

Reduction of Glut1 in the Neural Retina But Not the RPE Alleviates Polyol Accumulation and Normalizes Early Characteristics of Diabetic Retinopathy

Nicholas C. Holoman,¹ Jacob J. Aiello,¹ Timothy D. Trobenter,¹ Matthew J. Tarchick,¹ Michael R. Kozlowski,¹ Emily R. Makowski,¹ Darryl C. De Vivo,³ Charandeep Singh,² Jonathan E. Sears,² and Ivy S. Samuels^{1,2}

¹Research Service, Veterans Administration Northeast Ohio Healthcare System, Cleveland, Ohio 44106, ²Department of Ophthalmic Research, Cole Eye Institute, Cleveland Clinic, Cleveland, Ohio 44195, and ³Department of Neurology, Columbia University Irving Medical Center, New York, New York 10032

Hyperglycemia is a key determinant for development of diabetic retinopathy (DR). Inadequate glycemic control exacerbates retinopathy, while normalization of glucose levels delays its progression. In hyperglycemia, hexokinase is saturated and excess glucose is metabolized to sorbitol by aldose reductase via the polyol pathway. Therapies to reduce retinal polyol accumulation for the prevention of DR have been elusive because of low sorbitol dehydrogenase levels in the retina and inadequate inhibition of aldose reductase. Using systemic and conditional genetic inactivation, we targeted the primary facilitative glucose transporter in the retina, Glut1, as a preventative therapeutic in diabetic male and female mice. Unlike WT diabetics, diabetic *Glut1*^{+/-} mice did not display elevated Glut1 levels in the retina. Furthermore, diabetic *Glut1*^{+/-} mice exhibited ameliorated ERG defects, inflammation, and oxidative stress, which was correlated with a significant reduction in retinal sorbitol accumulation. Retinal pigment epithelium-specific reduction of Glut1 did not prevent an increase in retinal sorbitol content or early hallmarks of DR. However, like diabetic *Glut1*^{+/-} mice, reduction of Glut1 specifically in the retina mitigated polyol accumulation and diminished retinal dysfunction and the elevation of markers for oxidative stress and inflammation associated with diabetes. These results suggest that modulation of retinal polyol accumulation via Glut1 in photoreceptors can circumvent the difficulties in regulating systemic glucose metabolism and be exploited to prevent DR.

Key words: diabetic retinopathy; electroretinogram; glucose; photoreceptor; retinal pigment epithelium; sorbitol

Significance Statement

Diabetic retinopathy affects one-third of diabetic patients and is the primary cause of vision loss in adults 20–74 years of age. While anti-VEGF and photocoagulation treatments for the late-stage vision threatening complications can prevent vision loss, a significant proportion of patients do not respond to anti-VEGF therapies, and mechanisms to stop progression of early-stage symptoms remain elusive. Glut1 is the primary facilitative glucose transporter for the retina. We determined that a moderate reduction in Glut1 levels, specifically in the retina, but not the retinal pigment epithelium, was sufficient to prevent retinal polyol accumulation and the earliest functional defects to be identified in the diabetic retina. Our study defines modulation of Glut1 in retinal neurons as a targetable molecule for prevention of diabetic retinopathy.

Received July 31, 2020; revised Dec. 16, 2020; accepted Feb. 11, 2021.

Author contributions: N.C.H., J.J.A., T.D.T., M.J.T., M.R.K., E.R.M., C.S., and I.S.S. performed research; N.C.H., M.J.T., and I.S.S. analyzed data; D.C.D.V. and J.E.S. contributed unpublished reagents/analytic tools; D.C.D.V. and I.S.S. edited the paper; I.S.S. designed research; I.S.S. wrote the paper.

This work was supported by Veterans Administration Merit Award I01 BX002754-01A2 to I.S.S., National Institutes of Health R01 EY024972 to J.E.S., National Institutes of Health, National Eye Institute P30 Core Grant IP30EY025585, The Research to Prevent Blindness Unrestricted Grants, Cleveland Eye Bank Foundation awarded to the Cole Eye Institute, and Cleveland Clinic Foundation. We thank Drs. E. Dale Abel, Joshua Dunaief, and Sujata Rao for providing mice; and Dr. Neal Peachey for critical reading of the manuscript.

M.J. Tarchick's present address: Department of Biology, University of Akron, Akron, Ohio 44325.

The authors declare no competing financial interests.

Correspondence should be addressed to Ivy S. Samuels at Ivy.Samuels@va.gov or doctoreyevy@gmail.com.

<https://doi.org/10.1523/JNEUROSCI.2010-20.2021>

Copyright © 2021 the authors

Introduction

Hyperglycemia is a primary risk factor for the development of diabetic retinopathy (DR) (R. Lee et al., 2015; Lima et al., 2016; Sabanayagam et al., 2016). Increased glucose metabolism and retinal polyol accumulation are key pathologic features of DR (Gabbay, 1973; Asnaghi et al., 2003; Dagher et al., 2004) and directly contribute to DR via the generation of reactive oxygen species and advanced glycation end products, a reduction in pools of reduced glutathione, and increased retinal osmolarity (Lorenzi, 2007). However, successful therapies targeting glucose and polyol breakdown have been elusive. Inhibition of the two key metabolic enzymes in the polyol pathway, aldose reductase

Table 1. Full details for each experiment

Figure	<i>n</i>	Test used	Statistical values	<i>p</i>	Post hoc test	<i>p</i>
1C	<i>Glut1</i> ^{+/+} CNTL (3) <i>Glut1</i> ^{+/+} STZ (2) <i>Glut1</i> ^{+/-} CNTL (3) <i>Glut1</i> ^{+/-} STZ (4)	One-way ANOVA	$F_{(3,8)} = 12.05$	0.0025	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0106
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.4487
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9675
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0019
<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0048					
<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.6333					
2B-E	<i>Glut1</i> ^{+/+} CNTL (7) <i>Glut1</i> ^{+/+} STZ (5) <i>Glut1</i> ^{+/-} CNTL (7) <i>Glut1</i> ^{+/-} STZ (4)	One-way ANOVA	2B: $F_{(3,19)} = 1.283$	0.3088	No significant differences	
			2C: $F_{(3,19)} = 1.274$	0.3117	No significant differences	
			2D: $F_{(3,19)} = 0.537$	0.6624	No significant differences	
			2E: $F_{(3,19)} = 0.4501$	0.7202	No significant differences	
2F	<i>Glut1</i> ^{+/+} CNTL (7) <i>Glut1</i> ^{+/+} STZ (5) <i>Glut1</i> ^{+/-} CNTL (7) <i>Glut1</i> ^{+/-} STZ (4)	Two-way ANOVA	genotype: $F_{(3,114)} = 7.192$	0.0002	Tukey	
			distance: $F_{(5,114)} = 0.8449$	0.5207	No significant differences	
			genotype × distance: $F_{(15,114)} = 0.2765$	0.9966	between genotypes for any distance	
3A	6 per group	One-way ANOVA	$F_{(3,20)} = 2.0$	0.1426	No significant differences	
3B	6 per group	One-way ANOVA	$F_{(3,20)} = 56$	<0.0001	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	<0.0001
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	>0.9999
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	<0.0001
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	<0.0001
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.8161
<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	<0.0001					
3D	<i>Glut1</i> ^{+/+} (7) <i>Glut1</i> ^{+/-} (4)	Two-way ANOVA	a-wave: genotype $F_{(1,45)} = 0.0495$	0.825	No significant differences	
			a-wave: intensity $F_{(4,45)} = 62.65$	<0.0001	between genotypes at any intensity	
			a-wave: genotype × intensity $F_{(4,45)} = 0.4153$	0.7967		
			b-wave: genotype $F_{(1,90)} = 6.077$	0.0156	Bonferroni	
			b-wave: intensity $F_{(9,90)} = 61.48$	<0.0001	No significant differences	
			b-wave: genotype × intensity $F_{(9,90)} = 0.3143$	0.9684	between genotypes at any intensity	
3F	<i>Glut1</i> ^{+/+} (7) <i>Glut1</i> ^{+/-} (4)	Two-way ANOVA	genotype $F_{(1,54)} = 0.07226$	0.7891	No significant differences	
			intensity $F_{(5,54)} = 26.07$	<0.0001	between genotypes at any intensity	
			genotype × intensity $F_{(5,54)} = 0.08077$	0.995		
4B	6 per group	One-way ANOVA	$F_{(3,20)} = 1.2$	0.3486	No significant differences	
4C	6 per group	One-way ANOVA	$F_{(3,20)} = 97.51$	<0.0001	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	<0.0001
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.0019
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0107
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	<0.0001
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	<0.0001
<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	<0.0001					
4D	6 per group	One-way ANOVA	$F_{(3,20)} = 1.7$	0.2031	No significant differences	
4E	6 per group	One-way ANOVA	$F_{(3,20)} = 5.0$	0.0097	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.737
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.3969
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0927
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0698
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0108
<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.8152					

(Table continues.)

Table 1. Continued

Figure	n	Test used	Statistical values	p	Post hoc test	p			
4F	<i>Glut1</i> ^{+/+} CNTL (3)	One-way ANOVA	$F_{(3,10)} = 4.63$	0.0281	Tukey				
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.2611			
	<i>Glut1</i> ^{+/+} STZ (3)					0.9694			
	<i>Glut1</i> ^{+/-} CNTL (4)					0.4339			
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL				0.1113				
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ				0.0186				
<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.6282								
5B	<i>Glut1</i> ^{+/+} CNTL (19)	Two-way ANOVA	genotype/treatment $F_{(3,210)} = 20.76$	<0.0001	Tukey	0.6	1.4	2.1	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0034	<0.0001	<0.0001	
	<i>Glut1</i> ^{+/+} STZ (8)					0.3431	0.0741	0.1706	
	<i>Glut1</i> ^{+/-} CNTL (12)					0.9956	0.3304	0.1605	
	genotype/treatment × intensity				0.0033				
	<i>Glut1</i> ^{+/-} STZ (7)					0.2456	0.0009	0.0001	
		0.0442	0.0017	0.0027					
		0.7031	0.9893	0.9858					
5C	<i>Glut1</i> ^{+/+} CNTL (19)	Two-way ANOVA	genotype/treatment $F_{(3,420)} = 59.65$	<0.0001	Tukey	-2.4	-1.8	-1.2	-0.6
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0058	0.0006	0.0002	0.0003
	<i>Glut1</i> ^{+/+} STZ (8)					0.9585	0.8853	0.8927	0.904
	<i>Glut1</i> ^{+/-} CNTL (12)					0.9474	0.6629	0.4608	0.2951
	genotype/treatment × intensity				0.0472				
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL				0.0427	0.0133	0.0048	0.0066	
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ				0.1201	0.1181	0.1216	0.2475	
	<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ				0.9994	0.9597	0.8502	0.686	
					0	0.6	1.4	2.1	
	<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ				<0.0001	<0.0001	<0.0001	<0.0001	
	<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL				0.922	0.5723	0.1996	0.5002	
	<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ				0.2413	0.2199	0.0311	0.0105	
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL				0.0018	0.0001	<0.0001	<0.0001	
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ				0.1705	0.0128	0.0042	0.0108	
<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.5942	0.8587	0.7319	0.2687					
5E	<i>Glut1</i> ^{+/+} CNTL (18)	Two-way ANOVA	genotype/treatment $F_{(3,195)} = 40.04$	<0.0001	Tukey	0.6	1.4	2.1	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	<0.0001	<0.0001	<0.0001	
	<i>Glut1</i> ^{+/+} STZ (8)					0.9999	0.9881	0.9974	
	<i>Glut1</i> ^{+/-} CNTL (10)					0.8014	0.0165	0.0234	
	genotype/treatment × intensity				<0.0001				
	<i>Glut1</i> ^{+/-} STZ (7)					0.0003	<0.0001	<0.0001	
		0.0172	0.001	0.0002					
		0.8171	0.0727	0.0732					
5F	<i>Glut1</i> ^{+/+} CNTL (18)	Two-way ANOVA	genotype/treatment $F_{(3,390)} = 112.5$	<0.0001	Tukey	-2.4	-1.8	-1.2	-0.6
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0137	0.0001	<0.0001	<0.0001
	<i>Glut1</i> ^{+/+} STZ (8)					0.9776	0.7533	0.865	0.3397
	<i>Glut1</i> ^{+/-} CNTL (10)					0.7404	0.4341	0.2482	0.0167
	genotype/treatment × intensity				<0.0001				
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL				0.0823	0.015	0.0008	<0.0001	
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ				0.3704	0.1216	0.057	0.0189	
	<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ				0.9338	0.9417	0.7156	0.5348	
					0	0.6	1.4	2.1	
	<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ				<0.0001	<0.0001	<0.0001	<0.0001	
	<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL				0.3898	0.4581	0.4387	0.8076	
	<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ				0.0053	0.0007	<0.0001	<0.0001	
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL				<0.0001	<0.0001	<0.0001	<0.0001	
	<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ				0.004	0.0005	<0.0001	<0.0001	
<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.3048	0.0954	0.0165	0.0023					
5H	<i>Glut1</i> ^{+/+} CNTL (10)	Two-way ANOVA	genotype/treatment $F_{(3,84)} = 10.15$	<0.0001	Tukey	OP1	OP2	OP3	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0045	0.0034	0.0467	
	<i>Glut1</i> ^{+/+} STZ (7)					0.5553	0.5744	0.6404	
	<i>Glut1</i> ^{+/-} CNTL (10)					0.7885	0.9334	0.9194	
	genotype/treatment × OP				0.9948				
	<i>Glut1</i> ^{+/-} STZ (5)					0.1119	0.0861	0.3972	
		0.1782	0.0773	0.3662					
		0.9989	0.9684	0.9879					

(Table continues.)

Table 1. Continued

Figure	n	Test used	Statistical values	p	Post hoc				
					test	p			
5I	Glut1 ^{+/+} CNTL (17)	Two-way ANOVA	genotype/treatment $F_{(3,93)} = 12.33$	<0.0001	Tukey	OP1	OP2	OP3	
			OP $F_{(2,93)} = 15.00$	<0.0001	Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ	0.0024	<0.0001	0.0011	
	Glut1 ^{+/+} STZ (7)		genotype/treatment × OP	0.7049	Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL	0.76	0.2809	0.3836	
			Glut1 ^{+/-} CNTL (7)	$F_{(6,93)} = 0.6313$		Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ	0.9975	0.0679	0.1777
	Glut1 ^{+/-} STZ (4)					Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL	0.1188	0.0363	0.2284
						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ	0.0751	0.4922	0.7704
						Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ	0.9508	0.7938	0.9079
	5K		Glut1 ^{+/+} CNTL (19)	Two-way ANOVA	genotype/treatment $F_{(3,252)} = 13.76$	<0.0001	Tukey	0.6	1.4
intensity $F_{(5,252)} = 165.0$		<0.0001			Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ	0.0038	0.0002	<0.0001	
Glut1 ^{+/+} STZ (8)		genotype/treatment × intensity	0.033		Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL	>0.9999	0.8115	0.9915	
		Glut1 ^{+/-} CNTL (12)	$F_{(15,252)} = 1.815$			Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ	0.4681	0.2659	0.2802
Glut1 ^{+/-} STZ (7)						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL	0.0101	<0.0001	<0.0001
						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ	0.405	0.2314	0.144
						Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ	0.5506	0.0834	0.235
5L		Glut1 ^{+/+} CNTL (18)	Two-way ANOVA		genotype/treatment $F_{(3,234)} = 29.16$	<0.0001	Tukey	0.6	1.4
	intensity $F_{(5,234)} = 160.5$			<0.0001	Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ	<0.0001	<0.0001	<0.0001	
	Glut1 ^{+/+} STZ (8)	genotype/treatment × intensity		<0.0001	Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL	0.9837	0.8402	0.9354	
		Glut1 ^{+/-} CNTL (10)		$F_{(15,234)} = 3.622$		Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ	0.2993	0.0546	0.0658
	Glut1 ^{+/-} STZ (7)					Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL	0.0003	<0.0001	<0.0001
						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ	0.0535	0.0018	0.0008
						Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ	0.5677	0.3563	0.2904
	5N	Glut1 ^{+/+} CNTL (18)		One-way ANOVA	$F_{(3,60)} = 15.67$	<0.0001	Tukey		
Glut1 ^{+/+} STZ (18)						Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ	<0.0001		
		Glut1 ^{+/-} CNTL (15)				Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL	0.9484		
Glut1 ^{+/-} STZ (13)						Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ	0.0185		
						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL	<0.0001		
						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ	0.0492		
						Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ	0.0861		
5O		Glut1 ^{+/+} CNTL (19)	One-way ANOVA		$F_{(3,53)} = 8.232$	0.0001	Tukey		
	Glut1 ^{+/+} STZ (16)					Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ	0.0001		
		Glut1 ^{+/-} CNTL (12)				Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL	0.9774		
	Glut1 ^{+/-} STZ (10)					Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ	0.6824		
						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL	0.0025		
						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ	0.0320		
						Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ	0.9084		
	6B	4 per group		One-way ANOVA	$F_{(3,12)} = 30.73$	<0.0001	Tukey		
Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ						Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ	0.0001		
		Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL				Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL	0.2654		
Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ						Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ	0.8637		
		Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL				Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL	<0.0001		
Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ	<0.0001		
		Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ				Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ	0.663		
6C			4 per group		One-way ANOVA	$F_{(3,12)} = 13.95$	0.0003	Tukey	
	Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ					Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ	0.0014		
		Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL				Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL	0.8254		
	Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ					Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ	0.1868		
		Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL				Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL	0.0004		
	Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ					Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ	0.0569		
		Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ				Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ	0.0451		
	6D		3 per group	One-way ANOVA		$F_{(3,8)} = 5.924$	0.0198	Tukey	
Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ						Glut1 ^{+/+} CNTL vs Glut1 ^{+/+} STZ	0.037		
		Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL				Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} CNTL	0.9998		
Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ						Glut1 ^{+/+} CNTL vs Glut1 ^{+/-} STZ	>0.9999		
		Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL				Glut1 ^{+/+} STZ vs Glut1 ^{+/-} CNTL	0.0334		
Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ						Glut1 ^{+/+} STZ vs Glut1 ^{+/-} STZ	0.0371		
		Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ				Glut1 ^{+/-} CNTL vs Glut1 ^{+/-} STZ	0.9998		

(Table continues.)

Table 1. Continued

Figure	n	Test used	Statistical values	p	Post hoc test	p								
6E	3 per group	One-way ANOVA	$F_{(3,8)} = 34.22$	<0.0001	Tukey									
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0002								
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.9642								
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9951								
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0001								
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0002								
6F	3 per group	One-way ANOVA	$F_{(3,8)} = 52.93$	<0.0001	Tukey									
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	<0.0001								
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.2167								
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.8361								
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	<0.0001								
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	<0.0001								
6G	3 per group	One-way ANOVA	$F_{(3,8)} = 19.00$	0.0005	Tukey									
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0019								
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.9376								
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9482								
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0010								
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0010								
6H	3 per group	One-way ANOVA	$F_{(3,8)} = 13.57$	0.0017	Tukey									
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0068								
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.5374								
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.7915								
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0013								
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0229								
7A	<i>Glut1</i> ^{+/+} CNTL (8) <i>Glut1</i> ^{+/+} STZ (5) <i>Glut1</i> ^{+/-} CNTL (6) <i>Glut1</i> ^{+/-} STZ (3)	One-way ANOVA	$F_{(3,18)} = 0.81$	0.5038	No significant differences									
					7B	<i>Glut1</i> ^{+/+} CNTL (8) <i>Glut1</i> ^{+/+} STZ (5) <i>Glut1</i> ^{+/-} CNTL (6) <i>Glut1</i> ^{+/-} STZ (3)	One-way ANOVA	$F_{(3,18)} = 44.11$	<0.0001	Tukey				
										<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	<0.0001			
										<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.9777			
										<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	<0.0001			
<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	<0.0001													
7D	<i>Glut1</i> ^{+/+} CNTL (6) <i>Glut1</i> ^{+/+} STZ (5) <i>Glut1</i> ^{+/-} CNTL (4) <i>Glut1</i> ^{+/-} STZ (2)	Two-way ANOVA	genotype/treatment $F_{(3,65)} = 43.09$ intensity $F_{(4,65)} = 485.0$ genotype/treatment × intensity $F_{(12,65)} = 6.27$	<0.0001 <0.0001 <0.0001	Tukey	0.6	1.4	2.1						
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0001	<0.0001	<0.0001						
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	>0.9999	0.5958	0.9805						
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0363	0.0001	0.0005						
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0006	<0.0001	<0.0001						
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.9260	0.0594	0.0034						
7E	<i>Glut1</i> ^{+/+} CNTL (6) <i>Glut1</i> ^{+/+} STZ (5) <i>Glut1</i> ^{+/-} CNTL (4) <i>Glut1</i> ^{+/-} STZ (2)	Two-way ANOVA	genotype/treatment $F_{(3,130)} = 87.66$ intensity $F_{(9,130)} = 149.6$ genotype/treatment × intensity $F_{(27,130)} = 3.192$	<0.0001 <0.0001 <0.0001	Tukey	-2.4	-1.8	-1.2	-0.6					
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0809	0.0014	<0.0001	<0.0001					
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.9344	0.9885	0.9937	0.9386					
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9070	0.7158	0.5180	0.2841					
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0348	0.0017	0.0001	<0.0001					
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.6995	0.3301	0.0754	0.0046					
						0	0.6	1.4	2.1					

(Table continues.)

