Neuromodulation Can Be Simple: Myoinhibitory Peptide, Contained in Dedicated Regulatory Pathways, Is the Only Neuromodulator of Stick Insect Leg Muscle

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In the best studied cases (Aplysia feeding, crustacean stomatogastric system), peptidergic modulation is mediated by large numbers of peptides. Furthermore, in Aplysia, excitatory motor neurons release the peptides, obligatorily coupling target activation and modulator release. Vertebrate nervous systems typically contain about a hundred peptide modulators. These data have created a belief that modulation is, in general, complex. The stick insect leg is a well-studied locomotory model system, and the complete stick insect neuropeptide inventory was recently described. We used multiple techniques to comprehensively examine stick insect leg peptidergic modulation. Single-cell mass spectrometry (MS) and immunohistochemistry showed that myoinhibitory peptide (MIP) is the only neuronal (as opposed to hemolymph-borne) peptide modulator of all leg muscles. Leg muscle excitatory motor neurons contained no neuropeptides. Only the common inhibitor (CI) and dorsal unpaired median (DUM) neuron groups, each neuron of which innervates a group of functionally-related leg muscles, contained MIP. We described MIP transport to, and receptor presence in, one leg muscle, the extensor tibiae (ExtTi). MIP application reduced ExtTi slow fiber force and shortening by about half, increasing the muscle’s ability to contract and relax rapidly. These data show neuromodulation does not need to be complex. Excitation and modulation do not need to be obligatorily coupled (Aplysia feeding). Modulation does not need to involve large numbers of peptides, with the attendant possibility of combinatorial explosion (stomatogastric system). Modulation can be simple, mediated by dedicated regulatory neurons, each innervating a single group of functionally-related targets, and all using the same neuropeptide.

Key words: micro computed tomography; muscle physiology; myoinhibitory peptide; neuropeptide function; single-cell mass spectrometry; transcriptomics

Significance Statement

Vertebrate and invertebrate nervous systems contain large numbers (around a hundred in human brain) of peptide neurotransmitters. In prior work, neuropeptide modulation has been complex, either obligatorily coupling postsynaptic excitation and modulation, or large numbers of peptides modulating individual neural networks. The complete stick insect neuropeptide inventory was recently described. We comprehensively describe here peptidergic modulation in the stick insect leg. Surprisingly, out of the large number of potential peptide transmitters, only myoinhibitory peptide (MIP) was present in neurons innervating leg muscles. Furthermore, the peptide was present only in dedicated regulatory neurons, not in leg excitatory motor neurons. Peptidergic modulation can thus be simple, neither obligatorily coupling target activation and modulation nor involving so many peptides that combinatorial explosion can occur.
Introduction

Behavior varies as external demand and internal state change. One mechanism underlying this variability is neuromodulation. Neuromodulation has been best studied in invertebrates. In *Aplysia*, two cholinergic motor neurons that innervate one muscle co-release three peptides (Cropper et al., 1987; Weiss et al., 1992). Peptidergic co-transmission by excitatory motor neurons is also present in other systems (Bishop et al., 1987; Norris and Calabrese, 1987; Bartos et al., 1994; Davis et al., 2001; Dunn and Mercier, 2005; Ormerod et al., 2016). In *Tritonia*, serotonin released from one network neuron acts on other network neurons through both ionotropic and metabotropic receptors (Katz and Frost, 1996). Single neurons co-releasing activating (ionotropic receptor mediated) and modulatory (metabotropic receptor mediated) transmitters obligatorily couples target activation and modulation. For instance, in *Aplysia*, changing motor neuron activity necessarily changes both ACh and peptide co-transmitter release.

Inputs from outside the network modulate the stomatogastric nervous system of decapod crustaceans. Approximately twenty neurotransmitters modulate the system (Marder, 2012). This multiplicity leads to a combinatorial explosion, with 20! (2.4 x 1018) possible combinations. Insect glomeruli similarly contain large numbers of peptide modulators (Neupert et al., 2012).

Vertebrate nervous systems have both these problems (Merighi, 2002; Sohn, 2015; Russo, 2017). First, many neurons release multiple transmitters that act through both ionotropic and metabotropic receptors. Second, at least 100 peptide neurotransmitters are present in vertebrate nervous systems, and individual neurons can receive multiple modulatory inputs. These data have led to an expectation that modulation will, in general, be complex.

Liessem et al. (2018) recently identified 65 neuropeptide gene transcripts in the stick insect, *Carausius morosus*. Stick insect locomotion has been intensively studied (Bässler, 1983; Gruhn et al., 2016; Bidaye et al., 2018; additional references in text). Stick insect leg muscles contract in response to ionotropic driving by glutamatergic excitatory motor neurons. Two dedicated systems (Pearson and Bergman, 1969; Hoyle et al., 1974), common inhibitor (CI) neurons, which release GABA and open Cl- channels (Wolf, 2014), and dorsal unpaired median (DUM) neurons, which release octopamine (Stolz, 2018) and act metabotropically, modify insect muscle activity. In the stick insect leg, individual DUM (Mentel et al., 2008) and CI (Debrot and Bässler, 1989; Bässler et al., 1996; Bässler and Stein, 1996) neurons innervate functionally different muscle groups (Goldammer et al., 2012). This system seemed ideal for studying peptide modulation in a locomotor system.

To this end, we combined molecular biological approaches, the Liessem et al. (2018) inventory of potential stick insect neuropeptides, and muscle physiology to describe neuromodulation in the stick insect leg. We first labeled ganglia neurons by nerve backfills. We then removed individual filled somata and performed single-cell mass spectrometry (MS). This technique was sensitive enough to identify multiple peptides, and to identify the peptides each soma contained. We used immunohistochemistry to complement the spectrometry data on individual somata, and to identify peptides in the axons in nerves innervating the muscles. We chose a muscle well-enough described to easily perform physiological experiments on, described its peptide transmitter receptor inventory, and the effects on muscle activity of the peptide that is present in axons innervating the muscle and for which the muscle has receptors.

Excluding possible hemolymph-borne modulators, only one peptide, myoinhibitory peptide (MIP), contained in only CI and DUM, modulated all leg muscles. To our knowledge, this is the first unambiguous demonstration of a neuropeptide in CI and DUM. In the well-studied extensor tibiae (ExtTi) muscle, MIP reduced slow muscle fiber force and contraction amplitude, facilitating faster contraction and relaxation. Modulation in the stick insect leg is thus remarkably simple compared with other preparations. Only one neuronally-released peptide modulates the entire leg’s musculature. The excitatory motor neurons not containing modulators means that muscle contraction amplitude can be altered without changing the modulator-set rapidity of muscle contraction and relaxation. Modulation thus exists on a continuum from simple (stick insect leg) to complex (*Tritonia, Aplysia, stomatogastric system*) in invertebrates. A similar continuum could exist in vertebrates.

Materials and Methods

Animals

Adult female *C. morosus* were used from a colony maintained at the University of Cologne. Animals were held in cages at 28°C with a 12/12 h light/dark cycle and ad libitum access to blackberry leaves and water.

Synchrotron-radiation micro-computed-tomography (SR-mCT)

The 3D anatomy of one *C. morosus* middle leg was imaged using SR-mCT as described in Blanke et al. (2015). SR-mCT was conducted at beamline PETRA III/IBL P05 operated by the Helmholtz Zentrum Geesthacht at the German Electron Synchrotron Accelerator (DESY; Beckmann et al., 2008) with a stable energy of 8 keV in attenuation–contrast mode and a resolution of 1538 x 1538 pixels. Scan field of view ranged from the coxa–trochanter joint to two–thirds of the femur.

Image resolution was reduced with ImageJ ([https://imagej.nih.gov/ij](https://imagej.nih.gov/ij)). Structures were segmented in ITK-SNAP (Yushkevich et al., 2006; v. 3.8.b) and exported as OBJ files. Final renderings, vertex reductions, and smoothing were performed using Autodesk Maya. 3D models are provided as an interactive 3D-PDF using DAZ Studio (v. 4.1 Pro, DAZ Productions) and as a video file. Nerves, muscles, and sense organs were named according to Marquardt (1939), Bässler (1983), and Graham (1985). Rendered animations were annotated using Adobe After Effects (CS6, Adobe Inc.).

