Brief Communication

The Endogenous Cannabinoid Anandamide and Its Synthetic Analog $R(+)$-Methanandamide Are Intravenously Self-Administered by Squirrel Monkeys

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Received March 10, 2005; revised May 6, 2005; accepted May 7, 2005.

This work was supported by the Intramural Research Program of the National Institute on Drug Abuse, National Institutes of Health, Department of Health and Human Services. We thank Drs. Daniele Piomelli and Alexandros Makriyannis for helpful suggestions and comments while conducting this research.

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DOI:10.1523/JNEUROSCI.0951-05.2005

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Anandamide, an endogenous ligand for brain cannabinoid CB₁ receptors, produces many behavioral effects similar to those of Δ⁹-tetrahydrocannabinol (THC), the main psychoactive ingredient in marijuana. Reinforcing effects of THC have been demonstrated in experimental animals, but there is only indirect evidence that endogenous cannabinoids such as anandamide participate in brain reward processes. We now show that anandamide serves as an effective reinforcer of drug-taking behavior when self-administered intravenously by squirrel monkeys. We also show that methanandamide, a synthetic long-lasting anandamide analog, similarly serves as a reinforcer of drug-taking behavior. Finally, we show that the reinforcing effects of both anandamide and methanandamide are blocked by pretreatment with the cannabinoid CB₁ receptor antagonist rimonabant (SR141716). These findings strongly suggest that release of endogenous cannabinoids is involved in brain reward processes and that activation of cannabinoid CB₁ receptors by anandamide could be part of the signaling of natural rewarding events.

Key words: anandamide; cannabinoids; methanandamide; reinforcing effects; self-administration; squirrel monkey

Introduction

Anandamide, the first identified endogenous ligand for brain cannabinoid receptors (Devane et al., 1992), activates cannabinoid CB₁ receptors in the brain and produces many behavioral effects similar to, but less intense than, those of Δ⁹-tetrahydrocannabinol (THC) (Smith et al., 1994). Compared with THC, anandamide has a different chemical structure, a lower potency at cannabinoid CB₁ receptors, and a much shorter duration of action in vitro and in vivo as a result of rapid two-step inactivation by reuptake into neurons via presumed membrane transporters and subsequent intracellular degradation by fatty acid amide hydrolase (FAAH) (Freund et al., 2003; Piomelli, 2003). Most, but not all, pharmacological effects of THC are effectively inhibited by the CB₁ receptor antagonist rimonabant (Rinaldi-Carmona et al., 1994), and rimonabant precipitates withdrawal signs in experimental animals chronically treated with THC (Ledent et al., 1999; Maldonado and Rodriguez de Fonseca, 2002; Tanda and Goldberg, 2003). In contrast, there are conflicting reports on the ability of rimonabant to inhibit behavioral actions of anandamide in rodents (Adams et al., 1998; Costa et al., 1999) and to precipitate withdrawal signs in rats chronically treated with anandamide (Aceto et al., 1998; Costa et al., 2000). Also, anandamide still produces cannabimimetic effects in cannabinoid CB₁ receptor knock-out mice (Di Marzo et al., 2000b).

Finally, anandamide does not generally produce THC-like responding in monkeys and rats in drug-discrimination studies, although its longer-lasting, metabolically stable, synthetic analogs $R(+)$-methanandamide (methanandamide) (Abadji et al., 1994) and O-1812 [(R)-(2-cyano-16,16-dimethyl docosa-cis-5,8,11,14-tetraenoyl)-1’-hydroxy-2’-propylamine] do show cross-discrimination with low doses of THC in rats (Jarbe et al., 2001; Maldonado and Rodriguez de Fonseca, 2002; Tanda and Goldberg, 2003; Wiley et al., 2004), suggesting that difficulties in demonstrating THC-like behavioral effects of anandamide may be attributable to its rapid inactivation and short duration of action rather than to qualitative differences between anandamide and THC. Most of these observations contribute to expectations that various means of facilitating the actions of endogenous anandamide for therapeutic purposes (Piomelli, 2003, 2004; Di Marzo et al., 2004) would have minimal abuse liability, although there have been no reported attempts to assess reinforcing effects of anandamide directly, with the exception of one negative finding with intraperitoneal anandamide using a conditioned place preference procedure in rats (Mallet and Beninger, 1998).

