Age-dependent remarkable regenerative potential of the dentate gyrus provided by intrinsic stem cells

Age-dependent remarkable regenerative potential of the dentate gyrus provided by intrinsic stem cells 1

stem cells 2

Abbreviated title: Dentate gyrus regeneration after massive destruction 3

Tamar Licht[1,3#], Tirzah Kreisel[1,2], Yoav Biala[3], Sandesh Mohan[3], Yoel Yaari[3,] Andrey Anisimov[4], 4

Kari Alitalo[4] and Eli Keshet[1#] 5

[1]Dept. of Developmental Biology and Cancer Research, Faculty of Medicine, the Hebrew 6

University, Jerusalem 91120 Israel. 7

[2]Edmond and Lily Safra Center for Brain Sciences (ELSC), The Hebrew University 8

Givat Ram, Jerusalem 91904. 9

[3]Dept. of Medical Neurobiology, Faculty of Medicine, the Hebrew University, Jerusalem 91120 10

Israel. 11

[4]Translational Cancer Biology Program, Research Programs Unit, Faculty of Medicine, 12

University of Helsinki, Finland FI-00014 13

Corresponding authors 14

Tamar Licht: mail: tamarli@ekmd.huji.ac.il. Phone 972544703220. Fax 97226757195 15

Eli Keshet: elik@ekmd.huji.ac.il. Phone 972524634418. Fax 97226757195 16

No. of pages: 36 17

No. of figures: 10 18

No. of tables: 1 19

Words in abstract: 216 20

Words in introduction: 631 21

Words in discussion: 880 22

1

Abstract   31

Multiple insults to the brain lead to neuronal cell death, thus raising the question to what   32

extent can lost neurons be replenished by adult neurogenesis. Here we focused on the   33

hippocampus and especially the dentate gyrus (DG), a vulnerable brain region and one of the   34

two sites where adult neuronal stem cells (NSCs) reside. While adult hippocampal   35

neurogenesis was extensively studied with regard to its contribution to cognitive   36

enhancement, we focused on their underestimated capability to repair a massively injured,   37

nonfunctional DG. To address this issue, we inflicted substantial DG-specific damage in mice of   38

either sex either by diphtheria toxin-based ablation of >50% of mature DG granule cells (GCs)   39

or by prolonged brain-specific VEGF overexpression culminating in extensive, highly selective   40

loss of DG GCs (thereby also reinforcing the notion of selective DG vulnerability). The   41

neurogenic system promoted effective regeneration by increasing NSCs proliferation/survival   42

rates, restoring a nearly original DG mass, promoting proper rewiring of regenerated neurons   43

to their afferent and efferent partners and regaining of lost spatial memory. Notably,   44

concomitantly with the natural age-related decline in the levels of neurogenesis, the   45

regenerative capacity of the hippocampus also subsided with age. The study thus revealed an   46

unappreciated regenerative potential of the young DG and suggests hippocampal NSCs as a   47

critical reservoir enabling recovery from catastrophic DG damage.   48

49

Significance statement   50

Adult hippocampal neurogenesis has been extensively studied in the context of its role in   51

cognitive enhancement but whether, and to what extent can dentate gyrus (DG)-resident   52

neural stem cells drive regeneration of an injured DG has remained unclear. Here we show   53

that DG neurogenesis act to replace lost neurons and restore lost functions even following   54

massive (>50%) neuronal loss. Age-related decline of neurogenesis is paralleled by a   55

progressive decline of regenerative capacity. Considering also the exceptional vulnerability of   56

the DG to insults, these findings provide a further rationale for maintaining DG neurogenesis   57

in adult life.   58

59

60

61

Introduction 62

Stem cells in adult organs are engaged in homeostatic maintenance of the tissue, both in 63

balancing normal cell turnover, as well as in tissue repair following injury. 64

In the brain, neural stem cells (NSCs) mostly reside in two locales: the sub-ventricular zone 65

(SVZ) and the hippocampal dentate gyrus (DG). The major role of SVZ NSCs is the 66

replenishment of olfactory bulb interneurons in compensation for their normal turnover. SVZ- 67

born neuroblasts migrate rostrally to the olfactory bulb via a designated route known as the 68

rostral migratory stream (RMS). While it was shown that SVZ-born neurons can use 69

alternative routes and home to injured brain areas in models of stroke and ischemia 70

(Nakatomi et al., 2002; Zhang et al., 2004; Grade et al., 2013), it is unclear whether they also 71

contribute to functional repair (Inta and Gass, 2015; Lu et al., 2017). 72

DG-resident NSCs are engaged in constitutive production of new neurons in rodents and 73

potentially also in humans (Eriksson et al., 1998; Spalding et al., 2013; Boldrini et al., 2018) 74

that integrate within the existing network of DG granule cells (GCs) (van Praag et al., 2002) 75

where they contribute to memory and mood processes (Aimone et al., 2011; Toda et al., 76

2018). Although neurogenic response was documented in experimental animal models of 77

injury and epilepsy (Gould and Tanapat, 1997; Gray and Sundstrom, 1998; Jessberger et al., 78

2007; Cho et al., 2015; Yu et al., 2016), the natural role of NSCs in functional DG repair 79

following injury is grossly underappreciated. This issue is of particular significance given the 80

vulnerability of the hippocampus, in general, and of GCs in particular, to damaging insults. 81

Owing to the low excitability of GCs and their natural role in moderation of excitatory signals 82

(Heinemann et al., 1992; Krook-Magnuson et al., 2015), their loss is a major cause of temporal 83

lobe epilepsy, a pathology further aggravating selective GC loss and often culminating in DG 84

degeneration (Houser, 1992; Steward, 1994). Examining whether DG NSCs are capable of 85

driving functional DG repair in epilepsy models has been hampered by the continual nature of 86

the damage counteracting the repair process (Hattiangady et al., 2004). Likewise, DG 87

neurogenesis induced by Kainic acid was shown to be associated with accelerated NSC   88

depletion and astrocytic differentiation rather than neuron production (Sierra et al., 2015).   89

The exceptional vulnerability of the DG is also evidenced in other human pathologies such as   90

frontotemporal lobe degeneration, Alzheimer's disease and adrenal insufficiency (Maehlen   91

and Torvik, 1990; Armstrong et al., 2012; Collins et al., 2012; Kovacs et al., 2013; Takeda and   92

Tamano, 2018) and in rodent models of these and other pathologies that are often associated   93

with enhanced neurogenesis (Spanswick et al., 2007; Spanswick et al., 2011; Watanabe et al.,   94

2016; Choi et al., 2017; Tu et al., 2018; Wang et al., 2018).   95

 To examine the regenerative potential of the DG we used two independent ways for   96

conditional infliction of GC-specific massive cell death, importantly, under conditions sparing   97

NSCs. In the first model, diphtheria toxin (DT) injected to adult mice expressing DT receptors   98

exclusively in GCs leads to selective elimination of >50% of GCs. In the second model, a   99

comparable GC-specific loss is caused by conditionally-induced prolonged (>3 months)   100

overexpression of VEGF. Importantly, the damaging insult in this tetracycline-regulated VEGF   101

system can be terminated at will, thus providing a unique opportunity to uncouple the   102

processes of DG injury and repair. Here we uncovered a remarkable regenerative capacity of   103

the DG, not only with respect to replenishing lost neurons but also with respect to proper re-   104

wiring and restoration of lost cognitive functions. We further show that regeneration is driven   105

by DG NSCs and that progressive neurogenesis decline with age (Kuhn et al., 1996; Ben   106

Abdallah et al., 2010; Encinas et al., 2011) is accompanied by a progressive diminishment of   107

the regenerative potential.   108

                                                                                                       109

Materials and Methods   110

Mice   111

All animal procedures were approved by the animal care and use committee of the Hebrew   112

University. Transgenic mouse lines that were used in this study: CamkIIα-tTA, Ai9, Pomc-Cre, iDTR, 113

5

and Gli1-cre^{ERT2} lines were purchased from the Jackson Laboratories (strains 016198, 007909, 114

010714, 007900, 007913). pTET-VEGF$_{164}$ and pTET-sVEGFR1 responder lines were as described 115

previously (Licht et al., 2011). Nestin-GFP line was obtained from Prof. Grigori Enikolopov, CSHL 116

(Mignone et al., 2004). pTET-GFP line was obtained from R. Jaenisch, MIT (Beard et al., 2006). 117

Both males and females were used. For switching-off VEGF, water was supplemented by 500mg/L 118

tetracycline (Bio Basic Canada Inc. #TB0504) and 3% sucrose. For switching on the transgene, 119

tetracycline-supplemented water was replaced by fresh water for the desired time. CldU (MP 120

Biomedicals #02105478 100mg/kg) or IdU (Sigma I7125, 100mg/kg) were injected 121

intraperitoneally (i.p.) 3 times at 8hr intervals at the indicated time points. Tamoxifen (Sigma 122

T5648, 40mg/ml in sunflower seed oil) was administered orally once daily for 5 days at a dose of 123

~8mg/animal. TRITC-labeled 10kD dextran (Molecular Probes #1817) was injected intracardially at 124

