The Glucocorticoid Receptor as a Potential Target to Reduce Cocaine Abuse

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Several findings suggest that glucocorticoid hormones are involved in determining the propensity of an individual to develop cocaine abuse. These hormones activate two related transcription factors, the glucocorticoid receptor (GR) and the mineralocorticoid receptor. In this study, we show that the selective inactivation of the GR gene in the brains of mice profoundly flattened the dose–response function for cocaine intravenous self-administration and suppressed sensitization, two experimental procedures considered relevant models of addiction. Furthermore, administration of a GR antagonist dose-dependently reduced the motivation to self-administer cocaine. Importantly, the absence of GR did not modify the basal behavioral and molecular effects of cocaine but selectively modified the excessive response to the drug spontaneously present in certain vulnerable individuals or induced by repeated drug exposure in others. In conclusion, we provide the first genetic evidence that the GR gene can modulate cocaine abuse. This suggests that targeting GR function in the brain could provide new therapeutic strategies to treat cocaine addiction for which there is no available treatment.

Key words: cocaine; self-administration; intravenous; sensitization; glucocorticoid receptor; mifepristone; transgenic; c-Fos

Introduction

Glucocorticoid hormones (GCs) have been involved in the determination of the propensity of an individual to develop cocaine abuse (Piazza and Le Moal, 1997; Goeders, 2002). Thus, GCs facilitate acquisition, maintenance, and relapse of cocaine self-administration (SA) (Piazza et al., 1991; Goeders and Guerin, 1996; Deroche et al., 1997; Mantsch and Goeders, 1999). Furthermore, a functional hyperactivity of GCs has been found in individuals in whom a higher vulnerability to drugs is spontaneously present (Piazza and Le Moal, 1997) or has been induced by chronic stress (Piazza and Le Moal, 1998). Clearly, these results could have important implications for developing new strategies to treat cocaine abuse for which there is no available treatment. However, an essential step for pursuing this goal is the identification of the brain receptor mediating the effects of GCs on behavioral responses to cocaine.

GCs act on the mammalian brain through two main receptors (McEwen et al., 1986; De Kloet et al., 1998; Sapolsky et al., 2000), the mineralocorticoid receptor and the glucocorticoid receptor (GR). These receptors are transcription factors belonging to the superfamily of nuclear receptors (Beato et al., 1995). They modulate target gene transcription after binding to DNA or by interfering with the activity of other transcription factors. In addition, several nongenomic effects of GCs have been described previously (Madara and Haller, 2001). Although the molecular mechanisms mediating these effects remain unknown, some rapid effects of GCs seem to involve the GR (Hafezi-Moghadam et al., 2002). Unfortunately, available data do not allow precise definition of which of these substrates mediate the effects of GCs on behavioral responses to cocaine.

We investigated the molecular basis of the interaction between GCs and the behavioral effects of cocaine by using mice that had the GR gene specifically inactivated in the CNS. These mutants, generated using the Cre-loxP system (Tronche et al., 1999), allow differentiation between the potential involvement of peripheral versus central receptors and provide the only available approach to analyze the behavioral role of GRs, because the invalidation of the gene is lethal. We studied the following two behavioral responses to cocaine: (1) cocaine-induced intravenous SA, which is considered the best experimental model of drug abuse (Schuster and Thompson, 1969; Koob and Weiss, 1990), and (2) cocaine-induced behavioral sensitization, which is defined by the increase in the behavioral effects of cocaine that is observed over repeated drug injections and is a process that is proposed to be involved in the development of addiction (Robinson and Berridge, 1993). We also studied the expression of the mRNA of the immediate early gene c-fos, which is considered to be a measure of neuronal activation by cocaine and may be involved in the cellular changes leading to addiction (Nestler, 2001).
zation in mice. These results prompted us to test the effects of the most frequently used GR antagonist mifepristone (Gagne et al., 1985) on cocaine SA in rats. Mifepristone profoundly reduced the motivation to self-administer cocaine. Clearly, these results could have important implications for developing new strategies to treat cocaine abuse.

