A Mechanism for Savings in the Cerebellum

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The phenomenon of savings (the ability to relearn faster than the first time) is a familiar property of many learning systems. The utility of savings makes its underlying mechanisms of special interest. We used a combination of computer simulations and reversible lesions to investigate mechanisms of savings that operate in the cerebellum during eyelid conditioning, a well characterized form of motor learning. The results suggest that a site of plasticity outside the cerebellar cortex (possibly in the cerebellar nucleus) can be protected from the full consequences of extinction and that the residual plasticity that remains can later contribute to the savings seen during relearning.

Key words: plasticity; learning; memory; eyelid conditioning; simulation; LTD; LTP; extinction

Riding a bicycle, playing the piano, and typing are examples of motor skills that illustrate our capacity for relearning that is much more rapid than the original learning. In the laboratory, this rapid relearning is known as savings and has been frequently studied in the context of Pavlovian conditioning of motor responses. During conditioning of eyelid responses for example, paired presentations of a tone [the conditioned stimulus (CS)] and a reinforcing unconditioned stimulus (US), such as periorbital electrical stimulation, promote the acquisition of a conditioned motor response (closing the eyelid in response to the tone). These conditioned responses can be unlearned during extinction training in which the CS is not paired with the US (Schneiderman et al., 1962). During reacquisition training, savings is apparent because relearning occurs much faster than original learning (Frey and Ross, 1968; Napier et al., 1992). The existence of savings is among the evidence supporting the notion that extinction training leaves behind residual excitatory strength (Reberg, 1972; Schachman et al., 1985; Kehoe, 1988). Here we present evidence for this residual-plasticity hypothesis in eyelid conditioning and characterize basic mechanisms involved in the savings observed with this form of motor learning.

A variety of evidence indicates that the cerebellum is a necessary component of the neural pathways that mediate eyelid conditioning (Thompson, 1986; Thompson and Krupa, 1994; Raymond et al., 1996; Kim and Thompson, 1997). This evidence, combined with the well characterized synaptic organization and physiology of the cerebellum (Eccles et al., 1967; Llinás, 1981; Ito, 1984; Voogd and Glickstein, 1998), makes it possible to build large-scale computer simulations of the cerebellum and to test their capacity to display eyelid conditioning. We have shown previously that, by incorporating the evidence for plasticity at two sites (one in the cerebellar cortex and one in the cerebellar interpositus nucleus), these simulations can emulate the acquisition and extinction of conditioned responses (Medina et al., 2000). Here we report that these same simulations also display savings, even after extensive extinction training. In the simulations, the rules for plasticity combine with network properties in a way that makes rapid reversal of acquisition-related plasticity in the cerebellar cortex primarily responsible for extinction but keeps plasticity in the cerebellar nucleus relatively resistant to extinction training. Thus, the simulations suggest that persistent plasticity in the cerebellar nucleus is a form of residual memory that can contribute to savings.

To test this prediction, we used a reversible blockade technique to assess the presence of residual plasticity at various stages during extinction. As reported previously (Garcia and Mauk, 1998), infusion of picrotoxin into the interpositus nucleus functionally disconnects the cerebellar cortex and unmasks short-latency conditioned responses. Although other possibilities remain (see Discussion), recent evidence suggests that these short-latency responses are mediated by plasticity in the interpositus nucleus (Garcia and Mauk, 1998; Nores et al., 1999; Steele et al., 1999). In this study, we find that, although normal conditioned responses disappear during the first day of extinction training, residual plasticity, as revealed by short-latency responding after picrotoxin, persists even after 45 d of extinction training. We also observe that the rate of reacquisition for individual rabbits correlates with the magnitude of the short-latency responses unmasked by picrotoxin infusions on the last day of extinction before reacquisition. These findings suggest that the plasticity mediating the short-latency responses remains after extinction training and is at least partly responsible for the savings observed during reacquisition.

MATERIALS AND METHODS

Computer simulations. As described previously (Medina et al., 2000), the construction of the simulation was designed to represent the well characterized synaptic organization and physiology of the cerebellum (Fig. 1) (Eccles et al., 1967; Llinás, 1981; Ito, 1984; Voogd and Glickstein, 1998). For each neuron, we used a single-compartment, integrate-and-fire representation. This implementation solves for membrane potential based on leak and synaptic conductances. The main simplification is that a spike occurs when membrane potential exceeds a threshold value, which itself varies according to previous activity to allow for absolute and relative refractory periods. With the exception of a few unknown values, the cellular and synaptic properties were based on published reports (Medina et al., 2000). As reported previously, the results did not depend on the particular values of the small number of free parameters (Medina et al., 2000).