Table 1. Continued

Figure	n	Test used	Statistical values	p	Post hoc test	p
7G	<i>Glut1</i> ^{+/+} CNTL (6) <i>Glut1</i> ^{+/+} STZ (5) <i>Glut1</i> ^{+/-} CNTL (4) <i>Glut1</i> ^{+/-} STZ (2)	One-way ANOVA	$F_{(3,13)} = 11.47$	0.0006	<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	<0.0001
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	<0.0001
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	>0.9999
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.9941
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0095
					<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0205
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	<0.0001
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	<0.0001
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0007
					<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0008
8A	3 per group	One-way ANOVA	$F_{(3,8)} = 6.381$	0.0162	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0016
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.7753
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.7332
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0008
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.1097
					<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.3679
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0184
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.6490
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9890
8B	<i>Glut1</i> ^{+/+} CNTL (3) <i>Glut1</i> ^{+/+} STZ (2) <i>Glut1</i> ^{+/-} CNTL (3) <i>Glut1</i> ^{+/-} STZ (3)	One-way ANOVA	$F_{(3,7)} = 10.94$	0.0049	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0045
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.7073
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.8883
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0133
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0091
					<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9808
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0007
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.2121
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9988
8C	<i>Glut1</i> ^{+/+} CNTL (3) <i>Glut1</i> ^{+/+} STZ (2) <i>Glut1</i> ^{+/-} CNTL (3) <i>Glut1</i> ^{+/-} STZ (3)	One-way ANOVA	$F_{(3,7)} = 21.51$	0.0007	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0007
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.2121
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9988
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0049
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0008
					<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.2552
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0010
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.9794
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9300
8D	3 per group	One-way ANOVA	$F_{(3,8)} = 22.48$	0.0003	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0010
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.9794
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9300
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	0.0007
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0005
					<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.9963
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0320
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.0017
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0087
9C	F ^{+/+} VMD2Cre ⁻ CNTL (5) F ^{+/+} VMD2 Cre ⁺ STZ (4) F ^{+/+} VMD2 Cre ⁺ CNTL (3) F ^{+/+} VMD2 Cre ⁺ STZ (3)	One-way ANOVA	$F_{(3,11)} = 26.33$	<0.0001	Tukey	
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0320
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.0017
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0087
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	<0.0001
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.0002
					<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.8015
					F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁻ STZ	0.0005
					F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ CNTL	0.9974
					F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ STZ	0.0003
10A	4 per group	One-way ANOVA	$F_{(3,12)} = 24$	<0.0001	F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁻ STZ	0.0005
					F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ CNTL	0.9974
					F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ STZ	0.0003
					F ^{+/+} Cre ⁻ STZ vs F ^{+/+} Cre ⁺ CNTL	0.0003
					F ^{+/+} Cre ⁻ STZ vs F ^{+/+} Cre ⁺ STZ	0.9975
					F ^{+/+} Cre ⁺ CNTL vs F ^{+/+} Cre ⁺ STZ	0.0003

(Table continues.)

Table 1. Continued

Figure	n	Test used	Statistical values	p	Post hoc test	p			
10B	4 per group	One-way ANOVA	$F_{(3,12)} = 3.5$	0.0515	Tukey				
					No significant differences				
10C	4 per group	One-way ANOVA	$F_{(3,12)} = 30$	<0.0001	Tukey				
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/+} STZ	0.0003			
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} CNTL	0.2777			
					<i>Glut1</i> ^{+/+} CNTL vs <i>Glut1</i> ^{+/-} STZ	0.0013			
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} CNTL	<0.0001			
					<i>Glut1</i> ^{+/+} STZ vs <i>Glut1</i> ^{+/-} STZ	0.8044			
					<i>Glut1</i> ^{+/-} CNTL vs <i>Glut1</i> ^{+/-} STZ	<0.0001			
10D	4 per group	One-way ANOVA	$F_{(3,12)} = 4.2$	0.0302	Tukey				
					No significant differences				
10E	4 per group	One-way ANOVA	$F_{(3,12)} = 0.83$	0.5036	No significant differences				
11B	F ^{+/+} VMD2 Cre ⁻ CNTL (6) F ^{+/+} VMD2 Cre ⁻ STZ (7) F ^{+/+} VMD2 Cre ⁺ CNTL (5) F ^{+/+} VMD2 Cre ⁺ STZ (6)	Two-way ANOVA	genotype/treatment $F_{(3,120)} = 12.75$ intensity $F_{(5,120)} = 212.7$ genotype/treatment × intensity $F_{(15,120)} = 4.283$	<0.0001 <0.0001 0.045	Tukey	0.6 0.2139 0.6159 0.4498 0.0123 0.9771 0.0464	1.4 0.0416 0.9208 0.0041 0.0094 0.7964 0.0008	2.1 0.0231 0.9601 0.0009 0.0078 0.6589 0.0003	
11C	F ^{+/+} VMD2 Cre ⁻ CNTL (6) F ^{+/+} VMD2 Cre ⁻ STZ (7) F ^{+/+} VMD2 Cre ⁺ CNTL (5) F ^{+/+} VMD2 Cre ⁺ STZ (6)	Two-way ANOVA	genotype/treatment $F_{(3,200)} = 27.25$ intensity $F_{(9,200)} = 72.10$ genotype/treatment × intensity $F_{(15,120)} = 1.051$	<0.0001 <0.0001 0.4023	Tukey	0 0.1536 0.7634 0.2218 0.0153 0.9995 0.0278	0.6 0.0532 0.5755 0.0896 0.0012 0.9993 0.0029	1.4 0.0242 0.6884 0.0148 0.0009 0.9922 0.0005	2.1 0.0178 0.7777 0.0071 0.0011 0.9750 0.0004
11G	F ^{+/+} VMD2 Cre ⁻ CNTL (7) F ^{+/+} VMD2 Cre ⁻ STZ (5) F ^{+/+} VMD2 Cre ⁺ CNTL (4) F ^{+/+} VMD2 Cre ⁺ STZ (5)	One-way ANOVA	$F_{(3,17)} = 8.042$	0.0015	Tukey	0.0357 0.9696 0.0064 0.0334 0.8650 0.0074			
12B	F ^{+/+} Crx Cre ⁻ CNTL (7) F ^{+/+} Crx Cre ⁻ STZ (7) F ^{+/+} Crx Cre ⁺ CNTL (4) F ^{+/+} Crx Cre ⁺ STZ (4)	One-way ANOVA	$F_{(3,18)} = 9.573$	0.0005	Tukey	0.9346 0.0066 0.0026 0.0193 0.0077 0.9806			
12C	F ^{+/+} Crx Cre ⁻ CNTL (5) F ^{+/+} Crx Cre ⁻ STZ (5) F ^{+/+} Crx Cre ⁺ CNTL (4) F ^{+/+} Crx Cre ⁺ STZ (5)	One-way ANOVA	$F_{(3,15)} = 25.29$	<0.0001	Tukey	0.0444 0.0084 0.0012 <0.0001 <0.0001 0.8877			
13A	5 per group	One-way ANOVA	$F_{(3,16)} = 31$	<0.0001	Tukey	<0.0001 0.9987 <0.0001 <0.0001 0.9888 <0.0001			

(Table continues.)

Table 1. Continued

Figure	n	Test used	Statistical values	p	Post hoc				
					test	p			
13B	5 per group	One-way ANOVA	$F_{(3,16)} = 4.4$	0.0196	Tukey				
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	0.9525			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.0616			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	>0.9999			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	0.0223			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	0.9462			
13C	$F^{+} Crx Cre^{-} CNTL$ (5) $F^{+} Crx Cre^{-} STZ$ (4) $F^{+} Crx Cre^{+} CNTL$ (5) $F^{+} Crx Cre^{+} STZ$ (5)	One-way ANOVA	$F_{(3,15)} = 34$	<0.0001	Tukey				
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	<0.0001			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.4105			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.0047			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	<0.0001			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	0.0172			
13D	5 per group	One-way ANOVA	$F_{(3,16)} = 4.6$	0.016	Tukey				
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	0.2402			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.3961			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.7814			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	0.0118			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	0.7383			
13E	5 per group	One-way ANOVA	$F_{(3,16)} = 2.2$	0.1266	No significant differences				
					Tukey	0.6	1.4	2.1	
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	0.0009	<0.0001	<0.0001	
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.8340	0.8914	0.9955	
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.9781	0.9436	0.7568	
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	0.1592	<0.0001	<0.0001	
14B	$F^{+} Crx Cre^{-} CNTL$ (12) $F^{+} Crx Cre^{-} STZ$ (8) $F^{+} Crx Cre^{+} CNTL$ (4) $F^{+} Crx Cre^{+} STZ$ (4)	Two-way ANOVA	genotype/treatment $F_{(3,142)} = 24.74$ intensity $F_{(6,142)} = 322.7$ genotype/treatment × intensity $F_{(15,142)} = 5.064$	<0.0001 <0.0001 <0.0001	Tukey				
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	0.0009	<0.0001	<0.0001	
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.8340	0.8914	0.9955	
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.9781	0.9436	0.7568	
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	0.1592	<0.0001	<0.0001	
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	0.0622	<0.0001	<0.0001	
					$F^{+} Cre^{+} CNTL$ vs $F^{+} Cre^{+} STZ$	0.9839	0.9993	0.7517	
					Tukey	-2.4	-1.8	-1.2	-0.6
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	0.0036	<0.0001	<0.0001	<0.0001
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.9996	0.9959	0.8058	0.9537
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.9993	0.9950	0.9962	0.9998
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	0.1177	0.0272	0.1323	0.0451
$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	0.0690	0.0109	0.0100	0.0048					
$F^{+} Cre^{+} CNTL$ vs $F^{+} Cre^{+} STZ$	>0.9999	>0.9999	0.9342	0.9821					
14C	$F^{+} Crx Cre^{-} CNTL$ (12) $F^{+} Crx Cre^{-} STZ$ (8) $F^{+} Crx Cre^{+} CNTL$ (4) $F^{+} Crx Cre^{+} STZ$ (4)	Two-way ANOVA	genotype/treatment $F_{(3,233)} = 42.71$ intensity $F_{(6,233)} = 71.92$ genotype/treatment × intensity $F_{(27,233)} = 0.9578$	<0.0001 <0.0001 0.5289	Tukey				
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	0.0036	<0.0001	<0.0001	<0.0001
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.9996	0.9959	0.8058	0.9537
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.9993	0.9950	0.9962	0.9998
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	0.1177	0.0272	0.1323	0.0451
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	0.0690	0.0109	0.0100	0.0048
					$F^{+} Cre^{+} CNTL$ vs $F^{+} Cre^{+} STZ$	>0.9999	>0.9999	0.9342	0.9821
					Tukey	0	0.6	1.4	2.1
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	<0.0001	<0.0001	<0.0001	<0.0001
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.8526	0.9020	0.9149	0.9840
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.9997	0.9817	0.9695	0.9484
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	0.0424	0.0049	0.0006	0.0004
$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	0.0008	0.0001	<0.0001	0.0002					
$F^{+} Cre^{+} CNTL$ vs $F^{+} Cre^{+} STZ$	0.8769	0.8210	0.8050	0.9988					
14G	$F^{+} Crx Cre^{-} CNTL$ (13) $F^{+} Crx Cre^{-} STZ$ (8) $F^{+} Crx Cre^{+} CNTL$ (5) $F^{+} Crx Cre^{+} STZ$ (3)	One-way ANOVA	$F_{(3,25)} = 23.38$	<0.0001	Tukey				
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	<0.0001			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.9301			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.7413			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	<0.0001			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	<0.0001			
15A	$F^{+} Crx Cre^{-} CNTL$ (6) $F^{+} Crx Cre^{-} STZ$ (5) $F^{+} Crx Cre^{+} CNTL$ (3) $F^{+} Crx Cre^{+} STZ$ (3)	One-way ANOVA	$F_{(3,13)} = 6.71$	0.0056	Tukey				
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{-} STZ$	0.0048			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} CNTL$	0.9933			
					$F^{+} Cre^{-} CNTL$ vs $F^{+} Cre^{+} STZ$	0.7049			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} CNTL$	0.0287			
					$F^{+} Cre^{-} STZ$ vs $F^{+} Cre^{+} STZ$	0.1162			

(Table continues.)

Table 1. Continued

Figure	n	Test used	Statistical values	p	Post hoc test	p
15B	F ^{+/+} Crx Cre ⁻ CNTL (7)	One-way ANOVA	$F_{(3,16)} = 23.34$	<0.0001	Tukey	
	F ^{+/+} Crx Cre ⁻ STZ (5)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁻ STZ	<0.0001
	F ^{+/+} Crx Cre ⁺ CNTL (4)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ CNTL	0.7762
	F ^{+/+} Crx Cre ⁺ STZ (4)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ STZ	0.7116
					F ^{+/+} Cre ⁻ STZ vs F ^{+/+} Cre ⁺ CNTL	<0.0001
					F ^{+/+} Cre ⁻ STZ vs F ^{+/+} Cre ⁺ STZ	<0.0001
					F ^{+/+} Cre ⁺ CNTL vs F ^{+/+} Cre ⁺ STZ	0.9996
15C	F ^{+/+} Crx Cre ⁻ CNTL (7)	One-way ANOVA	$F_{(3,13)} = 9.133$	0.0016	Tukey	
	F ^{+/+} Crx Cre ⁻ STZ (4)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁻ STZ	0.0014
	F ^{+/+} Crx Cre ⁺ CNTL (3)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ CNTL	0.9997
	F ^{+/+} Crx Cre ⁺ STZ (3)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ STZ	0.9176
					F ^{+/+} Cre ⁻ STZ vs F ^{+/+} Cre ⁺ CNTL	0.0078
					F ^{+/+} Cre ⁻ STZ vs F ^{+/+} Cre ⁺ STZ	0.0192
					F ^{+/+} Cre ⁺ CNTL vs F ^{+/+} Cre ⁺ STZ	0.9654
15D	F ^{+/+} Crx Cre ⁻ CNTL (7)	One-way ANOVA	$F_{(3,14)} = 10.23$	0.0008	Tukey	
	F ^{+/+} Crx Cre ⁻ STZ (5)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁻ STZ	0.0010
	F ^{+/+} Crx Cre ⁺ CNTL (3)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ CNTL	0.9921
	F ^{+/+} Crx Cre ⁺ STZ (3)				F ^{+/+} Cre ⁻ CNTL vs F ^{+/+} Cre ⁺ STZ	0.9635
					F ^{+/+} Cre ⁻ STZ vs F ^{+/+} Cre ⁺ CNTL	0.0038
					F ^{+/+} Cre ⁻ STZ vs F ^{+/+} Cre ⁺ STZ	0.0147
					F ^{+/+} Cre ⁺ CNTL vs F ^{+/+} Cre ⁺ STZ	0.9184

and sorbitol dehydrogenase, has not been possible because of an inability to find a balance between efficacy and tolerance with currently available therapeutics. Since altered retinal function (Aung et al., 2013; Samuels et al., 2015), increased oxidative stress and inflammation (Y. Du et al., 2003; Al-Kharashi, 2018), and neurodegeneration (van Dijk et al., 2012; Sohn et al., 2016) are each found at early time points of hyperglycemia (Robinson et al., 2012) and are refractive to reductions in retinal glucose and polyols (Obrosova et al., 2003; Sun et al., 2006), we sought to identify an alternative mechanism to inhibit polyol accumulation and prevent DR.

Glut1 (encoded by *Slc2a1*) is the primary facilitative glucose transporter for the retina/retinal pigment epithelium (RPE) (Rizzolo, 1997). It is localized to both the apical and basal membranes of the RPE, and throughout the retina, including rod and cone photoreceptors, retinal ganglion cells, and Müller glia (Kumagai et al., 1994). Previous studies demonstrate that reduction of *Slc2a1* levels in the retina with siRNA (Lu et al., 2013; You et al., 2017) or pharmacological inhibition of Glut1 (You et al., 2018) decreased retinal pathophysiology in the streptozotocin (STZ) mouse model of diabetes. However, these studies did not identify the key molecular components involved in mediating this effect.

We previously correlated the time course and extent of ERG defects in STZ-induced diabetic mice with hyperglycemia (Samuels et al., 2015). Reduced ERG amplitudes and increased ERG latencies occur before structural changes to the retina and are predictive of microaneurysm development and DR severity (Ng et al., 2008; Ratra et al., 2020). Molecular targets that prevent ERG defects could be used for preventative or interventional therapies. Herein, we first investigated whether *Slc2a1* expression and/or Glut1 protein levels in the retina and RPE were significantly different at early DR stages that exhibit ERG defects. We report that DR is associated with elevated retinal Glut1 levels, without changes in expression of *Slc2a1* or other glucose transporters. We next used a genetic approach to reduce Glut1 and found that systemic Glut1 haploinsufficiency in *Glut1*^{+/-} mice

Table 2. Primers

Gene	Forward 5' to 3'	Reverse 5' to 3'
TNF α	CAT CTT CTC AAA ATT CGA GTG ACA A	TGG GAG TAG ACA AGG TAC AAC CC
IL-1 β	GAT CCA CAC TCT CCA GCT GCA	CAA CCA ACA AGT GAT ATT CTC CAT G
Cox2	CAC AGC CTA CCA AAA CAG CCA	GCT CAG TTG AAC GCC TTT TGA
Nos2	GAC TCT TGG TGA AAG TGG TGT TC	GCA GAC AAC CTT GGT GTT GA
Glut1	GAT GAT GAA CCT GTT GGC CT	AGC GGA ACA GCT CCA AGA TG
Glut3	TTC TGG TCG GAA TGC TCT TC	AAT GTC CTC GAA AGT CCT GC
Glut4	GTA ACT TCA TTG TCG GCA TGG	AGC TGA GAT CTG GTC AAA CG
Glut8	TTC ATG GCC TTT CTA GTG ACC	GAG TCC TGC CCT TTA GTC TCA G
Glut12	GGG TGT CAA CCT TCT CAT CTC	CCA AAG AGC ATC CCT TAG TCT C
Akr1b3	GAG GAC ATG GCC ACT CTA CTC AGC	CTT CGG CGT GGA AGG GGT AAT CC
β -actin	TCA TGA AGT GTG ACG TTG ACA TCC GT	CCT AGA AGC ATT TGC GGT GCA CGA TG

protected against DR phenotypes, including altered ERG, polyol accumulation, and increased retinal oxidative stress and inflammation. The protection was retina-specific, as reduction of Glut1 in retinal neurons and Müller glia cells conferred a similar protection against DR while reduction of Glut1 in the RPE did not. These data demonstrate that, although the RPE serves to supply the retina with glucose for proper retinal homeostasis, manipulation of Glut1 levels in the retina, but not the RPE, is a valuable target for therapies to prevent and treat DR. Moreover, reduction of retinal sorbitol and prevention of DR can be achieved by modulation of Glut1 rather than manipulation of key enzymes in glucose metabolism.

Materials and Methods

Ethical approval. Treatment of animals followed the ARVO Resolution on Treatment of Animals in Research, and all animal procedures were approved by the Institutional Animal Care and Use Committee of the Louis Stokes Cleveland VA Medical Center.