100gr/kg 2 min before sacrifice. Animals were grown in SPF housing conditions with irradiated 125

rodent food and water/tetracycline ad libitum. Breeding cages for the VEGF system include males 126

heterozygous for pTET-VEGF$_{164}$, CamkIIα-tTA and Ai9/nestin-GFP alleles and females heterozygous 127

for CamkIIα-tTA and Gli1- creERT2/nestin-GFP (maternal imprinting of the pTET-VEGF$_{164}$ allele 128

results in high mortality upon VEGF induction). Mice that inherited the CamkIIα-tTA alone served 129

as controls for CamkIIα-tTA; pTET-VEGF$_{164}$ double transgenic littermates. All animals in 130

experiments (controls and VEGF) were kept in the same cage and received the same treatment. 131

Litters of either sex were used. 132

133

Intrahippocampal injections 134

Mice were anesthetized with an i.p injection of Ketamine/Xylazine followed by Isoflurane 135

inhalation. The head was placed in a stereotactic apparatus (Stoelting Co.) and a burr hole was 136

drilled at the injection site using the following coordinates relative to Bregma (in mm): AP: −2.5, 137

ML: -1.4, DV: −2. Injections were conducted using a 10μl syringe (Hamilton) and a thin 33-gauge 138

metal needle (WPI). DT (Merck Millipore, # 322326, 5μg/ml) or AAV-VEGF (3E+06vp/μl (Kivela et 139

al., 2019)) were dissolved in saline and 1µl was delivered at a flow rate of 0.4µl/min. After 140

injection, the needle was left in place for 5 additional minutes and then slowly withdrawn. For 141

bilateral injections (ML: ±1.4), a 0.7µl of DT in each hemisphere was administered. All mice 142

received DT injections while mice inherited iDTR alone served as controls. For AAV experiment, an 143

empty AAV vector served as control. 144

145

Electrophysiology 146

Mice were decapitated under Isoflurane anesthesia and coronal hippocampal slices (350µm) 147

were prepared with a vibratome and transferred to a storage chamber perfused with 148

oxygenated (95% O_2 and 5% CO_2) artificial cerebrospinal fluid (aCSF) at room temperature 149

(containing (mM): NaCl 130; KCl 3.5; $MgSO_4$ 1; $CaCl_2$ 1.6; $NaHCO_3$ 24; and D-glucose, 10). For 150

recording, slices were placed one at a time in an interface chamber and superfused (flow rate 151

1 ml/min) with warmed (35°C) oxygenated aCSF. The temperature was measured with a 152

thermal probe juxtaposed to the slice and maintained at 35°C with a feedback controller (NPI, 153

Tamm, Germany). Bipolar tungsten (115 µm) electrodes (FHC, Inc.) connected to a stimulator 154

by an isolation unit were used for focal stimulation (1–20 V, 50 µs) of afferent fibers of 155

Perforant path axons. Extracellular recordings were performed with glass electrodes 156

contained 3M NaCl (5–10 MΩ), at the upper blade of the granule cell layer (GCL). An amplifier 157

(EXT-10C, NPI electronic GmbH, Tamm, Germany) was used, allowing measurement of field 158

potentials of cell populations. The extracellular signals were digitized at a sampling rate of 10 159

kHz and stored by a personal computer using a data acquisition system (Digidata 1322A) and 160

pCLAMP9 software (Molecular Devices, CA). Each focal stimulation was performed 3-5 times, 161

averaged, and the peak amplitude of the population spike was measured (from baseline to 162

peak population spike). 163

164

Radial arm water maze 165

7

This protocol, testing for current working memory, was adapted from (Alamed et al., 2006; 166

Fujisaki et al., 2014). The radial arm water maze apparatus of a circular pool (1M in diameter) 167

with six 19cm wide arms radiating out from the central circular area. Visual cues were 168

included in the test room. The experiment was conducted for 5 consecutive days. Escape 169

transparent Plexiglas platform (16X16X20cm) was placed on a different arm each day (the 170

platform location does not change over one day), forcing the mice to use their memory to 171

solve the task. At the beginning of each acquisition trial, the animal was placed in a different 172

arm out of the remaining arms not containing the escape platform on that day. 173

During each trial, the animal was allowed to swim into all arms until finding the platform. 174

If during a 1 min trial the platform was not found, the mouse was gently guided through the 175

water to the platform and was allowed to stay there for 10 sec. 30 min after finishing the 4th 176

trial, each animal underwent a fifth trial with the start arm the same as that of trial 4. 177

The fifth trial on the fifth day was the "memory retention" trial, in which the number of errors 178

to reach the platform were calculated. Each error was defined as either a) Swimming into an 179

arm that does not contain the platform that day (1 error for every wrong arm entrance) b) 180

Entering the goal arm without boarding the platform c) Spending 20 sec or more continuously 181

in the central zone without any arm selection. 182

 All trails were recorded and analyzed using EthoVision XT10 software (Noldus). 183

184

Immunohistochemistry 185

Brains were fixed by immersion in 4% PFA for 5 hrs., incubated in 30% sucrose, embedded in 186

OCT Tissue-Tec and cryosectioned to 50μm floating sections. Coronal slices from all aspects of 187

the rostral-caudal axis were examined. 188

Staining was done as described (Licht et al., 2010) with the following: anti-CldU (Serotec 1:400 189

PRID: AB_323427), anti-IDU (BD 1:200 PRID: AB_400326), anti laminin (Neomarkers 1:400 190

PRID: AB_60397), anti-DCX (Millipore 1:3000 PRID: AB_2230227) and anti-CD31 (BD 1:50 PRID: 191

8

AB_393571), anti NeuN (Cell Signaling 1:600 PRID: AB_2630395), anti ZnT3 (1:600, #AZT-013, 192

Alomone labs) anti cleaved caspase 3 (1:200, Cell signaling PRID:AB_2341188), anti GFAP 193

(1:500, Dako PRID: AB_10013482), anti Iba1 (1:200, Wako PRID: AB_2665520), anti HB-EGF for 194

DTR (R&D, 1:200 PRID: AB_354429). Cy5 anti guinea-pig, Cy5 anti rat, Cy2 and Cy3 anti rabbit, 195

Cy2 and Cy3-anti mouse were all obtained from Jackson Immunoresearch (dilution 1:400). 196

Sections were mounted with Permafluor mounting medium (Thermo Scientific, TA-030-FM) 197

with Dapi (Sigma, D9542). 198

Confocal microscopy was done using Olympus FV-1000 on 10X, 20X and X60 lenses and 1.46μm 199

distance between confocal z-slices. Low magnification images were acquired using Nikon SMZ-25 200

stereoscope. At least 7 sections per animal from all hippocampal areas at the rostral-caudal axis 201

were counted. Measurements were done using Olympus FV-1000 viewer. 202

203

DG size quantification 204

Measurements of the DG were performed as shown in Fig 1*H*. Coronal slices representing all areas 205

of the hippocampus at the anterior-posterior axis were counted. **GCL area** was measured using 206

X10 NeuN-stained sections by enclosing the GCL (using Olympus FV-1000 viewer) only in images 207

including the GCL in full. **DG height** (Fig. 1*H* top, yellow) was measured as the distance in μm 208

from the dorsal border with stratum lacunosum to the ventral border with the thalamus (yellow 209

line in image). Measurements were done perpendicular to the center of the dorsal 210

(suprapyramidal) blade. **GCL thickness** (Fig. 1*H* top, white*)* was measured at the center of the 211

dorsal blade (white line). **MF thickness** (Fig. 1*H* bottom*)* was measured at the dorsal portion of 212

CA3, at the level of the GCL dorsal blade ending (see red line in image). **CA1 height** (Fig. 4*C*) was 213

measured from the dorsal border with the corpus callosum to the ventral border with stratum 214

laconosum, perpendicular to the center of the pyramidal cell layer. Cells in the borders of ROI 215

were included in analysis. All quantifications were done by a blind experimenter. 216

217

9

Cell density quantification 218

Since the total volume of the GCL was significantly lower in VEGF/DTR[pomc] animals, cell numbers 219

were normalized per SGZ area in 3d images, as this parameter did not change significantly in 220

treated animals. The length of the SGZ (inner part of GCL) in every image was measured by 221

Olympus FV-1000 viewer software using the Dapi channel. The area calculation was achieved by 222

multiplying in the number of slices per image (usually 10-15) and the distance between slices 223

(1.46μm). Quantification of cells within this area (DCX, CldU or IdU) was done manually using the 224

same software by a blind experimenter. 225

To measure NeuN cell density, we encircled an area of $0.01\mu m^2$ using Olympus FV-1000 viewer 226

software and counted manually NeuN+ cells within the area in a single slice. Cells in the borders of 227

the ROI were included in the analysis in all images. 228

229

Microvascular density (MVD) quantification 230

Z-stacks were processed by Bitplane IMARIS 7.6.3 software. An area of 318X318X22.5μm, 231

including the hilus, GCL, and molecular layer, was analyzed. Surface function of the channel 232

including blood vessel staining was conducted and the total volume was measured by IMARIS 233

software (Detailed-average values-volume-sum). The ratio between blood vessel volume and the 234

total ROI was calculated. 235

236

Experimental design and statistical analysis 237

Both males and females (from 1 or more litters per experiment) were used. The numbers of 238

animals in each experiment, statistical tests and statistical values are summarized in *Table 1*. 239

Graphs include the value per each animal and the mean ± SEM. Statistical comparisons were 240

computed using SPSS 19.0 software and consisted of *t*-tests, one-way, two-way and repeated 241

measure analyses of variance (ANOVAs), followed by the Tukey post hoc analyses. Prior to 242

10

statistical parametric tests, normality and homoscedasticity were assessed using the Shapiro-   243

