

# Anorexigenic Hormones Leptin, Insulin, and $\alpha$ -Melanocyte-Stimulating Hormone Directly Induce Neurotensin (NT) Gene Expression in Novel NT-Expressing Cell Models

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Neurotensin (NT) is implicated in the regulation of energy homeostasis, in addition to its many described physiological functions. NT is postulated to mediate, in part, the effects of leptin in the hypothalamus. We generated clonal, immortalized hypothalamic cell lines, N-39 and N-36/1, which are the first representative NT-expressing cell models available for the investigation of NT gene regulation and control mechanisms. The cell lines express the Ob-R<sub>b</sub> leptin receptor, neuropeptide Y (NPY)-Y1, Y2, Y4, Y5 receptors, melanocortin 4 receptor, insulin receptor, and the NT receptor. NT mRNA levels are induced by ~1.5-fold to twofold with leptin, insulin, and  $\alpha$ -melanocyte stimulating hormone treatments but not by NPY. Leptin-mediated induction of NT gene expression was biphasic at  $10^{-11}$  and  $10^{-7}$  M. The leptin responsive region was localized to within –381 to –250 bp of the 5' regulatory region of the NT gene. Furthermore, we demonstrated direct leptin-mediated signal transducers and activators of transcription (STAT) binding to this region at  $10^{-11}$  M, but not  $10^{-7}$  M leptin, in chromatin precipitation assays. Leptin-induced NT regulation was attenuated by dominant-negative STAT3 protein expression. These data support the hypothesis that NT may have a direct role in the neuroendocrine control of feeding and energy homeostasis.

**Key words:** neurotensin; hypothalamic neurons; leptin;  $\alpha$ -MSH; insulin; transcription

## Introduction

Neurotensin (NT), originally isolated from the bovine hypothalamus (Carraway and Leeman, 1973), is widely distributed throughout the CNS and digestive tract (Carraway and Leeman, 1975). In the CNS, NT controls a number of physiological processes including feeding suppression, regulation of the circadian pacemaker, anti-psychotic-like action, anti-pain, regulation of body temperature, secretory stimulation of hypothalamic releasing hormones and anterior pituitary hormones, and neuro-modulation of dopamine neurotransmission (Rostene and Alexander, 1997; Dobner et al., 2001; Meyer-Spasche et al., 2002; Remaury et al., 2002). The effects of NT are mediated by NT receptor 1 (NTR1) and NTR2 (Tyler-McMahon et al., 2000), whereas NTR3 is sortilin, a novel lysosomal sorting receptor (Mazella et al., 1998).

NT is also found within neurons of the hypothalamus, a region of the brain known to control feeding. Leptin is mainly secreted by adipocytes (Zhang et al., 1994), and circulating leptin acts on the hypothalamus to reduce food intake and increase energy expenditure (Schwartz et al., 1999). The two main

feeding-related neurons, proopiomelanocortin (POMC) and neuropeptide Y (NPY) neurons, are directly regulated by leptin in an opposing manner (Baskin et al., 1999a; Elias et al., 1999). Other potential targets of direct leptin signaling include galanin-expressing neurons, melanin-concentrating hormone-expressing neurons, thyrotropin-releasing hormone (TRH)-expressing neurons, and NT-expressing neurons (Sahu, 1998; Harris et al., 2001). NT neurons are responsive to leptin (Sahu, 1998; Elias et al., 2000; Richy et al., 2000). Evidence from *in vivo* studies in rats indicate that NT may modulate the central effects of leptin on feeding behavior (Beck et al., 1998; Sahu et al., 2001). Leptin receptors belong to the cytokine receptor superfamily (Tartaglia et al., 1995), and the active, long form (ObR<sub>b</sub>) is highly expressed within the hypothalamus (Lee et al., 1996). The ObR<sub>b</sub> is thought to mediate the effects of leptin through the Janus kinase (JAK)-signal transducers and activators of transcription (STAT) pathway (Ghilardi et al., 1996). However, the direct action of leptin in hypothalamic NT neurons and the concomitant signaling cascades involved are not yet defined. Additionally, no reports on the connection between insulin or  $\alpha$ -MSH signaling on the activation of NT neurons or NT gene expression are yet available.

Previous cell models have been used to study hormonal control of NT gene activation, such as PC12 pheochromocytoma cells (Harrison et al., 1995) and SK-N-SH neuroblastoma cells (Watters and Dorsa, 1998); however, these cell types are not likely representative of endogenous hypothalamic NT-expressing neurons, particularly those involved in feeding control (Beck et al., 1998; Sahu et al., 2001). To create a more appropriate model, we

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generated novel, clonal, hypothalamic neuronal cell models (Belsham et al., 2004). These cell lines express specific neuronal markers, including NT, and respond to an array of hormones resulting from the expression of functional receptor proteins. We analyzed hormonal responses within these NT cell lines and defined the molecular mechanisms involved in leptin-mediated regulation of NT gene expression. These cell models provide a novel tool to understand the direct control of NT neurons by hormones and neuromodulators involved in the regulation of feeding and energy homeostasis. In addition, the cell lines will allow analysis of endogenous leptin, insulin, and melanocortin-4 (MC4) receptor (MC4R) activation and signaling in representative hypothalamic neurons.

## Materials and Methods

**Cell immortalization and subcloning.** The cell lines were generated using the method described previously (Belsham et al., 2004). Briefly, hypothalamii were harvested and dissected from mice at embryonic day 15 (E15), E17, and E18. The dissociated cell culture was then plated on culture dishes containing primary culture medium [DMEM, 10% heat-inactivated defined fetal bovine serum (FBS), 10% heat-inactivated defined horse serum, 1% penicillin-streptomycin, and 20 mM D-glucose; Invitrogen, Carlsbad, CA]. Cells were infected with retrovirus containing the intact cDNA sequence for simian virus (SV40) large T antigen and neomycin resistance gene, harvested from confluent culture of  $\psi$ 2 cells [psitex cells (Brown et al., 1986)] producing a replication-defective, recombinant murine retrovirus. After 48 h in culture medium with the retrovirus, the cells were incubated with medium containing geneticin (G418) with a selective concentration (400–600  $\mu$ g/ml for initial selection; 250  $\mu$ g/ml for cell maintenance). Mixed populations of hypothalamic cells were further subcloned by successive dilution of the trypsinized cell populations into 96-well plates. The optimal dilution allowed only one or two cells per well. Cell colonies were allowed to grow and then successively split into 24-well plates and then finally into 60 mm plates. Each cell line was purified three to four times. The NT-expressing cell lines were named N-36/1 and N-39.

**Cell culture and treatment.** Immortalized cell lines were grown in DMEM supplemented with 10% FBS (Invitrogen), 20 mM glucose, and penicillin/streptomycin and maintained at 37°C with 5% CO<sub>2</sub>. N-36/1 or N-39 cells were grown overnight to 80–90% confluency, and the medium was replaced with serum-free DMEM 12–16 h before the beginning of the experiments. Cells were treated with leptin (Sigma-Aldrich, St. Louis, MO), NPY,  $\alpha$ -MSH (America Peptide, Sunnyvale, CA), and insulin (DB Biosciences, Mississauga, ON) for 4 or 8 h. Vehicle-treated plates were used as a control at each time point indicated.

