Neurobiology of Disease

Soluble TNF α Signaling within the Spinal Cord Contributes to the Development of Autonomic Dysreflexia and Ensuing Vascular and Immune Dysfunction after Spinal Cord Injury

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Cardiovascular disease and susceptibility to infection are leading causes of morbidity and mortality for individuals with spinal cord injury (SCI). A major contributor to these is autonomic dysreflexia (AD), an amplified reaction of the autonomic nervous system (hallmarked by severe hypertension) in response to sensory stimuli below the injury. Maladaptive plasticity of the spinal sympathetic reflex circuit below the SCI results in AD intensification over time. Mechanisms underlying this maladaptive plasticity are poorly understood, restricting the identification of treatments. Thus, no preventative treatments are currently available. Neuroinflammation has been implicated in other pathologies associated with hyperexcitable neural circuits. Specifically, the soluble form of TNF α (sTNF α) is known to play a role in neuroplasticity. We hypothesize that persistent expression of sTNF α in spinal cord underlies AD exacerbation. To test this, we intrathecally administered XPro1595, a biologic that renders sTNF α nonfunctional, after complete, high-level SCI in female rats. This dramatically attenuated the intensification of colorectal distension-induced and naturally occurring AD events. This improvement is mediated via decreased sprouting of nociceptive primary afferents and activation of the spinal sympathetic reflex circuit. We also examined peripheral vascular function using *ex vivo* pressurized arterial preparations and immune function via flow cytometric analysis of splenocytes. Diminishing AD via pharmacological inhibition of sTNF α mitigated ensuing vascular hypersensitivity and immune dysfunction. This is the first demonstration that neuroinflammation-induced sTNF α is critical for altering the spinal sympathetic reflex circuit, elucidating a novel mechanism for AD. Importantly, we identify the first potential pharmacological, prophylactic treatment for this life-threatening syndrome.

Key words: autonomic dysreflexia; plasticity; soluble TNF α , spinal cord injury

Significance Statement

Autonomic dysreflexia (AD), a disorder that develops after spinal cord injury (SCI) and is hallmarked by sudden, extreme hypertension, contributes to cardiovascular disease and susceptibility to infection, respectively, two leading causes of mortality and morbidity in SCI patients. We demonstrate that neuroinflammation-induced expression of soluble TNF α plays a critical role in AD, elucidating a novel underlying mechanism. We found that intrathecal administration after SCI of a biologic that inhibits soluble TNF α signaling dramatically attenuates AD and significantly reduces AD-associated peripheral vascular and immune dysfunction. We identified mechanisms behind diminished plasticity of neuronal populations within the spinal sympathetic reflex circuit. This study is the first to pinpoint a potential pharmacological, prophylactic strategy to attenuate AD and ensuing cardiovascular and immune dysfunction.

Introduction

Autonomic dysreflexia (AD), a life-threatening disorder that manifests in up to 90% of people who have sustained a severe,

high-level spinal cord injury (SCI) (Curt et al., 1997), is hall-marked by extreme, sudden hypertension and reflexive bradycardia that can lead to strokes and even death. Episodes are triggered

by an amplified reaction of the spinal sympathetic reflex circuit in response to sensory stimuli below the injury (e.g., bladder expansion, rectal distension). Chronic, frequent AD bouts have secondary consequences; they instigate detrimental changes to peripheral vasculature, such as increased contractility in response to adrenergic input (Alan et al., 2010; West et al., 2013a) and fewer lymphocytes (Zhang et al., 2013; Ueno et al., 2016) that promote cardiovascular disease and susceptibility to infection, respectively, two leading causes of mortality and morbidity for those living with chronic SCI (Garshick et al., 2005; Meisel et al., 2005; Myers et al., 2007; Brommer et al., 2016). Unfortunately, the only treatments currently available are palliative, aimed at merely managing the hypertensive symptoms after an AD episode has already been initiated until the triggering stimulus is identified and addressed. There are no prophylactic treatments that limit the onset of AD.

One mechanism for AD after SCI is the interruption of descending, modulatory input to sympathetic preganglionic neurons (SPNs) that reside within the spinal cord [thoracic (T) level 1, lumbar (L) level 2] and regulate sympathetic output to splanchnic circulation. Critically, AD worsens over time with events becoming more frequent and extreme (Krassioukov and Weaver, 1995; Mayorov et al., 2001; Rabchevsky et al., 2012; Zhang et al., 2013; West et al., 2015). This secondary, intensifying phase of AD has been attributed to plasticity caudal to the injury (e.g., sprouting of nociceptive primary afferents) (Krenz et al., 1999; Cameron et al., 2006; Hou et al., 2009), which results in hyperexcitable spinal sympathetic circuits. Thus, a sensory stimulus below the injury leads to activation of more interneurons (Krassioukov et al., 2002; Landrum et al., 2002; Hou et al., 2008), including those that project to SPNs, triggering an exaggerated sympathetic discharge that causes hypertension (see Fig. 12). What prompts this maladaptive plasticity is still obscure. A better understanding of mechanisms behind it could elucidate potential targets for prophylactic treatments to attenuate the onset or severity of AD after SCI and avert ensuing cardiovascular and immune dysfunction.

Aberrant plasticity and hyperexcitable circuits are not only associated with AD; they are correlated with other conditions, including epilepsy and neuropathic pain. Interestingly, an activated immune system is thought to underlie these pathologies (Marchi et al., 2014; Walters, 2014). Whether inflammation instigates plasticity and subsequent AD exacerbation, however, has not been investigated.

The "master regulator" cytokine TNF α has been implicated in initiating inflammation in a variety of contexts. TNF α -converting enzyme cleaves the transmembrane form of TNF α into the soluble form (sTNF α). sTNF α homotrimerizes and binds preferentially to TNF receptor 1 (TNFR1) (Grell et al., 1995; Probert, 2015). TNFR1 signaling is necessary for mounting a full inflammatory response (Loetscher et al., 1993). After SCI, there is substantial upregulation of TNF α within the spinal cord, both at the epicen-

American Heart Association Scientist Development Grant 16SDG27260276 to P.O.-O., Margaret Q. Landenberger Foundation Grant 002745 to P.O.-O., and Drexel University Dean's Fellowship for Excellence in Collaborative or Themed Research Training to E.M. We thank Dr. David E. Szymkowski (Xencor) for supplying XPro1595; Dr. Alexander G. Rabchevsky for providing the MATLAB algorithm that served as the basis for what we used to analyze the naturally occurring events; Dr. Vladimir Zhukarev for assistance with the confocal microscope; and the Drexel University Spinal Cord Research Center for use of its core facilities.

The authors declare no competing financial interests.

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DOI:10.1523/JNEUROSCI.2376-17.2018

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ter (Bethea et al., 1999) and below the injury (Detloff et al., 2008). Intriguingly, increased TNF α is associated with various forms of plasticity that can increase neuronal excitability (Beattie et al., 2002; Stellwagen et al., 2005; Stück et al., 2012).

We hypothesized that sTNF α signaling plays a crucial role in injury-induced plasticity caudal to a severe (i.e., complete), highlevel SCI that mediates the intensification of AD over time. We previously used XPro1595, a biologic that forms nonfunctional heterotrimers with sTNF α (Steed et al., 2003), to modulate a neuroimmune response (Brambilla et al., 2011). We surmised that inhibiting sTNF α signaling caudal to a SCI via intrathecal delivery of XPro1595 after injury would diminish AD. Last, we examined whether reducing AD via blocking sTNF α signaling centrally improved vascular and immune function peripherally.

Materials and Methods

Animal use. Adult, female Wistar rats (225–250 g; Charles River) were used for all experiments. Animals were housed, given unlimited access to food and water, and used in accordance with Drexel University Institutional Animal Care and Use Committee and National Institutes of Health guidelines for experimentation with laboratory animals. Animals were allowed to acclimate for a least 1 week after arrival before any procedure was done before being randomly assigned to treatment groups. After all surgical procedures, animals were given ampicillin (200 mg/kg), slow-release buprenorphine (ZooPharm; 0.05 mg/kg), and lactated Ringer's solution perioperatively and placed on a thermal barrier to recover. They were returned to their cages once they became alert and responsive. All animals that received spinal transections had their bladders manually expressed at least twice a day for the duration of the study.

Radiotelemeter implantation into the descending aorta. As indicated in the experimental timeline in Figure 1, radiotelemeter pressure transducers (either model HD-S10 or modified HD-S11; Data Sciences International) were transplanted into the descending aorta of naive animals at least 1 week before spinal transection (Tx) to give the animals ample recovery time after the implantation surgery (Rabchevsky et al., 2012). As we did previously (Hou et al., 2013b), naive rats were deeply anesthetized with isoflurane and the femoral artery was exposed. After securing the vessel distally and temporarily blocking blood flow proximally, the artery was punctured, the tip of the catheter was inserted and advanced rostrally into the abdominal aorta. After the catheter was secured in the vessel, the transmitter body was placed into a subcutaneous pocket along the flank. The surrounding tissue at the end of transmitter was sutured to prevent the telemeter from shifting position. The skin was closed with wound clips.

Preparation of osmotic minipumps to deliver XPro1595. Osmotic minipumps (Alzet, no. 2002) were used to intrathecally deliver the sTNFα biologic XPro1595 or saline vehicle continuously for 28 d. The amount of XPro1595 used here (60 μ g per day) successfully conferred neuroprotection at a lesion epicenter of a rodent contusive SCI model (Novrup et al., 2014). The minipumps were prepared 1 d before spinal Tx and implantation so that either compound would be delivered to the spinal cord starting immediately upon placement *in vivo*. Either XPro1595 (10 mg/ ml; generously provided by David E. Szymkowski of Xencor) or saline was loaded into the osmotic minipumps. An intrathecal catheter (Re-CathCo) was attached to the minipump. The loaded pumps were incubated in sterile saline at 37°C overnight and were removed from the warmed saline solution just before implantation.

Thoracic spinal transection and osmotic minipump implantation. Animals were deeply anesthetized using isoflurane. Similar to what we did previously (Xu et al., 2014; Wu et al., 2015), the spinal cord at thoracic level 3 (T3) was exposed by dorsal laminectomy of the T2 and the T5 vertebral processes (overlying T3 and T6 spinal cord levels, respectively). After a small incision was made in the dura overlying T3 using a microknife, a ~2-mm-long segment of the spinal cord was removed by vacuum aspiration using a pulled glass micropipette. The lesion cavity was filled with gelfoam saturated with saline to achieve hemostasis. The gelfoam was removed, and the cavity was visually examined to ensure that the Tx was complete. The dura was sutured shut with 9-0 sutures.

