

# Requirement of Nicotinic Acetylcholine Receptor Subunit $\beta 2$ in the Maintenance of Spiral Ganglion Neurons during Aging

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Age-related hearing loss (presbycusis) is a major health concern for the elderly. Loss of spiral ganglion neurons (SGNs), the primary sensory relay of the auditory system, is associated consistently with presbycusis. The causative molecular events responsible for age-related loss of SGNs are unknown. Recent reports directly link age-related neuronal loss in cerebral cortex with the loss of high-affinity nicotine acetylcholine receptors (nAChRs). In cochlea, cholinergic synapses are made by olivocochlear efferent fibers on the outer hair cells that express  $\alpha 9$  nAChR subunits and on the peripheral projections of SGNs that express  $\alpha 2$ ,  $\alpha 4$ –7, and  $\beta 2$ –3 nAChR subunits. A significantly decreased expression of the  $\beta 2$  nAChR subunit in SGNs was found specifically in mice susceptible to presbycusis. Furthermore, mice lacking the  $\beta 2$  nAChR subunit ( $\beta 2$ –/–), but not mice lacking the  $\alpha 5$  nAChR subunit ( $\alpha 5$ –/–), have dramatic hearing loss and significant reduction in the number of SGNs. Our findings clearly established a requirement for  $\beta 2$  nAChR subunit in the maintenance of SGNs during aging.

**Key words:** presbycusis; aging; hearing loss; nicotinic receptors; spiral ganglion neurons; neurodegeneration

## Introduction

Presbycusis is the third most prevalent condition of elderly persons (Morris et al., 1991; Seidman et al., 1999). Presbycusis is the result of the combined effects of intrinsic aging of the peripheral and central auditory systems (Pauker et al., 1986; Parham and Willott, 1988). Degeneration of spiral ganglion neurons (SGNs) during aging, with or without associated loss of hair cells, is common in humans and animals (Keithley and Feldman, 1979, 1982; Suzuka and Schuknecht, 1988; White et al., 2000). The pathogenesis of SGN degeneration is not well understood. One of the current hypotheses is that loss of SGNs in animals and in humans is secondary to loss of hair cells (Keithley and Croskrey, 1990). Numerous studies indicate that the target hair cells release trophic factors that support SGNs (Ernfors et al., 1995; Fritzsche et al., 1997; Hossain et al., 2002). After chemical or mechanical damage of hair cells, SGNs are rapidly lost, consistent with a target-dependent mechanism of SGN survival (Takeno et al., 1998). During the aging process, however, loss of SGNs may not arise strictly as a secondary degeneration after hair cell loss, because the extent of SGN death is much greater than that of hair cells (Ryals and Westbrook, 1988). Likewise, the localization of SGN loss is not always correlated with the location of hair cell loss (Keithley et al., 1989). Thus, the slow loss of SGNs during aging may involve hair cell-dependent and -independent mechanisms (Schuknecht and Gacek, 1993; Zimmermann et al., 1995; Ohlemiller and Gagnon, 2004).

Nicotinic acetylcholine receptors (nAChRs) are a multigene family of ligand-gated ion channels that participate in synaptic transmission (for review, see McGehee and Role, 1995; Changeux et al., 1998). Age-related changes of nAChR subunits expression in the CNS have been well documented (Birtsch et al., 1997; Rogers et al., 1998; Utsugisawa et al., 1999). For example, expression of  $\alpha 3$ , 4, and 7 subunits are altered in certain regions of brain during aging, whereas the expression level of  $\alpha 5$  subunit is unchanged (Tohgi et al., 1998; Ferrari et al., 1999; Hellstrom-Lindahl and Court, 2000). Interestingly, previous studies have shown the involvement of nAChR subunits in neuronal degeneration. Activation of  $\alpha 7$ -containing nAChRs by low doses of nicotine results in neuronal apoptosis (Berger et al., 1998). Zoli et al. (1999) found age-related loss of hippocampal neurons in mice lacking the  $\beta 2$  subunit. Here, we demonstrate that, in the peripheral nervous system (PNS), the expression level of the  $\beta 2$  subunit is downregulated during aging in C57BL/6J mice. C57BL/6J strain is a mouse model for presbycusis (Henry and Chole, 1980) with the recessive age-related hearing loss (AHL) gene, which is most likely caused by a mutation in the cadherin 23 (*Cdh23*) gene (*Cdh23<sup>ah1</sup>*) (Noben-Trauth et al., 2003). Interestingly, the expression level of the  $\beta 2$  subunit is increased in B6.CAST, which is a C57BL/6J congenic strain resistant to presbycusis with the wild-type allele of *Cdh23* (*Cdh23<sup>CAST</sup>*). Furthermore, presbycusis appears in  $\beta 2$  null mice under B6.CAST genetic background, and an accelerated age-related loss of SGNs is found in  $\beta 2$  null mice but not in  $\alpha 5$  null mice. Our findings indicate that  $\beta 2$  nAChR subunit plays an important role in the maintenance of SGNs during aging.