**Reverse transcriptase-PCR.** Total RNA from N-36/1 or N-39 cells was isolated by the guanidinium thiocyanate phenol chloroform extraction method (Chomczynski and Sacchi, 1987). First-strand cDNA was synthesized from 1 to 10  $\mu$ g of deoxyribonuclease I-treated RNA using SuperScript reverse transcriptase (RT) and random primers (Invitrogen) as described in the Superscript cDNA Synthesis kit (Invitrogen). The specificity of each amplification reaction was monitored in control reactions, in which amplification was performed on samples in which the RT was omitted (RT–). cDNA synthesis was followed by RNase H (180 U/ml; Invitrogen) digestion of RNA in a total volume of 20  $\mu$ l. PCR amplifications were performed with 1.25 U of *Red Taq* polymerase (Sigma) in a 50  $\mu$ l reaction for 40 cycles (1 min at 94°C, annealing temperature, and 1 min at 72°C). Whenever possible, primers were designed from the mouse sequences in GenBank to span introns. The primers used for RT-PCR are listed in Table 1. These products were separated by 1.2% agarose gel electrophoresis, stained with 1  $\mu$ g/ml ethidium bromide, and visualized under UV light. Identity was confirmed by sequencing (ACGT, Toronto, Ontario, Canada). All primers were made by ACGT.

**Immunocytochemistry.** The cells were cultured in glass slides to 60% confluency. The cultured cells were rinsed briefly in PBS, fixed with acetone:ethanol (1:1) for 10 min at 4°C, permeabilized with 0.3% Triton X-100 in PBS for 10 min, and treated with 5% normal goat serum that

**Table 1. RT-PCR primer sequences**

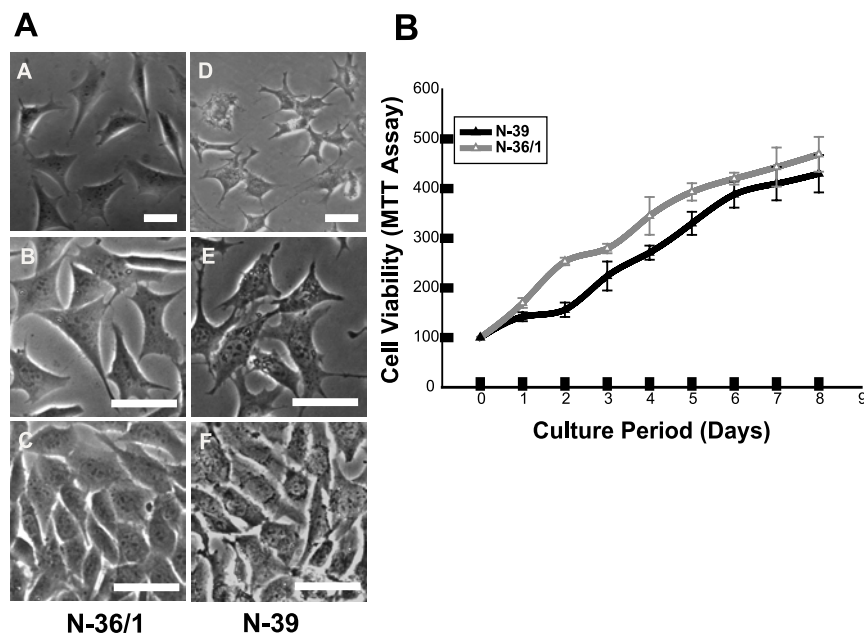
Gene	Primer sequence	Annealing temperature (°C)	Product size (bp)
NSE	S: CTGATGCTGGAGTTGGATG AS: CTTCGCTGTTCTCCAGGATAT	60	391
T-Ag	S: AGAGGAATCTTTGCAGCTAA AS: CTAACACAGCATGACTCAA	60	433
NT	S: ATAGGAATGAACCTTCAGCTG AS: GTAGGAGGCCCTCTTGTAGTAT	60	498
GFAP	S: CTGAGGCTGGAGGAGAGAAC AS: CCTGTAGTGGCGATCTCGAT	57	621
ObR <sub>b</sub>	S: ATGACCGAGTGTACTGCTG AS: GTGGCGAGTCAAGTGAACCT	60	356
MC4R	S: GGAAGATGAATCCACCCACC AS: GACGATGGTTTCCGACCCATT	56	313
InsR	S: GTGATACAGAGCATAGGAG AS: CTGTCGGAACCTGATGAC	60	480
NTR1	S: TGTTCAACTTCATCTGGGTGC AS: ACGGTCAGTTTGTGGCTA	55	426
NPY-Y1	S: CTCTGGTTCTCATCGCTGTGGAACG AS: ATTCGTTTGGTCTCACTGGACCTGT	60	392
NPY-Y2	S: AAATGGCCCGGGGAGGAGAAGAG AS: GTAGTGGTCACTTGCAGCTCCAGG	60	157
NPY-Y4	S: GACTTGCTACCCATCCTCAT AS: ATCACCACCGTCTCATCTA	60	492
NPY-Y5	S: GGGCTCTATACATTCGTAAGTCTTCTGGC AS: CATGGCTTGGCAACATCCTCATGATC	60	203

served as a blocking agent for nonspecific binding for 1 h. Endogenous peroxidase activity was quenched by pretreatment with 0.3% hydrogen peroxide in PBS. Cells were then washed in PBS incubated at 4°C overnight with antibodies to neurofilament (NF) (1:200; Neomarkers, Fremont, CA) and NT (1:500; Immunostar, Hudson, WI). Cells were washed and incubated with biotinylated secondary antibody (Vector Laboratories, Burlingame, CA) for 60 min, washed again, and incubated with the avidin biotin-peroxidase complex (Vector Laboratories) for an additional 60 min. After final washing, the immunoreactive proteins were visualized with the addition of 3,3'-diaminobenzidine (Sigma) for 2–10 min. Cells were counterstained with hematoxylin, dehydrated in graded ethanol, and cleared, and coverslips were applied.

**Cell proliferation assay.** The N-36/1 or N-39 cells ( $6 \times 10^4/\text{cm}^2$ ) were cultured in a 24-well plastic culture plate in the DMEM supplemented with 10% FBS at 37°C with 5% CO<sub>2</sub>. At the indicated time points, the number of viable cells was assessed by the bioreduction of an MTT tetrazolium salt. The resulting blue formazan crystals were solubilized with dimethyl sulfoxide and quantified spectrophotometrically at 540 nm.

**Northern blot analysis.** Northern blot analysis was performed as described previously (Belsham et al., 1996). Total RNA was isolated as described above. Ten micrograms of total RNA were size fractionated in 1% agarose-formaldehyde gels and transferred to GeneScreen membranes (NEN, Boston, MA) by capillary blotting (Maniatis et al., 1982). The filters were hybridized with mouse NT cDNA. Hybridization with mouse  $\gamma$ -actin cDNA was used to control for variations in gel loading and transfer efficiency. NT and  $\gamma$ -actin cDNA probes were generated by RT-PCR. Prehybridization for 6–8 h and hybridization for 16 h were conducted in a 25% formamide hybridization buffer [1% BSA (w/v), 1 mM EDTA, 0.5 M Na<sub>2</sub>HPO<sub>4</sub>, 5% SDS (w/v), and 25% formamide] at 55°C. The cDNA probes were labeled using random hexamers and  $\alpha$ -[<sup>32</sup>P]deoxy-CTP (6000 Ci/mmol; NEN) incorporated with the Klenow fragment of DNA polymerase I. Blots were washed at high stringency (55°C; 0.5× SSC, 0.1% SDS) and exposed to Kodak film (Fisher Scientific, Nepean, Ontario, Canada) at –70°C with intensifying screens for 4–48 h. Autoradiographs were scanned with an Epson 1260 Scanner (Epson, Long Beach, CA), and mRNA signals of NT and  $\gamma$ -actin were quantified by densitometry using the NIH Image program.