Tissue preparation for biochemical experiments

For MS analysis and immunohistochemistry. Animals were cooled at 4°C C for 10 min and then fixed with dental cement (Protemp II, 3 M. A

For Transcriptomic analysis. Legs were obtained by autotomy. ExtTi and flexor tibiae (FlxTi) muscles were dissected and immediately placed in RNAlater (Thermo Fisher Scientific).

Single-cell MS

Single-cell MS was performed as in Liessem et al. (2018). Briefly, cells were labeled with 5% dextran–tetramethylrhodamine (MW 3000, anionic, lysine–fixable, Invitrogen) by retrograde backfills of lateral (nerve lateralis 2–5 (nl2–nl5); nerve cruris (nCr)) and segmental (nerve anterior (na); nerve posterior (np); nerve transversus (TN)) nerves of prothoracic (T1), mesothoracic (T2), and metathoracic (T3) ganglia for 2 d at 4°C. Labeled cells were dissected under a stereo fluorescence microscope (StreO Lunar.V12, Carl Zeiss AG) and transferred with a glass capillary (Hilgenberg GmbH) onto a sample plate for MALDI-TOF MS analysis. Cells were identified by cell body location and axonal projection based on data from T2 (Goldammer et al., 2012). Reference images of each dissected ganglion were taken from the ventral and dorsal sides before it was desheathed and from the dissected cell on the MALDI sample plate. Residual saline was removed, samples were covered with ~100
nl of 10 mg/ml 2,5-dihydroxybenzoic acid (Sigma-Aldrich) dissolved in 79% H2O, 20% acetonitrile, 1% formic acid (v/v/v), and blow-dried. Mass fingerprint spectra (MS³) were acquired in positive ion mode with an ultraXtreme TOF/TOF mass spectrometer (Bruker Daltonik). MS acquisitions were made under manual control in reflector positive mode in a detection range of m/z 600–10,000. Instrument settings were optimized for mass ranges of m/z 600–4000 and 3000–10,000. Bruker peptide and protein standard kits were used for calibration (mass accuracy 1.4 ppm). Data were processed with flexAnalysis 3.4 (Bruker Daltonik). Tandem MS (MS²) experiments were performed with LIFT technology without CID or using an ABI 4800 proteomics analyzer (Applied Biosystems; Data Explorer v4.1) in gas-off mode. MS³ fragment spectra were acquired manually and peptide identities verified by comparison to theoretical (http://prospector.ucsf.edu) and experimentally obtained fragments.

Immunohistochemistry and neural tracing
Ganglia were desheathed with ultralfine scissors and parts of the leg cuticle removed to expose the ExtTi muscle and enhance antibody penetrability. Tissues were fixed in 4% paraformaldehyde (pH 7.4) or GPA (1:200 in PBT) with 5% picric acid, 5% glacial acetic acid in PBS + 1% Triton X-100 (PBT); Mercck for 2 h at room temperature (RT; 20–22°C) or overnight at 4°C and then rinsed overnight in PBT. GPA autofluorescence was reduced with sodium borohydride (0.5% in 1% NGS) or goat anti-mouse IgG conjugated to Alexa Fluor 488 or 633 (1:200 in PBT). Sample were preincubated with PBT + 1% NGS, Thermo Fisher Scientific) for 2 h at RT, followed by incubation in the secondary and secondary antibodies as described above. All preparations were then rinsed overnight in PBT and mounted in glycerin/Mowiol (Hoechst AG/Calbiochem).

CI and DUM neurons were double labeled by backfills of lateral nerves with NEUROBIOTIN (2.5% in distilled water, VECTOR Laboratories Inc) for 48 h at 4°C. After fixation, clearing, and immunolabeling against MIP as described above, samples were washed twice in PBS at RT for 10 min each, preincubated with PBT + 5% NGS for 2–3 h, and incubated with Streptavidin (Strep) conjugated to Alexa Fluor 488 or 633 (1:600 in PBT + 1% NGS, Thermo Fisher Scientific) for 48 h.

Image acquisition
Immunofluorescent labels were visualized with a confocal scanning microscope (Leica TCS SP8 LIASHirochi) using the Leica Application Suite X (LAS X, Leica Microsystems) using HC PL APO 10×/0.4, HC PL APO 20×/0.75 IMM, or HC PL APO 63×/1.2 CORR objectives. Fluorophore signals were detected in serial stacks with a minimum resolution of 1024×1024 pixels using each dye’s optimal laser line (488/552/638). Images were scanned sequentially to reduce dye cross-excitation.

RNA extraction and sequencing
Legs were dissected as described above. RNA was extracted from the ExtTi and FixTì muscles of a single middle leg using TRIzol (Thermo Fisher Scientific) following manufacturer recommendations. RNA quality was estimated using RNA concentration (ng/µl) and RNA integrity number as implemented in Agilent 2100 Bioanalyzer. Libraries were prepared using 1-µg total RNA with the Illumina TruSeq stranded RNA sample preparation kit. Poly A containing mRNA were purified using oligo-dT attached magnetic beads and then fragmented and primed for cDNA synthesis. Fragmented RNA was reverse transcribed using random hexamers to produce first strand cdNA; second strand cdNA was synthesized with DNA polymerase I and RNase H. After end repair and A-tailing, multiple indexing adapters for hybridization onto a flow cell were ligated. Products were enriched with PCR and purified to create the final cdNA library. Sequencing was done on an Illumina HiSeq 4000 Sequencer with 75 paired ends at Cologne Center for Genomics (CCG).

De novo assembly of nucleotide sequences
Raw data were filtered by removing low quality reads and adapters using Trimmomatic-0.38 (Bolger et al., 2014) and stored as FASTQ files. Transcripts were subsequently assembled de novo using Trinity 2.2.0 (Grabherr et al., 2011; Haas et al., 2013) and BridgeR (v2.04–12; Chang et al., 2015). Raw data and the Trinity assembly were submitted to NCBI [sequence read archives (SRA): SRR9134259; transcriptome shotgun assembly (TSA): GHMH00000000; BioProject: PRJNA543193].

Neuropeptide precursor and receptor sequence compiling
Database searches for C. morosus neuropeptide and protein precursor sequences were primarily conducted using the BLAST+ suite command-line tool (v2.4.0; Camacho et al., 2009). Neuropeptide precursor sequences from C. morosus (Liessem et al., 2018) and neuropeptide receptor sequences of other insects (Hewes and Taghert, 2001; Hauser et al., 2006) were used as reference queries. Aligned and assigned nucleotide sequences were translated into protein sequences using the ExPaSy translate tool (http://web.expasy.org/translate/; Swiss Institute of Bioinformatics; Gasteiger et al., 2003). Precuror sequence signal peptides (SP) were predicted using SignalP 4.1 (http://www.cbs.dtu.dk/services/SignalP/; Technical University of Denmark, Denmark; Petersen et al., 2011). If no SP could be predicted or no stop
Table 1. Overview of primers used for RT-PCR expression analysis in brain and ExtTi

<table>
<thead>
<tr>
<th>Gene</th>
<th>Gene abbr.</th>
<th>Forward primer 5′ – 3′</th>
<th>Reverse 5′ – 3′</th>
<th>Gene product length (bp)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MIPR</td>
<td>MIPR_A</td>
<td>TCTGGGCTCACATGCTGATG</td>
<td>CAAATGGCACAAGACAGACGTG</td>
<td>531</td>
</tr>
<tr>
<td>MIPR</td>
<td>MIPR_B</td>
<td>ATGGCAGCACTGCTCCTCCC</td>
<td>CACTTGGATCCGAGGGAAC</td>
<td>329</td>
</tr>
<tr>
<td>GABA receptor</td>
<td>GABA</td>
<td>TCCGAACAGAACAGAGCTA</td>
<td>GAAGACGCTGTTGCTCT</td>
<td>534</td>
</tr>
<tr>
<td>Glutamate receptor (GluRID-RA)</td>
<td>Glu</td>
<td>CCGAAGAGGTGGAGAACCA</td>
<td>GAAGACTCATGAGGAGGCAAT</td>
<td>414</td>
</tr>
<tr>
<td>Octopamine receptor (Oamb)</td>
<td>Oamb</td>
<td>GACGACCCGTACCTGCTG GATTCCGTCGGCTCGTACAC</td>
<td>512</td>
<td></td>
</tr>
<tr>
<td>Tyramine receptor (Tyr)</td>
<td>Tyr</td>
<td>TCATCGGCGCTGACAGCAC</td>
<td>GAAGGCTCTCCAGAAGTCCC</td>
<td>597</td>
</tr>
</tbody>
</table>