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Mechanism for Savings in the Cerebellum

The relationship between eyelid conditioning and the circuitry of the cerebellum. During eyelid conditioning, mossy fibers (Mossy) convey information about the CS. This activity influences cerebellar nucleus output through direct excitatory connections onto the nucleus cells (mf–nuc synapses) and through a more indirect projection onto a large number of granule cells (gr–Pkj synapses; Granule) that ultimately results in Purkinje (PURK) cell inhibition of nucleus cells (NUC). This indirect pathway in the cerebellar cortex also involves two other types of inhibitory interneurons: basket cells (Bask,et), which inhibit Purkinje cells, and Golgi cells (Golgi), which inhibit granule cells and are in turn excited by both mossy fibers and granule cells. Climbing fibers (CF), which make strong excitatory connections onto the Purkinje cells, have been shown to convey information about the US. Finally, increases in nucleus cell activity in response to the CS are known to drive the expression of conditioned responses. In the simulations, this learning is driven by changes in the strength of both mf–nuc and gr–Pkj synapses.

The standard training session involved a Pavlovian conditioning delay protocol with a 500 msec interstimulus interval. Each daily training session consisted of 12 nine-trial blocks. Each block was comprised of eight paired presentations of the CS and US and one presentation of the US alone. Conditioning procedures.

Animals. Data were obtained from 22 male New Zealand albino rabbits (Oryctolagus cuniculus), weighing 2.5–3.0 kg each (in addition, 28 rabbits were not included in the study because of evidence for short-latency responses after picrotoxin infusion and histological examination revealed that the cannulas were misplaced). The animals were individually housed and had access to food and water ad libitum. Treatment of the animals and surgical procedures were in accordance with an approved animal welfare protocol.

Surgical preparation. All animals were first prepared with a cannula implanted in the anterior interpositus nucleus and with a head bolt cemented to the skull. Animals were preanesthetized with 5 mg/kg acepromazine, and their skulls were immobilized in a stereotaxic restrainer. Anesthesia was maintained with halothane (1–2% mixed in oxygen), and sterile procedures were used during the placement of the cannulas. After exposing the skull, four holes were drilled to accommodate screws that would be used to affix a bolt to the skull. A large cannula tip was drilled just small enough to allow the guide tube and wax to be inserted. The head was positioned with lambda 1.5 mm ventral to lambda. A cannula (Plastics One, Roanoke, VA) consisting of a 26 gauge stainless steel guide sheath and a 33 gauge internal cannula that projected 1.2 mm beyond the tip of the guide sheath was placed at stereotaxic coordinates corresponding to the nucleus (0.7 mm anterior, 4.9 mm lateral, and 14.0 mm ventral to lambda). After placement, the electrode assembly and head bolt were secured to the skull with dental acrylic, and the skin was sutured. Two stainless steel stimulating electrodes were chronically implanted in the periorbital muscles rostral and caudal to the eye. Antibiotics, intravenous fluids, and analgesics were administered after surgery as needed, and animals were allowed at least 1 week to recover.

Conditioning procedures. The standard training session involved a Pavlovian conditioning delay protocol with a 500 msec interstimulus interval. Each daily training session consisted of 12 nine-trial blocks. Each block was comprised of eight paired presentations of the CS and US and one presentation of the CS only. The CS (a 1 kHz, 85 dB tone) was presented for 550 msec during CS-alone trials and coterminated with a 50 msec train of constant current pulses (200 Hz, 1 msec pulse width, 2–3 mA) delivered to the periorbital electrodes during paired trials. Trials were separated by a random intertrial interval in the 25–35 sec range. Stimulus presentation and data acquisition were controlled using a custom software. Movement of the unrestrained eyelid was recorded by measuring the reflectance of an infrared light-emitting diode placed at the eyelid. Voltage responses were determined to be linearly related to eyelid movement and were calibrated for each animal daily.
Data analysis. Peak response amplitude, onset latency, and peak latency were calculated by custom software. Digitized sweeps (one point per msec) corresponded to the 200 msec before and 2300 msec after the CS onset. Once calibrated, peak amplitude was measured relative to an average of the 200 msec baseline collected before CS onset. To be counted as a conditioned response, onset latency had to follow CS onset, and the movement amplitude had to reach 0.3 mm before US onset during paired trials. This criterion was relaxed for CS-alone trials in which movements were counted as conditioned responses if they reached a 0.3 mm amplitude at any time after CS onset. Trials in which there was >0.3 mm of movement during the baseline were excluded from additional analysis. Onset latency was determined by calculating the point at which the response reached criterion.

Drug infusion. Test sessions with picrotoxin were conducted before acquisition, after 5 d of acquisition, after 15, 30, or 45 d of extinction, and after 5 d of reacquisition. All animals were tested after 5 d of acquisition and after 5 d of reacquisition but, to examine savings after different amounts of extinction, not all animals were tested at all of the extinction time points. The maximum and minimum numbers of test sessions received by a single animal were six and four, respectively. Except for the session given before acquisition, each test session began with four blocks of trials (CS plus US during acquisition or CS-alone during extinction) to establish a baseline of responding before drug infusion. To minimize the effects of conditioning, the test session given before acquisition consisted of only 24 CS-alone trials. Then the session was paused, and 1 μl of picrotoxin (2 mM) was infused at a rate of 0.5 μl/min. After waiting for 0.5 hr, the session was resumed and the animals received six more blocks of trials (CS plus US during acquisition or CS-alone during extinction). Animals were allowed at least 10 d between test sessions.