**Quantitative RT-PCR.** Total RNA was isolated, and reverse transcription was performed as described above. Quantitative real-time RT-PCR



**Figure 1.** Morphology and growth characteristics of the two NT-expressing cell models N-36/1 and N-39. **A**, Phase-contrast micrographs of the immortalized mouse N-36/1 and N-39 neurons. **A, B, D, E**, Cells were cultured for 1 d after ~30 passages on plastic tissue culture plates in DMEM with 10% FBS. **C, F**, Cells were cultured for 3 d in DMEM with 10% FBS. Scale bar, 50  $\mu$ m. **B**, Cell growth curves of N-36/1 and N-39 neurons. Cells were plated on 24-well plates at a density of  $5 \times 10^4$  cells/well in 1 ml of DMEM with 10% FBS. The medium was changed every 2 d. After attachment to the plate (4 h), the cells were counted by MTT assay as a control. At the indicated time points, the number of viable cells was assessed by MTT assay and expressed as a percentage relative to the control value. Data are expressed as mean  $\pm$  SEM ( $n = 3$ ).

was performed as described in the SYBR Green PCR Master Mix and PCR Protocol (Applied Biosystems, Foster City, CA). Briefly, cDNA was synthesized from 2.5  $\mu$ g of total RNA in a total volume of 10  $\mu$ l, and 1  $\mu$ l of cDNA as a template was amplified with SYBR Green Master Mix (Applied Biosystems) and 300 nm primers in a 25 ml reaction for 40 cycles (15 s at 95°C; 1 min at 60°C). The sequences of the primers for each gene are as follows: actin-SYBR-F, 5'-CTTCCCCACGCCATCTTG-3' (forward), actin-SYBR-R, 5'-CCCGTTCAGTCAGGATCTTCAT-3' (reverse); and NT-SYBR-436, 5'-GGCCTTCAACACTGGGAGAT-3' (forward), NT-SYBR-588, 5'-CTCTTGAGAATGTAGGGCCTTCTG-3' (reverse). All primers were designed using Primer Express software (Applied Biosystems) and synthesized by ACGT. Data were represented as  $C_t$  values, defined as the threshold cycle of PCR at which amplified product was first detected, and analyzed using ABI Prism 7000 SDS software package (Applied Biosystems). The copy number of amplified NT gene standardized to  $\gamma$ -actin using the  $\delta$ - $C_t$  method (ABI Prism 7700 Users Bulletin). The final fold differences in expression were relative to the corresponding treatment or vehicle treatment.

**Plasmids and transient transfections.** The full-length mouse NT 5' flanking gene plasmid was generated by PCR using the following primers on mouse genomic DNA: sense (−1523) 5'-CAGGCTTGCCAGTC-AACCATC-3', antisense (+173) 5'-AGACTCCAGGAGCTGAAAGCC-3'. The PCR product was directly cloned into pDrive Cloning Vector (Qiagen, Valencia, CA). The deletion constructs were prepared by digestion with *Hind*III, which cut at nucleotide +173 within the 5' untranslated region and *Bgl*III (−597), *Kpn*I (−246), or *Nhe*I (+55) from the full-length −1523 NT plasmid, followed by ligation into promoter-less vector, pGL2-enh (Promega, Madison, WI) with the appropriate enzyme. The additional deletion constructs were generated using PCR and the −1523 NT plasmid as the template. The primers used to generate the fragments were as follows: NTPm-487 (forward), 5'-ACGACGCGTTTGTGAGACAACGAAGC-3' (*Mlu*I site is underlined); NTPm-409 (forward), 5'-ACGACGCGT-GATTCTCCTAGAAC-3' (*Mlu*I site is underlined); and NTPm-*Hind*III (reverse), 5'-CGAGAAGCTTGTGCGCAATT-3' (*Hind*III site is underlined). All PCR fragments were subcloned into the pGL2-enh using the *Mlu*I to *Hind*III sites. All plasmid sequences were confirmed by sequencing

(ACGT). The six pGL2-enh-luciferase expressing constructs made were as follows: −1521NT-LUC (spanning −1521 to +173); −590NT-LUC (spanning −590 to +173); −459NT-LUC (spanning −459 to +173); −381NT-LUC (spanning −381 to +173); −250NT-LUC (spanning −250 to +173); and +55NT-LUC (spanning +55 to +173, where +1 is the predicted site of transcription initiation).

Transfections were performed using the calcium phosphate precipitate method as described previously (Mellon et al., 1981). The cells were incubated for 14–16 h with DNA, followed by three PBS rinses. After a 2 h incubation, the cells were treated with or without 100 nM leptin and incubated for an additional 48 h before harvesting. Protein concentrations were determined using the Pierce BCA Protein Assay Reagent kit (Pierce, Rockford, IL). Luciferase assays were done as described previously (Belsham et al., 1998). The dominant-negative transfections were performed using LipofectAMINE2000 (Invitrogen) according to the instructions of the manufacture. The cells were incubated for 24 h with 2.5  $\mu$ g of pEF-BOS (internal control), pWT-STAT3 (wild type of STAT3), or pDN-STAT3 (dominant-negative type of STAT3; kindly provided by Hiroshi Higuuchi, Osaka University, Osaka, Japan) (Minami et al., 1996; Muraoka et al., 2003). Medium was then replaced with serum-free DMEM with 1% BSA for 2 h, after which the cells were treated with or without  $10^{-11}$  M leptin and incubated for 4 h before RNA isolation. LipofectAMINE2000 was used in this case because the cells would not tolerate serum-free conditions after calcium phosphate exposure.

Transfection efficiency was sufficient using either method, although LipofectAMINE2000 resulted in higher levels reaching ~40–50%.

**Chromatin immunoprecipitation assay.** ChIP assays were performed using previously described methodology (Barre et al., 2003, 2005). Cells were cross-linked with 1% formaldehyde for 10 min at room temperature and then washed with ice-cold PBS. The cell pellet was resuspended in cell lysis buffer [5 mM PIPES (KOH), pH 8.0, 85 mM KCl, 0.5% NP-40] containing protease inhibitors and incubated for 10 min on ice. The nuclei were lysed in the nuclear lysis buffer (50 mM Tris, pH 8.1, 10 mM EDTA, 1% SDS) containing protease inhibitors and sonicated three times for 20 s each on ice. Supernatants were then recovered by centrifugation at 20,000 rpm for 10 min at 4°C, diluted five times in dilution buffer (0.01% SDS, 1.1% Triton X-100, 1.2 mM EDTA, 16.7 mM Tris, pH 8.1, 167 mM NaCl) plus protease inhibitors. The sample was precleared with 80  $\mu$ l of a 50% salmon sperm DNA/protein-G agarose slurry (Upstate Biotechnology, Lake Placid, NY) for 30 min at 4°C. Ten percent of the lysate was used as the input control (50-fold dilution). The rest of the supernatant was incubated with 2  $\mu$ l of anti-STAT3 antibody (Santa Cruz Biotechnology) at 4°C overnight, and then 60  $\mu$ l of a 50% salmon sperm DNA/protein-G agarose slurry was further added for 1 h at 4°C. Immunoprecipitates were washed sequentially for 5 min each in low salt wash buffer (0.1% SDS, 1% Triton X-100, 2 mM EDTA, 20 mM Tris, pH 8.1, 150 mM NaCl), high-salt wash buffer (0.1% SDS, 1% Triton X-100, 2 mM EDTA, 20 mM Tris, pH 8.1, 500 mM NaCl), and LiCl wash buffer (0.25 M LiCl, 1% NP-40, 1% deoxycholate, 1 mM EDTA, 10 mM Tris, pH 8.0). Bead precipitates were then washed twice with TE buffer and eluted two times with elution buffer (1% SDS, 0.1 M NaHCO<sub>3</sub>). The eluates were combined and incubated at 65°C for 5 h to reverse the formaldehyde cross-linking. The DNA was precipitated and dissolved in water and treated with proteinase K at 45°C for 2 h. DNA was purified using Qiaquick spin columns (Qiagen) and eluted in 50  $\mu$ l of water. For PCR, 2  $\mu$ l of DNA was amplified for 35 cycles. The following primers were used: ACGACGCGTGATTCTCCTAGAAC (sense), GAGAGG-TACTTCTGGTACCTTTTCC (antisense) from −385 to −234 bp of the mouse NT/N promoter (STAT3 binding region).