Experimental Timeline Week 0 Weeks 2 - 4 Week 4 Week -1 Complete spinal Record BP and HR Sacrifice animals **Implant** transection (Tx) at T3; over 24 hours; radiotelemetry Begin intrathecal Colorectal distension pressure transducer Harvest fresh tissue Perfuse for delivery of saline into descending aorta (spinal cord for histology or XPro1595 post-Tx protein analysis; Saline or XPro1595 mesenteric arteries for **T3** ex vivo vessel reactivity studies; spleens for flow cytometry)

Figure 1. Overview of the experimental timeline.

Immediately after Tx, a small incision was made in the dura above T6 spinal cord. The catheter attached to an osmotic minipump was carefully threaded subdurally until the end lay just caudal to the Tx site (Fig. 1). The catheter was held in place via suturing to both the dura and the neighboring muscle. The minipump was placed in a subcutaneous pocket and was secured to the underlying muscle. Both laminectomy sites were covered with a SILASTIC membrane (BioBrane; UDL Laboratories, Rockford, IL) and the overlying musculature was sutured with Vicryl 5-0 sutures. Wound clips were used to close the skin incision.

Blood pressure (BP) recordings to assess naturally occurring AD. To monitor heart rate (HR) and mean arterial pressure (MAP), radiotelemeters implanted in the saline- or XPro1595-treated animals were turned on and cages containing individual animals were placed on the telemetry receivers (RC-1; Data Sciences International). We obtained baseline recordings of all animals after telemeter implantation and before SCI to determine whether HR and MAP values were within a normal range (to ensure that the catheters were not occluded and were providing accurate measurements). At 2, 3, and 4 weeks after injury, MAP and HR were monitored continuously in these animals while they moved freely in their cages using Dataquest A.R.T. acquisition software (Data Sciences International) for 24 h (MAP and HR values sampled every 2 s). Naturally occurring AD events were detected via a two-pass method. First, the 24 h data from each individual animal at each time point was imported into MATLAB (The MathWorks). Using a modified version of established algorithms (Rabchevsky et al., 2012; Zhang et al., 2013; West et al., 2015), time-matched BP and HR were compared simultaneously. Rolling MAP and HR baselines were established by continuously averaging a 6 min period. AD events were defined as when MAP was at least 20 mmHg greater than baseline for at least 30 s and was accompanied by bradycardia of at least 20 beats per minute. Afterward, all "detected" events went through a second pass and were visually verified by a blinded observer according to the criterion described above. Any false-positives were disregarded. Additionally, any events that occurred within 2 min of each other were considered to be 1 event. Last, any detected events within 15 min of manual bladder expression were not included in additional comparative analyses. Once an event was verified, the average MAP during the event, the change in MAP from baseline, the HR during the event, and the duration of the bout were calculated.

Colorectal distension to induce AD. At 2, 3, and 4 weeks after Tx, BP and HR were monitored before, during, and after colorectal distension (CRD) in unanesthetized rats, a well-established means that reliably induces an AD episode (Mayorov et al., 2001; Cameron et al., 2006). CRD expands the colon just as large fecal boluses would. Similar to what we did previously (Hou et al., 2013b), a silicone balloon-tipped catheter (2-way pediatric Foley catheter, 10 French, 3 cc, Coloplast) was gently inserted 2 cm inside the rectums of all T3Tx rats treated with saline or XPro1595. The external portion of the catheter was secured to the tails with tape. The animals were allowed to acclimate to the presence of the catheter for at least 30 min. To initiate spinal viscero-sympathetic reflexes and induce AD, the balloon catheter was gradually inflated (over 10 s) with 2.0 ml of air and the distension was sustained for 1 min. Two or three trials were conducted per animal per time point, with an intertrial interval of at least 20 min. For each animal, the difference between the baseline MAP and

the CRD-induced MAP was calculated for each trial and averaged per animal per time point.

Intermittent colorectal distension to induce c-Fos expression. To determine the extent of neuronal activation in response to a visceral sensory stimulus (e.g., CRD, indicated by induction of c-Fos; see Histology), 4 weeks after SCI, some T3Tx-saline or T3Tx-XPro1595 animals were given intermittent CRD over an extended period of time (Landrum et al., 2002; Hou et al., 2008; Ueno et al., 2016). Briefly, after the balloon catheter was inserted into the rectum, as described above, the balloon was inflated with 2.0 ml of air for 30 s and then deflated for 60 s. This 90 s cycle was repeated for 45 min. At 1.5 h after the last round of CRD, animals were given an overdose of Euthasol and perfused with 0.9% saline followed by 4% PFA.

Ex vivo mesenteric artery reactivity studies. At 4 weeks after injury, T3Tx-saline (n = 7) or T3Tx-XPro1595 (n = 6) animals were given an overdose of Euthasol. Naive, uninjured animals (n = 5) were used as an additional control group. A midline incision was made first through the skin and then through the abdominal muscle to access the intestine. The entire intestine was excised and placed in chilled physiological saline solution (PSS), which was composed of the following (in mm): 140 NaCl, 5 KC1, 1.2 MgSO₄, 2.0 CaC1₂, 10 NaAcetate, 10 HEPES, 1.2 Na₂H₂PO₄, 5 glucose, and pH adjusted to 7.4 with NaOH. As done previously (Osei-Owusu et al., 2012, 2014; Jie et al., 2016), sections of isolated vessels 2–3 mm in length were excised and immediately placed in an organ chamber for mounting on glass pipettes. Excised pieces of small mesenteric arteries were transferred and cannulated under no-flow conditions at both ends with glass pipettes and secured with nylon ligature. The lumen of the vessel was then filled with PSS. The vessel was observed with a video camera system (MTI CCD-72) to track and record changes in vessel diameter in response to vasoactive agents. The baseline internal diameter of the vessel was measured online at 60 mmHg and 37°C with IonOptix vessel dimension acquisition and analysis software as previously described (Sweazea and Walker, 2012). After vessels were equilibrated for 30 min, the bath solution was replaced with warmed PSS containing increasing concentrations of either the vasoconstrictor phenylephrine (PE) or the vasodilator acetylcholine (ACh). After application of the highest concentration of PE or ACh, the bath solution was replaced with PSS to allow for complete relaxation. The changes in vasoconstriction were measured as a percentage change from the baseline lumen diameter. The pEC50 was calculated using SigmaPlot 12.0.

Flow cytometry. At 4 weeks after SCI, animals were overdosed with Euthasol and spleens were harvested. Spleens were dissociated through a 40 μ m cell strainer and collected in 10 ml MACS buffer (PBS, 0.5% BSA, 2 mM EDTA). Splenocytes were centrifuged (300 \times g, 5 min) and washed once with 10 ml MACS buffer. Cells were incubated in 3 ml ACK Lysing Buffer (Thermo Fisher Scientific) for 3 min to deplete red blood cells, washed again with 10 ml MACS buffer, and then stained for different immune cell markers using fluorescence-labeled antibodies (Miltenyi Biotec). For staining of cytoplasmic proteins, the FoxP3 Staining Buffer Set was used according to manufacturer's instructions (Miltenyi Biotec catalog #130-093-142). Data were acquired using a FACS Canto (BD Bioscience) and analyzed with FlowJo (TreeStar).

Preparation of tissue samples for biochemical analysis. Naive, T3Tx-saline, or T3Tx-XPro1595 rats at 3 d, 1 weeks, 2 weeks, 3 weeks, and 4 weeks after SCI were killed with Euthasol overdose, and fresh spinal cord tissue was immediately extracted, blocked into lumbar and thoracic segments below the Tx, flash-frozen in liquid nitrogen, and stored at -80° C until further processing. Protein extraction was conducted as previously described (Bethea et al., 1999; Bracchi-Ricard et al., 2013). Briefly, samples were homogenized in RIPA buffer (0.01 M sodium phosphate, pH 7.2, 0.15 M NaCl, 1% NP40, 1% sodium deoxycholate, 0.1% SDS, 2 mM EDTA) supplemented with Roche complete protease inhibitor mixture, mixed end-over-end at 4°C for 30 min, and centrifuged at 14,000 rpm for 10 min at 4°C. The supernatants were transferred to fresh tubes and stored at -80° C. Protein quantification of each sample was performed using DC Protein Assay (Bio-Rad).

ELISA to determine TNFα levels in lumbar spinal cord after a T3Tx. TNFα (Abcam catalog #AB100785) or nerve growth factor (NGF) ELISA kits (Millipore catalog #CYT304) were used to measure expression levels of TNFα or NGF in samples of lumbar spinal cord (as prepared above) from naive, uninjured rats (n=4) or rats at 3 d, 1, 2, 3, and 4 weeks after a T3Tx (for the TNFα ELISA; n=4 per time point) or from naive (n=4), T3Tx-saline (n=5), and T3Tx-XPro1595 (n=5) rats 4 weeks after T3Tx (for the NGF ELISA) per the manufacturer's instructions.

Western blotting. Equal amounts of proteins were resolved by SDS-PAGE on 10% or 15% gels, transferred to nitrocellulose membranes, and blocked in 5% nonfat milk in 0.1 M TBS-T for 1 h at room temperature. Following blocking, membranes were probed overnight at 4°C with an antibody recognizing either TNFR1 (Santa Cruz Biotechnology catalog #sc-8436, RRID:AB_628377), the phosphorylated form of the p65 subunit of the transcription factor NF-κB (pNF-κB p65; Cell Signaling Technology catalog #3031, RRID:AB_330559), or the NGF receptor TrkA (Cell Signaling Technology catalog #2505, RRID:AB_561332). Proteins were visualized with a chemiluminescent kit (ECL; GE Healthcare). After extensive washes in TBS-T, membranes were incubated with appropriate HRP-conjugated secondary antibodies for 30 min at room temperature. Detection was performed with Super-Signal West Pico chemiluminescent substrate (Thermo Fisher Scientific). Quantification was performed using Quantity One software from Bio-Rad. Blots were also probed for β -actin (Santa Cruz Biotechnology catalog #sc-47778, RRID:AB_626632) to allow for normalization.