Although reinforcing effects of THC have been clearly demonstrated in experimental animals (Tanda et al., 2000; Justinova et al., 2003), there is only indirect evidence that endogenous cannabinoids such as anandamide participate in brain reward pro-
cesses (van der Stelt and Di Marzo, 2003). For example, we found recently that anandamide and its longer-lasting, metabolically stable synthetic analog methanandamide increase extracellular dopamine levels in the shell of the nucleus accumbens, a marker of reinforcing effects for most drugs abused by humans (M. Sotinas, Z. Justinova, S. R. Goldberg, and G. Tanda, unpublished observations). Here we directly investigated the reinforcing effects of anandamide and methanandamide using a primate model of human drug abuse previously used successfully with THC (Tanda et al., 2000; Justinova et al., 2003) and other abused drugs (Goldberg, 1973).

Materials and Methods

Subjects. Nine adult male squirrel monkeys (Saimiri sciurea) weighing 0.9–1.1 kg were housed in individual cages in a temperature- and humidity-controlled room with access to water ad libitum. Monkeys were fed (−2 h after the session) a daily food ration consisting of five biscuits of high-protein monkey diet (Lab Diet 5045; PMI Nutrition International, Richmond, IN) and two pieces of Banana Softies (Bio-Serv, Frenchtown, NJ) that maintained their body weights at a constant level throughout the study. Fresh fruits, vegetables, and environmental enrichment were provided daily. Monkeys were maintained in facilities fully accredited by the Association for Assessment and Accreditation of Laboratory Animal Care, and experiments were conducted in accordance with guidelines of the Institutional Care and Use Committee of the Intramural Research Program, National Institute on Drug Abuse, National Institutes of Health, and Guidelines for the Care and Use of Mammals in Neuroscience and Behavioral Research (National Research Council, 2003).

A group of six monkeys was used for experiments with anandamide self-administration: two monkeys were experimentally naive, three had a history of THC self-administration, and one had a history of methohexital (Table 1). With monkeys 1574, 1568, and 6754, a history of THC self-administration, and one had a history of methohexital, using a primate model of human drug abuse previously used successfully with THC (Tanda et al., 2000; Justinova et al., 2003). Four monkeys (66B2, 1568, 6754, and 1574). Afterward, we studied the effects of 5 d presession treatment with 0.03 and 0.1 mg/kg rimonabant or its vehicle (given intramuscularly, 60 min before session) on self-administration of the 40 μg/kg dose of anandamide and the effects of 0.1 mg/kg rimonabant on self-administration of the 40 μg/kg dose of methanandamide. Monkeys were injected with vehicle or rimonabant in the chair and were then returned to their home cage.

In the control group of monkeys responding for 30 μg/kg injections of cocaine, self-administration behavior was extinguished by replacing anandamide with its vehicle for five consecutive sessions, followed by replacement of vehicle with 40 μg/kg injections of anandamide for an additional five sessions. Next, an anandamide dose–effect curve was constructed by giving monkeys the opportunity to self-administer a range of anandamide doses (2.5, 10, 20, 40, 80, and 160 μg/kg per injection). Each anandamide dose was studied for five consecutive sessions, and each dose condition was separated by five consecutive sessions of vehicle extinction. This was followed by determination of a dose–effect curve for methanandamide (doses ranged from 2.5 to 80 μg/kg per injection) in four monkeys (66B2, 1568, 6754, and 1574). Afterward, we studied the effects of 5 d presession treatment with 0.03 and 0.1 mg/kg rimonabant or its vehicle (given intramuscularly, 60 min before session) on self-administration of the 40 μg/kg dose of anandamide and the effects of 0.1 mg/kg rimonabant on self-administration of the 40 μg/kg dose of methanandamide. Monkeys were injected with vehicle or rimonabant in the chair and were then returned to their home cage.