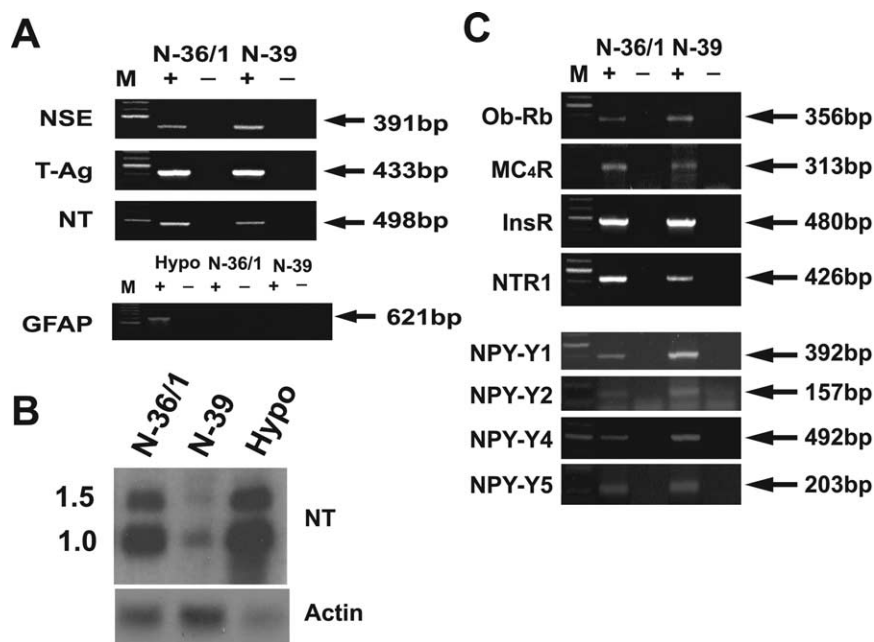
**Statistical analysis.** Data were analyzed using one-way ANOVA by GraphPad Prism (GraphPad Software, San Diego, CA), and statistical significance was determined using Tukey's multiple comparison tests or Student's *t* test with *p* < 0.05.

## Results

### Generation and characterization of hypothalamic cell models

The hypothalamus is recognized as the primary site of neuroendocrine control, which regulates physiological actions ranging from feeding behavior to reproduction. However, the lack of cell models from this region of the brain and the heterogeneity of cell types from the hypothalamus makes a single-cell model insufficient for detailed analysis of specific peptide receptor regulation. To generate an adequate model, primary hypothalamic cells from E15, E17, and E18 were mass immortalized through retroviral transfer of SV40 Large T antigen (T-Ag) (Belsham et al., 2004). Cells were analyzed for expression of neuron-specific enolase, NF, and absence of glial-specific fibrillary-associated protein (GFAP). The cells were then serially diluted to clone single-cell models of hypothalamic phenotypes. Initially, 16 unique cell lines were isolated with distinct cell morphology and phenotypic profiles of >60 cellular markers ((Belsham et al., 2004; our unpublished observations); however, none of the lines were shown to express NT. Additional subcloning of the mixed cell populations resulted in two cell lines, N-36/1 and N-39, with distinct neuronal morphology (Fig. 1*A*) and expression of NT (Fig. 2*A*), as well as T-Ag and neuron-specific enolase (NSE), but not GFAP. The cells grow as a monolayer and exhibit contact inhibition when confluence is reached (Fig. 1*A*). Analysis of growth characteristics of the N-36/1 and N-39 cell lines were performed using standard cell proliferation assays over 8 d. The cell lines demonstrate similar growth profiles with the same saturation density ( $6 \times 10^5/\text{cm}^2$ ). The doubling time for the N-36/1 and N-39 neurons is  $\sim 1.8$  and  $2.3$  d, respectively (Fig. 1*B*). These cells have been continuously cultured for up to 40 passages and maintained in culture for over 3 years with stable expression of the cellular markers, including NT. The cell models have been phenotypically characterized for  $\sim 70$  cell markers, and the two lines differ by  $\sim 20\%$ , indicating they are unique cell types likely originating in distinct nuclei of the hypothalamus.

The levels of NT mRNA differ in each line, with N-36/1 expressing higher levels of NT (although NT is detectable by both Northern blot and RT-PCR in each line) (Fig. 2*B*). The Northern blot reveals two mRNA species at 1.5 and 1.0 kb that arise from differential utilization of two consensus poly(A) tails and thus differ in the length of the 3'-untranslated region, as described previously (Rostene and Alexander, 1997). It has been found that the two mRNAs are present in approximately equal amounts in the brain. Immunocytochemistry with a specific antibody toward NT revealed immunoreactivity in the N-36/1 and N-39 cells, indicating NT protein expression (Fig. 3*E,G*). Staining was predominant around the cell nucleus and minimal throughout the



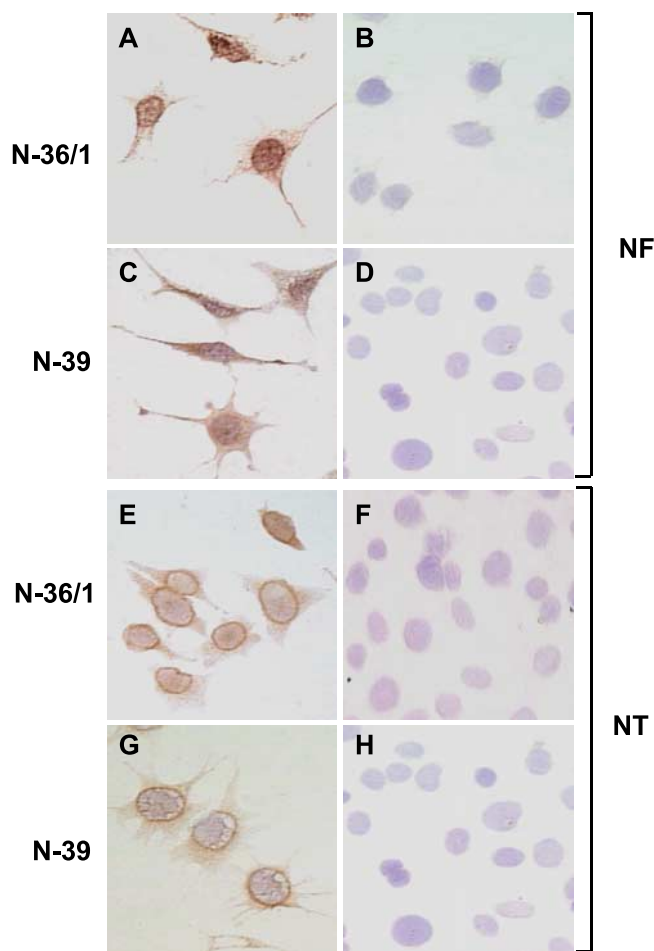
**Figure 2.** N-36/1 and N-39 neurons express neuron-specific markers and receptors associated with energy homeostasis. **A**, RT-PCR analysis of NT (NT), T-Ag, NSE, and glial fibrillary acidic protein (GFAP) in N-36/1 and N-39 neurons. N-36/1 and N-39 neurons specifically expressed NT, T-Ag, and NSE mRNAs but not GFAP mRNA. cDNA was synthesized with (+) or without (−) RT from total RNA from N-39 cells and mouse hypothalamus (positive control). The cDNA was used as a template for PCR with primers specifically designed to amplify NT, T-Ag, or NSE. PCR products were size fractionated by agarose gel electrophoresis and visualized by ethidium bromide staining. Molecular mass marker sizes are indicated (M). **B**, Northern blot analysis of NT mRNA expression from total RNA in the N-36/1 and N-39 cell lines. Hypothalamic total RNA was used as a positive control.  $\gamma$ -Actin is used as a loading control. NT mRNA species are 1.5 and 1.0 kb. **C**, RT-PCR analysis of neuropeptide receptors in N-36/1 and N-39 neurons. Expression of the leptin receptor (ObR<sub>b</sub>), MC4R, InsR, NT receptor (NTR1), and NPY receptor (NPY-Y1, Y2, Y4, and Y5) were determined by RT-PCR. cDNA was synthesized with (+) or without (−) RT from total RNA from N-36/1 and N-39 cells. The cDNA was used as a template for PCR with primers specifically designed to amplify ObR<sub>b</sub>, MC4R, InsR, NTR1, or NPY-Y. PCR products were size fractionated by agarose gel electrophoresis and visualized by ethidium bromide staining. Molecular mass marker sizes are indicated (M).

cell cytoplasm. In addition, these cells were immunopositive for neurofilament, a neuron-specific cell marker (Fig. 3*A,C*), in which the immunostain was localized mainly in the neurites. Negative controls, excluding secondary antibody, were performed in each case to ensure specificity of the signal (Fig. 3*B,D,F,H*).