Histology. After training, the location of the lesion was determined for each animal using standard histological procedures. Briefly, the infusion site was marked by passing a DC current (200 μA for 20 sec) through a small wire cut to the length of the internal cannula and exposed at the tip. Animals were killed with an overdose of sodium pentobarbital and perfused intracardially with 1.0 l of 10% formalin. The brains were removed and stored in 10% formalin for several days. Brains were embedded in an albumin gelatin mixture, and the cerebellum was sectioned using a freezing microtome (80 μm sections). Tissue was mounted, stained with cresyl violet, and counterstained with Prussian blue (for representative histological samples, see Fig. 7).

RESULTS

Simulations show savings attributable to residual plasticity in the cerebellar nucleus

The present experiments were designed to test mechanisms for savings suggested by a recently developed cerebellar simulation of eyelid conditioning (Medina et al., 2000). Building a detailed computer representation of the cerebellum was made possible by the extensive information available about cerebellar anatomy and physiology (Fig. 1; see Materials and Methods) (Eccles et al., 1967; Llinas, 1981; Ito, 1984; Voogd and Glickstein, 1998). Thus, the simulation is comprised of representations of cerebellar neurons and synapses whose connectivity and properties are derived from empirical findings. In addition, the simulation incorporated recent evidence for plasticity in both the cerebellar cortex (gr→Pkj synapses) and cerebellar nucleus (mf→nuc synapses) (Robinson, 1976; Perrett et al., 1993; Raymond et al., 1996; Mauk, 1997). Based on empirical evidence, plasticity in the cerebellar cortex was controlled by climbing fiber inputs such that gr→Pkj synapses active during a climbing fiber input decreased in strength (LTD) and those active in the absence of a climbing fiber input increased in strength (LTP) (Sakurai, 1987; Ito, 1989; Hirano, 1990; Shibuki and Okada, 1992; Linden, 1994; Salin et al., 1996). As first suggested by Miles and Lisberger (1981) and supported more recently by theoretical (Medina and Mauk, 1999) and empirical (Perrett and Mauk, 1995; Aizzenman and Linden, 2000) analyses, plasticity in the cerebellar nucleus was controlled by inhibitory inputs from Purkinje cells. Thus, LTD of mf→nuc synapses occurred during strong inhibitory Purkinje cell inputs, whereas LTP was induced during transient pauses in this inhibition. The same results were obtained when plasticity at mf→nuc synapses was substituted by the recently reported changes in nucleus cell excitability, as long as this form of nonsynaptic plasticity remained under the control of Purkinje cell inputs (Aizzenman and Linden, 2000). Eyelid conditioning was simulated by programming the computer to activate the simulated mossy fiber and climbing fiber afferents based on how these fibers are known to be activated by the CS (Aitkin and Boyd, 1978) and US (Sears and Steinmetz, 1991), respectively (Fig. 1; see Materials and Methods). Because eyelid conditioning has been shown to increase the activity of nucleus cells in response to the CS (McCormick and Thompson, 1984) and this increased activity is necessary for response expression (McCormick and Thompson, 1984; Krupa et al., 1993), the activity of the simulated nucleus cells during the CS was taken as a measure of learning (Fig. 1). Thus, our approach has been to build a simulation whose properties and parameters are constrained by what is known about cerebellar physiology and then to ask whether this simulation displays the capacity for eyelid conditioning. Neither the capability to acquire or extinguish conditioned responses nor the capability for savings were explicitly built into the simulation with hypothetical features or arbitrary parameters.

Although we have reported previously that this cerebellar simulation can acquire and extinguish conditioned responses (Medina et al., 2000), here we show that the simulation also displays robust savings during reacquisition (Fig. 2). As shown in the right panel of Figure 2A, simulated reacquisition was faster than original acquisition, which is shown with the gray line for comparison. Savings occurred in the simulations because of four factors. First, the acquisition of robust conditioned responses required the induction of plasticity in both the cerebellar cortex (gr→Pkj synapses) and cerebellar nucleus (mf→nuc synapses), which is consistent with results from previous studies of cerebellar-mediated motor learning (Robinson, 1976; Perrett et al., 1993; Raymond et al., 1996; Mauk, 1997). Second, because of interactions between the rules for plasticity at these two sites, induction of plasticity in the cerebellar cortex and the ensuing change in simulated Purkinje cell activity was necessary to drive the induction of plasticity in the nucleus. These first two factors make the induction of plasticity at mf→nuc synapses the limiting factor for the rate of acquisition. Third, although the reversal of plasticity in the cerebellar cortex during extinction occurred quickly and was sufficient to suppress responding, plasticity in the nucleus reversed more slowly. Fourth, during simulated reacquisition, the presence of this residual plasticity in the cerebellar nucleus was responsible for the accelerated rate of relearning. Although our main goal is to test these predictions empirically, it is instructive to examine in more detail how the simulations produce savings.