## Materials and Methods

**Reverse transcriptase-PCR detection and real-time reverse transcriptase-PCR.** Two microliters of 70  $\mu$ l total RNA extracted from one spiral ganglion were used to measure semiquantitatively the change of each nAChR

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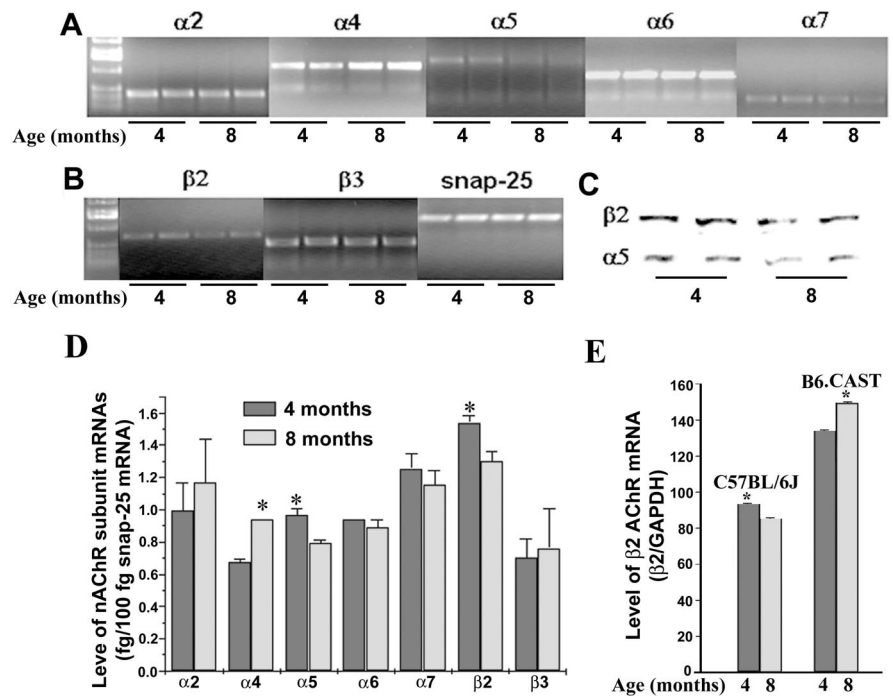
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subunit. PCRs were performed for 35 cycles of 45 s at 94°C, 60 s at 52°C, and 90 s at 72°C in a 25  $\mu$ l reaction mixture containing 1  $\times$  PCR buffer, 100  $\mu$ M dNTPs, 1  $\mu$ M each primer, and 1 U of *Taq* polymerase (Boehringer Mannheim, Indianapolis, IN). Triplicates of each reaction were performed to assess experimental variance. PCR products were separated on 3% NuSeive agarose gel (Flowgen, Wilford, UK), and the intensity of bands of the predicted size were measured by Image Pro Plus (Media Cybernetics, Silver Spring, MD) and normalized to synaptosomal-associated protein of 25 kDa (snap-25) levels, similar to the procedures used in Devay et al. (1999). Samples prepared in parallel without reverse transcriptase (RT) were used as negative controls. Changes in the expression of the  $\beta$ 2 subunit during aging in both C57BL/6J and B6.CAST were examined by real-time RT-PCR methods using an ABI Prism 7700 Sequence Detection system (Applied Biosystems, Foster City, CA). PCR was performed with 20  $\mu$ l of reaction mixture containing 10  $\mu$ l of 2 $\times$  SYBR Green PCR Master Mix (Applied Biosystems), 1  $\mu$ l of DNA template, and a 0.5  $\mu$ M concentration of both forward and reverse primers. The thermal cycling conditions set for the ABI Prism 7700 Sequence Detector were the following: 50°C for 2 min and 95°C for 10 min; then for the next 40 cycles, 95°C for 15 s and 60°C for 1 min. The number of PCR cycles when the fluorescence intensity exceeded a predetermined threshold was measured during PCR. Quantification of the initial amount of template molecules relied on this number of PCR cycles, which is termed the cycle of threshold. The difference in the initial amount of total RNA between the samples was normalized in every assay using a house-keeping gene (glyceraldehyde-3-phosphate dehydrogenase) expression as an internal standard.