Histology. Naive animals and T3Tx-saline and -XPro1595 animals 4 weeks after SCI (n = 4 or 5 per group) were killed with Euthasol and perfused with 0.9% saline followed by 4% PFA. The spinal cords were dissected out, postfixed in the same fixative overnight at 4°C, and then cryoprotected in 30% sucrose for at least 48 h before cutting 30 µm transverse sections of lumbar spinal cord or 30 μ m longitudinal sections of T6-T10 cord on a cryostat. Sections were blocked in 5% normal goat serum, 10% BSA, 0.1% Triton X-100 in PBS for 1 h. After blocking, thoracic sections were incubated with anti-c-Fos (Santa Cruz Biotechnology catalog #sc-52, RRID:AB_2106783) to visualize neurons activated by CRD and anti-ChAT (Millipore catalog #AB144, RRID:AB_90650) to visualize SPNs in the intermediolateral cell column (IML). Lower lumbar sections (L6) were incubated with anti-c-Fos to visualize neurons activated by CRD, anti-CGRP (Peninsula Laboratories catalog #T-5053.0050, RRID: AB_1113068) to visualize nociceptive primary afferents axons, anti-Iba1 (Wako catalog #019-19741, RRID:AB_839504) to visualize microglia, and anti-GFAP (Dako catalog #Z0334, RRID:AB_10013382) to visualize astrocytes. After overnight incubation with primary antibodies at 4°C, sections were washed in PBS, incubated with appropriate AlexaFluorconjugated secondary antibodies (Invitrogen) for 2 h at room temperature, washed again in PBS, mounted onto slides, and coverslipped with Fluor-Save (EMD Chemical). Stained sections were analyzed on Olympus BX51 and Leica DM5500B epifluorescent microscopes and a Leica TCS SP2 confocal microscope equipped with a Leica DMRE microscope.

Quantification of histology. Images of 4 equivalent sections per animal per were captured using Olympus BX51 and Leica DM5500B epifluorescent microscopes. For each of the antibodies listed above, sections were stained at the same time and images were taken with the same exposure time. Using ImageJ, an intensity threshold was applied to each image to include the positive labeling while minimizing the inclusion of nonspe-

cific, background staining in sections containing ChAT ⁺ SPNs near the central canal (for thoracic sections) or the dorsal horn and/or around the central canal (for lower lumbar sections). The same threshold values were used for each antibody. To assess the extent of immunoreactivity for c-Fos, the number of c-Fos ⁺ nuclei in identically sized regions of dorsal horn and around the central canal (in lumbar sections) or in intermediate gray adjacent to the IML were counted. To assess the extent of immunoreactivity for Iba1 and GFAP, the thresholded pixel area in identically sized regions of dorsal horn was determined for each section. To determine CGRP immunoreactivity, thresholded pixel areas were determined in equally sized regions encompassing laminae I-IV or lamina VII/X (i.e., dorsal gray commissure around the central canal).

In vitro analysis of CGRP+ DRG neurite outgrowth. Single-cell suspensions of DRG neurons were prepared as described previously (Tom et al., 2004). DRGs were harvested from adult Wistar rats (225–250 g, Charles River). After trimming the roots, the DRGs were incubated with collagenase (2000 U/ml) and neutral protease (25 U/ml; Worthington Biochemical) in HBSS (Invitrogen) at 37°C for 30 min. DRGs were rinsed several times with HBSS and then gently triturated in culture media that consisted of Neurobasal-A, B-27, GlutaMax, and penicillin/streptomycin (Invitrogen). After two rounds of low-speed spins (2000 rpm \times 2 min), the pellet containing the dissociated DRG neurons was resuspended in culture media containing 20 µM of the antimitotic agent 5-fluoro-2'deoxyuridine (Sigma-Aldrich) and plated onto glass coverslips coated with poly-L-lysine (0.1 mg/ml; Sigma-Aldrich) at a density of 2000 neurons/ml. In addition to a media control group, some cultures were treated with recombinant human TNF α (50 ng/ml; Millipore), the cellpermeable NF-êB inhibitor SN50 (10 μм; Millipore), or a combination of both. Two days later, the cultures were fixed with 4% PFA in 0.1 M PBS and then processed for immunocytochemistry. The coverslips were rinsed in fresh PBS, incubated in blocking solution (5% normal goat serum, 0.1% BSA, 0.1% Triton X-100 in PBS) for 1 h at room temperature and then in anti-CGRP diluted in blocking solution overnight at 4°C. The next day, the coverslips were rinsed in PBS and then incubated in the appropriate AlexaFluor-conjugated secondary antibody (Invitrogen) for 2 h at room temperature. The coverslips were rinsed in PBS, mounted onto glass slides using FluorSave (EMD Biosciences), and examined using an Olympus BX51 fluorescence microscope.

To quantify the \overrightarrow{CGRP}^+ neurites in the cultures, \overrightarrow{CGRP}^+ neurons (30 per condition) whose axons did not overlap with any other neuron were imaged. Using ImageJ, each \overrightarrow{CGRP}^+ neurite was traced using the free-hand tool and the travel distance was measured. The longest neurite for each neuron was recorded, and the total \overrightarrow{CGRP}^+ neurite length per neuron was summed.

Experimental design and statistical analysis. Animals were randomly assigned to treatment groups. Sample sizes were determined based upon our previous published studies using similar techniques. All analyses were performed blinded to treatment group. To determine differences between two groups, a Student's t test was performed. A two-way ANOVA and post hoc Fisher's LSD tests were performed to ascertain differences between three groups over time (i.e., hemodynamic recording analyses). A one-way ANOVA and post hoc Fisher's LSD tests were performed to assess for differences between three or more groups in which time was not a consideration (i.e., histological and biochemical analyses). A p value <0.05 was considered significant. All statistical tests were performed using GraphPad Prism 7.

Results

Sustained elevation of TNF α and TNFR1 below a complete, high-thoracic SCI

We assessed whether there was a persistent neuroimmune response in lumbar spinal cord, far from a high-thoracic, complete SCI site, where aberrant plasticity associated with AD has been observed (Krenz et al., 1999; Marsh et al., 2002; Cameron et al., 2006; Hou et al., 2009). We transected (Tx) the spinal cord of adult Wistar rats at thoracic level 3 (T3), which reliably results in AD by 2 weeks after injury (Krassioukov and Weaver, 1995; Krenz et al., 1999; Cameron et al., 2006). We examined whether sTNF α is

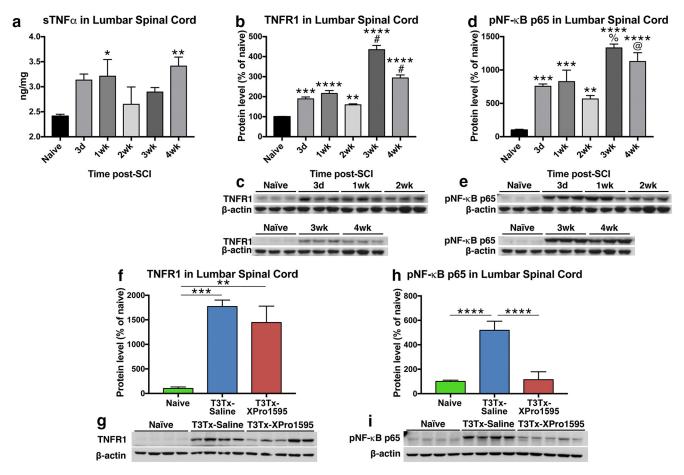


Figure 2. Intrathecal administration of XPro1595 diminishes signaling downstream of persistent sTNF α /TNFR1 expression below a high-thoracic SCI. a, Levels of TNF α protein in lumbar spinal cord were assessed via ELISA in naive rats and injured rats at different after T3Tx time points (3 d, 4 weeks; n=4 or 5 per group). Even 1 month after injury, sTNF α levels well below a T3Tx were significantly higher than in naive lumbar spinal cord. b-e, An expression time course of TNFR1 or the phosphorylated (i.e. activated) p65 subunit of NF- κ B p65), a downstream effector of TNFR1 activation, in lumbar spinal cord of uninjured rats or T3Tx rats treated with saline, was determined via Western blot (n=3 per group). Levels of TNFR1 (b, c) and pNF- κ B p65 (d, e) well below a T3Tx were significantly higher than that observed in naive controls, regardless of time point, after SCI. Additionally, there was a significant spike in both TNFR1 and pNF- κ B p65 levels between 2 and 3 weeks after T3Tx. f-i, Expression levels of TNFR1 and pNF- κ B p65 in lumbar spinal cord of naive rats or T3Tx rats treated with saline or the sTNF α biologic XPro1595 4 weeks after SCI were determined via Western blot (n=4 or 5 per group). Levels of TNFR1 well below a T3Tx were significantly higher than that observed in naive controls, regardless of whether saline or XPro1595 was infused (f, g). However, despite similarities in TNFR1 expression, inhibiting sTNF α signaling with XPro1595 significantly diminished levels of pNF- κ B p65, compared with T3Tx-saline animals. Levels in T3Tx-XPro1595 animals were indistinguishable from that observed in naive animals (h, i). Data are mean \pm SEM. p values were determined by a Student's t test or one-way ANOVA and p05 thorselves a construction of the stream of the stream of the saline of the stream of th

elevated in lumbar cord at several time points (3 d, 4 weeks) after T3Tx using ELISA (Fig. 2a). Although there was some sTNF α in naive lumbar tissue, expression was significantly higher at 1 week and 4 weeks after T3Tx (Fig. 2a; $F_{(5,25)}=2.426, p=0.0635, post\ hoc,$ vs 1 week p=0.0478; vs 4 weeks p=0.0094). Moreover, levels of TNFR1, the primary receptor for sTNF α , were significantly higher below a T3Tx than in naive tissue at all time points (Fig. 2b,c; $F_{(5,12)}=82.02,$ p<0.0001, $post\ hoc,$ vs 3 d p=0.0004; vs 1 week p<0.0001; vs 2 weeks p=0.0075; vs 3 weeks p<0.0001; vs 4 weeks p<0.0001). Additionally, there was a marked additional spike in TNFR1 levels between 2 weeks and 3 weeks after T3Tx that remained at 4 weeks ($F_{(5,12)}=82.02,$ p<0.0001, $post\ hoc,$ 2 weeks vs 3 weeks p<0.0001; 2 weeks vs 4 weeks p<0.0001).

We examined whether this increase in sTNF α and TNFR1 levels augmented activation (i.e., phosphorylation) of the p65 subunit of nuclear factor- κ B (pNF- κ B p65), a transcription-regulating protein complex that is downstream of sTNF α binding to and activating TNFR1 (Baud and Karin, 2001). Because sTNF α and TNFR1 levels are elevated after SCI (Fig. 2*a*–*c*), it was not surprising to see that pNF- κ B p65 levels were also significantly higher after T3Tx at all time points examined (Fig. 2*d*,*e*;

 $F_{(5,12)}=20.6, p<0.0001, post hoc$, vs 3 d p=0.0004; vs 1 week p=0.0002; vs 2 weeks p=0.0048; vs 3 weeks p<0.0001; vs 4 weeks p<0.0001). Similar to what we saw with TNFR1 levels, we saw an additional surge in pNF-κB p65 levels after 2 weeks ($F_{(5,12)}=20.6, p<0.0001, post hoc$, 2 weeks vs 3 weeks p=0.0001; 2 weeks vs 4 weeks p=0.0013). These data indicate that SCI induces a long-lasting increase in both the proinflammatory cytokine sTNFα and its receptor that results in increased downstream, NF-κB signaling.