*The primers were designed from the putative GPCR transcripts for MIP (MIPR), GABA, glutamate, octopamine, and tyramine. For MIPR, two primer sets were used (MIPR_A and MIPR_C) as a control, we used primers against actin.*

Figure 2. Molecular biological, immunohistochemical, and physiological methods used to describe stick insect leg neuromodulation. Leg nerves were backfilled to identify neurons (far left) with axons in the nerves. Cx I (CxI) and Cx II (CxII) were filled. For clarity, some additional filled neurons not shown. Positions in ganglion are approximately correct. Cx I (solid circle outline) is dorsal, other nerves (dashed circle outlines) ventral. Individual soma were removed and their neuropeptide inventory analyzed using single-cell MS based on the *C. morosus* neuropeptide inventory (*Liessem et al., 2018*; next panel going right; neuron colors in leftmost panel maintained; MS only schematic, signal positions placement arbitrary). CxI (blue) and DUM (red) contained MIP. SETi and CI1 contained no peptides from inventory. Immunohistochemistry was used to examine whether soma staining was consistent with spectrometry data and to examine peptide presence in nerve processes running along ExtTi muscle. Transcriptomic and PCR analysis confirmed expression of MIPRs in ExtTi, but not receptors for any other peptide in ganglia somata (next panel going right). MIP effects on muscle contractions was then investigated (far right panel). nu, nervus unparis; C1, coxa branch 1; 2, coxa branch 2; of ncr, F4 and S5, femoral branches 4 and 5 of ncr.

Figure 3. Prediction of *C. morosus* MIP receptor (MIPR) sequence

The sequence was assembled from three transcript fragments (accession number: MT879357, MT879358, MT879356) and two fragments cloned/sequenced from cDNA (MIPR_A and MIPR_B).

MIPR_A was prepared from adult brain using ZR Tissue & Insect RNA MicroPrep (Zymo) for total RNA preparation and Maxima First Strand cDNA Synthesis kit (Thermo Fisher Scientific) for cDNA synthesis. PCR was performed using the Phusion High-Fidelity PCR kit (New England Biolabs) for 30 cycles with an annealing temperature of 68°C and 1 min elongation (for primers, see Table 1). The PCR product was purified and cloned using the CloneJET PCR Cloning kit (Thermo Fisher Scientific, vector accession no.: EF694056) and confirmed by Sanger sequencing (Eurofins). MIPR_C is situated within MIPR_A (for primers, see Table 1).

MIPR_B was prepared from an adult muscle immediately put into RNAlater (Sigma-Aldrich) to protect RNA integrity. Total mRNA was extracted using the easy-spin Total RNA Extraction kit (iNtRON Biotechnology). Concentration was determined by measuring OD280/260. cDNA was synthesized using SuperScript II Reverse Transcriptase (Invitrogen). For RT-PCR the full length of MIPR_B was used.

Priming for other genes (see Table 1) were either designed from transcriptome sequences or conserved regions within multiple alignments of *Drosophila melanogaster*, *Timema cristinae* (GCA_002928295.1), and *Lipaphis erysimi* (MG993326.1) sequences. All PCR products were validated by sequencing.

Muscle physiological experiments

Animals were fixed dorsal side up with all legs except the right middle amputated. The coxa, trochanter, and femur were then covered with dental cement except two small windows at femur proximal and distal ends to allow access for a constant perfusion system, to the apodeme of the femoral chordotonal sense organ (ICO), and the ExtTi distal apodeme. T2 and the distal part of ExtTi were exposed and perfused with saline. ExtTi and FlxTi lengths at an FT angle of 90° were defined as ExtTi and FlxTi rest lengths (*"muscle reference length"*, *Friedrich*, 1933; *Storrer*, 1976; *Guschlbauer et al.*, 2007). Figure 1 shows a schematic of the preparation.

Experiments were performed under daylight conditions at RT. Isometric force and isotonic shortening amplitudes were measured. Two stimulation paradigms were used. In one, FEI1, SEI1, and CI1 (CI1) axons were simultaneously activated by nl3 electrical stimulation (*Guschlbauer et al.*, 2007). In the other, SETI and CI1, neuron activity alone was induced by fCO movement (*Büssler and Stein*, 1996). These two approaches allowed discriminating between MIP effects on the whole muscle and on muscle slow fibers alone.

In the first paradigm, nl3 was pinched proximal to the electrode to isolate the muscle from T2 neuron activity and stimulated electrically with current pulses applied to a bipolar stainless-steel electrode isolated with petroleum jelly (*Korasion-Paste, Kurt Obermeier GmbH & Co KG*). The fCO apodeme was cut and other lateral nerves pinched. Nerve
stimulations and muscle contractions were triggered and recorded with Spike2 (version 7.2, Cambridge Electronic Design). Six current pulses (duration 0.5 ms, 40 Hz) were generated by a Universal Digital Stimulator (model MS 501) and stimulation isolation unit (SIU). Stimulator, SIU, and bipolar electrode were built by the University of Cologne Animal Physiology Electronics Workshop. To minimize muscle fatigue, the time between each pulse series was 60 s. At the beginning of each experiment, pulse amplitude was increased until further increase caused no additional change in force, which was taken as an indicator that SETi, FETi, and CI1 were all stimulated. Pulse amplitude was then set 2.5-fold higher to ensure consistent stimulation.

In the second, the FCO was activated to measure muscle response to SETi and CI1 activity alone. This cannot be accomplished by electrical stimulation because FETi axon diameter is greater than SETi and CI1 axon diameters (Bässler and Storrer, 1980). FETi therefore activates at lower current amplitudes. fCO movement activates all three neurons, but FETi responses cease within a few cycles of repetitive stimulation (Kittmann, 1997). The fCO apodeme was cut. ALS zero force was set with the insect pin resting on the distal femur without the muscle attached. Muscle contraction was measured with a force (resolution, 0.3 mN) and movement (resolution, 1 μm) transducer (ALS, Aurora 300 B dual-mode lever system; Aurora Scientific Inc.). The animal was dissected as described above and a hook-shaped insect pin, connected to the lever arm of the ALS, was pierced through the cut end of the ExtTi apodeme (Guschlbauer et al., 2007). The ALS allows setting a maximum force level below which the apparatus holds muscle length constant. Isometric contractions were measured by setting this level high enough to prevent muscle shortening for all motor neuron stimulations. Isotonic contractions were measured by setting this level high enough to prevent muscle activity from an already slightly decreased base level. MIP’s effects may thus be larger than that shown in the Results.

Figure 3. MALDI-TOF mass spectra from single CI1 (soma marked A in panel C, left) and DUM (soma marked B in panel C, right) neurons. Cells visualized by backfilling one (panel C, left, ventral side up) or two (panel C, right, dorsal side up) nl3. nl3 contains the axon of only one DUM neuron (Goldammer et al., 2012), which bifurcates before leaving the ganglion. That only one soma backfilled in panel C, right, shows that the neuron is a DUM. A, B, Single-cell mass spectra of CI1 and DUM neurons, respectively. All peaks corresponded to MIP peptides (that is, no other peptides were found in the neurons); numbers in names indicate which of the 11 MIP peptides the peak corresponds to. The Arg-containing MIPs S, 7–9, and 11 ionize better than the other MIPs (Liessem et al., 2018) and therefore generally have higher signal intensity in MALDI-TOF mass spectra. Bracketed text shows salt adducts. Titles without brackets are single charged peptide products ([M+H]+). Uncapitalized letters following MIP in same labels indicate that peptides are from different MIP transcripts. Insets, CI1 and DUM after dissection. Inset scale bars: 50 μm. C, Schematic of T2 ganglion and associated nerves (outline) and picture of ganglia and labeled cells (A, B, arrowheads) before removal. Red asterisks mark backfilled nerves. In left panel, filled DUM soma cannot be seen because it is located on the ganglion’s dorsal side. In right panel, filled CI1, FETi, and SETi somata cannot be seen because they are located on the ganglion’s ventral side.

movements about the 90° FT joint position, corresponding to 40° joint movement (Weiland et al., 1986). fCO elongation mimics FT joint flexion; fCO shortening, joint extension. Stimulus duration was 50 s. Interstimulus interval was 60 s to minimize muscle fatigue and fCO habituation (Kittmann, 1991, 1997). Muscle activation by the FCO requires that nl3 be intact. Bipolar electrodes were placed on nl3 to monitor SETi, FETi, and CI1 activity and either nl2 or nl5, both of which carry CI1 axon branches, to identify CI1 action potentials on both nl3 and either nl2 or nl5. All other lateral nerves were pinched. CI1 activity was identified by recording from nl3 while stimulating nl2 or nl5 and vice versa. Signals were recorded at 10 kHz (high-cut filter 5 kHz, low-cut filter 60 Hz for nl3, 65 Hz for nl2/nl5) and amplified 1000-fold.

