

Declines in mRNA Expression of Different Subunits May Account for Differential Effects of Aging on Agonist and Antagonist Binding to the NMDA Receptor

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The purpose of the present study was to determine whether some of the age-related changes that occur in binding to the NMDA receptor complex can be accounted for by changes in subunit expression during the aging process. *In situ* hybridization for the NMDA subunits $\zeta 1$, $\epsilon 1$, and $\epsilon 2$, and receptor autoradiography, using the agonist glutamate and the competitive antagonist [(\pm)-2-carboxypiperazin-4-yl] propyl-1-phosphonic acid (CPP), were performed on sections from C57Bl/6 mice representing three different age groups (3, 10, and 30 months of age). There was a significant overall decrease between 3 and 30 month olds in the density of mRNA for the $\zeta 1$ subunit in the cortex and hippocampus, but only a few individual brain regions exhibited significant declines. The mRNA for the $\epsilon 2$ subunit was significantly decreased in a majority of cortical regions

and in the dentate granule cells. Emulsion analysis indicated that the change in the density of $\epsilon 2$ subunit mRNA in the inner frontal cortex was primarily attributable to a decrease in the amount of messages per cell. Age-related changes in mRNA density of the $\epsilon 2$ subunit correlated with changes in NMDA-displaceable [^3H]glutamate binding, and mRNA density changes in the $\zeta 1$ subunit showed a significant relationship with changes in [^3H]CPP binding in the 30-month-old mice. These results suggest that changes during aging in the expression of different subunits of the NMDA receptor may account for the differential effects of aging on agonist versus antagonist binding to the NMDA binding site.

Key words: NMDA receptors; NMDA subunits; *in situ* hybridization; glutamate; aging; mRNA

Memory declines are the earliest cognitive dysfunctions to be detected during the aging process (Albert and Funkenstein, 1992). Age-related deficits in memory performance are seen in humans and nonhuman primates (Gallagher and Nicolle, 1993; Gallagher and Rapp, 1997), dogs (Head et al., 1995), and rodents (Gage et al., 1984; Rapp et al., 1987; Barnes, 1988; Pellemounter et al., 1990). The NMDA receptor, a subtype of glutamate receptor, is important in learning and memory functions (Cotman et al., 1989; Magnusson, 1998b). Antagonists of the NMDA receptor block the initiation of long-term potentiation in the hippocampus (Harris et al., 1984; Morris et al., 1986; Bashir et al., 1991) and neocortex (Artola and Singer, 1994) and interfere with performance of learning and memory tasks (Alessandri et al., 1989; Mondadori et al., 1989; Heale and Harley, 1990; Morris and Davis, 1994).

Aging animals exhibit declines in NMDA receptor binding densities and functions. NMDA-stimulated release of transmitters is decreased with increasing age (Gonzales et al., 1991; Pittaluga et al., 1993). Long-term potentiation is also negatively altered in aged rodents (Barnes and McNaughton, 1985; Deupree et al., 1993). Age-related declines in binding of glutamate and

[(\pm)-2-carboxypiperazin-4-yl] propyl-1-phosphonic acid (CPP) to NMDA binding sites are seen in mice, rats, and monkeys (Kito et al., 1990; Pellemounter et al., 1990; Tamaru et al., 1991; Wenk et al., 1991; Magnusson, 1995). Humans also exhibit declines with increased age in binding of [^3H]MK801 to the NMDA receptor in the frontal cortex (Piggott et al., 1992). Changes in NMDA binding sites during aging in both frontal cortical regions (Magnusson, 1998a) and in the hippocampus (Pellemounter et al., 1990; Magnusson, 1998a) have been correlated with poor performance in reference memory tasks.

The effects of aging on the different binding sites of the NMDA receptor complex are not homogeneous (Magnusson, 1995). In addition, differences occur between antagonist and agonist binding to the NMDA binding site; [^3H]CPP binding densities decline similarly during aging to NMDA-displaceable [^3H]glutamate binding in the cerebral cortex of mice (Magnusson, 1995), but differ in the degree of change in the hippocampus (Pellemounter et al., 1990; Magnusson, 1995; Nicolle et al., 1996). The mechanisms that are responsible for these heterogeneous effects are not known.

Functional subunits of the NMDA receptor complex have been cloned for mice (Ikeda et al., 1992; Kutsuwada et al., 1992; Meguro et al., 1992; Yamazaki et al., 1992). The $\zeta 1$ (rat NR1) subunit has the same distribution as NMDA-displaceable [^3H]glutamate binding (Moriyoshi et al., 1991; Meguro et al., 1992; Nakanishi, 1992). There are four members of the ϵ family of subunits, $\epsilon 1$ – $\epsilon 4$ (rat NR2A–D), in the mouse (Ikeda et al., 1992; Kutsuwada et al., 1992; Meguro et al., 1992). These subtypes confer different agonist–antagonist affinities to $\zeta 1/\epsilon$ heteromeric receptors (Kutsuwada et al., 1992; Yamazaki et al., 1992).

