Development/Plasticity/Repair

# Reduced GABA<sub>A</sub> Receptor-Mediated Tonic Inhibition in Aged Rat Auditory Thalamus

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Age-related deficits in detecting and understanding speech, which can lead to social withdrawal and isolation, have been linked to changes in the central auditory system. Many of these central age-related changes involve altered mechanisms of inhibitory neurotransmission, essential for accurate and reliable auditory processing. In sensory thalamus, GABA mediates fast (phasic) inhibition via synaptic GABA<sub>A</sub> receptors (GABA<sub>A</sub>Rs) and long-lasting (tonic) inhibition via high-affinity (extrasynaptic) GABA<sub>A</sub>Rs, which provide a majority of the overall inhibitory tone in sensory thalamus. Due to a delicate balance between excitation and inhibition, alteration of normal thalamic inhibitory function with age and a reduction of tonic GABA<sub>A</sub>R-mediated inhibition may disrupt normal adult auditory processing, sensory gating, thalamocortical rhythmicity, and slow-wave sleep. The present study examines age-related homeostatic plasticity of GABA<sub>A</sub>R function in auditory thalamus or the medial geniculate body (MGB). Using thalamic slices from young adult (3–8 months) and aged (28–32 months) rats, these studies found a 45.5% reduction in GABA<sub>A</sub>R density and a 50.4% reduction in GABA<sub>A</sub>R-mediated tonic whole cell Cl<sup>-</sup> currents in the aged MGB. Synaptic GABA<sub>A</sub>R-mediated inhibition appeared differentially affected in aged lemniscal and nonlemniscal MGB. Except for resting membrane potential, basic properties were unaltered with age, including neuronal Cl<sup>-</sup> homeostasis determined using the gramicidin perforated patch-clamp method. Results demonstrate selective significant age-dependent deficits in the tonic inhibitory tone within the MGB. These data suggest that selective GABA<sub>A</sub>R subtype agonists or modulators might be used to augment MGB inhibitory neurotransmission, improving speech understanding, sensory gating, and slow-wave sleep for a subset of elderly individuals.

#### Introduction

One-third to one-half of individuals over the age of 65 suffer from age-related hearing loss or presbycusis, significantly impairing their quality of life (Cruickshanks et al., 1998; Gordon-Salant et al., 2010). Evident in humans and animal models, impaired performance in temporal discrimination/speech processing tasks, novelty detection, and the ability to attend to acoustic stimuli occur even in the face of large variations in peripheral hair cell and/or spiral ganglion cell losses, suggesting a compromised central auditory system with age (Takahashi and Bacon, 1992; Gordon-Salant and Fitzgibbons, 1993; Snell, 1997; Alain and Woods, 1999; Lister et al., 2002; Tremblay et al., 2003; Caspary et al., 2008; de Villers-Sidani et al., 2010; Gordon-Salant et al., 2010; Humes et al., 2010; Juarez-Salinas et al., 2010; Walton, 2010; Suta et al., 2011; Anderson et al., 2012). One major central component, mal-

adaptive plastic changes in glycinergic and GABAergic inhibitory neurotransmitter markers, is present throughout the central auditory system (Caspary et al., 2008). Age-related changes in inhibitory neurotransmitter systems may have profound functional consequences, as coding of acoustic information by central auditory neurons is dependent on inhibitory neurotransmission (Palombi and Caspary, 1992; Chen and Jen, 2000; Caspary et al., 2002, 2008; Yu et al., 2009).

The medial geniculate body (MGB) is essential for relaying, processing, filtering, and attending to acoustic information, often described as the "gate" to auditory cortex (Edeline, 2011). The three divisions of the MGB [lemniscal ventral (MGv) and non-lemniscal dorsal (MGd) and medial (MGm)] receive glutamatergic input from the inferior colliculus (IC) and auditory cortex, and inhibitory input from the IC, thalamic reticular nucleus (TRN), and a small (~1%) population of interneurons (Winer and Larue, 1996; Winer et al., 1996; Peruzzi et al., 1997; Bartlett and Smith, 1999; Kimura et al., 2007; Edeline, 2011). Currently, GABAergic inhibitory inputs are known to regulate the output of the MGB by shaping frequency response areas and thresholds of MGB neurons (Suga et al., 1997; Cotillon-Williams et al., 2008).

Ionotropic receptor targets of inhibitory GABAergic inputs in MGB are both synaptic GABA<sub>A</sub> receptors (GABA<sub>A</sub>Rs) and highaffinity (extrasynaptic) GABA<sub>A</sub>Rs, also present in visual and somatosensory thalamus (Wisden et al., 1992; Bartlett and Smith, 1999; Pirker et al., 2000; Belelli et al., 2005; Cope et al., 2005; Jia et al., 2005; Edeline, 2011; Richardson et al., 2011). Synaptic

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GABA<sub>A</sub>Rs contain  $\alpha_{1-4}$ ,  $\beta_2$ , and  $\gamma_2$ , subunits, which mediate phasic/fast Cl  $^-$  currents, whereas high-affinity GABA<sub>A</sub>Rs containing a  $\delta$  subunit, exclusively colocalized with the  $\alpha_4$  subunit in the thalamus, forming a second class of GABA<sub>A</sub>R constructs that mediate tonic/long-lasting Cl  $^-$  currents/inhibition with high agonist affinity and slower desensitization (Sur et al., 1999; Pirker et al., 2000; Sieghart and Sperk, 2002; Chandra et al., 2006; Walker and Semyanov, 2008; Belelli et al., 2009; Herd et al., 2009; Mortensen et al., 2010).

Receptor binding, immunohistochemistry, and whole-cell and gramicidin-perforated patch recordings were performed using young adult (3–8 months) and aged (28–32 months) Fischer Brown Norway (FBN) rats to address the hypothesis that phasic and tonic inhibition in the MGB may be reduced or altered with age.

#### **Materials and Methods**

Subjects. Naive young adult (3–8 months) and aged (28–32 months) male FBN rats, a model of age-related presbycusis (Lipman et al., 1996; Caspary et al., 2005; Wang et al., 2009), were used as subjects in all experiments and housed with a 12 h reversed light/dark cycle with ad libitum access to food and water. Some methods have been described previously in detail and are described here briefly (Richardson et al., 2011). All procedures were in accordance with the Southern Illinois University School of Medicine Lab Animal Care and Use Committee guidelines and approved protocols.

Western blot. Nine young adult and nine aged FBN rats were decapitated in pairs, and brains were immersed into ice-cold PBS, pH 7.4. The MGB was then dissected and homogenized in TEVP buffer [containing (in mm) 10 Tris base, 5 NaF, 1 Na<sub>3</sub>VO<sub>4</sub>, 1 EDTA, and 1 EGTA, pH 7.4] with 320 mm sucrose and protease inhibitor (1:100) added to the mixture before homogenization. Homogenates were centrifuged for 10 min at  $800 \times g$  and collected supernatants at  $10,000 \times g$  for 15 min, all at 4°C. This supernatant contained the cytosolic fraction. Total protein concentrations were measured using the NanoDrop Analyzer (NanoDrop Products).