In the simulations, residual plasticity in the cerebellar nucleus was produced by interactions between rules and sites of plasticity that made the induction of plasticity somewhat sequential. During simulated eyelid conditioning, the first changes involved decreased activity of Purkinje cells during the CS (Fig. 2B,C). This decrease was produced by the US activating the climbing fiber input and leading to the induction of LTD at CS-activated gr→Pkj synapses as soon as acquisition training was started. In contrast, induction of plasticity at the mf→nuc synapses was not directly under the control of inputs activated by conditioning stimuli but was instead under the control of Purkinje cells (see
Figure 2. Nucleus and Purkinje cell activity during simulated acquisition, extinction, and reacquisition. A. The changes in activity of simulated nucleus cells paralleled the changes in responding observed during eyelid conditioning. Nucleus cell activity increased during acquisition, decreased during extinction, and increased again during reacquisition at a faster rate (savings). The rate of original acquisition is shown in gray for comparison. B. The changes in nucleus activity shown in A were produced by the induction of plasticity at gr→Pkj synapses (shown as Cortex plasticity) and mf→nuc synapses (shown as Nucleus plasticity). Because Purkinje cells are inhibitory whereas mossy fibers are excitatory, both LTD at gr→Pkj synapses and LTP at mf→nuc synapses helped increase the activity of nucleus cells (during acquisition and reacquisition). Conversely, during extinction, LTP of gr→Pkj synapses and LTD of mf→nuc synapses decreased nucleus cell activity. Note that, during extinction (middle), learning-induced plasticity at gr→Pkj synapses was reversed rapidly, whereas reversal of plasticity at mf→nuc synapses took longer. This residual nucleus plasticity was responsible for savings in the simulations. C. Activity of a representative simulated Purkinje cell at different points during acquisition (A0, before acquisition; A1, after 100 acquisition trials; A5, after 500 acquisition trials) and extinction (E1, after 100 extinction trials; E5, after 500 extinction trials). The long and short lines under the activity plots represent the CS and US, respectively. During acquisition, climbing fiber-induced LTD at gr→Pkj synapses resulted in a reduction of Purkinje cell activity at approximately the time of the US (A1, A5). In contrast, induction of LTP at these synapses restored the activity of Purkinje cells during extinction (E1, E5). D. For the same time points as in C, the thin and thick lines represent, respectively, the average simulated nucleus cell activity during 50 trials before (Pre-infusion) and after (Picrotoxin) simulated disconnection of the cerebellar cortex. Initially during acquisition (A0, A1), disconnection of the cerebellar cortex did not result in short-latency responses because LTP had not yet been induced at the mf→nuc synapses. However, by the end of simulated acquisition (A5), disconnection of the cerebellar cortex unmasked the presence of LTD at mf→nuc synapses by revealing short-latency responses. After extinction (E1), cerebellar cortex disconnection still unmasked these short-latency responses because mf→nuc synapses remained potentiated (see B). If extinction was prolonged (E5), the magnitude of the short-latency responses began to decrease as mf→nuc synapses underwent LTD.

Materials and Methods). Therefore, during simulated conditioning, the induction of LTP at mf→nuc synapses could only begin after plasticity in the cerebellar cortex had started to produce transient decreases in Purkinje activity during the CS. As shown in Figure 2B, this necessarily makes the induction of plasticity at simulated mf→nuc synapses lag behind plasticity at gr→Pkj synapses. Because the expression of robust responses in the simulations requires plasticity at both sets of synapses, the rate of initial acquisition was determined primarily by the delayed induction of LTP at the simulated mf→nuc synapses.

The changes that had been induced during acquisition were reversed in the same sequence during simulated extinction training, and this led to residual plasticity at the mf→nuc synapses after extinction. During simulated extinction, climbing fiber activity was inhibited when the CS was presented because of increased response-related inhibition coming from the cerebellar nucleus, as well as the decreased excitation from the absent US. The importance of nucleus cell inhibition of climbing fibers during simulated extinction is therefore consistent with findings that blockade of cerebellar nucleus output during extinction training prevents the extinction of conditioned responses (Ramnani and Yeo, 1996). The initial changes that resulted from the lack (inhibition) of climbing fiber activity during the CS were the induction of LTD at gr→Pkj synapses, which restored the robust CS activity of the Purkinje cells (Fig. 2B, C). Indeed, as shown in the middle panel of Figure 2B, CS activity of Purkinje cells during simulated extinction was not simply reversed to its initial state but was instead slightly increased beyond it. This restored activity during the CS was sufficient to suppress responding and thus, consistent with a number of behavioral studies, the rate of extinction was significantly faster than the rate of acquisition (Schneiderman et al., 1962; Napier et al., 1992). In contrast to this rapid reversal of plasticity at gr→Pkj synapses during extinction, the signals required to produce extinction-induced LTD at mf→nuc synapses did not occur until robust Purkinje cell activity had been restored. Thus, there was a prolonged period during extinction when conditioned responses were fully extinguished, but there remained residual plasticity in the nucleus at mf→nuc synapses (Fig. 2B, middle). During this period, no increases in nucleus cell activity were observed in response to the CS because the residual LTD at mf→nuc synapses was being counterbalanced by the slightly increased Purkinje cell activity that had resulted previously from the induction of LTD at gr→Pkj synapses. Retraining at any time during this phase produced savings because the residual plasticity in the nucleus made the rate of relearning dependent only on the relatively quick induction of plasticity in the cortex.