XPro1595 decreases NF- κ B activation downstream of sTNF α -TNFR1 signaling

To ensure that intrathecal administration of XPro1595 after SCI sufficiently dampened sTNFα signaling caudal to a complete SCI, we examined whether 4 weeks of continuous XPro1595 affected levels of TNFR1 or pNF- κ B p65. Although XPro1595 did not affect the injury-induced increase in TNFR1 levels at 4 weeks after SCI (Fig. 2f,g; F_(2,10) = 12.895, p = 0.0017, post hoc, vs naive p = 0.0024), it did return pNF- κ B p65 levels to those seen in uninjured cord (Fig. 2h,i), indicating that XPro1595 significantly stifled the effect of elevated sTNF α /TNFR1 well below an SCI (F_(2,10) = 69.07, p < 0.0001, post hoc, vs T3Tx-saline p < 0.0001).

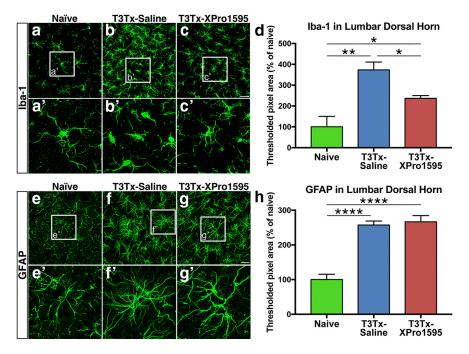


Figure 3. Inhibiting sTNF α /TNFR1 dampens microglial reactivity but does not reduce astrocytic gliosis. a-c, Representative confocal images of immunostaining of lba-1 $^+$ microglia in lumbar spinal cord from naive, uninjured animals or T3Tx animals 4 weeks after SCI that were treated with either saline or XPro1595 (n=3 per group). In naive animals, lba-1 $^+$ microglia took on a highly ramified morphology typical of resting microglia (a, a'). There was significantly more lba-1 $^+$ immunoreactivity in tissue from T3Tx-saline animals (a'). The lba-1 $^+$ microglia in these animals had short processes and took on the phenotype of more reactive cells (b, b'). lba-1 $^+$ immunoreactivity in T3Tx-XPro1595 animals were less than their saline-treated counterparts but also were greater than naive levels (c, c', a'). e-g, Representative confocal images of immunostaining of GFAP $^+$ astrocytes in lumbar spinal cord from naive, uninjured animals or T3Tx animals 4 weeks after SCI that were treated with either saline or XPro1595 (n=4) per group). Higher magnification images of the boxed regions in e-g are shown in e'-g'. Astrocytes in naive animals show morphology typical of a resting astrocyte (e). T3Tx resulted in significantly more GFAP $^+$ immunoreactivity, regardless of treatment (f-h). The GFAP $^+$ astrocytes in both T3Tx-saline and -XPro1595 animals appeared hypertrophic and took on a phenotype typical of more reactive astrocytes (f, g). There was no difference in GFAP $^+$ immunoreactivity between treatment groups (h). Data are mean \pm SEM. *p < 0.05 (one-way ANOVA and post hoc Fisher's LSD test). Scale bars: a-c, 37.5 μ m; e-g, 25 μ m.

Microglia and astrocytes are persistently reactive remote to an SCI

To determine whether prolonged sTNFα/TNFR1 signaling was associated with increased neuroinflammation well below an SCI, we stained sections of lumbar spinal cord from naive, uninjured animals and T3Tx animals treated with either saline or XPro1595 4 weeks after SCI for Iba-1 to identify microglia and for GFAP to identify astrocytes. Immunostaining across each section appeared uniform, so we focused our analysis on dorsal horn, an area in which plasticity has been implicated in AD (Krenz et al., 1999; Cameron et al., 2006). Iba-1 + microglia in naive cord were highly ramified (Fig. 3a,a'), indicative of a resting phenotype. There was significantly more Iba-1 + immunoreactivity in lumbar cord below a T3Tx (Fig. 3*d*; $F_{(2,8)} = 13.07$, p = 0.0030, post hoc, p = 0.0012) and the Iba-1 + microglia had short processes, characteristic of a reactive phenotype (Fig. 3b,b'). We observed significantly less Iba-1 immunoreactivity in the T3Tx-XPro1595 animals than the T3Tx-saline ones (Fig. 3d; $F_{(2,8)} =$ 13.07, p = 0.0030, post hoc, p = 0.0156), although more than the uninjured animals ($F_{(2,8)} = 13.07$, p = 0.0030, post hoc, p = 0.0443). Furthermore, the Iba-1 $^+$ microglia in the XPro1595administered animals appeared to have more ramified processes than in saline-treated animals (Fig. 3c,c').

In similarly located sections, there was significantly more GFAP + immunoreactivity in animals with T3Tx, regardless of

treatment, than in uninjured animals, suggesting that astrocytes remain reactive long after an SCI (Fig. 3e–h; F_(2,13) = 30.92, p < 0.0001, $post\ hoc$, vs T3Tx-saline p < 0.0001; vs T3Tx-XPro1595 p < 0.0001). We did not observe any difference in GFAP $^+$ immunoreactivity between T3Tx-saline and -XPro1595 rats, suggesting that inhibiting sTNF α does not grossly attenuate astrocytic gliosis in lumbar cord. These data indicate that inhibiting sTNF α with XPro1595 attenuates activation of microglia but not astrocytes in tissue well below an SCI.

Intrathecal administration of XPro1595 after SCI diminishes the severity of AD

To determine whether sTNF α plays a role in the progressive exacerbation of AD over time (Krassioukov and Weaver, 1995; Rabchevsky et al., 2012; Zhang et al., 2013; West et al., 2015), we implanted a radiotelemetry pressure transducer into the descending aortas of adult rats before T3Tx and intrathecal treatment with saline or XPro1595 (Fig. 1), allowing for longitudinal monitoring of BP and HR in the same animals at various time points. Baseline MAP (Fig. 4a) and HR (Fig. 4b) were similar between the T3Txsaline and T3Tx-XPro1595 animals at all time points, indicating that chronic XPro1595 infusion did not affect basal hemodynamics.

CRD is a well-established experimental means to induce an AD episode (Krassioukov and Weaver, 1995; Krenz et al., 1999; Cameron et al., 2006; Hou et al., 2013b) that

mimics constipation. We examined hemodynamic parameters before, during, and after subjecting the T3Tx-saline and -XPro1595 animals to CRD. CRD quickly elicited AD events in both T3Tx-saline and T3Tx-XPro1595 animals (Fig. 5*a*,*b*). However, in the T3Tx-saline animals, there was a strong trend for an increase in the magnitude of CRD-induced hypertension between 2 and 4 weeks (p = 0.0524). Moreover, the MAP spikes were significantly reduced in the T3Tx-XPro1595 animals compared with those in the T3Tx-saline rats at 2, 3, and 4 weeks after injury (Fig. 5c; $F_{(1,48)} = 49.14$, p < 0.0001; post hoc, at 2 weeks p =0.0025, at 3 weeks p = 0.0002, at 4 weeks p < 0.0001). Moreover, XPro1595 treatment markedly reduced the time to return to baseline MAP after the CRD was relieved at all time points (Fig. 5*d*; $F_{(1.45)} = 33.08$, p < 0.0001, post hoc, at 2 weeks p = 0.0054, at 3 weeks p = 0.0167, at 4 weeks p < 0.0001). We did not observe significant differences in reflexive bradycardia, although there was a strong trend toward a significant difference between groups at 4 weeks (Fig. 5e).

Although CRD is a well-controlled means to trigger an AD episode, patients experience multiple, "naturally occurring" episodes daily that are triggered by "everyday" stimuli, such as blocked catheters, pressure sores, impacted fecal matter, etc. Similarly, rodents also experience such naturally occurring episodes (Rabchevsky et al., 2012; Zhang et al., 2013; West et al., 2015). To further assess the degree to which XPro1595 diminishes AD, at 2,

3, and 4 weeks after T3Tx, the animals' BP and HR were recorded over a continuous 24 h period while they moved freely in their cages. Using a combination of parameters from established algorithms (Rabchevsky et al., 2012; Zhang et al., 2013; West et al., 2015), we determined the number of naturally occurring AD bouts during the recording interval (Fig. 6a,b). Both T3Tx-saline and T3Tx-XPro1595 animals had similar numbers of events at 2 weeks (Fig. 6c). However, AD in the T3Tx-saline animals intensified over time, the number of detected events (Fig. 6c; $F_{(1.47)} = 8.162$, p = 0.0064, post hoc, p = 0.0263) and the peak MAP during each event significantly increased between 2 and 4 weeks (Fig. 6*d*; $F_{(1,340)} =$

41.6, p < 0.0001, post hoc, p = 0.0171). In contrast, the AD events in T3Tx-XPro1595 animals were remarkably consistent over time and did not increase in frequency (Fig. 6c) or magnitude (Fig. 6d). Moreover, XPro1595-treated animals had lower peak BP per event at all time points (Fig. 6d; $F_{(1,340)} = 41.6$, p < 0.0001, post hoc, at 2 weeks p < 0.0001, at 3 weeks p = 0.0105, at 4 weeks p < 0.0001) and significantly shorter events at 3 weeks (Fig. 6e; $F_{(1,119)} = 7.07$, p = 0.0089, post hoc, p = 0.0299). Collectively, these data indicate that inhibiting spinal sTNF α below SCI attenuates the severity and progressive exacerbation of AD.

Inhibiting sTNF α within the spinal cord decreases peripheral vascular dysfunction after complete high-thoracic SCI

Because AD is associated with detrimental changes to the peripheral vasculature that contribute to cardiovascular disease (e.g., hyper-responsiveness to vasopressors) (Alan et al., 2010; Rummery et al., 2010; West et al., 2016), we assessed whether intrathecal delivery of XPro1595 that diminishes AD also attenuates pathological remodeling of arteries in the splanchnic vascular bed. We isolated small mesenteric arteries from T3Tx-saline and -XPro1595 animals 4 weeks after SCI for comparison with arteries from naive, uninjured animals. Mesenteric arteries from T3Txsaline rats had smaller lumen diameters (Fig. 7*a*; $F_{(2,13)} = 3.892$, p =0.0473, post hoc, p = 0.0382) and thinner walls (Fig. 7b; $F_{(2.14)} =$ 4.595, p = 0.0292, post hoc, p = 0.0244) than naive arteries. We did not see significant differences between arteries from naive animals that do not experience AD (Krassioukov and Weaver, 1995) and T3Tx-XPro1595 animals that experienced less frequent and less intense AD (Figs. 5, 6).