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A group of six monkeys was used for experiments with anandamide self-administration: two monkeys were experimentally naive, three had a history of THC self-administration, and one had a history of methohexital (Table 1). With monkeys 1574, 1568, 6754, and 6774, daily self-administration sessions at an anandamide dose of 40 μg/kg per injection were started after any previous drug-taking behavior was extinguished during 5–10 sessions of saline substitution under the 10-response, fixed-ratio (FR10) schedule of intravenous drug injection. One experimentally and drug naive monkey (70F4) was first trained to respond under the present schedule conditions (Goldberg, 1973). When responding for 40 μg/kg injections of anandamide was stable for at least five consecutive sessions (<15% variability), self-administration behavior was extinguished by replacing anandamide with its vehicle for five consecutive sessions, followed by replacement of vehicle with 40 μg/kg injections of anandamide for an additional five sessions. Next, an anandamide dose–effect curve was constructed by giving monkeys the opportunity to self-administer a range of anandamide doses (2.5, 10, 20, 40, 80, and 160 μg/kg per injection). Each anandamide dose was studied for five consecutive sessions, and each dose condition was separated by five consecutive sessions of vehicle extinction. This was followed by determination of a dose–effect curve for methanandamide (doses ranged from 2.5 to 80 μg/kg per injection) in four monkeys (66B2, 1568, 6754, and 1574). Afterward, we studied the effects of 5 d presession treatment with 0.03 and 0.1 mg/kg rimonabant or its vehicle (given intramuscularly, 60 min before session) on self-administration of the 40 μg/kg dose of anandamide and the effects of 0.1 mg/kg rimonabant on self-administration of the 40 μg/kg dose of methanandamide. Monkeys were injected with vehicle or rimonabant in the chair and were then returned to their home cage.

Table 1. Reinforcing effects of anandamide in individual monkeys

<table>
<thead>
<tr>
<th>Monkey</th>
<th>Self-administration history</th>
<th>Vehicle</th>
<th>Anandamide, 40 μg/kg per injection</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Injections per session</td>
<td>Responses per second</td>
</tr>
<tr>
<td>70F4</td>
<td>None</td>
<td>3.00 ± 1.15</td>
<td>0.01 ± 0.01</td>
</tr>
<tr>
<td>66B2*</td>
<td>None</td>
<td>4.67 ± 1.76</td>
<td>0.02 ± 0.01</td>
</tr>
<tr>
<td>6754</td>
<td>THC</td>
<td>8.33 ± 3.33</td>
<td>0.03 ± 0.01</td>
</tr>
<tr>
<td>1568</td>
<td>THC</td>
<td>11.00 ± 5.86</td>
<td>0.05 ± 0.03</td>
</tr>
<tr>
<td>6774</td>
<td>THC</td>
<td>4.00 ± 1.00</td>
<td>0.02 ± 0.00</td>
</tr>
<tr>
<td>1574</td>
<td>Methohexitol</td>
<td>5.33 ± 1.45</td>
<td>0.02 ± 0.01</td>
</tr>
<tr>
<td>Mean ± SEM</td>
<td></td>
<td>6.06 ± 1.23</td>
<td>0.02 ± 0.01</td>
</tr>
</tbody>
</table>

*The values are calculated as mean ± SEM of the last three of five sessions under each condition.

*Monkey initially learned to self-administer anandamide but, after acquisition and subsequent extinction, was used only for methanandamide experiments.

Drug. Anandamide (N-arachidonylethanolamide) was purchased from Tocris Cookson (Ellisville, MI) and was dissolved in a water-soluble emulsion [Tocrisolve; soy oil/water (1:4) emulsion] or in a vehicle containing 0.25–4% ethanol, 0.25–4% Tween 80, and salin. R(+)-Methanandamide (AM356; R(+)-arachidonyl-1'-hydroxy-2'-propylamid) was purchased from Sigma (St. Louis, MO) and was dissolved in a vehicle containing 0.125–4% ethanol, 0.125–4% Tween 80, and saline. (−)-Cocaine HCl was purchased from Sigma and was dissolved in saline. Rimoban (SR141716; N-piperidino-5-(4-chlorophenyl)-1-(2,4-dichlorophenyl)-4-methylpyrazole-3-carboxamide) was provided by the National Institute on Drug Abuse, National Institutes of Health (Rockville, MD) and was dissolved in a vehicle of 2% ethanol, 2% Tween 80, and saline.