CI1 and possible DUM co-activation in these paradigms needs to be addressed. DUMETi axon diameter is very small in locust hindleg (Hoyle, 1978). This is probably also true for stick insect thorax desDUM neurons because it is essentially impossible to distinguish DUM spikes from noise in connective extracellular recordings (Stolz, 2018). We therefore cannot know whether our protocols activated DUM neurons. However, fCO responses are weak in stick insect desDUM neurons (Stolz et al., 2019) and, in locust, only two of 30 thoracic DUM (Field et al., 2008) neurons responded, and the responses were “weak” and “inconsistent.” Regardless, that MIP altered muscle contractions in both protocols indicates that whatever DUM activation may have occurred was insufficient to affect the conclusions presented here. Both protocols unavoidably induced some CI1 activation. CI1 may consequently have been releasing MIP, and the muscles thus experiencing some level of MIP action even in saline. Muscle control activities may therefore be less than what SETi and FETi activity alone would produce. In this case, MIP application would reduce muscle activity from an already slightly decreased base level. MIP’s effects may thus be larger than that shown in the Results.
The proximal part of the femur was impaled with a small glass capillary coupled to a perfusion system (Alitea UD-Midi-D. Peristaltic Pump; Fig. 1) to allow constant perfusion of the muscle with saline (RT, aerated with an aquarium bubbler) or saline containing $10^{-6}$ M MIP (C. morosus MIP-6, AWQDLQQGWa, synthesized by GenScript). This concentration was chosen because of the lower effective concentration of peptides versus small chemical neurotransmitters (Hooper and Marder, 1984; Marder and Hooper, 1985; Marder et al., 1987) and is a fairly standard concentration when checking for peptide effects (Hooper and Marder, 1984; Marder and Hooper, 1985; Marder et al., 1987; Schmidt et al., 1995; Kwok and Orchard, 2002). To ensure the perfusate flowed distally through the femur, the capillary tip was sealed to the surrounding tissues with dental cement and the body cavity filled with petroleum jelly. To determine when the drug perfused the muscle and to monitor whether the perfusate was entering the body cavity, fast green FCF (FG; Sigma-Aldrich) was added at low concentration to one or the other of the solutions.

To test for MIP effects on passive muscle force, ExtTi length was changed with a step pyramid of Spike2 Sequencer-generated ramp-and-hold stimuli from muscle reference length to 125, 250, and 125 μm and back to muscle reference length. Ramp velocity was 500 μm/s. Interramp hold duration was 10 s. Interyramid interval was 60 s. Force traces were smoothed with a time constant of 0.001 s. Single and mean force traces of five individual stimulations per condition were plotted as an overlay.

Muscle data acquisition and statistical analysis

At rest length, unstimulated muscles produced a few mN of passive force. This force was subtracted from total force produced by the stimulations to obtain active force. Active force and shortening amplitudes were determined manually for each stimulus within a stimulation cycle and by averaging over the complete stimulus duration.

In the fCO experiments, mean SETi and CI1 firing frequencies were calculated in Spike2 (time width 1 s). Early stimulation responses with FETi firing were discarded. Three to six subsequent stimulations were analyzed in both saline and MIP. In all experiments, these were the last stimulation in the saline trial before MIP application and the second stimulation after application.

Motor neuron activity was constant when nl3 was stimulated electrically. In these experiments as many muscle responses in saline were compared with as many muscle responses in MIP as possible. This allowed us to exclude additional trials after MIP application (that is, first measurements were taken two or three trials after MIP application) in these experiments to ensure that muscle responses had stabilized. In each experiment, the same number of subsequent stimulations (three to six) were analyzed in both saline and MIP.

Statistical tests were performed in GraphPad Prism (paired and unpaired Student’s t tests) with an α level of $p < 0.05$ (key for significance: *$0.01 < p < 0.05$, **$0.001 < p \leq 0.01$, ***$p \leq 0.001$). For data on which multiple comparisons were made, one-way ANOVA with Bonferroni corrected significance levels were conducted. Muscle responses were normalized by dividing each value in the experimental group by the mean of the corresponding control group. The data are presented as mean ± SD.

Data availability

SRA and TSA data were uploaded to NCBI. Protein sequences were annotated and submitted to GenBank (https://www.ncbi.nlm.nih.gov/GenBank/).

Results

Given the prior work described in the Introduction, we expected that a complex modulatory system would regulate leg function. The *Aplysia* data suggested that leg excitatory motor neurons could have peptide co-transmitters. The *Tritonia* data suggested the muscles, in addition to ionotropic glutamate receptors, could have glutamatergic metabotropic receptors, with the excitatory motor neurons thus both causing and modulating contraction. The stomatogastric data suggested that different CI and DUM neurons could contain different neuropeptides. We therefore devised a set of experiments appropriate for investigating all these possibilities. Figure 2 schematizes our experimental plan.
Single-cell MS profiling showed many peptides in thoracic ganglion somata, but none in leg excitatory motor neurons, and only MIP in CI and DUM neurons

A total of 112 backfills were performed on thoracic ganglia (T1, n = 33; T2, n = 54; T3, n = 25) via the lateral and segmental nerves. Prior work on the axonal projection patterns and somata locations of T2 ganglion neurons (Goldammer et al., 2012) shows that the backfilled somata were DUM or CI neurons, exci-
tatory motor neurons innervating leg or other muscles, or (rarely) sensory neurons. Backfills of homologous T1 and T3 ganglia nerves showed only minor differences in labeled cell numbers and positions. These data allowed identifying the leg muscle excitatory motor neurons and CI and DUM neurons among the 543 backfilled cells (176 in T1, 272 in T2, 95 in T3). In some cases, cells could only be identified as members of a cell population (e.g., the ~25 FlxTi muscle excitatory motor neu-
rons). Because some sensory neurons have their somata in the thoracic ganglia, we cannot refer to backfilled neurons as efferent
neurons, instead simply calling them backfilled neurons or neurons with axons in ganglia nerves.

The 543 backfilled neurons showed neupoteptide processing from the allatostatin A (AstA), allatostatin CC (AstCC), elevation, extended FMRFamides (FMRFa), MIP, myosuppressin, neuropeptide-like precursor 1 (NPLP1), and orcokinin A (OK-A) precursors. These peptides were detected in neurons innervating targets other than leg muscles. For example, backfills of the transversal nerve (TN), which does not innervate the leg muscles (Goldammer et al., 2012), showed processing of FMRFa in posteralateral cells in all three thoracic ganglia, a result expected from work in stick (Liessem et al., 2018) and other (Predel et al., 2004; Wegener et al., 2006) insects. Of the neurons innervating leg muscles, alternatively, only the CI and DUM neurons contained neuropeptides.

DUM and CI neurons in individual ganglia can be differentially visualized by backfilling different nerves. For example, Figure 3 shows single-cell spectra (Fig. 3A) and backfill labeling (Fig. 3C) of a T2 CI, backfilled via one n3, and a T2 DUM backfilled via both n3 (Fig. 3B,C). Both single-cell spectra had ion signals only from MIP peptides. In the combined data from all our backfill experiments, all CI (n = 32) and DUM (n = 46) neurons contained MIP, and only MIP (Figs. 4, 5). MIP ion intensity was generally higher in DUM than in CI neurons. Neurons in close proximity to CI that were removed for single-cell MS did not contain MIP or any other peptide (Fig. 6), indicating that, in general, we could remove neurons without contamination from nearby neurons.