We also assessed vascular reactivity of the isolated arteries to increasing concentrations of the vasoconstrictor PE or the vasodilator ACh using an ex vivo pressurized vessel preparation. The PE concentration-response curve of T3Tx-saline animals was shifted leftward relative to curves generated with arteries from naive and T3Tx-XPro1595 animals (Fig. 7c). Arteries from T3Tx-saline rats showed more robust constriction at 10^{-7} M (Fig. 7c) than either naive, uninjured animals ($F_{(2,14)} = 4.408$, p = 0.0327, post hoc, p = 0.0142) or T3Tx-XPro1595 animals ($F_{(2,14)} = 4.408, p =$ 0.0327, post hoc, p = 0.0449). Arteries from T3Tx-saline animals also had the lowest PE pEC50 (i.e., the concentration to achieve 50% constriction) compared with the other groups (Fig. 7d; $F_{(2,14)} = 3.528$, p = 0.0574, post hoc, vs naive p = 0.0476, vs T3Tx-XPro1595 p = 0.0320). Maximal constriction to PE in T3Tx-XPro1595 animals was similar to naive animals but was significantly lower than T3Tx-saline animals (Fig. 7e; $F_{(2,15)} =$

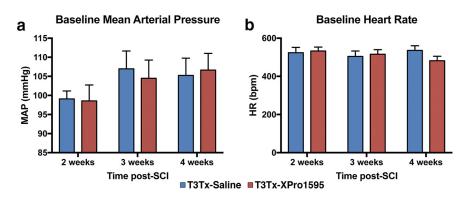


Figure 4. XPro1595 does not affect basal hemodynamics. T3Tx animals treated with XPro1595 or saline (n = 8 or 9 per group) were implanted with radiotelemetry pressure transducers into the descending aorta to allow for recording BP and HR in animals at various time points. Baseline MAP (a) and HR (b) of T3Tx-saline and T3Tx-XPro1595 were similar at all time points, indicating that XPro1595 did not grossly affect hemodynamics.

3.718, p = 0.0488, post hoc, p = 0.0226). Arteries from all groups showed similar endothelium-dependent vasodilation; we saw no significant differences in the ACh concentration-response curves (Fig. 7f,g) or maximal vasodilatory response (Fig. 7h), indicating that the increased constriction to PE was not a secondary consequence of impaired endothelium-dependent vasodilatation. Collectively, these data demonstrate that inhibiting sTNF α locally in the spinal cord mitigates peripheral vascular dysfunction after high-thoracic SCI.

Inhibiting sTNF α within the spinal cord decreases peripheral immune dysfunction after complete high thoracic SCI

We wanted to determine whether XPro1595 treatment also attenuates peripheral immune dysfunction resultant from AD (Zhang et al., 2013; Ueno et al., 2016). Splenic leukocytes were harvested from uninjured animals and T3Tx-saline and -XPro1595 animals 4 weeks after SCI and characterized via flow cytometry. T3Tx-saline animals had significantly fewer CD45R $^+$ B cells (Fig. 8a; $F_{(2,15)} = 15.31$, p = 0.0002, post hoc, vs naive p < 0.0001, vs T3Tx-XPro1595 p =0.0012) and CD8 ⁺ T cells (Fig. 8b; $F_{(2,15)} = 4.837$, p = 0.0239, post hoc, vs naive p = 0.0094, vs T3Tx-XPro1595 p = 0.0388). T3Txsaline animals also had the most CD11b/c+ monocytes/macrophages (Fig. 8e; $F_{(2,15)} = 7.398$, p = 0.0058; post hoc, vs naive p =0.0028, vs T3Tx-XPro1595 p = 0.0085) and CD68 + monocytes/ macrophages (Fig. 8f; $F_{(2,15)} = 7.398$, p = 0.0058; post hoc, vs naive p = 0.0028, vs T3Tx-XPro1595 p = 0.0085), suggestive of compromised immune function. T3Tx-XPro1595 had normal (i.e., similar to naive) levels of CD45R + B cells, CD8 + T cells, and CD11b/c + monocytes/macrophages (Fig. 8a,b,e). Levels of CD68 + macrophages were in between those seen in uninjured and T3Tx-saline animals (Fig. 8f). Although all groups had similar numbers of CD4 + T cells (Fig. 8c), interestingly, T3Tx-XPro1595 animals had significantly more CD4 $^+\text{CD25}\,^+\text{FoxP3}\,^+$ regulatory T cells (T_{Reg}) than either T3Tx-saline or naive animals (Fig. 8*d*; $F_{(2,15)} = 6.213$, p =0.0108, post hoc, vs naive p = 0.0323, vs T3Tx-saline p = 0.0036). These data indicate that inhibiting central sTNF α prevents ADmediated compromised immune function.

Inhibiting sTNF α decreases neuronal activation below T3Tx in response to colorectal distension

SCI induces changes in the spinal sympathetic reflex circuit that results in sensory stimuli below the level of injury (e.g., CRD) activating more sympathetically correlated interneurons caudal to T3Tx than in a naive setting (Krassioukov et al., 2002; Landrum et al., 2002; Hou et al., 2008; Ueno et al., 2016). We examined the degree of c-Fos induction, a marker of neuronal activation, after an

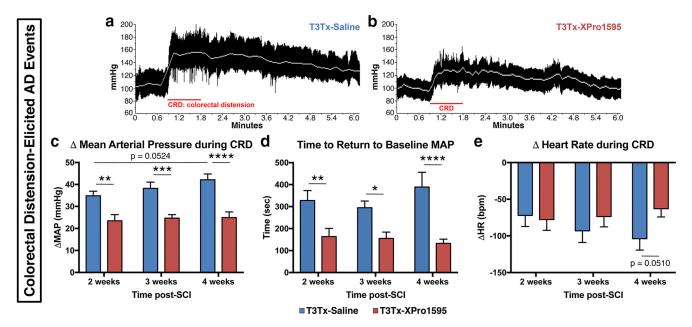


Figure 5. XPro1595 treatment mitigates colorectal distension-induced AD. At 2, 3, and 4 weeks after T3Tx, HR and BP were determined in rats before, during, and after CRD, a well-established experimental means to elicit an AD episode that mimics constipation, a common trigger in SCI patients. **a, b,** Representative beat-to-beat arterial pressure traces from T3Tx-Saline and T3Tx-XPro1595 animals 4 weeks after SCI. Red line indicates the 1 min CRD interval. White line indicates MAP. T3Tx-saline animals had stereotypical sharp spikes in MAP in response to CRD. T3Tx-XPro1595 animals exhibited a dramatically smaller increase in MAP. **c,** Quantification of the increase in MAP above baseline in response to CRD. The MAP increase in XPro1595-treated animals was significantly smaller than in saline-treated animals at every time point. Furthermore, there was a strong trend that the BP spike in the saline-treated animals progressively increased from 2 to 4 weeks (p = 0.054), further suggesting that AD worsens over time. Conversely, the MAP increase in the T3Tx-XPro1595 animals was stable at all 3 time points. **d,** The time that it took to return to baseline MAP after 1 min of CRD was significantly longer in T3Tx-saline animals than T3Tx-XPro1595 animals. **e,** We observed no significant differences in bradycardia (bpm; beats per minute) in response to CRD between groups, although there was a strong trend at 4 weeks (p = 0.051). Data are mean \pm SEM. *p < 0.05 (two-way ANOVA and post hoc Fisher's LSD test). ***p < 0.001 (two-way ANOVA and post hoc Fisher's LSD test).

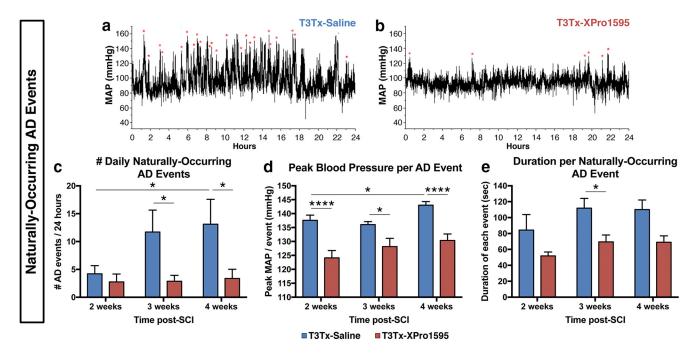


Figure 6. Inhibiting sTNF α signaling decreases the frequency and severity of naturally occurring AD episodes after complete T3 SCI. At 2, 3, and 4 weeks after injury, BP and HR were continuously recorded over 24 h in T3Tx animals treated with XPro1595 or saline (n=8-9 per group) while they moved freely in their cages. **a**, **b**, Representative MAP traces from a T3Tx-saline or a T3Tx-XPro1595 animal over a 24 h period 4 weeks after injury. Red asterisks indicate naturally occurring (i.e., not experimentally induced) AD events detected using MATLAB followed by manual verification. **c**, Quantification of the frequency of naturally occurring events at 2, 3, and 4 weeks after T3Tx. At 2 weeks, animals from both groups experienced similar numbers of AD episodes. The number of events did not change over time in the XPro1595-treated animals. However, the number of daily events the saline-treated animals experienced significantly increased by 4 weeks. Furthermore, these animals had sharply more episodes than their XPro1595-treated counterparts. **d**, T3Tx-XPro1595 animals had significantly lower peak MAP during each detected event at all time points assessed. Furthermore, while the highest MAP in the XPro1595-treated animals across weeks were similar, the peak MAP in the saline-treated animals significantly increased over time. **e**, The time that MAP remained >20 mmHg above baseline was considered the duration of each naturally occurring AD event. XPro1595-treated T3Tx rats had significantly shorter events than saline-treated rats at 3 weeks. Data are mean \pm SEM. *p < 0.05 (two-way ANOVA and post hoc Fisher's LSD test). *****p < 0.0001 (two-way ANOVA and post hoc Fisher's LSD test).