### Characterization of hormone responsiveness in N-36/1 and N-39 NT-expressing cell lines

NT is linked to the control of energy homeostasis. Yet, little is known of the hormonal or molecular control of the NT gene mainly attributable to the lack of representative hypothalamic cell models. Therefore, we examined whether these cells expressed any of the receptors characteristic of hormone-responsive neuroendocrine cells. In particular, we detected expression of a number of important signaling molecules, including the ObR<sub>b</sub>, MC4R, which responds to  $\alpha$ -MSH, a peptide product of the POMC gene; insulin receptor (InsR); and NTR1 and NPY receptors (NPY-Y1, Y2, Y4, and Y5) (Fig. 2*C*). These screening results indicate that these two cell models may be representative of hypothalamic NT-expressing cells and can be used for analysis of the direct action of specific hormones on NT gene expression.

The N-36/1 and N-39 cells were subsequently exposed to leptin,  $\alpha$ -MSH (a product of the POMC gene), insulin, and NPY. The cell lines were serum-starved overnight and exposed to varying concentrations of peptide over 4 or 8 h, followed by analysis of mRNA expression by either Northern blot (N-36/1) or real-time quantitative RT-PCR (N-39) using specific primers to the NT



**Figure 3.** Immunocytochemistry of N-36/1 and N-39 neurons for NF and NT. **A, C,** Cells were cultured for 1 d on a glass slide in DMEM with 10% FBS and analyzed with a specific NF antibody. **B, D,** Immunocytochemistry without NF primary antibody was used as a negative control. **E, G,** Cells were cultured for 1 d on a glass slide in DMEM with 10% FBS and analyzed with a specific NT antibody. N-36/1 and N-39 cells were cultured for 1 d on a glass slide in DMEM with 10% FBS and analyzed for NT (as above) but blocked with NT peptide, showing no nonspecific staining (**F, H**). Nuclei were stained with hematoxylin (blue). Magnification, 200 $\times$ .

gene, as indicated. We found that  $10^{-9}$  and  $10^{-8}$  M  $\alpha$ -MSH significantly increased NT mRNA at 4 h in the N-36/1 cells to 1.6- and 1.7-fold, respectively (Fig. 4A). Similarly, NT gene expression in the N-39 cells increased  $\sim$ 1.6-fold after 4 and 8 h of  $10^{-9}$  and  $10^{-8}$  M  $\alpha$ -MSH treatment (Fig. 4B). In addition,  $10^{-7}$  M insulin increased NT 1.5-fold in the N-36/1 cell line at 4 h (Fig. 4A) and significantly increased NT mRNA levels in N-39 cells at both 4 and 8 h with  $10^{-7}$  and  $10^{-8}$  M insulin. The increases in NT mRNA levels were found to be statistically significant ( $p \leq 0.05$ ) for the  $\alpha$ -MSH and insulin treatments. The  $\alpha$ -MSH and insulin-stimulated NT mRNA levels declined over 8 h of treatment. Stimulation with NPY ( $10^{-8}$  and  $10^{-7}$  M) did not significantly alter NT gene expression (Fig. 4A, B), although  $10^{-7}$  M NPY decreased NT expression slightly at 8 h in N-39 neurons (Fig. 4B), which may indicate that additional studies should be performed with an extended time course. Representative Northern blots from N-36/1 cells are presented (Fig. 4C). These data are the first to suggest that both  $\alpha$ -MSH and insulin have direct effects on NT neurons and may also play a role in the regulation of energy homeostasis through the NT neuron.

Leptin is an indicator of satiety and is secreted by adipocytes. Because NT has been shown to have anorexigenic effects on in-

tracerebroventricular injection into the hypothalamus (Beck et al., 1998), NT-expressing neurons are therefore good candidates for direct regulation by leptin. We were particularly interested in leptin effects on the NT neurons, because evidence exists that NT may mediate the central effects of leptin on feeding behavior (Beck et al., 1998; Sahu et al., 2001). Therefore, the remaining experiments were focused on leptin to understand the mechanisms involved in the regulation of the NT gene in response to leptin. At 4 h, leptin ( $10^{-11}$  and  $10^{-7}$  M) significantly stimulated NT gene expression to 1.5-fold over the control ( $p < 0.01$ ;  $n = 6$ ) in the N-36/1 cell line (Fig. 5A); however, it had no effect at  $10^{-12}$  and  $10^{-10}$  to  $10^{-8}$  M. Leptin ( $10^{-11}$  and  $10^{-7}$  M) also significantly stimulated NT expression within the N-39 cell line to 1.9- and 1.7-fold over the control ( $p < 0.05$ ;  $n = 6$ ), respectively (Fig. 5B). The results in the N-36/1 cells were validated using real-time RT-PCR as well (data not shown). Our results confirm those of previous *in vivo* studies, indicating that leptin directly increases NT expression within the hypothalamus (Sahu, 1998). Intriguingly, the biphasic response of leptin in the NT neurons indicates that there may be different receptors or signaling events involved in this process. Importantly, both clonal cell lines responded with similar expression profiles regardless of the hormonal treatment, indicating that this may be a common mechanism for NT regulation in the hypothalamus.