Mice. *Glut1*^{+/-} mice were kindly provided by D.C.D.V. (Columbia University), *VMD2*^{Cre/+} mice by Joshua Dunaief (University of Pennsylvania), *Crx*^{Cre/+} mice by Sujata Rao (Cleveland Clinic; currently available from Riken, BRC #RBRC05426), and *Glut1*^{fllox} mice

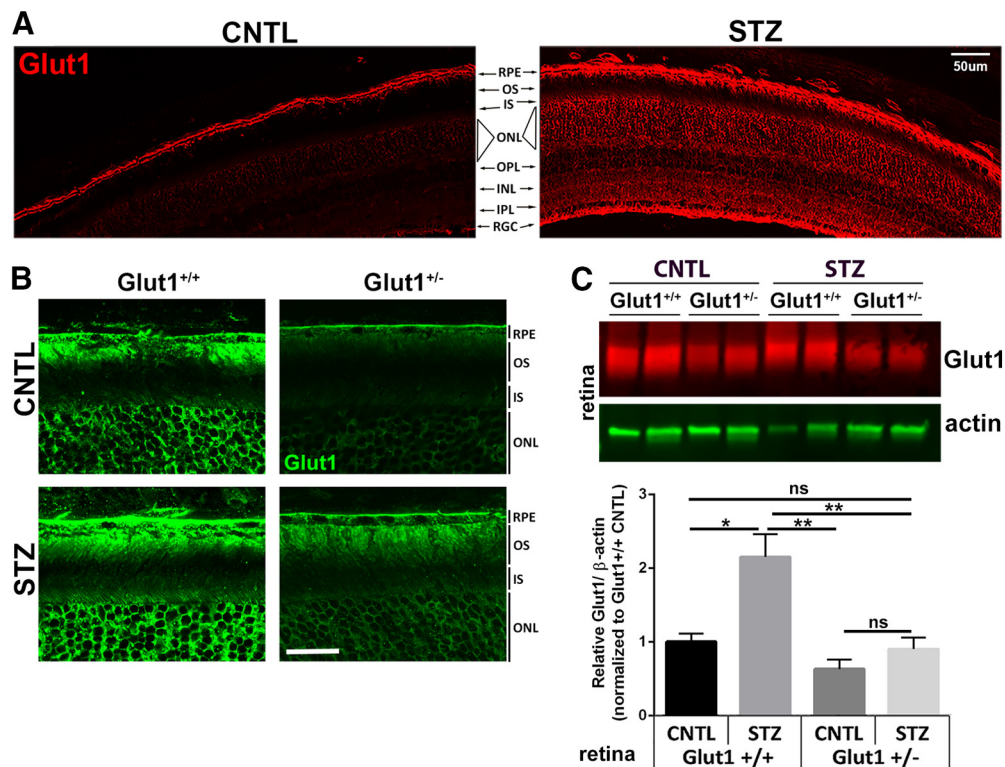


Figure 1. Retinal Glut1 protein levels are not elevated in diabetic *Glut1*^{+/-} mice. **A**, Glut1 immunoreactivity (red) in confocal images taken from WT control and STZ-injected mice following 4 weeks of diabetes. Scale bar, 50 μ m. RPE, Retinal pigmented epithelium; OS, outer segments; IS, inner segments; ONL, outer nuclear layer; OPL, outer plexiform layer; INL, inner nuclear layer; IPL, inner plexiform layer; RGC, retinal ganglion cell layer. **B**, Confocal images of Glut1 immunoreactivity in cryosections following 4 weeks of diabetes. Scale bar, 50 μ m. **C**, Protein levels of Glut1 from dissected retinas following 4 weeks of diabetes. Retinas were dissected, and total Glut1 levels were normalized to β -actin for quantitative analysis. Data are mean \pm SEM. $n \geq 3$ in each group. * $p \leq 0.05$. ** $p \leq 0.001$.

by E. Dale Abel (University of Iowa; currently available from The Jackson Laboratory, #031871). C57Bl/6J were purchased from The Jackson Laboratory (#000664). At 6–8 weeks of age, in both male and female mice, diabetes was induced by three sequential daily intraperitoneal injections of a freshly prepared solution of STZ in 0.1 M citrate buffer, pH 4.4, at 30 mg/kg body weight. In the STZ group, insulin (0–0.2 units of neutral protamine Hagedorn, Humulin N, Eli Lilly) was given by intraperitoneal injection every other day, as needed after hyperglycemia, to prevent ketosis without preventing hyperglycemia and glucosuria. Nondiabetic control (CNTL) mice received citrate buffer only and did not receive insulin.

Experimental design and statistical analysis. For all analyses, data were compiled as mean \pm SEM or SD as indicated in the figure legends, and statistics were performed on GraphPad Prism 6 using non-repeated-measures, one-way or two-way ANOVA with Tukey *post hoc* analysis (GraphPad). Statistical significance was determined by achieving a p value for both the ANOVA and multiple comparisons test <0.05 . Full details for each experiment, including group numbers, statistical tests, and test values, are included in Table 1.

Genotyping. The *Slc2a1* allele was identified by genotyping with the following primers: SF3, 5'-CCA TAA AGT CAG AAA TGG AGG GAG GTG GTG GT-3'; E1R, 5'-GCG AGA CGG AGA ACG GAC GCG CTG TAA CTA-3'; and NR, 5'-CTA CCG GTG GAT GTG GAA TGT GTG CGA GGC-3'. The floxed *Slc2a1* allele was identified by genotyping with the following primers: FRT forward, 5'-CTC CAT TCT CCA AAC TAG GAA C-3'; FRT reverse, 5'-GAA GGC ACA TAT GAA ACA ATG-3'; 2.85F, 5'-CTG TGA GTT CCT GAG ACC CTG-3'; and 2.9 reverse, 5'-CCC AGG CAA GGA AGT AGT TC-3'. The presence of *Cre recombinase* was identified by genotyping with the following primers: Cre forward, 5'-TGC CAC GAC CAA GTG ACA GCA ATG-3'; Cre reverse, 5'-ACC AGA GAC GGA AAT CCA TCG CTC-3'.

Electroretinography. After overnight dark adaptation, mice were anesthetized with 65 mg/kg sodium pentobarbital. Eye drops were used

to anesthetize the cornea (1% proparacaine HCl) and to dilate the pupil (2.5% phenylephrine HCl, 1% tropicamide, and 1% cyclopentolate HCl). Mice were placed on a temperature-regulated heating pad throughout the recording session, which was performed as previously described (Samuels et al., 2015). Amplitude of the a-wave was measured at 8.3 ms following the stimulus. Amplitude of the b-wave was calculated by summing the amplitude of the a-wave at 8.3 ms with the peak of the waveform after (≥ 40 ms) the high-frequency oscillatory potentials (OPs). Light-adapted response amplitudes were calculated by summing the peak of the waveform with the amplitude at 8.3 ms. OP amplitude of each wavelet was measured from the preceding trough to the peak of each potential. Amplitude of the c-wave was determined by subtracting the average baseline amplitude from the maximal response following the b-wave.

Histology and light microscopy. Eenucleated eyes were fixed in 0.1 M sodium cacodylate buffer, pH 7.4, containing 2% formaldehyde and 2.5% glutaraldehyde. The tissues were then osmicated, dehydrated through a graded ethanol series, plasticized in acetonitrile, and embedded in epoxy resin (Embed-812/DER73 Epon kit; Electron Microscope Services). Semi-thin sections (0.8 μ m) were cut along the horizontal meridian through the optic nerve and stained with 1% toluidine blue O for evaluation. Photomicrographs were taken of sections traversing the optic nerve. The distance from the outer limiting membrane to the inner limiting membrane was measured in three sections per animal and averaged for a minimum of 3 animals per group using ImageJ software. Additional photomicrographs were taken 250 μ m from the optic nerve, and the length of the outer segment, inner segment, and outer nuclear layer was measured in three equidistant areas per section per animal. Thickness of RPE was also measured at 3100 \times magnification from three sections of each mouse.

Immunohistochemistry. After mice were killed and enucleated, eyes were fixed in 0.1 M sodium PB, pH 7.4, containing 4% PFA. After removal of the cornea and lens, the posterior pole was immersed through

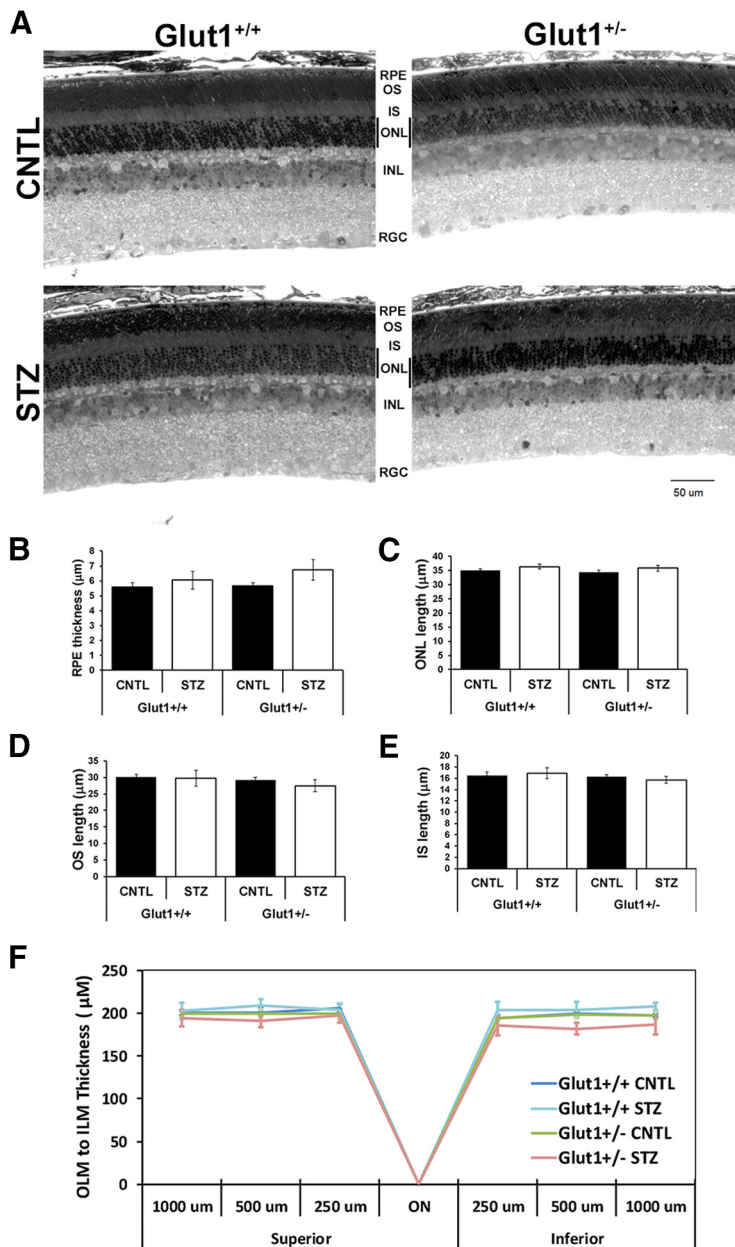


Figure 2. *Glut1*^{+/-} mice exhibit normal retinal morphology. **A**, Representative light photomicrographs of semi-thin plastic sections stained with Toluidine blue O from nondiabetic (CNTL) and diabetic (STZ) mice after 4 weeks of diabetes. Scale bar, 50 µm. OS, Outer segments; IS, inner segments; ONL, outer nuclear layer; INL, inner nuclear layer; RGC, retinal ganglion cell layer. **B–F**, Cell layers were measured from three locations in each image. At least three images per mouse were analyzed.

a graded series of sucrose solutions as follows: 10% for 1 h, 20% for 1 h, and 30% overnight. Eyes were embedded in OCT freezing medium, flash frozen on powdered dry ice, and immediately transferred to -80°C . Tissue was sectioned at 10 µm thickness at -30°C , mounted on superfrost slides, and stored at -80°C until processed. Sections were blocked in 0.1% Triton X-100, 1% BSA, and 5% normal goat serum in PBS for 1 h at room temperature and then washed 3 times with PBS for 5 min each time. The sections were incubated overnight at 4°C with the primary antibody. Sections were rinsed with PBS 3 times for 10 min each time and incubated with secondary antibody (Alexa-488 or Alexa-594, 1:500; Invitrogen) for 1 h at room temperature. After rinsing sections 3 times for 10 min each time with PBS, sections were mounted with DAPI (1:10,000 in 50% glycerol:PBS). Primary antibodies used were rabbit anti-Glut1 (Millipore, #07-1401, 1:500), or mouse anti-

Glut1 (Abcam #ab40084, 1:100). Imaging was performed using a laser scanning confocal microscope (TCSSP2, Leica Microsystems).

Western blotting. Retinas were lysed on ice for 10 min in lysis buffer (20 mM HEPES, 150 mM NaCl, 1.5 mM NgCl_2 , 2 mM EGTA with 0.5% Triton X-100) containing protease inhibitors (Roche, #5892970001) and phosphatase inhibitors (10 mM NaF, 1 mM PMSF, 1 mM $\text{Na}_3(\text{VO}_3)_4$, 12.5 mM β -glycerophosphate, and 2 mM DTT) followed by sonication. Protein concentration was determined by 660 nm BCA Assay (Thermo Fisher Scientific, #22660), and equivalent amounts of reduced protein (6 \times Laemmli sample buffer with 5% beta-mercaptoethanol) were separated by SDS-PAGE on 4%–15% acrylamide gels. Proteins were transferred to PVDF membranes, which were blocked with Intercept blocking buffer and imaged using IRDye 800CW goat anti-rabbit and 680 goat anti-mouse secondary antibodies (Li-Cor Biosciences, 1:10,000). Primary antibodies used included the following: Rb anti-Glut1 (Millipore, #07-1401, 1:2000) and Mo anti-actin (Cell Signaling Technology, #3700S, 1:1000). PVDF membranes were scanned with an Odyssey infrared scanner, and densitometry was performed using LiCor Image Studio Software.

Oxidative stress. Reactive oxygen species were measured in retinal cryosections by dihydroethidium (DHE) staining. Eyes were dissected on ice-cold PBS and frozen in OCT embedding buffer within 15 min of enucleation. Fresh frozen retinal cryosections spanning the optic nerve were incubated with DHE (Thermo Fisher Scientific, 1:5000) for 20 min followed by counterstaining with DAPI (1:10,000). Quantification of reactive oxygen species was calculated using National Institutes of Health ImageJ software.

qPCR. Gene expression of glucose transporters, aldose reductase, inflammatory cytokines, and oxidative stress mediators was measured by qPCR on dissected retinal tissue. RNA was extracted using the RNeasy Mini Kit (QIAGEN, #74104), and RT-PCR was performed using the Verso cDNA synthesis kit (Thermo Fisher Scientific, #AB1453A). Radiant Green 2 \times qPCR LO-ROX enzyme was used for all qPCR. Relative fold changes in gene expression were determined using the comparative C_t method ($2^{-\Delta\Delta C_t}$ method). For all analyses, β -actin was used as the reference gene. *HIF-1 α* (#QT01039542) and *VEGF* (#QT00160769) were analyzed using primers from QIAGEN. Primers for all other genes investigated are listed in Table 2.

Gas chromatography-mass spectrometry. As previously described (Singh et al., 2020), for each mouse, both retinas were dissected on ice-cold HBSS and flash frozen. To each tube, 500 µl of -20°C 80% methanol was added with 20 µl of 0.05 mg/ml of [$^{13}\text{C}_5$] ribitol as internal standard. Metabolites were extracted by sonication. Samples were then centrifuged at $15,000 \times g$ for 5 min at 4°C . After centrifugation, 300 µl of supernatant was transferred to fresh tube. Samples were dried overnight in a -4°C vacuum evaporator. Dried samples were first derivatized by adding 25 µl of 40 mg/ml methoxyamine in pyridine and then incubating on a thermomixer at 45°C for 30 min with 1000 rpm shaking speed. Samples were then additionally derivatized by adding 75 µl of MSTFA + 1% TMCS and incubating on thermomixer as in the first step. One microliter of each sample was injected into the 7890B GC connected to 5977 MSD Agilent GC/MS system. Injections were made in splitless or split 15 mode. GC column used was DB-5 ms 30 m \times 0.25 mm \times 0.25 µm with DuraGuard 10 m. Front inlet was set at 250°C with septum purge flow of 3 ml/min of helium. Samples were analyzed in a constant flow mode with helium set to 1.1 ml/min. GC method was 1 min at 60°C , followed

by 10°C/min increments until 325°C and finally held at 325°C for 10 min. Metabolites were measured in full scan mode using electron ionization with a scan window from 50 to 800 m/z. Solvent delay of 6.6 min was applied. Sorbitol was distinguished from mannitol using retention time. The extracted ion chromatogram m/z 319 of mannitol and sorbitol authentic standards revealed a baseline separation of these compounds on the GC column.

Results

Hyperglycemia-induced elevations in retinal Glut1 are not found in diabetic *Glut1*^{+/-} mice

It is widely accepted that functional defects in the light-evoked responses of the retina occur in rodent models of diabetes (Aung et al., 2013; Samuels et al., 2015) and in diabetic patients (Greenstein et al., 1993; Tyrberg et al., 2011; Barse and Ozawa, 2014; Ratra et al., 2020), both of which also demonstrate a correlation with hyperglycemia and increased polyol accumulation (Gabbay, 1973; Dagher et al., 2004; Lorenzi, 2007). Because of the association between onset of ERG defects and hyperglycemia, we first investigated whether Glut1 levels differed between diabetic and nondiabetic mice at early time points. Confocal imaging demonstrated that, in STZ-induced diabetic mice, Glut1 levels were increased throughout the retina, and notably in the inner segments and outer nuclear layer compared with the nondiabetic CNTL mice (Fig. 1A). Quantitative proteomics confirmed a significant increase in retinal Glut1 levels in both male and female diabetic C57Bl/6J mice at 3 weeks of diabetes [females: average linear ratio = 2.519; average Ln ratio = 0.924; moderated $p = 6.1 \times 10^{-3}$; moderated adjusted $p = 6.1 \times 10^{-3}$; 4 of 4 mice; males: average linear ratio = 2.020; average natural log ratio (Ln ratio) = 0.703; moderated $p = 1.3 \times 10^{-2}$; moderated adjusted $p = 3.3 \times 10^{-2}$; 4 of 4 mice (elevations ≥ 2 SD; B. Anand-Apte, personal communication)]. Based on reports that acute reduction of Glut1 in the retina (*Slc2a1*) via siRNA injection or pharmaceutical inhibition (forskolin) reduced hallmarks of DR (Lu et al., 2013; You et al., 2017; You et al., 2018), we hypothesized that a similar benefit would be seen in diabetic *Glut1*^{+/-} mice, which exhibit a systemic 50% reduction in Glut1 by virtue of expressing a single *Slc2a1* allele. Nondiabetic *Glut1*^{+/+} and *Glut1*^{+/-} CNTL mice display indistinguishable morphology (Fig. 2), similar body weights (Fig. 3A), and identical light-evoked responses of the retina (ERG; Fig. 3, C–F). *Glut1*^{+/+} and *Glut1*^{+/-} mice also exhibit comparable STZ-induced increases in blood glucose levels (Fig. 3B). Confocal microscopy of retinal cryosections from *Glut1*^{+/+} and *Glut1*^{+/-} mice stained with an anti-Glut1 antibody (green)