The purpose of the present study was to determine whether

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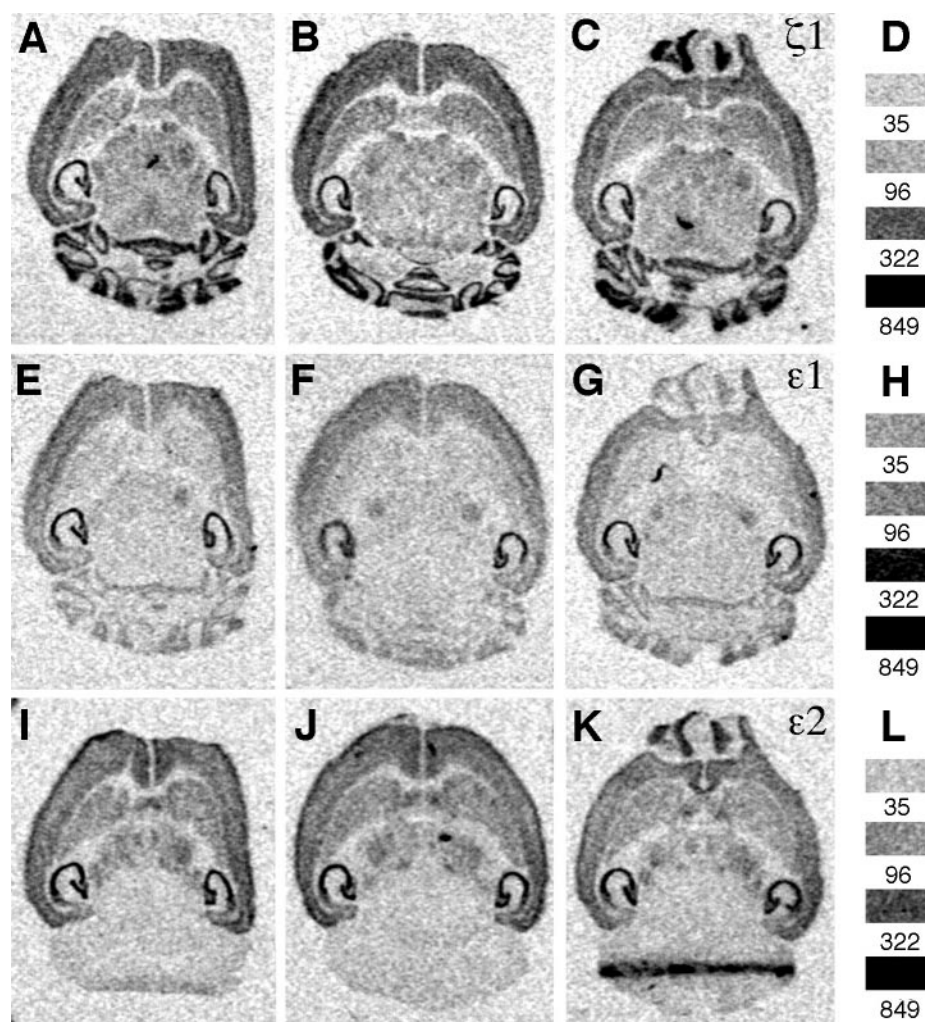


Figure 1. *In situ* hybridization for NMDA subunits in different ages of mice. Film autoradiograms of the hybridized mRNA for $\zeta 1$ (A–C), $\epsilon 1$ (E–G), and $\epsilon 2$ (I–K) subunit of the NMDA receptor in 3 (A, E, I), 10 (B, F, J), and 30 (C, G, K)-month-old mice. D, H, L, Densities (counts per minute per milligram of tissue) of binding for different gray levels for the $\zeta 1$ probe in A–C (D), $\epsilon 1$ probe in E–G (H), and $\epsilon 2$ probe in I–K (L).

some of the age-related changes that occur in binding to the NMDA receptor complex can be accounted for by changes in subunit expression during the aging process.

MATERIALS AND METHODS

Animals

Thirty-six male C57Bl/6 mice (National Institute on Aging, Bethesda, MD) representing three different age groups (3, 10, and 30 months of age) were fed *ad libitum* and housed under 12 hr light/dark conditions for 3–7 d before killing. The mice were killed by exposure to CO₂, followed by decapitation. The brains were removed, frozen on dry ice, and stored in a –70°C freezer. Twenty micrometer horizontal sections were cut from the brain with a Zeiss Microm 500 cryostat and placed on gel-coated slides, which were stored at –70°C until used. Sections from two different members of each age group were present on each slide, and the order of placement on the slide was varied between cutting groups.

In situ hybridization

Oligonucleotides (45 bases) were commercially prepared (Macromolecular Resources, Colorado State University) for the $\zeta 1$ (complementary to nucleotide residues –54 to –10), $\epsilon 1$ (2901–2945), and $\epsilon 2$ (3107–3151) subunits of the mouse NMDA receptor (Watanabe et al., 1992, 1993) and were labeled with ³³P-dATP using terminal deoxyribonucleotidyl transferase (New England Nuclear, Boston, MA) and NENSORB20 purification cartridges (New England Nuclear). *In situ* hybridization was performed according to the method of Watanabe et al. (1992, 1993). Each solution step was performed with gentle rotation on a rotating table except for the fixation and hybridization steps. Slides with sections were thawed, air-dried, fixed in 4% paraformaldehyde–PBS, pH 7.2 (25°C) for 15 min, placed in 2 mg/ml glycine in PBS, pH 7.2 (25°C) for 20 min, and

placed in 0.25% acetic anhydride–0.1 M triethanolamine, pH 8.0 (25°C) for 10 min. Slides were placed in coplin jars for 2 hr in a prehybridization solution that consisted of 50% formamide, 0.1 M Tris-HCl, pH 7.5, 4× SSC (1× SSC = 150 mM NaCl and 15 mM sodium citrate), 0.02% Ficoll, 0.02% polyvinylpyrrolidone, 0.02% bovine serum albumin, 2% sarkosyl, and 250 µg/ml salmon testes DNA. Chemicals were purchased from Sigma (St. Louis, MO). Slides were then successively washed for 5 min each in 2× SSC, 70 and 100% ethanol, and air-dried for 15 min. Hybridization was performed by placing 100 µl of prehybridization solution with 10% dextran sulfate and 1 × 10⁶ dpm of ³³P-labeled oligonucleotide probe added onto the slides, coverslipping the slides with parafilm, and incubating them for 18 hr in a 42°C oven humidified with 5× SSC. Coverslips were removed, and slides were rinsed for 40 min each in 2× SSC and 0.1% sarkosyl (25°C) and twice in 0.1× SSC and 0.1% sarkosyl (55°C) and air-dried. Nonspecific binding was determined by addition of 20-fold excess cold oligo to the hybridization solution on some slides. Sections were exposed to Hyperfilm-β max (Amersham, Piscataway, NJ) for 3–5 d along with brain paste standards. The standards were prepared by homogenizing whole brain from 12 3-month-old mice and mixing in measured amounts of ³³P-dATP (Marks et al., 1992). The actual concentrations were determined by scintillation counting of weighed aliquots and ranged from 95,000 to 14 cpm/mg wet weight of brain tissue. Brain and standard images were captured using a Macintosh IIfx computer with a Quickcapture board, a Panasonic CCD camera, and NIH Image software. Quantitative densitometry was performed on the images from four sections for total binding and two sections for nonspecific binding from each animal with the use of NIH Image software. The standards were used to convert optical density to counts per minute per milligram of tissue. Specific signal was determined by subtracting nonspecific binding from total binding. Slides were then dipped in photographic emulsion (NTB2; Eastman Kodak, Rochester, NY), exposed for

