Development/Plasticity/Repair

Insulin-Like Growth Factor (IGF) Signaling through Type 1 IGF Receptor Plays an Important Role in Remyelination

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We examined the role of IGF signaling in the remyelination process by disrupting the gene encoding the type 1 IGF receptor (IGF1R) specifically in the mouse brain by Cre-mediated recombination and then exposing these mutants and normal siblings to cuprizone. This neurotoxicant induces a demyelinating lesion in the corpus callosum that is reversible on termination of the insult. Acute demyelination and oligodendrocyte depletion were the same in mutants and controls, but the mutants did not remyelinate adequately. We observed that oligodendrocyte progenitors did not accumulate, proliferate, or survive within the mutant mice, compared with wild type, indicating that signaling through the IGF1R plays a critical role in remyelination via effects on oligodendrocyte progenitors.

Key words: demyelination; oligodendrocyte; progenitors; apoptosis; macrophages; transgenic

Introduction

After exposure to chemical, mechanical, or autoimmune insults resulting in demyelination of axons within the adult CNS, oligodendrocyte progenitors have some capacity to initiate a restorative remyelination process (Ludwin, 1978; Yao et al., 1995; Gensert and Goldman, 1997). Several of the signaling molecules that influence the migration, proliferation, and differentiation of oligodendrocyte progenitors are expressed within remyelinating lesions in the CNS (Redwine and Armstrong, 1998; Hinks and Franklin, 1999; Mason et al., 2000a). However, the factor(s) responsible for the recruitment and differentiation of these progenitors in vivo is not known.

An important signaling system that has been implicated in the process of myelination consists of IGF-1 activating the type 1 receptor (IGF1R) (Liu et al., 1993). IGF-1 is a survival factor for oligodendrocytes (Barres et al., 1993; Ye and D’Ercole, 1999; Mason et al., 2000b) and a differentiation factor for neonatal (McMorris and Dubois-Dalcq, 1988; Mozell and McMorris, 1991) and adult (Mason and Goldman, 2002) oligodendrocyte progenitors in vitro. Its levels are elevated within demyelinating and remyelinating lesions in the adult CNS (Liu et al., 1994; Yao et al., 1995; Mason et al., 2000a). In addition, the inability of the adult CNS to remyelinate after a demyelinating lesion in interleukin-1β−/− mice coincides with a significant reduction in IGF-1 expression (Mason et al., 2001a). Thus, although the function of IGF-1 within demyelinating and remyelinating lesions is not clear, it seems that it may be important for inducing oligodendrocyte progenitors to differentiate and remyelinate the demyelinated axons.

To address the role of IGF signaling in the remyelination process directly, we used conditional mouse mutants, in which the expression of the Igf1r gene was ablated by Cre-mediated recombination specifically in the CNS. We assessed, in comparison with normal siblings, the consequences of exposure of these animals to the neurotoxicant cuprizone (Matsushima and Morell, 2001), which induces a reversible demyelinating lesion in the corpus callosum of adult mice. We observed that remyelination does not adequately occur in the absence of IGF signaling and that oligodendrocyte progenitors do not proliferate or survive as well without IGF1R.

Materials and Methods

Mouse crosses. CamKIIα-cre transgenic mice (line R1ag#5) (Dragatsis and Zeitlin, 2000) were mated with Igf1r+/− heterozygotes (Liu et al., 1993) to derive among other progeny animals with a CamKIIα-cre; Igf1r+/− genotype. These offspring were then crossed with homozygous conditional mutants carrying modified Igf1r alleles with loxp sites flanking exon 3 (Igf1rlox/lox) (Dietrich et al., 2000) to generate the desired experimental animals (CamKIIα-cre; Igf1rlox/lox), the genotype of which was converted by Cre-mediated recombination to Igf1rlox/lox specifically in the brain. The CamKIIα-cre transgenic animals were also crossed with R26R reporter mice carrying a LacZ transgene in the ROSA26 locus (Soriano, 1999) that can be activated by Cre-mediated recombination.

