPSCs kinetics. Indeed, a large amount of jitter in the timing of EPSCs has been reported for very young (P4) rats (Chuhma and Ohmori, 1998).

To estimate the contribution of asynchronous release to differences in EPSC kinetics, we recorded miniature EPSCs (mEPSCs)
and also evoked quantal EPSCs under conditions of strongly reduced probability of release (50 μM Cd²⁺ added to the external solution; Isaacson and Walmsley, 1995). Under these conditions maximum EPSC amplitudes evoked by afferent fiber stimulation were <200 pA, and many stimuli failed to evoke a response (average failure rate 30%). However, the prepotentials that were unaffected by 50 μM Cd²⁺, indicating that failures of glutamate release were not caused by failures of presynaptic AP propagation or excitability. Moreover, 100 μM Cd²⁺ does not affect the presynaptic AP waveform (Borst et al., 1995). We preferred to analyze evoked quantal EPSCs as opposed to spontaneous mEPSCs, because principal cells of the MNTB receive numerous non-calyceal excitatory inputs (Banks and Smith, 1992; Forsythe and Barnes-Davies, 1993; Smith et al., 1998). Excitatory inputs that could be identified as non-calyceal by their much longer latencies and slower kinetics were noticed in several recordings, especially from more mature slices (data not shown). By recording evoked calyceal quantal EPSCs we thus excluded these events generated from bouton-type terminals from our analysis.

Examples of mEPSCs and evoked quantal EPSCs for P5 and P14 are shown in Figure 5A–D. Notice the large variability in amplitude at both ages but the much faster current kinetics at P14. Because we were interested in determining the exact kinetics and latency of quantal responses, events with amplitudes >20 pA were selected, and rarely occurring EPSCs >150 pA were discarded. This amplitude range corresponded to that observed for spontaneous mEPSCs (Fig. 5A,C). Moreover, these evoked quantal events had clearly defined monotonic rise times, with relatively little contamination from baseline noise. Similarly to control EPSCs (Fig. 4A), evoked quantal EPSCs had shorter synaptic delays for P14 compared with P5 (Fig. 5B,C). However, at both ages, individual quantal events occurred stochastically within a comparably narrow time window. Furthermore, evoked quantal EPSCs had much faster rise and decay at P14 compared with P7. Figure 5E shows the average quantal EPSC obtained from unaligned (solid line) and aligned (at their 50% rise point, dotted line) evoked events. For the P5 cell shown in Figure 5E, mean peak amplitude, 20–80% rise time, and the half-width were ~62 pA, 221 μsec, 1406 μsec, and ~59 μsec, 310 μsec, and 1477 μsec for aligned and unaligned events, respectively. The corresponding values for the P14 cell amounted to ~72 pA, 127 μsec, 441 μsec, and ~62 pA, 176 μsec, and 541 μsec for aligned and unaligned events, respectively. For both ages, average EPSC waveforms obtained from aligned quantal events thus rose and decayed more quickly than those computed from unaligned quantal events, as expected from previous findings for P8–P10 rats (Borst and Sakmann, 1996).

To compare the variability of synaptic delays at both ages, synaptic latencies were obtained for a total of four cells (>100 quantal events/cell) in each age group. Latency histograms of the pooled data are shown in Figure 5F (Barrett and Stevens, 1972). The two histograms were temporarily shifted by the difference in average synaptic delay, and when they were superimposed, the P5–P7 histogram was slightly wider than the P12–P14 histogram. The mean variance of the synaptic delays was smaller for P12–P14 compared with P5–P7 histogram was slightly wider than the P12–P14 histogram. 

The mean variance of the synaptic delays was smaller for P12–P14 (0.19 ± 0.006 msec²; n = 4) compared with P5–P7 (0.37 ± 0.005 msec²; n = 4) (p = 0.005; Student’s t test). This suggests that a smaller degree of asynchrony in glutamate release may additionally contribute to the faster EPSC kinetics in older animals.