Wilk test and Levene's Test for Equality of Variances.   244

245

246

247

Results   248

Specific ablation of DG neurons in a Diphtheria-toxin-based inducible system.   249

With the aim of inflicting substantial neuronal loss, specifically of mature GCs, we used   250

diphtheria toxin-based transgenic system in which Cre recombinase activity is driven by a   251

POMC promoter previously shown to be specifically expressed in DG neurons (McHugh et al.,   252

2007). Preparatory experiments using Ai9 TdTomato reporter validated that within the brain,   253

POMC-Cre indeed drives expression of the reporter transgene robustly in the DG (see Fig. 1*A*   254

for a scheme of transgenes used and Fig. 1*B* for results). Because the regenerative capacity of   255

the DG assumedly relies on DG-resident NSCs, it was crucial to show that NSCs will be   256

excluded from POMC-Cre-driven targeted transgenes. Visualizing NSCs with the aid of   257

transgenic Nestin-GFP reporter, known to highlight radial glia-like (RGL) NSCs (Mignone et al.,   258

2004), confirmed that this was indeed the case (Fig. 1*B,* right). Co-staining hippocampal   259

sections for Doublecortin (DCX) to highlight differentiated neuroblasts showed that   260

neuroblasts are also negative for Ai9 TdTomato (Fig. 1*C*), thereby securing that, unlike   261

previously used DT-based neuronal ablation system causing widespread neuronal death   262

(Yamasaki et al., 2007; Myczek et al., 2014), only mature GCs would be subjected to ablation   263

with the aid of POMC-driven Cre recombinase.   264

To ablate GCs, POMC-Cre mice were crossed to mice harboring a Cre-inducible Diphtheria   265

toxin receptor (iDTR) transgene (Fig. 1*D*) and double transgenic mice (dubbed DTR^{pomc} mice)   266

11

were challenged with Diphtheria toxin (DT) using unilateral intra-hippocampal stereotactic DT 267

injection. Massive death of DG neurons was evidenced already by 5 days post-DT injection 268

(5dpi), marked by DG-specific immunoreactivity for cleaved Caspase-3. Noteworthy, cleaved 269

caspase-3 was not only detected in GC cell bodies but mostly in their dendrites extending to 270

the adjacent molecular layer (ML) (Fig. 1*E* left). Apparent clustering of microglia in the granule 271

cell layer (GCL) provided additional, indirect evidence for DG-specific cell damage (Fig. 1*E,* 272

right). 273

The magnitude of the neuronal deficit was evaluated at 20 dpi where a marked reduction in 274

overall DG cellularity was evident and calculated to comprise more than half of DG neurons 275

(Fig. 1*F* left and middle and Fig. 1*H* for quantification). Mossy fiber (MF), the axonal tract 276

extended by GCs, highlighted by immunostaining for the Zinc transporter ZnT3 (Palmiter et al., 277

1996), was also greatly reduced (Fig. 1*G,H*). 278

279

DG-resident NSCs drive full re-gain of lost neurons 280

The DT-based system of selective GC ablation described above provided us with a suitable 281

platform for examining whether, and to what extent the DG can recover from such massive 282

damage. To determine whether the substantial neuronal loss evidenced at 20 dpi can be 283

repaired, and in order to allow sufficient time for regeneration, DT-treated brains of littermate 284

mice were retrieved for analysis 70 days later (i.e., at 90 dpi). Remarkably, the neuronal deficit 285

was found to be nearly fully rectified and the intact DG cellularity restored. This was 286

evidenced in the restoration of normal DG height, GCL thickness, recovery of the MF and 287

regaining the initial number of NeuN-positive DG neurons (Fig. 1*F-H*). 288

To determine whether this regenerative capacity is driven by resident NSCs, brains were 289

retrieved for analysis at 20 dpi (Fig. 2*A*), i.e., the time point where substantial neuronal loss 290

has already taken place and regeneration is ongoing. The assumption that NSCs will be spared 291

in DT-injected DTR[pomc] mice was validated by the observation that despite a massive DG 292

neuronal loss, the number of Nestin-GFP$^+$ NSCs was not reduced (Fig. 2*B*). Morphologically,   293

RGL-type NSCs in DTR^{pomc} mice appeared to possess a major apical shaft and to lose the fine   294

tree-like apical processes, a configuration previously shown to represent a reactive NSCs   295

morphology (Sierra et al., 2015; Licht et al., 2016) (Fig. 2*B*, bottom). To follow the fate of   296

dividing cells, the thymidine analog Chloro-deoxyuridine (CldU) was injected at 15-16 dpi, i.e.,   297

4-5 days before brain retrieval. Intensive cell labeling was detected in the GCL of DTR^{pomc} mice   298

compared to the low basal neurogenic level observed in control mice (Fig. 2*C*). A significant   299

fraction of NSCs was labeled with CldU (cells identified as GFP$^+$/CldU$^+$) (Fig. 2*D*,*F*). Further   300

support to the contention that regeneration is driven by local NSCs comes from the   301

observation of discernible 'clones' composed of progenitors (cells with no radial shaft)   302

clustered around a proliferating RGL-type NSC, all positive for CldU (Fig. 2*D* right). The total   303

number of DCX+ neuroblasts, as well as the number of early neuroblasts (co-labeled with   304

CldU), were also higher in DTR^{pomc} mice (Fig. 2*E,F*). Active neuroblasts appeared to lose their   305

typical morphology and to cluster at aberrant locales (Fig. 2*E*), as was shown for epilepsy   306

models (Jessberger et al., 2007). To show that neuroblasts eventually differentiate into   307

mature neurons, CldU was pulse-labeled at 60dpi and CldU$^+$/NeuN$^+$ mature neurons were   308

enumerated at 90 dpi (Fig. 2*G*). Results confirmed a dramatic increase in newly-added mature   309

neurons in the regenerated DG (Fig. 2*H*). Taken together, these findings attest to the ability of   310

DG NSCs to drive full recovery of the DG following a massive injury. It should be noted,   311

however, that even though normal cellularity was achieved at 90 dpi, cleaved-caspase 3 and   312

activated microglia were still evident in the DG, indicative of ongoing injury (Fig. 2*I*). We,   313

therefore, sought an additional system where the damage and regeneration phases are   314

completely uncoupled.   315

     316

Inflicting DG-specific neuronal loss by long-term exposure to ectopic VEGF   317

13

To corroborate that the DG can recover from extensive damage associated with massive 318

neuronal loss, we examined its regenerative potential following a DG-specific injury of a 319

different nature. 320

To this end, we used a transgenic platform allowing for brain-specific induction of ectopic 321

VEGF in a conditional and reversible manner. Briefly, the system used was a bi-transgenic 322

mouse system composed of a tetracycline-regulated, CamkIIα promoter-trans-activator 323

(CamkIIα-tTA 'driving' transgene (Mayford et al., 1996) and a tet-VEGF$_{165}$ 'responder' 324

transgene (Fig. 3*A*). This system was previously used by us to uncover a role for VEGF in 325

reversible modulations of neuronal plasticity (Licht et al., 2011) and a role in the enhancement 326

of adult hippocampal neurogenesis (Licht et al., 2016), but was later found to be associated 327

with a substantial DG-specific damage whenever ectopic VEGF over-expression continued for 328

a period exceeding two months. In our previous studies, VEGF was induced for up to one 329

month, a period proven sufficient for eliciting sustained neurogenic enhancement, and then 330

de-induced, conditions under which no hippocampal damage could be detected (Licht et al., 331

2016). 332

Here, VEGF induction was extended for a period of several months, conditions under which 333

excessive VEGF led to not only angiogenic and neurogenic responses but was also associated 334

with substantial selective DG damage underscoring the exceptional vulnerability of the DG 335

(see below). 336

337

The nature and selectivity of DG injury 338

To evaluate the magnitude of VEGF-induced damage, VEGF was induced in mature 2 month- 339

old CamkIIα-tTA: tet-VEGF double transgenic mice and continuously kept in the 'VEGF-ON' 340

mode. Brains retrieved at monthly intervals (Fig. 3*B*) were sectioned and immunostained for 341

the neuroblast marker DCX (Fig. 3*C*) and for the pan-neuronal marker NeuN (Fig. 3*D*). Results 342

showed an enhanced neurogenic response that persists for several months (when natural 343

14

neurogenesis subsided with age) and ceased only by 7 months from the onset of VEGF   344

overexpression (Fig. 3*C*). Concomitantly, there was a substantial, progressive reduction in the   345

number of detectable mature DG neurons (Fig. 3*D*).   346

We wished to examine whether the detrimental response to VEGF is region-specific. With the   347

aid of tet-GFP responder mouse (Fig. 4*A*), we aimed to examine the expression pattern   348

dictated by the CamKIIα-tTA driver line. We were able to demonstrate a higher GFP expression   349

in the CA1 in comparison with the DG (right). Similarly, using the TET-VEGF as a responder line   350

(induced for 4 months), we showed that endothelial cells of the CA1 and the DG were equally   351

responsive to VEGF - as judged by a comparable angiogenic response elicited by VEGF in both   352

DG and CA1 (Fig. 4*B*). However, only the former showed clear evidence of neuronal damage   353

due to the observation that the CA1 pyramidal cell density and height did not decrease (Fig.   354