Protein samples extracted from the MGB were solubilized by the addition of Laemmli buffer (5×; Sigma-Aldrich) and incubated in boiling water for 8 min. Discontinuous electrophoresis was performed using a stacking gel containing 4% acrylamide and separating gel containing 10% acrylamide. After electrophoresis separation, proteins were transferred to PVDF membranes. Resulting blots were blocked with 1.5% normal serum and 1× blocking reagent (Fisher Scientific) in Trisbuffered saline (TBS), pH 7.4, for 1 h at room temperature, and then incubated with monoclonal mouse anti-GAD<sub>67</sub> antibody (1:250; Millipore) diluted in blocking solution overnight at 4°C on shaker. After washing, PVDF membranes were incubated with secondary antibody goat anti-mouse IgG-HRP (1:10,000; Santa Cruz Biotechnology) for 1 h at room temperature. Following washes with TBS plus 0.01% Tween 20 (three times, 10 min each) and TBS (5 min), the blots were detected with Western Blotting Luminol Reagent (Santa Cruz Biotechnology) using a Fujifilm LAS-4000 Luminescent Image Analyzer. Multi Gauge software was used to quantify protein bands.  $\beta$ -actin was used as the loading control. Values are expressed as corrected ratios based on the measurement of  $\beta$ -actin. Protein band density from aged samples was expressed normalized to the paired young adult sample run simultaneously (relative protein density = target protein density/ $\beta$ -actin density/paired young adult target protein density).

Confocal fluorescent imaging. Two young adult and two aged FBN rats were anesthetized with a ketamine (105 mg/kg; Aveco) and xylazine (7 mg/kg; Lloyd Laboratories) mixture intramuscularly followed by transcardial perfusion with 100 ml of saline and 750 ml of fixative containing 4% paraformaldehyde in PBS, pH 7.4. Coronal sections (30  $\mu$ m) were cut through the MGB and collected in PBS. Free-floating sections were processed in parallel and incubated for 30 min in blocking solution containing PBS with 1.5% of normal serum and 3% bovine serum albumin. Sections were then transferred to primary antibody solution [monoclo-

nal mouse anti-GAD $_{67}$  antibody (1:250; Millipore) or goat anti-GABA $_{\rm A}$ R  $\alpha_4$  and/or rabbit anti-GABA $_{\rm A}$ R  $\delta$  (1:100; Santa Cruz Biotechnology)] and incubated for 1 h at room temperature and then overnight at 4°C on shaker. After washing with PBS, sections were incubated with donkey anti-mouse IgG (Dylight 488; 1:100), donkey anti-goat IgG (Dylight 488; 1:100), and donkey anti-rabbit IgG (Rhodamine Red-X; 1:100; Jackson ImmunoReseach) for 1 h at room temperature. As a negative control, the primary antibody was omitted, and no immunolabeling was observed. Neuronal nuclei were counterstained with the diamidino-2-phenylindole (DAPI; Vector Laboratories). Following PBS washing, the sections were mounted onto slides and coverslipped with VectorShield (Vector Laboratories). Fluorescent imaging was performed using a Leica TCS SP5 II confocal laser microscope under identical settings (laser intensity, photomultiplier tube, scanning speed, etc.) for young adult and aged tissues.

Radioligand binding. Binding protocols were identical to those used previously (Richardson et al., 2011). Five young and four aged FBN rats were decapitated, and the brains were rapidly removed, rinsed in ice-cold phosphate buffer at 4°C, pH 7.4, frozen in powdered dry ice, and stored at  $-80^{\circ}$ C. Serial transverse sections were cut at  $16~\mu$ m using a Leica CM1850 cryostat at  $-18^{\circ}$ C. Selected sections were thaw-mounted onto Superfrost/Plus slides and stored at  $-20^{\circ}$ C. Anatomical locations of the MGB were verified to match neural structures with those described previously (Paxinos and Watson, 1998).

[³H]gaboxadol (a gift from Merck, Inc.) was used with modified protocols from Milbrandt and Caspary (1995) and Dr. Bjarke Ebert (H. Lundbeck A/S, Copenhagen, DK; personal communication). Tissue sections were subjected to prewash twice for 5 min in buffer, followed by incubation with [³H]gaboxadol: 10–400 nM and postwash with buffer for four quick dips. The buffer solution used was 50 mM Tris-citrate, pH 7.1. Nonspecific binding was determined in adjacent sections by the addition of cold excessive GABA to the ligand buffer and was subtracted from total binding.

Dried slides were opposed to [³H]-hypersensitive phosphor screens for 2 d at room temperature. The phosphor screens were scanned using a Cyclone Storage Phosphor System (PerkinElmer). The MGB was outlined and analyzed using OptiQuant Image Analysis software (Canberra Packard), which provided tools for grayscale quantification in digital light units. Digital light units were then converted to nanocuries per milligram protein using a standard curve generated from coexposed [³H]-embedded plastic standards (American Radiolabeled Chemicals). Values from the left and right MGB were averaged for each animal and treated as a single individual sample.

Thalamic brain slice preparation. FBN rats anesthetized with 2.5–3.0% isolfurane gas were decapitated. The brains were rapidly removed and placed in ice-cold solution containing the following (in mm): 250 sucrose, 2.5 KCl, 26 NaHCO $_3$ , 1.26 NaH $_2$ PO $_4$ , 5 MgCl $_2$ , 0.5 CaCl $_2$ , 100 glucose, and 2 kynurenic acid, bubbled with 95% O $_2$  and 5% CO $_2$ . Horizontal 200–300  $\mu$ m slices containing the MGB were prepared using a Leica VT 1000P vibratome at 3°C. Slices were perfused for 30 min at 30°C with artificial CSF [ACSF; containing (in mm) 125 NaCl, 3 KCl, 1.26 NaH $_2$ PO $_4$ , 2 CaCl $_2$ , 1 MgCl $_2$ , 26 NaHCO $_3$ , and 10 glucose] and then allowed to equilibrate to room temperature for 30 min before being transferred to the recording chamber individually as needed.

Electrophysiology. Neurons residing in thalamic slices containing the MGd and MGv were visualized using an upright Olympus BX51WI microscope through a  $40\times$  objective with infrared DIC Nomarski optics (see Fig. 7F). Voltage- and current-clamp recordings were obtained using a MultiClamp-700B amplifier (Molecular Devices). Data were digitized by a Digidata 1440A (Molecular Devices) at 5–20 kHz and filtered at 2–2.5 kHz.