Detection of CaMKIIα-cre recombinant. We used a CaMKIIα-cre transgenic mouse and assessed cre expression using a β-gal reporter sensitive to Cre-mediated recombination in the brain (Soriano, 1999). We perfused postnatal day 1 (P1) transgenic mice intracardially with paraformaldehyde (PFA), removed the forebrains, and processed the tissue for frozen sectioning. Tissue sections were dried, rehydrated, blocked with 5% normal goat serum (NGS), and then stained with the mouse IgM monoclonal O4 supernatant (1:5) or the rabbit polyclonal NG2 antibody (1:100; a gift from Bill Stallcup, Scripps Institute, San Diego, CA) to detect oligodendrocyte progenitors and a mouse monoclonal IgG1 antibody directed against β-gal (1:100; Promega, Madison, WI) to detect...
Cre-mediated recombination overnight. The sections were then incubated with the appropriate rhodamine-conjugated (anti-rabbit IgG or anti-mouse IgM) and FITC-conjugated anti-mouse IgG1 secondary antibodies (1:100; Southern Biotechnology, Birmingham, AL), covered with the appropriate rhodamine-conjugated (anti-rabbit IgG or anti-mouse IgM) and FITC-conjugated anti-mouse IgG1 secondary antibodies (1:100; Southern Biotechnology, Birmingham, AL), covered with 4% PFA, incubated with 20% NGS for 30 min to block nonspecific binding, and then incubated with mouse monoclonal IgM and IgG1 antibodies (1:5) and mouse monoclonal IgG, anti-IGF1R (1:200; Upstate Biotechnology, Lake Placid, NY) overnight at 4°C. The anti-IGF1R antibody from Upstate Biotechnology was used for immunohistochemistry, because the anti-IGF1R antibody from Santa Cruz Biotechnology was shown to be unsuitable for this type of analysis. The cells were then incubated with a combination of FITC-conjugated goat anti-mouse IgM and TRITC-conjugated goat anti-mouse IgG1 antibodies (1:100; Southern Biotechnology) for 1 hr at room temperature, counterstained with 4,6-diamidino-2-phenylindole (DAPI; Molecular Probes, Eugene, OR), coverslipped, and examined using an Olympus BX60 microscope equipped with epifluorescent optics.

**Southern and Western analyses.** The degree of Cre-mediated DNA excision was quantitated by Southern analysis, after determination of the level of hybridization signal in diagnostic fragments using a PhosphorImager (Molecular Dynamics, Sunnyvale, CA) and correcting for background hybridization.

Western blot analysis was performed from the forebrain of 4-week-old mice, as described previously (Di Cola et al., 1997), using antisera against the carboxyterminal domain of IGF1R (2C0; Santa Cruz Biotechnology, Santa Cruz, CA) or against tubulin (Covance, Berkeley, CA). Immunoreactive bands were visualized with ECL detection reagents (Amersham Biosciences, Piscataway, NJ). Quantitation of luminescent signals was performed on a Kodak (Rochester, NY) Digital Science 1D 440CF Imaging Station.

**Detection of IGF1R expression in adult oligodendrocyte progenitors.** Cycling progenitors were isolated from the corpus callosum of adult wild-type or ΔIGF1R mice, as described previously (Gensert and Goldman, 2001; Mason and Goldman, 2002). Briefly, the corpus callosum was dissected from 8-week-old wild-type or ΔIGF1R mice, then mechanically and enzymatically dissociated with trypsin (Sigma, St. Louis, MO) and collagenase (Worthington, Freehold, NJ). The cellular suspension was filtered through sterile 0.74 μm mesh, and the trypsin was neutralized with 10% heat-inactivated serum. Cells were collected by centrifugation and resuspended in 0.9% sucrose/MEM. This cellular suspension was centrifuged, and the cycling progenitors (bottom layer) were collected and resuspended in serum-free media (d-Biotin; 10 μg/ml; Sigma), insulin (5 μg/ml; Collaborative Research, Bedford, MA), progesterone (20 ng/μl; Sigma), putrescine (100 μg/ml; Sigma), selenium (5 μg/ml; Collaborative Research), transferrin (50 μg/ml; Sigma), glutamine (2 mM; Invitrogen, Carlsbad, CA), HEPES buffer (15 mM; Sigma), 3,3,5-triiodo-L-thyronine (15 μg/ml; Sigma), penicillin/streptomycin (100 U/100 μg/ml; Invitrogen), and BSA (1 mg/ml; Sigma) in DMEM/F12 (Invitrogen).