We used the Goldammer et al. (2012) data to identify a large number of backfilled leg muscle excitatory motor neurons. Figure 3C, left panel, shows several backfilled neurons in the antero-lateral region of the ganglion. Two of these are the ExTi excitatory motor neu-
rons, SETi and FETi (white arrowheads). SETi (n = 7) and FETi (n = 10) single-cell spectra never had ion signals corresponding to C. morosus neuropeptides inventoried by Liessem et al. (2018; data not shown). Another example of a backfilled excitatory motor neuron, the depressor trochanteris muscle fast motor neuron, is shown below (Fig. 7G).

Of 160 identified leg muscle excitatory motor neurons (63 n3 backfills, 36 ncr, 4 nls5, 57 nls2), only two contained peptides, in both cases MIP. Given the high sensitivity of MS, a likely explana-
tion for these MIP positive leg muscle excitatory motor neu-
rons is contamination by adherent tissue. Even if not, these data would show that MIP is only very rarely present in leg muscle excitatory motor neurons (2/160 = 1.3%).

Anti-MIP immunohistochemistry also showed that MIP was absent in leg excitatory motor neurons but present in CI and DUM neurons.

MS has the advantage that, in most cases, one can measure a neuron’s entire peptide inventory in a single experiment. It also
has high sensitivity yet (as long as no adherent tissue is taken) very small likelihood of false positives. Single-cell MS is therefore the gold standard for peptide presence and absence in neurons. However, although we performed MS on a large number of single cells, the effort required limits the number of cells that can be examined. Immunohistochemistry has increased likelihood of both false positive and negatives, but allows examining large numbers of cells for antigen presence and absence. We therefore complemented single-cell MS with immunohistochemistry using an MIP antiserum.

MIP immunoreactivity was consistently observed in 8–10 dorsal median neurons and three paired neurons on the ventral side of T1–T3 (Fig. 7A,E). Neuron size, arrangement, location, and axonal projection correspond to those of C. morosus DUM and CI neurons (Goldammer et al., 2012). Staining was typically less in CI than DUM neurons, consistent with the MS. Immunoreactive axons in the nerves in which CIs and DUM neurons send their axons (na, nl2, nl3, ncr, and nl5; Goldammer et al., 2012) were also observed (data not shown).

In some experiments, DUM and CI identity were confirmed with combined backfill and MIP staining. Figure 7B,C shows examples for the CI neurons: CI1, located slightly contralateral to the leg it innervates near the ganglion midline; CI2, more anterior and ipsilateral of the midline; and CI3, more posterior and lateral near the posterior nerve roots. In Figure 7C, the stained cell adjacent to the stained and backfilled CI1 is presumably the contralateral CI1. This is good evidence of the MIP immunoreactivity because the contralateral nerves were not backfilled. Figure 7E–G shows an example for the DUM neurons.

GABA presence in C. morosus CI’s has not been investigated before with immunohistochemistry. Staining with GABA antisemur shows three pairs of cells on the ventral side whose morphology correspond to CI morphologies (Fig. 8). Since both MIP and GABA antibodies were raised in rabbit, double labeling experiments could not be performed.

In almost all MIP staining experiments, cells identified as leg muscle excitatory motor neurons did not stain. For example, Figure 7G shows an unstained neuron backfilled via the ncr nerve with the position and projection pattern of the depressor trochanteris muscle fast motor neuron (see Goldammer et al., 2012). For completeness, we show here the one case in which possible leg muscle excitatory motor neurons stained (Fig. 7D). This occurred in the antero-lateral portion of the ganglia containing FETi, SETi, and ~25 FlxTi muscle excitatory motor neurons. In the experiment shown, four cells in this region stained (arrowheads), three of which had also backfilled (white arrowheads). Given the very low detection rate of MIP in leg excitatory motor neurons observed with MS, we believe this one example of MIP immunostaining of possibly excitatory motor neurons is a false positive. Even if not, the MS and immunohistochemistry data would indicate that MIP co-expression in leg motor neurons occurs only very rarely.

In summary, MS and immunohistochemistry showed that CI and DUM neurons contained MIP and leg muscle excitatory motor neurons either did not, or did so only very rarely. The ability of the single-cell MS to detect a large variety of other peptides in other neurons shows that, if these peptides were in CI, DUM, or leg muscle excitatory motor neurons, the technique would have detected them. Similarly, the ability of the single-cell MS to detect MIP in CI and DUM shows that, if MIP was in leg muscle excitatory motor neurons, the technique would have detected it. Thus, we have demonstrated the presence of MIP, and only MIP, in the pathways (CI, DUM) known to regulate the leg muscles, and the absence of MIP, and of the other 140 possible neuropeptides encoded by the neuropeptide gene transcripts in C. morosus, in the excitatory leg motor neurons.

ExtTi muscle expresses receptors for several peptides but, of peptides present in ganglia neurons with axons in ganglia nerves, only for MIP

In a complete description of leg muscle control, the next step would be to inventory the peptide receptors of all leg muscles. Such an effort is beyond the scope of the present work. The experimental techniques for working with the ExtTi muscle are very well developed, and a large amount of information is known about its properties in control saline (Guschlbauer et al., 2007; Hooper et al., 2007; Blümel et al., 2012b; Godlewkska-Hammel et al., 2017). We therefore chose to work on the ExtTi muscle. The ExtTi muscle is innervated by FETi, SETi, and three DUM neurons, and is one of the group of leg muscles inhibited by CI1 (Goldammer et al., 2012).

Right middle leg inner anatomy

Existing descriptions of C. morosus ExtTi muscle anatomy and innervation (Bässler et al., 1996) do not have the level of detail and completeness available with modern techniques (e.g., SR-μCT). Moreover, the innervation pattern of the F2 nerve onto the muscle was never fully described (Bässler and Storrer, 1980; Bässler, 1983). To better describe this innervation, and to compare it with our immunohistochemical results, we used neural tracing and SR-μCT to describe ExtTi muscle anatomy and innervation in the intact leg. In the SR-μCT work 35-leg structures were labeled, including the F2 nerve. The 3D reconstruction can be viewed as a 3D-PDF (3D Model 1) or high-quality rendered video file (Movie 1).
Fine anatomy of ExtTi and FlxTi and innervation of ExtTi muscle

Anterograde fills of n3 showed that n3 fuses with the ncr nerve, from which nerve F2 branches more distally (Fig. 9A; see also Fig. 1B, inset). F2 is located in the femur parallel to the main trachea and branches off to ExtTi when the main trachea does. It then splits and runs along the muscle in a modular organized fashion along the proximal distal axis with only minor overlap of its branches (Fig. 9B). Figure 9C,D shows that the ExtTi muscle, tracheae, and F2 nerve reconstruction in 3D model 1 and Movie 1 are very similar to the anatomy shown by the anterograde n3 fills.

Immunohistochemical analysis of the leg muscles using MIP antiserum confirmed (1) the presence of MIP varicosities on the ExtTi, FlxTi, and retractor unguis (RetUn) muscles, (2) axonal projections to and on the ExtTi muscle corresponding to those of the F2 nerve, and (3) colocalization of MIP and the presynaptic zone marker Synapsin in some of these varicosities. Figure 9E shows immunoreactive fibers on the surfaces of the ExtTi and RetUn muscles. Except for the most proximal region, ExtTi was covered with a dense network of finely dividing processes with numerous varicosity-like structures dispersed along their lengths. The axonal projection/innervation pattern of the anti-MIP staining (Fig. 9F) and the backfill-labeled (Fig. 9B) F2 nerve reconstructions (Fig. 9D) are very similar, suggesting ExtTi is supplied with MIP via axons located in the F2 nerve.

To investigate whether MIP is present in presynaptic sites, double-labeling with antisera against MIP and Synapsin was conducted (Fig. 9G). These experiments showed small (1–3 μm) beaded structures immunoreactive to MIP, larger (1.5–8 μm, the largest presumably being NMJs) presynaptic sites labeled with anti-Synapsin, and co-labeled 2- to 3.5-μm synaptic boutons. These data suggest that MIP is present in both synaptic and non-synaptic sites, and is colocalized with classical transmitters in presynaptic sites on ExtTi muscle fibers.

