Behavioral/Systems/Cognitive

Phenotype Matters: Identification of Light-Responsive Cells in the Mouse Suprachiasmatic Nucleus

Ilia N. Karatsoreos,1 Lily Yan,1 Joseph LeSauter,3 and Rae Silver1,2,3

Departments of 1Psychology and 2Anatomy and Cell Biology, Columbia University, New York, New York 10027, and 3Department of Psychology, Barnard College of Columbia University, New York, New York 10027

The suprachiasmatic nucleus (SCN) of the hypothalamus is the neural locus of the circadian clock. To explore the organization of the SCN, two strains of transgenic mice, each bearing a jellyfish green fluorescent protein (GFP) reporter, were used. In one, GFP was driven by the promoter region of the mouse Period1 gene (mPer1) (Per1::GFP mouse), whereas in the other, GFP was inserted in the promoter region of calbindin-D28K—bacterial artificial chromosome (CalB::GFP mouse). In the latter mouse, GFP-containing SCN cells are immunopositive for gastrin-releasing peptide. In both mouse lines, light-induced Per1 mRNA and Fos are localized to the SCN subregion containing gastrin-releasing peptide. Double-label immunohistochemistry reveals that most gastrin-releasing peptide cells (~70%) contain Fos after a brief light pulse. To determine the properties of SCN cells in this light-responsive region, we examined the expression of rhythmic Period genes and proteins. Gastrin-releasing peptide-containing cells do not express detectable rhythms in these key components of the molecular circadian clock. The results support the view that the mammalian SCN is composed of functionally distinct cell groups, of which some are light induced and others are rhythmic with respect to clock gene expression. Furthermore, the findings suggest that gastrin-releasing peptide is a potential mediator of intercellular communication between light-induced and oscillator cells within the SCN.

Key words: circadian rhythms; SCN; GFP reporter; transgenic; GRP; mPer1; clock gene

Introduction

Daily rhythms in physiology and behavior persist in the absence of temporal information from the environment. Importantly, these self-sustained rhythms are synchronized, or entrained, to the environment by appropriately timed external cues. The neural locus controlling endogenous circadian rhythmicity lies in the suprachiasmatic nucleus (SCN) of the hypothalamus (Klein, 1991), with each nucleus containing 8000–10,000 cells in rodents (Van den Pol, 1980; Abrahamson and Moore, 2001; Moore et al., 2002). In mammals, photic cues from the day/night cycle reach the SCN via the retinohypothalamic tract (RHT) (Morin, 1994). It is not well understood how the individual cells that constitute this nucleus perform the dual functions of oscillating and resetting.

Circadian oscillation is a property of individual SCN cells (Welsh et al., 1995). At the molecular level, the core circadian rhythm-generating mechanism involves an autoregulatory transcription–translation feedback loop. In mammals, the positive arm of the loop is driven by the proteins Clock and Bmal1, whereas the protein products of the transcribed clock genes Per1, Per2, and Per3 and Cryptochrome (Cry1 and Cry2) comprise the negative arm (Lowrey and Takahashi, 2000; Shearman et al., 2000; Young and Kay, 2001). Entrainment to local environmental time is thought to result from adjustments of various steps in these oscillating feedback loops by light and other stimuli.

In mammals, the photosensitive elements necessary for resetting the SCN lie in the eye (Panda et al., 2003). Direct photic input from the RHT reaches only a fraction of SCN cells (Groos and Mason, 1980; Meijer et al., 1986; Cui and Dyball, 1996). The intercellular mechanisms for communication of phase resetting by photic stimuli from retinoreceptor cells to the rest of the SCN are not known. Additionally, it is unclear whether all SCN cells are oscillators (Reppert and Weaver, 2001, 2002). For example, in the hamster, SCN regions marked by vasopressin (VP)-containing cells are characterized by rhythmic expression of Per1 and Per2 mRNA. In contrast, in the caudal SCN, a region marked by calbindin-expressing cells, light-induced but not rhythmic expression of these genes is detected (Hamada et al., 2001). Electrophysiological studies demonstrate a lack of rhythmicity in calbindin cells and support the view that some SCN cells are not oscillators (Jobst and Allen, 2002). It is possible that the hamster SCN, with its discrete population of densely packed calbindin-expressing cells, is unique among mammals. Alternatively, it may be that two distinct populations of cells, one rhythmic and the other nonrhythmic with regard to clock gene expression, are a general feature of mammalian SCN organization.