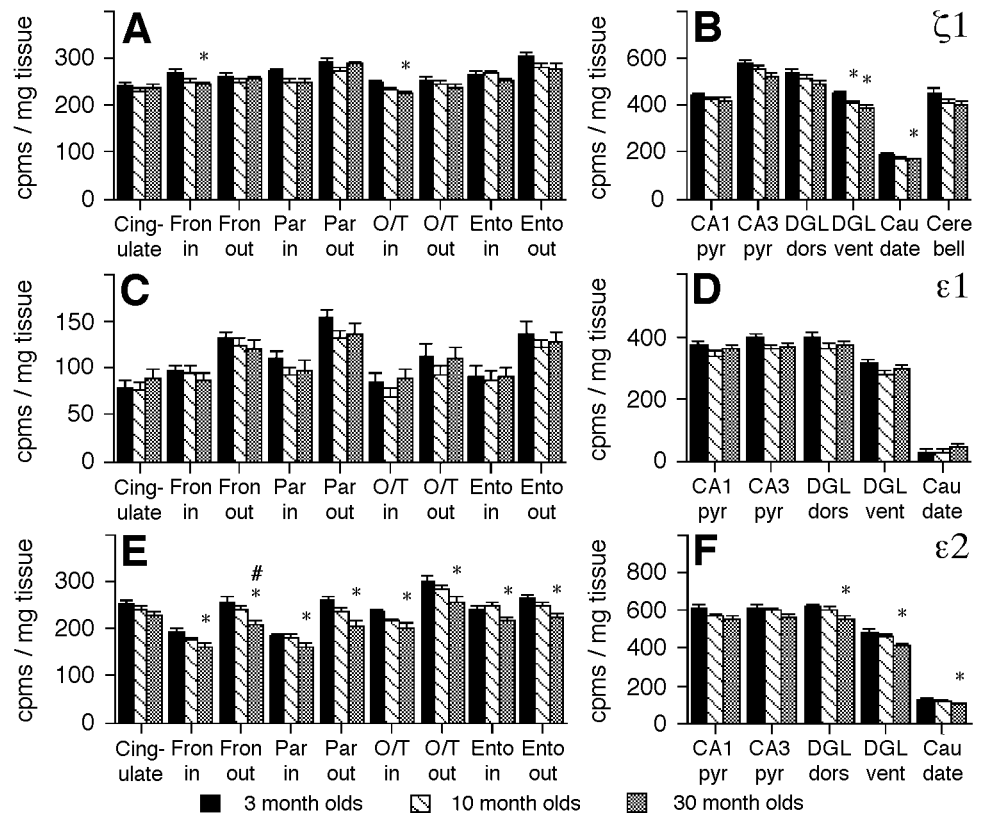


Figure 2. Quantitative comparison of mRNA densities for NMDA subunits within brain regions of different ages of mice. Densities (counts per minute per milligram of tissue) of mRNA for the $\zeta 1$ (A, B), $\epsilon 1$ (C, D), and $\epsilon 2$ (E, F) subunits of the NMDA receptor in different cortical (A, C, E) and hippocampal and subcortical (B, D, F) regions in 3-, 10-, and 30-month-old mice. * indicates $p < 0.05$ for difference from 3-month-old mice. # indicates $p < 0.05$ for difference from 10-month-old mice. A–D, $n = 12$ for 3 and 10 month olds, $n = 13$ for 30 month olds. E, F, $n = 11$ for 3 month olds, 12 for 10 month olds, and 10 for 30 month olds. *in*, Cortical layers IV–VI; *out*, cortical layers II–III; *Fron*, frontal; *Par*, parietal; *O/T*, occipital/temporal; *Ento*, entorhinal; *pyr*, pyramidal cell layer; *DGL*, dentate granule cell layer; *dors*, dorsal blade; *vent*, ventral blade; *Cerebell*, cerebellum.

8–12 weeks, developed in D19 developer (Eastman Kodak), and counterstained with a Giemsa stain. Images of cells and grains within specific brain regions were captured on the computer as described above. Grain area was determined by filtering images to highlight grains (Smolen and Beaton-Wimmer, 1990), thresholding, and analyzing particles within 12 cells per slide for a total of 48 cells for total binding and 24 cells for nonspecific binding for each animal (Watanabe et al., 1993). An overall average for cells and for animals was calculated, and specific binding was determined as described for film analysis.

Autoradiography

NMDA binding sites. Binding was performed as previously described (Magnusson, 1995). Slides were preincubated in cold (4°C) 50 mM Tris acetate (TA) buffer, pH 7.0, for 30 min, followed by 2×10 min incubations in warm TA buffer, pH 7.0 (30°C). Sections were then incubated in a solution of 100 nM [^3H]L-glutamate (New England Nuclear), 1 μM kainate, 5 μM AMPA, and 100 μM 4-acetamido-4'-isothiocyanatosilbene-2,2'-disulfonic acid for 10 min at 4°C . Slides were rinsed in four changes of TA buffer (4°C) for a total of 30 sec and dried by a stream of compressed air at room temperature. Unlabeled 200 μM NMDA was added to the incubation solution for determining nonspecific binding.