4*C*). These findings reinforce the notion of exceptional DG vulnerability in comparison to   355

other regions of the hippocampus. A further indication for the DG-specific VEGF-induced   356

toxicity was apparent DG-restricted caspase-3 activation (Fig. 4*D* top, shown for the whole   357

brain) and, indirectly, also DG-specific astrogliosis and microgliosis manifested in clustering of   358

astrocytes and microglia in the injured DG but not in the CA1 (Fig. 4*D* middle and bottom).   359

The kinetics of activation cleaved caspase 3, astrocytes and microglia after 1 and 3 months of   360

VEGF induction are presented in Fig. 4*E*. While caspase 3 and astrocytes are highly activated   361

only at 3 months from VEGF induction, microglia are activated at an earlier time point. Active   362

microglia populate the DG specifically, as early as 3 days from VEGF induction (Kreisel et al.,   363

2018) and may serve as the trigger for the selective response of the DG to VEGF.   364

VEGF is known as a neuroprotective agent (Jin et al., 2000; Oosthuyse et al., 2001). Here we   365

show that under certain conditions, VEGF could become neurotoxic. The mechanism for GCs-   366

selective neurotoxicity is not clear. The possibility that DG degeneration is secondary to   367

excessive VEGF-induced vascular leakage was ruled out this option by showing that blood   368

vessels in the DG are not leaky (Fig. 5*A*). Likewise, the possibility that the CamkIIα-tTA   369

15

transgene employed may on its own induce DG degeneration (Sirerol-Piquer et al., 2011; Han   370

et al., 2012; Melnikova et al., 2016; Watanabe et al., 2016; Kukreja et al., 2018) was ruled out   371

by showing that without the VEGF-responder transgene no damage was incurred (Fig. 5*B-D*).   372

Also, DG degeneration and enhanced ectopic neurogenesis were reproduced using   373

Intrahippocampal injection of VEGF-encoding Adeno-associated virus (AAV) (Fig. 5*E*).   374

375

Re-gain of normal DG cellularity and morphological features following VEGF withdrawal.   376

In light of our findings that DG regeneration in the DT model relies on NSC-driven   377

neurogenesis (Fig. 2), together with findings that DG neurogenesis in rodents precipitously   378

declines with age (Ben Abdallah et al., 2010; Encinas et al., 2011), the time point of 3 months   379

post-VEGF induction was selected as the 'baseline' for repair (Fig. 6). As in the DTR[pomc] model,   380

neuronal loss was measured as reduced GCL thickness, reduced density of NeuN^{+} neurons, DG   381

height (which includes also the space occupied by GC dendrites and axons) and MF thickness.   382

Three months after continual VEGF exposure, GCL thickness was reduced by more than 60%   383

and the density of GCL cell bodies and the total height of the DG by 40% (Fig. 6*B,D*). The   384

thickness of the MF layer (visualized by ZnT3 immunostaining) was also dramatically reduced   385

(Fig. 6*C,D*).   386

To examine the regenerative potential of the injured DG, the damaging insult was terminated   387

by 'switching-off' VEGF (re-addition of tetracycline to the drinking water). On the basis of our   388

previous studies showing that VEGF levels in brain parenchyma return to basal low levels   389

within a couple of weeks from tetracycline addition (Licht et al., 2011), and to allow sufficient   390

time for regeneration, brains were retrieved for analysis 3 months after VEGF de-induction   391

(on>off, Fig. 6*A*). As shown in Fig. 6*B-D*, the neuronal deficit was repaired in the majority of   392

animals in this timeframe and normal DG cellularity was nearly fully regained. MF, barely   393

detectable in the injured DG, was found to be restored in many (but not all) cases (Fig. 6*C,D*).   394

The magnitude of recovery was assessed by measuring the GCL area in NeuN-stained sections   395

at different time points during recovery. The graph presented in Fig. 3*D* is shown again with   396

the on>off group (Fig. 6*E*). All damage-associated markers (e.g cleaved-caspase 3, active   397

microglia and astrogliosis) were barely detected after 3 months of VEGF withdrawal (Fig. 4*E,*   398

bottom).   399

400

Changes in neurogenesis rate and differentiation during degeneration and regeneration   401

VEGF-induced neurogenesis during degeneration (3m on) and regeneration (3m on/2m off)   402

was examined at the level of NSCs with the aid of Nestin-GFP mice. Iodo-deoxyuridine   403

(Melander et al.) was injected 1-2 days before brain retrieval (Fig. 7*A*). While the total   404

numbers of NSCs were slightly reduced in the degenerated DG (Fig. 7*B* and Fig. 7*D*, left), the   405

numbers of active (IdU+) NSCs were significantly higher in both 'on' and 'on>off' groups (Fig.   406

7*C,D*). In the control DG, NSCs appear as typical tree-like cells and their apical processes are   407

associated with blood vessels (Fig. 7*B*, bottom images) (see further data for NSC-BV   408

association in (Licht and Keshet, 2015; Moss et al., 2016)). In both 'on' and 'on>off' groups,   409

NSCs acquire a modified morphology, lose the majority of the apical fine processes (their   410

apical major shaft still in contact with blood vessels) (Fig. 7*B*, insets and Fig. 7*C*) and also send   411

some cellular projections into the hilus (Fig. 7*C*). Modification of NSCs morphology was   412

reported earlier to be associated with Kainic-acid treatment (reactive-type NSCs) (Sierra et al.,   413

2015).   414

To reconcile the seemingly paradoxical situation of a higher rate of neuroblast production and   415

yet progressive decrease in the number of mature DG neurons, we measured the fraction of   416

newborn neuroblasts eventually differentiating into mature neurons. To this end, 3 months   417

from the onset of VEGF induction mice were pulse-labeled with CldU and sacrificed 3 weeks   418

thereafter in order to allow sufficient time for newborn neuroblasts to differentiate into   419

mature NeuN+ neurons (Fig. 8*A*,*B*). Unlike a higher (~5 fold) rate of NSCs divisions (Fig. 7*D*) and   420

similar increase in neuroblast production (DCX^{+} cells, Fig. 8*C*), the number of newly-added   421

17

mature neurons was marginal (1.37-fold more CldU$^+$/NeuN$^+$ cells in 3m on mice, Fig. 8*B*),   422

suggestive of non-productive neurogenesis in which only a minor fraction of neuroblasts   423

eventually mature. Another indication of aberrant neurogenesis was that resembling the   424

situation in epilepsy models, (Jessberger et al., 2007; Cho et al., 2015), DCX$^+$ cells were found   425

in ectopic locations such as in the inner molecular layer and the hilus (Fig. 8*C,* insets).   426

Interestingly, neurogenesis during the repair phase continued at the same high rate observed   427

prior to VEGF de-induction, quantified through enumeration of both proliferating NSCs and   428

DCX$^+$ neuroblasts as 4-fold higher than neurogenesis in non-injured littermate controls (Fig. 7*D*   429

and Fig. 8*C*, respectively). However, unlike non-productive neurogenesis under prolonged,   430

ongoing VEGF over-expression, neuroblasts generated during the repair period survived and   431

successfully differentiated to mature NeuN$^+$ neurons. This was evidenced in a ~4-fold increase   432

of CldU+NeuN+ cells compared to control or VEGF-on animals (Fig. 8*B*).   433

We measured the numbers of 3-weeks old DCX cells (CldU$^+$DCX$^+$), a population of late   434

neuroblasts entering the final step of differentiation (Fig. 8*D*). This population was   435

proportional to the total numbers of DCX cells in all groups, leading to the conclusion that   436

newborn GCs are eliminated in the VEGF-on group subsequent to the DCX$^+$ stage.   437

 An additional indication that prolonged VEGF exposure results in aberrant neurogenesis was   438

obtained by following NSC descendants using lineage tracing. Briefly, NSCs were marked by   439

crossing Gli1-Cre^{ERT2} mice (Ahn and Joyner, 2004) with a floxed- Ai9 TdTomato reporter mice   440

and bred onto the VEGF switchable system (Fig. 8*E-H*). NSCs and their descendants were then   441

visualized at different time points post VEGF induction and tamoxifen administration (short   442

tamoxifen pulse highlight NSCs while longer tamoxifen pulses highlight their descendants).   443

Results showed that while at 1.5 months after VEGF induction, newborn GCs with normal   444

appearance were still observed (Fig. 8*G*, section iii), 1.5 months later, normal GCs were no   445

longer detected. Instead, cells projecting to unusual areas and abnormal cells devoid of   446

dendritic spines and even cells with no projections were evident (Fig. 8*G* section iv). Also,   447

NSCs discernible by their radial morphology acquire the modified morphology in the sense of   448

losing the apical fine processes and projecting some distal processes into the hilus in addition   449

to the molecular layer to where they are normally directed (Fig. 8*G*, sections iii, v, vii, and Fig.   450

7*C*). Newly-formed GCs in the regenerated DG, visualized through lineage tracing as above,   451

were shown to have normal morphology marked by proper development of dendritic spines,   452

indicative of synapse formation (Fig. 8*G* sections vi, vii). We summarized the relative numbers   453

of NSC/GC normal and abnormal morphology of every experimental group in Fig. 8*H*.   454

Together, findings suggest that neurogenesis in the repair phase is productive and has the   455

capability of replacing lost neurons by the addition of newborn GC.   456

457

DG regeneration is marked by the restoration of functional GCs connectivity and re-gain of   458

impaired learning and memory.   459

We have shown that newborn GCs during regeneration ('on>off') have a properly-oriented MF   460

and dendrites comprising dendritic spines, indicative of new synapse formation (Fig. 8*G*   461

sections vi, vii). To determine whether regenerated GCs (as in the protocol illustrated in Fig.   462