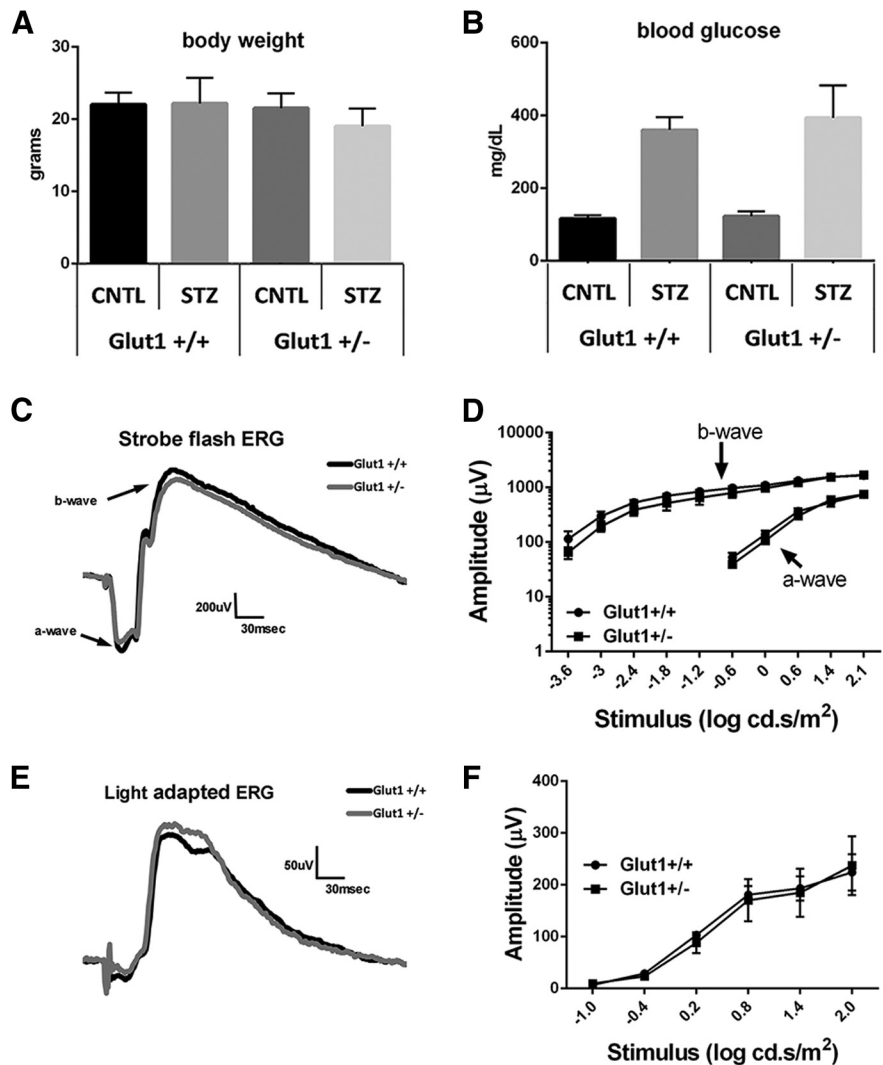


Figure 3. *Glut1*^{+/-} mice display normal ERG and responses to diabetes. **A**, Body weight of nondiabetic and diabetic *Glut1*^{+/-} and littermate control mice was measured after 4 weeks of diabetes. No differences in weight were identified. **B**, Mice were fasted for ≥ 7 h, and blood glucose levels were measured with a OneTouch Ultra glucometer. No difference in magnitude of hyperglycemia was observed. **C–F**, Strobe flash ERG was performed on nondiabetic *Glut1*^{+/+} and *Glut1*^{+/-} mice at 8 weeks of age, before induction of diabetes. **C**, Representative strobe flash ERG waveform traces evoked in response to a 1.4 log cd.s/m² light stimulus. **D**, Luminance-response functions for the a-wave and b-wave. **E**, Representative light-adapted ERG waveform traces evoked by a 1.4 log cd.s/m² light stimulus superimposed over the adapting field. **F**, Luminance-response function for the light-adapted response. No differences in retinal function were found between genotypes.

confirmed that 4 week diabetic (STZ) *Glut1*^{+/+} mice exhibited elevated Glut1 in the retina and RPE compared with nondiabetic (CNTL) *Glut1*^{+/+} mice (Fig. 1B). As expected, CNTL *Glut1*^{+/-} retinas displayed significantly lower Glut1 levels in the retina and RPE than the *Glut1*^{+/+} mice (Fig. 1C). Additionally, while Glut1 was upregulated in *Glut1*^{+/+} STZ mice, a similar increase was not observed in *Glut1*^{+/-} STZ retinas. Quantification of retinal Glut1 levels in each group by Western blot analysis confirmed a 2.15-fold increase of retinal Glut1 in WT diabetics (Fig. 1C,D). However, no significant difference was found in retinal Glut1 levels between diabetic and nondiabetic *Glut1*^{+/-} mice, and diabetic *Glut1*^{+/-} mice had 0.4-fold lower Glut1 levels compared with diabetic *Glut1*^{+/+} mice (Fig. 1D; $F_{(3,8)} = 11.67$, $p = 0.0027$).

Analysis of mRNA expression of Glut1 in the retina of each cohort of mice (normalized to β -actin) verified a significant reduction in *Slc2a1* expression in *Glut1*^{+/-} mice compared with *Glut1*^{+/+} littermates (Table 3; $F_{(3,10)} = 8.898$, $p = 0.0035$), while

Table 3. Diabetes does not alter expression of glucose transporters in the retina^a

	Glut1/ <i>Slc2a1</i>		Glut3/ <i>Slc2a3</i>		Glut4/ <i>Slc2a4</i>		Glut8/ <i>Slc2a8</i>		Glut12/ <i>Slc2a12</i>	
	4 weeks	12 weeks	4 weeks	12 weeks	4 weeks	12 weeks	4 weeks	12 weeks	4 weeks	12 weeks
<i>Glut1</i> ^{+/+} CNTL	1.01 ± 0.08 (4)	1.04 ± 0.20 (3)	1.01 ± 0.09 (4)	1.02 ± 0.13 (3)	1.03 ± 0.14 (4)	1.05 ± 0.24 (3)	1.05 ± 0.22 (3)	1.06 ± 0.24 (3)	1.06 ± 0.21 (4)	1.01 ± 0.10 (3)
<i>Glut1</i> ^{+/+} STZ	0.80 ± 0.11 (3)	0.74 ± 0.09 (3)	0.73 ± 0.21 (3)	1.16 ± 0.42 (3)	0.97 ± 0.15 (5)	1.11 ± 0.82 (3)	1.19 ± 0.34 (4)	1.16 ± 0.31 (3)	0.84 ± 0.21 (3)	1.15 ± 0.21 (3)
<i>Glut1</i> ^{+/-} CNTL	0.45 ± 0.07 (4)**	0.31 ± 0.01 (3)*	1.13 ± 0.26 (6)	1.04 ± 0.45 (3)	1.12 ± 0.13 (8)	1.90 ± 0.33 (3)	1.25 ± 0.24 (4)	1.01 ± 0.24 (3)	1.04 ± 0.11 (4)	1.37 ± 0.28 (3)
<i>Glut1</i> ^{+/-} STZ	0.59 ± 0.08 (3)*	0.36 ± 0.13 (3)*	0.81 ± 0.16 (3)	1.12 ± 0.30 (3)	1.25 ± 0.25 (6)	1.02 ± 0.48 (3)	0.96 ± 0.21 (3)	1.23 ± 0.48 (3)	0.86 ± 0.16 (3)	1.16 ± 0.33 (3)

^aData are fold change ($2\Delta\Delta C_t$) relative to *Glut1*^{+/+} CNTL ± SEM (n). At 4 and 12 weeks of diabetes, RNA was extracted from dissected retinas, and qRT-PCR was used to analyze expression of glucose transporters in the retina. Relative fold changes in gene expression were determined using the comparative C_t method ($2\Delta\Delta C_t$ method). All genes were normalized to expression of β -actin and compared with *Glut1*^{+/+} CNTL at the respective time point.

* $p \leq 0.05$; ** $p \leq 0.005$; relative to *Glut1*^{+/+} CNTL.

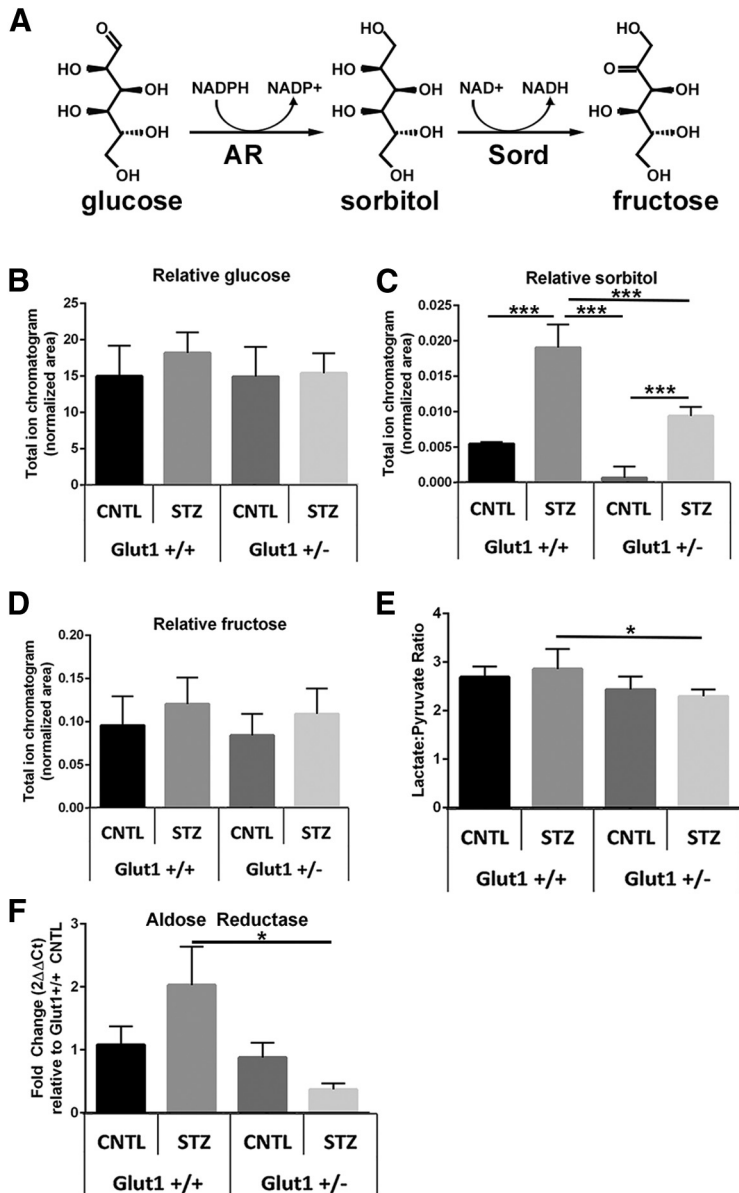


Figure 4. Systemic reduction of Glut1 in diabetic mice reduces retinal polyol accumulation. **A**, Glucose is metabolized to sorbitol by aldose reductase (AR), which is abundantly expressed in the retina. Sorbitol catabolism to fructose occurs via sorbitol dehydrogenase (Sord), which is present in extremely low levels in the retina. **B–D**, GC/MS was used to perform metabolomics on retinas from fasted mice at 4 weeks of diabetes. Relative quantities of glucose (**B**), sorbitol (**C**), and fructose (**D**) were normalized to ¹³C₅-ribitol for comparison between genotypes. **E**, The lactate:pyruvate ratio was calculated as a surrogate for measurement of cytosolic NADH/NAD⁺. Data are mean ± SD. $n = 6$ for each group. * $p \leq 0.05$. *** $p \leq 0.0001$. **F**, Expression of aldose reductase was measured by qPCR. Relative fold change in *Akr1b3* expression was determined using the comparative C_t method ($2\Delta\Delta C_t$ method), normalized to expression of β -actin and compared with expression in the *Glut1*^{+/+} CNTL retina.

no significant differences in *Slc2a1* were found between control and diabetic *Glut1*^{+/-} mice. And, as previously reported (Fernandes et al., 2004), no significant change in *Slc2a1* mRNA expression was found as a result of diabetes (Table 3; *Glut1*^{+/+} CNTL vs STZ and *Glut1*^{+/-} CNTL vs STZ). Analysis of other retinal glucose transporters demonstrated that there was also no significant change in expression of *Glut3/Slc2a3*, *Glut4/Slc2a4*, *Glut8/Slc2a8*, or *Glut12/Slc2a12* in the retina of each cohort of mice after 4 weeks of diabetes (Table 3). These data illustrate that diabetes does not affect mRNA expression of glucose transporters in the retina, and that reduction of *Slc2a1* levels was not compensated for by an increase in expression of other glucose transporters.

Reduction of Glut1 normalizes polyol accumulation, retinal dysfunction, and increased inflammation/oxidative stress

Since diabetic *Glut1*^{+/-} mice exhibited similar levels of retinal Glut1 as nondiabetic *Glut1*^{+/+} mice, we sought to determine whether glucose transport and metabolism in the retina were modulated in the *Glut1* heterozygotes. Concentration of retinal glucose and glucose metabolites was measured by GC/MS in mice fasted for ≥ 7 h. Although overt systemic hyperglycemia was observed by analysis of blood glucose levels (Fig. 3B; $F_{(3,20)} = 56$, $p < 0.0001$), no difference in retinal glucose levels between genotypes or treatment was identified (Fig. 4B; $F_{(3,20)} = 1.2$, $p = 0.3486$). A significant increase in retinal sorbitol was identified in diabetic *Glut1*^{+/+} mice, which was significantly mitigated in diabetic *Glut1*^{+/-} mice (Fig. 4C; $F_{(3,20)} = 98$, $p < 0.0001$). Sorbitol and mannitol are isomers and have very similar EI mass spectra. Using our GC/MS method, we were able to discern the identity of the polyol peaks by chromatographic separation to verify the increase in sorbitol. Interestingly, while there was no change in retinal fructose levels (Fig. 4D; $F_{(3,20)} = 1.7$, $p = 0.2031$), the lactate:pyruvate ratio was slightly higher in the *Glut1*^{+/+} diabetic mice compared with *Glut1*^{+/-} diabetics, but not any other group (Fig. 4E;

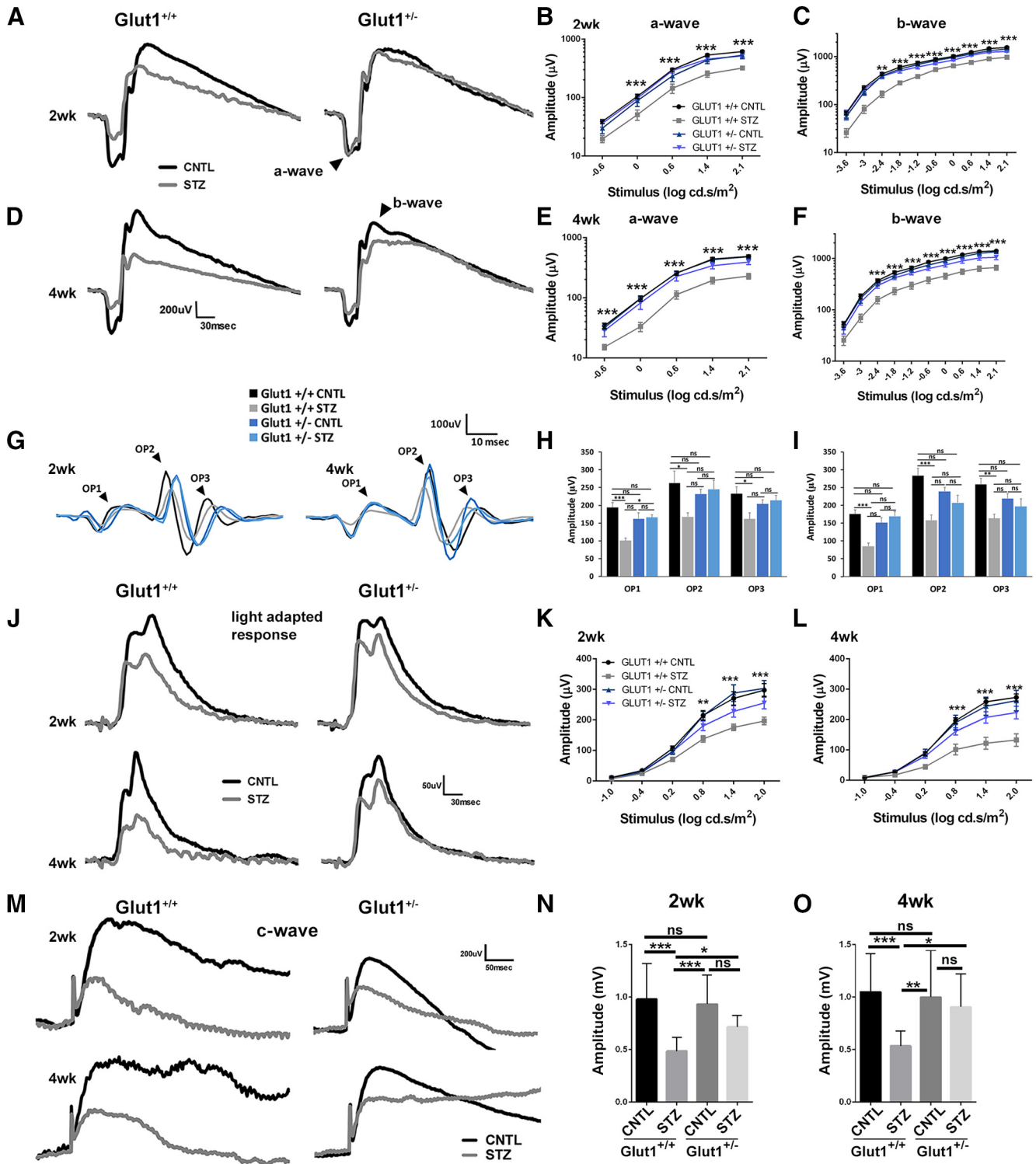


Figure 5. Systemic reduction of Glut1 ameliorates diabetes-induced reductions in ERG component amplitudes. *A–C*, Representative strobe flash ERG waveform traces evoked in response to a 1.4 log cd.s/m² light stimulus and luminance–response functions for the a-wave and b-wave after 2 weeks of diabetes. *D–F*, Representative strobe flash ERG waveform traces evoked in response to a 1.4 log cd.s/m² light stimulus and luminance–response functions for the a-wave and b-wave after 4 weeks of diabetes. Amplitude of the a-wave was measured at 8.3 ms following the flash stimulus. Amplitude of the b-wave was measured by summing the amplitude of the a-wave with the peak of the response following the OPs (≥ 40 ms). *G*, Representative traces of filtered OPs from strobe flash ERGs evoked by a 1.4 log cd.s/m² flash stimulus at 2 and 4 weeks of diabetes. *H, I*, Average amplitude of OP1–3 at 2 and 4 weeks of diabetes. Amplitude was measured from the minimum of the preceding trough to the peak of the potential. *J*, Representative light-adapted waveform traces generated by a 1.4 log cd.s/m² flash stimulus. Light-adapted response amplitudes were calculated by summing the peak of the waveform with the amplitude at 8.3 ms. *K, L*, Average amplitude of the light-adapted response at 2 and 4 weeks of diabetes. *M*, Representative waveforms induced by a 5 cd/m² white stimulus for 10 s. *N, O*, Average amplitude of the c-wave at 2 and 4 weeks of diabetes. Amplitude of the c-wave was determined by subtracting the average baseline amplitude from the maximal response following the b-wave. Data are mean amplitude \pm SEM for each flash stimulus, except for the c-wave, which indicates mean \pm SD. $n \geq 3$ in each group. * $p < 0.05$. ** $p < 0.001$. *** $p < 0.0001$.

Table 4. Diabetes does not alter OP latency regardless of Glut1 genotype at early time points

2 week diabetes	OP1	OP2	OP3
<i>Glut1</i> ^{+/+} CNTL	12.06 ± 0.186 (10)	27.71 ± 1.081 (10)	40.19 ± 1.398 (10)
<i>Glut1</i> ^{+/+} STZ	11.88 ± 0.434 (7)	24.72 ± 0.566 (7)	36.73 ± 1.018 (7)
<i>Glut1</i> ^{+/-} CNTL	12.65 ± 0.299 (10)	26.37 ± 0.448 (10)	38.27 ± 0.644 (10)
<i>Glut1</i> ^{+/-} STZ	12.15 ± 0.564 (5)	24.46 ± 0.424 (5)	35.78 ± 0.526 (5)

4 week diabetes	OP1	OP2	OP3
<i>Glut1</i> ^{+/+} CNTL	11.84 ± 0.196 (17)	24.80 ± 0.353 (17)	35.23 ± 0.360 (17)
<i>Glut1</i> ^{+/+} STZ	11.65 ± 0.256 (7)	23.77 ± 0.509 (7)	34.71 ± 0.594 (7)
<i>Glut1</i> ^{+/-} CNTL	12.00 ± 0.168 (7)	24.48 ± 0.745 (7)	36.13 ± 0.809 (7)
<i>Glut1</i> ^{+/-} STZ	11.65 ± 0.340 (4)	23.71 ± 0.990 (4)	35.36 ± 1.101 (4)

$F_{(3,20)} = 5.0, p = 0.0097$). These results demonstrate that the polyol branch of glucose metabolism had normal metabolite levels in *Glut1*^{+/-} retinas and that reduction of Glut1 diminished retinal polyol accumulation.