Materials and Methods

Animals

Mice. Using the Cre-loxP recombination system, mice with GR inactivation in the nervous system were generated (Tronche et al., 1999). Male GrllloxP/loxP NesCre (GR NesCre) mice and their corresponding controls (GrllloxP/loxP) were used (Tronche et al., 1999). Animals were 3–4 months of age when tested.

Rats. Three-month-old male Sprague Dawley rats (Iffa Credo, Lyon, France) (300–350 gm) were used. Animals were individually housed and had ad libitum access to food and water. A 12 hr light/dark cycle was used in the animal houses of both rats and mice. Temperature (22 ± 1°C) and humidity (60 ± 5%) were controlled. The sensitization experiment was performed during the light period, and the SA experiments were performed during the dark period.

Intravenous SA

Although different sizes, the SA chambers (Imetronic, Pessac, France) for mice (18 cm long × 11 cm wide × 15 cm high) and rats (40 cm long × 30 cm wide × 52 cm high) were built on the same principle. Each chamber contained two holes located on each of the two smaller walls; the holes were equipped with photoelements to detect nose-poke responses. As described previously (Deroche et al., 1997), 6 d after catheter implantation, each animal was placed daily in an SA chamber, in which its chronically implanted intracardiac catheter was connected to a pump-driven syringe through a single-channel swivel and Tygon tubing. The introduction of the animal's nose into one hole (active device) switched on the infusion pump (infusion speed, 20 μl per sec). For mice, it also turned on a cue light for a total of 4 sec, starting 1 sec before the infusion. Nose pokes in the other hole (inactive device) resulted in no scheduled consequences. Each infusion was followed by a 20 sec time-out period for rats and a 40 sec time-out period for mice. Experimental contingencies were controlled, and data were collected by PC Windows-compatible software (SK-AA; Imetronic). The criterion for stabilization was considered a variation in responding of <10% over 2 consecutive days.

Motor activity

Motor activity was measured in Plexiglas cages (19 cm long × 11 cm wide × 14 cm high) placed in frames mounted with computer-monitored photocell beams (Imetronic). The horizontal locomotion frames consisted of two couples of parallel beams. In each couple, the two beams were separated by 3 cm. The distance between the two couples was 12 cm. Horizontal locomotion was estimated by the number of cage crossings (i.e., consecutive breaks of the two couples of beams).

In situ hybridization

In situ hybridization was performed on frontal sections (12 μm) with a c-fos oligonucleotide probe (5'-GGTGAAGGAGGACCCAGCTGT-GAGAAGGAGTCGGCTGGGGAATG-3'), labeled by tailing with [35S]deoxyadenosine triphosphate (NEN, Boston, MA), with a specific activity of 2 × 10⁶ cpm/mg, as described previously (Jaber et al., 1999). Sections were exposed at room temperature to x-ray films (Biomax MR; Eastman Kodak, Rochester, NY) for 30 d. The quantification procedure was performed with a Biocom (Les Ulis, France) 200 image analyzer. Probe concentration and exposure times were chosen to stay within a linear range of detection. Samples from individual animals were analyzed in triplicate. Six structures were analyzed according to the mouse brain stereotaxic atlas by Franklin and Paxinos (1997): nucleus accumbens core, nucleus accumbens shell, dorsolateral striatum, mediodorsal striatum, motor cortex, and prefrontal cortex.

Protocols

Cocaine SA in GR NesCre mice. Seven GrllloxP/loxP (controls) and seven GR NesCre mice were trained to self-administer cocaine during one daily 1-hr session. Animals were first tested for acquisition at the dose of 2 mg · kg⁻¹ · infusion⁻¹. During this period, the ratio was progressively increased from 1 to 5 (4 d at fixed ratio 1 (FR1), 1 d at FR2, 1 d at FR3, and 5 d at FR5). After stabilization of the behavior, a dose–response study was performed. Six doses were successively tested in a descending order (1, 0.5, 0.25, 0.125, 0.06, and 0.03 mg · kg⁻¹ · infusion⁻¹) (see Fig. 1a). Each dose was tested during at least 4 consecutive days and until the criteria for stabilization were met.