This analysis leads to three testable predictions. First, during acquisition, the induction of plasticity in the nucleus should parallel the acquisition of behavioral responses, consistent with this plasticity being the initial limiting factor. Second, plasticity in the cerebellar nucleus should persist after conditioned responses have been extinguished. As shown in Figure 2D, the simulations revealed residual plasticity by the way in which short-latency
responses could be unmasked after disconnection of the cerebellar cortex with simulated infusion of picrotoxin in the cerebellar nucleus. In the simulations, these short-latency responses could be unmasked by picrotoxin even after conditioned responses had been fully extinguished. Third, the rate of reacquisition for individual rabbits should correlate with the magnitude of the short-latency responses unmasked on the last day of extinction before reacquisition. As a corollary of this last hypothesis, the simulations predict that, with extended extinction training, the amount of savings should be reduced as the \( mf-nuc \) synapses decrease in strength, and residual plasticity in the cerebellar nucleus is eventually eliminated (Fig. 2D, E5). As is always the case when modeling brain function, our simulations are only approximations. For example, residual plasticity in our simulations is a fundamental consequence of the sequential reversal of plasticity in the cerebellar cortex and nucleus during extinction. However, the precise rate at which nucleus plasticity is reversed during extinction and the exact duration of residual plasticity will depend on mechanistic details that are as yet unknown. Thus, although these predictions are specific, their scope is qualitative. The following sections present empirical tests of these three predictions.

**Prediction 1: rate of acquisition of short-latency responses**

The ability to test these predictions was facilitated by previous observations that the cerebellar cortex can be reversibly disconnected by blocking the downstream actions of Purkinje cells with infusions of the GABA antagonist picrotoxin into the interpositus nucleus of the cerebellum (Garcia and Mauk, 1998). This study showed that infusing picrotoxin in the interpositus nucleus does not abolish conditioned responses completely but disrupts their learned timing. Normally conditioned responses are appropriately delayed to peak near the time the US occurs (Millenson et al., 1977; Mauk and Ruiz, 1992). After disconnection of the cerebellar cortex with picrotoxin infusion in the nucleus, responses display a short and relatively fixed latency to onset. In addition to blocking Purkinje cell input to the nucleus, the infusion of picrotoxin in the cerebellar nucleus is also likely to block the action of inhibitory interneurons. However, the emergence of short-latency responses after infusion of picrotoxin is probably caused mainly by the blockade of Purkinje cell input to the nucleus because lesions of the cerebellar cortex produce the same effects on response timing (Perrett et al., 1993; Perrett and Mauk, 1995; Garcia et al., 1999). Nevertheless, a contribution from inhibitory interneurons in generating short-latency responses cannot be ruled out. In the simulations, the short-latency responses were mediated by learning-induced plasticity in the interpositus nucleus. Although recent evidence is consistent with this view (Raymond et al., 1996; Garcia and Mauk, 1998; Nores et al., 1999; Steele et al., 1999; Aizenman and Linden, 2000), it is possible that extracerebellar sites of plasticity could play a role in generating the short-latency responses (see Discussion). However, it is the predicted residual nature of the plasticity mediating the short-latency responses and not the localization of the site of plasticity that is essential for the results that follow regarding mechanisms for savings.