9*A*) re-establish lost functional connections, we examined perforant path connectivity, i.e., the   463

pathway connecting afferent entorhinal cortex with the DG and also constituting the major   464

input pathway to the DG. To this end, afferent fibers of the perforant path were stimulated in   465

acute coronal hippocampal slices and excitatory postsynaptic potential (EPSP) was recorded in   466

GCs located at the upper blade of the DG (Fig. 9*B*). A typical 1.5mV EPSP measured in the non-   467

injured DG was found to be reduced to 0.2 mV by the end of the 3-month exposure to VEGF,   468

indicating a barely functional perforant path. Regeneration led to partial but highly significant   469

perforant path recovery measured as 0.6mV EPSP and a response curve resembling intact DG   470

(Fig. 9*C,D*). Together with findings that all measured EPSP responses were inhibited by the   471

glutamatergic inhibitors APV and CNQX (data not shown), we conclude that regenerated DG   472

GCs establish functional glutamatergic synapses with entorhinal cortex neurons.   473

19

Anticipating that a DG damage of the magnitude shown in the 'VEGF-on' mice will lead to a 474

significant cognitive deficit, we examined whether the anticipated cognitive loss is rectifiable 475

by DG regeneration. To this end, mice were subjected to a radial arm water maze (RAWM) 476

test (Alamed et al., 2006; Fujisaki et al., 2014). Briefly, mice were first trained daily for 5 477

consecutive days to locate a submerged platform hidden in one of the arms and their learning 478

and memory skills were tested by determining the number of trial-and-error attempts 479

required to find the hidden platform. Each mouse was trained and tested three times: before 480

VEGF induction, 3 months post-VEGF induction ('VEGF on') and 3 months after VEGF de- 481

induction ('VEGF on>off') (Fig. 9*E*). While there was no difference between control and VEGF 482

groups at baseline, VEGF-induced DG damage led to learning/memory impairment, reflected 483

by more erroneous attempts before finding the platform. Following regeneration, impaired 484

learning/memory was fully rectified, equalizing the performance of most treated mice to that 485

of untreated littermates (Fig. 9*F*). The 5-day training progress for each one of the time points 486

is presented in Fig. 9*G*. These results suggest that newly-born neurons produced during the 487

repair phase may be functional, at least with respect to spatial learning and memory. 488

489

Regenerative potential of the DG is lost in old mice 490

Considering that hippocampal neurogenesis in rodents precipitously declines with age 491

reaching a negligible level by the age of 9-12 months (Kuhn et al., 1996; Ben Abdallah et al., 492

2010; Encinas et al., 2011; Licht et al., 2016), it was of interest to determine whether 493

regenerative potential also declines with age. To this end, VEGF induction and subsequent de- 494

induction (for a period of 3 months each) were delayed such that the onset of VEGF induction 495

was postponed to the age of 6 or 12 months (implying that regeneration was examined in 12 496

and 18 month-old mice, respectively, instead of in 8 month-old mice, as before (Fig. 10*A*)). 497

It was first required l to ensure that a comparable DG injury is also elicited at older ages, i.e., 498

that VEGF inducibility and responsiveness are not blunted with age. Preparatory experiments 499

20

showed that, at least with respect to the angiogenic response of VEGF, the aged (18m)   500

hippocampus is as responsive as the young hippocampus (Fig. 10*B*). More directly, evaluation   501

of the DG damage inflicted by VEGF exposure revealed a comparable decrease in DG   502

cellularity and size in young and old mice (Fig. 10*B-F*). Twelve-month-old mice were still   503

capable of mounting an efficient repair, evidenced by restoration of DG cellularity, size, and   504

presence of the MF axonal layer in the majority of animals (but not all) (Fig. 10*B,E,F*). In   505

contrast, 18 month-old mice appeared to have completely lost their regenerative capacity   506

evidenced by a dramatically-reduced production of both DCX+ neuroblasts and NeuN+   507

neurons (Fig. 10*C,D*) and undetectable ZnT3+ MF (Fig. 10*B,E*). Cognitive decline and   508

restoration could not be measured in this group of animals measured in this age group due to   509

their deteriorated physical state precluding RAWM testing. These findings thus indicate that,   510

in parallel to the age-related decay of DG neurogenesis, there is also a progressive loss in DG   511

repair capability.   512

513

Discussion   514

The functional significance of adult hippocampal neurogenesis has been the subject for   515

intensive research in the last three decades, with most studies attributing to added   516

hippocampal neurons a role in learning and memory enhancement, depression and social   517

behavior (Lee and Agoston, 2010; Marin-Burgin and Schinder, 2012; Toda and Gage, 2017).   518

Little is known, however, whether the capacity of neuron production during adult life also   519

serves the purpose of post-injury regeneration (Peng and Bonaguidi, 2018). The proposition of   520

adult neurogenesis designated for regeneration was addressed through inflicting substantial   521

DG-restricted damage using two unrelated methods and monitoring subsequent DG   522

regeneration. Importantly, in the two model systems used, namely DT-aided GC ablation and   523

21

massive GC loss following sustained overexpression of ectopic VEGF, DG cellularity was   524

dramatically reduced while NSCs were fully spared.   525

An intrinsic mechanism to cope with neuronal damage is of particular significance in the case   526

of the DG given its exceptional vulnerability to many insults such as virus-induced encephalitis   527

(Wu et al., 2013), exposure to chemicals (Bruccoleri et al., 1998; Choi et al., 2014; Choi et al.,   528

2017) adrenalectomy/adrenal insufficiency (Spanswick et al., 2007; Spanswick et al., 2011;   529

Izumida et al., 2017) Alzheimer's disease and frontotemporal lobe degeneration (Small et al.,   530

2011; Armstrong et al., 2012; Adler et al., 2018). Our study adds yet another example for a   531

selective DG vulnerability, namely, selective apoptosis of DG neurons following prolonged   532

exposure to ectopic VEGF (a situation that can be physiologically relevant in the case of CNS   533

tumors).   534

Could it be then that the DG neurogenic system serves as a backup system for homeostatic   535

maintenance for this vulnerable organ? This would provide an additional rationale for the   536

continued presence of NSCs in this specific locale. Notably, in comparison with the situation in   537

mice where NSC-driven neurogenesis subsides with age, some findings show evidence for   538

remaining neurogenesis in the adult human DG (Eriksson et al., 1998; Spalding et al., 2013;   539

Boldrini et al., 2018), giving the option for a repair in old age.   540

Currently, we do not know why prolonged exposure to ectopic VEGF leads to hippocampal   541

injury and, particularly, why the damage is restricted to DG GCs. Possible mechanisms of   542

VEGF-induced neurotoxicity to be considered include: 1) Hyper-excitability and resultant   543

glutamate toxicity due to increased LTP response, previously shown by us to be enhanced by   544

VEGF in a reversible manner (Licht et al., 2011), a possibility also compatible with findings that   545

NMDA receptor modulations in the hippocampus were shown to induce DG-specific   546

degeneration while sparing the CA1 (Watanabe et al., 2016). 2) DG-specific damage could, in   547

principle, be attributed to detrimental effects of ectopic neurogenesis (Cho et al., 2015). This   548

possibility is, however, less likely considering that VEGF induces GCs death in aged mice   549

(where neurogenesis is negligible) 3) DG selectivity of VEGF-induced damage might also be 550

related to VEGF-induced microglia activation which we found to be specific to the DG and 551

precedes angiogenesis (Kreisel et al., 2018). Other possible explanations linked to the 552

experimental tet system used were tested and precluded (Fig. 5). Regardless of the 553

mechanism(s) underlying VEGF-induced neurotoxicity, both the magnitude of damage and its 554

DG-restricted nature have provided us with a suitable platform for monitoring regeneration. 555

Attesting for the remarkable regenerative potential of the DG was a significant restoration of 556

DG cellularity (although not always achieving full recovery), proper rewiring of regenerated 557

neurons and re-acquisition of lost spatial memory. The latter, however, was only 558

demonstrated in the model of VEGF-induced DG injury, because in the DTR^{pomc} model, injured 559

mice were still performing as well as untreated mice. 560

How the damage is sensed and the nature of factors triggering DG regeneration remains to be 561

examined. Intriguingly, DG neurogenesis can be elicited not only in response to local signals 562

but also in response to remote signals evidenced by a neurogenic response in the non-injured 563

contralateral DG and even upon injury of other brain regions such as following a traumatic 564

brain injury or cortical stroke (Jin et al., 2001; Zepeda et al., 2013; Wang et al., 2015). 565

Interestingly, in our regeneration models, the addition of newborn neurons fully replaced lost 566

GCs but the regenerated DG did not exceed its normal cellularity suggesting that a size control 567

mechanism may exist. 568

The study shows that DG regeneration is solely driven by resident NSCs, thus anticipating (and 569

indeed shown) that age-related NSC exhaustion will be reflected in age-related loss of 570

regenerative potential. The ability to promote marked regeneration of DG morphology and 571

functions by intrinsic stem cells is unique particularly when considering that SVZ-born NSCs, 572

while capable of homing to remote injured brain areas (Nakatomi et al., 2002; Zhang et al., 573