Reduced synaptic depression and larger vesicle pool size

We next studied the developmental changes in frequency-dependent depression of EPSCs. Recordings with similar initial peak amplitude from P6 and P14 slices are shown in Figure 6. For P6 robust synaptic depression was induced already at 10 Hz stimulation, and steady-state depression was >95% for 100 Hz (Fig. 6A,B). In contrast, the degree of depression was greatly reduced at P14 at the same stimulation frequencies (Fig. 6C,D). At this age, the synapses were generally capable of transmitting at high stimulus frequencies of 300 Hz in RT (Fig. 6E) and sometimes up to 500 Hz (Fig. 6F). The P14 EPSC of Figure 6C, for example, had an initial peak amplitude of 13.3 nA. After 15 stimuli in a 100 Hz train, the last EPSC still had a large amplitude of 5.4 nA. By contrast, the P6 cell at 100 Hz (Fig. 6B) started with a comparable amplitude of 14 nA, but was reduced to 0.21 nA by the fourth EPSC in the train. The degree of steady-state depression elicited by high-frequency stimulation was thus greatly reduced with age. Nevertheless, for sufficiently high frequencies (e.g., 500 Hz, Fig. 6F), a severe synaptic depression could still be induced even in P14 synapses.

Average data for 115 different cells tested at 10 Hz between postnatal days 5 and 14 are illustrated in Figure 7A. Although the degree of synaptic depression was variable at any given stage of

### Table 1. Developmental changes in synaptic delay, EPSC kinetics, and short-term plasticity at the calyx of Held synapse

<table>
<thead>
<tr>
<th>Parameter</th>
<th>P5–P7</th>
<th>P12–P14</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPSC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Synaptic delay</td>
<td>795.4 ± 26.1 μsec (n = 26)</td>
<td>504.2 ± 15.9 μsec (n = 18)</td>
</tr>
<tr>
<td>EPSC amplitude</td>
<td>9.60 ± 0.56 nA (n = 34)</td>
<td>10.66 ± 0.82 nA (n = 34)</td>
</tr>
<tr>
<td>EPSC rise time (20–80%)</td>
<td>208.4 ± 4.7 μsec (n = 34)</td>
<td>127.1 ± 2.4 μsec (n = 34)</td>
</tr>
<tr>
<td>EPSC half-width</td>
<td>1123.4 ± 49.7 μsec (n = 34)</td>
<td>433.9 ± 18.7 μsec (n = 34)</td>
</tr>
<tr>
<td>EPSC decay (exponential time constants)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>$\tau_{fast}$</td>
<td>1.28 ± 0.04 μsec (n = 24)</td>
<td>0.44 ± 0.02 μsec (n = 25)</td>
</tr>
<tr>
<td>$\tau_{slow}$</td>
<td>7.06 ± 0.60 μsec (n = 24)</td>
<td>4.21 ± 0.19 μsec (n = 25)</td>
</tr>
<tr>
<td>Ratio $I_{NMDA}/I_{AMPA}$</td>
<td>−1.08 ± 0.11 (n = 5)</td>
<td>−0.62 ± 0.07 (n = 8)</td>
</tr>
<tr>
<td>Degree of depression</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10 Hz</td>
<td>84.5 ± 0.9% (n = 23)</td>
<td>55.0 ± 2.0% (n = 23)</td>
</tr>
<tr>
<td>100 Hz</td>
<td>97.2 ± 0.3% (n = 23)</td>
<td>71.6 ± 2.8% (n = 23)</td>
</tr>
<tr>
<td>300 Hz</td>
<td>99.1 ± 0.1% (n = 14)</td>
<td>85.8 ± 2.8% (n = 19)</td>
</tr>
<tr>
<td>Evoked quantal EPSC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Synaptic delay</td>
<td>985.9 ± 7.5 μsec (n = 14)</td>
<td>668.7 ± 7.3 μsec (n = 4)</td>
</tr>
<tr>
<td>(n = 4 cells, 727 events)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EPSC amplitude</td>
<td>70.6 ± 6.9 pA (n = 4)</td>
<td>79.5 ± 7.0 pA (n = 4)</td>
</tr>
<tr>
<td>EPSC rise time (20–80%)</td>
<td>211.3 ± 9.6 μsec (n = 4)</td>
<td>149.3 ± 10.5 μsec (n = 4)</td>
</tr>
<tr>
<td>EPSC half-width</td>
<td>966.9 ± 126.6 μsec (n = 4)</td>
<td>516.8 ± 47.1 μsec (n = 4)</td>
</tr>
</tbody>
</table>
development, there was a clear developmental trend toward less depression. This trend was statistically highly significant. On average, the depression measured at 10 Hz decreased from 84% (P5) to 56% (P14). With regard to the variability of depression portrayed in Figure 7A, it is noteworthy that the MNTB is not a homogeneous nucleus of cells, but in fact has a tonotopically organized map of best frequency cells (Friauf, 1992).