#### Localization of leptin responsive region within the NT gene

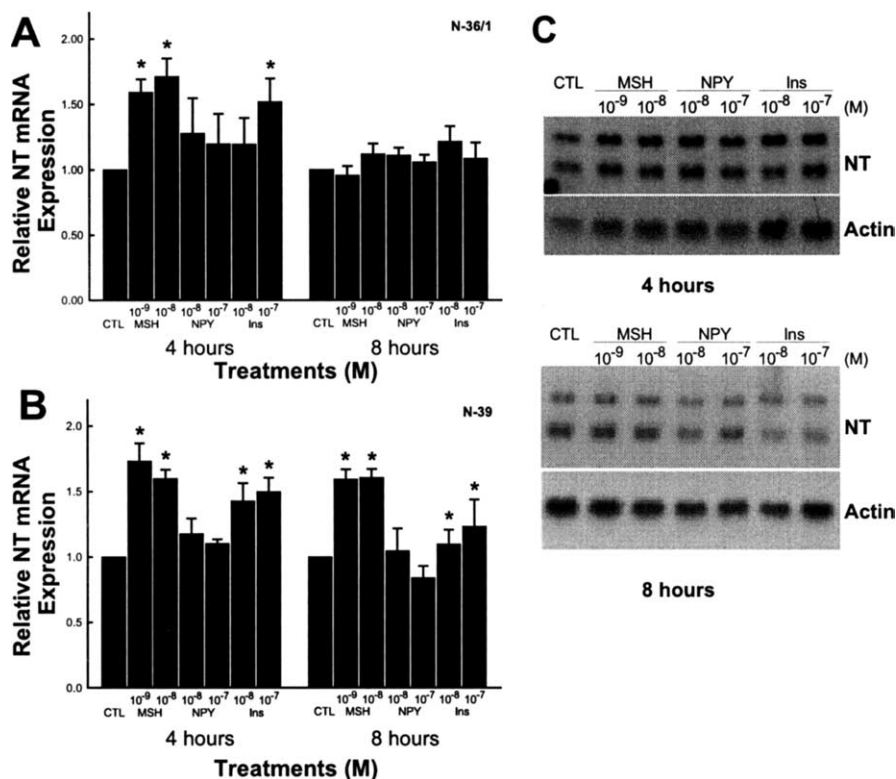
To study NT gene regulation by leptin at the transcriptional level, we cloned a region of the 5' flanking region of the mouse NT gene onto a luciferase reporter gene, pGL2-enh. The prohormone gene contains coding regions for the two peptides, NT and neuromedin U, and is therefore sometimes referred to as NT/N. The region cloned encompassed  $-1536$  to  $+173$  of the mouse gene. To assess the *cis*-regulatory sequences necessary for the regulated expression of the mouse NT/N gene in the N-39 neurons, a series of 5'-proximal sequential deletions of this region was further generated and cloned onto the pGL2-enh luciferase reporter gene (Fig. 6A). These constructs were transiently transfected into the N-39 cell line and analyzed for reporter gene activity. Luciferase activity of each construct was compared with that produced by the pGL2-enh alone, the parent vector, which displays negligible promoter activity. Reporter gene activity with the minimal promoter region from  $+173$  to  $+55$  bp was approximately fourfold greater than that of the pGL2-enh parent vector. A steady increase in reporter gene activity occurs from  $-250/+173$  to  $-590/+173$ , indicating that there may be a number of regions necessary for basal expression of the NT gene. The region between  $-590$  and  $-1521$  may contain a repressor region, because basal reporter gene activity was decreased therein. A 1.9-, 1.5-, and 1.7-fold increase in reporter gene activity was observed with  $-381$  NT-LUC,  $-459$  NT-LUC, and  $-590$  NT-LUC after  $10^{-7}$  M leptin treatment, respectively, whereas no statistically significant increase in luciferase activity with  $-1521$  NT-LUC and  $-250$  NT-LUC was detected. These data suggest that the leptin *cis*-regulatory motifs are located within the  $-381$  to  $-250$  bp (131 bp) region (Fig. 6A).

An alignment of the mouse NT/N gene 5' flanking sequences (GenBank accession number AF348489) with the corresponding human region (Bean et al., 1992) indicates that the 380 bp region flanking the transcription start site of the human sequences is 72% identical to the mouse nucleotide sequence. Several regions contain transcription factor binding sites, which are highly conserved between mouse and human (supplemental material, available at [www.jneurosci.org](http://www.jneurosci.org)). Analysis of the 131 bp region encom-

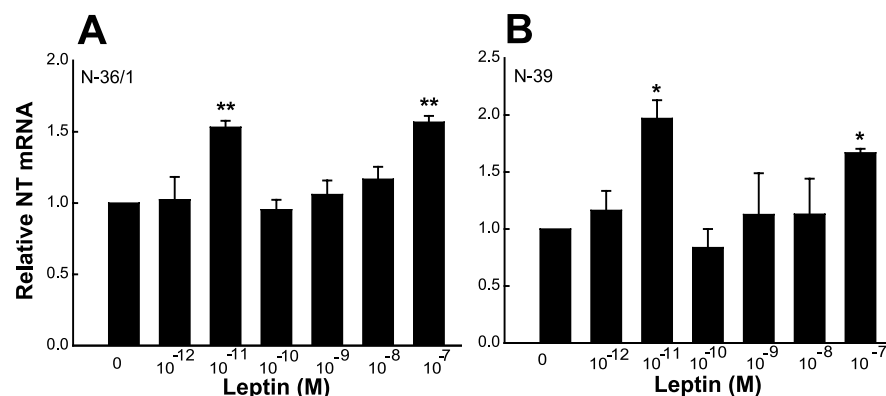
passing  $-381$  to  $-250$  of the NT/N 5' regulatory region for known transcription factor consensus binding sites indicated that there was a number of potential binding sites (Fig. 6B) (transcription factor search program Match, BIOBASE Biological Databases). Of particular interest was a series of STAT binding sites [TT(N<sub>6</sub>)AA] within  $-400$  of the 5' flanking region of the NT/N gene (Fig. 6B) (supplemental material, available at [www.jneurosci.org](http://www.jneurosci.org)). However, this region appears to harbor many putative transcription factor binding sites that may be involved in either basal or leptin-mediated NT gene expression. Specifically, there are potentially eight homeodomain binding sites for Oct-1 or Brn2 and a number of A-rich regions that can bind Forkhead box (FOX) proteins such as FOXA2 (hepatocyte nuclear factor-3 $\beta$ ) and FOXD3 as well as sites for nuclear factor  $\kappa$ B, CCAAT/enhancer binding protein, activator protein 1 (AP-1), and GATA-binding transcription factors (Fig. 6B). There are also cAMP response elements (CREs) and two AP-1 sites located in the proximal promoter region. The conservation of the *cis*-regulatory region reveals that the rodent and human genes are likely to share at least some regulatory properties.

To further understand whether STAT proteins were important for the regulation of the NT gene by leptin, we used wild-type and dominant-negative STAT3 proteins [Y705F (Minami et al., 1996; Muraoka et al., 2003)] cloned into the mammalian expression vector, pEF-Bos, under the control of the elongation factor gene promoter. When we transiently transfected the three constructs into N-39 cells, we found that leptin treatment ( $10^{-7}$  and  $10^{-11}$  M) was able to significantly induce NT gene expression with both the WT-STAT3 and mock pEF-Bos constructs, but NT induction was abolished after transfection of the DN-STAT3 construct (Fig. 7). These results indicate that STAT3 plays a transcriptional role in the regulation of NT gene expression in the N-39 cell line. However, the exact site of action and whether the region within  $-381$  to  $-250$  of the NT gene was necessary remained to be determined.

Chromatin immunoprecipitation assays (ChIPs) were used to determine whether the STAT *cis*-elements present within the  $-381$  to  $-250$  bp fragment of the mouse NT/N promoter were active and whether leptin would affect STAT binding to this region. A proven antibody to STAT3 was used to immunoprecipitate the regions bound by the STAT3 transcription factor (Barre et al., 2003, 2005). The ChIP assay demonstrated that STAT3 binds to the  $-381$  to  $-250$  bp region as detected by PCR, using



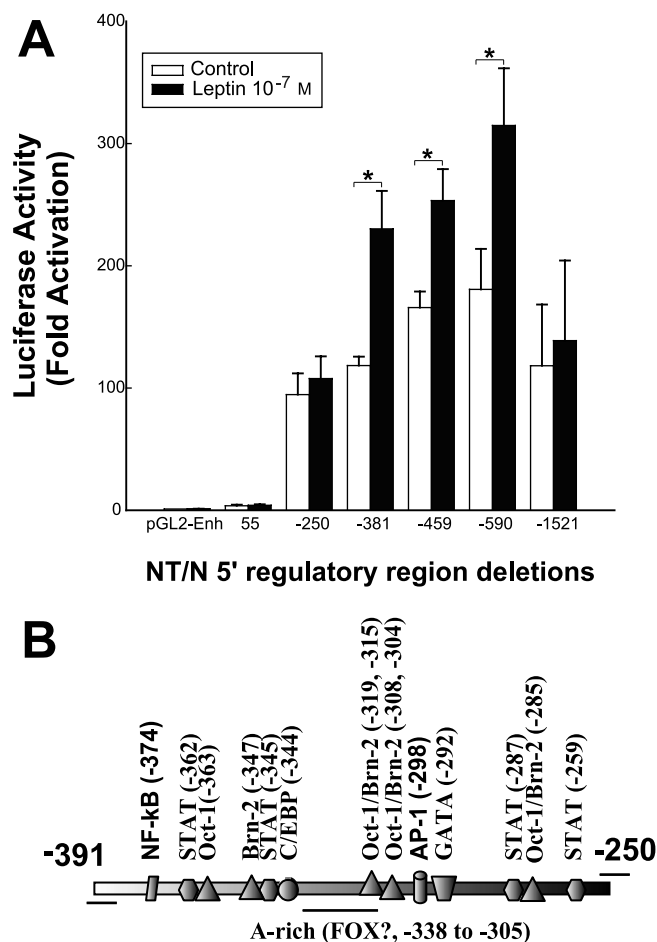
**Figure 4.** NT mRNA expression is regulated by specific peptides in N-36/1 and N-39 neurons. Concentrations of  $\alpha$ -MSH, NPY, and insulin treatments of N-36/1 and N-39 neurons are indicated. Treatments were for 4 or 8 h as indicated. The expression of NT mRNA was determined by Northern blot (N-36/1) (A) or real-time RT-PCR (N-39) (B). Values for NT are expressed relative to  $\beta$ -actin mRNA levels (mean  $\pm$  SEM;  $n = 3$ ). \* $p < 0.05$  compared with the untreated control by Student's *t* test. C, Representative Northern blots from N-36/1 total RNA analysis, corresponding to A, are shown for both 4 and 8 h treatments. CTL, Control.