**ExtTi transcriptome and expression analysis**

For MIP to alter muscle function, the muscle must express a MIPR. We therefore generated and analyzed ExtTi muscle transcriptomes. We used this dataset, and one publicly available from the C. morosus central nervous system (Liessem et al., 2018), to predict C. morosus neuropeptide and neurotransmitter receptor sequences based on similarities to corresponding sequences from other insects. Raw data and assemblies were uploaded to NCBI (BioProjectID: PRJNA543193). Accession numbers, including...
The transcriptomic analysis of the ExtTi muscle identified transcripts for the GABA<sub>A</sub> receptor (see Table 2). Thus, in addition to its known inhibitory ionotropic effects on the muscle, GABA may also have metabotropic effects on it. Investigating this issue would be difficult because, at least in lobster, GABA causes presynaptic inhibition via a G-protein-mediated mechanism (Miwa et al., 1990), presynaptic inhibition is present in at least sensory-motor pathways in stick insect (Sauer et al., 1997), and many vertebrate GABA receptor agonists and antagonists do not work well in arthropods (Bässler et al., 1994; Pearstein et al., 1996). Moreover, our primary focus in this work was on investigating stick insect leg peptidergic modulation prompted by the availability of the neuropeptide inventory in Liessem et al. (2018). We therefore did not further investigate this issue.

Importantly, no transcripts for any receptor except MIP’s were found in ExtTi for any of the peptides contained in T1–T3 ganglia neurons with axons in ganglia nerves. Thus, the peptides contained in these axons cannot act on ExtTi in a local hormone like fashion, since the muscle does not contain the receptors to respond to such release.

ExtTi did have receptors for insulin-like peptide and proctolin (Table 3). Since these peptides were not in neurons innervating the muscle, they may be hemolymph-borne modulators in stick insect.

In summary, the excitatory leg motor neurons contain no peptide co-transmitters. MIP is present in the dedicated pathways known to regulate muscle activity, the CI and DUM neuron groups. All CI and DUM neurons contain MIP, and none contain any other peptide modulator. Of the peptides contained in T1–T3 ganglia neurons with axons in ganglia nerves, the muscle has only MIPRs. Modulation in this system thus appears much simpler than that in other described preparations.

**MIP decreases ExtTi slow fiber contraction and thus increases whole-muscle contraction and relaxation dynamics**

We tested for MIP effects on ExtTi muscle contraction induced both by fCO mechanical stimulation and nI3 electrical stimulation. fCO stimulation elicits a resistance reflex. Our fCO apodeme elongation amplitude and frequency elicited SETi firing and a small amount of unavoidable CI<sub>1</sub> firing, but no FETi firing after the first few cycles (Bässler, 1983, 1993; Bässler and Stein, 1996). Our nI3 stimulations, alternatively, elicited action potentials in SETi, FETi, and CI<sub>1</sub> simultaneously and reliably throughout the experiment.

**MIP reduced ExtTi contractions induced by fCO stimulation**

Isometric force production and isotonic muscle shortening were examined in separate experiments. SETi and CI<sub>1</sub> activity was monitored by nI3 and nI2 or nI5 extracellular recordings. SETi activity and evoked muscle response was highest during apodeme elongation, which mimics FT joint flexion (Bässler, 1983). Figure 13 shows data for one isometric and one isotonic experiment. For both n = 5 and all statistical tests were unpaired Student’s t tests. MIP application reduced both isometric contraction force (force reduced from 12.8 ± 1.8 to 4.9 ± 0.8 mN, p < 0.0001; Fig. 13A) and isotonic contraction shortening (shortening reduced from 316 ± 12 to 205 ± 36 μm, p = 0.0002; Fig. 13B). No differences in SETi (isometric: 82.9 ± 2.6 Hz saline, 81.8 ± 6 Hz MIP, p = 0.7216; isotonic: 36.8 ± 1.9 Hz saline, 37.2 ± 3.1 Hz MIP, p = 0.7937) or CI<sub>1</sub> (isometric: 2.7 ± 6.7 Hz saline, 1.1 ± 7.4 Hz MIP, p = 0.2615; isotonic: 25.5 ± 23.8 Hz saline, 20.2 ± 26.1 Hz MIP, p = 0.7468) firing were observed in the saline and MIP conditions. The reductions in contraction force


**Figure 9.** Neuromuscular innervation of ExtTi muscles via nerve F2. A, Anterograde fill of n13, which fuses with ncr, from which nerve F2 leaves more distally to innervate ExtTi (Fig. 1). The neuronal tracer (magenta) revealed the F2 projection pattern and structure of nerve terminals on ExtTi. Because the long diffusion distance, visualizing the innervation of the most distal part of the muscle was not possible without risking tissue degradation. Scale bar: 500 μm. B, Magnification of region in A (black arrowhead) showing F2 running parallel to the main trachea and branching off to the muscle when the main trachea does. F2 then splits and runs along the muscle proximally and distally in a modular fashion, with only minor overlap between neighboring F2 innervations. Scale bar: 100 μm. C, SR-μCT visualization of middle leg inner anatomy (beige, muscles; red, nerves; magenta, sensory structures; blue, diaphragm and trachea). D, Magnification of region in C (black arrowhead) showing F2 innervation of ExtTi. A very similar innervation as that in A, B is apparent. E, MIP immunoreactivity (green) on ExtTi and RetUn muscle fibers. White arrowhead marks region where a single F2 axon ran along the trachea to the muscle. It then split into proximal and distal regions (similar to B, D). White dotted outline shows trachea. Scale bar: 50 μm. F, Magnification of region in E (white arrowhead) showing at least one axon immunoreactive to MIP in F2. The projection pattern of this axon (white arrowheads with asterisks) is very similar to that in B, D, suggesting that this is the F2 nerve innervating ExtTi. Immunoreactive varicosity-like structures with sizes ranging from 2 to 3 μm are visible along the muscle. Scale bar: 75 μm. G, Double labeling against Synapsin (magenta) and MIP (green) with an underlying brightfield image of the muscle fibers. The image shows several MIP immunoreactive beaded structures (green, 1–3 μm in size), larger presynaptic sites labeled with aSynapsin (magenta, 1.5–8 μm, the larger presumably NMJs), and co-labeled synaptic boutons (white, 2–3.5 μm). Scale bar: 50 μm.

and shortening were therefore not because of changes in SETi and CI1 activity.

**MIP effects on muscle contractions induced by FETi, SETi, and CI1 electrical excitation**

Figure 14A shows isometric contraction muscle force induced by n13 electrical stimulation in saline and MIP in a representative experiment. In saline, mean isometric force was 76.9 ± 0.2 mN. MIP application reduced force over the course of several stimulation trials until it reached a constant level of 50.7 ± 2.6 mN. During wash, force slowly recovered to 68.7 ± 0.9 mN. Unlike the iCO stimulation experiments, MIP never had any effect on muscle shortening in isotonic contractions in the nerve stimulation experiments (Fig. 14B; for proposed explanation of this difference, see Discussion). Figure 14B also shows that FG application alone did not alter isotonic muscle contraction.

**Across-experiment grouped data of MIP and FG effects on iCO-induced muscle contractions**

In the iCO work, contractions with similar SETi and CI1 activities in saline and MIP were compared. These contractions were always the contraction immediately before, and the second contraction after, MIP application. Across-experiment data (all comparisons in this and next paragraph paired Student’s t tests, n = 8) showed that SETi (isometric: 57.8 ± 23.1 Hz saline, 53.5 ± 19.4 Hz MIP, p = 0.0856; isotonic: 27.8 ± 11.8 Hz saline, 23.9 ± 11.2 Hz MIP, p = 0.0791) and CI1 (isometric: 18.1 ± 14.1 Hz saline, 18.8 ± 14.6 Hz MIP, p = 0.8614; isotonic: 25.6 ± 14.4 Hz saline, 27.9 ± 12.2 Hz MIP, p = 0.2125) mean activities did not differ in saline and MIP.

In isotonic contractions, MIP application substantially (Fig. 15A) reduced force production (27.6 ± 15.6 mN in saline; 16 ± 12.6 mN in MIP, p = 0.0002). MIP application also substantially reduced shortening amplitude (228 ± 136 μm in saline; 126 ± 120 μm in MIP, p = 0.0009) under isotonic conditions (Fig. 15B). When normalized to their respective control group, MIP reduced mean force to 54 ± 14% and mean shortening amplitude to 48 ± 23%.