Cocaine-induced behavioral and neuronal sensitization in GR NesCre mice. Controls and GR NesCre mice received a pretreatment of nine injections of either cocaine (15 mg/kg, i.p.; n = 10 for controls; n = 13 for GR NesCre) or vehicle (0.9% NaCl solution; 10 ml/kg, i.p.; n = 20 for controls; n = 20 for GR NesCre) once per day, every second day. Test n. Sensitization were performed on the third day and on the 30th day after the last injection of the pretreatment. On the first and the second tests, cocaine-pretreated animals (chronic cocaine group) as well as one-half of the saline-pretreated mice (acute cocaine group) received a cocaine injection (7.5 mg/kg, i.p.), and the other saline-pretreated animals were administered vehicle (vehicle group). For both tests, mice were placed in the activity cages 2 hr after the beginning of the light period immediately after the injection. Horizontal activity was monitored during 40 min. Animals were killed 5 min after the end of the second test for sensitization. Brains were removed, shock-frozen using isopentane on dry ice, and stored at −80°C until use for in situ hybridization.

Effect of mifepristone on cocaine SA in rats. Twelve rats were trained to self-administer cocaine (1 mg · kg⁻¹ · infusion⁻¹) during one daily 1 hr session. After acquisition and stabilization of SA behavior (15 sessions; 4 d at FR1; 1 d at FR3; and 10 d at FR5), a within-session progressive ratio schedule was applied (i.e., within the same session, the ratio requirement (number of responses required to receive one infusion) was progressively increased from 1 to 16) [1]. In this case, SA sessions lasted 5 hr. Once behavior was stabilized (stable breaking point over two consecutive sessions; ±10% variation), the effects of mifepristone were tested using a Latin square design. The breaking point was considered to be the last ratio completed by the animal followed by 1 hr during which no additional infusion was earned. This criterion was also used to terminate the session.

Data analyses

Data were analyzed by using ANOVA for repeated measures, followed when required by appropriate post hoc comparisons.

Results

Cocaine SA in GR NesCre mice

Animals in which the CNS GR gene was inactivated (GR NesCre) did not differ from control littermates in acquisition of cocaine SA when high doses of the drug (2 mg/kg) and a low ratio requirement were used (Fig. 1a). Thus, over the 11 sessions of the acquisition period, the two genotypes showed an equal rate of responding on the device giving access to cocaine and similar discrimination between the active and inactive devices (hole effect, F(1,11) = 9.34, p < 0.01; hole × genotype interaction, F(1,11) = 0.05, p = 0.82; hole × session × genotype interaction, F(10,110) = 1.07, p = 0.38). These results indicate that the two genotypes are equally capable of learning intravenous SA.

In contrast, the dose–response function for cocaine SA (Fig. 1b) profoundly differed in GR NesCre animals and control littermates. In control mice, a classical bell-shaped dose–response function was observed, characterized by an increase in responding as the dose of cocaine per infusion decreased. This behavior is usually interpreted as an attempt by the animal to maintain an ideal level of reinforcement up to the point when the unitary dose is too low to efficiently reinforce SA (Piazza et al., 2000). In contrast, in mutant animals, the dose–response function for cocaine SA was profoundly flattened and shifted downward (genotype effect, F(1,11) = 6.73, p < 0.05; genotype × dose interaction, F(6,66) = 3.33, p = 0.01). Vertical downward shifts in dose-
active and inactive devices. Responding on the inactive hole (GR NesCre, controls, ○) did not result in scheduled consequences and was used as a control of SA. FR1–FR5 indicate the number of responses required to obtain one infusion. The bars below the x-axis indicate the number of days each FR was applied. Data are expressed as the mean daily number of nose pokes (±SEM). ○. The dose–response function profoundly differed between the two genotypes and was flattened and shifted downward in GR NesCre animals (■) compared with that in control littermates (○). Data are expressed as the mean number (± SEM) of active (GR NesCre, ■; controls, ○) and inactive (GR NesCre, □; controls, ○) nose pokes over the last two sessions for each dose. *p < 0.05 compared with ■.

response function, like the one observed in mutant mice, predict a lower motivation to self-administer cocaine and a lower predisposition to develop drug abuse (Piazza et al., 2000). Similar changes in the dose–response function have been observed after sensitization of endogenous GCs in rats (Deroche et al., 1997). Together, these results indicate that GRs are the receptors by which GCs increase the reinforcing effects of cocaine.