Data analysis. Cumulative-response records were obtained during all sessions to assess within-session patterns of responding (see Fig. 3d–f). Abscissas represent time, and ordinates represent cumulative lever-pressing responses. Short diagonal marks on the cumulative records indicate drug injections. After each injection, there was a timeout period, during which the recorder did not operate. Pairs of diagonal hash marks
represent deleted segments of the records, during which no responding occurred. Rates of responding during self-administration sessions are expressed as responses per second averaged over the 1 h session, with responding during timeouts not included in calculations. Injections per session represent total number of injections delivered per session. Data for dose–effect curves are expressed as mean response rates and numbers of injections per session ± SEM over the last three sessions. In addition, total intake of anandamide or methanandamide each session was calculated. Effects of pretreatment with rimonabant on drug self-administration are expressed as mean ± SEM of total numbers of injections per session as a function of consecutive daily self-administration sessions. For statistical evaluation of effects of rimonabant or vehicle extinction over consecutive sessions, the last session of vehicle pretreatment was always used as a control value to allow comparisons with subsequent sessions during pretreatment or extinction. Statistical analysis (SigmaStat program; Jandel Scientific, San Rafael, CA) was done using single-factor repeated-measures ANOVA to assess differences between vehicle and test-drug pretreatment conditions or between different doses of anandamide or methanandamide and vehicle. Significant main effects were analyzed further by subsequent paired comparisons to control values using Dunnett’s test. Differences were considered statistically significant when \( p < 0.05 \).

**Results**

**Acquisition, extinction, and reacquisition of anandamide self-administration**

The monkeys learned to rapidly and repeatedly press a lever for intravenous injections of 40 \( \mu g/kg \) anandamide (FR10 schedule) during 1 h daily sessions. By the end of the first week, all monkeys were consistently self-administering anandamide (16–53 injections per session depending on the individual monkey). However, another 2–9 weeks were required for acquisition of stable levels and characteristic “pause and run” patterns of FR lever-press responding under the final schedule conditions. In all of the monkeys, after acquisition, injections of 40 \( \mu g/kg \) anandamide maintained comparable high response rates (mean of 0.76 ± 0.12 response per second) and high numbers of self-administered injections each session (47.00 ± 1.33 injections per session) (Table 1). When vehicle injections were substituted for anandamide injections, rates of responding (\( F_{(5,20)} = 7.69; p < 0.001 \)), as well as number of injections self-administered per session (\( F_{(5,20)} = 43.58; p < 0.001 \)), decreased dramatically (Fig. 1). When vehicle injections were replaced with 40 \( \mu g/kg \) injections of anandamide, self-administration behavior immediately recovered (\( F_{(5,20)} = 94.45; p < 0.001 \)) (Fig. 1). The control group of monkeys responding for cocaine showed similar decreases in self-administration behavior when cocaine injections were replaced with vehicle injections (Fig. 1).

**Self-administration of anandamide and methanandamide**

Varying the injection dose of anandamide resulted in classic, inverted, U-shaped, dose–effect curves (Fig. 2a,c,e). Anandamide maintained significantly higher rates of responding (\( F_{(6,24)} = 11.93; p < 0.001 \)) and higher numbers of injections per session (\( F_{(6,24)} = 16.26; p < 0.001 \)) than vehicle, with maximal responding (0.83 ± 0.09 response per second) and nearly the maximal possible number of injections per session (48.90 ± 0.96 injections per session) maintained by 40 \( \mu g/kg \) anandamide per injection.