Because less sorbitol was also observed in the *Glut1*^{+/-} CNTL retina compared with the *Glut1*^{+/+} CNTL, we evaluated aldose reductase expression. Interestingly, we found a trend for increased *Akr1b3*/Aldose reductase in the *Glut1*^{+/+} STZ retina, but it was only significantly increased compared with the *Glut1*^{+/-} STZ retina. This suggests that the elevation in Glut1 found in the WT diabetic mouse increased the requirement for conversion of glucose to sorbitol, but the effect was not present in the *Glut1*^{+/-} diabetic retina.

We used ERGs to determine whether the normalization of retinal sorbitol content correlated with physiology. ERG defects are frequently observed before cell loss or the development of structural changes in the retina so we focused on early time points (2 and 4 weeks of diabetes). *Glut1*^{+/-} mice displayed normal ERG waveforms at baseline (6–8 weeks of age, before STZ injections; Fig. 3C–F), and no differences were observed between nondiabetic *Glut1*^{+/+} and *Glut1*^{+/-} mice at 2 or 4 weeks after saline injections (Fig. 5). Vision is also clinically spared in patients with Glut1 deficiency syndrome. In line with our previous findings (Samuels et

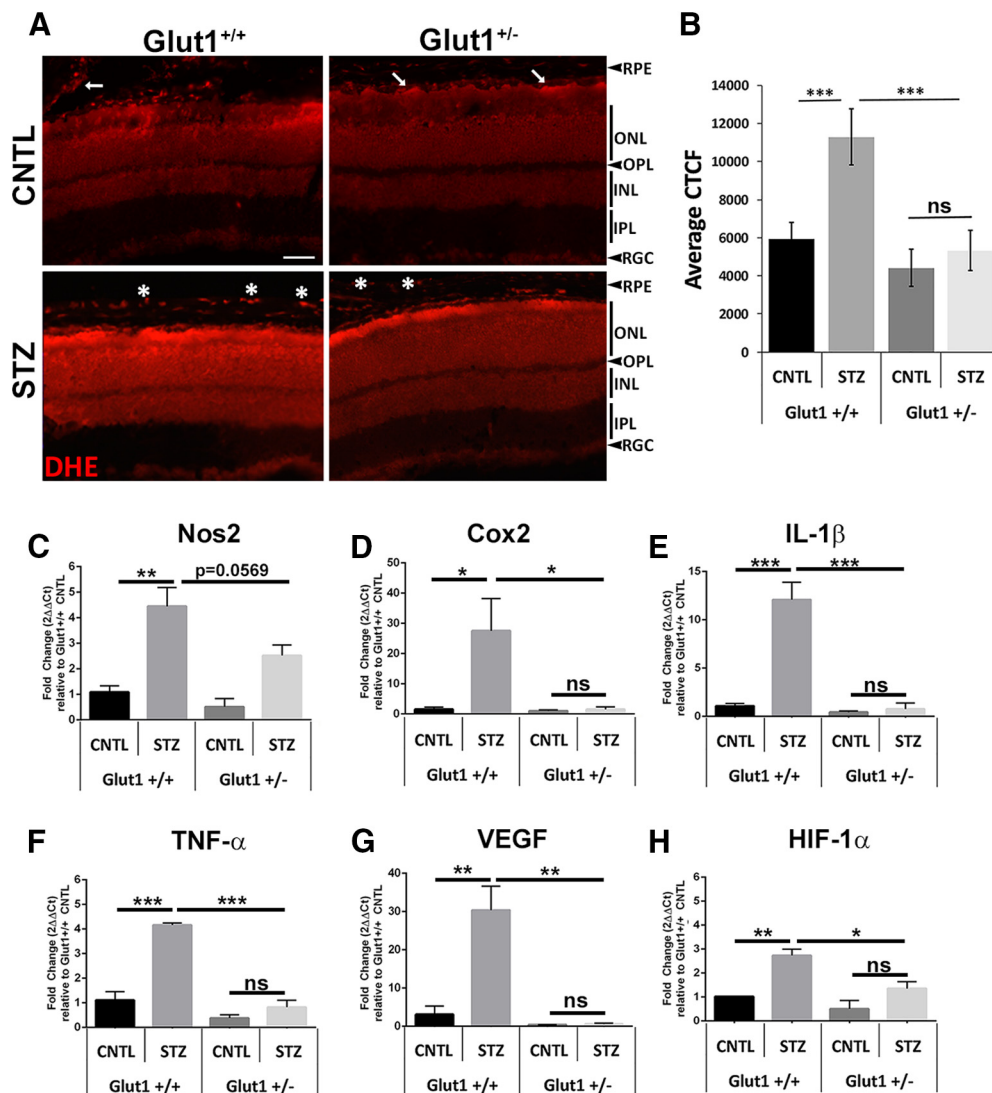


Figure 6. Systemic reduction of Glut1 prevents early elevations in retinal oxidative stress and inflammation. **A**, Photomicrographs of fresh frozen retinal cryosections from mice at 4 weeks of diabetes probed with DHE (red). Scale bar, 50 μm. **B**, Quantification of corrected total cell fluorescence. Three separate images from at least 4 animals of each group were analyzed. Data are mean ± SD. **C–H**, Quantification of oxidative stress mediators and inflammatory cytokines at 4 weeks of diabetes. Relative fold changes in gene expression were determined using the 2ΔΔCt method. All genes were normalized to expression of β-actin and compared with levels in the *Glut1*^{+/+} CNTL retina. Data are mean ± SEM. $n \geq 3$ for each group. * $p \leq 0.05$. ** $p \leq 0.001$. *** $p \leq 0.0001$. Arrows indicate extranuclear DHE staining. Asterisks indicate DHE localization in the RPE.

al., 2015), significant reductions in both a- and b-wave amplitudes were present across all stimulus levels in diabetic *Glut1*^{+/+} mice (Fig. 5A–F; 2 week a-wave: $F_{(3,210)} = 20.76$, $p < 0.0001$; 4 week a-wave: $F_{(3,195)} = 40.04$, $p < 0.0001$; 2 week b-wave: $F_{(3,420)} = 59.65$, $p < 0.0001$; 4 week b-wave: $F_{(3,390)} = 112.5$, $p < 0.0001$). Representative strobe flash waveforms generated by a 1.4 log cd.s/m² stimulus are shown in Figure 5A. D. Luminance response functions of the a- and b-wave are presented in Figure 5B, C and Figure 5E, F. While the ERGs of *Glut1*^{+/+} mice were severely affected by diabetes, no significant defects in the a- or b-wave were found in response to any light stimulus in diabetic *Glut1*^{+/-} mice at either time point (for full two-way ANOVA and Tukey *post hoc* analysis, see Table 1).

OPs were filtered from the 1.4 log cd.s/m² waveform traces at each time point for analysis of this characteristic defect commonly found in diabetic rodents and patients even after only short durations of diabetes (Bresnick et al., 1984; Bresnick and Palta, 1987; Pardue et al., 2014). While no differences in OP latencies based on genotype or diabetes status were found (Table 4), we identified a significant reduction in OP amplitudes in diabetic *Glut1*^{+/+} mice, which was not present in diabetic *Glut1*^{+/-} mice (Fig. 5G–I; 2 week OP1: $F_{(3,28)} = 7.353$, $p = 0.0009$; 2 week OP2: $F_{(3,28)} = 2.691$, $p = 0.0653$; 2 week OP3: $F_{(3,28)} = 2.990$, $p = 0.0478$; 4 week OP1: $F_{(3,31)} = 6.530$, $p = 0.0015$; 4 week OP3: $F_{(3,31)} = 5.322$, $p = 0.0045$). Therefore, in addition to preventing reductions in the a- and b-wave amplitude, systemic lowering of Glut1 also prevented OP amplitude defects. The light-adapted ERG response was also measured and revealed that diabetic *Glut1*^{+/-} mice did not exhibit the significant defects in this parameter seen in *Glut1*^{+/+} mice (Fig. 5J–L; 2 week: $F_{(3,252)} = 13.76$, $p < 0.0001$; 4 week: $F_{(3,234)} = 29.16$, $p < 0.0001$). Finally, the RPE-dependent c-wave amplitude was measured in each cohort of mice at both time points. RPE-dependent responses are measured in patients using the electro-oculogram. The electro-oculogram waveform component is sensitive to glucose and altered in diabetic patients with and without retinopathy (Schneck et al., 2008). Representative c-wave tracings from mice at 2 and 4 weeks of diabetes are shown in Figure 5M. Diabetes significantly reduced the c-wave of *Glut1*^{+/+} mice, whereas diabetic *Glut1*^{+/-} mice exhibited a less profound defect (Fig. 5N,O; 2 week: $F_{(3,60)} = 15.67$, $p < 0.0001$; 4 week: $F_{(3,53)} = 8.232$, $p = 0.0001$).

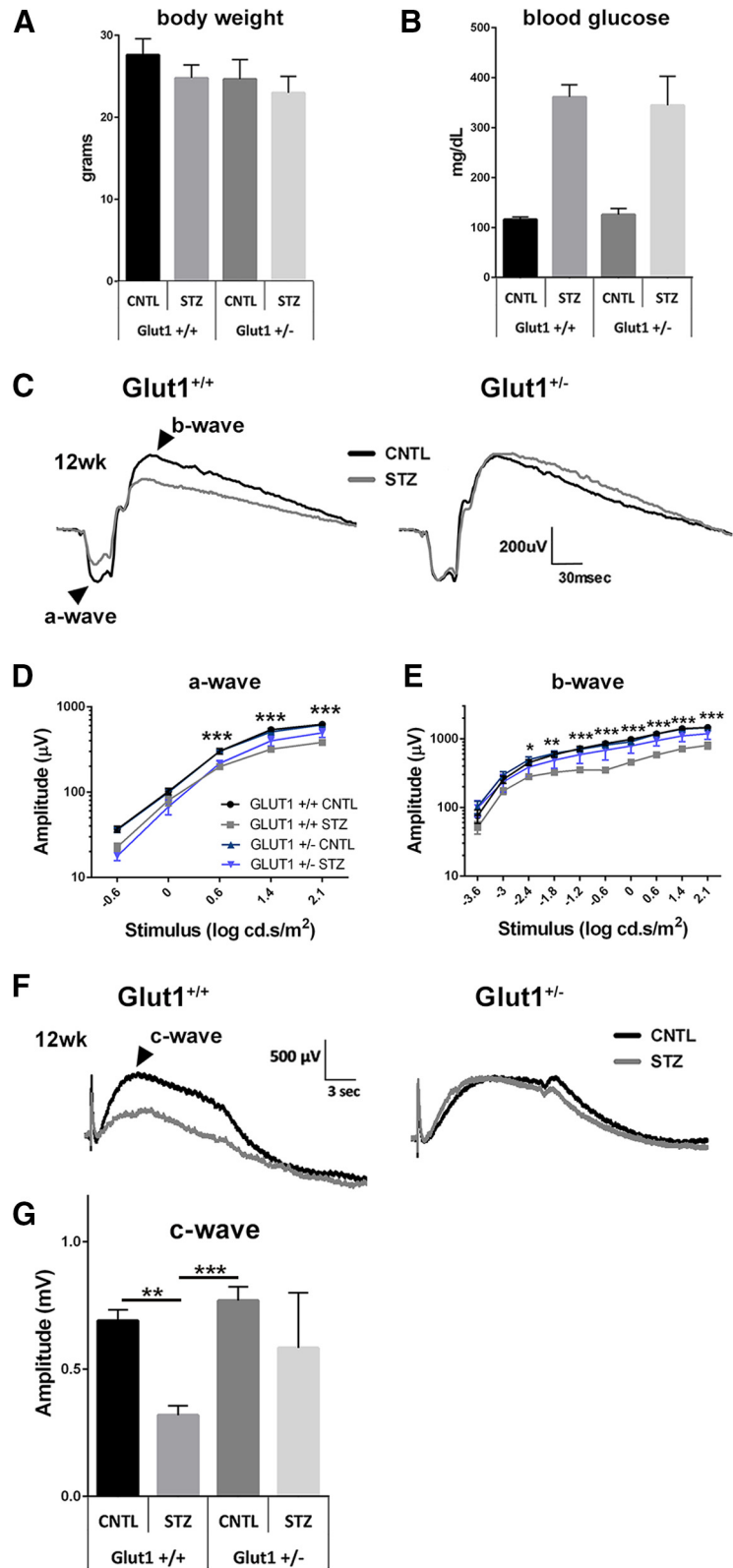


Figure 7. ERG defects remain mitigated in *Glut1*^{+/-} mice after 12 weeks of diabetes. **A**, Body weight of nondiabetic and diabetic *Glut1*^{+/+} and littermate control mice was measured after 12 weeks of diabetes. No differences in weight were identified. **B**, Blood glucose levels were measured with a OneTouch Ultra glucometer at 12 weeks. No difference in magnitude of hyperglycemia in diabetic was observed. **C–G**, Strobe flash ERG and c-wave recordings were performed on nondiabetic *Glut1*^{+/+} and *Glut1*^{+/-} mice at 12 weeks of diabetes. **C**, Representative strobe flash ERG waveform traces evoked in response to a 1.4 log cd.s/m² light stimulus. **D, E**, Luminance-response functions for the a-wave and b-wave. Component amplitudes were measured as described in Figure 5. **F**, Representative waveforms induced by a 5 cd.s/m² white stimulus for 10 s. **G**, Average amplitude of the c-wave at 12 weeks of diabetes. Data are mean amplitude \pm SEM. $n \geq 3$ in each group. * $p \leq 0.05$. ** $p \leq 0.001$. *** $p \leq 0.0001$.

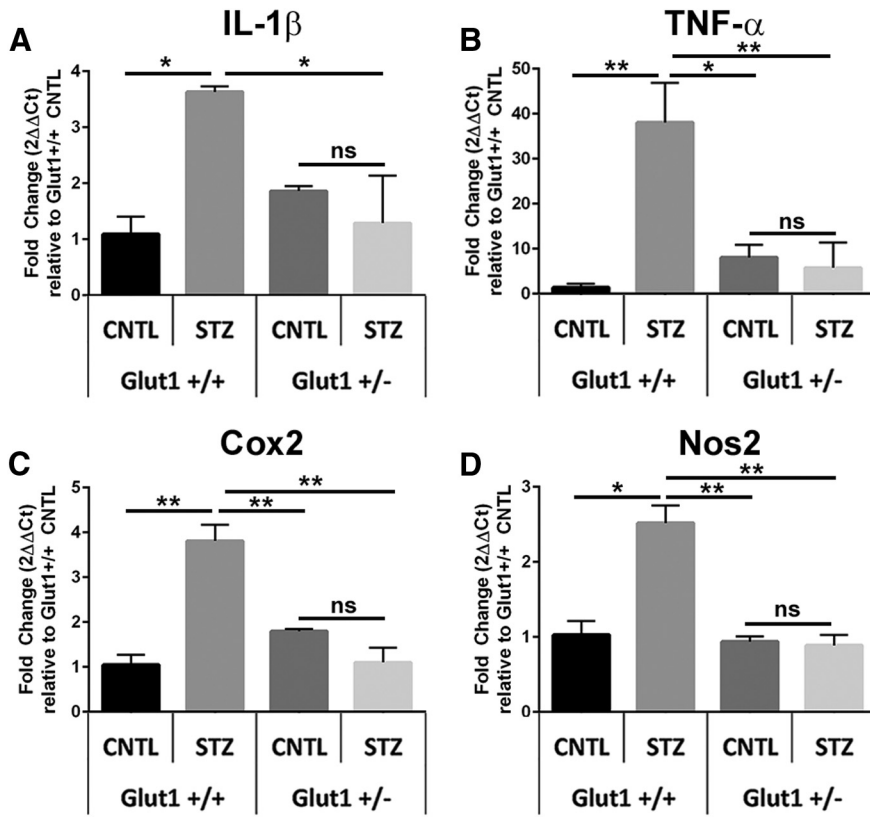


Figure 8. Markers of oxidative stress and inflammation are not elevated in *Glut1*^{+/-} mice even after 12 weeks of diabetes. **A–D**, Quantification of inflammatory cytokines (**A**, IL-1 β ; **B**, TNF- α) and oxidative stress mediators (**C**, Cox2; **D**, Nos2) at 12 weeks of diabetes. Relative fold changes in gene expression were determined using the comparative C_t method (2 $\Delta\Delta$ C_t method). All genes were normalized to expression of β -actin and compared with expression in the *Glut1*^{+/+} CNTL. Data are mean \pm SEM. $n \geq 3$ for each group. * $p \leq 0.05$. ** $p \leq 0.001$.

Retinal inflammation and oxidative stress are characteristic pathologic features associated with early states of diabetes, reflecting the overproduction of superoxide and reactive oxygen species (Baynes, 1991; Y. Du et al., 2003; Al-Kharashi, 2018). As such, we investigated whether systemic reduction of Glut1 and mitigated retinal polyol accumulation were also associated with lower levels of these markers in DR. Superoxide production was determined by staining fresh frozen retinal sections with DHE (Fig. 6A). When oxidized, DHE intercalates with DNA and produces a red fluorescence in the nucleus. Most of the superoxide (red fluorescence) was localized to the outer nuclear layer and the RPE (asterisks). However, because of the unfixed frozen tissue, small amounts of red fluorescence were sometimes also found outside of the nucleus (arrows). Quantification of total corrected cell fluorescence identified a twofold increase in retinal superoxide in *Glut1*^{+/+} mice, whereas there was no significant increase in DHE in *Glut1*^{+/-} mice (Fig. 6B; $F_{(3,12)} = 30.73$, $p < 0.0001$). Furthermore, qPCR of oxidative stress mediators, Nos2 (Fig. 6C; $F_{(3,12)} = 13.95$, $p = 0.0003$) and Cox2 (Fig. 6D; $F_{(3,8)} = 5.924$, $p = 0.0198$); the inflammatory cytokines, IL1- β (Fig. 6E; $F_{(3,8)} = 34.22$, $p < 0.0001$) and TNF- α (Fig. 6F; $F_{(3,8)} = 52.93$, $p < 0.0001$); and angiogenic mediators, VEGF (Fig. 6G; $F_{(3,8)} = 19.00$, $p = 0.0005$) and HIF1 α (Fig. 6H; $F_{(3,8)} = 13.57$, $p = 0.0017$) from CNTL and STZ retinas of each cohort of mice revealed that systemic reduction of Glut1 was sufficient to prevent the diabetes-induced increase in each of these molecules.