**Cocaine-induced behavioral and neuronal sensitization in GR NesCre mice**

**Behavioral sensitization**

In control animals, cocaine pretreatment induced a clear-cut behavioral sensitization. This is shown by the higher locomotor response to cocaine observed in animals previously exposed to the drug (chronic cocaine group) compared with animals receiving cocaine for the first time (acute cocaine group) (Fig. 2). In contrast, cocaine-induced behavioral sensitization was completely suppressed in GR NesCre animals, because the locomotor response in the acute and chronic cocaine groups did not differ. These differences between genotypes were observed both 3 d (treatment × genotype interaction, F (2,45) = 5.44; p < 0.01) and 30 d after the last injection of the cocaine pretreatment (treatment × genotype interaction, F (2,43) = 3.35; p < 0.05). In contrast to the suppression of sensitization, the acute response to cocaine was preserved in mutant animals, as shown by the higher locomotor response in mutant animals after a single cocaine injection (acute cocaine group) compared with mutant animals that received a vehicle injection (vehicle group) and by the absence of differences between the two genotypes.

**Neuronal response to sensitization**

To evaluate cocaine-induced changes in neuronal activity, we quantified c-fos mRNA levels in different brain structures. In all of the brain structures studied, mutant and control animals did not differ in the expression of c-fos mRNA induced by a saline treatment (Fig. 3). In contrast, GR NesCre mice showed modified responses to cocaine compared with the responses seen in control animals (genotype, F (1,21) = 10.67; p < 0.01). These differences in c-fos mRNA induction were dependent on the brain structure (genotype × structure, F (5,105) = 2.87; p < 0.03) and on the pretreatment (cocaine vs vehicle) (genotype × drug condition, F (10,105) = 5.20; p < 0.0001). In all regions examined, the sensitization of the c-fos response induced by chronic cocaine was suppressed by the absence of GR. In contrast, c-fos gene expression after an acute cocaine injection was decreased only in the nucleus accumbens of mutant animals.

In conclusion, these results show that sensitization to cocaine at both the behavioral and molecular levels is suppressed in the absence of GRs, whereas the acute response to the drug, with the exception of c-fos gene induction in the nucleus accumbens, is not modified by this mutation.

**Effect of mifepristone on cocaine SA in rats**

The results obtained in the previous experiments suggest that the GR could be a target for developing new treatments of cocaine addiction. In particular, they suggest that reducing GR activity may decrease the motivation of an individual to self-administer drugs. Vertical downward shifts of SA dose–response functions are indeed considered to reflect a lower motivation to self-administer cocaine (Piazza et al., 2000). Furthermore, sensitization to the effects of the drug is considered one of the main processes contributing to development of the high motivation for the drug that characterizes drug abusers (Robinson and Berridge, 1993).

Reducing GR activity could be achieved by the use of mifepristone, a potent competitive antagonist of this receptor. We evaluated the potential impact of such a pharmacological manipulation in decreasing the motivation to self-administer cocaine in rats. For this purpose, we used a progressive ratio schedule that is one of the most widely used methods to measure motivation for drugs of abuse (Richardson and Roberts, 1996). It involves progressively increasing the number of responses (ratio) needed to obtain one infusion. Administration of mifepristone reduced the breaking point (last ratio completed) for cocaine SA in a dose-
Cocaine-induced neural sensitization was suppressed in CNS knock-out of the GR (GR<sup>NeC</sup>Cre). GR<sup>NeC</sup>Cre and control mice did not differ in saline-induced c-fos mRNA expression regardless of the brain structure studied. On the contrary, GR<sup>NeC</sup>Cre mice showed a modified response to cocaine. This effect depended on the brain structure studied and whether the animals were pretreated with cocaine or saline. In all of the brain structures examined here, the sensitization of the c-fos response induced in controls by a pretreatment with cocaine was suppressed in mutant animals. In contrast, the acute response to cocaine was modified by the suppression of the GR only in the nucleus (N.) accumbens. Data are expressed in arbitrary units of OD as the mean ± SEM. *p < 0.05 compared with controls; §p < 0.05 compared with saline. Photographs at the top represent examples of striatal c-fos expression on brain frontal sections (controls on the left, GR<sup>NeC</sup>Cre on the right).