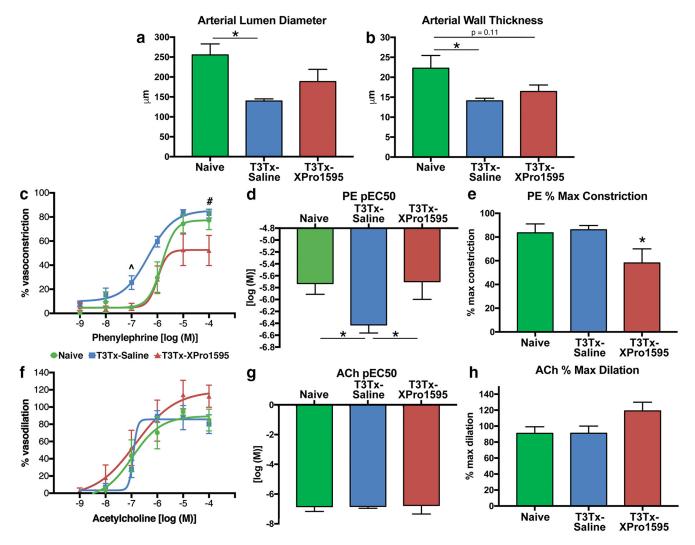


Figure 7. Intrathecally administered XPro1595 diminishes peripheral vascular dysfunction after high-level SCI. Mesenteric arteries were harvested from naive animals (n = 5) or T3Tx-saline (n = 7) and T3Tx-XPro1595 rats (n = 6) 4 weeks after SCI for *ex vivo* analysis. *a, b,* The lumen diameters and wall thicknesses of isolated small mesenteric arteries were determined. Arteries from T3Tx-saline animals had a significantly narrower lumen and a thinner wall than those from naive animals. Arteries from T3Tx-XPro1595 animals were not statistically different from naive animals. *c-e,* We assessed mesenteric artery reactivity to increasing concentrations of the vasopressor PE. There was a leftward shift of the PE concentration-response curve for arteries from T3Tx-saline animals (c). Moreover, the concentration of PE required for arteries to reach 50% constriction (pEC50) was lowest in T3Tx-saline animals (which experienced the most severe AD) (d), indicating that arteries from T3Tx-saline animals were hyper-responsive to PE. XPro1595 decreased percentage maximum constriction in response to PE (e). f, g, We also examined the response of the isolated arteries to the endothelium-dependent vasodilator ACh. We did not observe any group differences in ACh-induced vasodilation at any concentration. The concentration-response curves (f), pEC50 (g), and percentage maximal dilation (f) of the arteries from the four groups were similar, indicating that the enhanced constriction (f), was not due to diminished vasodilation. Data are mean f SEM. f values were determined by one-way ANOVA and *post hoc* Fisher's LSD tests: AT3Tx-saline versus Naive (f) of the arteries from the four groups were similar, indicating that the enhanced constriction (f) of the arteries from the four groups were similar, indicating that the enhanced constriction (f) of the arteries from the four groups were similar, indicating that the enhanced constriction (f) of the arteries from the four groups were similar. AT3Tx-

extended period of intermittent CRD (Landrum et al., 2002; Hou et al., 2008; Ueno et al., 2016) in T3Tx-saline or T3Tx-XPro1595 animals 4 weeks after SCI. We focused on L6 spinal cord because that is the spinal entrance point of primary afferents carrying visceral sensory information (e.g., CRD) (Cameron et al., 2006). CRD in T3Tx-saline animals robustly induced c-Fos expression in interneurons in deeper layers of L6 dorsal horn (Fig. 9a,c) and laminae VII/X (Fig. 9d,f). CRD in T3Tx-XPro1595 animals induced detectable c-Fos in significantly fewer interneurons in both the dorsal horn region (Fig. 9b,c; $t_{(18)} = 9.291$, p < 0.0001) and laminae VII/X (Fig. 9*d*,*f*; $t_{(19)} = 5.995$, p < 0.00010.0001). This is particularly notable because these deeper laminae contain sympathetically correlated interneurons that receive sensory input and project to the IML in thoracic spinal cord (Clarke et al., 1998; Matsushita, 1998; Tang et al., 2004; Hofstetter et al., 2005).

Interneurons near SPNs within the IML also play a crucial role in relaying sensory information to the SPNs and eliciting an AD episode (Ueno et al., 2016). CRD in T3Tx-saline animals induced c-Fos in many ChAT $^+$ SPNs (Fig. 9g) within the IML and neighboring ChAT $^-$ interneurons (Fig. 9g,i) in T9 cord. There were significantly fewer c-Fos $^+$ /ChAT $^-$ interneurons after CRD in XPro1595 animals (Fig. 9h,i; $t_{(11)}=2.743,\,p=0.0191$). Collectively, these data indicate that inhibiting sTNF α after T3Tx dampens CRD-triggered activation of interneurons within the spinal sympathetic reflex circuit.

sTNF α signaling promotes arborization of CGRP ⁺ primary afferents after SCI and CGRP ⁺ neurite growth *in vitro*

As mentioned, sympathetically correlated interneurons in lumbosacral cord (e.g., those examined in Fig. 9) receive input from primary afferents, including calcitonin gene-related peptide (CGRP)⁺

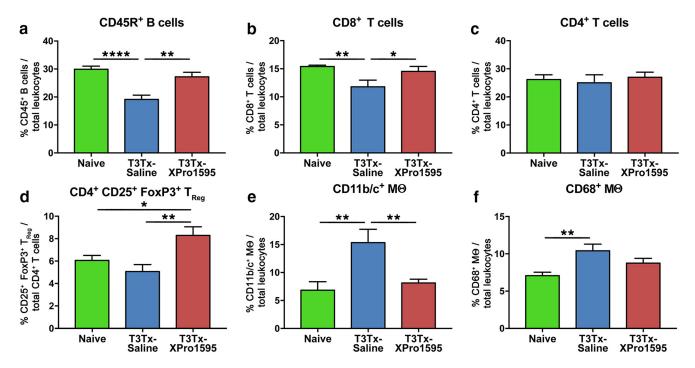


Figure 8. Intrathecally administering XPro1595 averts peripheral immune dysfunction after T3 SCI. Spleens from naive, uninjured animals and T3Tx-saline and -XPro1595 animals 4 weeks after SCI were harvested and processed for flow cytometry (n=6 per group). \boldsymbol{a} , \boldsymbol{b} , T3Tx-saline animals had a smaller proportion of total leukocytes that were CD45R $^+$ B cells (\boldsymbol{a}) or CD8 $^+$ T cells (\boldsymbol{b}) than naive and T3Tx-XPro1595 animals. There was no significant difference in the percentage of cells containing these markers between naive and T3Tx-XPro1595 animals. \boldsymbol{c} , The proportion of leukocytes that were CD4 $^+$ T cells was similar across groups. \boldsymbol{d} , T3Tx-XPro1595 animals had a greater percentage of CD4 $^+$ T cells that were also CD25 $^+$ FoxP3 $^+$ regulatory T cells (T_{Reg}) than both uninjured and T3Tx-saline animals. \boldsymbol{e} , T3Tx-saline animals had a higher percentage of total leukocytes that were CD11b/c $^+$ than both uninjured and T3Tx-XPro1595 animals. \boldsymbol{f} , Moreover, T3Tx-saline animals had a greater percentage that were CD68 $^+$ monocytes/macrophages than uninjured animals. T3Tx-XPro1595 animals had levels of CD68 $^+$ monocytes/macrophages that were in between and statistically similar to those seen in naive and T3Tx-saline animals. Data are mean \pm SEM. *p < 0.05 (one-way ANOVA and post hoc Fisher's LSD test). ****p < 0.001 (one-way ANOVA and post hoc Fisher's LSD test). ****p < 0.001 (one-way ANOVA and post hoc Fisher's LSD test).

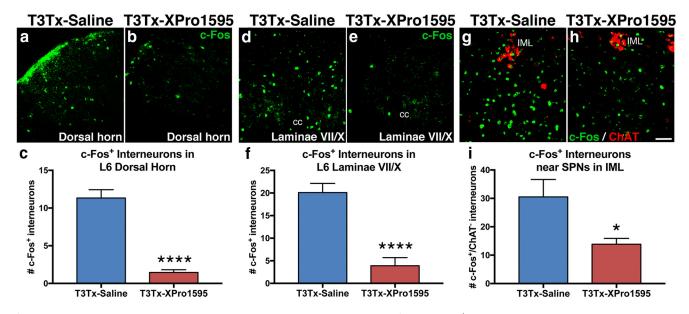


Figure 9. Inhibiting sTNF α signaling decreases CRD-elicited activation of interneurons caudal to T3 SCI. a–i, Activated c-Fos $^+$ (green) interneurons after CRD were immunohistochemically assessed in T3Tx-saline or T3Tx-SP7o1595 animals 4 weeks after SCI (n = 3 or 4/group). CRD in T3Tx-saline animals induced c-Fos in many interneurons within L6 dorsal horn (a, c) and dorsal gray commissure in laminae VII/X (a, f), which contains neurons that relay visceral sensory input (e.g., CRD) to SPNs in thoracic cord. There were fewer c-Fos $^+$ neurons in these regions in T3Tx-XPro1595 animals (b, c, e, f). We also observed fewer c-Fos $^+$, ChAT $^-$ interneurons in close proximity to ChAT $^+$ (red) SPNs in the T9 IML in T3Tx-XPro1595 animals than T3Tx-saline animals. This indicates that CRD activated fewer sympathetically correlated interneurons near SPNs (g–i). Data are mean \pm SEM. *p < 0.05 (Student's t test). *****p < 0.0001 (Student's t test). Scale bar, 50 μ m. cc, Central canal.

