Brief Communication

Cannabinoids Decrease Corticostriatal Synaptic Transmission via an Effect on Glutamate Uptake

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Activation of cannabinoid CB1 receptors reduces glutamatergic synaptic transmission in the rodent striatum and is involved in the normal control of motor function by the basal ganglia. Here we investigated CB1 receptor regulation of glutamate release and uptake and synaptic transmission in the rat striatum. We show that CB1 receptor activation reduces both the release and uptake of [3H]glutamate in striatal slices. We also demonstrate that both activation of CB1 receptors and inhibition of glutamate uptake reduce corticostriatal synaptic transmission in a mutually occlusive manner and that both forms of depression are dependent on metabotropic glutamate receptor (mGluR) activation. We propose that CB1 receptor activation in the striatum decreases glutamate transporter activity and that the resulting increase in synaptic cleft glutamate concentration causes the activation of presynaptic mGluRs, which then decrease glutamate release.

Key words: cannabinoid; striatum; glutamate; uptake; release; mGluR; tetrahydrocannabinol; basal ganglia

Introduction

Activation of cannabinoid CB1 receptors induces a characteristic array of behavioral effects in animals that include profound alterations in locomotor activity (Pertwee, 1997). The striatum, a brain region showing dense expression of the CB1 receptor, is an important site mediating these locomotor effects (Rodriguez et al., 1998). CB1 receptors couple to Gi/o type G-proteins that negatively regulate adenyl cyclase activity and modulate the activity of various ion conductances (Pertwee, 1997). Electrophysiological studies in the rat striatum indicate that CB1 receptor activation reduces glutamatergic synaptic transmission, in a manner consistent with presynaptic inhibition of neurotransmitter release (Gerdeman and Lovinger, 2001; Huang et al., 2001). Such an action is likely to be of great physiological significance because excitatory input from the cortex provides the main driving force for striatal output and, therefore, movement (Rodriguez et al., 1998). Furthermore, activation of CB1 receptors is known to be necessary for the expression of long-term depression (LTD) at corticostriatal synapses, a phenomenon believed to be involved in motor learning (Gerdeman et al., 2002). Although the presence of CB1 receptors on the terminals of glutamatergic neurons that innervate the striatum supports the concept that cannabinoids reduce striatal glutamate release (Rodriguez et al., 2001), such an action has not been shown directly. Furthermore, the effect of cannabinoids on glutamate reuptake has never been investigated. We addressed these issues by investigating the effects of the active cannabis constituent Δ9-tetrahydrocannabinol (THC) on the uptake and K+ -stimulated release of [3H]glutamate from rat striatal slices and on corticostriatal synaptic transmission.

Materials and Methods

Slice preparation. Male Sprague Dawley rats (250–350 g) were killed by cervical dislocation, and their brains were placed in 4°C artificial CSF (aCSF) (in mM: 118 NaCl, 4.8 KCl, 2.6 CaCl2, 1.2 MgSO4, 25 NaHCO3, 1.2 KH2PO4, 11 glucose, and 0.6 ascorbic acid) aerated with 95% O2–5% CO2. Coronal slices (400 μm) were prepared, and, for glutamate release and uptake experiments, the striatum was then dissected from the surrounding tissue using a tissue punch (2 mm in diameter). For electrophysiological experiments, hemislices containing the striatum and overlying white matter were used.

[3H]Glutamate release assay. Release of [3H]glutamate was assessed as described previously (Mitchell and Doggett, 1980) with minor modifications. Stryatal tissue was incubated for 30 min in oxygenated aCSF at 37°C containing 1 μM [3H]glutamic acid (42.9 Ci/mmol; NEN, Boston, MA) and then placed in the individual chambers of a Brandel SF-12 superfusion system (Brandel Instruments, Gaithersburg, MD), sandwiched between two filter papers, and perfused at 0.5 ml/min with oxygenated aCSF at 35–37°C. After a 30 min stabilization period, the perfusate was collected in 5 min time bins. At the end of the experiment, striatal tissue was recovered, resuspended in 0.5 ml of aCSF, and disrupted by probe sonication. Radioactivity in perfusates and tissue samples was determined by liquid scintillation spectroscopy (TriCarb 1500 Liquid Scintillation Analyser; Packard Instruments, Downers Grove, IL).

K+ -evoked efflux of [3H]glutamate was assessed by applying a 5 min pulse of aCSF containing 40 mM KCl and calculated by subtracting the fraction of glutamate released in the 5 min period before KCl addition from the 5 min period after. K+ -evoked release was almost entirely Ca2+ dependent (K+ -evoked release in Ca2+-free aCSF containing 2 mM CoCl2 and 1 mM EGTA was 5 ± 5% of control; n = 6). Basal release of isotope was unchanged in Ca2+-free solution (99 ± 5% of control; n = 6). THC was applied for 20 min before coapplication with the K+ pulse. In antagonist experiments, SR141716 was applied 5 min before the addition of THC. The effect of THC on K+ -evoked release was expressed as a percentage of control values for each experiment and presented as the
mean ± SEM of at least seven separate experiments performed in triplicate.