Like anandamide, methanandamide maintained high rates and characteristic FR patterns of responding. When vehicle injections were substituted for methanandamide injections, rates of responding (\( F_{(5,10)} = 13.94; p < 0.001 \)), as well as number of injections self-administered per session (\( F_{(5,10)} = 10.16; p < 0.001 \)), decreased dramatically (data not shown). Again, after varying the injection dose of methanandamide, inverted U-shaped dose–effect curves were found (Fig. 2b,d,f). Methanandamide maintained significantly higher rates of responding (\( F_{(5,15)} = 3.99; p = 0.017 \)) and higher numbers of self-administered injections per session (\( F_{(5,15)} = 13.94; p < 0.001 \)) than vehicle at doses of 10, 20, and 40 \( \mu g/kg \) per injection, with maximal rates of responding occurring 0.71 ± 0.22 response per second and with a mean of 44.75 ± 3.21 injections per session at a dose of 40 \( \mu g/kg \) per injection.

**Effects of cannabinoid CB1 receptor blockade on self-administration of anandamide, methanandamide, and cocaine**

A low dose 0.03 mg/kg rimonabant did not produce significant changes in self-administration behavior for 40 \( \mu g/kg \) anandamide (injections, \( F_{(5,15)} = 0.84; p = 0.545 \); rates of responding, \( F_{(5,15)} = 1.20; p = 0.357 \)). A rimonabant dose of 0.1 mg/kg significantly decreased the number of self-administered injections of 40 \( \mu g/kg \) anandamide (\( F_{(5,15)} = 11.51; p < 0.001 \)) (Fig. 3a) or methanandamide (\( F_{(5,15)} = 8.31; p < 0.001 \)) (Fig. 3b) and rates of responding for anandamide (\( F_{(5,15)} = 20.57; p < 0.001 \)) and methanandamide (\( F_{(5,15)} = 8.01; p < 0.001 \)). Although self-administration behavior was significantly reduced by pretreatment with rimonabant, it remained slightly above vehicle substitution levels. In contrast, control monkeys responding for
cocaine injections showed no significant effect when treated with the 0.1 mg/kg dose of rimonabant ($F_{(3,10)} = 1.10; p = 0.420$) (Fig. 3c), suggesting that the effects of rimonabant were not attributable to nonspecific depressant effects on behavior.

**Discussion**

The present experiments yielded three main findings. First, anandamide, like THC, cocaine and other abused drugs, serves as an effective reinforcer of drug-taking behavior when self-administered intravenously in squirrel monkeys. Rates of responding maintained by anandamide were comparable with those maintained under the same conditions for cocaine in a control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does 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depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depressing behavior. Second, methanandamide self-administration behavior was virtually identical to that maintained by anandamide, over the same range of injection doses, and intake of methanandamide and anandamide per session was similar despite their marked pharmacokinetic differences. Previous reported differences in behavioral effects of anandamide and methanandamide were found in tasks requiring relatively long-lasting effects over a session, such as discriminative-stimulus effects, disruption of learning, and inhibition of locomotion (Romero et al., 1996; Jarbe et al., 2001). Under those conditions, the brief half-life of anandamide could prevent measurement of significant effects. Conversely, a short duration of effects favors demonstration of a high frequency of self-administered injections under FR10 self-administration procedures (Ko et al., 2002). In addition, previous marked differences between behavioral effects of anandamide and those of its synthetic analogs methanandamide and O-1812 were found using the intraperitoneal route of administration (Romero et al., 1996; Jarbe et al., 2001; Wiley et al., 2004), whereas in this study, anandamide was delivered intravenously. It is possible that decreased hepatic first-pass metabolism with the intravenous route of administration greatly increased effects of anandamide but not methanandamide, which is resistant to metabolic inactivation by FAAH. This is supported by our recent findings that intravenous injections of anandamide and methanandamide activate dopaminergic neurotransmission in the nucleus accumbens, as measured by extracellular dopamine levels, with similar peak intensity but with different durations of action (Solinas, Justinova, Goldberg, and Tanda, unpublished observations).