**Figure 5.** NT mRNA expression is regulated by leptin in N-36/1 and N-39 neurons. Concentrations of leptin treatments of N-36/1 and N-39 neurons are indicated. Treatments were for 4 h. The expression of NT mRNA was determined by Northern blot (N-313.3p6/1) (A) or real-time RT-PCR (N-39) (B). Values for NT are expressed relative to  $\beta$ -actin mRNA levels (mean  $\pm$  SEM;  $n = 3$ ). \* $p < 0.05$ ; \*\* $p < 0.01$ , compared with the untreated control by Student's *t* test.

specific primers to this region of the DNA (Fig. 8). Compared with control, the  $10^{-11}$  M leptin treatment displayed a stronger association of STAT3 to this region than with  $10^{-7}$  M leptin (Fig. 8). PCR analysis of the immunoprecipitation control lacking antibody did not display any amplification of the fragment (Fig. 8, Beads), whereas the preimmunoprecipitation control showed equal amplification of the fragment (Fig. 8, Input). These results indicate that STAT3 binding is necessary for the leptin-mediated transcriptional induction of NT gene expression, specifically at the more physiological levels of leptin exposure.

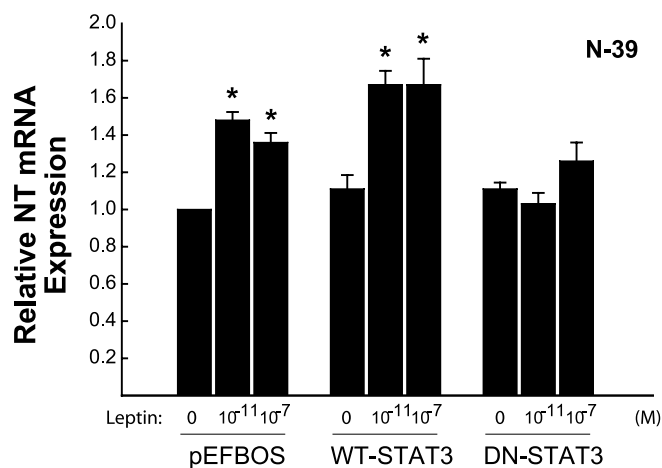




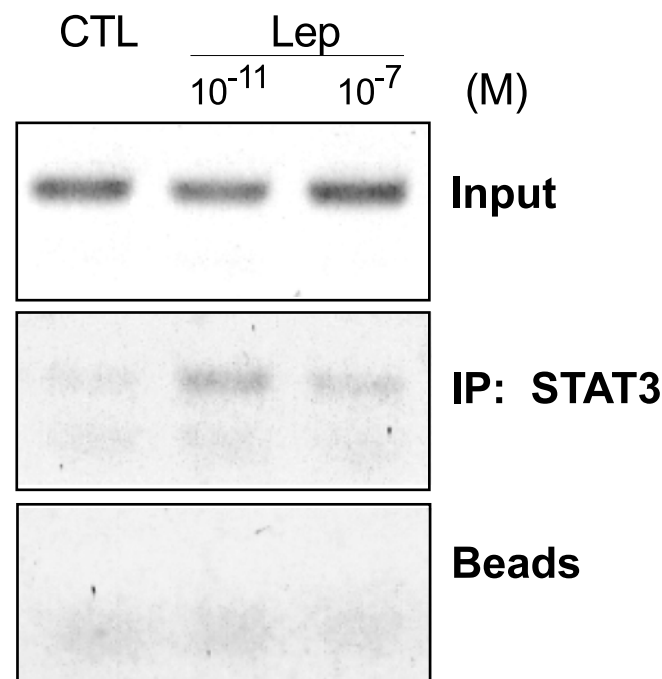
**Figure 6.** Leptin responsiveness can be mapped to a specific region of the mouse NT 5' regulatory region in N-39 neurons. **A**, The constructs containing indicated lengths of the mouse NT promoter cloned into the promoterless pGL2-enhancer luciferase vector were transiently cotransfected with pCMV  $\beta$ -galactosidase (internal control) into N-39 cells. After transfection, cells were treated with or without 0.5 nM leptin for 48 h. Luciferase activity was normalized to  $\beta$ -galactosidase expression. Each value is expressed as fold-increase relative to pGL2-enhancer vector alone. Values are mean  $\pm$  SEM from three experiments, each done in triplicate. \* $p$  < 0.05 versus untreated. **B**, Diagram of the NT/N promoter region from -381 to -250. Putative transcription factor binding elements are indicated (as analyzed by Match, BIOBASE Biological Databases), and sequences that were used as oligonucleotide primers in ChIP analysis are underlined.

## Discussion

The hypothalamus has been recognized to play a key role in the regulation of feeding behavior and energy homeostasis, mainly through the ventromedial hypothalamus (VMH), dorsomedial hypothalamus (DMH), lateral hypothalamus (LHA), and arcuate nucleus (ARC). The ARC is currently thought to be the primary site regulated by circulating hormonal inputs, such as leptin or insulin. The ARC also contains the anorexigenic peptides POMC and cocaine and amphetamine-regulated transcript (CART) and the orexigenic peptides NPY and agouti-related protein (AgRP). Both POMC/CART- and NPY/AgRP-containing neurons, in turn, project to other hypothalamic regions, including VMH, DMH, LHA, and the paraventricular nucleus (PVN) to regulate food intake and energy balance (Chiesi et al., 2001; Barsh and Schwartz, 2002; Berthoud, 2002; Funahashi et al., 2003). In the rat hypothalamus, NT neurons are widely distributed in the ARC, PVN, DMH, and LHA as immunocytochemistry studies have revealed (Kahn et al., 1980; Ibata et al., 1984). Leptin receptors



**Figure 7.** STAT3 is involved in the leptin-mediated induction of NT mRNA expression in N-39 neurons. Cells were transfected with pEFBOS, wild-type (WT) STAT3, or dominant-negative STAT3 (DN-STAT3) for 18 h and then serum-starved for 2 h and treated with leptin for 4 h at the indicated concentrations. The expression of NT mRNA was determined by real-time RT-PCR. Values for NT are expressed relative to  $\beta$ -actin mRNA levels (mean  $\pm$  SEM;  $n$  = 4). \* $p$  < 0.05 compared with the untreated control by one-way ANOVA followed by Tukey's multiple-comparison test. M, Molecular mass marker size.