Whole-cell recording pipettes (3–6 M $\Omega$ ) used in voltage-clamp recordings were filled with an intracellular solution containing (in mm) 140 CsCl, 2 MgCl<sub>2</sub>, 4 Mg-ATP, 0.3 Na-GTP, 10 Na-HEPES, and 0.1 EGTA, with a pH of 7.25 adjusted with HCl (osmolarity, ~280 mOsm), resulting in a Cl $^-$  equilibrium potential ( $E_{\rm Cl}^-$ ) value near 0 mV. Pipettes (4–6 M $\Omega$ ) used for recordings in current-clamp experiments were filled with an internal solution containing the following (in mm): 140 K-gluconate, 1 NaCl, 1.5 MgCl<sub>2</sub>, 10 HEPES, 2 Mg-ATP, and 0.3 Na-GTP, pH adjusted to 7.35 with KOH (osmolarity, ~270 mOsm). Reported voltage values

obtained with the K-gluconate-based solution are corrected for a 15 mV liquid junction potential (LJP). Intracellular solutions typically contained 0.5% Neurobiotin, and filled cells were traced with a Neurolucida system (MicroBrightField).

Following the formation of a gigaseal (>2 G $\Omega$  seal), the membrane was ruptured after 5 min of maintaining a stable cell attached configuration (except when using the K- gluconate-based solution), allowing internal solution present extracellularly to diffuse away. Membrane rupture was monitored and recorded to obtain an approximation of the cell's resting membrane potential, and a 100–300 pA hyperpolarizing current injection was applied for 1–2 s to determine the presence of T-type Ca<sup>2+</sup> channel bursts (see Fig. 4*C*,*D*). Exclusion criteria included (1) a resting membrane potential below -50 mV or spontaneously active cells having an action potential (AP) amplitude >70 mV, (2) removal of the hyperpolarizing current injection resulting in a multispike burst, and (3) resting membrane input resistance >150 M $\Omega$ .

Series resistance, cellular input resistance, and whole-cell capacitance were determined by the application of a 10 mV hyperpolarizing pulse. Cellular input resistance was also determined using the slope of the current–voltage (I–V) plot between -65 and -70 mV. In all cases, series resistance was not compensated, and all recordings were conducted at room temperature ( $\sim$ 22°C). Recordings that exhibited a series resistance >30 M $\Omega$  were discarded.

For perforated patch-clamp recordings, gramicidin (Sigma-Aldrich) was diluted in dimethylsulfoxide to a stock solution concentration of 20 mg/ml. The stock solution was diluted to 100 μg/ml in an intracellular solution containing (in mm) 140 KCl and 10 HEPES, with pH 7.36, adjusted with KOH. The KCl-gramicidin solution was sonicated for 1-3 min at the beginning of each day and sonicated again for 15-30 s before filling the recording pipettes. Each pipette tip was backfilled with gramicidin-free KCl, and the remainder of the pipette was backfilled with KCl-gramicidin. KCl-gramicidin pipettes had a tip resistance of 3.9-4.5  $M\Omega$  and a calculated  $E_{\rm Cl}$  of -2.4 mV. After forming a high-resistance seal  $(0.8-5.5 \,\mathrm{G}\Omega; 2.16 \pm 0.38 \,\mathrm{G}\Omega)$ , the patch was voltage clamped at -70mV for 27–72 min (48  $\pm$  5 min), during which time the series resistance steadily decreased, stabilizing at 20.8–43.1 M $\Omega$  (29.1  $\pm$  2.1 M $\Omega$ ). Similar to the methods described previously, from a holding potential of -100mV, +10 mV steps were applied while a 20 ms application of 1 mm gaboxadol was focally applied to determine the reversal potential for the  $GABA_AR$ -mediated current or the  $E_{Cl}$ -, regardless of subunit configuration (Ulrich and Huguenard, 1997).

All recordings were conducted in ACSF with the addition of  $10~\mu M$  DNQX (6,7-dinitroquinoxaline-2,3-dione) and  $50~\mu M$  DL-APV (DL-2-amino-5-phosphnopentanoic acid; Abcam Biochemicals/Ascent Scientific). Gabazine ( $50~\mu M$ ; SR-95531 [6-imino-3-(4-methoxyphenyl)-1(6H)-pyridazinebutanoic acid hydrobromide]), a selective GABA\_AR antagonist, was bath applied (2.5-3~ml/min) to block all GABA\_R currents. Gaboxadol, made fresh daily, was applied to slices through the bathing ACSF (2.5-3~ml/min) at a concentration of  $1.5~\mu M$  or focally at 1 mM to activate high-affinity or synaptic and high-affinity receptors, respectively. Focal delivery of gaboxadol was done through pressure application via a picospritzer pipette ( $7-9~M\Omega$ ) positioned  $10-15~\mu M$  from the recorded cell (see Fig. 7F) with a pressure of 1-3~psi. Mg-ATP, Na-GTP, kynurenic acid, gabazine, and gaboxadol were all purchased from Sigma Aldrich. Neurobiotin was purchased from Vector Laboratories.

Electrophysiology data analysis. Analysis of electrophysiological signals was completed with Clampfit 10.2 (Molecular Devices) and MiniAnalysis (Synaptosoft). Recordings of sIPSCs 180 s long with stable baselines were used to create cumulative distribution histograms of sIPSC amplitude and interevent interval using IGOR Pro 6 (WaveMetrics). Automatic detection of sIPSC events with a threshold of -20 pA and event area threshold of 100 pA·ms was completed using MiniAnalysis 6. For sIPSC kinetic analysis, only events with fast uninterrupted rise times and single exponential decays were aligned on the 50% rise time and averaged for each cell (20-300 events per cell; mean,  $59\pm8$ ). A biexponential function was fitted over the 10-90% decay of the scaled average of all events for each cell. Scaled averaged IPSCs were analyzed for each cell to determine the 10-90% rise time, IPSC half-width, and weighted decay

constant value [ $\tau_W = (\tau_1 A_1 + \tau_2 A_2)/(A_1 + A_2)$ ] (Schofield and Huguenard, 2007).

Tonic inhibitory current analysis was performed as described previously (Jia et al., 2005; Glykys and Mody, 2007). Briefly, in Clampfit 10.2, an all-points histogram was created for a 10 s steady-state period in the absence (endogenous) and presence of GABA<sub>A</sub>R agonists (gaboxadol activated) and/or antagonists (gabazine blockade control). The nonskewed portion of the histogram fitted with a Gaussian function determined the  $\sigma$  value, which was used as the amplitude of the baseline current, obviating the contribution of negative-going sIPSCs. The difference between the mean baseline current amplitude during the control period or during the application of gaboxadol was compared to the baseline current during the application of the antagonist, gabazine. This provided the endogenous and evoked tonic current amplitudes, respectively.

Statistical analyses. Statistical tests used to analyze each data set are noted in the corresponding figure legend and methods section. ANOVAs with a Bonferroni post hoc correction were used when multiple comparisons were made. All values are expressed as the mean  $\pm$  SEM, and statistical comparisons with p values <0.05 are considered significant.