The present results reveal that in mice, some SCN cells express Per1 rhythmically, whereas others do not. In addition, there is a population of cells containing gastrin-releasing peptide that is
light induced but does not express detectable rhythms in Per genes.

Materials and Methods

Animals. Two strains of transgenic mice, each bearing a jellyfish green fluorescent protein (GFP) reporter, were used. The mPer1::d2EGFP transgenic mouse (termed here Per1::GFP; a gift from Dr. D. McMahon, Vanderbilt University, Nashville, TN) was made with the B6C3F1 hybrid mouse as described previously (Kuhlman et al., 2000). The mice used in the present studies were hemizygous for the d2EGFP transgene, which is a degradable form of GFP.

The calbindin-D28K–bacterial artificial chromosome (BAC):GFP transgenic mouse (termed here CalB::GFP; a gift from Dr. N. Heintz, Rockefeller University, New York, NY) was made by insertion of enhanced GFP (EGFP) (Yang et al., 1997) in the calbindin BAC (Research Genetics/Invitrogen, Carlsbad, CA) by homologous recombination. The homologous region was upstream of the start codon of the calbindin gene. The first stretch of the sequence included the calbindin-D28K promoter followed by the first linker sequence and then the EGFP construct followed by the second linker, with the tail sequence containing more of the calbindin gene, including the start codon (at position 1879).

There are several advantages to using these transgenic mice. First, the Per1-driven GFP is a more sensitive marker than the Per protein revealed by an anti-Per antibody (Witkovsky et al., 2003). Second, our results focus on the role of gastrin-releasing peptide-containing cells of the SCN. Gastrin-releasing peptide cells are difficult to detect unless the animal is treated with colchicine, because a dense fiber plexus obscures cell bodies. In the present study, we found that CalB::GFP could be used as a reporter for gastrin-releasing peptide (see below), thereby eliminating these technical concerns. Finally, in both cases, the GFP transgene permits the living neuron to be visualized, making it available for future electrophysiological and imaging studies.

Experimental animals were housed in translucent polyethylene cages (29 × 19 × 12.5 cm) in a 12 hr light/dark (LD) cycle (n = 24) or were transferred to constant darkness (DD; n = 24) for at least 2 d before experimentation. The rooms were maintained at 21 ± 1°C. For animals in DD, a white-noise generator (91 sound pressure level) masked environmental noise and a dim red light (0.5–1 lux) allowed for animal maintenance. All animals were provided with food and water ad libitum and cared for in accordance with the Columbia University Institutional Animal Care and Use Committee and Animal Welfare regulations.

Colchicine injections. CalB::GFP mice maintained in a 12 hr LD cycle (n = 4) were anesthetized intraperitoneally with 60 mg/kg ketamine and 5 mg/ml xylazine, placed into the stereotaxic apparatus (David Kopf Instruments, Tujunga, CA), and prepared for aseptic surgery. A 10 μl Hamilton syringe (Hamilton, Reno, NV) was used to inject 2 μl of colchicine (10 μg/μl in 0.9% saline; Sigma, St. Louis, MO) in the lateral ventricle (stereotaxic coordinates relative to bregma are as follows: flat skull, anteroposterior, +1 mm; mediolateral, +0.7 mm; dorsoventral, −3.0 mm from the top of the skull). Animals were killed 36 hr later. Anterior hypothalamic sections from these animals were used to visualize gastrin-releasing-peptide-containing cell bodies.