Cells were stained for O4 and IGF1R immediately after they were plated. The cells were fixed with 4% PFA, incubated with 20% NG2 for 30 min to block nonspecific binding, and then incubated with mouse monoclonal IgM O4 supernatant (1:5) and mouse monoclonal IgG, anti-IGF1R (1:200; Upstate Biotechnology, Lake Placid, NY) overnight at 4°C. The anti-IGF1R antibody from Upstate Biotechnology was used for immunohistochemistry, because the anti-IGF1R antibody from Santa Cruz Biotechnology was shown to be unsuitable for this type of analysis. The cells were then incubated with a combination of FITC-conjugated goat anti-mouse IgM and TRITC-conjugated goat anti-mouse IgG1 antibodies (1:100; Southern Biotechnology) for 1 hr at room temperature, counterstained with 4,6-diamidino-2-phenylindole (DAPI; Molecular Probes, Eugene, OR), coverslipped, and examined using an Olympus BX60 microscope equipped with epifluorescent optics. Cells were isolated, stained, and

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Figure 1. **Partial restriction map in the region of exons 3 and 4 (black rectangles) of the mouse IGF1R locus.** A. Targeted null and also conditional mutant alleles before and after Cre-mediated excision of exon 3 and flanking sequences (Igf1rloxP and IgfrΔloxP, respectively) are shown. The floxP sites (gray triangles) are not in scale. The position of a 0.8 kb EcoRI-Mol (R-N) probe used for Southern analyses and the sizes of the KpnI (K) DNA fragments detectable by this probe are indicated. Brain-specific, Cre-mediated recombination in heterozygous mice possessing floxed and null IGF1R alleles and also carrying a CaMKII-cre transgene is shown. WT, Wild-type; B. Example of Southern analysis of KpnI-digested DNA that was extracted from various tissues of the same IGF1RloxP; CaMKII-cre animal: forebrain (lane 1), cerebellum (lane 2), heart (lane 3), lung (lane 4), liver (lane 5), kidney (lane 6), spleen (lane 7), and testis (lane 8). Because the CaMKII-cre transgene is not expressed in all forebrain cells, Cre-mediated recombination and forebrain-selective appearance of a fragment characteristic for an IGF1RloxP allele occurred in a fraction of all floxed loci. C. Western blot analysis of IGF1R expression. The examined protein extracts were from cultured fibroblasts prepared from wild-type (lane 1) and IGF1R null (lane 2) embryos (positive and negative control, respectively) or from mouse forebrains dissected from wild-type (lane 3) or IGF1RloxP (CaMKII-cre; lane 4) animals. The positions of the IGF1R precursor and β-subunit detectable by the specific antibody used (see Materials and Methods) are shown. The blot was reprobed with an anti-tubulin antisem (loading control; bottom). Quantitation of the results (see Materials and Methods) indicated that the amount of IGF1R β-subunit in the mutant relative to wild type is ~50%.
counted from the forebrain of three separate wild-type and ΔIgf1r mice. Two hundred O4+/Igf1r+ cells from each experiment were counted.

**Induction of demyelination/remyelination.** ΔIgf1r mice were bred and maintained in our animal facility at Columbia University. At 8 weeks of age, ΔIgf1r and littermate wild-type male mice were fed a diet of milled Purina mouse chow containing 0.2% cuprizone (Sigma) by weight for up to 6 weeks to induce demyelination. Subsequently, mice were returned to a normal diet for another 3–6 weeks to allow for remyelination (Hiremath et al., 1998). All animal procedures were conducted in accordance with guidelines approved by the Institutional Animal Care and Use Committee and the Columbia Division of Laboratory Animal Medicine.

**Immunohistochemistry.** We anesthetized and intracardially perfused mice with PFA, removed the brains, and processed the tissue for frozen sectioning, as described previously (Mason et al., 2000a). All comparative analyses were focused at the fornix region of the corpus callosum corresponding to sections 220–260 of the mouse brain atlas (Sidman et al., 1971).

Tissue sections were dried, rehydrated, blocked with 5% NGS, and then incubated overnight with the primary antibody(s) diluted in the blocking solution. The sections were then incubated with the appropriate FITC-conjugated secondary antibody (1:100; Southern Biotechnology), counterstained with DAPI (Molecular Probes), coverslipped, and examined using an Olympus BX60 microscope equipped with epifluorescent optics.