Attenuation of DR hallmarks persists after 3 months of diabetes in *Glut1*^{+/-} mice

To evaluate whether reduction of Glut1 mitigated hallmarks of DR following more protracted periods of hyperglycemia, an additional cohort of mice with systemic reduction of Glut1 was maintained for 12 weeks of diabetes. Despite sustained overt hyperglycemia (Fig. 7B) in the STZ groups, there was no significant reduction in body weight of mice in any group (Fig. 7A). Strobe flash ERGs revealed that, compared with *Glut1*^{+/+} STZ mice, diabetic *Glut1*^{+/-} mice still exhibited normalized a-wave and b-wave amplitudes after 3 months of diabetes (Fig. 7C–E; a-wave: $F_{(3,65)} = 43.09$, $p < 0.0001$; b-wave: $F_{(3,130)} = 87.66$, $p < 0.0001$). The reduced c-wave amplitude

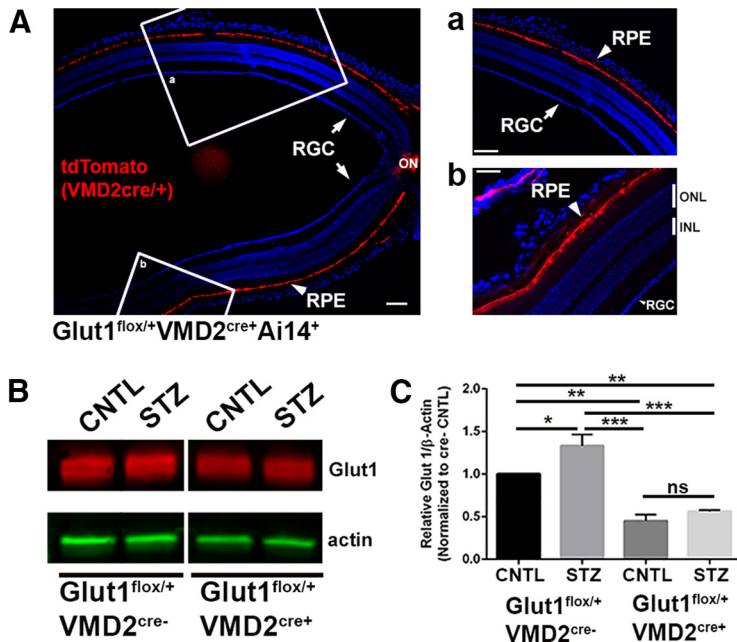


Figure 9. VMD2 CKD mice exhibit 50% reduction of Glut1 specifically in the RPE. **A**, Representative images demonstrating the *VMD2*^{cre/+} recombinase-mediated activity in the RPE by recombination with tdTomato (Ai14). Cre expression is found uniformly throughout the RPE but not in the retina. Scale bars: **Aa**, 100 μ m; **Ab**, 50 μ m. **B**, Protein levels of Glut1 from RPE tissue isolated from retinas following 4 weeks of diabetes. Retinas were removed from the back of the eye, and RPE was isolated in lysis buffer. Glut1 levels were normalized to β -actin. **C**, Quantitative analysis of Glut1 levels in the RPE. Data are mean \pm SEM. $n \geq 4$ in each group. * $p \leq 0.05$. ** $p \leq 0.001$. *** $p \leq 0.0001$.

found in *Glut1*^{+/+} STZ mice was similarly mitigated in diabetic *Glut1*^{+/-} mice at the later time point (Fig. 7F,G; $F_{(3,13)} = 11.47$, $p = 0.0006$). Analysis of retinal gene expression from these mice after 12 weeks of diabetes revealed that markers of oxidative stress and inflammation, which remained elevated in *Glut1*^{+/+} STZ mice, were still at or near control levels in *Glut1*^{+/-} STZ mice (Fig. 8A–D; IL-1 β $F_{(3,8)} = 6.38$, $p = 0.0162$, TNF α , $F_{(3,7)} = 10.94$, $p = 0.0049$, Cox2, $F_{(3,7)} = 21.51$, $p = 0.0007$, Nos2, $F_{(3,8)} = 22.48$, $p = 0.0003$). Notably, even after the 12 weeks of diabetes, no other glucose transporter was upregulated to compensate for the reduced Glut1 in *Glut1*^{+/-} retinas (Table 3). Expression of *Slc2a1* (Glut1) in *Glut1*^{+/+} STZ retinas was not significantly different from that of the WT CNTL retina, and expression of *Glut1*^{+/-} CNTL and STZ retinas was 69% and 64% lower, respectively, than the level of *Slc2a1* observed in *Glut1*^{+/+} CNTL retinas (Table 3; 12 weeks *Slc2a1*/Glut1; $F_{(3,8)} = 6.08$, $p = 0.0185$). These findings suggest that even long-term diabetes does not induce upregulation of *Slc2a1*/Glut1 mRNA levels in the retina.

Reduction of Glut1 in the RPE does not protect against early markers of DR

Our results indicate that systemic reduction of Glut1 protects against multiple pathologic features of DR. To better understand this protection, we next asked whether reduction of Glut1 in specific cell types would confer a similar protection. We first examined the RPE, where Glut1 is expressed on both the apical and basal membranes (Kumagai et al., 1994) (Fig. 1). RPE-specific Glut1 conditional knock-down (CKD) mice were generated by crossing the *VMD2*^{Cre/+} strain with the *Glut1*^{lox} strain (*VMD2* Glut1-CKD). Because of recombination with only one *Glut1*^{lox} allele, *VMD2*^{Cre/+} *Glut1*^{lox/+} mice effectively recapitulate the *Glut1*^{+/-} phenotype, except that Glut1 is reduced by 50% only within the RPE. Figure 9A demonstrates *VMD2*^{Cre/+}-mediated recombination with tdTomato. Nearly all RPE cells exhibited tdTomato expression (red). High-magnification photomicrographs of the boxed areas display the uniform distribution of recombination throughout the epithelium. Compared with *Glut1*^{lox/lox}*VMD2*^{Cre/+} (*Glut1*_m) mice (Swarup et al., 2019), which had moderate levels of patchy Cre expression and induced the complete loss of Glut1 in only ~50% of RPE cells, the *VMD2* Glut1-CKD model had high levels of Cre expression throughout the RPE so that Glut1 was reduced by 50% in most cells because of the deletion of a single *Glut1*^{lox} allele. Figure 9B, C illustrates the 50% reduction of Glut1 in the RPE by Western blot analysis ($F_{(3,11)} = 26.33$, $p < 0.0001$). Like the diabetic *Glut1*^{+/-} retinas, diabetic *VMD2* Glut1-CKD mice

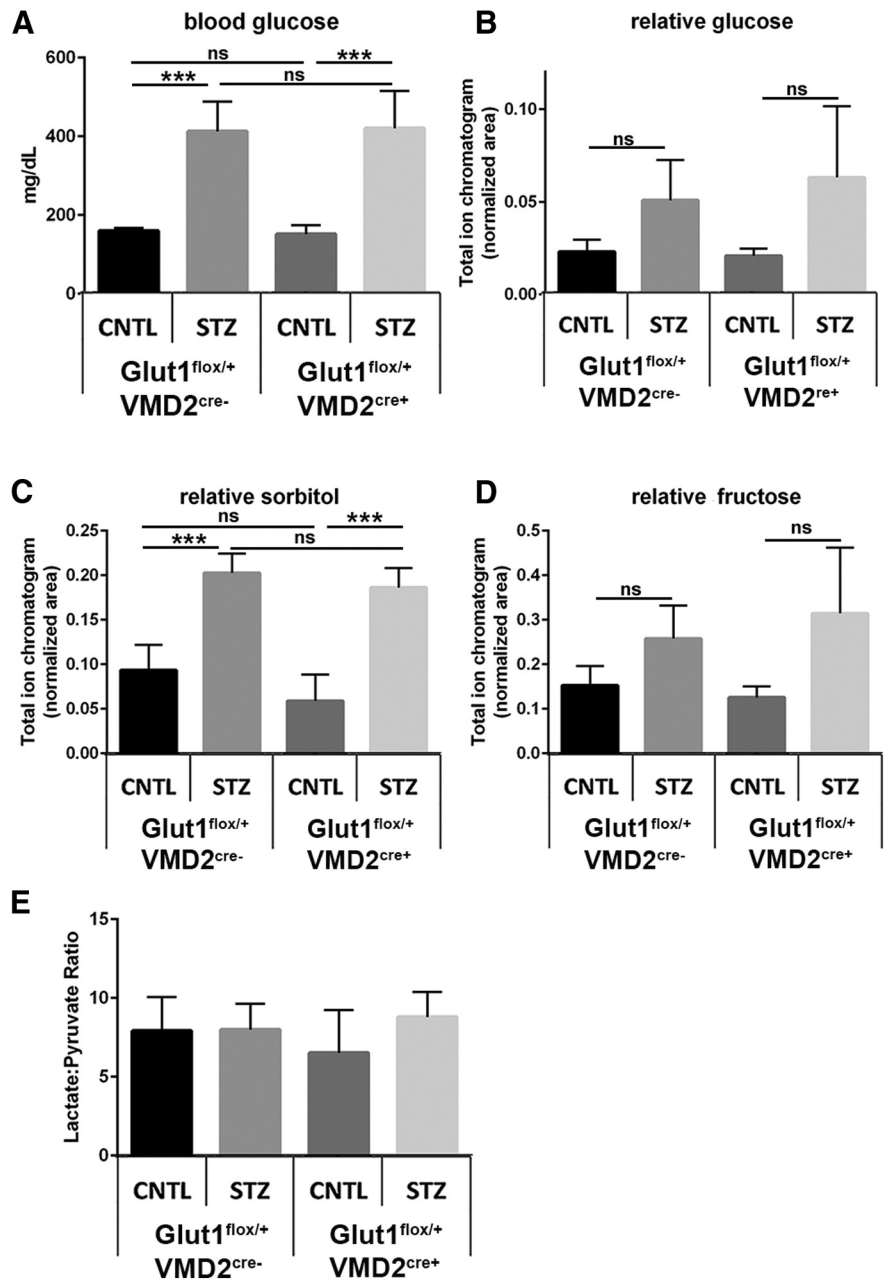


Figure 10. Reduction of Glut1 in the RPE does not mitigate elevations in retinal sorbitol. **A**, At 4 weeks of diabetes, mice were fasted for ≥ 7 h before analysis of blood glucose levels with a OneTouch Ultra glucometer. **B–E**, Retinas from fasted *VMD2* Glut1-CKD mice were dissected and analyzed by GC/MS after 4 weeks of diabetes. Relative quantities of glucose (**B**), sorbitol (**C**), and fructose (**D**) were normalized to ¹³C₅-ribitol for comparison between genotypes. **E**, Comparison of lactate:pyruvate ratios between genotypes. Data are mean \pm SD. $n = 4$ for each group. *** $p \leq 0.0001$.

exhibited overt systemic hyperglycemia (Fig. 10A; $F_{(3,12)} = 24$, $p < 0.0001$), and a trend toward higher retinal glucose levels in the diabetic mice, but no significant differences were found between any groups (Fig. 10B; $F_{(3,15)} = 3.5$, $p = 0.0515$). However, high levels of retinal sorbitol (Fig. 10C; $F_{(3,12)} = 30$, $p < 0.0001$) remained in both diabetic groups. Although multiple comparison differences did not reach significance, elevated levels of fructose were also observed (Fig. 10D; $F_{(3,12)} = 4.2$, $p = 0.0302$). Cytosolic NADH/NAD ratio, as identified by lactate:pyruvate ratios, was also unchanged between groups (Fig. 10E; $F_{(3,12)} = 0.83$, $p = 0.5036$). To determine whether reduction of Glut1 in the RPE normalized retinal function despite the presence of polyol

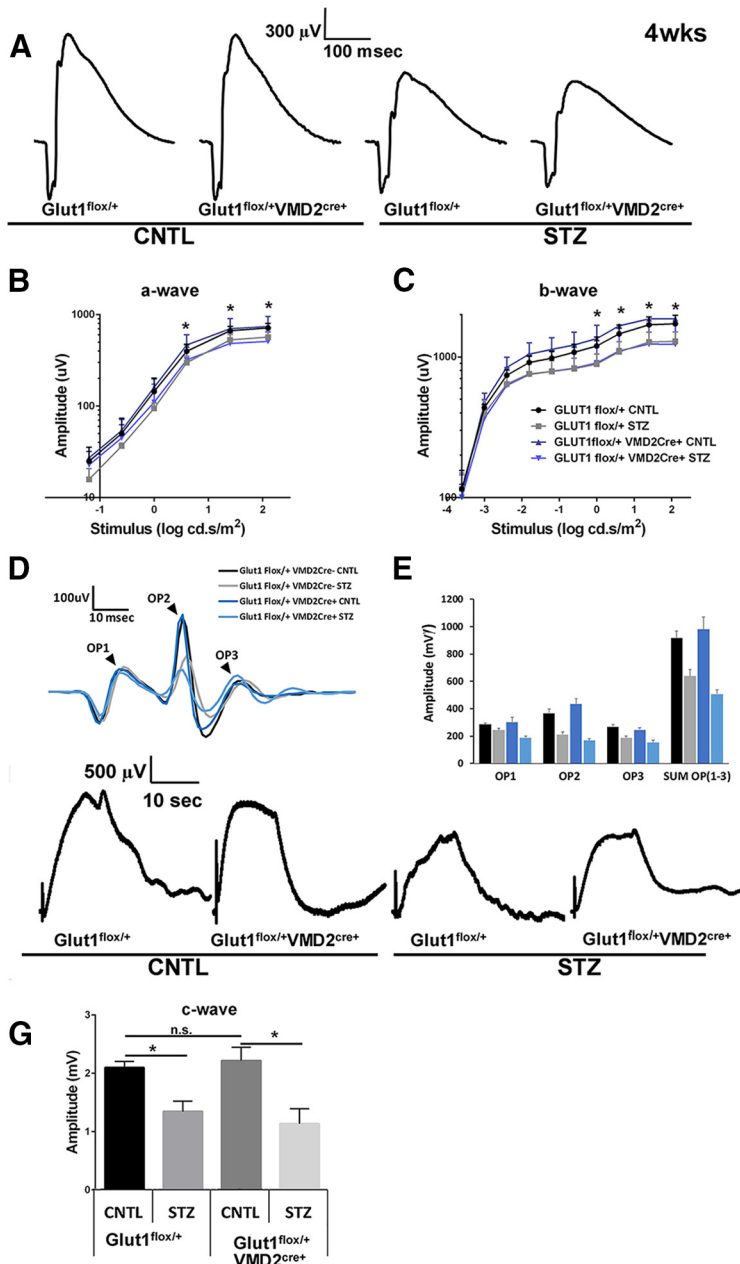


Figure 11. Diabetic mice with reduction of Glut1 in the RPE exhibit similar ERG defects as diabetic controls. **A**, Representative strobe flash ERG waveform traces from diabetic (STZ) and nondiabetic (CNTL) VMD2 Glut1-CKD mice and littermate controls evoked in response to a 1.4 log cd.s/m² light stimulus. **B**, Luminance-response function for the a-wave after 4 weeks of diabetes. Amplitude of the a-wave was measured at 8.3 ms following the flash stimulus. **C**, Luminance-response function for the b-wave after 4 weeks of diabetes. Amplitude of the b-wave was measured by summing the amplitude of the a-wave with the peak of the response following the OPs (≥ 40 ms). **D**, Representative traces of filtered OPs from strobe flash ERGs evoked by a 1.4 log cd.s/m² flash stimulus at 4 weeks of diabetes. **E**, Mean amplitude of OP1–3 and the summed OP amplitudes for 4 weeks of diabetes. Amplitude of each OP was measured from the minimum of the preceding trough to the peak of the potential. **F**, Representative waveforms induced by a 5 cd/m² white stimulus for 10 s. Amplitude of the c-wave was determined by subtracting the average baseline amplitude from the maximal response following the b-wave. **G**, Average amplitude of the c-wave at 4 weeks of diabetes. Data are mean amplitude \pm SEM for each flash stimulus. $n \geq 4$ in each group. * $p \leq 0.05$.

accumulation, ERGs were performed on diabetic and nondiabetic VMD2 Glut1-CKD and littermate control mice. In line with a role for glucose and glucose metabolites affecting retinal function, both genotypes exhibited reduced ERG waveform components at 4 weeks of diabetes. Figure 11A depicts representative waveform traces evoked by a 1.4 log cd.s/m² stimulus flash from each group

of mice. The luminance-response functions for the a- and b-wave are shown in Figure 11B, C. Neither waveform component was rescued by the reduction of Glut1 only in the RPE (a-wave: $F_{(3,120)} = 12.75, p < 0.0001$; b-wave: $F_{(3,200)} = 27.25, p < 0.0001$). The amplitudes of the OPs (Fig. 11D,E) and the c-wave (Fig. 11F,G; $F_{(3,17)} = 8.042, p = 0.0015$) were reduced by equivalent amounts in diabetic WT and VMD2 Glut1-CKD mice. These data indicate that reduction of Glut1 in the RPE is not sufficient to mitigate retinal polyol accumulation or retinal dysfunction, which were both abrogated in diabetic *Glut1*^{+/-} mice.

Reduction of Glut1 in retinal neurons reduces polyol accumulation and prevents retinal dysfunction and markers of inflammation/oxidative stress

We next used the *Crx*^{Cre/+} transgenic strain to drive Cre expression in retinal neurons. As with the VMD2 strain, *Glut1*^{flox/+} mice were bred with *Crx*^{Cre/+} mice to create the retina specific *Crx* Glut1-CKD mouse that expresses a single *Slc2a1* allele in all the cells of the *Crx* lineage. *Crx* is expressed in photoreceptor progenitors beginning at E12.5, and *Crx*-mediated recombination occurs in rod and cone photoreceptors, bipolar cells, Müller glia, and amacrine cells (T. Furukawa et al., 1997; A. Furukawa et al., 2002; Hennig et al., 2008). Figure 12A illustrates the pattern of *Crx*^{Cre} mediated recombination within the retina, but not the RPE. Decreased levels of *Slc2a1* mRNA and Glut1 protein in retinas of *Crx* Glut1-CKD mice were confirmed by qPCR (Fig. 12B; $F_{(3,18)} = 9.573, p = 0.0005$) and Western blotting (Fig. 12C; $F_{(3,15)} = 25.29, p < 0.0001$), respectively. Like *Glut1*^{+/-} mice, nondiabetic *Crx* Glut1-CKD mice also exhibited normal retinal morphology (Fig. 12D) and ERG responses (see Fig. 14).

Analysis of blood and retinal glucose levels revealed that reduction of Glut1 only in the retina did not affect systemic glucose levels (Fig. 13A; $F_{(3,16)} = 31, p < 0.0001$), but slightly reduced retinal glucose content, which was only significant compared with the WT diabetic retina (Fig. 13B; $F_{(3,16)} = 4.4, p = 0.0196$). There were no differences in systemic or retinal glucose levels between diabetic mice based on genotype, however. Importantly, diabetic *Crx* Glut1-CKD mice displayed a significant reduction in retinal sorbitol levels compared with WT diabetics (Fig. 13C; $F_{(3,15)} = 34, p < 0.0001$). Similar to the glucose content, fructose levels in the nondiabetic CNTL *Crx* Glut1-CKD mouse were slightly lower, but only compared with the WT diabetic (Fig. 13D; $F_{(3,16)} = 4.6, p = 0.0160$). No differences were found in lactate:pyruvate ratios. These findings reveal that reduction of Glut1 only within retinal neurons can recapitulate the mitigation of retinal polyol accumulation found in diabetic *Glut1*^{+/-} mice. Importantly, although