Retinal tract tracing. Animals of each strain were maintained in a 12 hr LD cycle (n = 4) and anesthetized and injected monocularly with 0.05 μg of cholera toxin-β (CTβ; List Biological Laboratories, Campbell, CA) in 2 μl of 1.8% NaCl. After 24 hr, animals were perfused at Zeitgeber time 10 (ZT10). Brain sections were used for CTβ–GFP double label.

Detection of rhythmic responses. To confirm in our CalB::GFP mice the previously reported pattern of rhythmic Per2 expression, animals were housed in a 12 hr LD cycle and killed at ZT14 and ZT2 (n = 2 per group), times of peak and trough expression (Field et al., 2000). For circadian studies of Per1–GFP, hemizygous Per1–GFP mice housed in DD were killed at the projected circadian time 2 (CT2), CT6, CT10, CT14, CT18, and CT22 (n = 2 per time point), as reported previously for Per1–GFP mice (LeSauter et al., 2003).

Detection of light-induced responses. In initial studies, we assessed whether the transgenic mice respond normally to a light pulse. For light-induced Per1 mRNA studies, mice (n = 3) were maintained in DD for 2 d, exposed to a 30 min light pulse (1000 lux at cage level) starting at projected CT13, and killed at CT13:30 (Shigeyoshi et al., 1997). For light-induced Fos, Per1–GFP (n = 2) and CalB–GFP (n = 3) animals received a 30 min light pulse at projected CT14 and were killed 1 hr after the end of the light pulse. Control animals for light-induced Per1 mRNA and Fos were also maintained in DD for 2 d, not exposed to light, and killed at the same circadian time as experimental animals (n = 2 per group).

Perfusion. Animals were deeply anesthetized (200 mg/kg pentobarbital, i.p.). Animals killed in the dark were anesthetized under the dim red light with their heads covered with a light-proof hood until they were perfused. Mice were perfused intracardially with 50 ml of saline followed by 100 ml of 4% paraformaldehyde in 0.1 M phosphate buffer (PB), pH 7.3. Brains were postfixed for 18–24 hr at 4°C and cryoprotected in 20% sucrose in 0.1 M PB overnight. RNase-free buffer was used for in situ hybridization at both the perfusion and sectioning steps. For immunohistochemistry, 35 μm cryostat sections were processed free floating for Per1 mRNA in situ hybridization and GFP immunocytochemistry, alternate sections (30 μm) were processed free floating.

Immunohistochemistry. Single-labeled sections were processed with a modified avidin–biotin–immunoperoxidase technique (LeSauter and Silver, 1999) using diaminobenzidine (DAB) (Sigma) as the chromogen. Double-labeled sections were incubated in donkey serum for 1 hr, then in the two primary antibodies in different host species for 48 hr, and then in the appropriate donkey secondary conjugated to the Cy2 and Cy3 fluorescent chromogens (1:200; Jackson Immunoresearch, West Grove, PA) for 2 hr. Sections were mounted and coverslipted with Permount (Fisher Scientific, Houston, TX) for DAB or Krystalon (EMD Chemicals, Gibbstown, NJ) for Cy2 and Cy3.

For Fos–GFP double-label immunocytochemistry (ICC), in which both primary antibodies were incubated in rabbits, sections were incubated for 1 hr in normal goat serum and then in GFP for 48 hr at 4°C, in biotinylated goat anti-rabbit for 1 hr, and in avidin–biotin complex (Elite kit; Vector Laboratories, Burlingame, CA) for 1 hr; they were then amplified for 30 min with biotinylated tyramide (60 μl/10 ml 0.1 M PBS) with 1:1000 H2O2 and incubated with avidin–Cy2 for 2 hr at room temperature. Sections were then washed in phosphate buffer. Next, sections were incubated for 1 hr in normal donkey serum, in Fos overnight at 4°C, and then in donkey anti-rabbit–Cy3 for 2 hr at room temperature.

To test for specificity, primary antibodies were omitted in some runs. To minimize potential inter-run variability in staining, all sections were run simultaneously.