CPP binding sites. Binding was performed as previously described (Magnusson, 1995). Slides were preincubated in 50 mM TA buffer, pH 7.6, for 30 min at 4°C , followed by 2×10 min incubations in TA buffer at 30°C . Tissue was incubated in a solution containing 100 nM [^3H]CPP (New England Nuclear) for 20 min at 4°C for total binding. Nonspecific binding was determined by the addition of 100 μM unlabeled CPP to the incubation solution. Slides were rinsed in four changes of TA buffer for 15 sec at 4°C and dried by a stream of compressed air at room temperature.

Slides were allowed to dry overnight and were apposed to tritium-sensitive film (Amersham) along with tritium standards (Amersham) at -20°C for 10 d. Exposed films were developed in D-19 developer (Eastman Kodak). Brain images were captured and analyzed as described for *in situ* hybridization. Tritium standards were used to convert optical density measurements to femtomoles per milligram of protein for each brain region analyzed. Specific binding was determined by subtracting nonspecific binding from total binding.

Statistical analysis. Age-related differences in densities of mRNA and

receptor binding were analyzed by ANOVA followed by Fisher's modified LSD using either SPSS or GB-Stat software. Examination of age-related differences within brain regions was part of the original plan. Correlational analysis was done by examining the relationships between age-related changes in receptor binding and mRNA densities across multiple brain regions. Separate analyses were performed for 10- and 30-month-old mice. The receptor binding or mRNA density within each brain region in 10- and 30-month-old mice was expressed as a percentage of the average binding or mRNA density for 3 month olds within that brain region. The percentages for each animal within an age group were averaged to obtain a mean percentage of 3-month-old binding or mRNA density for that age group within each brain region. These means for receptor binding for individual brain regions were plotted against the respective percentage of 3-month-old mRNA densities within the same regions, and Pearson's correlation coefficients were obtained.

RESULTS

$\zeta 1$ subunit mRNA

There was a significant main effect of age, $F_{(2,34)} = 4.29$, $p = 0.022$, and brain region, $F_{(14,476)} = 637$, $p < 0.001$, on density (counts per minute per milligram of tissue) of mRNA for the $\zeta 1$ subunit of the NMDA receptor (Fig. 2A,B). There was also a significant interaction between age and brain region, $F_{(28,476)} = 1.72$, $p = 0.013$. Densities of mRNA for the $\zeta 1$ subunit were higher in the major cell layers of the hippocampus than in the subregions of the cortex in all ages of mice (Figs. 1A–D, 2A,B). Within individual brain regions, the 30 month olds showed significant decreases from densities seen in 3-month-old mice in layers II–III of the frontal and occipital/temporal cortices, in the granule cells of the ventral blade of the dentate gyrus, and in the caudate nucleus (Fig. 2A,B). There was also a significant decrease in the density of the mRNA for the $\zeta 1$ subunit between 3 and 10 months of age in the ventral blade of the dentate gyrus granule cell layer (Fig. 2A,B).

ε1 subunit mRNA

There was a significant main effect of brain region, $F_{(14,476)} = 779$, $p < 0.001$, on densities of mRNA for the ε1 subunit of the NMDA receptor. There was no significant main effect of age, $F_{(2,34)} = 0.83$, $p = 0.44$, and no significant interaction between age and brain region, $F_{(28,476)} = 1.15$, $p = 0.27$ (Fig. 2C,D). Average densities were higher in the major cell layers of the hippocampus than in the layers of the cortex in all ages (Figs. 1E–H, 2C,D). No brain regions showed significant changes during aging in the density of mRNA for the ε1 subunit (Fig. 2C,D).

ε2 subunit mRNA

There was a significant main effect of age, $F_{(2,30)} = 7.89$, $p = 0.002$, and brain region, $F_{(13,390)} = 1275$, $p < 0.001$, on densities of mRNA for the ε2 subunit of the NMDA receptor. There was no significant interaction between age and brain region, $F_{(26,390)} = 1.4$, $p = 0.095$. Densities for ε2 mRNA were highest in the major cell layers of the hippocampus than in the cortex, and there was a higher density in layers II–III of the cortex than in the inner layers in all ages examined (Figs. 1I–L, 2E,F). Within brain regions, the ε2 mRNA was significantly decreased between 3 and 30 months of age in all cortical regions, except the cingulate cortex, in the granule cell layer of the dentate gyrus, and in the caudate nucleus (Fig. 2E,F). Layers II–III of the frontal cortex also showed significant reductions in mRNA density between 10- and 30-month-old mice (Figs. 1J,K, 2E).

Emulsion analysis of mRNA for subunits of the NMDA receptor

The average specific grain area per cell in different ages of mice was examined to determine whether the declines in mRNA density for the ζ1 and ε2 subunits of the NMDA receptor were attributable to a decrease in message per cell or a decrease in cell numbers with message density maintained within the remaining cells. We used average grain area per cell, as opposed to numbers of grains, to take into account that one or more messages in close proximity could have produced silver grains that coalesced into a single grain (Smolen and Beaton-Wimmer, 1990). A representative field, exhibiting cells from the inner layers (IV–VI) of the frontal cortex overlain with silver grains (black dots), is shown in Figure 3A. The analysis of the outer cortex included both layers II and III, but analysis of the inner layers was concentrated on the layer V pyramidal cells. There was a significant decrease in grain area per cell for ε2 mRNA between 3 and 30 months of age in the inner layers of the frontal cortex (Fig. 3B). Both ε2 and ζ1 mRNA exhibited significant declines in grain area per cell in the frontal cortex between 10 and 30 months of age (Fig. 3B). A frequency distribution of the data for the average grain area per cell for ε2 mRNA in the inner frontal cortex was graphed. The bin size was based on the average size of one grain. The results showed a shift in aged mice to a larger percentage of cells with fewer or no grains per cell when compared with 3-month-old mice (Fig. 3C).