To examine the time course for induction of the plasticity responsible for the short-latency responses, we repeatedly disconnected the cerebellar cortex in the same group of rabbits throughout 5 d of training (Fig. 3; the number of rabbits participating in each average data point is given in parentheses under the horizontal axis). Figure 3A shows sample average eyelid traces in one representative rabbit (for histology, see Fig. 7) after picrotoxin infusions before training was started and after 5 d of acquisition. In general, we observed that the rate of acquisition of short-latency responses paralleled the acquisition of well timed behavioral responses observed in the same rabbits before the picrotoxin infusion (Fig. 3B). During acquisition, the rate of increase in the frequency of short latency responding did not differ significantly from the rate of acquisition of well timed conditioned responses produced with an intact cerebellar cortex in the same rabbits. A two-way, mixed ANOVA performed to test for effects of picrotoxin and acquisition training on percentage conditioned responding over test sessions A0–A5 demonstrated significant effects for training \( \left( F_{(5,26)} = 42.16; p < 0.001 \right) \) but not for picrotoxin \( \left( F_{(1,26)} = 0.22 \right) \), nor was there a significant interaction \( \left( F_{(5,26)} = 0.87 \right) \). The small differences observed in the amplitudes of the responses in picrotoxin versus preinfusion for sessions A4 and A5...
were attributable to the rabbits squinting after the infusion, which resulted in a partially closed eyelid throughout the infusion and a maximum amplitude of the short-latency response of ~4 mm. These results are consistent with the prediction that the induction of the plasticity mediating the short-latency response is a rate-limiting factor during initial acquisition, although they do not exclude contributions from other factors as well. Next, we examine the predictions related to savings and residual plasticity during extinction, which form the core of the present results.

Prediction 2: residual plasticity after extinction
To test for the presence of residual plasticity at the site mediating the short-latency responses, we began by repeatedly disconnecting the cerebellar cortex at different times during extinction in a second group of rabbits (Fig. 4); the number of rabbits participating in each average data point is given in parentheses under the horizontal axis). Although conditioned responses in the intact animals were in general completely extinguished by the end of the second day (Fig. 4B, top and middle, circles), infusion of picrotoxin into the interpositus nucleus of the same animals reliably unmasked short-latency responses after 5, 15, and 30 d of extinction (Fig. 4B, top and middle, squares). Indeed, short-latency responses were seen in two animals, even after 45 d of extinction training (for raw traces from these rabbits, see Figs. 4A, 5; for histology showing placement of cannulas, see Fig. 7). Whether these short-latency responses are mediated by plasticity in the interpositus nucleus of some other extracerebellar site, these results are consistent with the second prediction of the simulations; namely, that residual plasticity responsible for short-latency responses remains after conditioned responses have been fully extinguished.

Figure 4 also illustrates that, as predicted by the simulations, prolonged extinction eventually reverses residual plasticity as measured by a significant decrease in the amplitude and frequency of short-latency responses generated by picrotoxin infusion after 45 d of extinction \(F(4,38) = 49.01; p < 0.001\); Dunnett’s test; \(p < 0.001\). Importantly, the amplitude and frequency of short-latency responses recover with reacquisition training (Fig. 4B, black REACQ bar; no statistical difference between groups A5 and REACQ), confirming that the decrease in short-latency responding observed during extinction is not a function of damage to the cerebellar circuitry or a consequence of picrotoxin losing effectiveness with repeated infusions.

Prediction 3: the magnitude of residual plasticity correlates with the magnitude of savings
To test this prediction, we compared the rate of reacquisition with the magnitude of the short-latency responses unmasked by picrotoxin the day before. Rabbits received 5, 15, or 45 d of extinction and were then retrained. As shown in Figure 6A, rabbits that showed strong evidence for residual plasticity on the last day of extinction before reacquisition (as indicated by the presence of big short-latency responses after infusion of picrotoxin) reacquired the conditioned response relatively quickly. In contrast, reacquisition was slower in rabbits that showed little evidence for residual plasticity the previous day. This relationship is revealed clearly in the five rabbits that were extinguished for 15 d (Fig. 6A, filled circles). Three of these rabbits reacquired the response very rapidly (~35 trials) after showing short-latency responses reliably on the previous day. The other two rabbits in this group showed little evidence for residual plasticity after 15 d of extinction and relearned the conditioned response at a much slower rate (~100 trials). Figure 7 shows sample cannula placements for some of these rabbits.

Surprisingly, the magnitude of the short-latency responses on the day before reacquisition was a better predictor of the rate of reacquisition than the total number of days of extinction training received before reacquisition. Although both the magnitude of the short-latency response \((p < 0.001)\) and the days of extinction
DISCUSSION

We have used eyelid conditioning in rabbits to test three predictions about cerebellar mechanisms for savings that were suggested by a large-scale computer simulation of the cerebellum. The simulations predicted that the slow rate of initial learning should parallel the induction of plasticity in the cerebellar nucleus, that extinction should only very slowly reverse this nucleus plasticity, and that, after extinction, savings should occur because plasticity, and that, after extinction, savings should occur because

The simulations predicted that the slow rate of initial learning should parallel the induction of plasticity in the cerebellar nucleus, that extinction should only very slowly reverse this nucleus plasticity, and that, after extinction, savings should occur because residual plasticity in the nucleus contributes to the rapid rate of relearning. To test these three predictions, we made use of the ability to reversibly disconnect the cerebellar cortex during different phases of acquisition and extinction by infusing picrotoxin into the cerebellar nucleus of rabbits (Garcia and Mauk, 1998).