**Protein assays.** Similar to our previous work (Bao and Zervos, 1996), total proteins were isolated from SGNs of three cochleas (one each from three mice) at multiple stages of aging. The amount of total protein from each fraction was measured using a Bio-Rad (Hercules, CA) protein assay. Thirty micrograms of total protein were loaded and separated by SDS-PAGE and transferred to polyvinylidene difluoride membrane. Membranes were incubated with antibodies against nAChR subunit  $\alpha$ 5 or  $\beta$ 2 and processed with chemifluorescent reagents (ECL Western blotting detection reagents; Amersham Biosciences, Arlington Heights, IL).

**Tissue preparation and histology.** Hematoxylin and eosin staining: after the mice were killed, the cochleas were dissected, fixed, and decalcified in PBS solution containing 4% paraformaldehyde and 0.25 M EDTA for 2 d. The cochleas were then embedded in 10% gum tragacanth (Sigma, St. Louis, MO) in liquid nitrogen. Eight micrometer mid-modiolar sections were cut. Sections were mounted and stained in Mayer's hematoxylin solution for 15 min. Sections were then rinsed in warm water for 15 min and counterstained in aqueous Eosin Y solution for 30 s. The slide was then dehydrated through 70–100% alcohol and mounted with resinous mounting medium. In every second section, the number of SGN nuclei at the right base region was counted under a 20 $\times$  visual field using a computerized planimetry program of Image Pro Plus (Media Cybernetics). Because all sections were cut in the same orientation, it was possible to evaluate comparable regions across groups. The total number of SGNs was used for comparisons among different age groups by Mann–Whitney tests.

**Auditory brainstem recoding.** Animals were anesthetized (80 mg/kg ketamine, 15 mg/kg xylazine, i.p.) and positioned dorsally in a custom head holder. Core temperature was maintained at 37.5°C using a thermostatically controlled heating pad in conjunction with a rectal probe. Platinum needle electrodes were inserted subcutaneously just behind the



**Figure 1.** Expressions of nAChR subunits in SGNs. Expression of nAChR  $\alpha$ 2,  $\alpha$ 4–7, and  $\beta$ 2–3 subunits in SGNs were detected by RT-PCR, and samples from two mice of each age group (4 and 8 months of age) are shown (**A**). Expression of the neuronal marker snap-25 (internal control) is shown from two mice from each age group (**B**), and  $\alpha$ 5 and  $\beta$ 2 protein products detected by Western blots are also shown from two mice (**C**). Levels of nAChR subunit mRNAs from each age group (6 mice per group) were quantified relative to snap-25 mRNA by RT-PCR (**D**). Expression levels of  $\alpha$ 4,  $\alpha$ 5, and  $\beta$ 2 subunit mRNAs are significantly different between the two age groups (*t* test;  $*p < 0.01$ ). Level of  $\beta$ 2 subunit mRNA was compared further between 4- and 8-month-old groups (4 mice per group) from C57BL/6J and B6.CAST by real-time RT-PCR (**E**). Expression level of  $\beta$ 2 subunit mRNA is significantly different between the two age groups for both C57BL/6J and B6.CAST (*t* test;  $*p < 0.01$ ). Error bars represent mean  $\pm$  SD.