NMDA-displaceable [³H]glutamate binding

There was a significant effect of age, $F_{(2,31)} = 9.165$, $p = 0.0007$ and brain region, $F_{(18,558)} = 235$, $p < 0.0001$, on NMDA-displaceable [³H]glutamate binding in C57Bl/6 mice, but no significant interaction between age and brain region, $F_{(36,558)} = 0.3109$, $p = 1$. Age-related declines in binding of glutamate to NMDA binding sites were grossly detectable in some brain regions in autoradiographic images (Fig. 4A–D). Significant decreases in [³H]glutamate binding between 3 and 30 months of age were found throughout the cerebral cortex, in the caudate nu-

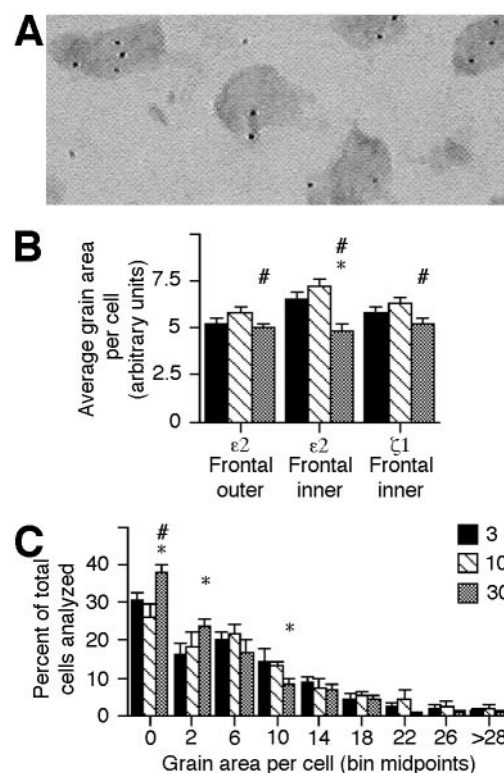


Figure 3. Age-related changes in the amount of mRNA for the NMDA subunits within neurons of the frontal cortex. *A*, Computer image of an emulsion-dipped slide showing cells in layer V of the frontal cortical region in a 3-month-old mouse. This image was captured by focusing on the silver grains and was then filtered as described in Materials and Methods to enhance the contrast. Black silver grains were primarily located over Giemsa-stained cells. *B*, Graph of the average specific grain area per cell for the mRNA for the ε2 or ζ1 subunits in the outer (II–III) and/or the inner (IV–VI) layers of the frontal cortex in 3-, 10-, and 30-month-old mice. *C*, Frequency graph of the percentage of total cells within each age group that contained the average specific grain area within each bin for the ε2 subunit mRNA in the inner frontal cortex. The bin size was chosen as the average grain size. * indicates $p < 0.05$ for difference from 3-month-old mice. # indicates $p < 0.05$ for difference from 10-month-old mice. Legend numbers indicate age in months.

cleus, and in all but one hippocampal region analyzed (Fig. 5A,B). Significant declines in binding were also seen between 3 and 10 months of age in several hippocampal regions (Fig. 5B).

[³H]CPP binding

There was a significant effect of age, $F_{(2,15)} = 5.1907$, $p = 0.02$, and brain region, $F_{(18,270)} = 287$, $p < 0.0001$, on [³H]CPP binding to NMDA receptors. There was also a significant interaction between age and brain region, $F_{(36,270)} = 2.36$, $p < 0.0001$. Decreased density of binding with increased age was grossly detectable in some brain regions in autoradiographic images (Fig. 4E–H). Significant decreases in [³H]CPP binding were found between 3 and 30 months of age in all but one cortical region and in all hippocampal regions analyzed (Fig. 5C,D). The 30-month-old mice had significantly less binding than 10 month olds in 6 of 10 cortical regions, the dentate gyrus molecular layer, and in stratum oriens of the CA3 region (Fig. 5C,D). Ten-month-old mice had a lower density of binding than 3 month olds in the occipital/temporal cortex and in all hippocampal regions analyzed (Fig. 5C,D).

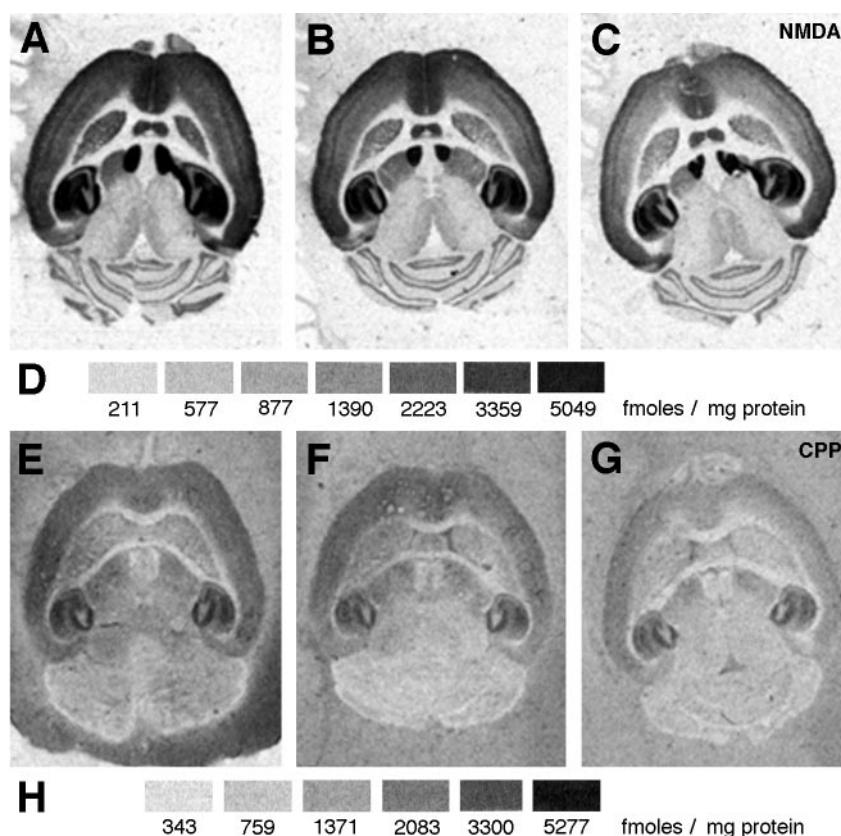
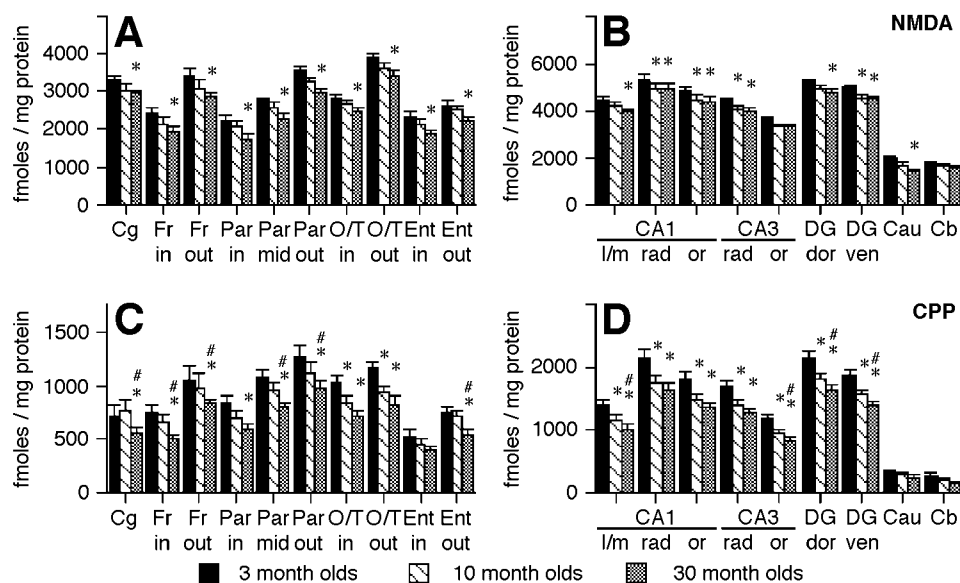