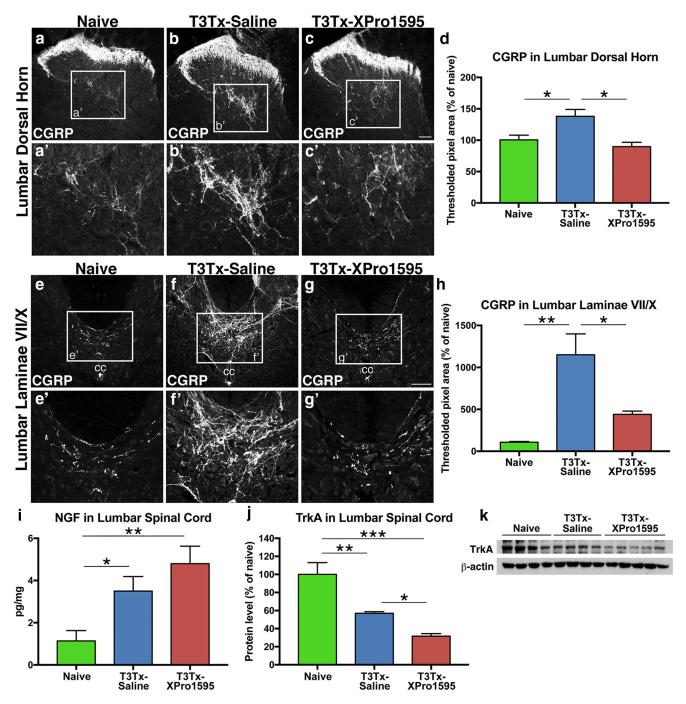


Figure 10. Inhibiting sTNF α signaling decreases CGRP $^+$ afferent sprouting caudal to T3 SCl. a-h, Transverse sections of L6 cord from naive or T3Tx-saline and T3Tx-XPro1595 animals 4 weeks after SCl immunostained for CGRP (n=4 or 5/group). In naive animals, CGRP $^+$ staining was primarily in superficial layers, although some was in the deeper layers of dorsal horn (a, a'). We observed few CGRP $^+$ fibers around laminae VII/X (i.e., dorsal gray commissure) (e, e'). There was increased CGRP immunoreactivity in the dorsal horn of T3Tx-saline animals (b, d), particularly in the deeper layers (b'), and around the central canal (f, f', h). In T3Tx-XPro1595 animals, we observed normal CGRP $^+$ fiber density in the dorsal horn (c, c', d) and laminae VII/X (g, g', h). i, ELISA analysis of NGF expression in lumbar cord from naive (n=6) or T3Tx-saline (n=4) and T3Tx-XPro1595 (n=5) animals 4 weeks after SCl. T3Tx increased NGF expression, even with XPro1595 treatment. j, k, TrkA protein levels in lumbar cord of T3Tx-saline animals 4 weeks after SCl were lower than in naive animals. Inhibiting sTNF α signaling further diminished TrkA expression. Data are mean \pm SEM. *p < 0.05 (one-way ANOVA and *post hoc* Fisher's LSD test). **p < 0.01 (one-way ANOVA and *post hoc* Fisher's LSD test). *k, The last sample in the blot was an outlier, as determined by the Grubbs' method with $\alpha = 0.05$, and was excluded from the bar graph in j. Scale bars, 100 μ m. cc, Central canal.

fibers that carry visceral nociceptive information (e.g., CRD). After T3Tx, the heightened response of these interneurons to sensory stimuli caudal to the injury (Landrum et al., 2002; Hou et al., 2008) (corroborated in Fig. 9) is thought to result from sprouting of CGRP ⁺ fibers onto these interneurons (Krenz and Weaver, 1998; Jacob et al., 2001; Weaver et al., 2001; Cameron et al., 2006) that then relay this activation to the SPNs in the IML.

Moreover, the degree of CGRP⁺ sprouting positively correlates with the magnitude of AD episodes, inhibiting injury-induced sprouting of CGRP⁺ fibers attenuates AD (Krenz et al., 1999; Weaver et al., 2001; Marsh et al., 2002; Cameron et al., 2006).

We examined CGRP ⁺ immunoreactivity in lower lumbar spinal cord from naive or T3Tx-saline and T3Tx-XPro animals 4 weeks after SCI. Normally, CGRP ⁺ afferents are restricted to the

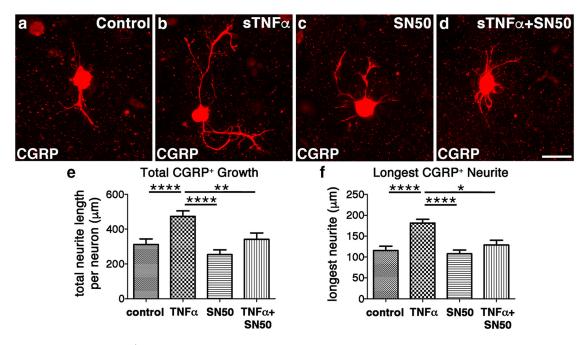


Figure 11. sTNF α promotes growth of CGRP $^+$ neurites in an NF- κ B -dependent manner. Dissociated adult DRGs plated on poly-L-lysine were incubated with just serum-free media or serum-free media containing sTNF α (50 ng/ml), the cell-permeable NF- κ B inhibitor SN50 (10 μ M), or both sTNF α and SN50 for 48 h. Cultures were stained to visualize CGRP $^+$ neurons and their neurites. Compared with the growth seen in the control cultures (a), adding sTNF α to the culture media increases both the total CGRP $^+$ growth per neuron (b, e) as well as the length of the longest neurite (f). While the presence of the NF- κ B inhibitor SN50 alone did not negatively affect growth compared with control cultures (c, e, f), its presence did nullify the growth-promoting effects of sTNF α (d-f). These data indicate that sTNF α is also capable of directly promoting the growth of CGRP $^+$ nociceptive sensory neurons. Data are mean \pm SEM. *p < 0.05 (one-way ANOVA and post hoc Fisher's LSD tests). ****p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.01 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.01 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests). *p < 0.001 (one-way ANOVA and post hoc Fisher's LSD tests).

superficial Rexed laminae (I-II) of dorsal horn, although a few fibers are located in deeper dorsal horn laminae (Fig. 10a,a') and in laminae VII/X around the central canal (Fig. 10e,e'). As mentioned above, neurons in the dorsal gray commissure in these latter laminae have been postulated to be a hub for nociceptive and visceral sensory information that is then relayed rostrally (Matsushita, 1998), including to the SPNs (Hou et al., 2008). There was significantly more CGRP + immunoreactivity in the T3Tx-saline animals, both in the dorsal horn, particularly in the deeper layers (Fig. 10*b*,*b*',*d*; $F_{(2,24)} = 7.505$, p = 0.0029, post hoc, p = 0.0190), and around the central canal (Fig. 10f, f', h; $F_{(2,25)} =$ 5.661, p = 0.0094, post hoc, p = 0.0066). Inhibiting sTNF α with XPro1595 attenuated this arborization. There was less CGRP + staining in the dorsal horn (Fig. 10*c*,*c*'; $F_{(2,24)} = 7.505$, p = 0.0029, post hoc, p = 0.0012) and the dorsal gray commissure in laminae VII/X (Fig. 10g,g'; $F_{(2,25)} = 5.661$, p = 0.0094, post hoc, p = 0.00940.0211) in T3Tx-XPro1595 animals than in T3Tx-saline animals and was similar to naive animals (Fig. 10d,h).

One established mechanism for CGRP $^+$ fiber growth is NGF/TrkA signaling. CGRP $^+$ fibers are virtually the only spinal axon population to express TrkA and respond to NGF (Averill et al., 1995; Michael et al., 1997; Abbott et al., 2006; Molofsky et al., 2014). After T3Tx, NGF levels in lumbar cord increase (Fig. 10i; $F_{(2,12)} = 8.55$, p = 0.0049, post hoc, p = 0.0304) and TrkA levels decrease (Fig. 10i,k; $F_{(2,9)} = 19.42$, p = 0.0005, post hoc, p = 0.0037). XPro1595 treatment did not affect the injury-triggered induction of NGF (Fig. 10i; $F_{(2,12)} = 8.55$, p = 0.0049, post hoc, p = 0.0016), but it did further decrease TrkA expression levels (Fig. 10j,k; $F_{(2,9)} = 19.42$, p = 0.0005, post hoc, vs Naive p = 0.0002, vs T3Tx-saline p = 0.0485). These data suggest that inhibiting sTNF α signaling diminishes afferent sprouting via decreasing TrkA-mediated sensitivity to NGF. As NGF is expressed

primarily in non-neuronal cells after SCI (Krenz and Weaver, 2000; Brown et al., 2004) and TrkA is exclusively expressed in neuronal processes, predominantly CGRP $^+$ afferents (Averill et al., 1995; Michael et al., 1997; Molofsky et al., 2014), these data also suggest that sTNF α triggers afferent sprouting by acting upon the neurons directly.

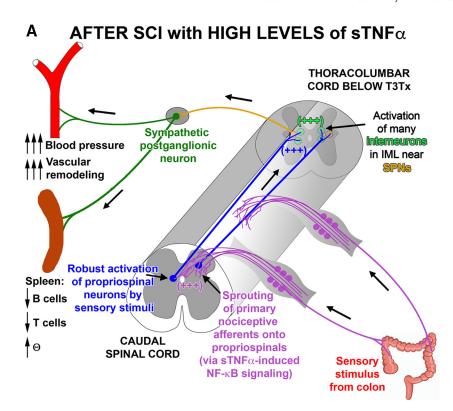
To further explore this possibility, we turned to a dissociated adult DRG neuronal culture system. Notably, these adult neurons can be reliably maintained in serum-free media in the absence of any neurotrophic factors (Tom et al., 2004). Treating adult DRG neurons with sTNF α in vitro enhances growth of CGRP ⁺ neurites, both total growth (Fig. 11*b*,*e*; $F_{(3.94)} = 10.14$, p < 0.0001, post hoc, p <0.0001) and the length of the longest neurite (Fig. 11b, f; $F_{(3,94)} =$ 13.15, p < 0.0001, post hoc, p < 0.0001), compared with media controls (Fig. 11a). Adding SN50, a cell-permeable compound that specifically inhibits NF-kB activation (Lin et al., 1995) that occurs downstream of sTNF α /TNFR1 signaling, abolished the growth-enhancing effects of sTNF α (Fig. 11*d*–*f*; total growth: $F_{(3,94)} = 10.14, p < 0.0001, post hoc, p = 0.0015; longest neurite:$ $F_{(3.94)} = 13.15$, p < 0.0001, post hoc, p = 0.0213). SN50 alone had no effect on growth (Fig. 11c) and CGRP + neurite outgrowth was similar to that in control cultures (Fig. 11a). In all CGRP + axons, regardless of treatment, CGRP + staining extended the length of βIII-tubulin ⁺ staining, suggesting that there was no significant difference in the transport of CGRP down the axon (data not shown). These data, combined with those in Figure 10, indicate that injury-induced sTNF α signaling exacerbates AD by triggering CGRP + sprouting through a variety of mechanisms.