Antibodies. Rabbit polyclonal GFP (1:40,000; Molecular Probes, Eugene, OR) and monoclonal mouse calbindin (1:20,000; Sigma) were used as single-label antibodies. The following antibodies for double-label ICC were used: rabbit polyclonal GFP antibody (1:800,000) and a rabbit polyclonal gastrin-releasing peptide antibody (1:3000; Diasorin, Stillwater, MN) for gastrin-releasing peptide–GFP, GFP (1:40,000) and mouse monoclonal Per2 (1:1500; Alpha Diagnostic, San Antonio, TX) for Per2–GFP, rabbit polyclonal GFP (1:2,000) and choleraeengadin (1:10,000; List Biological Laboratories) for CTβ–GFP, rabbit polyclonal GFP (1:800,000) and rabbit polyclonal anti-Fos (1:40,000; Santa Cruz Biotechnology, Santa Cruz, CA) for Fos–GFP, and rabbit polyclonal GFP (1:20,000) and guinea pig polyclonal arginine vasopressin (AVP) (1:20,000; Diasorin) for GFP–AVP.

In situ hybridization. Brains were marked for identification, and experimental and control sections were run in the same wells. To detect mPer1 or calbindin mRNA, in situ hybridization histochemistry was performed as described previously (Yan and Silver, 2002). In brief, tissue sections were processed with proteinase K (1 mg/ml, 0.1 M Tris buffer, pH 8.0, 50 mM EDTA) for 10 min at 37°C and 0.25% acetic anhydride in 0.1 M triethanolamine for 10 min. Sections were incubated in hybridization buffer (60% formide, 10% dextran sulfate, 10 mM Tris-HCl, pH 8.0, 1 mM EDTA, pH 8.0, 0.6 M NaCl, 0.2% N-laurylsarcosine, 500 mg/ml, 200 mg/ml tRNA, 1× Denhardt’s solution, 0.25% SDS, and 10 mM dithiothreitol) containing digoxigenin-labeled mPer1 or calbindin antisense cRNA probes for 16 hr at 60°C. After a high-stringency posthybridization wash, sections were treated with RNase A and were then further processed for immunodetection with a nucleic acid detection kit (Boehringer Mannheim, Indianapolis, IN). Sections were incubated in 1.0% of...
a blocking reagent in buffer 1 (100 mM Tris–HCl buffer, 150 mM NaCl, pH 7.5) for 1 hr at room temperature and then incubated at 4°C in an alkaline phosphatase-conjugated digoxigenin antibody diluted 1:5000 in buffer 1 for 3 d. On the following day, sections were washed in buffer 1 twice (5 min each) and incubated in buffer 3 (100 mM Tris–HCl buffer, pH 9.5, containing 100 mM NaCl and 50 mM MgCl2) for 5 min. They were then incubated in a solution containing nitroblue tetrazolium salt (0.34 mg/ml) and 5-bromo-4-chloro-3-indolyl phosphate toluidinium salt (0.18 mg/ml) (Roche, Indianapolis, IN) for 8 hr. The colorimetric reaction was halted by immersing the sections in buffer 4 (10 mM Tris–HCl containing 1 mM EDTA, pH 8.0). Sections were mounted on slides, and coverslips were applied with Permount (Fisher Scientific). Alternate sections were matched with their adjacent sections from the ICC runs for analysis.

**Microscopy and quantification.** Sections were examined on an Eclipse E800 microscope (Nikon, Melville, NY). Images were captured with a cooled CCD camera (SPOT; Morrell, Melville, NY) and stored on a personal computer for subsequent analysis. For DAB-stained tissue, images were captured in an 8 bit grayscale. Fluorescently stained sections were excited using filters for GFP (480 ± 20 nm) and Texas Red (560 ± 40 nm) with each channel acquired independently and then combined digitally with the SPOT software. Images were processed using Photoshop 7 (Adobe Systems, Mountain View, CA).