This disconnection unmasks short-latency conditioned responses that are mediated by a site of plasticity outside of the cerebellar cortex, possibly in the cerebellar nucleus (Garcia and Mauk, 1998; Nores et al., 1999; Steele et al., 1999). Results from these reversible lesion experiments were consistent with all three of the predictions. First, the rate of acquisition of short-latency responses was similar to the rate of acquisition of normal conditioned responses. Second, the presence of residual plasticity was revealed by the ability of picrotoxin to unmask short-latency responses that were extinguished for 5, 15, or 45 d are shown as triangles, circles, and squares, respectively. Regardless of the amount of extinction that these rabbits had been exposed to, rabbits in which picrotoxin revealed consistent short-latency responses before reacquisition required fewer trials to relearn the conditioned response than rabbits in which picrotoxin did not unmask short-latency responses ($r = -0.87; p < 0.001$). Thus, in general, increasing the number of extinction sessions given before reacquisition training resulted in slower rates of reacquisition. However, this relationship was not as strong as in $A$, suggesting that residual plasticity, as measured by the ability of picrotoxin to unmask short-latency responses after extinction, is an even better predictor of the rate of reacquisition than the number of days of extinction training.

$E15$ $E30$ $E45$ $REACQ$

Figure 5. Raw eyelid traces throughout acquisition and extinction for one of the two animals that showed short-latency responses after 45 d of extinction. Each of the six plots shows all of the eyelid responses given during the training session before acquisition ($A0$), at the end of 5 d of acquisition ($A5$), after 15 ($E15$), 30 ($E30$), or 45 ($E45$) d of extinction, and after reacquisition ($REACQ$). The location of the black arrow indicates the time during the session when picrotoxin (PTX) was infused into the cerebellar nucleus. The black portion of each individual trace represents the time when the CS was being presented. Picrotoxin infusions unmasked short-latency responding to the CS long after conditioned responses had been extinguished.

Figure 6. Two predictors of the rate of reacquisition. $A$. The scatterplot reveals a strong correlation between the magnitude of the short-latency response unmasked by picrotoxin on the last day of extinction and the amount of savings subsequently observed during reacquisition. Rabbits that were extinguished for 5, 15, or 45 d are shown as triangles, circles, and squares, respectively. Regardless of the amount of extinction that these rabbits had been exposed to, rabbits in which picrotoxin revealed consistent short-latency responses before reacquisition required fewer trials to relearn the conditioned response than rabbits in which picrotoxin did not unmask short-latency responses ($r = -0.87; p < 0.001$). $B$. The amount of extinction given before reacquisition was also correlated with the amount of savings observed during reacquisition ($r = 0.64; p < 0.05$). Thus, in general, increasing the number of extinction sessions given before reacquisition training resulted in slower rates of reacquisition. However, this relationship was not as strong as in $A$, suggesting that residual plasticity, as measured by the ability of picrotoxin to unmask short-latency responses after extinction, is an even better predictor of the rate of reacquisition than the number of days of extinction training.

Figure 7. Examples of cannula placements. Sections showing a coronal view from eight of the 22 animals that were used in this study. The sections with *, **, or *** are from the rabbits whose raw data are shown in Figures 3A, 4A, and 5, respectively. The other five were chosen randomly from the remaining animals. The white arrows indicate the location of the cannula tip.
responses, even when normal conditioned responses had been extinguished for some time. Third, the rate of reacquisition was strongly correlated with the magnitude of the short-latency response unmasked during the last extinction session before reacquisition.

At some level of abstraction, the mechanism for savings suggested by our simulation is similar to the manner in which Kehoe's layered network model generates savings by protecting residual excitatory strength from the full consequences of extinction (Kehoe, 1988). However, unlike Kehoe's model, the present simulation predicted that, with extended extinction training, the amount of savings should be reduced as residual plasticity in the nucleus is slowly reversed. Although we have confirmed this prediction here, a previous study did not find any strong evidence to suggest that prolonged extinction training would slow down the rate of reacquisition (Napier et al., 1992). However, because the total amount of extinction given in the previous study was the equivalent of eight of our sessions (900 extinction trials), it is possible that reacquisition training was begun before cerebellar nucleus plasticity was significantly reversed. Indeed, the data presented in Figure 4 suggest that, on average, residual plasticity in the nucleus should be quite strong after eight sessions of extinction, which would account for the fast reacquisition rate observed in the previous study. Nevertheless, even in the results presented here, it was not possible to eliminate savings completely as revealed by the observation that, on average, reacquisition was still slightly faster than original acquisition, even after 45 sessions of extinction. Although our simulation predicts that once residual plasticity in the cerebellar nucleus has been completely reversed the rate of reacquisition should be indistinguishable from the rate of original acquisition, it is very likely that other factors (such as the animal becoming accustomed to the training environment) can also contribute to savings.