#### Results

## GABA metabolic enzyme, $GAD_{67}$ , is reduced in the cytosolic fraction of MGB

Immunohistochemistry and Western blot analysis of the common marker of GABAergic neurons/terminals and rate-limiting enzyme in GABA production, GAD<sub>67</sub>, was used to determine the presence of, and age-related changes in, GABA synthesis in young adult and aged MGB, respectively. The presence of dense punctate GAD<sub>67</sub> labeling supports the presence of putative GABAergic endings in the MGB, presumably from IC and TRN GABAergic neurons (Fig. 1*A*,*B*). Importantly, GAD<sub>67</sub> labeling appeared reduced in aged tissue (Fig. 1*A*,*B*), which was confirmed using the same GAD<sub>67</sub> antibody in Western blot assays (Fig. 1*C*,*D*). Quantitative Western blot analysis revealed a significant reduction in the level of GAD<sub>67</sub> in the cytosolic fraction obtained from the MGB of aged rats relative to the MGB of young adult FBN rats (n = 9 young, 9 aged rats; p = 0.012; Fig. 1 *B*, *C*).

# GABA<sub>A</sub>R density and membrane distribution of $\alpha_4\delta$ -subunit-containing GABA<sub>A</sub>Rs are reduced in aged MGB neurons

A quantitative receptor-binding saturation assay determined the number and affinity of GABAARs in young and aged rat MGB neurons. The GABA<sub>A</sub>R-selective agonist [<sup>3</sup>H]gaboxadol was used to bind δ-subunit-containing high-affinity GABA<sub>A</sub>Rs at low concentrations (Friemel et al., 2007; Richardson et al., 2011). Nonlinear regression analysis of [3H]gaboxadol-specific binding indicated that maximal binding density  $(B_{\text{max}})$  was significantly reduced (45.5%) in the MGB of aged rats (n = 5 young adult, 4 aged rats; p < 0.0001;  $F_{(2,77)} = 16.35$ ; Fig. 2A). The reduction in [<sup>3</sup>H]gaboxadol binding density is indicative of a comparable reduction in GABAAR density (Fig. 2). The high affinity of δ-subunit-containing GABA<sub>A</sub>Rs for gaboxadol indicates that age-related changes in the saturation curve at nanomolar concentrations are likely due to a loss of high-affinity GABA, Rs in aged MGB neurons. Significant age-related changes in mean specific binding density were seen at higher individual concentrations as well (125 nm, p = 0.033; 150 nm, p = 0.016; 400 nm, p = 0.0000; Fig. 2A). The affinity of the GABA<sub>A</sub>R for gaboxadol (dissociation constant,  $K_d$ ), indicated by the slope of the specific bindingconcentration function (Fig. 2A, inset), was similar in young adult and aged rats (231.7 and 209.4 in young and aged rats, respectively).

Immunohistochemistry indicates the presence of  $\alpha_4$ -subunit-containing GABA $_{\Lambda}$ Rs that lack the  $\delta$  subunit (Fig. 3, merged im-

Α

В

age, green) and that virtually all  $\delta$  subunit labeling colocalized with  $\alpha_4$  subunit labeling (Fig. 3, merged image, yellow with little red). The labeling pattern for the  $\alpha_4$  subunit also contrasts that for the  $\delta$  subunit, in that  $\alpha_4$  subunit labeling is punctate around the soma (near DAPI-labeled nuclei; blue) and also dispersed throughout areas devoid of soma, whereas δ subunit punctate labeling is mostly concentrated near the soma in close proximity to neuronal nuclei (Fig. 3).

Confocal images of MGB neurons from all divisions immunolabeled for  $\alpha_4$  and  $\delta$  GABA<sub>A</sub>R subunits further support the binding results. Aged MGB neurons appear to display decreased punctate surface expression/placement of  $\alpha_4$  and  $\delta$  GABA<sub>A</sub>R subunit protein on aged MGB neurons (Fig. 3). Immunohistochemistry indicates the presence of isolated aggregations of  $\alpha_4$  and  $\delta$  adult MGB neurons. These observations supported the binding data (Fig. 2) and whole-cell recording data presented below (see Fig. 5), suggesting that  $\alpha_4\delta$ -subunit-containing GABA<sub>A</sub>Rs may no longer be distributed on the surface membrane of MGB neurons in aged animals.

subunits on aged MGB neurons, which is in contrast to the dif-

fuse punctate somatic labeling for the same subunits in young

#### Aged MGB neurons are more depolarized and display a reduced GABAAR-mediated tonic Cl - current

Based on findings reported previously by Richardson et al. (2011), it was postulated that the substantial age-related loss of high-affinity  $\alpha_4\delta$ -subunit-containing GABA<sub>A</sub>Rs suggested by

GAD67+DAPI GAD67+δ+DAPI С Young Adult MGd Relative protein density Aged MGd D GAD67 β-actin

Figure 1. Immunohistochemistry, confocal microscopy, and Western blot indicate cytosolic presynaptic GAD<sub>67</sub> protein density is reduced with age. **A**, **B**, Punctate GAD<sub>67</sub> immunolabeling (green) in young adult (**A**) and aged (**B**) MGd. Neuronal nuclei were stained with the specific marker, DAPI ( $\overline{\text{Diue}}$ ), and  $\delta$ -subunit-containing GABA<sub>A</sub>Rs were labeled with the same antibody used in Figure 3 (red). Results are similar for MGd and MGm. Scale bar, 10  $\mu$ m. C, Relative protein density from the cytosol fraction obtained from the aged (A) MGB (blue), normalized to levels in the MGB of young FBN (Y, red) rats, matched, and run in parallel, is plotted in the bar graph. Levels of the GABA metabolic enzyme, GAD<sub>67</sub>, are significantly reduced in the aged MGB. **D**, Example bands for the GAD<sub>67</sub> protein/age/fraction combination are at the left with the matched loading control  $\beta$ -actin band below. \*p < 0.01 (independent-sample t test).

[H<sup>3</sup>]gaboxadol binding would be reflected by a reduction in tonic GABAARmediated Cl - currents in MGB neurons of aged rats. Whole-cell patch-clamp recordings were obtained from MGB thalamocortical neurons in slices from young adult (3-8 months) and aged (28-32 months) rats. Basic passive and active electrophysiological properties of 10 young adult and nine aged MGB neurons (from two young and two aged FBN rats) from both divisions indicate that they are similar and viable (young,  $R_{In}$  = 298  $\pm$  29 M $\Omega$ ,  $C = 114.6 \pm 12.8$  pF,  $-50.1 \pm 0.6$  mV AP threshold,  $82.5 \pm 2.0$ mV AP amplitude,  $2.3 \pm 0.1$  ms AP duration; aged,  $345 \pm 56 \text{ M}\Omega$ ;  $88.7 \pm 7.5 \text{ pF}$ ,  $-49.7 \pm 1.4$  mV AP threshold,  $81.4 \pm 2.0$ mV AP amplitude,  $2.3 \pm 0.1$  ms AP duration). However, as predicted based on a reduction in [3H]gaboxadol binding and GABAAR density, aged MGB neurons appeared to be significantly depolarized by an average of 6.3 mV (n = 10 young adult, 9 aged; p = 0.026) (Fig. 4A) and demonstrated increased excitability (n = 7 young adult, 7 aged; p = 0.014; Fig. 4B) due to