**Antibodies.** A mouse monoclonal IgG2B antibody directed against MBP (1:1000; Sternberger Monoclonals) was used to detect myelin. A mouse monoclonal IgG1 antibody directed against phosphorylated and nonphosphorylated high molecular weight neurofilaments (NF-H: 1:1000; Sternberger Monoclonals) was used to detect axons. The mouse monoclonal IgG2B antibody CC1 (1:10; Oncogene, Uniondale, NY) was used as a marker for mature oligodendrocytes (Messersmith et al., 2000). The rabbit polyclonal NG2 antibody (1:100) was used as a marker for oligodendrocyte progenitors (Nishiyama et al., 1996). The mouse monoclonal IgG2A antibody F4/80 (1:10; Serotec, Indianapolis, IN) was used to detect microglia/macrophages. The rabbit polyclonal KI-67 antibody (1:1000; Santa Cruz Biotechnology) was used to detect proliferating cells. The goat polyclonal anti-tumor necrosis factor-α (TNF-α) antibody (1:100; R & D Systems, Minneapolis, MN) was used to detect TNF-α.

**Terminal deoxynucleotidyl transferase-mediated biotinylated UTP nick end labeling (TUNEL) assay.** The TUNEL assay was used to detect cells undergoing apoptosis using the NeuroTACS II assay kit ( Trevigen, Gaithersburg, MD). Frozen tissue sections were incubated with either the NG2 or CC1 antibody as described above. The tissue sections were then incubated with 1× terminal deoxynucleotidyl transferase labeling buffer for 5 min and then processed for biotin-dNTP-labeling of fragmented DNA, according to the manufacturer’s instructions. The tissue sections were then incubated with a fluorescein-conjugated rat anti-IgG2B diluted in a 2% streptavidin–Texas Red complex (Vector Laboratories, Burlingame, CA)/PBS, counterstained with DAPI, coverslipped, and examined using an Olympus BX60 microscope equipped with epifluorescent optics.

**Cell number quantification.** Immunopositive cells were obtained by counting only those cells with an identified nucleus, observable by DAPI staining, within the medial region of the corpus callosum. Individual cell counts were conducted on both sides of midline, each corresponding to an area of 0.033 mm². The cell counts from both areas were averaged to give a total for each tissue section. Cell counts from three nonadjacent tissue sections for each animal were then averaged to give a representative cell count for each animal in the study. Because of the high density of NG2+ cells and their processes at 4 weeks of cuprizone treatment, a Leica (Nussloch, Germany) TCS-NL Laser Scanning microscope using 100× oil objective and a pinhole size of 1.0 Airy disk units was used to obtain cell counts for the NG2+ cells. The cell counts are presented in the text as the mean and SEM from at least three to four mice at each time point.

**Statistical analysis.** Statistical comparisons were made using a one-factor between subjects ANOVA, followed by Tukey’s test to assess significance among groups.

**Results**

**Ablation of IGF1R function in oligodendrocyte progenitors**

Tissue-specific conditional mutagenesis using the cre/loxP recombination system (Sauer, 1998; Rossant and McMahon, 1999) requires crosses between Cre-producing and Cre-responding strains of mice. Responders used in this study, in which exon 3 of the Igf1r gene is “floxed” (flanked by loxP sites in direct orientation; Fig. 1), have been described previously (Dietrich et al., 2000). To drive cre expression in the oligodendrocytes of producer mice, we used CaMKIIα-cre transgenic mice (Dragatsis and Zeitlin, 2000). Southern and Western analyses (Fig. 1B, C) yielded results consistent with the information provided by the use of the LacZ reporter. Thus, Cre-mediated DNA excision in ΔIgf1r mice was detected in forebrain (and at very low levels in the cerebellum and the testis, in which the cre transgene is mar-
expression. Quantitation (see Materials and Methods) indicated that the cells were also β-gal positive (Fig. 2A), demonstrating that Cre is indeed expressed and is able to exert its recombinogenic action in oligodendrocyte precursors during development. These results suggested that, on expression of the recombinase from the CaMKIIα-cre transgene, both oligodendrocyte progenitors and mature oligodendrocytes should become devoid of IGF signaling by conversion of the Igf1rflx/c−/− genotype to Igf1rΔlox/c−. For simplicity, these experimental mice will be referred to below as ΔIgf1r mice, although in all cells other than those expressing Cre the floxed allele of the Igf1r gene remains intact.