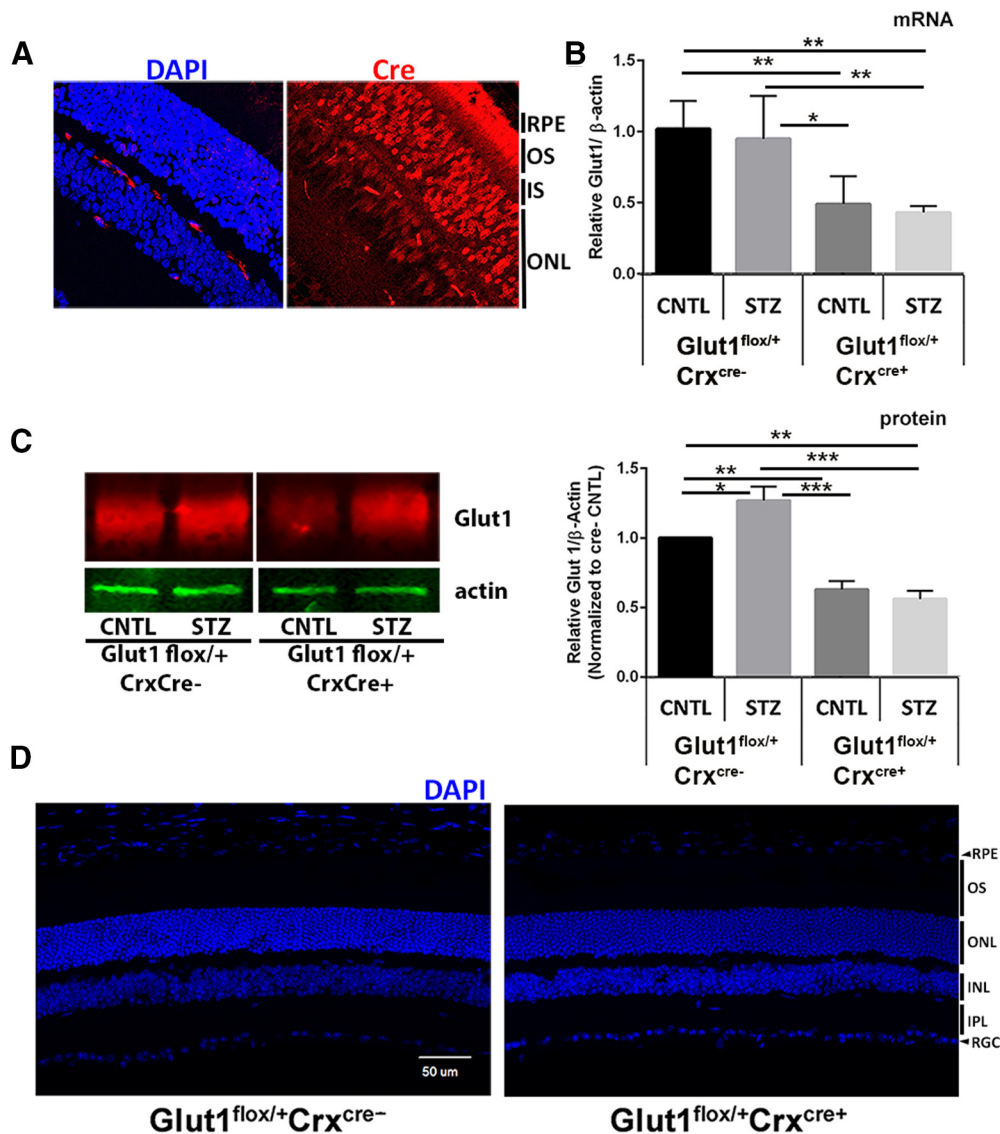


Figure 12. Crx Glut1-CKD mice exhibit 50% reduction of Glut1 specifically in the retina and normal retinal morphology. **A**, Representative confocal images depicting *Crx^{cre/+}* recombinase activity in the retina of adult mice by expression of tdTomato. **B**, qPCR demonstrating 50% reduction in Glut1 expression in the retina of *Glut1^{flox/+} Crx^{cre/+}* mice. Relative fold change in Glut1 gene expression was determined using the $2^{-\Delta\Delta C_t}$ method. *Sic2a1* levels were normalized to expression of β -actin and compared with *Glut1^{+/+}* CNTL. **C**, Protein levels of Glut1 from retinas dissected from *Glut1^{flox/+} Crx^{cre/+}* mice following 4 weeks of diabetes. Left panels, Representative Western blots imaged. Right graph, Relative Glut1: β -actin levels normalized to the *Glut1^{flox/+} Crx^{cre-}* control. **D**, Representative images of retinal cryosections stained with DAPI demonstrating normal retinal morphology. Scale bar, 50 μ m. RPE, Retinal pigmented epithelium; OS, outer segments; ONL, outer nuclear layer; INL, inner nuclear layer; IPL, inner plexiform layer; RGC, retinal ganglion cell layer. Data are mean \pm SEM. $n \geq 3$ in each group. * $p \leq 0.05$. ** $p \leq 0.001$. *** $p \leq 0.0001$.

reduction of Glut1 only in retinal neurons did not lead to a complete normalization of retinal sorbitol levels, the change was correlated with a full normalization of retinal function (Fig. 14). ERGs were recorded following 4 weeks of diabetes in Crx Glut1-CKD and littermate controls. Notably, diabetic Crx Glut1-CKD mice displayed normal a- and b-wave amplitudes at all light intensities (Fig. 14A–C; a-wave: $F_{(3,142)} = 24.74$, $p < 0.0001$; b-wave: $F_{(3,233)} = 42.71$, $p < 0.0001$). Figure 14A illustrates waveform traces from a 1.9 log cd.s/m² flash stimulus; and in Figure 14B, C, luminance-response functions for these mice clearly depict the significant differences between diabetic WT and Crx Glut1-CKD mice. The amplitude of the OPs (Fig. 14D,E) and the c-wave (Fig. 14F,G; $F_{(3,25)} = 23.38$, $p < 0.0001$) was also normalized in the diabetic Crx Glut1-CKD mouse. To determine whether the rescue of the diabetic phenotype extended beyond retinal

function, we analyzed expression of oxidative stress mediators and inflammatory cytokines in retinas from each cohort of animals (Fig. 15). While diabetes induced elevations in WT mice, no differences in expression of Nos2 (Fig. 15A; $F_{(3,13)} = 6.710$, $p = 0.0056$), TNF- α (Fig. 15B; $F_{(3,16)} = 23.34$, $p < 0.0001$), Cox2 (Fig. 15C; $F_{(3,13)} = 9.133$, $p = 0.0016$), or IL-1 β (Fig. 15D; $F_{(3,14)} = 10.23$, $p = 0.0008$) were observed between nondiabetic WT and diabetic Crx Glut1-CKD cohorts. These findings demonstrate that a small modulation of Glut1 levels only within retinal neurons has significant effects on the development of early characteristic hallmarks of DR.

Discussion

Proposed almost 20 years ago, the unifying theory for the etiology of DR postulated that hyperglycemia-induced production of

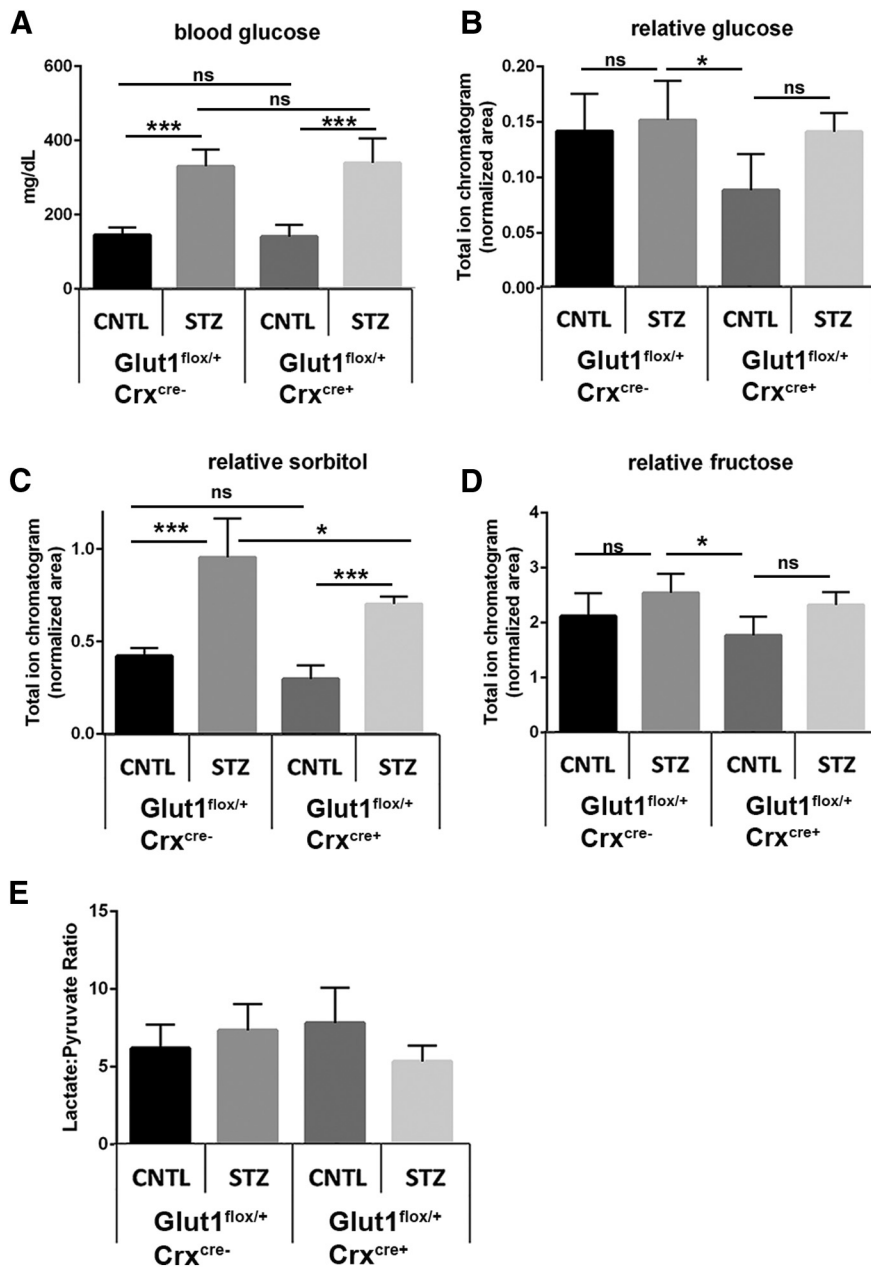


Figure 13. Reduction of Glut1 in the retina ameliorates retinal polyol accumulation associated with diabetes. **A**, At 4 weeks of diabetes, mice were fasted for ≥ 7 h before analysis of blood glucose levels with a OneTouch Ultra glucometer. **B–D**, Retinas from fasted Crx Glut1-CKD mice were dissected and analyzed by GC/MS. Relative quantities of glucose (**B**), sorbitol (**C**), and fructose (**D**) were normalized to $^{13}\text{C}_5$ -ribitol for comparison between genotypes. **E**, Comparison of lactate:pyruvate ratios between genotypes. Data are mean \pm SD. $n = 5$ for each group. * $p \leq 0.05$. *** $p \leq 0.0001$.

free oxygen radicals was the basis for glucose damage in the retina (Nishikawa et al., 2000; Brownlee, 2001, 2005). Glucose toxicity and oxidative stress lead to retinal vascular damage through multiple downstream mechanisms, including activation of protein kinase C, aldose reductase activation, and advanced glycation end product formation (X. L. Du et al., 2000). Despite numerous attempts to intervene in the molecular and biochemical pathways stemming from oxidative stress and hyperglycemia, the goal of preventing DR has not yet been met. Therefore, investigations into the mechanisms of glucose entry into the retina, glucose metabolism, and the production of oxidative damage have remained important areas of research. We report here that

(1) Glut1 is elevated at early stages of DR; (2) systemic reduction of Glut1 is a successful mechanism for the prevention of polyol accumulation, functional defects, and inflammation/oxidative stress within the diabetic retina; and (3) reduction of Glut1 suppressed these early hallmarks of DR when it was targeted to the neural retina, but not the RPE.

Glut1 is the primary facilitative transporter for the retina and is expressed almost ubiquitously in ocular tissues. It is located in the apical and basal RPE membranes and on the luminal and abluminal membranes of retinal endothelial cells. It is also expressed on retinal ganglion cells and is thought to be the only glucose transporter expressed by photoreceptors (Mantych et al., 1993; Gospe et al., 2010). We found that retinal Glut1 is elevated in early DR, and document this by immunohistochemistry, Western blotting, and quantitative proteomics. However, the literature is inconsistent in this respect, with conflicting reports demonstrating no change (Kumagai et al., 1994; Antonetti et al., 1998), reduced (Badr et al., 2000; Fernandes et al., 2004) and increased (Kumagai et al., 1996; Lu et al., 2013) Glut1 levels in the diabetic retina. Resolution of this divergence is complicated by variability in methodology of animal maintenance (insulin treatment/frequency/concentration), timing of analysis, and the tissue target for analysis. While the basis for the differences is not entirely clear, and unlikely to be resolved, our findings unequivocally show that Glut1 was elevated in the diabetic retina at early time points, which correlated with initial indices of DR.

Because Glut1 protein, but not mRNA, was affected by hyperglycemia, it is likely that Glut1 is regulated by post-translational modification and turnover in the diabetic retina. In skeletal muscle, Glut1 can be SUMOylated by the E2 SUMO-ligase, Ubc9, which when overexpressed, leads to a decrease in Glut1 (Giorgino et al., 2000). As Ubc9 mutations are a major risk factor for Type 1 diabetes (Li et al., 2005), reduced levels of Ubc9 in the diabetic retina may be associated with elevated Glut1. Similarly, Glut1 can be mono-ubiquitinated and targeted for degradation (Fernandes et al., 2004). The E3 ubiquitin ligase, Nedd4-2, is inhibited in hyperglycemia and oxidative stress (I. H. Lee et al., 2007; Chandran et al., 2011). Therefore, Glut1 may be elevated in the diabetic retina by a decrease in ubiquitinylation/degradation. It will be important to determine the mechanisms of Glut1 regulation in the diabetic retina, and specifically, in the cell type responsible for reducing DR phenotypes.

The profound protection against ERG defects and early markers of oxidative stress/inflammation found in *Glut1*^{+/-} mice agrees with previous studies demonstrating a role for Glut1

in development of DR (Lu et al., 2013; You et al., 2017, 2018). Our work is novel in that we systemically reduced Glut1 by a genetic approach, correlated it with normalization of polyol accumulation, and determined that reduction of Glut1 in the RPE is not protective. It is important to note that, although glucose is required for function and survival of photoreceptors, and these cells undergo degeneration in mice with $\geq 50\%$ reduction of Glut1 in the RPE (Swarup et al., 2019), the retina is resilient to $\leq 50\%$ reduction of Glut1. Our ERG and histologic analyses indicate that no changes in retinal function or structure are found in *Glut1*^{+/-} mice, a model of *Slc2a1* haploinsufficiency and Glut1 deficiency syndrome (Wang et al., 2006). Although neuroinflammation and microvascular changes occur in the brain of *Glut1*^{+/-} mice (Tang et al., 2017, 2019), *Glut1*^{+/-} retinas are normal. Likewise, inactivation of one *Slc2a1* allele in the retina (Crx Glut1-CKD) or the RPE (VMD2 Glut1-CKD) also maintained normal retinal function and histology, with lower levels of Glut1 in these cell types but no compensation by other glucose transporters (qRT-PCR; other glucose transporters are undetected in the retina by Western blot or immunohistochemistry). Therefore, modulation of Glut1 by small amounts specifically in the retina is a feasible strategy for protection against early hallmarks of DR.

STZ induced a 2–3 \times increase in blood glucose levels compared with CNTL mice (3.1 \times for *Glut1*^{+/+}, 3.2 \times for *Glut1*^{+/-}; 2.6 for VMD2 controls, 2.8 for VMD2 Glut1-CKDs; 2.3 for Crx controls, 2.4 for Crx Glut1-CKDs). However, retinal glucose levels were not significantly different between diabetic and nondiabetic mice of any genotype. Instead, significant differences were found in levels of glucose metabolites of the polyol pathway. Importantly, mice were fasted for ≥ 7 h before retinal dissections, enabling a clear evaluation of retinal glucose levels and metabolite accumulation. While glucose can readily be transported out of the retina via Glut1 on retinal endothelial cells and the RPE, sorbitol cannot be exported from the retina (Jedziniak et al., 1981). Therefore, we propose that the primary effector in DR is not glucose itself, but sorbitol, which accumulates to induce increased osmolarity and oxidative stress.

Systemic or retina-specific reduction of Glut1 was correlated with lower sorbitol accumulation, and more importantly, with complete normalization of ERG defects and oxidative stress in diabetic mice. Sorbitol induces hyperosmolarity and oxidative stress because of the biochemical processes underlying its production and breakdown. When aldose reductase turns glucose into sorbitol, NADPH is converted to NADP⁺. In hyperglycemia, the requirement for breakdown of excess glucose via the polyol pathway depletes NADPH, which is critical for glutathione to

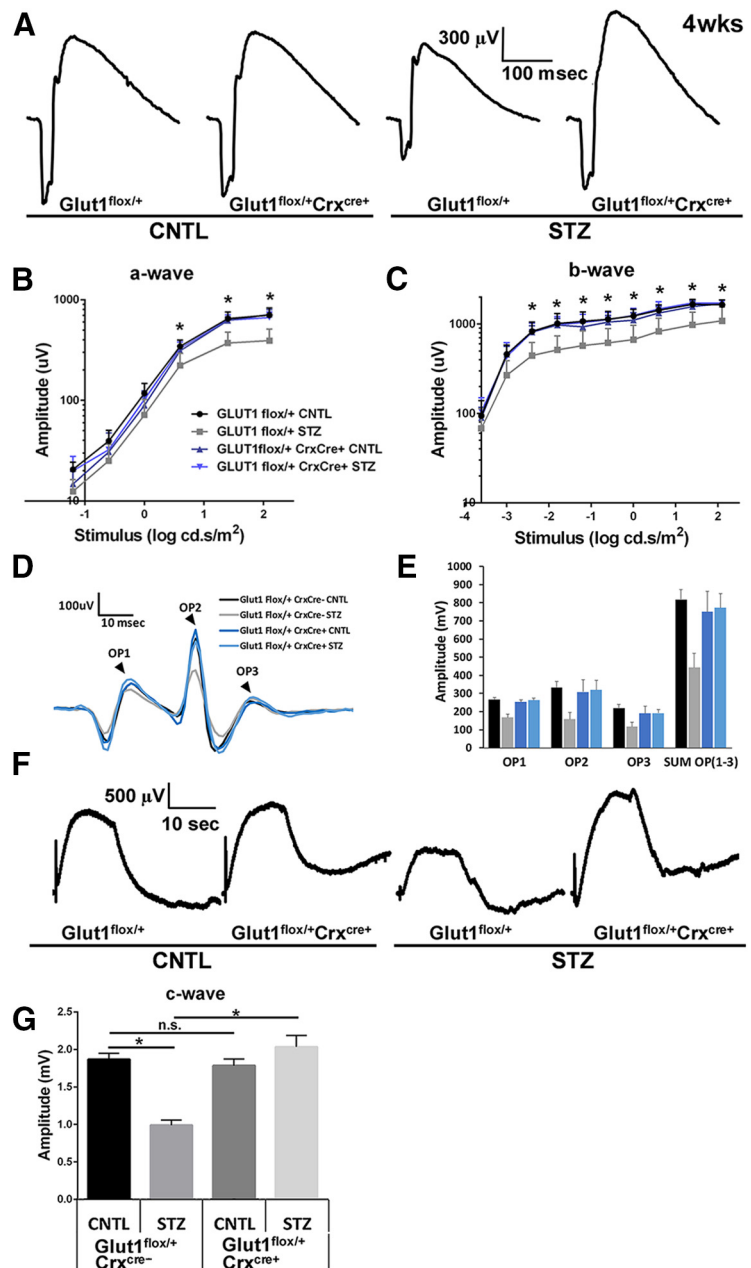


Figure 14. Diabetic mice with reduction of Glut1 in the retina exhibit no ERG defects. **A**, Representative strobe flash ERG waveform traces from diabetic and nondiabetic Crx Glut1-CKD mice and littermate controls evoked in response to a 1.4 log cd.s/m² light stimulus. **B**, Luminance-response function for the a-wave after 4 weeks of diabetes. Amplitude of the a-wave was measured at 8.3 ms following the flash stimulus. **C**, Luminance-response function for the b-wave after 4 weeks of diabetes. Amplitude of the b-wave was measured by summing the amplitude of the a-wave with the peak of the response following the OPs (≥ 40 ms). **D**, Representative traces of filtered OPs from strobe flash ERGs evoked by a 1.4 log cd.s/m² flash stimulus at 4 weeks of diabetes. **E**, Average amplitude of OP1–3 and the summed OP amplitudes for 4 weeks of diabetes. Amplitude of each OP was measured from the minimum of the preceding trough to the peak of the potential. **F**, Representative waveforms induced by a 5 cd/m² white stimulus for 10 s. Amplitude of the c-wave was determined by subtracting the average baseline amplitude from the maximal response following the b-wave. **G**, Average amplitude of the c-wave at 4 weeks of diabetes. Data are mean amplitude \pm SEM for each flash stimulus. $n \geq 3$ in each group. * $p \leq 0.05$.

scavenge free radicals and the *de novo* synthesis of fatty acids, nucleotides, steroids, and cholesterol. Net formation of fructose from glucose via sorbitol dehydrogenase also results in the breakdown of NADPH and formation of NADH. The NAD⁺/NADH ratio in the cell is $\sim 600:1$, and even the smallest change in NADH can decrease this ratio drastically (Ido, 2007), inducing