Excluding Kehoe's model (Kehoe, 1988), most theoretical mechanisms for savings had centered previously around the proposition, first introduced by Pavlov (1927), that extinction cannot simply involve unlearning the original CS–US association and must instead require new (inhibitory) learning that opposes (but does not reverse) the learning accrued during acquisition (Scavio and Thompson, 1979; Klopf, 1988; Bouton, 1991). Indeed, the phenomenon of savings is among the evidence that has encouraged the general view that extinction cannot simply entail reversing the plasticity that was induced during acquisition. Although this may be true for many forms of learning, our results suggest how savings can occur, even with extinction mechanisms that reverse or unlearn changes that occurred during acquisition. As is the case in our simulations, savings may be explained by considering two sites of plasticity whose reversal during extinction occurs somewhat sequentially. Because cerebellar-mediated motor learning is inherently bidirectional, as shown not only during eyelid conditioning (Scavio and Thompson, 1979) but also during adaptation of the vestibulo-ocular reflex (VOR) (Miles and Eighmy, 1980) and saccades (Optican and Robinson, 1980), mutually reversing mechanisms of learning and extinction seem fitting and intuitive for the cerebellum. However, this may not be true for learning mediated by other brain systems.

Although the proposed mechanism for savings does not depend on the precise location of the plasticity mediating the short-latency responses, recent evidence from behavioral and physiological studies is consistent with a site of plasticity in the cerebellar nucleus (Raymond et al., 1996; Garcia and Mauk, 1998; Nores et al., 1999; Steele et al., 1999; Aizenman and Linden, 2000). For example, we have found that the plasticity mediating the short-latency responses can still be induced with training in which the downstream target of the cerebellar nucleus, the red nucleus, is blocked pharmacologically (Nores et al., 1999; Steele et al., 1999). Although these data do not distinguish between the contributions made by inhibitory (from Purkinje or interneurons) or excitatory (from mossy fibers) inputs to the nucleus, the results are inconsistent with the generation of short-latency responses by sites of plasticity downstream from the interpositus nucleus. Additional support for nucleus plasticity comes from studies of adaptation of the VOR. Using a combination of lesion, simulation, and detailed electrophysiological approaches, Lisberger and colleagues have found that the shortest latency changes in VOR modification involve plasticity at the vestibular nuclei (which are analogous to the deep cerebellar nuclei in eyelid conditioning) (Raymond et al., 1996). To the extent that comparisons between these two forms of cerebellar-dependent motor learning are valid, the VOR results suggest a role for plasticity in the cerebellar nuclei during eyelid conditioning (Raymond et al., 1996). Finally, the control of plasticity in the cerebellar nucleus by Purkinje cell inputs, which is key for the ability of the simulation to display savings, is supported by a recent examination of changes in the excitability of cerebellar nucleus cells (Aizenman and Linden, 2000). This study demonstrated that the excitability of cerebellar nucleus cells was increased after stimuli that resulted in Ca$^{2+}$ entry. The authors argued that, in vivo, the Ca$^{2+}$ transient that has been reported in response to a pause in Purkinje cell activity would suffice to induce the observed increase in excitability. The simulation results presented here were independent of changes in excitability versus synaptic strength, as long as these changes were controlled by Purkinje cell inputs. In principle, even de novo formation of new synapses in the cerebellar nuclei or plasticity at inhibitory interneurons, as long they are controlled by Purkinje cell inputs, are also consistent with both the results of the simulations and the reversible lesion data that we report here.

Arguments have been presented suggesting that a second site of plasticity outside the cerebellar cortex is not necessary for the expression of conditioned responses or at least that plasticity does not occur in the cerebellar nucleus (Yeo et al., 1985; Hesslow et al., 1999). Cerebellar nucleus plasticity is disputed by observations that lesions of the cerebellar cortex can abolish the expression of previously learned responses (Yeo et al., 1985). However, this observation is contradicted by recent studies, which have revealed short-latency responses after lesion or reversible disconnection of the cerebellar cortex and thus suggest that lesions that completely abolish conditioned responses may have involved inadvertent damage to the interpositus nucleus (Perrett et al., 1993; Perrett and Mauk, 1995; Garcia and Mauk, 1998; Garcia et al., 1999). Cerebellar nucleus plasticity mediated by the mossy fiber input has also been disputed on the basis that strong mossy fiber stimulation fails to elicit short-latency responses (Hesslow et al., 1999). It remains possible, however, that background Purkinje cell activity was able to suppress short-latency responses in this experiment and that evidence for short-latency responses would have been observed had the mossy fibers been stimulated during disconnection of the cerebellar cortex. In addition, this study does not rule out the possibility that plasticity in the cerebellar nucleus could be mediated by nonsynaptic changes. Thus, an important challenge for the future will be to determine with certainty the location of the plasticity that mediates the short-latency responses, to identify the nature of this plasticity (excitability, synaptic plasticity, and formation of new synapses), and to under-
stand the signals that control its induction. For the present, our results suggest that, whatever the answers to these questions, residual plasticity mediating short-latency responses after the extinction of conditioned responses is at least partly responsible for the savings seen during relearning in eyelid conditioning.

REFERENCES