To assess regional distribution of Per1 mRNA and GFP, images of digoxigenin sections were merged with the adjacent DAB sections by aligning of landmarks around the SCN (optic chiasm, ventricles, and vasculature). To determine the number of double-labeled cells, each color channel was examined separately. Cells in which there was a Fos-positive signal and GFP-positive cytoplasm were scored as double labeled. Because both gastrin-releasing peptide and GFP staining are cytoplasmic, cells positive for each peptide under each color channel were scored as double labeled. This analysis was confirmed using confocal microscopy.

Confocal microscopy was used to examine the colocalization of GFP and gastrin-releasing peptide and the contacts between retinal fibers and GFP cells in both strains of mice using an Axioskop 100TV fluorescence microscope (Zeiss, Thornwood, NY) with a Zeiss LSM 410 scanning confocal attachment. Sections were excited sequentially with an argon–krypton laser using the standard excitation wavelength for Cy2 and Cy3. Stacked images were collected as 1 µm multitract optical sections. LSM 3.95 software (Zeiss) was used to superimpose red and green images of the sections. Each section of SCN was examined in its entirety in 1 µm steps.

The number of Fos and gastrin-releasing peptide cells was determined using the Abercrombie (1946) correction factor. The diameter of the gastrin-releasing peptide cells and of the Fos nuclei was derived from their perimeters measured using NIH Image (version 1.61). The diameters of 30 gastrin-releasing peptide cells and 30 Fos nuclei were measured in each animal, and diameters were calculated. There were no differences in cell diameters between strains, and the data were combined. Gastrin-releasing peptide-immunoreactive (IR) cell diameter was 8.4 ± 0.2 µm (mean ± SEM), and Fos-IR nuclei diameter was 5.6 ± 0.1 µm.

**Results**

**Identification and localization of GFP in the CalB::GFP mouse**

*CalB::GFP mouse* GFP cells contain gastrin-releasing peptide.

In the SCN of the *CalB::GFP* mouse, GFP-containing cells are concentrated in an SCN region bearing two noteworthy features: first, it is rich in gastrin-releasing peptide cells (Moore and Silver, 1998); second, it contains cells that lack rhythmic expression of *Per1* mRNA or Per1 or Per2 protein (LeSauter et al., 2003). We now show that GFP-IR in the SCN of the *CalB::GFP* mouse is expressed in gastrin-releasing peptide-containing cells (Fig. 1A). In animals treated with colchicine, gastrin-releasing peptide-containing cell bodies can be resolved. In untreated animals, a dense gastrin-releasing peptide fiber plexus extends into the medial and dorsal SCN, making it difficult to delineate gastrin-releasing peptide cell bodies (Fig. 1C). Using conventional fluorescence microscopy techniques, quantitative analysis of sections labeled for GFP and gastrin-releasing peptide in colchicine-treated *CalB::GFP* mice indicates that 89.8 ± 1.3% (mean ± SEM) of GFP cells contain gastrin-releasing peptide, and that 94.0 ± 2.1% of gastrin-releasing peptide cells contain GFP (Fig. 1B). These results were confirmed at the confocal level, with 86.4 ± 1.0% of GFP cells containing gastrin-releasing peptide and 91.8 ± 4.1% of gastrin-releasing peptide cells containing GFP. In summary, the data indicate that in this transgenic line, GFP is a marker for the gastrin-releasing peptide cells.

To identify calbindin cells in the *CalB::GFP* mouse, we stained alternate sections for calbindin protein and mRNA. The distribution of calbindin mRNA corresponds to that of its protein and confirmed that calbindin-containing cells are scattered throughout the SCN (Moore and Silver, 1998). However, in the SCN of the *CalB::GFP* mouse, the GFP reporter is not expressed in cells containing calbindin. Instead it occurs in gastrin-releasing peptide cells of the SCN (*vide supra*). Restated, in this transgenic line, GFP is not contained in calbindin-expressing cells of the SCN but is a marker for the gastrin-releasing peptide-containing cells. Similar discrepancies are seen in other brain regions. For example, GFP but not calbindin is seen in the dorsolateral septum and medial habenula, the dorsolateral aspect of the paraventricular nucleus. Conversely, calbindin but not GFP is seen in the medial...
preoptic area, the medial aspect of the paraventricular nucleus. Finally, in some areas, including cerebellar Purkinje cells and the caudate-putamen, GFP, calbindin mRNA, and protein occur in the same cells. Similar mismatches have been reported in other transgenic lines (DiLeone et al., 2000).