As a test for Cre activity in oligodendrocyte progenitors of the adult CNS, we isolated O4− cells from the corpus callosum of ΔIgf1r mice and compared the expression of IGF1R in these mice compared with O4− cells from wild-type mice using immunohistochemistry, as described previously (Mason and Goldman, 2002). We found that 91 ± 3.1% of the wild-type cells expressed IGF1R, whereas only 6 ± 2.1% of the cells from ΔIgf1r mice expressed the receptor (Fig. 2B). Thus, the genetic strategy successfully excises the IGF1R from oligodendrocyte progenitors in both neonates and adults.

In contrast to mice globally lacking IGF1R, which die at or soon after birth because of respiratory failure (Liu et al., 1993), the ΔIgf1r mice survived to adulthood and did not exhibit any overt morphological or behavioral abnormalities. In particular, the degree of myelination appeared to be normal in adult ΔIgf1r mice (Fig. 3A), suggesting that IGF signaling may not play a significant role in the myelination process during development. Alternatively, any such role could have been compensated effectively by some other signaling pathway. On the basis of these results, we decided that the ΔIgf1r mice are suitable models that would allow us to investigate the functional significance of IGF signaling during demyelination and remyelination.

IGF signaling plays a critical role in remyelination of the adult murine CNS

Cuprizone induces a consistent and reversible demyelinating lesion within the medial region of the corpus callosum of adult mice (Mason et al., 2001b). This demyelination occurred to the same extent in both wild-type and ΔIgf1r mice by 4 weeks, as assessed by the absence of MBP (Fig. 3A). Subsequent remyelination of the corpus callosum in wild-type mice begins at 6 weeks and is completed by 9–10 weeks if the mice are returned to a normal diet after 6 weeks of cuprizone (Fig. 3A) (Mason et al., 2001b). In contrast, remyelination was not observed in the middle
region of the corpus callosum in ΔIgfr1 mice by 9 weeks (Fig. 3A) or 14 weeks (data not shown). We noted, however, a thin zone of remyelination in the extreme ventral and dorsal edges of the callosum (see Discussion). This failure of remyelination in the middle region of the corpus callosum was a reproducible phenomenon, observed in all four of the ΔIgfr1 mice examined. The lack of remyelination at 14 weeks suggests that remyelination is not simply delayed in the ΔIgfr1 mice.

To determine whether the lack of remyelination in ΔIgfr1 mice might be because of a loss of axons within this region, we stained for MBP (myelin) and NF-H (axons) at 9 weeks. The results from three separate mice demonstrated that axons were still present within the middle region of the demyelinated corpus callosum (Fig. 3B).

### The accumulation of microglia/macrophages and TNF-α corresponds spatially with demyelination and persists in the absence of IGF signaling

Microglia/macrophages clearing myelin debris by phagocytosis accumulate within the demyelinating corpus callosum in wild-type mice between 2 and 5 weeks (Hiremath et al., 1998). Also present during the same period is the cytotoxic cytokine TNF-α, which is expressed by microglia/macrophages and astrocytes (Arnett et al., 2001). TNF-α facilitates the continued activation of microglia/macrophages and promotes the proliferation of oligodendrocyte progenitors to restore the lesion (Arnett et al., 2001). Thus, for further assessment of the demyelination process, we examined histologically the demyelinated region for the presence of TNF-α and of microglia/macrophages, the latter identified by the F4/80 antibody. We observed that the accumulation of these two indicators at 4 weeks was the same in both wild-type and ΔIgfr1 mice (Fig. 4). In contrast, a significant difference was observed at 9 weeks. At this time, the microglia/macrophages and TNF-α had practically disappeared in wild-type mice from the region that was previously damaged, whereas their presence persisted in ΔIgfr1 mutants (Fig. 4). Thus, counting of F4/80+ cells at 9 weeks indicated that their number was at least fourfold higher in the mutants than in the controls (Fig. 4).