right ear (active), at the vertex (reference), and in the back (ground). Electrodes were led to a Grass P15 differential amplifier and then to a custom broadband amplifier. The signal was digitized at 30 kHz using a Cambridge Electronic Design (Cambridge, UK) micro1401 in conjunction with Signal (Cambridge Electronic Design) and custom signal averaging software operating on a 120 MHz Pentium personal computer (Intel, Santa Clara, CA). Sinewave stimuli generated by a HP3325A oscillator (Hewlett-Packard, Palo Alto, CA) were shaped by a custom electronic switch to 5 ms total duration, including 1 ms rise/fall times. The stimulus was amplified by a Crown D150A power amplifier and output to a KSN1020A piezo ceramic speaker (Motorola, Albuquerque, NM) located 7 cm directly lateral to the right ear, concentric with the external auditory meatus. Stimuli were presented freefield and calibrated using a B&K Components (Buffalo, NY) 4135.25 inch microphone placed where the pinna would normally be. Tone-burst stimuli at each frequency and level were presented 1000 times at 20 per second. Threshold was taken to detect minimum sound pressure level required for a response.

## Results

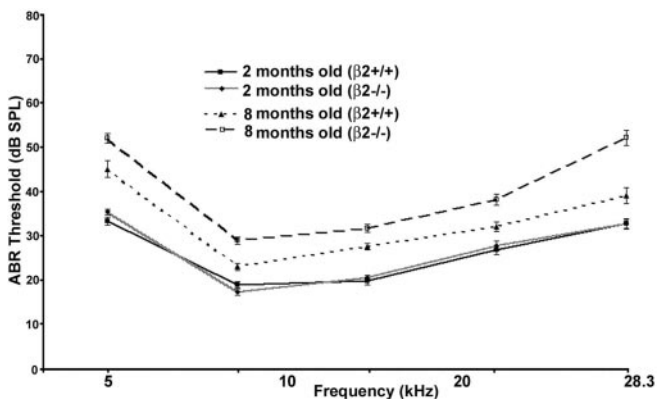
### Changes in the expression level of nAChR subunits in SGNs during aging

We first determined whether there were changes in the expression of nAChR subunits in SGNs during aging. The levels of  $\alpha$ 2–7 and  $\beta$ 2–4 mRNAs were compared in 4- versus 8-month-old C57BL/6J mice. In contrast to other sensory and autonomic ganglia, in which the  $\alpha$ 3 and/or  $\beta$ 4 mRNA are typically the predominant nAChR subunits expressed (Yeh et al., 2001), neither of these subunits was detected in RT-PCR assays of spiral ganglia at either age (data not shown). Instead, SGNs expressed  $\alpha$ 2,  $\alpha$ 4,  $\alpha$ 5,  $\alpha$ 6,  $\alpha$ 7,  $\beta$ 2, and  $\beta$ 3 nAChR mRNAs. Comparisons of spiral ganglia extirpated from 4- versus 8-month-old C57BL/6J mice revealed increased levels of  $\alpha$ 4 nAChR mRNA and significantly

**Table 1. Auditory brainstem response thresholds (sound pressure level in decibels) for  $\alpha 5^{-/-}$ ,  $\beta 2^{-/-}$ , and their age (8 months of age)- and genetic-matched control mice**

	Mouse number	4 kHz	8 kHz	12 kHz	16 kHz	24 kHz
$\alpha 5^{+/+}$	6	21.7	20	21.7	18.3	40
$\alpha 5^{-/-}$	4	25	33.8	27.5	21.3	48.8
$\beta 2^{+/+}$	6	38	47	37	35	55
$\beta 2^{-/-}$	3	>100	>100	>100	100	>100

The genetic background for  $\alpha 5^{-/-}$  mice and their  $\alpha 5^{+/+}$  control is C57BL/6J. The genetic background for  $\beta 2^{-/-}$  mice and their  $\beta 2^{+/+}$  control is on the mixed background of 129/SvEv  $\times$  C57BL/6J.