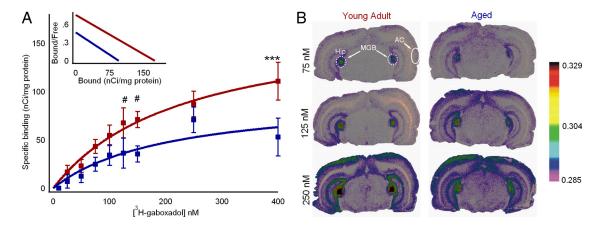
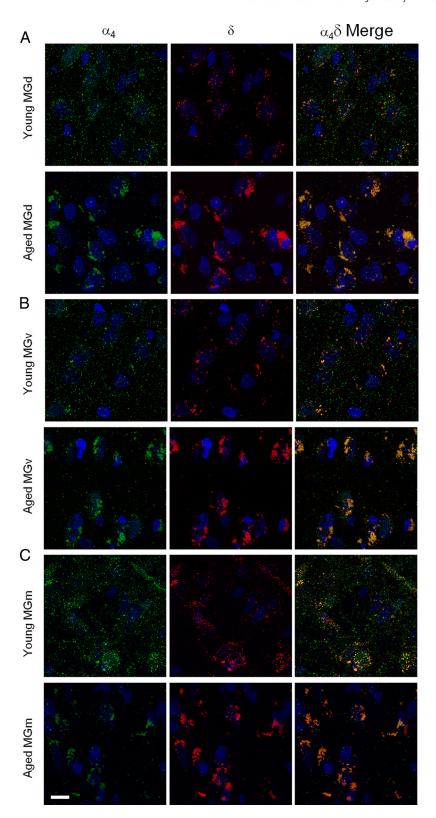


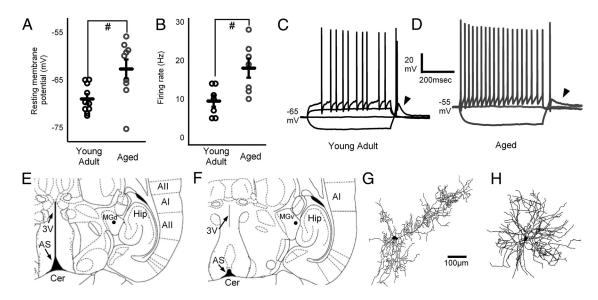
Figure 2. [3H]gaboxadol binding indicates GABA<sub>A</sub>R loss with age. A, [3H]gaboxadol (10, 25, 50, 75, 100, 125, 150, 250, and 400 nm) binding isotherm and Scatchard (inset) analyses indicate a 45.5% reduction (174.7 and 96.37 nCi/mg protein in young and aged MGB, respectively) in  $B_{max}$  (Scatchard, x-axis) in MGB of coronal sections from young adult (n = 5) and aged (n = 4) FBN rats. Nonlinear regression analysis shows that [3H]gaboxadol binding saturation curves from young adult and aged MGB are significantly different. B, Example autoradiographs of [3H]gaboxadol (75, 125, and 250 nm) binding in young and aged coronal brain sections containing MGB. [3H]gaboxadol binding density differences are most pronounced at 250 nm in this example. On the young 75 nm section, the dotted line outlines the MGB, the solid line outlines auditory cortex (AC), and "Hip" represents hippocampus. Color represents the relative optical density (scale at right). For statistical comparison at each individual concentration, ANOVA with Bonferroni adjustment was used.  ${}^{\#}p < 0.05$ ; \*\*\*p < 0.0001.

the depolarized resting membrane potential relative to MGB neurons from young rats. When the resting membrane potential of these neurons was adjusted to -65 mV, there was no significant difference in excitability (p = 0.72). All neurons were localized to the MGd or MGv as indicated by standard anatomical markers (Fig. 4*F*,G) and displayed putative T-type Ca<sup>2+</sup>-mediated bursts (arrowheads), indicative of thalamocortical neurons (Fig. 4*D*,*E*). Figure 4, *H* and *I*, gives examples of stellate MGd and tufted MGv neurons recorded from young adult and aged rats, respectively.

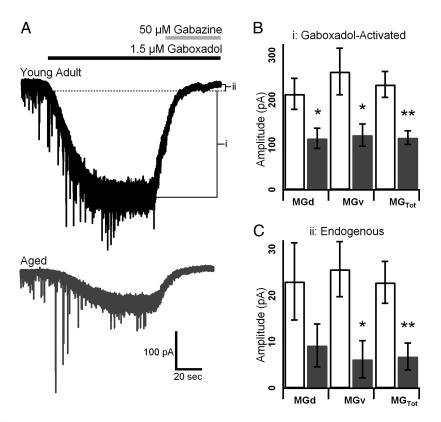
To determine age-related changes in high-affinity GABAAR function, wholecell recordings were obtained from MGB neurons voltage clamped at −60 mV using a CsCl-based internal solution during the bath application of 1.5 µM gaboxadol, which preferentially activated high-affinity GABAARs. Subsequent addition of bath applied 50  $\mu$ M gabazine was used to block all GABAARs to reveal/quantify the amplitude of GABAAR-mediated tonic Cl - current recorded from young adult and aged MGB neurons (Fig. 5A). The resulting steady-state gaboxadolinduced inward current and following reduction in steady-state inward current due to gabazine-induced blockade was then used to quantify tonic high-affinity GABAAR activity (Fig. 5A). Gabazine blocked both the gaboxadol-activated tonic current (Fig. 5A, B) and the endogenously present tonic current (Fig. 5A, C) as the baseline current became more positive than the baseline current before gaboxadol application (Fig. 5A). There were significant 46.2% (n = 6 young adult neurons from 4 rats, 8 aged neurons from 5 rats; p = 0.027), 53.4% (n = 8 young adult neurons from 5 rats, 9 aged neurons from 5 rats; p = 0.033), and 50.4% (n = 16young adult neurons from 5 rats, 17 aged neurons from 6 rats; p = 0.002) reductions in high-affinity GABA, R-mediated inhibitory current in nonlemniscal MGd, lemniscal MGv, and all MGB neurons, respectively (Fig. 5B). This reduction in GABA<sub>A</sub>R-mediated tonic Cl<sup>-</sup> current amplitude was in direct agreement with the 45.5% decrease in [3H]gaboxadol binding  $(B_{\text{max}})$ . Similarly, the endogenous tonic current present in MGB neurons due to the ambient concentration of GABA (difference between baseline current before gaboxadol application and after gabazine application) was significantly reduced in MGB neurons from aged rats by 75.6% (n = 8 young adult, 9 aged; p =



**Figure 3.** GABA<sub>A</sub>R  $\alpha_4$  and  $\delta$  subunit distribution in MGB neurons is disrupted with age. **A–C**, Fluorescent immunolabeling of high-affinity GABA<sub>A</sub>R constructs, the  $\alpha_4$  (left, green) and  $\delta$  (middle, red; right, yellow) subunits in young adult dorsal (**A**), ventral (**B**), and medial (**C**) divisions of MGB neurons (top rows), indicates a punctate, diffuse, evenly distributed and mostly somatic localization on MGB neurons. The distribution of  $\alpha_4$  and  $\delta$  subunit labeling in aged dorsal (**A**), ventral (**B**), and medial (**C**) divisions of MGB neurons (bottom rows) appears less punctate and evenly distributed and more confined to aggregations near/within the soma. In images from young adult MGB divisions, labeling of  $\alpha_4$  subunits (left, green) is evenly distributed throughout each region, regardless of the location of soma, as identified by DAPI (blue) labeling of neuronal nuclei, and is not always colocalized with the  $\delta$  (middle, red; right, yellow). In contrast,  $\delta$  subunit labeling (middle, red) always colocalizes with  $\alpha_4$  (left, green; right, yellow) and is most commonly concentrated on the soma, with little labeling away from DAPI-labeled nuclei (blue) compared to  $\alpha_4$  subunit labeling. Scale bar, 10 μm.