In a subset of cells, we further tested depression for stimulus frequencies of 100 and 300 Hz. Average data of these experiments are illustrated in Figure 7B. At P5–P7, steady-state depression was already reached with the fifth stimuli at 10 and 100 Hz, whereas at P12–P14 at least 10 stimuli were needed to reach steady state at 300 Hz. At this age, a 30× higher stimulation frequency was necessary to achieve a comparable degree of steady-state depression as seen with 10 Hz at P5–P7. The degree of steady-state depression is thus strongly regulated during development.

Assuming that vesicle pool depletion accounts for most of the severe depression at 100 Hz for P6, and the strong depression at 300 Hz for P14, we next estimated the size of the readily releasable pool of synaptic vesicles for the two age groups. As an index of vesicle pool size we used the cumulative EPSC amplitude (Schneggenburger et al., 1999). The results of this analysis are shown in Figure 7C. The summed P5–P7 EPSC amplitudes (represented by open triangles; same data as in Fig. 7B) quickly reached a plateau value. A linear fit over the last points during the train was then back-extrapolated to yield an estimate for the initial pool size proportional to 12 nA. A similar analysis for 100 Hz (solid triangles) and 300 Hz (solid circles) gives values of 25 and 30 nA, respectively, for the pool size. This is a 2.1 and 2.5× larger pool size estimate for P12–P14 than for P5–P7. Because the 300 Hz train was presumably more depleting than 100 Hz, we estimate that the average pool size at P12–P14 is probably closer to 30 nA. In fact,
for some P14 cells (e.g., the cell shown in Fig. 6F), the cumulative EPSC, or pool size, was 40 nA. Moreover, because this analysis does not take into account AMPA receptor saturation or desensitization, this number is only a lower bound (Wu and Borst, 1999). The pool size could in fact be larger, especially considering that desensitization may be more pronounced at higher frequencies (Trussell, 1999). We thus conclude that the readily releasable pool size probably increased on average by a factor of at least 2.5-fold from P5–7 to P12–P14.

Effects of temperature on single EPSCs and EPSC trains

We next studied the effects of temperature on EPSC kinetics and synaptic depression. High temperature had striking effects on single EPSCs and EPSC trains. We first noticed a marked decrease in the synaptic delay as temperature was increased from RT (21–23°C) to 35°C (Fig. 8A,B). In younger animals we observed a larger decrease in synaptic delay than in older ones. At P5–P7 the synaptic delay decrease by 495 ± 63 μsec (n = 7), whereas at P12–P14 the reduction was only 244 ± 48 μsec (n = 6). This difference was statistically significant (t test; p < 0.001). Figure 8C shows an expanded view of the prepotential and initial rise of the EPSC for a P6 cell. Previous observations in P8–P10 rats indicated a decrease in delay of 500 μsec (Borst et al., 1995; Schneggenburger et al., 1999). However, the small afterhyperpolarization described for some P5–P10 APs (Borst et al., 1995), which was also present in our recordings from P12–P14 calyces, was not seen at P5–P7. Interestingly, the calyx of Held EPSC peak amplitudes also clearly increased at higher temperature, and both rise time and decay were faster (Fig. 8A,B; Zhang and Trussell, 1994b). Finally, the amplitude of the steady state depressed EPSC in a train was also increased by raising the temperature from RT to 35°C (Fig. 8D; Brenowitz et al., 1998). These effects will all clearly aid the synapse in its capacity to transmit at higher frequencies.

DISCUSSION

Our results indicate that the calyx of Held synapse undergoes major presynaptic and postsynaptic developmental changes that progressively lead to its capacity to follow near kilohertz frequencies of stimulation by the end of the second postnatal week.