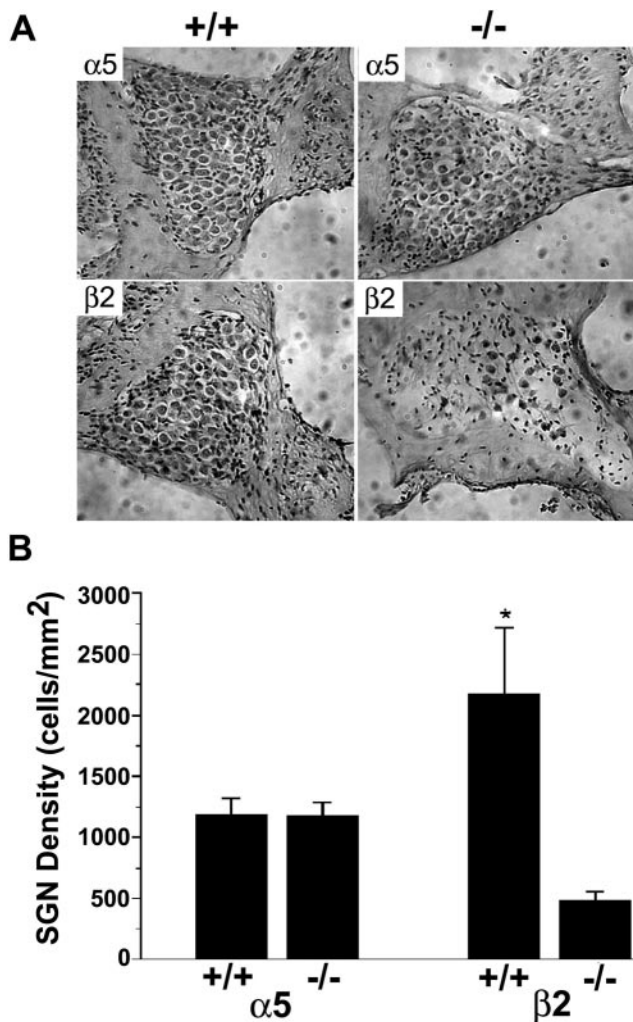
**Figure 2.** Mean  $\pm$  SD auditory brainstem response (ABR) thresholds in young and old B6.CAST mice with or without the  $\beta 2$  subunit. ABR thresholds were measured for 2-month-old  $\beta 2^{+/+}$  (6 male and 6 female) and  $\beta 2^{-/-}$  (4 male and 8 female) mice and also for 8-month-old wild-type AHL allele with  $\beta 2^{+/+}$  (5 male and 5 female) and  $\beta 2^{-/-}$  (8 male and 6 female) mice. Significant differences in 8-month-old mice between  $\beta 2^{+/+}$  and  $\beta 2^{-/-}$  mice were found across all five frequencies tested (two-way ANOVA on ranks with Dunn multiple comparisons;  $p < 0.01$ ).

decreased levels of both  $\alpha 5$  and  $\beta 2$  nAChR mRNAs (Fig. 1A,B) when total neuronal mRNAs were kept constant. Western blot analysis suggested decreased levels of expression for both  $\alpha 5$  and  $\beta 2$  subunit proteins in aged mice (Fig. 1C). Semiquantitative RT-PCR confirmed significant changes in the expression of  $\alpha 4$ ,  $\alpha 5$ , and  $\beta 2$  subunits in SGNs during aging (Fig. 1D).

To test whether age-related decrease of  $\beta 2$  subunit expression is associated specifically with presbycusis, age-related changes in the expression of  $\beta 2$  subunit were compared further between C57BL/6J, which is a susceptible to age-related loss of SGNs, and B6.CAST, a congenic strain of C57BL/6J resistant to presbycusis. By real-time RT-PCR, a significant decrease in the expression level of the  $\beta 2$  subunit in the 8-month-old C57BL/6J mouse group compared with the 4-month-old group was confirmed. In contrast, a statistically significant increase in the expression level of the  $\beta 2$  subunit was found in B6.CAST mice during aging (Fig. 1E). These results suggested a close association of a low  $\beta 2$  level with age-related loss of SGNs.