Discussion

Although the exacerbation of AD after SCI is well documented (Krassioukov and Weaver, 1995; Zhang et al., 2013), the mecha-

nisms underlying AD are not well understood, limiting the development of treatments aimed at managing it. We identified a novel mechanism for AD progression, persistent sTNF α signaling and associated neuroinflammation well below the site of SCI long after the time of injury and found that inhibiting sTNF α is sufficient to attenuate AD intensification over time (Fig. 6). The timing of this exacerbation (between 2 and 3 weeks after SCI) corresponds with a significant, additional surge in TNFR1 and pNF-κB p65 activation (Fig. 2), further supporting that sTNF α /TNFR1 signaling plays a role. To our knowledge, this is the first study to elucidate a potential preventative strategy that mitigates AD and averts ensuing cardiovascular and immune function after SCI. Intrathecal delivery of XPro1595 not only diminished AD but also had profound, beneficial effects on peripheral vasculature and splenic leukocytes (summarized in Fig. 12). Future studies will determine the critical period when injury-induced sTNF α exerts its effects to elucidate the window of XPro1595 administration. While SCI quickly induces sTNF α expression in microglia, astrocytes, neurons, and oligodendrocytes (Pineau and Lacroix, 2007; Kroner et al., 2014), various factors, such as protracted Wallerian degeneration after SCI (Buss and Schwab, 2003), could sustain sTNF α expression that would require prolonged XPro1595 infusion.

Because TNFR1 is ubiquitously expressed (Probert, 2015), decreasing TNFR1 activation could affect multiple neural cell types. One population impacted by sTNFα after T3Tx is CGRP + DRG neurons that carry nociceptive information from the periphery into the spinal cord. After SCI, sprouting of CGRP + primary afferents is thought to underlie AD intensification. CGRP + fibers are virtually the only population in the spinal cord to express TrkA (Averill et al., 1995; Michael et al., 1997; Abbott et al., 2006; Molofsky et al., 2014) and respond to injury-induced, glial (i.e., astrocytes, microglia) upregulation of NGF (Krenz and Weaver, 2000; Brown et al., 2004). Previous studies established a positive correlation between NGF/TrkA-mediated CGRP+ sprouting after SCI and AD severity (Krenz and Weaver, 1998; Krenz et al., 1999; Marsh et al., 2002; Cameron et al., 2006). Interestingly, XPro1595-treated animals had CGRP + staining patterns that were virtually identical to that in uninjured animals, indicating that sTNF α is a critical trigger for CGRP $^+$ sprouting. Inhibiting sTNF α after T3Tx did not affect NGF levels.



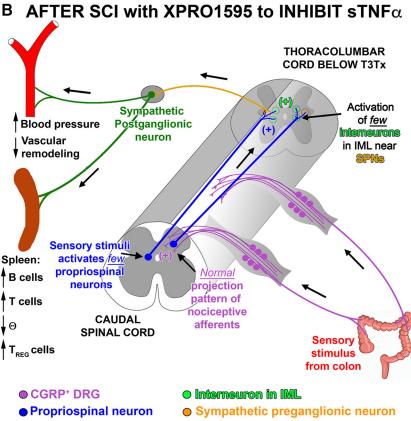


Figure 12. Summary of how SCI-induced sTNF α affects the sympathetic spinal reflex circuit and peripheral immune and vascular function. CGRP, calcitonin gene-related peptide; IML, intermediolateral cell column; SCI, spinal cord injury; SPN, sympathetic preganglionic neuron.

While TNF α signaling has been implicated with heightened NGF expression (Hattori et al., 1993, 1996; Kuno et al., 2006), other factors that are likely present in tissue below an SCI (e.g., IL-1 β) are also capable of driving NGF expression (Yoshida and Gage, 1992). XPro1595 did, however, decrease TrkA levels (Fig. 10), suggesting that it diminished CGRP + sprouting by decreasing available TrkA that binds NGF.

Additionally, sTNF α stimulated CGRP ⁺ neurite growth in the absence of exogenous NGF (Fig. 11). Although we posit that NF- κ B activation in DRGs mediates this growth because the cultures are enriched for neurons, some satellite cells, which also express TNFR1 (Ohtori et al., 2004; Dubový et al., 2006), are present (Steinmetz et al., 2005). Cell-specific deletion of TNFR1 or NF- κ B is needed to more definitively determine the role of signaling in neurons versus glia.

Where the sprouted CGRP ⁺ fibers were located is noteworthy. In the T3Tx-saline animals, there was abundant CGRP ⁺ arborization in lumbosacral dorsal horn and laminae VII/X (i.e., dorsal gray commissure), which contain sympathetically correlated interneurons (Matsushita, 1998; Landrum et al., 2002; Hou et al., 2008) (Fig. 9). Furthermore, CRD in T3Tx-XPro1595 animals activated fewer interneurons within lumbosacral cord and near thoracic SPNs than in T3Tx-saline animals (Fig. 9). Thus, XPro1595 attenuated the intensification of AD, at least in part, by decreasing CGRP ⁺ primary afferent plasticity onto interneurons within the dorsal horn and the dorsal gray commissure that, in turn, relay the nociceptive information to SPNs to trigger a sympathetic response.

There are likely other mechanisms, as sTNF α affects a variety of spinal cell populations other than the few examined here. TNF α signaling can increase membrane levels of excitatory glutamatergic receptors and decrease levels of inhibitory GABAergic receptors (Beattie et al., 2002; Stellwagen et al., 2005; Stück et al., 2012; Patel et al., 2017). Moreover, sTNF α /TNFR1 signaling can increase synaptic strength in multiple species (Beattie et al., 2002; Stellwagen et al., 2005; Stellwagen and Malenka, 2006; Kawasaki et al., 2008; Weinberg et al., 2013; Patel et al., 2017), suggesting that it is a fundamental mechanism for this process. It will be important to understand whether and how sTNF α mediates plasticity of propriospinal input to SPNs (Weaver et al., 1997; Llewellyn-Smith et al., 2006; Hou et al., 2008) or of SPNs themselves. Additionally, astrocytic or microglial sTNF α /TNFR1 signaling may alter synaptic function (Korn et al., 2005; Domercq et al., 2006; Tilleux and Hermans, 2008; Gruber-Schoffnegger et al., 2013; Liu et al., 2017). Administering XPro1595 diminished microglial reactivity well below an SCI (Fig. 3). As sTNF α is a "master cytokine" that regulates the expression of itself and other proinflammatory cytokines, decreasing sTNF α signaling may affect the expression of other cytokines (e.g., IL-1 β) that also have been implicated in shaping neural plasticity and neuronal excitability (Kawasaki et al., 2008; Clark et al., 2015; Semple et al., 2017). Future studies will determine whether these are other mechanisms by which sTNF α contributes to AD.

Inhibiting sTNF α activity specifically within the cord normalized mesenteric arterial responses to the vasopressor PE (Fig. 7), the first demonstration of such an improvement. This more standard response to vasoconstrictors is likely one reason behind AD events being less extreme in the XPro1595-treated animals. Given the unlikelihood that centrally administered XPro1595 directly affects peripheral vasculature, these data suggest that pathological remodeling of vasculature after high-level SCI is, at least partly, mediated by sTNF α -induced plasticity within the spinal cord. How an exaggerated sympathetic reflex circuit following high-level

SCI underlies changes to resistance arteries is unclear. Our data support the postulation that AD-associated hemodynamic oscillations are a cause (Alan et al., 2010; West et al., 2013b). Although T3Tx-XPro1595 animals still experience AD (likely because descending, modulatory input to the SPNs remains absent), their episodes are not nearly as numerous, intense, or enduring as in T3Tx-saline animals (Figs. 4, 5). Repeating, rapid, and severe BP spikes may alter myogenic constriction, which is intrinsic to vascular smooth muscle cells and triggered by pressure-induced stretches of the cell membrane (Davis and Hill, 1999). Additionally, alteration to sympathetic activity may lead to sensitization of adrenergic receptors via modifying downstream G-protein signaling (Jie et al., 2016). A better understanding of maladaptive remodeling within the vasculature will inform improved treatments to normalize BP during an AD episode.

Pharmacologically inhibiting spinal sTNF α signaling also prevented the recurrent AD-dependent decrease in B cells and T cells that is associated with chronic immune suppression after SCI (Zhang et al., 2013; Ueno et al., 2016) (Fig. 8). This corroborates data in which pharmacogenetically silencing glutamatergic interneurons near SPNs to diminish AD also lessens immune suppression (Ueno et al., 2016). Interestingly, XPro1595 animals had more T_{Reg} cells, which modulate leukocyte function and are critical for normal immune function (Sakaguchi et al., 2010), than their saline counterparts. It will be important to ascertain whether T3Tx-XPro1595 animals having more B and T cells improves their ability to mount a robust immune response to a pathogen and fight off infection.

Although inhibiting sTNF α decreased the magnitude of the hypertension during an AD episode, there was no change in AD-induced bradycardia, similar to what was observed when Sema3a-mediated inhibition of CGRP $^+$ sprouting diminished hypertension but not bradycardia during AD (Cameron et al., 2006). It is not apparent why this is. There was a strong trend toward significance at 4 weeks, suggesting that interanimal variability in the parasympathetic response is one reason. It is also possible that a consistent degree of reflexive bradycardia is triggered once the BP rises above a threshold.

We chose to test efficacy of the biologic in a well-established, high-thoracic, complete SCI model that reliably results in AD (Krassioukov and Weaver, 1995; Cameron et al., 2006; Rabchevsky et al., 2012; Hou et al., 2013b) for several reasons, XPro1595 modulates the immune response at an incomplete lesion epicenter and confers neuroprotection (Novrup et al., 2014); sparing of descending vasomotor projections decreases AD severity (Karlsson, 1999; Furlan et al., 2003; Gris et al., 2004; Krassioukov, 2006; Hou et al., 2013a). Removing tissue sparing as a confound allowed us to directly assess the role of sTNF α signaling in maladaptive neuroplasticity within spinal cord caudal to an injury. However, it will be interesting to use XPro1595 in a severe, yet incomplete, SCI model (Gris et al., 2004; Squair et al., 2017) to assess efficacy.

Although we focus on the role of sTNF α /TNFR1 signaling in the development of AD here, future studies will determine the role of transmembrane form of TNF α /TNFR2 signaling (Grell et al., 1995, 1998; Probert, 2015). Activation of TNFR1 versus TNFR2 triggers different signaling cascades with divergent consequences (Faustman and Davis, 2010). Interestingly, TNFR1 and TNFR2 are differentially regulated in rodent epileptic models; expression of TNFR1 increases while TNFR2 decreases (Weinberg et al., 2013; Patel et al., 2017). Moreover, administration of a TNFR1/2 agonist attenuates seizure sensitivity (Weinberg et al., 2013). It will be interesting to determine whether TNFR2 activation mitigates AD.

In conclusion, this study is the first to determine that persistent neuroinflammation plays a role in the development of AD after SCI. Furthermore, we identify a potential pharmacological, prophylactic strategy to attenuate life-threatening AD and, importantly, improve cardiovascular and immune function that greatly impact quality of life for SCI patients.

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