2004; Grade et al., 2013) do not properly integrate and contribute to functional repair (Gould 574

and Tanapat, 1997; Grade et al., 2013; Inta and Gass, 2015; Madathil and Saatman, 2015). One 575

notable difference in this regard is that, in the case of the hippocampus, newborn neurons 576

remain in the boundaries of the DG and their integration in the existing network takes place 577

within their natural microenvironment. 578

Demonstrating selective DG vulnerability and the ability of DG NSCs to promote repair 579

highlights the regenerative designation of DG neurogenesis in the same line with its roles in 580

learning and memory and gives an explanation for its presence particularly in this unique brain 581

compartment. 582

583

584

References 585

Adler DH et al. (2018) Characterizing the human hippocampus in aging and Alzheimer's 586
disease using a computational atlas derived from ex vivo MRI and histology. Proc Natl 587
Acad Sci U S A 115:4252-4257. 588
Ahn S, Joyner AL (2004) Dynamic changes in the response of cells to positive hedgehog 589
signaling during mouse limb patterning. Cell 118:505-516. 590
Aimone JB, Deng W, Gage FH (2011) Resolving new memories: a critical look at the dentate 591
gyrus, adult neurogenesis, and pattern separation. Neuron 70:589-596. 592
Alamed J, Wilcock DM, Diamond DM, Gordon MN, Morgan D (2006) Two-day radial-arm water 593
maze learning and memory task; robust resolution of amyloid-related memory deficits 594
in transgenic mice. Nat Protoc 1:1671-1679. 595
Armstrong RA, Carter D, Cairns NJ (2012) A quantitative study of the neuropathology of 32 596
sporadic and familial cases of frontotemporal lobar degeneration with TDP-43 597
proteinopathy (FTLD-TDP). Neuropathol Appl Neurobiol 38:25-38. 598
Beard C, Hochedlinger K, Plath K, Wutz A, Jaenisch R (2006) Efficient method to generate 599
single-copy transgenic mice by site-specific integration in embryonic stem cells. 600
Genesis 44:23-28. 601
Ben Abdallah NMB, Slomianka L, Vyssotski AL, Lipp HP (2010) Early age-related changes in 602
adult hippocampal neurogenesis in C57 mice. Neurobiol Aging 31:151-161. 603
Boldrini M, Fulmore CA, Tartt AN, Simeon LR, Pavlova I, Poposka V, Rosoklija GB, Stankov A, 604
Arango V, Dwork AJ, Hen R, Mann JJ (2018) Human Hippocampal Neurogenesis 605
Persists throughout Aging. Cell Stem Cell 22:589-599 e585. 606
Bruccoleri A, Brown H, Harry GJ (1998) Cellular localization and temporal elevation of tumor 607
necrosis factor-alpha, interleukin-1 alpha, and transforming growth factor-beta 1 608
mRNA in hippocampal injury response induced by trimethyltin. J Neurochem 71:1577- 609
1587. 610
Cho KO, Lybrand ZR, Ito N, Brulet R, Tafacory F, Zhang L, Good L, Ure K, Kernie SG, Birnbaum 611
SG, Scharfman HE, Eisch AJ, Hsieh J (2015) Aberrant hippocampal neurogenesis 612
contributes to epilepsy and associated cognitive decline. Nat Commun 6:6606. 613
Choi BY, Hong DK, Suh SW (2017) ZnT3 Gene Deletion Reduces Colchicine-Induced Dentate 614
Granule Cell Degeneration. Int J Mol Sci 18. 615

Choi BY, Lee BE, Kim JH, Kim HJ, Sohn M, Song HK, Chung TN, Suh SW (2014) Colchicine   616
    induced intraneuronal free zinc accumulation and dentate granule cell degeneration.   617
    Metallomics 6:1513-1520.   618

Collins M, Riascos D, Kovalik T, An J, Krupa K, Hood BL, Conrads TP, Renton AE, Traynor BJ,   619
    Bowser R (2012) The RNA-binding motif 45 (RBM45) protein accumulates in inclusion   620
    bodies in amyotrophic lateral sclerosis (ALS) and frontotemporal lobar degeneration   621
    with TDP-43 inclusions (FTLD-TDP) patients. Acta Neuropathol 124:717-732.   622

Encinas JM, Michurina TV, Peunova N, Park JH, Tordo J, Peterson DA, Fishell G, Koulakov A,   623
    Enikolopov G (2011) Division-coupled astrocytic differentiation and age-related   624
    depletion of neural stem cells in the adult hippocampus. Cell Stem Cell 8:566-579.   625

Eriksson PS, Perfilieva E, Bjork-Eriksson T, Alborn AM, Nordborg C, Peterson DA, Gage FH   626
    (1998) Neurogenesis in the adult human hippocampus. Nat Med 4:1313-1317.   627

Fujisaki K, Tsuruya K, Yamato M, Toyonaga J, Noguchi H, Nakano T, Taniguchi M, Tokumoto M,   628
    Hirakata H, Kitazono T (2014) Cerebral oxidative stress induces spatial working   629
    memory dysfunction in uremic mice: neuroprotective effect of tempol. Nephrol Dial   630
    Transplant 29:529-538.   631

Gould E, Tanapat P (1997) Lesion-induced proliferation of neuronal progenitors in the dentate   632
    gyrus of the adult rat. Neuroscience 80:427-436.   633

Grade S, Weng YC, Snapyan M, Kriz J, Malva JO, Saghatelyan A (2013) Brain-derived   634
    neurotrophic factor promotes vasculature-associated migration of neuronal   635
    precursors toward the ischemic striatum. PLoS One 8:e55039.   636

Gray WP, Sundstrom LE (1998) Kainic acid increases the proliferation of granule cell   637
    progenitors in the dentate gyrus of the adult rat. Brain Res 790:52-59.   638

Han HJ, Allen CC, Buchovecky CM, Yetman MJ, Born HA, Marin MA, Rodgers SP, Song BJ, Lu   639
    HC, Justice MJ, Probst FJ, Jankowsky JL (2012) Strain background influences   640
    neurotoxicity and behavioral abnormalities in mice expressing the tetracycline   641
    transactivator. J Neurosci 32:10574-10586.   642

Hattiangady B, Rao MS, Shetty AK (2004) Chronic temporal lobe epilepsy is associated with   643
    severely declined dentate neurogenesis in the adult hippocampus. Neurobiol Dis   644
    17:473-490.   645

Heinemann U, Beck H, Dreier JP, Ficker E, Stabel J, Zhang CL (1992) The dentate gyrus as a   646
    regulated gate for the propagation of epileptiform activity. Epilepsy Res Suppl 7:273-   647
    280.   648

Houser CR (1992) Morphological changes in the dentate gyrus in human temporal lobe   649
    epilepsy. Epilepsy Res Suppl 7:223-234.   650

Inta D, Gass P (2015) Is forebrain neurogenesis a potential repair mechanism after stroke? J   651
    Cereb Blood Flow Metab 35:1220-1221.   652

Izumida H, Takagi H, Fujisawa H, Iwata N, Nakashima K, Takeuchi S, Iwama S, Namba T,   653
    Komatu Y, Kaibuchi K, Oiso Y, Arima H, Sugimura Y (2017) NMDA receptor antagonist   654
    prevents cell death in the hippocampal dentate gyrus induced by hyponatremia   655
    accompanying adrenal insufficiency in rats. Exp Neurol 287:65-74.   656

Jessberger S, Zhao C, Toni N, Clemenson GD, Jr., Li Y, Gage FH (2007) Seizure-associated,   657
    aberrant neurogenesis in adult rats characterized with retrovirus-mediated cell   658
    labeling. J Neurosci 27:9400-9407.   659

Jin K, Minami M, Lan JQ, Mao XO, Batteur S, Simon RP, Greenberg DA (2001) Neurogenesis in   660
    dentate subgranular zone and rostral subventricular zone after focal cerebral ischemia   661
    in the rat. Proc Natl Acad Sci U S A 98:4710-4715.   662

Jin KL, Mao XO, Greenberg DA (2000) Vascular endothelial growth factor: Direct   663
    neuroprotective effect in in vitro ischemia. P Natl Acad Sci USA 97:10242-10247.   664

Kivela R, Hemanthakumar KA, Vaparanta K, Robciuc M, Izumiya Y, Kidoya H, Takakura N, Peng   665
    X, Sawyer DB, Elenius K, Walsh K, Alitalo K (2019) Endothelial Cells Regulate   666

Physiological Cardiomyocyte Growth via VEGFR2 -Mediated Paracrine Signaling. 667
Circulation. 668

Kovacs GG et al. (2013) Neuropathology of the hippocampus in FTLD-Tau with Pick bodies: a 669
study of the BrainNet Europe Consortium. Neuropathol Appl Neurobiol 39:166-178. 670

Kreisel T, Wolf B, Keshet E, Licht T (2018) Unique role for dentate gyrus microglia in neuroblast 671
survival and in VEGF-induced activation. Glia. 672

Krook-Magnuson E, Armstrong C, Bui A, Lew S, Oijala M, Soltesz I (2015) In vivo evaluation of 673
the dentate gate theory in epilepsy. J Physiol. 674

Kuhn HG, DickinsonAnson H, Gage FH (1996) Neurogenesis in the dentate gyrus of the adult 675
rat: Age-related decrease of neuronal progenitor proliferation. Journal of 676
Neuroscience 16:2027-2033. 677

Kukreja L, Shahidehpour R, Kim G, Keegan J, Sadleir KR, Russell T, Csernansky J, Mesulam M, 678
Vassar RJ, Wang L, Dong H, Geula C (2018) Differential Neurotoxicity Related to 679
Tetracycline Transactivator and TDP-43 Expression in Conditional TDP-43 Mouse 680
Model of Frontotemporal Lobar Degeneration. J Neurosci 38:6045-6062. 681