Third, the reinforcing effects of both anandamide and methanandamide in squirrel monkeys appear to be mediated by cannabinoid CB1 receptors, because presession treatment with rimonabant dramatically decreased self-administration behavior of both cannabinoids. Rimonabant has been shown previously to block the reinforcing effects of THC (Tanda et al., 2000). It is unlikely that the effects of rimonabant were attributable to nonspecific depressant effects on behavior because rimonabant did not affect responding for a highly reinforcing dose of cocaine in the control group of monkeys and does not depress responding for food under similar conditions (our unpublished observations). These results highlight the fact that, although some of the effect’s of anandamide have been attributed to other receptors, such as vanilloid VR1 receptors (Zygmunth et al., 1999) or uncharacterized new non-CB1, non-CB2, cannabinoid receptors (Breivogel et al., 2001; Hajos et al., 2001; Di Marzo et al., 2002; Pertwee, 2004), its reinforcing effects appear to be mediated mainly by cannabinoid CB1 receptors.

Of the many brain neurotransmitters, only a few have been clearly demonstrated to play direct roles in reward processes. Among the endogenous neurotransmitters, dopamine and endogenous opioids are the most clearly involved (Koob and Le Moal, 2001; Wise, 2004). The present findings provide compelling evidence for an important role of endogenous cannabinoids in brain reward processes. Previous studies have shown that cannabinoid CB1 receptor antagonists such as rimonabant can alter the reinforcing effects of abused drugs and food (Solinas et al., 2003; Solinas and Goldberg, 2005). Similar results have been found when cannabinoid CB1 receptors were genetically ablated (Ledent et al., 1999; Sanchis-Segura et al., 2004). Also, chronic treatment with abused drugs leads to changes in brain levels of endogenous cannabinoids in areas involved in motivational and reward processes (Di Marzo et al., 2000a; Gonzalez et al., 2002), and acute administration of a dopamine D2 receptor agonist increases extracellular levels of anandamide in the striatum (Giufrida et al., 1999), suggesting that abused drugs do, indeed, release endocannabinoids, either directly or indirectly through release of...
dopamine. Our finding that anandamide is actively self-administered by squirrel monkeys provides the first direct evidence for activation of brain reward processes by an exogenously administered endogenous cannabinoid and suggests that release of anandamide in the brain could be part of the signaling of natural rewarding events.

The present finding that anandamide is an effective reinforcer of intravenous self-administration behavior in an animal model of human drug abuse suggests that medications that promote the actions of endogenously released cannabinoids could also activate brain reward processes and have the potential for abuse. This might be the case with medications that promote the actions of both anandamide and the more widely distributed endocannabinoid 2-arachidonylglycerol (2-AG) throughout the brain, e.g., by inhibiting their membrane transporter (Piomelli, 2003), resulting in widespread activation of cannabinoid CB receptors. However, it is believed that FAAH inhibitors promote the gradual accumulation of anandamide and augment CB signaling only in select brain areas in which FAAH-positive cell bodies are juxtaposed to axon terminals that contain CB receptors (Piomelli, 2003; Di Marzo et al., 2004). Thus, FAAH inhibitors, which do not affect inactivation of 2-AG, would not necessarily be self-administered in a manner similar to our findings with rapid systemic injection of exogenous anandamide. Because there are no published reports on reinforcing effects of inhibitors of endocannabinoid transport or FAAH inhibitors, their abuse potential remains to be resolved. Intravenous self-administration of anandamide by squirrel monkeys provides a novel procedure for studying the potential abuse liability of medications that activate endogenous cannabinoid systems and for investigating mechanisms involved in the reinforcing effects of endocannabinoids.

References

Figure 3. Effects of rimonabant on responding maintained by anandamide (a), methanandamide (b), or cocaine (c) injections over consecutive sessions. Numbers of injections per session after intramuscular pretreatment with vehicle (sessions 1–3 and 9–11) or 0.03 or 0.1 mg/kg (sessions 4–8) rimonabant are shown in the left column. Each point represents the mean±SEM from four (a, b) or three (c) monkeys over the last three sessions. **p<0.01, *post hoc* comparisons with the last session before pretreatment with rimonabant. Representative cumulative response records (for details, see Materials and Methods) from the last anandamide (d), methanandamide (e), or cocaine (f) self-administration session with vehicle (session 3) or 0.1 mg/kg rimonabant pretreatment (session 8) are shown in the right column.
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