**CalB::GFP mouse: localization of GFP in relation to the AVP cell population**

We delineated the topography of gastrin-releasing peptide cells in relation to the distribution of the well characterized SCN peptide AVP. It can clearly be seen in the CalB::GFP mouse that the gastrin-releasing peptide cells (reported by GFP) are densely packed in the central core of the SCN (Fig. 2). Caudally, GFP cells are concentrated more laterally. GFP neurons are localized to SCN regions mainly devoid of AVP-containing cells.

**Localization of light-responsive cells**

**CalB::GFP mouse: gastrin-releasing peptide cells (marked by GFP) are light responsive**

After a 30 min light pulse at CT13, Per1 mRNA is induced in the same regions in which GFP-IR is expressed. This can be seen in Figure 3A (top row), where both mPer1 and GFP staining occur in the laterocaudal SCN region.

A light pulse at CT14 induces Fos in a region of the SCN in which GFP is expressed (Fig. 3A, middle row). Quantification of double-label immunocytochemistry indicates that there are 990 ± 11.4 Fos-positive nuclei in each SCN 1 hr after a CT14 light pulse. Within the caudal half of the SCN (the region rich in gastrin-releasing peptide cells), GFP cells account for 44.1 ± 2.9% of the total population of Fos-positive cells and 71.9 ± 3.9% of GFP-IR cells contain Fos, whereas in the entire nucleus, Fos-positive GFP-IR cells account for 33.0 ± 0.4% of the total amount of Fos-IR.

Tract-tracing studies using CTβ injected into the retina confirm that this laterocaudal SCN region of GFP-IR cells receives dense retinal input (Fig. 3A, bottom row). Confocal microscopic examination of CTβ-labeled retinal afferents on GFP cells demonstrates that 77.2 ± 3.8% of GFP cells are contacted by retinal fibers.

**Per1::GFP mouse: GFP cells (expressing Per1 mRNA) are not light responsive**

In the Per1::GFP mouse, light-induced Per1 mRNA (Fig. 3B, top row), Fos (Fig. 3B, middle row), and dense retinal input (Fig. 3B,
bottom row) occur in the ventral and lateral aspects of the caudal SCN. These light-induced responses occur outside the area of GFP-IR that delineates rhythmic Per1 gene-expressing cells of the SCN. It should be noted that GFP protein expression peaks at 3.5 hr after a light pulse (Kuhlman et al., 2000, 2003); consequently, at 1.5 hr after the light pulse, light-induced GFP is not detected. This allowed us to distinguish between endogenously rhythmic and light-induced cell populations. Quantification of double-label immunostaining indicates that 1 hr after a CT14 light pulse, only 9.2 ± 3.4% of Per1::GFP cells contain Fos, and that the population of Fos-positive GFP cells accounts for 4.8 ± 1.1% of Fos-IR cells within the region.

Localization of rhythmic cell populations
CalB::GFP mouse: Per2 protein is not rhythmic in gastrin-releasing peptide cells (marked by GFP)
Per1 and Per2 proteins are expressed rhythmically in the SCN. We next determined whether rhythmic expression of Per proteins occurs in gastrin-releasing peptide cells of the CalB::GFP mouse using GFP as a reporter for gastrin-releasing peptide cells. Because Per1 and Per2 are expressed in the same SCN region and likely in the same cells (LeSauter et al., 2003; our unpublished data), and because commercially produced Per2 antibodies are available, we examined Per2 and gastrin-releasing peptide coexpression. Per2 is high in the rostral and mediocaudal SCN and low or absent in GFP cells at both peak and trough expression times (Fig. 4A, ZT14, ZT2).