Lee C, Agoston DV (2010) Vascular endothelial growth factor is involved in mediating 682
increased de novo hippocampal neurogenesis in response to traumatic brain injury. J 683
Neurotrauma 27:541-553. 684

Licht T, Keshet E (2015) The vascular niche in adult neurogenesis. Mech Dev 138 Pt 1:56-62. 685

Licht T, Eavri R, Goshen I, Shlomai Y, Mizrahi A, Keshet E (2010) VEGF is required for 686
dendritogenesis of newly born olfactory bulb interneurons. Development 137:261- 687
271. 688

Licht T, Goshen I, Avital A, Kreisel T, Zubedat S, Eavri R, Segal M, Yirmiya R, Keshet E (2011) 689
Reversible modulations of neuronal plasticity by VEGF. Proc Natl Acad Sci U S A 690
108:5081-5086. 691

Licht T, Rothe G, Kreisel T, Wolf B, Benny O, Rooney AG, Ffrench-Constant C, Enikolopov G, 692
Keshet E (2016) VEGF preconditioning leads to stem cell remodeling and attenuates 693
age-related decay of adult hippocampal neurogenesis. Proc Natl Acad Sci U S A 694
113:E7828-E7836. 695

Lu J, Manaenko A, Hu Q (2017) Targeting Adult Neurogenesis for Poststroke Therapy. Stem 696
Cells Int 2017:5868632. 697

Madathil SK, Saatman KE (2015) IGF-1/IGF-R Signaling in Traumatic Brain Injury: Impact on Cell 698
Survival, Neurogenesis, and Behavioral Outcome. 699

Maehlen J, Torvik A (1990) Necrosis of granule cells of hippocampus in adrenocortical failure. 700
Acta Neuropathol 80:85-87. 701

Marin-Burgin A, Schinder AF (2012) Requirement of adult-born neurons for hippocampus- 702
dependent learning. Behav Brain Res 227:391-399. 703

Mayford M, Bach ME, Huang YY, Wang L, Hawkins RD, Kandel ER (1996) Control of memory 704
formation through regulated expression of a CaMKII transgene. Science 274:1678- 705
1683. 706

McHugh TJ, Jones MW, Quinn JJ, Balthasar N, Coppari R, Elmquist JK, Lowell BB, Fanselow MS, 707
Wilson MA, Tonegawa S (2007) Dentate gyrus NMDA receptors mediate rapid pattern 708
separation in the hippocampal network. Science 317:94-99. 709

Melander A et al. (1999) 35th Annual Meeting of the European Association for the Study of 710
Diabetes : Brussels, Belgium, 28 September-2 October 1999. Diabetologia 42:A1-A330. 711

Melnikova T, Park D, Becker L, Lee D, Cho E, Sayyida N, Tian J, Bandeen-Roche K, Borchelt DR, 712
Savonenko AV (2016) Sex-related dimorphism in dentate gyrus atrophy and behavioral 713
phenotypes in an inducible tTa:APPsi transgenic model of Alzheimer's disease. 714
Neurobiol Dis 96:171-185. 715

Mignone JL, Kukekov V, Chiang AS, Steindler D, Enikolopov G (2004) Neural stem and progenitor cells in nestin-GFP transgenic mice. Journal of Comparative Neurology 469:311-324.

Moss J, Gebara E, Bushong EA, Sanchez-Pascual I, O'Laoi R, El M'Ghari I, Kocher-Braissant J, Ellisman MH, Toni N (2016) Fine processes of Nestin-GFP-positive radial glia-like stem cells in the adult dentate gyrus ensheathe local synapses and vasculature. Proc Natl Acad Sci U S A 113:E2536-2545.

Myczek K, Yeung ST, Castello N, Baglietto-Vargas D, LaFerla FM (2014) Hippocampal adaptive response following extensive neuronal loss in an inducible transgenic mouse model. PLoS One 9:e106009.

Nakatomi H, Kuriu T, Okabe S, Yamamoto S, Hatano O, Kawahara N, Tamura A, Kirino T, Nakafuku M (2002) Regeneration of hippocampal pyramidal neurons after ischemic brain injury by recruitment of endogenous neural progenitors. Cell 110:429-441.

Oosthuyse B et al. (2001) Deletion of the hypoxia-response element in the vascular endothelial growth factor promoter causes motor neuron degeneration. Nature Genetics 28:131-138.

Palmiter RD, Cole TB, Quaife CJ, Findley SD (1996) ZnT-3, a putative transporter of zinc into synaptic vesicles. Proc Natl Acad Sci U S A 93:14934-14939.

Peng L, Bonaguidi MA (2018) Function and Dysfunction of Adult Hippocampal Neurogenesis in Regeneration and Disease. Am J Pathol 188:23-28.

Sierra A, Martin-Suarez S, Valcarcel-Martin R, Pascual-Brazo J, Aelvoet SA, Abiega O, Deudero JJ, Brewster AL, Bernales I, Anderson AE, Baekelandt V, Maletic-Savatic M, Encinas JM (2015) Neuronal hyperactivity accelerates depletion of neural stem cells and impairs hippocampal neurogenesis. Cell Stem Cell 16:488-503.

Sirerol-Piquer M, Gomez-Ramos P, Hernandez F, Perez M, Moran MA, Fuster-Matanzo A, Lucas JJ, Avila J, Garcia-Verdugo JM (2011) GSK3beta overexpression induces neuronal death and a depletion of the neurogenic niches in the dentate gyrus. Hippocampus 21:910-922.

Small SA, Schobel SA, Buxton RB, Witter MP, Barnes CA (2011) A pathophysiological framework of hippocampal dysfunction in ageing and disease. Nat Rev Neurosci 12:585-601.

Spalding KL, Bergmann O, Alkass K, Bernard S, Salehpour M, Huttner HB, Bostrom E, Westerlund I, Vial C, Buchholz BA, Possnert G, Mash DC, Druid H, Frisen J (2013) Dynamics of hippocampal neurogenesis in adult humans. Cell 153:1219-1227.

Spanswick SC, Lehmann H, Sutherland RJ (2011) A novel animal model of hippocampal cognitive deficits, slow neurodegeneration, and neuroregeneration. J Biomed Biotechnol 2011:527201.

Spanswick SC, Epp JR, Keith JR, Sutherland RJ (2007) Adrenalectomy-induced granule cell degeneration in the hippocampus causes spatial memory deficits that are not reversed by chronic treatment with corticosterone or fluoxetine. Hippocampus 17:137-146.

Steward O (1994) Electroconvulsive seizures upregulate astroglial gene expression selectively in the dentate gyrus. Brain Res Mol Brain Res 25:217-224.

Takeda A, Tamano H (2018) Is Vulnerability of the Dentate Gyrus to Aging and Amyloid-beta1-42 Neurotoxicity Linked with Modified Extracellular Zn(2+) Dynamics? Biol Pharm Bull 41:995-1000.

Toda T, Gage FH (2017) Review: adult neurogenesis contributes to hippocampal plasticity. Cell and Tissue Research.

Toda T, Parylak SL, Linker SB, Gage FH (2018) The role of adult hippocampal neurogenesis in brain health and disease. Mol Psychiatry.

716
717
718
719
720
721
722
723
724
725
726
727
728
729
730
731
732
733
734
735
736
737
738
739
740
741
742
743
744
745
746
747
748
749
750
751
752
753
754
755
756
757
758
759
760
761
762
763
764
765

Tu DG, Chang YL, Chou CH, Lin YL, Chiang CC, Chang YY, Chen YC (2018) Preventive effects of taurine against d-galactose-induced cognitive dysfunction and brain damage. Food Funct 9:124-133.

van Praag H, Schinder AF, Christie BR, Toni N, Palmer TD, Gage FH (2002) Functional neurogenesis in the adult hippocampus. Nature 415:1030-1034.

Wang F, Fangfang Z, Guo X, Chen W, Yao W, Liu H, Lyu C, Zhang Y, Fan C (2018) Effects of volatile organic compounds and carbon monoxide mixtures on learning and memory, oxidative stress, and monoamine neurotransmitters in the brains of mice. Toxicol Ind Health 34:178-187.

Wang X, Gao X, Michalski S, Zhao S, Chen J (2015) Traumatic Brain Injury Severity Affects Neurogenesis in Adult Mouse Hippocampus. J Neurotrauma.

Watanabe Y, Muller MK, von Engelhardt J, Sprengel R, Seeburg PH, Monyer H (2016) Age-Dependent Degeneration of Mature Dentate Gyrus Granule Cells Following NMDA Receptor Ablation. Front Mol Neurosci 8.

Wu YJ, Schulz H, Lin CC, Saar K, Patone G, Fischer H, Hubner N, Heimrich B, Schwemmle M (2013) Borna disease virus-induced neuronal degeneration dependent on host genetic background and prevented by soluble factors. P Natl Acad Sci USA 110:1899-1904.

Yamasaki TR, Blurton-Jones M, Morrissette DA, Kitazawa M, Oddo S, LaFerla FM (2007) Neural stem cells improve memory in an inducible mouse model of neuronal loss. J Neurosci 27:11925-11933.

Yu TS, Washington PM, Kernie SG (2016) Injury-Induced Neurogenesis: Mechanisms and Relevance. Neuroscientist 22:61-71.