**Presbycusis in  $\alpha 5^{-/-}$  or  $\beta 2^{-/-}$  mice**

To address whether the downregulation of  $\alpha 5$  and  $\beta 2$  nAChRs in SGNs during aging might be resulting in changes in auditory function, we measured hearing loss in 8-month-old  $\alpha 5^{-/-}$  or  $\beta 2^{-/-}$  mice (Xu et al., 1999; Zoli et al., 1999; Bansal et al., 2000). Assessment of the threshold of auditory brainstem responses to tone stimuli at 4, 8, 12, 16, and 24 kHz revealed significant deficits in  $\beta 2^{-/-}$  mice, whereas  $\alpha 5^{-/-}$  mice appear normal compared with their age- and genetic background-matched controls. Hearing loss in  $\beta 2^{-/-}$  mice was dramatic: the hearing thresholds at



**Figure 3.** Histology of spiral ganglia from  $\alpha 5$  or  $\beta 2$  null mice. The top shows mid-modiolar sections of spiral ganglion from one 8-month-old mouse lacking  $\alpha 5$  (right) and one 8-month-old  $\alpha 5^{+/+}$  control mouse (left) with the same genetic background (A). The bottom consists of mid-modiolar sections of spiral ganglion from one 8-month-old mouse lacking  $\beta 2$  (right) and one 8-month-old  $\beta 2^{+/+}$  control mouse (left) with the same genetic background. Dramatic loss of SGNs can be observed in the section of spiral ganglia from 8-month-old mice lacking the  $\beta 2$  subunit (A). In B, the right basal area of the spiral ganglion and the number of SGNs were quantified in every other section using Image Pro Plus (Media Cybernetics). Each group contains three 8-month-old mice. The density of SGNs in  $\beta 2^{-/-}$  mice was significantly decreased compared with genetic-matched controls ( $*p < 0.01$ ). Error bars represent SEM.

all five frequencies tested were between two and four times higher in  $\beta 2^{-/-}$  mice compared with their age- and genetic background-matched controls (Table 1). To eliminate possible contributions from the  $AHL^{-/-}$  genetic background, we crossed  $\beta 2^{-/-}$  mice into  $AHL$  wild-type allele genetic background (B6.CAST). Hearing thresholds for both B6.CAST and  $\beta 2^{-/-}$  on B6.CAST genetic background were well with normal ranges at 2 months of age (Fig. 2). However, at 8 months of age, hearing was worse for  $\beta 2^{-/-}$  mice. Hearing threshold was also elevated for wild-type B6.CAST but was still much lower than that of C57BL/6J (data not shown). Thus, loss of  $\beta 2^{-/-}$  subunit clearly can accelerate presbycusis independent of the AHL allele.

**Age-related hearing loss in  $\beta 2^{-/-}$  mice is causally related with dramatic loss of SGNs**

To assess whether hearing loss in  $\beta 2^{-/-}$  mice might be causally related to the loss of SGNs, we studied the cell number of SGNs in

8-month-old  $\beta 2^{-/-}$  or  $\alpha 5^{-/-}$  mice. There is a dramatic loss in the number of SGNs in  $\beta 2^{-/-}$  but not  $\alpha 5^{-/-}$  mice at the basal region. Only a few SGNs are left in spiral ganglia from  $\beta 2^{-/-}$  mice (Fig. 3A). We further compared the density of SGNs in  $\beta 2^{-/-}$  or  $\alpha 5^{-/-}$  mice with their age- and genetic background-matched controls (Fig. 3B). There are significantly fewer SGNs in  $\beta 2^{-/-}$  mice but not in  $\alpha 5^{-/-}$  mice. Thus, the hearing loss observed in aged  $\beta 2^{-/-}$  mice appears to derive from  $\beta 2$ -specific aspects of neuronal survival.

## Discussion

Recent studies of neuronal AChRs revealed the possible role of nicotinic receptor subunits in normal aging and age-related neurodegeneration (Berger et al., 1998; Cordero-Erausquin et al., 2000; Ryan et al., 2001; Gotti and Clementi, 2004). Changes in the expression level of some nAChR subunits in aging or age-related neurodegenerative diseases have been found consistently in the CNS (Tohgi et al., 1998; Ferrari et al., 1999; Hellstrom-Lindahl, 2000). However, little is known about possible changes of nAChR subunits in the PNS during aging. The spiral ganglion provides an ideal system to study possible changes of nAChR subunits in the PNS during aging, because the neuronal population is ~93% type 1 neurons and receives lateral olivocochlear cholinergic efferent innervation (Romand and Romand, 1987).