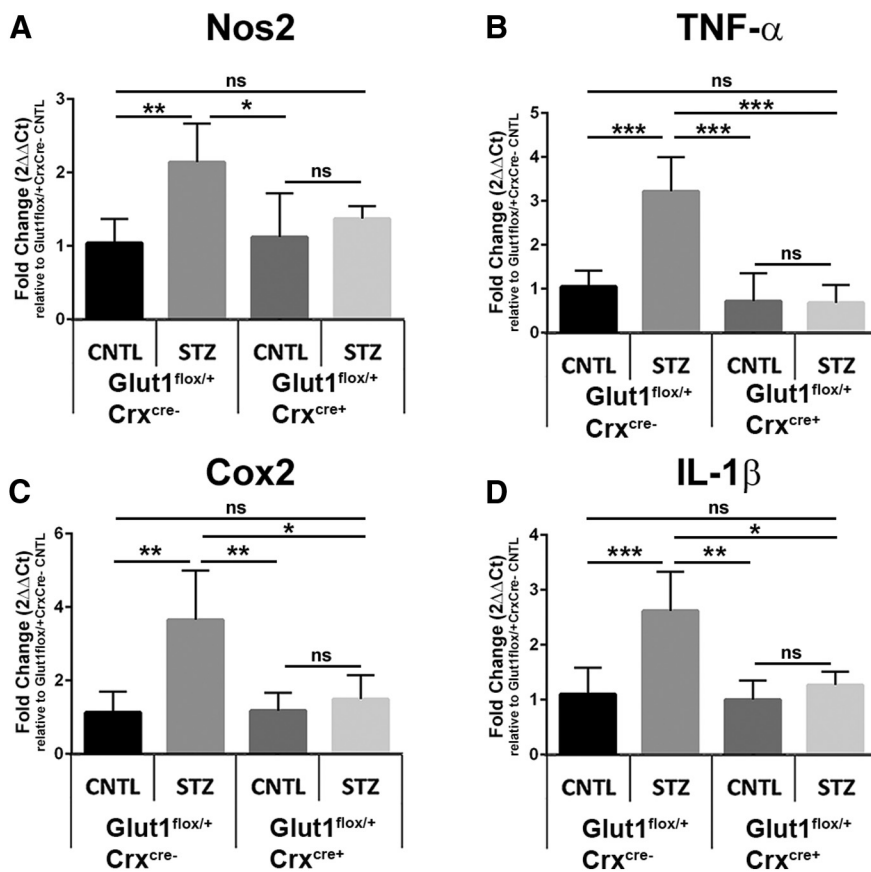


Figure 15. Diabetic mice with reduction of Glut1 in retinal neurons exhibit reduced levels of oxidative stress and inflammatory markers. Expression of *Nos2* (A), *TNF- α* (B), *Cox2* (C), and *IL-1 β* (D) in retinas from 4 week diabetic mice were measured by qPCR. Relative fold changes in gene expression were determined using the $2\Delta\Delta C_t$ method. All genes were normalized to expression of β -actin and compared with the *Glut1*^{+/+} CNTL. Data are mean \pm SD. $n \geq 3$ for each group. * $p \leq 0.05$. ** $p \leq 0.001$. *** $p \leq 0.0001$.

pseudohypoxia and contributing to DR (Williamson et al., 1993). Increased NADPH/NADP⁺ (Varma and Kinoshita, 1974) and decreased NAD⁺/NADH ratios (Obrosova et al., 2001) have been reported in diabetic rat lens. Although lactate:pyruvate ratios were largely unchanged in our mice, the prevention of polyol accumulation may have directly led to the prevention of oxidative stress.

Perhaps one of the most interesting findings from our work was that VMD2 *Glut1*-CKD mice did not exhibit altered sorbitol levels. Indeed, it was surprising that reduction of *Glut1* in the RPE was not associated with lower retinal polyol accumulation or normalized ERGs. However, because glucose is rapidly converted to sorbitol, it was likely that the level of *Glut1* remaining in the RPE was too high to sufficiently lower glucose flux into the retina and affect metabolism. Instead, a reduction in glucose entry into the neural retina was required for the successful normalization of DR pathologies. Thus, targeting sorbitol or identifying mechanisms to reduce *Glut1* in neurons is likely to be key to preventing DR. *Crx*-mediated recombination occurs in retinal progenitors at E12.5 and results in recombination in photoreceptors, but also Müller glia, bipolar cells, and amacrine cells (Hennig et al., 2008). Although reduction of *Glut1* in any of these cell types can underlie the protection observed in the *Crx* *Glut1*-CKD mouse, photoreceptors are the most highly metabolic cells in the body, and maintenance of the dark current is a considerable energy sink for the retina (Okawa et al., 2008). Therefore, we propose that reduced

photoreceptor-mediated glucose metabolism accounts for the reduction in sorbitol accumulation and the oxidative stress. Consistent with this hypothesis, diabetic *Gnat1*^{-/-} mice exhibit significantly reduced leukostasis and cytokine production (Liu et al., 2019). Hurley and colleagues (J. Du et al., 2016) demonstrated that phototransduction influences metabolic flux and *Gnat1*^{-/-} mice no longer display light-evoked metabolic flux. Thus, the protective effects seen in the diabetic *Gnat1*^{-/-} mouse could also be because of reduced sorbitol accumulation.

Beyond sorbitol, retinal endothelial cells significantly contribute to DR pathology downstream of inflammation (Fu et al., 2016; Sorrentino et al., 2018). Because systemic or retina-specific reduction of *Glut1* abrogated cytokine expression, we postulate that leukocyte activation should not occur. Kern and colleagues suggested that photoreceptors communicate with leukocytes via cytokines to propagate inflammation in the retina and kill retinal endothelial cells (Liu et al., 2016; Tonade et al., 2016, 2017; Liu et al., 2019). Although we focused here on the early stages of DR, determining whether reduction of *Glut1* in RECs prevents DR pathology will be informative in further discerning if limiting glucose entry to the retina, or reducing the rate of glucose metabolism by photoreceptors is the source of late-stage pathogenicity.

References

- Al-Kharashi AS (2018) Role of oxidative stress, inflammation, hypoxia and angiogenesis in the development of diabetic retinopathy. *Saudi J Ophthalmol* 32:318–323.
- Asnaghi V, Gerhardinger C, Hoehn T, Adeboje A, Lorenzi M (2003) A role for the polyol pathway in the early neuroretinal apoptosis and glial changes induced by diabetes in the rat. *Diabetes* 52:506–511.
- Aung MH, Kim MK, Olson DE, Thule PM, Pardue MT (2013) Early visual deficits in streptozotocin-induced diabetic Long Evans rats. *Invest Ophthalmol Vis Sci* 54:1370–1377.
- Baynes JW (1991) Role of oxidative stress in development of complications in diabetes. *Diabetes* 40:405–412.
- Bearse MA Jr, Ozawa GY (2014) Multifocal electroretinography in diabetic retinopathy and diabetic macular edema. *Curr Diab Rep* 14:526.
- Bresnick GH, Palta M (1987) Oscillatory potential amplitudes: relation to severity of diabetic retinopathy. *Arch Ophthalmol* 105:929–933.
- Bresnick GH, Korth K, Groo A, Palta M (1984) Electroretinographic oscillatory potentials predict progression of diabetic retinopathy: preliminary report. *Arch Ophthalmol* 102:1307–1311.
- Brownlee M (2001) Biochemistry and molecular cell biology of diabetic complications. *Nature* 414:813–820.
- Brownlee M (2005) The pathobiology of diabetic complications: a unifying mechanism. *Diabetes* 54:1615–1625.
- Chandran S, Li H, Dong W, Krasinska K, Adams C, Alexandrova L, Chien A, Hallows KR, Bhalla V (2011) Neural precursor cell-expressed developmentally down-regulated protein 4-2 (Nedd4-2) regulation by 14-3-3 protein binding at canonical serum and glucocorticoid kinase 1 (SGK1) phosphorylation sites. *J Biol Chem* 286:37830–37840.

- Dagher Z, Park YS, Asnaghi V, Hoehn T, Gerhardinger C, Lorenzi M (2004) Studies of rat and human retinas predict a role for the polyol pathway in human diabetic retinopathy. *Diabetes* 53:2404–2411.
- Du J, Rountree A, Cleghorn WM, Contreras L, Lindsay KJ, Sadilek M, Gu H, Djukovic D, Raftery D, Satrustegui J, Kanow M, Chan L, Tsang SH, Sweet IR, Hurley JB (2016) Phototransduction influences metabolic flux and nucleotide metabolism in mouse retina. *J Biol Chem* 291:4698–4710.
- Du XL, Edelstein D, Rossetti L, Fantus IG, Goldberg H, Ziyadeh F, Wu J, Brownlee M (2000) Hyperglycemia-induced mitochondrial superoxide overproduction activates the hexosamine pathway and induces plasminogen activator inhibitor-1 expression by increasing Sp1 glycosylation. *Proc Natl Acad Sci USA* 97:12222–12226.
- Du Y, Miller CM, Kern TS (2003) Hyperglycemia increases mitochondrial superoxide in retina and retinal cells. *Free Radic Biol Med* 35:1491–1499.
- Fernandes R, Carvalho AL, Kumagai A, Seica R, Hosoya K, Terasaki T, Murta J, Pereira P, Faro C (2004) Downregulation of retinal GLUT1 in diabetes by ubiquitinylation. *Mol Vis* 10:618–628.
- Fu D, Yu JY, Yang S, Wu M, Hammad SM, Connell AR, Du M, Chen J, Lyons TJ (2016) Survival or death: a dual role for autophagy in stress-induced pericyte loss in diabetic retinopathy. *Diabetologia* 59:2251–2261.
- Furukawa A, Koike C, Lippincott P, Cepko CL, Furukawa T (2002) The mouse Crx 5'-upstream transgene sequence directs cell-specific and developmentally regulated expression in retinal photoreceptor cells. *J Neurosci* 22:1640–1647.
- Furukawa T, Morrow EM, Cepko CL (1997) Crx, a novel otx-like homeobox gene, shows photoreceptor-specific expression and regulates photoreceptor differentiation. *Cell* 91:531–541.
- Gabbay KH (1973) The sorbitol pathway and the complications of diabetes. *N Engl J Med* 288:831–836.
- Giorgino F, de Robertis O, Laviola L, Montrone C, Perrini S, McCowen KC, Smith RJ (2000) The sentrin-conjugating enzyme mUbc9 interacts with GLUT4 and GLUT1 glucose transporters and regulates transporter levels in skeletal muscle cells. *Proc Natl Acad Sci USA* 97:1125–1130.
- Gospe SM, Baker SA, Arshavsky VY (2010) Facilitative glucose transporter Glut1 is actively excluded from rod outer segments. *J Cell Sci* 123:3639–3644.
- Greenstein VC, Thomas SR, Blaustein H, Koenig K, Carr RE (1993) Effects of early diabetic retinopathy on rod system sensitivity. *Optom Vis Sci* 70:18–23.
- Hennig AK, Peng GH, Chen S (2008) Regulation of photoreceptor gene expression by Crx-associated transcription factor network. *Brain Res* 1192:114–133.
- Ido Y (2007) Pyridine nucleotide redox abnormalities in diabetes. *Antioxid Redox Signal* 9:931–942.
- Jedziniak JA, Chylack LT Jr, Cheng HM, Gillis MK, Kalustian AA, Tung WH (1981) The sorbitol pathway in the human lens: aldose reductase and polyol dehydrogenase. *Invest Ophthalmol Vis Sci* 20:314–326.
- Kumagai AK, Glasgow BJ, Pardridge WM (1994) GLUT1 glucose transporter expression in the diabetic and nondiabetic human eye. *Invest Ophthalmol Vis Sci* 35:2887–2894.
- Lee IH, Dinodom A, Sanchez-Perez A, Kumar S, Cook DI (2007) Akt mediates the effect of insulin on epithelial sodium channels by inhibiting Nedd4-2. *J Biol Chem* 282:29866–29873.
- Lee R, Wong TY, Sabanayagam C (2015) Epidemiology of diabetic retinopathy, diabetic macular edema and related vision loss. *Eye Vis (Lond)* 2:17.
- Li M, Guo D, Isales CM, Eizirik DL, Atkinson M, She JX, Wang CY (2005) SUMO wrestling with type 1 diabetes. *J Mol Med (Berl)* 83:504–513.
- Lima VC, Cavalieri GC, Lima MC, Nazario NO, Lima GC (2016) Risk factors for diabetic retinopathy: a case-control study. *Int J Retina Vitreous* 2:21.
- Liu H, Tang J, Du Y, Saadane A, Tonade D, Samuels I, Veenstra A, Palczewski K, Kern TS (2016) Photoreceptor cells influence retinal vascular degeneration in mouse models of retinal degeneration and diabetes. *Invest Ophthalmol Vis Sci* 57:4272–4281.
- Liu H, Tang J, Du Y, Saadane A, Samuels I, Veenstra A, Kiser JZ, Palczewski K, Kern TS (2019) Transducin1, phototransduction and the development of early diabetic retinopathy. *Invest Ophthalmol Vis Sci* 60:1538–1546.
- Lorenzi M (2007) The polyol pathway as a mechanism for diabetic retinopathy: attractive, elusive, and resilient. *Exp Diabetes Res* 2007:61038.
- Lu L, Seidel CP, Iwase T, Stevens RK, Gong YY, Wang X, Hackett SF, Campochiaro PA (2013) Suppression of GLUT1: a new strategy to prevent diabetic complications. *J Cell Physiol* 228:251–257.
- Mantych GJ, Hageman GS, Devaskar SU (1993) Characterization of glucose transporter isoforms in the adult and developing human eye. *Endocrinology* 133:600–607.
- Ng JS, Bearnse MA Jr, Schneck ME, Barez S, Adams AJ (2008) Local diabetic retinopathy prediction by multifocal ERG delays over 3 years. *Invest Ophthalmol Vis Sci* 49:1622–1628.
- Nishikawa T, Edelstein D, Brownlee M (2000) The missing link: a single unifying mechanism for diabetic complications. *Kidney Int Suppl* 77:S26–S30.
- Obrosova IG, Stevens MJ, Lang HJ (2001) Diabetes-induced changes in retinal NAD-redox status: pharmacological modulation and implications for pathogenesis of diabetic retinopathy. *Pharmacology* 62:172–180.
- Obrosova IG, Minchenko AG, Vasupuram R, White L, Abatan OI, Kumagai AK, Frank RN, Stevens MJ (2003) Aldose reductase inhibitor fidarestat prevents retinal oxidative stress and vascular endothelial growth factor overexpression in streptozotocin-diabetic rats. *Diabetes* 52:864–871.
- Okawa H, Sampath AP, Laughlin SB, Fain GL (2008) ATP consumption by mammalian rod photoreceptors in darkness and in light. *Curr Biol* 18:1917–1921.
- Pardue MT, Barnes CS, Kim MK, Aung MH, Amarnath R, Olson DE, Thule PM (2014) Rodent hyperglycemia-induced inner retinal deficits are mirrored in human diabetes. *Transl Vis Sci Technol* 3:6.
- Ratra D, Nagarajan R, Dalan D, Prakash N, Kuppan K, Thanikachalam S, Das U, Narayansamy A (2020) Early structural and functional neurovascular changes in the retina in the prediabetic stage. *Eye (Lond)* 35:858–867.
- Rizzolo LJ (1997) Polarity and the development of the outer blood-retinal barrier. *Histol Histopathol* 12:1057–1067.
- Robinson R, Barathi VA, Chaurasia SS, Wong TY, Kern TS (2012) Update on animal models of diabetic retinopathy: from molecular approaches to mice and higher mammals. *Dis Model Mech* 5:444–456.
- Sabanayagam C, Yip W, Ting DS, Tan G, Wong TY (2016) Ten emerging trends in the epidemiology of diabetic retinopathy. *Ophthalmic Epidemiol* 23:209–222.
- Samuels IS, Bell BA, Pereira A, Saxon J, Peachey NS (2015) Early retinal pigment epithelium dysfunction is concomitant with hyperglycemia in mouse models of type 1 and type 2 diabetes. *J Neurophysiol* 113:1085–1099.
- Schneck ME, Shupenko L, Adams AJ (2008) The fast oscillation of the EOG in diabetes with and without mild retinopathy. *Doc Ophthalmol* 116:231–236.
- Singh C, Tran V, McCollum L, Bolok Y, Allan K, Yuan A, Hoppe G, Brunengraber H, Sears JE (2020) Hyperoxia induces glutamine-fueled anaplerosis in retinal Muller cells. *Nat Commun* 11:1277.
- Sohn EH, van Dijk HW, Jiao C, Kok PH, Jeong W, Demirkaya N, Garmager A, Wit F, Kucukcilioglu M, van Velthoven ME, DeVries JH, Mullins RF, Kuehn MH, Schlingemann RO, Sonka M, Verbraak FD, Abramoff MD (2016) Retinal neurodegeneration may precede microvascular changes characteristic of diabetic retinopathy in diabetes mellitus. *Proc Natl Acad Sci USA* 113:E2655–E2664.
- Sorrentino FS, Matteini S, Bonifazi C, Sebastiani A, Parmeggiani F (2018) Diabetic retinopathy and endothelin system: microangiopathy versus endothelial dysfunction. *Eye (Lond)* 32:1157–1163.
- Sun W, Oates PJ, Coutcher JB, Gerhardinger C, Lorenzi M (2006) A selective aldose reductase inhibitor of a new structural class prevents or reverses early retinal abnormalities in experimental diabetic retinopathy. *Diabetes* 55:2757–2762.
- Swarup A, Samuels IS, Bell BA, Han JY, Du J, Massenzio E, Abel ED, Boesze-Battaglia K, Peachey NS, Philp NJ (2019) Modulating GLUT1 expression in retinal pigment epithelium decreases glucose levels in the retina: impact on photoreceptors and Muller glial cells. *Am J Physiol Cell Physiol* 316:C121–C133.
- Tang M, Gao G, Rueda CB, Yu H, Thibodeaux DN, Awano T, Engelstad KM, Sanchez-Quintero MJ, Yang H, Li F, Li H, Su Q, Shetler KE, Jones L, Seo R, McConathy J, Hillman EM, Noebels JL, De Vivo DC, Monani UR (2017) Brain microvasculature defects and Glut1 deficiency syndrome averted by early repletion of the glucose transporter-1 protein. *Nat Commun* 8:14152.
- Tang M, Park SH, De Vivo DC, Monani UR (2019) Therapeutic strategies for glucose transporter 1 deficiency syndrome. *Ann Clin Transl Neurol* 6:1923–1932.

- Tonade D, Liu H, Kern TS (2016) Photoreceptor cells produce inflammatory mediators that contribute to endothelial cell death in diabetes. *Invest Ophthalmol Vis Sci* 57:4264–4271.
- Tonade D, Liu H, Palczewski K, Kern TS (2017) Photoreceptor cells produce inflammatory products that contribute to retinal vascular permeability in a mouse model of diabetes. *Diabetologia* 60:2111–2120.
- Tyrberg M, Lindblad U, Melander A, Lövestam-Adrian M, Ponjavic V, Andréasson S (2011) Electrophysiological studies in newly onset type 2 diabetes without visible vascular retinopathy. *Doc Ophthalmol* 123:193–198.
- van Dijk HW, Verbraak FD, Kok PH, Stehouwer M, Garvin MK, Sonka M, DeVries JH, Schlingemann RO, Abramoff MD (2012) Early neurodegeneration in the retina of type 2 diabetic patients. *Invest Ophthalmol Vis Sci* 53:2715–2719.
- Varma SD, Kinoshita JH (1974) Sorbitol pathway in diabetic and galactosemic rat lens. *Biochim Biophys Acta* 338:632–640.
- Wang D, Pascual JM, Yang H, Engelstad K, Mao X, Cheng J, Yoo J, Noebels JL, De Vivo DC (2006) A mouse model for Glut-1 haploinsufficiency. *Hum Mol Genet* 15:1169–1179.
- Williamson JR, Chang K, Frangos M, Hasan KS, Ido Y, Kawamura T, Nyengaard JR, van den Enden M, Kilo C, Tilton RG (1993) Hyperglycemic pseudohypoxia and diabetic complications. *Diabetes* 42:801–813.
- You ZP, Zhang YL, Shi K, Shi L, Zhang YZ, Zhou Y, Wang CY (2017) Suppression of diabetic retinopathy with GLUT1 siRNA. *Sci Rep* 7:7437.
- You ZP, Xiong B, Zhang YL, Shi L, Shi K (2018) Forskolin attenuates retinal inflammation in diabetic mice. *Mol Med Rep* 17:2321–2326.