Figure 4. NMDA-displaceable [^3H]glutamate and [^3H]CPP binding to the NMDA receptor in different ages of mice. Film autoradiograms for the NMDA-displaceable [^3H]glutamate (A–C) and [^3H]CPP (E–G) binding in 3 (A, E)-, 10 (B, F)-, and 30 (C, G)-month-old mice. D, H, Densities (femtomoles per milligram of protein) of binding for different gray levels for [^3H]glutamate binding in A–C (D) and [^3H]CPP binding in E–G (H).

Figure 5. Quantitative comparison of NMDA-displaceable [^3H]glutamate and [^3H]CPP binding within brain regions of different ages of mice. Densities (femtomoles per milligram of protein) of binding for NMDA-displaceable [^3H]glutamate (A, B) and [^3H]CPP (C, D) binding in different cortical (A, C) and hippocampal and subcortical (B, D) regions in 3-, 10-, and 30-month-old mice. * indicates $p < 0.05$ for difference from 3-month-old mice. # indicates $p < 0.05$ for difference from 10-month-old mice. A, B, $n = 12$ for 3 month olds and 11 for 10 and 30 month olds. C, D, $n = 6$ for all ages. Cg, Cingulate cortex; Fr, frontal cortex; in, cortical layers V–VI for parietal cortex and IV–VI for all others; out, cortical layers I–III; Par, parietal cortex; mid, cortical layer IV; O/T, occipital/temporal; Ent, entorhinal; l/m, stratum lacunosum/moleculare; rad, stratum radiatum; or, stratum oriens; DG, dentate granule molecular layer; dor, dorsal blade; ven, ventral blade; Cau, caudate; Cb, cerebellum.



Correlations between NMDA subunit mRNA and binding to the NMDA receptor

Correlations were performed using age-related changes in binding and mRNA densities across multiple brain regions and were done separately for 10- and 30-month-old mice. Significant correlations were found between age-related changes in NMDA-displaceable [^3H]glutamate binding and mRNA densities for the $\epsilon 2$ subunit of the NMDA receptor in the 30-month-old mice (Fig. 6A, Table 1). Changes in $\zeta 1$ mRNA density between 3 and 30 months of age correlated significantly with changes in [^3H]CPP binding (Fig. 6B, Table 1). No other correlations were

significant, including the correlation between age-related changes in NMDA-displaceable [^3H]glutamate and [^3H]CPP binding (Fig. 6C, Table 1).

DISCUSSION

The primary finding of this study was that there was an age-related decline in the density of mRNA for the $\epsilon 2$ subunit of the NMDA receptor throughout most of the cerebral cortex and in the dentate granule cells in C57Bl/6 mice. Examination at the cellular level in the inner layers of the frontal regions of the cortex showed a decline in the amount of mRNA for $\epsilon 2$ within the cell