Expression of nAChR subunits in the cochlea has been examined previously in both mouse and rat (Housley et al., 1994; Drescher et al., 1995; Morley et al., 1998). Based on RT-PCR techniques, Drescher et al. (1995) demonstrated cochlear expression of  $\alpha 2$ ,  $\alpha 4-6$ , and  $\beta 2-3$  subunits in mouse cochlea, whereas  $\alpha 3$ ,  $\alpha 7$ , and  $\beta 4$  were not detectable. Using both RT-PCR and *in situ* hybridization methods, Morley et al. (1998) subsequently revealed cochlear presence of nAChR subunits ( $\alpha 5-7$  and  $\beta 2-3$ ) and homogenous expressions of  $\alpha 6$ ,  $\alpha 7$ , and  $\beta 2$  among rat type I SGNs. Our examination of mouse SGNs reveals the expression of  $\alpha 2$ ,  $\alpha 4-7$ , and  $\beta 2-3$  in mouse SGNs consistent with previous studies of mouse cochlea, with the exception of  $\alpha 7$  subunit (Drescher et al., 1995). The difference in the detection of  $\alpha 7$  mRNA could have arisen from a difference in the RT-PCR condition, especially in the annealing temperature of 53–55°C used in the previous study (Drescher et al., 1995) and 65°C used in our study. There are no known studies on possible changes in the expression level of nAChR subunits in SGNs during aging. Our studies provide the first evidence showing age-related changes of  $\alpha 4-5$  and  $\beta 2$  expression level in SGNs.

Several recent studies suggest that, in addition to their traditional role in synaptic transmission, activation of nAChR subunits could protect neurons or lead to neuronal apoptosis (Berger et al., 1998; Pugh and Margiotta, 2000; Tohgi et al., 2000; Garrido et al., 2001). Activation of  $\alpha 7$  subunit, for example, could promote cell survival or induce neuronal apoptosis (Berger et al., 1998; Tohgi et al., 2000; Dajas-Bailador and Wonnacott, 2004). This apparent paradoxical function may depend on the expression level of  $\alpha 7$  subunit and subsequently functional interactions among various signal pathways triggered by activation of  $\alpha 7$  subunit (Berger et al., 1998). Loss of  $\beta 2$  subunit *in vivo* results in extensive age-related neurodegeneration in the CNS (Zoli et al., 1999). Age-related neuronal death in  $\beta 2^{-/-}$  mice could be explained by other factors such as an age-related elevation of stress hormone in these  $\beta 2^{-/-}$  mice. However, we found a decrease in the expression level of  $\beta 2$  subunit correspondent to normal age-related loss of SGNs in C57BL/6J but an increase in B6.CAST mice that is resistant to presbycusis. These data suggest a role of the  $\beta 2$  subunit in age-related loss of SGNs. The specificity of the

$\beta 2$  contribution was demonstrated further by the dramatic age-related loss of SGNs found in the  $\beta 2^{-/-}$  mice but not in  $\alpha 5^{-/-}$  mice. It is unclear how a low level of  $\beta 2$  subunit contributes to age-related loss of SGNs. A close association between neurotrophin-3 (NT-3) expression and survival of SGNs has been demonstrated during development (Farinas et al., 2001). It would be interesting to examine the interplay between low levels of  $\beta 2$  subunit and expression of NT-3 and tyrosine receptor kinase C receptors in SGNs during aging.

In summary, we provide evidence consistent with the hypothesis that the  $\beta 2$  nAChR subunit is required for the maintenance of SGNs during aging. Although previous studies documented changes in the number of nicotine binding sites and/or of subunit gene expression in the CNS with normal aging and specific pathological conditions, a causal relationship between changes in nAChR expression and neuronal degeneration is more difficult to establish (Role and Berg, 1996; Paterson and Nordberg, 2000). The current study, along with previous works, implicates the  $\beta 2$  nAChR subunit in age-related loss of CNS and PNS neurons (Zoli et al., 1999). The prevention of age-related loss of SGNs by targeted restoration of  $\beta 2$  in these neurons should reveal whether the  $\beta 2$  nAChR subunit is both necessary and sufficient for neuronal survival with aging.

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