The iCO experiments were more difficult to continue for long periods of time, and we could therefore not always attempt a wash in them. In the eight experiments in which a wash was attempted, responses were partially restored in five (data not shown; but Fig. 14A shows an example with n13 electrical stimulation).

**Across-experiment grouped data of MIP effects on n13 stimulation-induced contractions**

In these experiments all FETi, SETi, and CI1 axons were electrically stimulated. Therefore, after MIP's effects had stabilized, all
Table 2. Predicted neurotransmitter receptor protein-coding sequences of *C. morosus* obtained from a previously published transcriptome of the CNS (SRR4423265) and/or transcripts of the leg muscle preparation (muscle, SRR9134259)

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CNS and muscle indicate if these transcripts were found in the CNS or muscle transcriptome, respectively. Sequences marked "-" were obtained from other, not yet uploaded transcriptome datasets. Near complete receptor sequences were analyzed for GPCR motifs.

MIP contractions in each experiment could be compared with an equal number of saline contractions. In all experiments MIP’s effects stabilized two or three stimulation cycles after MIP application (Fig. 14A). All comparisons repeated measures one-way ANOVA with n = 6. MIP application (Fig. 15C) decreased group mean isometric force 17.1 mN (73.6 ± 17.3 mN saline, 56.5 ± 14 mN MIP, p = 0.0070). Normalizing muscle responses to their respective control group showed that MIP reduced mean force to 77 ± 7%. In these experiments, MIP induced the same amount of force reduction as in fCO experiments (Fig. 15A,C). The consistency of the motor neuron stimulation allowed for longer experiment durations. We could therefore perform washes in all experiments. Wash mean force (Fig. 15C) increased 23 mN compared with MIP mean force (56.5 ± 14 mN MIP, 79.5 ± 14.9 mN saline, p = 0.0026), with no significant difference between control and wash mean force (p = 0.4276).

MIP’s effects under isotonic conditions varied across experiments (in one experiment even substantially increasing shortening; Fig. 15D). Consequently, although MIP application decreased group mean contraction amplitude by 15 μm (307 ± 111 μm saline, 292 ± 116 μm MIP), saline and MIP grouped means did not differ (p > 0.9999, n = 9).

**FG comparisons**

Data from three experiments in which FG was applied alone under isotonic conditions with fCO or nl3 stimulation (n = 3 each) showed that FG did not affect muscle contractions [fCO stimulation: mean decrease 1 μm in FG (98 ± 8 μm saline, 97 ± 16 FG, p = 0.9418), isotonic electrical stimulation: decrease of 0 μm (310 ± 56 μm saline, 310 ± 57 μm FG, p = 0.9701), both paired Student’s t test; data not shown].

**MIP does not alter muscle passive force production**

In small limbs, static and transient passive muscle forces can play important roles in generating movement (Hooper et al., 2009; Wu et al., 2012; von Twickel et al., 2019). We therefore tested whether MIP affected ExtTi passive forces. Visual examination of the data showed that MIP had no effect (n = 5; data not shown).

**Discussion**

Most well-studied examples of modulation are complex, with large numbers of modulators and modulator co-release with the transmitters that drive the follower’s “primary” response (e.g., excitation). Modulation of the stick insect leg, alternatively, is remarkably simple. Leg muscle excitatory motor neurons serve no modulatory role, acting only to generate muscle contraction. The CI and DUM neurons serve only as regulators, CI through GABA ionotropic inhibition and MIP and possibly GABA metabotropic effects, and DUM through octopaminergic and MIP metabolotropic effects. Follower driving and modulatory state are thus completely uncoupled. CI and DUM input can set muscle “state” at any level independent of excitatory motor neuron activity. Excitatory motor neurons can drive the muscles at
any frequency and for any duration at each modulatory level. The functional advantages of this separation are so obvious that the most apt question is not “Why is stick insect modulation so simple?” but rather “Why is modulation in other systems so complex?” The answer may be that regulatory systems are generally not as complex as the relatively few well-understood systems to date suggest. At the least, our data indicate that regulation lies on a continuum from simple to complex.

### Table 3. Predicted neuropeptide receptor protein-coding sequences of *C. morosus* obtained from a previously published transcriptome of the CNS (SRR4423265) and/or transcripts of the leg muscle preparation (muscle, SRR9134259)

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CNS and muscle indicate if these transcripts were found in the CNS or muscle transcriptome, respectively. Sequences marked with “-” were obtained from other, not yet uploaded transcriptome datasets. Near complete receptor sequences were analyzed for GPCR motifs.

![Figure 10](image-url)  
**Figure 10.** Sequence alignment of the sex peptide/MIPR from *Z. nevadensis* (accession: XP_021921718.1) and predicted orthologous receptor fragments from *C. morosus*. *C. morosus* sequence predicted from three transcriptome entries (CNS 1, Muscles 1 and 2; colored underlines) and two cDNAs (MIPR_A and MIPR_B, colored overlines) as follows: CNS 1 is from a previously published assembly of the CNS (SRR4423265), Muscles 1 and 2 from a leg muscle assembly (SRR9134259). MIPR_A and MIPR_B are RT-PCR products from brain and muscle, respectively. In regions of overlap the sequences were identical, supporting the accuracy of our prediction. Predicted sequence is nearly complete and 81% identical to *Z. nevadensis* sequence; * identical amino acid; : similar amino acid; - different amino acid.
A greater concern is the possible existence of neuropeptides or receptors that do not meet presently understood properties of these molecules, for instance, neuropeptides outside the mass ranges we examined, or receptors lacking the motifs shared by presently known receptors. With these caveats in mind, our data should therefore be interpreted as showing, using best possible present techniques, the presence of neuropeptides or receptors that do not meet presently understood properties of these molecules, for instance, neuropeptides outside the mass ranges we examined, or receptors lacking the motifs shared by presently known receptors. That MIP is the only neurally-mediated leg muscle peptide modulator, and is in only CI and DUM neurons.

MIP localization and MIP-receptor expression

To our knowledge, our data are the first unambiguous demonstration of a neuropeptide in insect CI neurons, and any demonstration in DUM neurons. MIP expression was generally higher in DUM neurons. In vertebrate sympathetic neurons, peptide concentration varies depending on the physiological state of, or input to, the neuron (Kessler et al., 1981; Sun et al., 1992; Hyatt-Sachs et al., 1993). Stick insect hemolymph (i.e., hormonal) FMRFamide levels vary in a circadian fashion (Miksys et al., 1997). These hormonal variations in FMRFamide or AKH alter DUM neuron excitability in cockroach (Wicher, 2001; Predel et al., 2004), which could alter DUM MIP concentration. The differences in MIP concentration in CI and DUM neurons in our data may therefore reflect cell-type-specific differences in overall MIP expression, or circadian differences in the activities of the two neuron types.

Experimental limitations

Given the neuropeptide inventory of Liessem et al. (2018), the high sensitivity of mass spectroscopy and RT-PCR, and their ability to find non-MIP peptides and receptors in non-ExtTi tissues, we have good confidence that, for instance, FMRFamides do not modulate ExtTi. A greater concern is the possible existence of neuropeptides or receptors that do not meet presently understood properties of these molecules, for instance, neuropeptides outside the mass ranges we examined, or receptors lacking the motifs shared by presently known receptors that we used to identify C. morosus receptors. With these caveats in mind, our data should therefore be interpreted as showing, using best possible present techniques and understanding of neuromodulatory molecules, that MIP is the only neurally-mediated leg muscle peptide modulator, and is in only CI and DUM neurons.

Functional relevance of MIP

MIP reduced muscle force in both fCO and electrical stimulations. fCO stimulations activated only SETi-innervated (slow) fibers. MIP therefore definitely affected slow fibers. nl3 electrical stimulations also activate FETi-innervated (fast) fibers, and induced contractions ~2.5 times larger than those induced by fCO stimulation. However, MIP reduced force approximately the same amount (Fig. 15) in both stimulations. The relative decrease was thus much smaller in nl3 stimulation-induced contractions. If MIP affected fast fibers, one might have expected approximately similar relative decreases.