Presynaptic developmental changes

Presynaptic APs were >60% more brief for P12–P14 rats compared with P5–P7. Our P5–P7 calyx APs had amplitudes and half-widths similar to those reported previously for P8–P10 (Borst et al., 1995; Schneggenburger et al., 1999). However, the small afterhyperpolarization described for some P5–P10 APs (Borst et al., 1995), which was also present in our recordings from P12–P14 calyces, was not seen at P5–P7. Interestingly, the calyx of Held

Figure 5. Asynchronous transmitter release does not account for slower EPSC waveforms in P5–P7 slices. A, C, Spontaneous miniature EPSCs recorded at P5 (A) and P14 (C) are superimposed and aligned at their peak amplitude. B, D, Evoked quantal EPSCs recorded at greatly reduced probability of release (50 μM CdCl₂ included in the bath solution) at P5 (B) and P14 (D). Occasionally occurring EPSCs with amplitudes >150 pA were discarded. The events in A–D are from four different cells, and 15 sample traces are shown superimposed. mEPSCs were collected under the same recording conditions (with 50 μM CdCl₂) from 10 to 200 msec after the stimulus. Note the difference in synaptic delays and EPSC kinetics in B and D. Stimulus frequency for evoked quantal events was 1–2 Hz. E, Average waveforms of quantal EPSCs were obtained either with (dotted lines) or without (solid lines) previous aligning of individual EPSCs at their 50% rise points. 170 and 125 responses were averaged for P5 and P14, respectively. At both ages, aligned EPSC gave rise to slightly faster kinetics of the averaged EPSC waveform. 20–80% rise times were 221 versus 310 μsec (P5) and 128 versus 176 μsec (P14) for the aligned and unaligned EPSCs, respectively. Half widths were 1406 versus 1477 μsec (P5) and 441 versus 541 μsec (P14) for waveforms obtained from aligned and unaligned EPSC, respectively. F, Latency distribution of quantal EPSC. Latency was calculated as the time difference between negative peak of the prepotential and 20% rise point of the EPSCs. Pooled data obtained from four different cells in each age group.
undergoes a dramatic morphological transition from a spoon-like, amoebae-shaped structure with fine appendages to a digitiform, floral-like structure during this period (Kandler and Friauf, 1993). Changes in presynaptic activity may further influence neuronal morphology (Pasic et al., 1994). Our results suggest that ion channel densities, kinetics, and/or repertoire (Tan and Llano, 1999) also change in parallel, leading to a briefer AP. We speculate that the faster AP kinetics may be caused by a higher density of Na$^{+}$ and K$^{+}$ channels with age (Wang et al., 1998).

**Mechanisms for reducing synaptic delay and depression**

A corollary effect of a shorter calyx AP is a briefer presynaptic Ca current. This will have important consequences. First, the earlier down stroke of the AP will trigger an earlier Ca current and thus shorten synaptic delay (Llinás, 1999). Interestingly, the average synaptic delay was reduced by 291 μsec from P5–P7 to P12–P14, whereas the average reduction in presynaptic AP half-width was 373 μsec (see also Wu and Oertel, 1987). Thus, a large part of the reduction in synaptic delay may be related to the decrease in AP width with age. Second, the faster up and down stroke of the AP will open and close presynaptic Ca channels more quickly producing a more phasic and confined period of transmitter release. Indeed, we observed however only a slight sharpening of the quantal EPSC latency histogram (Fig. 5F). Finally, the briefer Ca current may reduce the probability of release. Accordingly, broader presynaptic APs are usually associated with larger EPSCs (Augustine, 1990; Wheeler et al., 1996; Wang and Kaczmarek, 1998; Borst and Sakmann, 1999). However, we did not observe a decrease in the initial EPSC amplitude with age. On the other hand, we did observe a decrease in the amount of paired-pulse depression when calculated from the first two EPSCs during a 10 Hz stimulus train (Fig. 6A,C), which again suggests a reduction in release probability (Stevens and Wang, 1995). The similar EPSC amplitudes in both age groups may thus be because of antagonistic effects of a decrease in release probability and an increase in vesicle pool size. The shortening of presynaptic APs may represent a possible general mechanism underlying the decrease in release probability typically