Per1::GFP mouse: GFP (reporting Per1 mRNA) is rhythmically expressed
In the Per1::GFP mouse, GFP-IR shows a circadian expression pattern with a peak at CT10 and a trough at CT22. GFP staining is restricted to the rostral and medial aspects of the mid-SCN and caudal SCN (Fig. 4B).

Discussion
An enigma in understanding SCN function is how this nucleus, comprised of thousands of independent circadian oscillators, works as a whole to express a coherent daily rhythm in electrical and metabolic activity and organizes coherent circadian responses in the body. An early view of the mammalian SCN posited a linear signaling pathway into and out of the SCN with target sites (Eskin, 1979). More recently, it has been suggested that all SCN neurons are oscillators (Reppert and Weaver, 2001, 2002). A variation on this theme is that ventral and lateral SCN neurons oscillate with low amplitude, whereas dorsal and medial neurons exhibit high-amplitude oscillation, with retinal input reaching only the former group (Shibata et al., 1984; Moore, 1996; Nakamura et al., 2001; Yan and Okamura, 2002). The present results suggest a third possibility: that the SCN is comprised of two fundamentally different cell types. One population, including gastrin-releasing peptide-containing cells, expresses Per mRNA in response to a light pulse but does not have a detectable rhythm in endogenous Per expression. The second population oscillates on a circadian basis with respect to clock genes but does not express Per genes immediately after a light pulse. This result is consistent with previous findings in mice (Yan and Silver, 2002) and hamsters (Hamada et al., 2001; Jobst and Allen, 2002).

A model of how this two-compartment SCN can sustain rhythmicity has been suggested (Antle et al., 2003). In this view, rhythmic cells are conceptualized as limit cycle–Van den Pol oscillators, which themselves are reset by “gate cells.” The gate cells provide a coordinating master signal for synchronizing to maintain coherence among a population of independent oscillators expressing different periods. The proposed model neither excludes nor requires interoscillator coupling. Restated, the present results indicate that the coordinated action of two distinct SCN cell types forms the anatomical and functional basis for the integrated rhythmicity of SCN tissue suggested by this model.

A universal feature of the mammalian SCN is retinal input to the SCN via the RHT (Morin, 1994). Knowing the mechanism responsible for resetting SCN pacemakers by light is fundamental to understanding entrainment and phase shifting. In all species, only some SCN cells receive direct retinal input, with species differences in RHT termination sites. In rats, most retinal input terminates in the ventral region, with little or no retinal input to the dorsomedial SCN (Moore, 1996), whereas in hamsters, retinal input is concentrated in the ventrolateral aspect of the SCN (Johnson et al., 1988). RHT input to the mouse SCN is very dense in the ventral and lateral aspects of the nucleus and sparse in the dorsal and medial regions (Abrahamson and Moore, 2001) (Figs. 2, 3). In a pattern consistent with the anatomical connections of the retina, the response of immediate early genes (IEGs) in the SCN after photic stimulation is also topographically and temporally restricted. Light pulses in the subjective night cause rapid induction of mPer1 and mPer2 in the ventral and lateral aspects of the mouse SCN, with a time-dependent “spread” to the dorsal and medial portions of the nucleus (Yan and Silver, 2002).