**Figure 4.** Depolarization and enhanced excitability of aged MGB neurons and anatomical localization. **A**, **B**, Only resting membrane potential and AP frequency (indicated by firing rate in response to the first 50 pA step that initiated action potentials in cells with a sustained firing pattern) were significantly elevated with age. \*p < 0.05 (independent-sample t test). **C**, **D**, Representative examples of recordings from young adult (**C**, black) and aged (**D**, gray) MGB. **E**, Drawing of a horizontal rat brain slice containing MGd (Paxinos and Watson, 1998), where the midbrain has not yet fused with the Aqueduct of Sylvius (AS) and the third ventricle (3V) remains continuous. The black dot represents the location of the young adult neurobiotin-filled stellate neuron drawn in **G**. **F**, Drawing of a horizontal rat brain slice ventral to **E** where left and right hemispheres have fused, separating the AS and 3V. The black dot represents the location of the aged tufted neuron drawn in **H**. Both neurons are oriented as they would appear in the corresponding anatomical drawings with the rostral end up. The scale bar applies to both neurons. Cer, Cerebellum; Hip, hippocampus; AI, primary auditory cortex; AII, secondary auditory cortex.

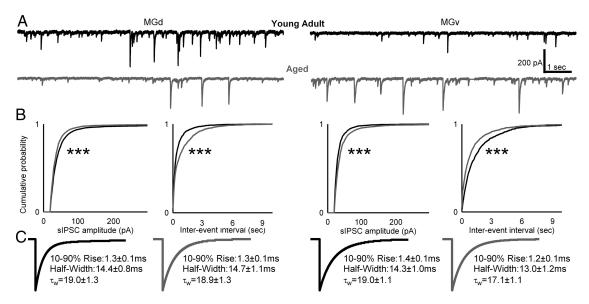


**Figure 5.** GABA $_{\rm A}$ R-mediated tonic inhibitory currents are reduced with age. **A**, Raw sample trace recorded from a young adult (top, black) and an aged (bottom, gray) MGB neuron during the application of 1.5  $\mu$ M gaboxadol and subsequent blockade of synaptic and high-affinity GABA $_{\rm A}$ Rs with 50  $\mu$ M gabazine. Calibration applies to both traces. **B**, **C**, Gaboxadol-activated (**B**) and endogenous (**C**) high-affinity GABA $_{\rm A}$ R-mediated tonic current amplitudes from MGd, MGv, and all MGB (MG $_{\rm Tot}$ ) neurons. **B** shows the tonic current amplitude difference between baseline current activated by the application of 1.5  $\mu$ M gaboxadol and the baseline current in the presence of 50  $\mu$ M gabazine, which blocks all GABA $_{\rm A}$ Rs (the gaboxadol-activated current), whereas **C** shows the tonic current amplitude difference between the baseline current before the addition of gaboxadol and after the application of gabazine (the endogenous tonic current). Open bars, Young adult; gray bars, aged rats. \*p < 0.05; \*\*p < 0.01 (independent-sample t tests).

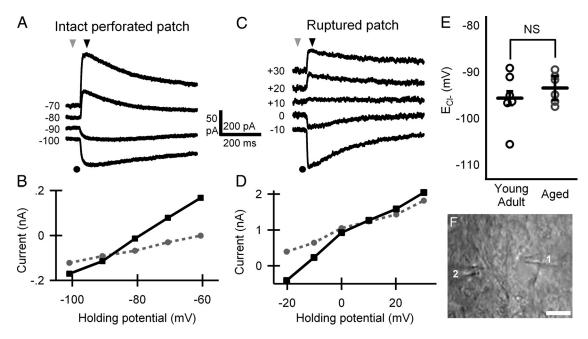
0.015) in MGv neurons and 69.9% (n = 16 young adult, 17 aged; p = 0.009) for all MGB neurons, with a similar but nonsignificant trend in MGd neurons (59.9%; n = 6 young adult, 8 aged; p = 0.186; Fig. 5C). This age-related decrease in endogenous inhibitory tone supports the observed depolarized resting membrane potential and increased excitability of aged MGB neurons (Fig. 4A–D).

# Synaptic inhibitory neurotransmission is differentially altered in lemniscal and nonlemniscal MGB neurons with age

Whole-cell recordings of sIPSC in MGB neurons held at -60 mV using a CsClbased internal solution were analyzed to determine age-related changes in inhibitory synaptic transmission (Fig. 6A). Cumulative amplitude and interevent interval distributions of sIPSCs demonstrate an age-related decrease in sIPSC amplitude [p < 0.00001; critical value (CV), 0.12; D = 0.42] and frequency (p <0.00001; CV, 0.07; D = 0.28) in the nonlemniscal MGd (n = 10 young adult neurons from 7 rats, 13 aged neurons from 6 rats) and an opposing increase in sIPSC amplitude (p < 0.00001; CV, 0.12; D =0.56) and frequency (p < 0.00001; CV, 0.073; D = 0.28) in the lemniscal MGv (n = 10 young adult neurons from 6rats, 11 aged neurons from 5 rats; Fig. 6B). This discrepancy between MGv and MGd neurons may underlie a difference in the primary sources of synaptic inhi-



**Figure 6.** Synaptic GABA<sub>A</sub>R inhibition changes differentially in nonlemniscal and lemniscal MGB neurons with age. **A**, Top traces are representative examples of spontaneous IPSCs recorded from nonlemniscal MGd (left) and lemniscal MGV (right) neurons of a young adult (black, top) and an aged (gray, bottom) FBN rat. **B**, Corresponding cumulative probability histograms of IPSC amplitudes and interevent intervals (black, young adult; gray, aged) represent an age-related decrease in amplitude (left) and frequency (right) in MGd neurons (**A**, left) and opposing increase in amplitude (left) and frequency (right) in MGv neurons (**A**, right). All functions are the average function of single functions constructed for each individual neuron. **C**, sIPSC kinetics do not change with age. Average normalized IPSC trace corresponding to the representative trace in **A**. Values for 10-90% rise time, half-width, and weighted decay constant ( $\tau_{w}$ ) under each averaged IPSC are the average  $\pm$  SEM values from the average normalized IPSC from each neuron within that group. There was no significant difference between these measures of ISPC kinetic properties for young adult and aged MGd or MGv neurons. Independent-sample *t* tests and Kolmogorov–Smirnov tests were used to test for significant age-related differences between the measures of IPSC kinetics and amplitude and interevent interval distributions. \*\*\*\*p < 0.0001.