---

**Figure 6.** Frequency-dependent short-term depression at the calyx of Held synapse during development. A–D, EPSC trains evoked by afferent stimulation at 10 Hz (25 stim; A, C) and 100 Hz (15 stim; B, D). Data from two different cells (A, B, P6; C, D, P14) with similar peak amplitudes of the initial EPSCs are shown. $V_h = -70 \text{ mV}$. E, F, Same neuron as depicted in C and D. Stimulation frequency was 300 Hz (E) and 500 Hz (F). For A–F, mean amplitudes of depressed EPSCs (last five EPSCs during a train) amounted to 1.91 nA (10 Hz), 0.32 nA (100 Hz), and 6.45 nA (10 Hz), 5.41 nA (100 Hz), 2.98 nA (300 Hz), and 1.95 nA (500 Hz) for P6 and P14, respectively.
observed at different CNS synapses during development (Bolshakov and Siegelbaum, 1995; Pouzat and Hestrin, 1997).

Another factor that consistently reduces synaptic delays is increasing temperature, which also leads to shorter presynaptic APs (Sabatini and Regehr, 1996; Llinás, 1999). Indeed, at 36°C the calyx AP half-width is only 250 μsec for P8–P10 rats (Borst and Sakmann, 1998). At mammalian physiological temperatures the adult calyx AP could last for only 100 μsec, and would thus be well suited for high-frequency transmission. The small variability in synaptic delays throughout development may be related to the calyceal geometry of the terminal that allows the invading AP to synchronously open a large number of Ca channels in spatially separated active zones. Interestingly, the mean synaptic delay of evoked quantal responses in the presence of 50 μM Cd was increased by ~180 μsec compared with the synaptic delay of the control EPSC (Table 1). This could be because of the greatly reduced presynaptic Ca current amplitude with Cd.

It has previously been suggested for this synapse that synaptic depression induced at frequencies of 10–100 Hz is mainly caused by a reduction in glutamate release rather than postsynaptic receptor desensitization (von Gersdorff et al., 1997; Wang and Kaczmarek, 1998). Here we greatly extended the range of stimulation frequencies and found a remarkable reduction in the degree of depression during development. Presumably, young calyces quickly exhaust their pool of readily releasable vesicles and are not able to replenish it fast enough. In fact, even at 10 Hz P5–P7 synapses undergo severe depression. On the other hand, much higher stimulation frequencies (300–500 Hz) were necessary to observe a similar amount of depression at P14. At this age, the terminal may have a much larger initial vesicle pool and/or a more efficient capacity to replenish the depleted pool (Wang and Kaczmarek, 1998). Disregarding desensitization and assuming that the quantal size does not change significantly with development, as suggested by Figure 5C (Chuhma and Ohmori, 1998), we roughly estimated an at least 2.5-fold increase in pool size (12–30 nA). With a mean quantal amplitude of 32 pA (Chuhma and Ohmori, 1998; Schneggenburger et al., 1999) this could correspond to an average increase in pool size from ~375 to 940 vesicles. For P8–P10 calyces the estimated pool size is proportional to 18 nA (~600 vesicles; Schneggenburger et al., 1999). Thus, there may be a progressive increase in vesicle pool size as the active zones mature during development.

### Postsynaptic changes that aid in high-frequency transmission

The faster EPSC kinetics at P12–P14 could have presynaptic origins, such as less jitter in glutamate release. This could be caused by a developmental increase in the Ca^{2+} channel density (Chuhma and Ohmori, 1998). Alternatively, postsynaptic mechanisms could account for more rapid EPSC kinetics if the underlying AMPA receptors acquired a faster kinetics with age. Here we report that the kinetics of evoked quantal responses was similar to control on the assumption that the quantal size does not change significantly with development, as suggested by Figure 5C (Chuhma and Ohmori, 1998). Here we greatly extended the range of stimulation frequencies (300–500 Hz) were necessary to observe a similar amount of depression at P14. At this age, the terminal may have a larger initial vesicle pool and/or a more efficient capacity to replenish the depleted pool (Wang and Kaczmarek, 1998).