[^3]H/Glutamate uptake assay.[^3]H/Glutamate uptake was assessed using a method derived from Benjamin and Quastel (1976). Striatal tissue was incubated for 25 min at 37°C in oxygenated aCSF containing vehicle or test compounds. After 25 min, [^3]H/glutamic acid was added to the medium to give a final concentration of 250 nM, and the incubation continued for 30 min. At the end of the experiment, slices were rinsed in 5 ml of aCSF and sonicated, and the isotope content was quantified as described above. Aliquots of the homogenate were also used to determine protein content of the slices, according the method of Bradford (1976). Under these conditions, glutamate uptake increased linearly with time for up to 60 min and was not affected by an inhibitor of GABA transport (nicotinic acetylcholine) or test compounds. After 25 min, [^3]H/glutamate uptake was dependent on Na⁺ and temperature (9 ± 5% of control when NaCl was replaced with choline chloride; 4 ± 1% of control at 4°C; n = 6 for each) and was reduced to 33 ± 2% of control by the glutamate uptake inhibitor β-threo-hydroxy-aspartate (THA) (n = 6). The effects of THC on glutamate uptake are expressed as the mean ± SEM glutamate uptake (picomoles per milligram of protein) of at least six separate experiments performed in triplicate.

Electrophysiology. Slices were maintained at 30°C in a submerged recording chamber perfused with oxygenated aCSF (3–3.5 ml/min). Extracellular recordings were made using a glass microelectrode filled with aCSF placed in the dorsolateral striatum. Afferent fibers were stimulated by delivering monophasic constant voltage pulses to a bipolar nickel–chromium electrode placed in the white matter overlaying the striatum at a frequency of 0.067 Hz. Data were filtered at 3 kHz and digitized at 10 kHz. Responses were recorded and analyzed online and offline using LTP software (Anderson and Collingridge, 2001). The amplitude of the population spike was used as a measure of synaptic transmission. After obtaining a stable baseline of at least 20 min, drugs were applied by addition to the perfusate.

Drugs. THC and SR141716 were stored as ethanol stock solutions (30 and 0.1 mM). AM251 and LY341495 were stored as DMSO stock solutions (10 and 0.5 mM). THA and (R)-baclofen were stored as stock solutions in one equivalent NaOH (100 and 10 μM). (RS)-3,5-Dihydroxyphenylglycine (DHPG), 1-AP-4, and (2R,4R)-4-aminoptyrrolidone-2,4-dicarboxylate ([2R,4R]-APDC) were dissolved in dH₂O (100, 30, and 50 mM). Dihydrokainate (DHK) was dissolved directly in aCSF as required. In all cases, application of vehicle did not affect synaptic responses (data not shown). THA and THA were purchased from Sigma (Poole, UK). SR141716 was a generous gift from Sanofi-Synthelabo (Montpellier, France).

Data analysis. All data are presented as mean ± SEM. Effects of cannabinoids on the release and uptake of glutamate were compared using one-way ANOVA followed by post hoc Tukey’s test. Concentration–effect curves were fitted using the equation for a sigmoid dose–response curve (GraphPad Prism 3.0; GraphPad Software, San Diego, CA).

Results

THC depresses glutamate release

Basal release of [^3]H/glutamate was not affected by incubation with THC (Fig. 1a). THC dose dependently inhibited the K⁺-evoked release of[^3]H/glutamate from striatal slices (p < 0.001) with a calculated EC₅₀ of 2.0 μM (Fig. 1a,b). The maximal effect of THC occurred at 10 μM (56 ± 6% of control; p < 0.001) and was blocked by 100 nM SR141716, a CB₁ receptor antagonist (87 ± 9% of control values; p < 0.05 compared with 10 μM THC alone). SR141716 alone did not affect K⁺-evoked glutamate release (103 ± 11% of control values; p > 0.05).

THC depresses glutamate uptake

Incubation of striatal slices with THC resulted in a dose-dependent inhibition of[^3]H/glutamate uptake (p < 0.001) with a calculated EC₅₀ of 3.9 μM (Fig. 1c). The maximal effect of THC on glutamate uptake, which occurred at a concentration of 10 μM (47 ± 7% of control; p < 0.001), was blocked by 100 nM SR141716 (89 ± 11% of control; p < 0.05 compared with 10 μM THC alone) and was completely occluded in the presence of an inhibitor of glutamate reuptake, 300 μM L-aspartate–β-hydroxamate (97 ± 5% of 10 μM THC alone; p > 0.05; data not shown). Incubation of striatal slices with SR141716 alone did not significantly affect glutamate uptake (88 ± 9% of control; p > 0.05).