**Figure 7.** MGB neuron  $[Cl^{-}]_i$  remains constant with age. **A**, **C**, Typical examples of current traces recorded from an aged MGB neuron during perforated patch recording (**A**) and after rupturing the patch to gain whole-cell access (**C**). The holding potential for each trace is indicated to the left. The dot (bottom left) represents the focal application of 1 mM gaboxadol. Calibration: **A**, 250 ms, 50 pA; **C**, 250 ms, 200 pA. **B**, **D**, I-V plots before and after the application of gaboxadol during perforated patch (**B**) and whole-cell (**D**) configurations corresponding to **A** and **C**, respectively. The black lines represent values at black arrows, and gray dotted lines represent values at gray arrows in **A** and **C**, respectively. The intersection of solid and dotted lines represents the theoretical GABA/Cl reversal potential. **E**, GABA/Cl equilibrium potentials for young adult (n = 6; black open circles) and aged (n = 6; gray open circles) MGB neurons. Black lines with bars are the mean  $\pm$  SEM. NS, Not significant (independent-sample t test was used). **F**, Image of aged MGB neuron with recording (1) and application (2) pipettes placed  $\sim$  15  $\mu$ m from the soma. Scale bar, 10  $\mu$ m.

bition, which are yet to be described. While sIPSC amplitude and frequency were altered in aged MGB neurons, the magnitude of this change was small relative to the change in high-affinity GABA<sub>A</sub>R-mediated tonic currents, but may still have negative consequences in stimulus coding by MGB neurons.

No significant changes were detected in sIPSC kinetics (Fig. 6C) of aged MGB neurons [n=11 young adult, 12 aged MGd neurons; n=11 young adult, 10 aged MGv neurons; 10–90% rise time, p=0.679 for MGd, p=0.497 for MGv; half-width, p=0.887 for MGd, p=0.427 for MGv;  $\tau_{\rm W}$  (weighted decay

constant), p = 0.937 for MGd, p = 0.235 for MGv; independent-sample t test].

### The Cl $^-$ equilibrium potentials of young adult and aged MGB neurons are similar

The gramicidin-perforated patch-clamp method was used to obtain access to neuronal cytosol and control the membrane potential without altering the [Cl<sup>-</sup>]<sub>i</sub> (Fig. 7). Focal gaboxadol (1 mm) application evoked GABAAR-mediated currents at a range of holding potentials to estimate the reversal potential for GABA<sub>A</sub>Rmediated Cl<sup>-</sup> currents (Fig. 7A, C,F). The intersection of the I-Vcurves obtained before and immediately after gaboxadol application gave an estimation of the Cl equilibrium potential (Fig. 7*B*,*D*), which was not significantly different (n = 6 young adult neurons from 4 rats, 6 aged neurons from 3 rats; p = 0.436) between MGB neurons of young adult ( $-95.7 \pm 2.3$  mV) and aged rats ( $-93.5 \pm 1.3$  mV; corrected for the electrode/bath 3.5 mV LJP, but not the perforated patch potential; Fig. 7E). Rupture of the perforated patch with negative pressure resulted in a change of  $E_{\rm Cl}$  (-3.9  $\pm$  2.8 mV), which was near the theoretical value calculated using the Nernst equation (-2.4 mV) in 100% of cells tested (eight of eight).

#### Discussion

These data demonstrate a significant age-dependent deficit in the GABAergic inhibitory tone within MGB neurons, caused by reduced/altered expression and/or activation of GABA<sub>A</sub> receptors, particularly those that mediate tonic inhibition in the FBN rat. Demonstration of an age-related loss of high affinity (often referred to as extrasynaptic) GABA<sub>A</sub>Rs mediating tonic inhibition was supported by altered neurochemical markers, which may partially explain auditory coding and/or gating deficits in the elderly. Importantly, if similar maladaptive age-related GABA<sub>A</sub>R changes are found in other sensory thalamic nuclei, this could explain age-related deficiencies in sensory gating, attention, and slow-wave sleep (Steriade et al., 1993; Guillery et al., 1998; Belelli et al., 2009; Herd et al., 2009; Crowley, 2011).

The present study quantitatively addressed the functional correlates of the age-related changes in receptor binding and immunohistochemistry in the MGB using whole-cell recordings obtained from MGB neurons in young adult and aged brain slices. [3H]gaboxadol binding data (Fig. 2) suggested an agerelated plasticity of GABA<sub>A</sub>Rs. The binding studies were further supported by the confocal images, which suggested age-related changes in  $\alpha_4\delta$ -subunit-containing GABA<sub>A</sub>Rs expressed on the surface membrane of young adult MGB neurons, in contrast with isolated aggregations of these subunits in aged MGB neurons (Fig. 3). Similarly, altered inhibitory synaptic function and changes in inhibitory receptor cytosol/membrane location have been demonstrated in auditory cortical pyramidal neurons in developmentally hearing-impaired gerbils (Sanes and Kotak, 2011). Together, these results suggest that certain GABA<sub>A</sub>R constructs found in adult MGB, may not be normally trafficked, anchored, and present in the cell membrane of MGB thalamocortical neurons of aged animals (for review, see Wang et al., 2009; Tyagarajan and Fritschy, 2010). The age-related reduction in GAD<sub>67</sub> expression, likely representing presynaptic terminals as described previously (Winer and Larue, 1988; Bartlett et al., 2000; Smith et al., 2012), is similar to what has been observed in other central auditory structures and suggests a decrease in GABA production and, thus, release (Caspary et al., 2008). This would likely alter ambient GABA levels activating high-affinity δ-subunitcontaining GABAARs. These changes in neurochemical markers of inhibitory neurotransmission in MGB are in agreement with age-related changes in presynaptic and postsynaptic glycinergic and GABAergic markers identified in central auditory structures and nonauditory cortex, cerebellum, and hippocampus (Rissman et al., 2007; Caspary et al., 2008). Determination of the membrane surface synaptic/extrasynaptic localization of  $\delta$ -subunit-containing GABA<sub>A</sub>Rs on MGB neurons will require further study (e.g., immunogold electron microscopy).

Results from whole-cell recordings show that both slow/tonic and fast/phasic GABAergic inhibitions are negatively impacted in the aged auditory thalamus (Figs. 5, 6). The dramatic age-related decrease in high-affinity GABA<sub>A</sub>R-mediated tonic inhibition reflects a maladaptive age-related homeostatic plasticity in the sensory thalamus. Similar changes, suggestive of high-affinity GABA<sub>A</sub>R pathology, have been documented in epilepsy, tinnitus, and traumatic brain injury (Cope et al., 2009; Yang et al., 2011; Gupta et al., 2012). Loss of high-affinity GABA<sub>A</sub>Rs may be significant, as Cope et al. (2005) indicated that up to 90% of thalamocortical cells' inhibitory tones may be mediated by high-affinity GABA<sub>A</sub>Rs, which regulate the tonic to burst mode transition in the thalamus and set the resting membrane potential and input resistance, collectively shaping the output of the thalamus (Cope et al., 2005; Jia et al., 2008).