**Figure 8.** ChIP assays demonstrate that STAT3 binds to the NT/N promoter region. Formaldehyde cross-linked, chromatin-associated DNA from N-39 neurons were immunoprecipitated with an antibody to STAT3. DNA fragments were subjected to PCR amplification using primers flanking the -381 to -250 bp region of the NT/N promoter. A 130 bp PCR product was observed and sequenced. Negative controls included a no-antibody immunoprecipitation with the protein-G agarose beads (Beads), whereas the positive control consisted of 10% of the total chromatin in the absence of immunoprecipitation (Input, 50-fold dilution). Representative gel is shown.  $n$  = 3. CTL, Control; Lep, leptin.

(ObR<sub>b</sub>) are also widely distributed in the ARC, PVN, and LHA (Mercer et al., 1996; Hakansson et al., 1998; Baskin et al., 1999a,b; Elmquist et al., 1999). Therefore, in addition to NPY and POMC neurons, evidence suggests NT neurons are also likely candidates to mediate the effects of leptin.

NT neurons appear to play an anorectic role downstream of

leptin. Evidence of this is seen in leptin-deficient *ob/ob* mice (Wilding et al., 1993) or leptin-insensitive *fa/fa* rats (Beck et al., 1998), in which hypothalamic NT expression is decreased and food intake is reduced. In contrast, intracerebroventricular injection of leptin into the PVN significantly stimulates NT synthesis in association with reduced food intake (Stanley et al., 1983; Beck et al., 1998; Sahu, 1998). Furthermore, immunoneutralization with an NT antibody or an NT receptor antagonist completely reverses the effects of a leptin-induced decrease in food intake (Sahu et al., 2001). These results suggest that leptin action may be mediated, at least in part, by NT. Nevertheless, it is difficult to determine whether the effect of leptin on NT-expressing neurons is direct or through afferent neurons using *in vivo* studies. To elucidate the direct role of leptin within NT neurons, we screened our cell lines and found that they express the leptin receptor (ObR<sub>b</sub>). The presence of this receptor indicates that NT neurons are directly influenced by leptin and may play an important role in mediating leptin-induced effects within our cell lines and potentially the hypothalamus.

In addition to the leptin receptor, the N-36/1 and N-39 NT neurons express the MC<sub>4</sub>R receptor, insulin receptor, and NPY receptor. These models will therefore prove valuable to study the activation of endogenous receptor systems in representative hypothalamic cells, not previously feasible because of the lack of cell models inherently expressing the receptor proteins. Treatment with  $\alpha$ -MSH and insulin also stimulates NT gene expression in the NT neurons. To our best knowledge, this is the first report indicating that  $\alpha$ -MSH or insulin stimulates expression of NT mRNA levels. NPY had no effect on NT gene expression at 4 h; however, these results may reflect the limited time course and concentrations used in this study and will be expanded. Concurrently, we found a significant increase in NT mRNA levels after exposing N-36/1 or N-39 cells to leptin for 4 h. The effect of leptin confirms previous *in vivo* studies, which suggests that the ObR<sub>b</sub> is involved in the regulation of NT synthesis by leptin. In addition, our results demonstrate the necessity of the STAT3 transcription factor in leptin-mediated induction of NT. It has been reported that leptin induces expression of TRH in PVN neurons of the hypothalamus and that the TRH gene promoter is directly regulated by leptin signaling through binding of STAT3 and cAMP responsive element binding proteins (Harris et al., 2001). Previous analysis of the NT gene indicates that synergistic activation of AP-1 and CRE motifs play an important functional role in hormonal regulation of NT gene expression (Harrison et al., 1995). It is particularly compelling to speculate that these sites may also be involved in the leptin-mediated control of NT gene expression, because there are multiple sites for these transcription factors within the pertinent –381 to –250 responsive region of the NT gene. Together, this evidence strongly suggests that NT may mediate, in part, anorectic action in the hypothalamus and that NT neurons can potentially act as first-order neurons directly regulated by leptin.

Most of the *in vitro* signal transduction experiments in specific cell lines show that 0.62–100 nM leptin induces signal transduction (Kellerer et al., 1997; Bjorbaek et al., 1999, 2001; Li and Friedman, 1999). However, these cell lines may not respond appropriately to physiological levels of leptin, because transfection of the Ob-R<sub>b</sub> was necessary. Although these studies effectively began to elucidate the mechanisms of leptin signaling, the N-36/1 and N-39 cells express the Ob-R<sub>b</sub> endogenously and show a definite response to physiological concentrations of leptin. *In vivo* studies have shown a physiological response at low concentrations of leptin, such as that seen during fasting (Ahima et al.,

1996). In humans, plasma leptin concentrations range from ~0.5 to 2.5 nM in lean and obese people, respectively. However, in the CSF of obese subjects, leptin concentrations are ~0.02 nM, only 30% higher than in lean subjects. These findings suggest that leptin transport into the brain is through a saturable transport carrier (Caro et al., 1996; Schwartz et al., 1996). Our *in vitro* experiments indicate that NT neurons show a biphasic response to leptin at  $10^{-11}$  M (0.01 nM) and  $10^{-7}$  M (100 nM) concentrations. We suggest that the response to low-dose leptin is typical of normal physiology. However, it is possible that the response to  $10^{-7}$  M is a result of altered leptin signaling at supraphysiological levels of leptin. The major hypothalamic pathway of leptin signaling is the JAK2-STAT3 pathway. Leptin induces phosphorylation of STAT molecules within the hypothalamus (McCowen et al., 1998). STAT3 is one of the major intracellular mediators of leptin signaling within neurons expressing POMC, NPY, melanin-concentrating hormone, orexin, and galanin (Sahu, 2003). Through chromatin precipitation studies, we found that STAT3 binding is induced at low levels of leptin ( $10^{-11}$  M) but is not significantly different from control at  $10^{-7}$  M. This suggests that another signaling pathway may be involved in mediating the induction of NT mRNA in response to leptin at this concentration. It is now recognized that leptin receptor activation can induce the mitogen-activated protein (MAP) kinase/extracellular signal-regulated kinase (ERK) (Banks et al., 2000) and phosphatidylinositol 3-kinase (PI3K)/Akt (Niswender and Schwartz, 2003) pathways. Although leptin has been postulated to signal mainly through the JAK-STAT signal transduction pathway, a knock-out mouse that leaves the leptin receptor intact but specifically disrupts the ObR-STAT3 signal (leprS1138) does not affect repression of NPY by leptin nor reproductive function (Bates et al., 2003). This suggests that there is a STAT3-independent pathway, specifically used to control NPY neuron responsiveness to leptin (Bates et al., 2003), which may also mediate the response seen with NT. Alternatively, high levels of leptin may disrupt the signaling machinery leading to a response similar to the leptin resistance seen *in vivo*. Several authors suggest that defective leptin signaling, through attenuated STAT3 (El-Haschimi et al., 2000) or increased suppressors of cytokine signaling-3 (SOCS-3) (Munzberg et al., 2004), may contribute to leptin resistance. Leptin resistance is hypothesized to be a result of increased SOCS-3 levels, which are elevated by leptin administration. SOCS-3 itself is an inhibitor of leptin signaling (Bjorbaek et al., 1999), but a low concentration of leptin may not induce effective inhibitory levels of the SOCS-3 protein. Therefore, leptin may induce differential signal transduction pathways and effector molecules at physiological versus supraphysiological concentrations.

We are currently defining the alternative signal transduction pathways (PI3K/Akt and MAPK/Erk1/2) activated by the varying concentrations of leptin within the N-36/1 and N-39 NT neuronal cell models to elucidate their differential roles in leptin-induced NT expression. We will further define the molecular mechanisms involved in the leptin-mediated control of NT neurons in the hypothalamus using our clonal NT-expressing cell models. The studies herein provide convincing evidence that NT neurons are directly regulated by leptin,  $\alpha$ -MSH, and insulin and therefore may indeed be a first-order neuron involved in the control of energy homeostasis.

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