### Mature oligodendrocyte regeneration is decreased in the absence of IGF signaling

During cuprizone-induced demyelination, the mature oligodendrocyte popula-
Oligodendrocyte progenitors do not accumulate in the absence of IGF signaling

In wild-type mice, NG2⁺ oligodendrocyte progenitors accumulate within the demyelinating corpus callosum between 3 and 5 weeks of cuprizone feeding and then decline in number during the reappearance of mature oligodendrocytes and remyelination (Fig. 6A,B) (Mason et al., 2000a). In contrast, few NG2⁺ oligodendrocyte progenitors were observed within the middle region of the callosum in ΔIgf1r mice at 4 weeks (Fig. 6A,B). However, there was some accumulation of these progenitors within the dorsal and ventral edges of the callosum, in which regeneration of mature oligodendrocytes and remyelination occurred (Fig. 6A). Thus, the absence of mature oligodendrocytes and lack of remyelination in the middle region of the callosum correlates spatially with the near absence of progenitors at 4 weeks. However, by 9 weeks, there appeared to be a low density of progenitors evenly distributed throughout the corpus callosum in both wild-type and ΔIgf1r mice (Fig. 6A), even though there was still a significant reduction in the number of oligodendrocyte progenitors throughout the entire corpus callosum in ΔIgf1r mice (Fig. 6B). Under our conditions, NG2 staining did not colocalize with F4/80⁺ microglia/macrophages as reported previously (Nishiyama et al., 1997).

The lower number of NG2⁺ progenitors within the middle region of the callosum in ΔIgf1r mice could be because of increased cell death and/or hypoproliferation. To address these issues, we used immunohistochemistry to determine whether proliferating (using the Ki-67 antibody) and/or apoptotic (TUNEL assay) NG2⁺ progenitors were present in wild-type and ΔIgf1r mice at 4 weeks. In contrast to the number of proliferating NG2⁺ progenitors throughout the corpus callosum in wild-type mice (88 ± 21 cells/mm²) (Arnett et al., 2001), there was a significant (p < 0.05) reduction in the number of proliferating NG2⁺ progenitors throughout the corpus callosum in ΔIgf1r mice (22 ± 9 cells/mm²). All of the proliferating NG2⁺ progenitors were observed within the ventral and dorsal regions of the corpus callosum and not within the middle region in the ΔIgf1r mice (Fig. 6C). Apoptotic NG2⁺ progenitors were only observed throughout the corpus callosum in ΔIgf1r mice (55 ± 17 cells/mm²) and not within wild-type mice (0 cells/mm²; Fig. 6D) (Arnett et al., 2001). It seems, therefore, that the lower number of progenitors within the demyelinating lesion is because of the inability of these cells to survive and then possibly proliferate.

Discussion

Our observations in the ΔIgf1r mice demonstrate the importance of IGF signaling through IGFR in remyelination. This signaling is not required for myelination during development, as shown in
IGF-1−/− mice (Cheng et al., 1998). In addition, we noted that the lack of IGFR1 in oligodendrocyte progenitor cells does not appear to impede myelination during CNS development. Although we have not examined the kinetics of myelination or counted numbers of progenitors and mature oligodendrocytes in detail, the adult mice appeared neurologically normal, both behaviorally and morphologically. We suggest that other factors may compensate for the absence of IGF signaling through IGFR1 to allow oligodendrocytes to survive and myelinate appropriately. However, remyelination was impaired in these ΔIgf1r mice.

The absence of remyelination in the middle region of the corpus callosum in the ΔIgf1r mice could be because of the loss of IGF signaling in neurons, oligodendrocytes, or both, because the CaMKIIα promoter expresses cre in both neurons and oligodendrocyte progenitors in these transgenic mice. Because normal-appearing axons (without swelling) were observed within the demyelinated middle region, we presume that the absence of remyelination was not because of axonal degeneration. Although we do not know whether the ΔIgf1r mice retain the full complement of axons after cuprizone treatment, the degree of NF-H immunoreactivity appears similar to that in wild-type mice. In addition, it would appear that the absence of IGF signaling in neurons does not affect the ability of their axons to become remyelinated, because remyelination was observed in the dorsal and ventral regions. In contrast, the absence of oligodendrocyte progenitors and mature oligodendrocytes within the middle region of the corpus callosum correlates spatially with the absence of remyelination in the ΔIgf1r mice. Thus, we postulate that IGF signaling within oligodendrocytes is needed for remyelination.