Figure 4. Administration of the GR antagonist mifepristone dose-dependently reduced the breaking point for cocaine SA. <i>a</i>, Mifepristone injection in an entire group of rats (■) trained in a progressive ratio schedule dose-dependently reduced the breaking point (last ratio completed to obtain 1 infusion). <i>b</i>, When animals were divided into two groups on the basis of their performance, we found that the effect of mifepristone was present only in animals with the highest motivation to self-administer cocaine (HPR group, □). In contrast, the breaking point of animals with a low motivation to self-administer cocaine (LPR group, △) was not modified by the GR antagonist. Each point represents the mean ± SEM breaking point.

Discussion

The present experiments provide genetic evidence that brain GRs play an important role in mediating the reinforcing effects of cocaine. Over the last 10 years, pharmacological evidence has accumulated showing that GCs facilitate several behavioral responses to cocaine, including locomotor activity and SA (Piazza et al., 1991; Marinelli et al., 1994, 1997; Goeders and Guerin, 1996; Deroche et al., 1997; Mantsch and Goeders, 1999). Our results demonstrate that cocaine-induced SA involves the GR. In contrast, the locomotor response to an acute cocaine injection does not.

Our study also shows that expression of the GR is a necessary condition for the development of cocaine-induced sensitization at both the behavioral and molecular levels. These findings are important for two reasons. First, sensitization to the effects of the drug is considered to be a major process in the development of drug abuse, because it should mediate the uncontrollable motivation for the drug that characterizes addiction (Robinson and Berridge, 1993). Second, they clarify the involvement of GCs in this neuroadaptive process. Studies analyzing the effect of suppression of endogenous GCs by removal of the adrenal gland or by pharmacological approaches have generated contrasting results (Rivet et al., 1989; Badiani et al., 1995; De Vries et al., 1996; Prasad et al., 1996; Przegalinski et al., 2000). Our experiments, by using a selective genetic invalidation approach, demonstrate that the GR is strongly implicated in the development of sensitization.

The expression of c-Fos is one of the most frequently used markers to monitor neuronal activation and, in particular, the activation induced by psychostimulant drugs. A cocaine-induced increase in c-Fos expression is, at least in part, mediated by an increase in extracellular dopamine (Nestler, 1993; Hyman et al.,
intracellular signaling pathways. The decrease in c-fos mRNA levels observed here in the nucleus accumbens of mutant animals after acute cocaine could be attributable to changes in extracellu-
lar concentrations of dopamine. Thus, it has been shown that sup-
pression of endogenous GCs by adrenalectomy decreases cocaine-induced enhancement of extracellular dopamine in the nucleus accumbens without modifying the sensitivity of D1 re-
ceptors to this neurotransmitter. In contrast, the decrease in c-Fos expression observed after sensitization in other brain areas of mutant animals may involve changes in the sensitivity of the D1 receptors. Thus, it has been shown that suppression of endog-
enous GCs by adrenalectomy has no effect on dopamine release in brain structures such as the dorsal striatum (Barrot et al., 2000, 2001), although it reduces c-Fos expression induced by the direct stimulation of D1 receptors.

Changes in the expression of c-Fos could be involved in me-
diating some of the effects of the GR on the behavioral responses to cocaine. Thus, the association of fos with jin family members forms the transcription factor activator protein 1 (AP-1), for which cross-talks with the GR have been well established (Herr-
litch, 2001; Karin and Chang, 2001). Activation of AP-1 has been involved in the molecular changes mediating the long-term adap-
tive processes leading to addiction (Nestler, 1993, 2001). Conse-
sequently, enabling the sensitization of c-Fos and the consequent formation of AP-1 could be one of the mechanisms by which GCs modify the development of vulnerability to cocaine abuse.