---

Figure 7. Synaptic depression and vesicle pool size during postnatal development. A. Synaptic depression at 10 Hz. The ratio between the initial EPSC over the mean steady-state depressed EPSC (last five stimuli) after 25 stimuli was calculated for each cell and expressed as a percentage. Pooled data for a total of 115 cells plotted versus postnatal age. Solid and dotted lines indicate linear regression and 99% confidence limits, respectively. B. Average data of synaptic depression for various stimulation frequencies in P5–P7 (open symbols) and P12–P14 (filled symbols) slices. Three frequencies (10, 100, and 300 Hz; n = 25 cells) were tested for each age group. For P5–P7, depression obtained with 100 and 300 Hz was similar, and therefore only the 100 Hz data points were included. Solid lines represent single exponential fits to the data points (r values for 10 and 100 Hz were 0.92 and 0.71, respectively). Note that a 30 times higher stimulation frequency was necessary to obtain a similar amount of depression in P12–P14 slices as seen with 10 Hz at P5–P7. C. Cumulative EPSC amplitudes obtained by adding EPSC amplitudes during the 100 and 300 Hz trains (same symbols as in B) to estimate change in vesicle pool sizes. Dotted lines represent linear fits to the last five EPSC amplitudes during the train back-extrapolated to 0 to estimate the cumulative EPSC amplitudes before steady-state depression. At P12–P14, the estimated pool size was 2.5–3 × larger than P5–P7.
subunit have the fastest activation and deactivation kinetics (Geiger et al., 1995). We also emphasize that the average EPSC rise time of 127 μsec measured for P12–P14 may have undergone significant filtering (Silver et al., 1992; Stiles et al., 1999). The unfiltered 20–80% rise time is likely to be <100 μsec in adult animals. Such fast rise times may be particularly suitable for registering the exact onset of stimuli.

In addition, we also observed a reduction in amplitudes and faster decays of NMDA EPSCs with development, as reported previously at other CNS synapses (Hestrin, 1992; Zhou and Parks, 1992; Shi et al., 1997). This may aid the synapse at high-frequency transmission by avoiding a large depolarizing plateau. Finally, we observed a progressive shortening of postsynaptic APs with age (Kandler and Friauf, 1995). Similarly, a shortening of somatic APs during development, because of an increase in delayed rectifier K+ channel density, was observed in developing Xenopus neurons (Spitzer and Ribera, 1998), which also undergo a developmental shift from NMDA to AMPA receptor expression (Wu et al., 1996).

Comparison with previous studies and other synapses

A previous study (Chuhua and Ohmori, 1998) of developmental changes in EPSCs at the calyx of Held focused on P4 to P11 rats and did not address changes in short-term plasticity during repetitive stimulation. We confirm their finding that postsynaptic APs jitter more in young rats, however we did not observe their large degree of EPSC asynchrony at P5–P7. Also, in contrast to this previous study, we observed a progressive decrease in EPSC rise times and no significant change in EPSC amplitudes from P5 to P14. In addition, we found significantly faster EPSC kinetics for mEPSC and evoked quantal responses at P12–P14. These differences may be attributable in part to the different ages used for comparisons and other methodological differences. Interestingly, at the end-bulb synapse of the rat cochlear nucleus, both EPSC quantal size and quantal content increased with age (Bellingham et al., 1998).

Reliable transmission occurred in P14 calyx of Held synapses at frequencies up to 800 Hz. How does this compare to other synapses? In the neocortex, for example, synaptic depression can be already quite severe at 20–50 Hz (Galarreta and Hestrin, 1998; Varela et al., 1999). In the cochlear nucleus, however, octopus cells can follow inputs of up to 1000 Hz, but accomplish this by receiving multiple synapses from distinct auditory nerve fibers (Rhode and Smith, 1986; Oertel, 1999). Thus, at a single synapse level, the calyx of Held synapse, with its multiple active zones, appears to be among the fastest and most reliable of CNS synapses in its ability to follow prolonged high-frequency input. As previously suspected from its unique morphology, the calyx of Held synapse thus seems specifically designed to operate at extreme speed, in a sustained manner, without succumbing to severe synaptic fatigue or depression.

REFERENCES