The belief that IGF-1 promotes spontaneous remyelination of the adult CNS following a demyelinating insult has been widely speculated. Systemic administration of IGF-1 enhances remyelination by inhibiting the immune response in some autoimmune models of demyelination (Liu et al., 1997; Li et al., 1998), but not in others (Cannella et al., 2000). Although IGF-1 induces the differentiation of oligodendrocyte progenitors in vitro (McMorris and Dubois-Dalq, 1988; Mozell and McMorris, 1991; Barres et al., 1993) and is upregulated within remyelinating lesions in cuprizone-, experimental autoimmune encephalomyelitis-, and lysolecithin-induced demyelination (Liu et al., 1994;...
Hinks and Franklin, 1999; Mason et al., 2000a), there has been no evidence to support the theory that IGF-1 promotes remyelination by inducing the differentiation of oligodendrocyte progenitors (O’Leary et al., 2002). In contrast, increased levels of IGF-1 protect mature oligodendrocytes within demyelinating lesions, thus facilitating a rapid recovery (Mason et al., 2000b). In addition, we show here that IGF signaling is required for the survival, proliferation, and differentiation of oligodendrocyte progenitors during remyelination.

We suggest that the increased death of oligodendrocyte progenitors in the ΔIgf1r mice is related to their inability to respond to IGF-1 as a survival factor (Barres et al., 1993; Ness and Wood, 2002). Cytotoxic factors, such as TNF-α, that normally increase and then decrease with the cycle of demyelination and remyelination (Arnett et al., 2001) remain elevated within the middle region of the demyelinating lesion in ΔIgf1r mice, most likely because of the continued presence of macrophages and some astrocytes (Arnett et al., 2001). TNF-α appears to have two opposite effects on oligodendrocytes and their progenitors, each mediated by a distinct TNF receptor (TNFR), both of which are upregulated during inflammatory conditions (Tchelingerian et al., 1995; Dopp et al., 1997). TNF-α produces cell death through TNFRI (Haridas et al., 1998; Weiss et al., 1998; Ashkenazi and Dixit, 1999), but it also induces the proliferation of oligodendrocyte progenitors through TNFRII (Arnett et al., 2001). It is possible that in the absence of IGF signaling, the balance of effects induced by TNF-α is tilted toward cell death, and, thus, oligodendrocytes succumb to the toxic effects of TNF-α rather than surviving and manifesting the proliferative effects. In fact, IGF-1 inhibits the death of oligodendrocyte progenitors induced by TNF-α in vitro (Ye and D’Ercole, 1999). Interestingly, remyelination occurred in the dorsal and ventral zones of the callosum, in which macrophages and their associated cytokines disappeared according to the normal time schedule (Arnett et al., 2001; Matsushima and Morell, 2001). It is, therefore, possible that there is a reduced level of TNF-α in the dorsal and ventral zones compared with the middle, and, thus, progenitor survival and remyelination are better preserved at the edges of the callosum, even in the absence of IGF signaling.

Although IGF1R expression is not disrupted within microglia and macrophages (data not shown), these cells remain within the lesion in ΔIgf1r mice, even after the mice are returned to a normal diet. The stimulus that keeps the macrophages within the lesion and the effect their presence has on the inability of the lesion to remyelinate is not known. Because we did not find evidence for recurrent remyelination and demyelination, we do not believe that the macrophages remained to clear debris from failed attempts at remyelination. It is possible that macrophages remain in the area because of continued progenitor cell death. We did observe small numbers of NG2 + cells in the middle region of the callosum after 9 weeks (Fig. 6A), and although we did not detect TUNEL + cells in that population, we cannot rule out the possibility of a slow continuation of progenitor death.

Although spontaneous remyelination occurs after a demyelinating insult to the adult CNS, it is often incomplete, presumably because of the depletion of oligodendrocyte progenitors (Luchinetti et al., 1996; Blakemore and Keirstead, 1999), the loss of axons, the absence of an environment to support progenitor differentiation (Wolswijk, 1998; Chang et al., 2002), or a combination of the above events. The present work, when combined with previous results demonstrating the ability of IGF-1 to prevent mature oligodendrocyte death and depletion during acute demyelination (Mason et al., 2000b), suggests that IGF signaling is vital for not only facilitating recovery from acute demyelinating insults, but that therapies incorporating increased levels of IGF-1 may prevent the death and depletion of oligodendrocytes and formation of chronic lesions. Further investigation of IGF signaling in preventing the formation of chronic demyelinating lesions is warranted.

References