THC depresses corticostriatal transmission

Application of 10 μM THC for 20 min elicited a depression in the population spike amplitude that persisted for the duration of the recording (Fig. 2a). Ten to 20 min after commencing washout of THC, responses were 64 ± 4% of control (n = 7; p < 0.05). This depression was prevented by application of the CB₁ receptor antagonists SR141716 (100 nM; 102 ± 3%; n = 4; p < 0.05 compared with THC alone) (Fig. 2b) and AM251 (500 nM; 91 ± 4%; n = 4; p < 0.05 compared with THC alone) (Fig. 2c). Application of 500 nM AM251 20–40 min after washout of THC elicited a partial reversal in the depression to 90 ± 9% of control (n = 4; p < 0.05 compared with pre-AM251) (Fig. 2d), indicating that the persistent effect observed with THC may be attributable to slow washout of the drug consistent with the high lipid solubility of cannabinoids. This high lipid solubility may also explain the
slow onset of the depression observed with THC application (Fig. 2a). The synthetic cannabinoid WIN 55,212-2 (3 μM) also depressed synaptic transmission to a similar degree as THC with a similar time delay (responses 46 ± 11% of control; n = 6; data not shown).

Blockade of glutamate uptake mimics the actions of THC
Because we showed here that CB1 receptor activation reduces glutamate uptake as well as glutamate release, we were interested to see what effect blockade of glutamate uptake had on corticostriatal transmission. Application of 500 μM THA (a transportable inhibitor of glutamate transporters) for 20 min produced a depression in population spike amplitude (0–10 min after washout of THA responses were 66 ± 5% of control; n = 8; p < 0.05) (Fig. 3a). The effect of THA was not antagonized by AM251 (500 nM; responses were 62 ± 10% of control; n = 8) (Fig. 3b). We also investigated the effects of the nontransportable inhibitor DHK. Application of DHK (300 μM, 20 min) also depressed synaptic transmission (responses 51 ± 7% of control; n = 4; p < 0.05; data not shown).

The effect of THA on corticostriatal transmission coupled to the observation that THC decreases glutamate uptake into striatal slices raises the possibility that the primary effect of CB1 activation is to decrease glutamate uptake. Therefore, we next investigated whether the activation of CB1 receptors and inhibition of glutamate uptake depress glutamate transmission via a common mechanism. After application of 10 μM THC (responses decreased to 60 ± 5% of control), subsequent application of 500 μM THA failed to further depress transmission (responses 54 ± 10% of control; n = 6; p > 0.05 compared with THC alone) (Fig. 3c). Similarly, DHK also failed to further depress synaptic transmission after application of THC (responses 47 ± 7% of control after THC, 47 ± 15% of control after subsequent application of DHK; n = 4; p > 0.05; data not shown). In experiments in which THA was applied for 60 min and THC was coapplied for the middle 20 min of this application, the depression induced by THA was not increased during addition of THC (responses before and after application of THC were 64 ± 8% of control and 74 ± 9% of control, respectively; n = 6; p > 0.05) (Fig. 3d). This suggests that blockade of glutamate transport and activation of CB1 receptors act to depress glutamate transmission by a similar mechanism.

Metabotropic glutamate receptors are involved in the cannabinoid regulation of corticostriatal transmission
A consequence of reducing glutamate uptake will be to increase the extracellular glutamate concentration. This increase in glutamate may then activate presynaptic metabotropic glutamate receptors (mGluRs) to decrease glutamate release. Therefore, we next investigated whether the synaptic depression induced by both THC and THA involves activation of mGluRs. The broad-spectrum mGluR antagonist LY341495 (10 μM) abolished the depression induced by THC (responses 93 ± 4% of control measured 10–20 min after washout of THC; n = 8) (Fig. 4a). After commencing washout of LY341495, responses rapidly decreased in amplitude, which may again reflect the poor clearance rate of THC from brain tissue compared with the rapid clearance of LY341495. The depression induced by THA was also antagonized...
CB₁ receptors reduce glutamate release and uptake

Although electrophysiology studies have suggested that CB₁ receptor activation inhibits the release of glutamate in the striatum (Gerdeaman and Lovinger, 2001; Huang et al., 2001), ours is the first study to show this by measuring the release of [³H]glutamate. Activation of CB₁ receptors has also been shown to inhibit glutamate release in the hippocampus (Wang, 2003). However, this is the first study to show that activation of CB₁ receptors also decreases glutamate uptake in the CNS. It is unlikely that this decrease in uptake is a result of altered glutamate efflux because THC has no effect on basal glutamate release and release was not stimulated by application of high K⁺ during the uptake experiments. Activation of CB₁ receptors has also been shown to reduce the uptake of GABA in the basal ganglia (Maneuf et al., 1996), but the mechanism involved is unknown.