In the isotonic experiments, MIP decreased shortening amplitude in fCO stimulations but not nl3 stimulations. This result also supports the conclusion that MIP primarily affects slow fibers. Fast fibers produce much larger contractions than slow fibers. When both types are equally stimulated, as in nl3 stimulations, fast fiber activity therefore dominates muscle shortening. Under these conditions, the muscle may even shorten more rigidly than the slow fibers can intrinsically shorten. In this extreme, the slow fibers would be slack, contributing nothing to muscle shortening. That MIP did not decrease shortening in these experiments thus again suggests that MIP had no or very little effect on the fast fibers. This situation would not occur in the

**Figure 11.** RT-PCR analysis of G-protein-coupled and ionotropic receptors in brain (A) and ExtTi (B) showed MIPR expression in both (primer sets for MIPR_B and MIPR_C; see Table 1). All tested receptors were expressed in brain, but the Oamb and Tyr1A receptors were not in the muscle. We tested for actin expression in both tissues as a control. C. Summary of RT-PCR data in A, B and transcriptome results. Transcriptome analysis showed that all tested receptors were present in brain (plus signs), but Octβ2R and the Oamb and Tyr1A receptors were absent in ExtTi (minus signs in bottom three rectangles, ExtTi column). RT-PCR found all tested receptors in brain (green, brain column), but not the Oamb and Tyr1A receptors in ExtTi (red, ExtTi column). The transcriptome and RT-PCR analysis thus agreed for all but the Octβ2R gene. Octβ2R’s absence in the muscle transcriptome data could be because of this method being less sensitive than RT-PCR.

**Figure 12.** MIPR is expressed in both the most proximal and distal parts of ExtTi (primer for MIPR_C is used here; see Table 1). Primers against actin used as a control.

**Table 1**
isometric (force) experiments, in which the muscle is held at a constant length. In these experiments, rather than fast fiber activity negating slow fiber activity, fast and slow force production instead add. Why have CI activity at all? First, reducing slow fiber activation when it is not needed reduces energy expenditure. Second, during rapidly alternating movements, the slow relaxation of antagonist muscle slow fibers would result in residual slow fiber

**Figure 13.** Two representative experiments showing MIP reduction of muscle slow fiber isometric force (A) and isotonic shortening (B). SETi and CI1 motor neuron activity induced by sinusoidal deflections of fCO apodeme. No change in SETi and CI1 activity was observed. C, CI1 identity confirmed by extracellular recording of nl2 (bottom trace) and stimulation of nl3 (upper trace) with different current amplitudes. Electrical disturbance in nl2 recording coinciding with the stimulus is a stimulus artifact. Higher current amplitude stimulation elicited CI1 action potentials in nl2. D, Magnification of nl2 and nl3 extracellular recording in B (red asterisks) in saline (left panel) and MIP (right panel). CI1 and SETi action potentials are labeled. E, Magnification of the extracellular nerve recordings marked in B (red asterisk). CI1 action potentials are present on nl2 and nl3, SETi activity is present only on nl3.
force from a preceding movement (e.g., stance) opposing the subsequent movement (swing). SETi and FETi are co-active during fast active leg extension (Schmidt et al., 2001). During rapid movements, reducing SETi induced slow fiber activity would prevent residual slow fiber force from opposing subsequent leg flexion, and thus be advantageous. CI and DUM thus likely work together through their ionotropic (GABA\(_A\)) and metabotropic (octopamine, MIP, and GABA\(_A\)) actions to achieve the mixture of slow and fast fiber activation most appropriate for different behaviors, e.g., rest posture versus walking. Leg regulatory

Figure 14. MIP reduced isometric force (A) but had no consistent effect on isotonic shortening (B) induced by n\(3\) electrical stimulation. MIP effects on force washed out with perfusion of normal saline. 2.7 mN in muscle force portion of A is muscle passive baseline force.

Figure 15. Grouped MIP effects on ExtTi isometric force and isotonic shortening with fCO (SETi and CI; A, B) and n\(3\) (SETi, FETi, and CI; C, D) stimulation. A, B, MIP decreased group means of both isometric force and isotonic shortening [isometric: 11.6 mN (27.6 ± 15.6 mN saline, 16 ± 12.7 mN MIP), \(p = 0.0002\); isotonic: 102 \(\mu\)m (228 ± 136 \(\mu\)m saline, 126 ± 120 \(\mu\)m MIP), \(p = 0.0009\)]. C, D, Each data point represents muscle responses averaged over several consecutive stimulation cycles (minimum 3, maximum 6). Isometric force decreased 17.1 mN in MIP (73.6 ± 17.3 mN saline, 56.5 ± 14 mN MIP, \(p = 0.007\), \(n = 6\)), which was restored on perfusion with normal saline (23 mN increase [56.5 ± 14 mN MIP, 79.5 ± 14.9 mN wash], \(p = 0.0026\)). Mean force in wash was greater than in saline, but the increase (5.9 mN; \(p = 0.4276\)) was not significant. MIP induced the same force reduction in fCO (A, 11.6 ± 4.4 mN) and n\(3\) (C) isometric experiments (17.1 ± 7.4 mN, unpaired Student’s t test, \(p = 0.1041\)). In isotonic conditions at n\(3\) stimulation, MIP had no significant effect on muscle shortening amplitude. n.s., \(p > 0.05\); *0.01 < \(p < 0.05\); **0.001 < \(p < 0.01\); ***\(p < 0.001\).
systems may thus exist, at least in part, to limit slow fiber activity to behaviors in which their slow dynamics are advantageous (Zakotnik et al., 2006). Consistent with this interpretation, and MIP playing an important role in this process, CI and CI₂, both of which contain MIP (Fig. 7A), innervate the FlxTi muscle (Goldammer et al., 2012).

Colocalization of small-chemical neurotransmitters and neuropeptides

Co-transmission poses the difficulty of obligatorily coupling release of both transmitters. Both stick insect regulatory pathways (CI, GABA and MIP; DUM, octopamine and MIP) potentially have this problem. Several properties of small-chemical transmitter and neuropeptide release help ameliorate this difficulty. First, peptides and small-chemical transmitters can act on different timescales, be released at different axon terminals, and peptides can diffuse relatively long distances, binding to receptors not accessible to small-chemical transmitters (Nässel, 2009; van den Pol, 2012). Neuropeptides are therefore well suited to modulate relatively distant targets, and large targets such as muscles. Second, the two groups are also differently sensitive to neuron activity, classical transmitter release beginning at low firing frequencies and peptide release generally requiring higher levels of neuron activity (Whim and Lloyd, 1989, 1990; Peng and Horn, 1991; Weiss et al., 1992; Vilim et al., 1996; Karhunen et al., 2001; Whim, 2006).

The DUM and CI neurons could therefore release their small-chemical and neuropeptide transmitters at different release sites, with smaller and larger regions of muscles being affected, and in different quantities, depending on their excitation state. CI-released GABA primarily affects slow ExtTi fibers (Bässler et al., 1996; Bässler and Stein, 1996; Wolf, 2014) and we show here that MIP decreases slow fiber output. The effects of octopamine on stick insect muscle have not been investigated, but in locust it increases muscle relaxation velocity (O’Shea and Evans, 1979; Evans and Siegler, 1982). These data suggest the DUM and CI modulatory pathways work together to increase the animal’s ability to create rapid leg movements. Given the results noted above about the differential release of small-chemical and peptide transmitters as a function of releasing-neuron activity, at low levels of activation this increase would primarily occur because of GABA and octopamine release, with MIP playing an increasingly prominent role as DUM and CI activity increased. DUM and CI, and their small-chemical and peptide transmitters, would thus function cooperatively to tune the neuromuscular system to producing rapid locomotory movements.

Functional consequences of individual CI and DUM innervating different muscle groups

Individual CI and DUM neurons innervate different sets of leg muscles (Mentel et al., 2008; Goldammer et al., 2012). This specificity suggests that, depending on the behavior, different combinations of CI and DUM neurons are activated so that correct sets of muscle are switched to being able to produce fast contractions and relaxations. In such a system, in which functionally-related sets of muscles are the targets, there is no need for muscle-specific modulation such as that observed in Aplysia. In such an organizational structure, there is also no need to evolve different neuromodulators for each muscle group. The large number of CI and DUM modulatory neurons would be sufficient, acting combinatorially, to switch to rapid activity whatever muscle groups any particular behavior required to be so.

References