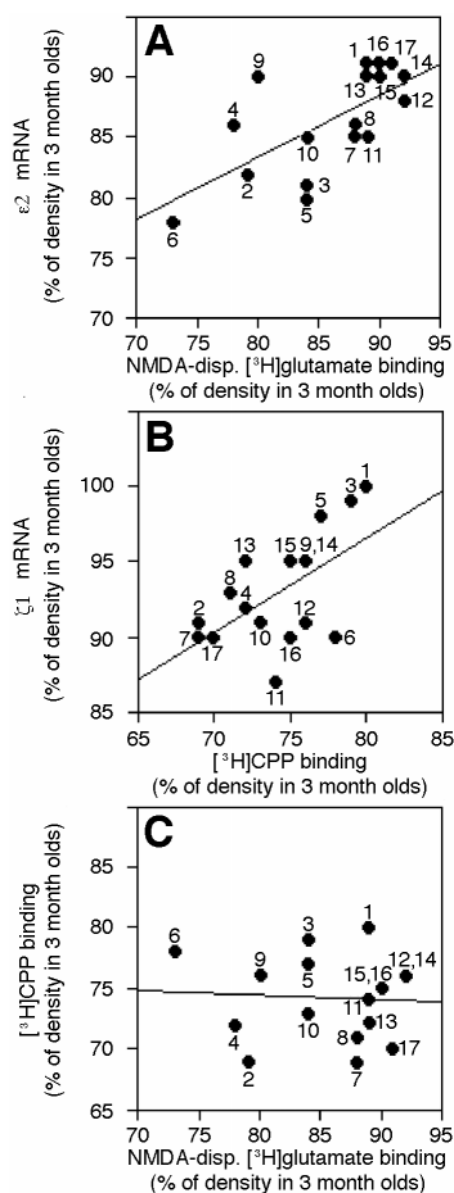


Figure 6. Correlations between age-related changes in mRNA density for NMDA subunits and ligand binding across cortical, hippocampal, and striatal brain regions in 30-month-old mice. *A–C*, Graphs of the relationships between the percentage of densities in 3 month olds remaining in 30 month olds for $\epsilon 2$ mRNA and NMDA-displaceable (NMDA-disp.) [^3H]glutamate binding (*A*), $\zeta 1$ mRNA and [^3H]CPP binding (*B*), and NMDA-displaceable [^3H]glutamate and [^3H]CPP binding (*C*), obtained by plotting the mean values for different brain regions. Pearson correlation coefficients for each graph are presented in Table 1. 1, Cingulate cortex; 2, frontal inner (IV–VI) cortex; 3, frontal outer (II–III) cortex; 4, parietal inner (V–VI) cortex; 5, parietal outer (II–III) cortex; 6, caudate nucleus; 7, occipital/temporal inner (IV–VI) cortex; 8, occipital/temporal outer (II–III) cortex; 9, entorhinal inner (IV–VI) cortex; 10, entorhinal outer (II–III) cortex; 11, ventral blade of dentate molecular layer (binding)/ventral dentate granule cell layer (*in situ*); 12, dorsal blade of dentate molecular layer (binding)/dorsal dentate granule cell layer (*in situ*); 13, CA1 stratum lacunosum/moleculare (binding)/CA1 pyramidal cell layer (*in situ*); 14, CA1 stratum radiatum (binding)/CA1 pyramidal cell layer (*in situ*); 15, CA1 stratum oriens (binding)/CA1 pyramidal cell layer (*in situ*); 16, CA3 stratum radiatum (binding)/CA3 pyramidal cell layer (*in situ*); 17, CA3 stratum oriens (binding)/CA3 pyramidal cell layer (*in situ*). All outer regions included layers I–III for receptor binding.

in 30-month-old mice as compared to 3 month olds. This change during the aging process between 3 and 30 months of age in mRNA expression for the $\epsilon 2$ subunit appeared to be related to the changes seen in agonist, NMDA-displaceable [^3H]glutamate, binding within the cortex and hippocampus. The $\zeta 1$ subunit also exhibited an overall decline with age that showed a relationship with changes in antagonist, [^3H]CPP, binding in 30-month-old mice.

The distributions of the $\zeta 1$, $\epsilon 1$, and $\epsilon 2$ messages in this study were similar to those reported by Watanabe et al. (1993). During aging, there was an overall significant decrease in the mRNA for the $\zeta 1$ subunit of the NMDA receptor throughout the regions analyzed, however, within brain regions only a few changes were significant. The age-related declines in the message for the $\epsilon 2$ subunit within brain regions, on the other hand, were significant throughout the cortex and in the granule cells of the dentate gyrus. The $\epsilon 1$ mRNA did not show significant changes during aging. The data for the $\epsilon 1$ subunit appeared to suffer from a greater variability between animals than was seen with the other two subunits.

Our preliminary experiments with immunoblots showed declines in the expression of the proteins for both $\zeta 1$ and $\epsilon 2$ subunits in homogenates of whole cortex between 3 and 30 months of age (Kuehl-Kovarik et al., 1998). The protein expression of the $\epsilon 1$ subunit suffered from variability similar to the mRNA analysis (Kuehl-Kovarik et al., 1998). These results suggest that the age-related changes in mRNA expression for specific subunits of the NMDA receptor in the mouse are accompanied by changes in protein expression. Aged monkeys also show a decline in the expression of the NR1 subunit at the protein level in the distal dendrites of the dentate gyrus (Gazzaley et al., 1996), which is consistent with our mRNA results. Changes during aging in the protein expression of all three subunits have been reported in the hippocampus and striatum of Long–Evans rats (Wang et al., 1996). The NR1 protein is decreased in the hippocampus, and declines in the protein expression of NR1, NR2A, and NR2B are seen in the frontal cortex of patients with Alzheimer's disease (Wang et al., 1997), a disease that is associated with aging and memory deficits (Terry and Katzman, 1983).

The decrease in density of mRNA for the $\epsilon 2$ subunit discovered in the film analysis could have been attributable to a decreased amount of message per cell, a loss of cells with maintenance of message in the remaining cells, or a combination of both. The analysis of silver grains in the inner frontal cortex indicated that at least a portion of the change in message with increasing age was attributable to a decrease in the amount of message per cell. Although this does not rule out a contribution of cell loss, the percentage of decline in amount of message per cell was greater than the change seen in density on film, which argues against cell loss being a major cause of the change. In addition, the new stereological techniques of cell counting indicate that cell loss in the brain during aging is not as prevalent as once was believed (West et al., 1994; Rapp and Gallagher, 1996).

The increased message per cell in the 10-month-old mice as compared to the old mice was not predicted by the film analysis. The emulsion analysis showed significantly less cells with no message and suggested that there was an increased number of cells with higher amounts of grain area per cell in the 10 month olds, as compared to the old mice. More message within a minority of cells might not have influenced the average density of the brain region in film analysis because of the relative lack of silver grains over the neuropil that also contributed to the aver-

Table 1. Pearson correlation coefficients for age-related changes in mRNA densities for NMDA subunits and densities of ligand binding to NMDA receptors

	10-month-old mice		30-month-old mice	
	NMDA-displaceable [^3H]glutamate	[^3H]CPP	NMDA-displaceable [^3H]glutamate	[^3H]CPP
$\zeta 1$ mRNA	0.28	−0.18	0.05	0.58*
$\epsilon 1$ mRNA	−0.49	0.50	0.34	0.19
$\epsilon 2$ mRNA	0.22	−0.15	0.67*	−0.09
[^3H]CPP	−0.18		−0.06	

Means of the percentage of 3-month-old densities remaining in the 10- and 30-month-old mice across 17 individual brain regions were used to examine correlations.