Our data show that the depressions in synaptic transmission induced by activation of CB₁ receptors and by inhibition of glutamate uptake are mutually occlusive. Occlusion experiments can be difficult to interpret and, under some circumstances, may reflect that two independent pathways converge onto a common final target. However, given that the depressions induced by both THC and THA are blocked by the mGluR antagonist LY341495, whereas only the THC depression is sensitive to CB₁ receptor antagonists, we are confident that these results show that the occlusion occurs at the level of mGluR activation (i.e., THC increases glutamate levels to activate mGluRs) rather than at some downstream regulator of transmitter release (e.g., inhibition of N-type Ca²⁺ channels).

The rodent striatum is known to express the GLT1 (glutamate transporter 1), GLAST (glutamate-aspartate transporter), and EAAC (excitatory amino acid carrier) glutamate transporters (Danbolt, 2001). Although THA is a transportable inhibitor of all glutamate transporters, DHK, a nontransportable inhibitor of uptake, is selective for the GLT1 transporter that is thought to be the major transporter of glutamate in most brain regions and is predominantly expressed by glia (Danbolt, 2001). However, recent studies have shown that DHK blocks about 70% of total transporter activity in neuronal preparations (Suchak et al., 2003), and a DHK-sensitive variant of GLT1 that is expressed by neurons has been identified (Chen et al., 2002). Our results therefore suggest that the GLT1 transporter is involved in the CB₁ receptor-mediated depression of transmission, but we cannot at this stage rule out the involvement of additional transporter types. Given that striatal CB₁ receptors are expressed on presynaptic and postsynaptic neurons and on glia (Rodriguez et al., 2001) and that
GLT1 variants are expressed by both neurons and glia, it is not yet possible to identify the location of the transporters involved. Similarly, how CB₁ receptor activation modulates transporter function is unknown, although it may involve regulation of transporter protein phosphorylation. For example, PKA activation is known to increase striatal glutamate transporter function (Pisano et al., 1996), and thus, by reducing cAMP levels via a G<sub>i/o</sub>-protein, CB₁ receptor activation could alter transporter phosphorylation and function.

**Role of mGluRs**

LY341495 is an antagonist of all subtypes of mGluRs (Kingston et al., 1998) but does not antagonize CB₁ receptor effects per se (Kreitzer and Regehr, 2001; Sjöström et al., 2003). However, this compound shows some selectivity depending on dose: at the concentration we used (10 μM), LY341495 will effectively antagonize group II (mGlu2 and mGlu3) and group III (mGlu7 and mGlu8) receptors but not group I receptors (Kingston et al., 1998). Thus, it is likely that group II and group III mGluRs are involved in the depression of glutamate transmission observed here. This is consistent with our and previous (Rouse et al., 2000) observations that agonists of group II and III, but not group I, mGluRs depress transmission and with the known presynaptic localization of both group II and III mGluRs in the striatum.

Inhibition of glutamate uptake would also be expected to facilitate activation of postsynaptic group I mGluRs, as has been demonstrated in the cerebellum (Brasnjó and Ottis, 2001). However, we do not believe that activation of group I receptors is involved in the depression observed by CB₁ receptor activation, because (1) group I mGlu agonists do not depress synaptic transmission in the striatum and (2) LY341495 is not an effective antagonist of group I receptors at the concentration we used. We cannot rule out that activation of group I receptors does occur after activation of CB₁ receptors and inhibition of glutamate transporter function, but such activation probably produces changes in postsynaptic neurons that are not detected using extracellular recording techniques. Interestingly, group I mGluRs are required for induction of LTD at corticostriatal synapses (Gubbellini et al., 2001; Sung et al., 2001) as are CB₁ receptors (Gerde man et al., 2002). We do not yet know whether the inhibition of glutamate uptake mechanisms by CB₁ receptors is involved in LTD induction, but it is possible that, during induction of LTD, activation of CB₁ receptors may facilitate activation of group I mGluRs.

**Conclusion**

We showed that activation of CB₁ receptors reduces glutamate release in the striatum via an indirect effect involving postsynaptic mGluRs. Activation of mGluRs is achieved by a CB₁ receptor-dependent reduction in glutamate transporter function that raises the extracellular glutamate concentration. These findings add unexpected complexity to the effects of cannabinoids on synaptic transmission. Given that cannabinoids are known to reduce synaptic transmission in numerous brain regions, it will be interesting to see whether CB₁ receptor regulation of transporter function also occurs at other synapses and to identify the mechanisms involved.

**References**