The suppression of sensitization observed in GR mutants could also be responsible for their flattened downward-shifted cocaine self-administration dose–response function and could reflect a lower motivation to self-administer the drug. Thus, it has been shown that repeated exposure to cocaine self-
administration, resulting in sensitization, also induces an upward shift in the cocaine self-administration dose–response function (Schenk and Partridge, 1997) and an increase in motivation for the drug (Mendrek et al., 1998; Deroche et al., 1999; Vanders-
chureen et al., 1999; Lorrain et al., 2000; Vezina et al., 2002). Fur-
thermore, a downward-shifted self-administration dose–r-
esponse function similar to the one observed in GR mutants has been demonstrated to reflect a decrease in cocaine efficacy that is associated with lower motivational properties of cocaine (Piazza et al., 2000).

Although the genetic invalidation approach is powerful, the use of knock-outs rather than inducible knock-outs does not allow the influence of a lack of GRs during development to be ruled out. Consequently, it should be considered that the pheno-
type observed in GR mutants may not reflect directly the poten-
tial effects of decreased GR function in the adult. However, sev-
eral results suggest that for this specific mutation, this is not the case. Thus, we show here that the GR antagonist mifepristone reduces the motivation to self-administer cocaine in an outbred population of rats. Furthermore, suppression of GCs in adult rats induces changes in cocaine self-administration that are identical with the phenotype observed in GR mutant mice (Deroche et al., 1997). Finally, it has been shown previously that administration of mifepristone at the same doses used in our experiment for SA completely reversed amphetamine-induced sensitization (De Vries et al., 1996). This effect is in agreement with the one found here with the suppression of GR expression. Although mifepris-
tone is the most frequently used GR antagonist, it also acts as an antagonist of the progesterone receptors (Baulieu, 1989). How-
ever, the results obtained here with the mutant animals allow
tribution of the effect of mifepristone on SA and sensitization (De Vries et al., 1996) to the GR.

It is noteworthy that the GR seems to be involved in mediating not the basal behavioral effects of cocaine but, selectively, the excessive response to the drug spontaneously present in certain vulnerable individuals or induced by repeated drug exposure in others. Thus, suppression of the expression of the GR in GRNesCre animals did not suppress the acquisition of cocaine SA or the basal locomotor response to the drug. In contrast, this mutation completely blocked the enhanced locomotor response to cocaine induced by repeated exposure to cocaine and induced a profound downward shift in the dose–response function for cocaine SA. Similarly, mifepristone did not block the acute response to co-
caine but selectively suppressed cocaine-induced sensitization (De Vries et al., 1996) and reduced, as shown here, the breaking point of animals with a peculiar high response to the drug. The effects of genetic suppression of the GR and administration of the GR antagonist on SA are particularly interesting, because they generate a phenotype very similar to the one of animals with a low vulnerability to cocaine (Piazza et al., 2000). These animals, de-
ned as low responders (LRs), in comparison with rats vulnera-
tle to cocaine [high responders (HRs)] (Piazza et al., 1989), show a flat downward-shifted dose–response function for cocaine SA and a very low breaking point (Piazza et al., 2000). These differ-
dences between HR and LR animals have been attributed to a higher functional activity of GCs in the HRs (Piazza et al., 1991, 1993, 1996). Our results consequently indicate that the GR is the molecular substrate by which GCs induce a drug-prone state in some vulnerable subjects.

These observations are essential for a potential therapeutic use of GR antagonists. One major problem of drug abuse treatment is indeed that it should reduce excessive drug intake without dis-
rupting the endogenous reward system of the subjects. This is why, for example, dopaminergic antagonists, although they block cocaine effects (Caine and Koob, 1994; Khroyan et al., 2000), are poorly tolerated by drug addicts and therefore of no use for the treatment of addiction (Haney et al., 2001; Nann-Vernotica et al., 2001). The results presented here are, to our knowledge, the first example of pharmacological or genetic manipulations able to modify excessive drug intake without affecting what could be considered the normal reinforcing effects of the drug.

In conclusion, this study shows that GRs are a major molecu-
lar substrate of the addictive properties of cocaine, and that GR antagonists could help in the development of new strategies for the treatment of cocaine abuse.

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