Resetting of the oscillators in the SCN is thought to occur rapidly after a light pulse (Best et al., 1999; Watanabe et al., 2001), and significant effort has been devoted to identifying the phenotype of retinorecipient SCN cells. Estimates of the size and identity of this population of light-responsive cells range from 20 to 40% of SCN cells and vary depending on the assay used (electrophysiology (Sawaki, 1979; Meijer et al., 1986; Aggelopoulos and Meissl, 2000) or IEG expression (Earnest et al., 1993; Silver et al., 1996; Castel et al., 1997; Aioun et al., 1998)]. The present study shows that 1 hr after a brief light pulse, most GFP cells (in the CalB::GFP mouse) in the SCN express Fos. Consistent with our results in mice, retinal terminals contact gastrin-releasing peptide cells in both rats and hamsters (Tanaka et al., 1997; Aioun et al., 1998). VIP cells of the SCN are also known to receive direct retinal input. In rats, 0–10% of VIP cells, which lie in the ventrolateral retinorecipient SCN region, express Fos content after a light pulse (Earnest et al., 1993; Mikkelsen et al., 1994; Romijn et al., 1996). Retinal terminals on VIP cells have been observed in the rat but not in the hamster (Tanaka et al., 1993; Aioun et al., 1998). VIP, like gastrin-releasing peptide, is rhythmic in LD but not in DD, although the former peaks at night and the latter in the day (Shinohara et al., 1993). The precise distinct roles of these peptides remain to be determined. To summarize, although only 20–30% of SCN cells are directly light responsive (using c-fos IEG expression as an assay), the present study indicates that most gastrin-releasing peptide-containing cells lie in this group.

The relationship of peptidergic phenotype andafferent connections of the SCN to its function has been a longstanding curiosity. Previous work in numerous species indicates the existence of two anatomical divisions, designated core and shell (or ventrolateral and dorsomedial) on the basis of chemoarchitecture and connections (Card and Moore, 1984; Moore, 1992, 1996). With regard to chemoarchitecture, SCN cells are heterogeneous in their peptidergic content and distribution (Van den Pol, 1980; Van den Pol and Tsujimoto, 1985). AVP is found primarily in the dorsomedial SCN, whereas gastrin-releasing
peptide and VIP cells lie in the ventrolateral SCN (Moore and Silver, 1998; Silver et al., 1999; Abrahamson and Moore, 2001; Moore et al., 2002). Of the calcium-binding proteins, calbindin is localized to the ventrolateral region of both the rat and hamster SCN and is sparsely distributed through the mouse SCN, whereas calretinin is found in the ventral mouse SCN and the lateral rat SCN and is sparsely distributed in the hamster SCN (Moore and Silver, 1998; Silver et al., 1999; Arvanitogiannis et al., 2000). The present study indicates that clock gene expression can be mapped to the anatomical and phenotypic characteristics of the SCN. 

There is a region of mouse SCN in which rhythmic expression of mPer1 mRNA and Per1 and Per2 proteins is not detected (present results) (LeSauter et al., 2003). In mice, this region includes cells that are immunopositive for gastrin-releasing peptide and express both light-induced mPer1 and Fos.

Numerous lines of evidence indicate an important role for gastrin-releasing peptide in light-induced phase shifts. Injections of gastrin-releasing peptide or a mixture of peptides, of which gastrin-releasing peptide is one component, produce photic-like phase shifts in behavior and electrical activity during subjective
night (Piggins and Rusak, 1993; Piggins et al., 1994, 1995; Albers et al., 1995; McArthur et al., 2000). It has also been shown that the phase-shifting effects of a gastrin-releasing peptide injection can be blocked by the application of the gastrin-releasing peptide antagonist [D-F5Phe6,D-Ala11]BN(6–13)OMe (Piggins et al., 1995). In mice, gastrin-releasing peptide injections induce mPer1 gene expression in dorsal SCN neurons, and gastrin-releasing peptide receptor-deficient mice show both blunted mPer1 and behavioral phase-shifting responses (Aida et al., 2002). Together, the data indicate that gastrin-releasing peptide contributes to phase resetting and has effects similar to photic stimuli.

These studies reveal that the SCN is composed of both rhythmic and light-induced nonrhythmic components. Photic information from the environment reaches the SCN via the RHT and impacts a subset of SCN cells, which are light induced but not rhythmic with respect to clock gene expression. Gastrin-releasing peptide cells fall into this category. The present results, characterizing clock gene expression within this peptidergically and functionally identified SCN cell type, provide the foundation for understanding intercellular mechanisms of phase setting in SCN tissue that enable it to generate coherent circadian rhythms in the entire animal.

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