*indicates $p < .05$.

$n = 11$ – 12 for NMDA-displaceable [^3H]glutamate binding and all subunit mRNAs for 10-month-old mice.

$n = 10$ – 13 for NMDA-displaceable [^3H]glutamate binding and all subunit mRNAs for 30-month-old mice. $n = 6$ for [^3H]CPP for both age groups.

age. These results suggest that the changes in the NMDA receptors that occur during aging are not one continuous process from young adulthood to old age.

The age-related changes in NMDA-displaceable [^3H]glutamate and [^3H]CPP binding to the NMDA receptor were similar to our previous findings, with a few exceptions (Magnusson, 1995). The significant changes between 10 and 30 month olds in this study were seen in less regions for [^3H]glutamate binding and in more regions for [^3H]CPP (Magnusson, 1995). Some variables between the studies include different colonies of mice and different thicknesses of sections (Magnusson, 1995). However, the major finding of greater differences in percentage of decline between [^3H]CPP and [^3H]glutamate binding occurring in the hippocampus as compared to the cortex was consistent between the two studies. This difference in the hippocampus has also been seen in Long–Evans rats (Pelleymounter et al., 1990; Nicolle et al., 1996).

Based on the correlations, it appeared that the changes that occurred in the aged mice in agonist ([^3H]glutamate) binding in many of the cortical and hippocampal regions were related to changes in the mRNA expression of the $\epsilon 2$ subunit of the NMDA receptor. Heteromeric receptors that contain $\zeta 1$ and $\epsilon 2$ subunits exhibit a higher affinity for agonist binding (i.e., twofold and 4.3- to 10-fold higher affinities for glutamate and glycine, respectively) than those in which $\epsilon 1$ is paired with the $\zeta 1$ subunit (Kutsuwada et al., 1992; Priestley et al., 1995). Our agonist binding results may be explained by a shift in the population of receptors during aging toward more receptors with a low affinity for agonist. Even though the densities of the mRNA for the $\zeta 1$ subunit did not change to the same degree as [^3H]CPP binding, the alterations appeared to be related across brain regions. Because the $\zeta 1$ subunit is believed to be necessary to produce functional receptors (Moriyoshi et al., 1991; Kutsuwada et al., 1992; Meguro et al., 1992; Ishii et al., 1993), it does not seem likely that the greater decline in CPP than glutamate binding could be due to an overall loss of the $\zeta 1$ subunit. The splice variants of the $\zeta 1$ subunit, however, can confer different agonist/antagonist affinities to the receptors (Hollmann et al., 1993). It is possible that changes in one or more of the $\zeta 1$ splice variants may contribute to the differential effect of aging on agonist versus antagonist binding in the hippocampus.

The age-related changes in binding of [^3H]glutamate to NMDA receptors in the frontal cortical regions and [^3H]CPP binding in the hippocampus have been associated with decreased performance in the Morris water maze, a spatial memory task

(Pelleymounter et al., 1990; Magnusson, 1998a). The results of the correlational analyses suggest that changes in the $\epsilon 2$ and $\zeta 1$ subunit may be related to the memory changes as well. Prediction of the consequences of the changes in the $\zeta 1$ subunit will have to await further investigations into the splice variants and protein expression. The age-related changes in the $\epsilon 2$ subunit could have many potential consequences. The atypical, noncompetitive antagonist ifenprodil has a 300–429 fold higher potency for the $\zeta 1/\epsilon 2$ receptors than the $\zeta 1/\epsilon 1$ combination (Williams, 1993; Priestley et al., 1995; Gallagher et al., 1996). The $\zeta 1/\epsilon 2$ receptors are also more sensitive to polyamines (Lynch et al., 1995) and butyrophenones, such as haloperidol, droperidol, and spiperone (Lynch and Gallagher, 1996; Yamakura et al., 1998), than receptors composed of $\zeta 1$ and $\epsilon 1$ subunits. With respect to electrophysiological properties, the $\zeta 1/\epsilon 2$ receptor has a slower offset time (380 msec) than the $\zeta 1/\epsilon 1$ receptors (120 msec) (Monyer et al., 1992; Seeburg et al., 1994). This means that the sensitivities to drugs and endogenous ligands and the channel open time could all be altered by declines in the expression of the $\epsilon 2$ subunit during aging.

The $\epsilon 2$ subunit, but not the $\zeta 1$ or $\epsilon 1$ subunit, contains the binding site necessary for autophosphorylation-dependent targeting of calcium/calmodulin-dependent kinase II (CaMKII), which in turn is essential for NMDA-dependent LTP (Strack and Colbran, 1998). There also is a relationship between the induction of the expression of the $\epsilon 2$ subunit and the persistence of LTP (Williams et al., 1998). The age-related changes in the $\epsilon 2$ subunit may, at least in part, account for the declines in the expression and persistence of LTP that have been reported in aged animals (Barnes, 1979; Barnes and McNaughton, 1985; Baskys et al., 1990). Additional evidence for the importance of this subunit in learning and memory processes has been provided by transgenic mice in which the $\epsilon 2$ (NR2B) subunit was overexpressed (Tang et al., 1999). These mice show enhanced long-term potentiation and learning abilities.

In conclusion, the differential effects of aging on agonist versus antagonist binding in the hippocampal region appear to be related to changes in two different subunits of the NMDA receptor. A determination of why certain subunits are more influenced by the aging process than others will be necessary before it can be determined whether effective interventions can be designed to prevent this change in the NMDA receptor and potentially reduce the memory declines associated with aging.

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