The age-related decrease in sIPSC amplitude and frequency observed in the nonlemniscal MGd with an opposing shift in the distributions for lemniscal MGv neurons could have two possible explanations: (1) the horizontal cutting angle may have severed some inhibitory fibers from the IC or TRN, which may bias the results in one direction, and/or (2) the dominant sources of synaptic inhibition to the MGd and MGv may be different and are differentially impacted by aging. One possibility may be that the documented age-related increases in the activity of the IC could have a greater impact on the MGv than MGd (Caspary et al., 2008).

Evaluation of other passive (input resistance, capacitance) and active (AP amplitude, duration, threshold,  $E_{Cl}$ ) membrane properties revealed that while inhibition seems to be altered in the aged MGB, many of these other properties remain conserved regardless of age. In addition to whole-cell recordings of basic membrane properties, gramicidin-perforated patch-clamp recordings were used to approximate the Cl equilibrium potential  $(E_{\rm Cl}^-)$  of young and aged MGB neurons, providing an original estimation of the  $E_{Cl}$  in adult sensory thalamic neurons. More importantly, age-related changes in Cl - homeostasis due to fluctuations in the KCC<sub>2</sub> transporter, which maintains [Cl<sup>-</sup>]<sub>i</sub>, could counter age-related reductions in membrane bound GABAAR function identified in experiments described above. However,  $E_{\rm Cl}$  - was similar in MGB neurons of young adult and aged rats, suggesting that the decrease/change in GABAergic inhibitory function or inhibitory tone was not compensated for by a change in the [Cl<sup>-</sup>]<sub>i</sub> (Fig. 7). These data suggest that aging, *de novo* or as a result of deafferentation, may not simply alter neural function on a global scale, but rather results in subtle changes in specific neuronal and network properties that may have noticeable correlates at the level of the whole organism. Notably, the  $E_{\rm Cl}$  - values for MGB neurons are more negative than would be expected, but were not corrected for the unknown perforated patch potential. Regardless, the  $E_{\rm Cl}$  - values follow the trend of hyperpolarized  $E_{\rm Cl}$  - values of somatosensory thalamic neurons (-81 mV) of 9- to 12-d-old rats reported previously (Ulrich and Huguenard, 1997).

Tonic GABA<sub>A</sub>R-mediated inhibition of thalamic neurons results in hyperpolarization of the resting membrane potential,

thus reducing neuronal excitability. This property of tonic GABA<sub>A</sub>R-mediated inhibition improves coding fidelity in the cerebellum by enhancing the signal-to-noise ratio and would presumably have a similar effect, reducing jitter in the auditory thalamus (Richardson et al., 2011; Duguid et al., 2012). GABA<sub>A</sub>R-mediated tonic inhibition also influences thalamocortical transmission by switching thalamic neuron firing modes from tonic to burst (Cope et al., 2005). High-affinity δ-subunitcontaining GABAARs mediating a persistent hyperpolarization of thalamocortical neuronal membrane potential results in the deinactivation of low-threshold Ca2+ ion channels, necessary for thalamic bursting/oscillations involved in slow-wave sleep, arousal, and attention (Steriade et al., 1993; Guillery et al., 1998; Cope et al., 2005; Bright et al., 2007; Richardson et al., 2011). Moreover, bursting of sensory thalamic neurons and corticothalamic oscillations are associated with increased GABAergic input from the TRN, which is involved in sensory gating and attention and sleep states (Crick, 1984; Steriade et al., 1993; Guillery et al., 1998; Pinault, 2004).

However, this interaction may be unique to the MGB due to the increased incidence of the depolarizing I<sub>h</sub> current in MGv neurons, which may counter moderate increases in tonic inhibition in the lemniscal MGv, but not the MGd (Bartlett and Smith, 1999). As a result, MGd neurons may be more hyperpolarized when ambient GABA concentrations increase. In fact, MGd neurons preferentially participate in thalamocortical oscillations and respond with bursts more readily in vivo than MGv neurons (Steriade et al., 1993; Bartlett and Smith, 1999; He and Hu, 2002; He, 2003). Therefore, the nonlemniscal MGd, which selectively receives input from giant GABAergic terminals, may play an important role in auditory gating and attention, while the lemniscal ventral division serves in a more direct relay capacity (Winer et al., 1999; Richardson et al., 2011). In fact, compared to singlespike responses, burst responses of thalamocortical relay cells double the probability of eliciting a response in cortical neurons (Swadlow and Gusey, 2001), further indicating the importance of hyperpolarization-induced burst in the MGB in sensory gating/ filtering (Cope et al., 2005; Richardson et al., 2012).

The essential role of inhibition in auditory scene coding, which is deficient in the elderly, has been characterized previously and is described above. The loss of tonic inhibition would depolarize the resting potential of MGB neurons closer to action potential threshold, increasing excitability and temporal uncertainty, and decreasing coding fidelity with age (Duguid et al., 2012). This effect may contribute to the depolarized state and increased excitability in the subset of MGB neurons recorded from aged rats in current-clamp recordings (Fig. 4). Previously, a link between the loss of inhibition and auditory coding was demonstrated using acoustic behavioral training, which improved novelty detection and temporal coding and was directly correlated with enhanced GABAergic markers in auditory cortical neurons of aged rats (de Villers-Sidani et al., 2010). Similarly, improved temporal coding (gap detection behavioral task) in aged gerbils was seen following enhancement of ambient GABA levels by systemic administration of vigabatrin, a GABA-transaminase inhibitor (Gleich et al., 2003). This effect was likely due, in part, to the enhancement of tonic inhibition via high-affinity GABA, Rs.

In a broader scope, if the age-related loss of high-affinity GABA<sub>A</sub>R-mediated tonic inhibition generalizes to all sensory thalamus, which is essential for the maintenance of thalamic oscillations underlying slow-wave sleep, this may not only explain the deficiencies the elderly experience in sensory processing during attention-demanding tasks, but also slow-wave sleep (Alain

and Woods, 1999; Crowley, 2011). In fact, 30 d treatment with gaboxadol improves the duration of slow-wave sleep in the elderly suffering from insomnia probably through a mechanism involving thalamic high-affinity GABA<sub>A</sub>Rs (Lankford et al., 2008). These types of pharmacotherapy target high-affinity GABA<sub>A</sub>Rs and ambient GABA levels, restoring levels of thalamic tonic inhibition following the age-related loss of high-affinity GABA<sub>A</sub>Rs in the thalamus documented here. Similar treatments may be the beginning of a therapeutic strategy to improve attention, quality of sleep and result in improved overall mental health in the elderly.

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