Zepeda A, Aguilar-Arredondo A, Michel G, Ramos-Languren LE, Escobar ML, Arias C (2013) Functional recovery of the dentate gyrus after a focal lesion is accompanied by structural reorganization in the adult rat. Brain Struct Funct 218:437-453.

Zhang R, Zhang Z, Wang L, Wang Y, Gousev A, Zhang L, Ho KL, Morshead C, Chopp M (2004) Activated neural stem cells contribute to stroke-induced neurogenesis and neuroblast migration toward the infarct boundary in adult rats. J Cereb Blood Flow Metab 24:441-448.

766
767
768
769
770
771
772
773
774
775
776
777
778
779
780
781
782
783
784
785
786
787
788
789
790
791
792
793
794

795

796

797

Figure legends

798

Fig. 1.

799

Diphtheria toxin-mediated specific ablation of DG GCs. *A*, Protocol for highlighting the pattern of cre-expressing cells in the POMC-Cre transgenic mouse line with the aid of Ai9 reporter mouse. *B*, Pomc-Cre drives TdTomato reporter expression specifically in the DG (yellow arrows). Right: NSCs distinguished by their tree-like morphology and highlighted by GFP in the Nestin-GFP line do not co-localize with TdTomato (see arrows in z-projection planes). Scale

800

801

802

803

804

28

bars, 1mm (left and middle), 50μm (right). *C*, Pomc-Cre does not drive expression of the 805

TdTomato reporter in DCX$^+$ neuroblasts (arrows). Scale bar, 100μm. *D,* Experimental protocol 806

for Cre-mediated cell ablation using iDTR mice for conditional expression of DTR (DTR^{pomc}). *E*, 807

DT (5ng) was injected to the left hippocampus of DTR^{pomc} mice and brains were retrieved 5 808

days thereafter. Cleaved-caspase 3 immunostaining illustrates a DG-restricted injury (left) and 809

Iba1 immunostaining highlights microglia clustering in the injured GCL of the DG (right). i- 810

ipsilateral. c-contralateral. Scale bar, 1mm (left), 200μm (right). *F-G,* DT (3ng) was injected 811

bilaterally to the hippocampus of control (iDTR monotransgenic) or DTR^{pomc} mice and brains 812

were retrieved 20 or 90 days later. A substantial loss of GCs in DTR^{pomc} mice is indicated at 20 813

dpi by NeuN immunostaining highlighting GC cell bodies (*F*) and by ZnT3 immunostaining 814

highlighting their MF axons (*G*.) Near-complete recovery is indicated at 90 dpi. Scale bar, 815

100μm. *H,* DG height (yellow bar), GCL thickness (white bar) and thickness of the MF layer (red 816

bar) used as quantifiable parameters of DG repair (shown in control DG). Scale bar, 100μm. *I*, 817

Quantification of DG regeneration comparing non-injured, injured (at 20 dpi) and repaired (at 818

90 dpi) hippocampi. 819

For statistical details see Table 1. 820

821

Fig. 2. 822

Neurogenesis-driven DG regeneration in DTR^{pomc} mice. *A,* DT (3ng) was injected bilaterally to 823

the hippocampus of control iDTR mice or to DTR^{pomc} mice. Mice also harbored a Nestin-GFP 824

transgene to highlight NSCs. CldU (100mg/kg 3 i.p injections every 12h) was injected at 15-16 825

dpi and brains were retrieved at 20dpi. Relevant for *B-F*. *B,* RGL-type NSCs highlighted with 826

Nestin-GFP (top) together with NeuN$^+$ mature neurons and CD31$^+$ blood vessels at higher 827

magnification (Melander et al.). Note the loss of NSCs apical processes (arrows) and massive 828

mature neurons deficit in DTR^{pomc} mice. Scale bar, 100μm. Right: quantification for NSCs 829

29

density revealed no significant change in their numbers. ***C,*** CldU immunostaining highlights 830

intensive GCL-specific cell labeling in DTR^pomc DG. Scale bar, 200μm. ***D,*** CldU immunostaining 831

together with the visualization of GFP$^+$ cells highlights active NSCs (RGL (R) and descendants). 832

Right: A particular example of a 'clone' composed of an RGL (R) and assumed daughter 833

progenitors (labeled 1-6) in DTR^pomc. Scale bar, 10μm. ***E,*** CldU and DCX co-staining highlights 834

4-5 days-old early neuroblasts. Right: A representative image in an orthogonal plane showing 835

co-localization of DCX and CldU. ***F,*** Quantification of ***D-E***. ***G***, To allow sufficient time for 836

regeneration, brains were retrieved for analysis 90 days post-injection (90 dpi). ***H***, 837

Measurements of differentiation to newly-added neurons by 90 dpi were enumerated 838

through CldU injection 1 month earlier (the time required for newborn neuroblasts to mature) 839

and scoring for double-positive Cldu$^+$/NeuN$^+$ cells in the GCL. Scale bar, 100μm. ***I,*** Brains of 840

DTR^pomc mice retrieved at 90 dpi and stained for cleaved caspase 3 and for DTR (top) and for 841

microglia (Melander et al.) indicate an ongoing DG toxicity 90 days from DT injection. Scale 842

bar, 200μm. 843

For statistical details see Table 1. 844

  845

Fig. 3. 846

Neurogenesis and DG injury induced by long term VEGF exposure. ***A***, Tetracycline-regulated 847

transgenic system for VEGF expression in the brain. ***B,*** VEGF was induced ("on") in adult 848

(2months) mice by tetracycline withdrawal and was kept in the 'on' mode for the indicated 849

periods. Littermates harboring only the driver transgene served as controls. ***C,*** VEGF-induced 850

neurogenesis reflected in an increased number of DCX$^+$ cells (neuroblasts and immature 851

neurons) in the DG. Bottom: Quantification of DCX$^+$ cells in the DG in hippocampi removed at 852

the indicated times post VEGF induction. Note that, on the contrary to natural neurogenic 853

decline in control mice, an elevated neurogenic rate persists throughout the 7 months' period 854

of continuous VEGF exposure. ***D***, NeuN staining (labeling mature neurons) Highlights dramatic 855

neuronal loss in the DG of prolonged VEGF-expressing animals. Scale bar, 100µm. Bottom: 856

Average GCL area measured in NeuN-stained DG sections. 857

For statistical details see Table 1. 858

859

Fig. 4. 860

Global long term VEGF overexpression induces DG-specific injury**. A,** CamKIIα -tTA mouse was 861

crossed to the Tet-GFP responder line to highlight which areas are affected by the transgenic 862

system. GFP in coronal (left) and sagittal (middle) sections is mainly expressed in the 863

hippocampus (Hip), the cerebral peduncles (cpd) and the striatum (STR) and to a lesser extent 864

in the cortex (CTX) and olfactory bulb (OB). Note that within the hippocampus, GFP expression 865

is stronger in the CA1 (right). Scale bar, 1mm. **B,** Adult (2months) CamKIIα-tTA tet-VEGF mice 866

were subjected to VEGF induction for 4 months. VEGF-induced angiogenesis reflected in 867

microvascular density (MVD) increase in both DG and CA1 regions of the hippocampus. Left: 868

blood vessels highlighted by laminin immunostaining. Scale bar, 200µm. Note DG-selective 869

degeneration in the 4m VEGF mouse. Right: MVD quantification in the respective 870

hippocampal region showing equal angiogenic responsiveness to VEGF in both areas. **C,** The 871

CA1 area of the same mice as in (**B**) was immunostained for CD31 and NeuN. Scale bar, 50 µm. 872

Right: quantification. Note that the height of CA1 in VEGF animals is slightly larger than control 873

animals, a potential reflection of extensive blood vessel formation. **D,** Low magnification 874

images of the whole brain to highlight DG-selectivity of the detrimental response to VEGF. 875

Immunostaining for cleaved-caspase 3 (CC3), Iba1 for microglia and GFAP for astrocytes is 876

shown. The CA1 is indicated by white arrows, DG is indicated by yellow arrows. Scale bars, 877

1mm. **E**, High magnification images of CC3, Iba1 and GFAP in control animals, 1m VEGF 878

induction, 3m VEGF induction and following additional 3m of VEGF withdrawal (VEGF on>off). 879

The CA1 is indicated by white arrows, the DG is indicated by yellow arrows. Note that similarly 880

to the DTR^{pomc} model, the majority of cleaved-caspase 3 is localized in the molecular layer (ML) 881

of the DG. Scale bars, 200μm. 882

For statistical details see Table 1. 883

884

Fig. 5. 885

Precluding potential mechanisms for DG-specific damage in the CamkIIα-tTA;;tet-VEGF mouse 886

model. *A,* To test for DG-specific changes in permeability following VEGF induction, Tritc- 887

labeled 10kD dextran (tracer) was injected intracardially 2 minutes before sacrifice. Co- 888

staining with CD31 for endothelial cells demonstrates that dextran labeling is limited to the 889

endothelial lumen. *B-D,* CamkIIα-tTA mouse line-related toxicity. *B,* NeuN-stained 890

hippocampal slices of six-months-old mice (from the same litter) are presented. The genotype 891

of each animal is indicated above. Tetracycline was replaced by water at the age of 2 months 892

in all mice. *C,* CamkIIα-tTA driver line was crossed to a tet-GFP responder line. Tetracycline 893

was omitted from drinking water at the age of 2 months to 6 months. Note intact mossy fiber 894

axon indicated by ZnT3 staining. Quantification of DG height and GCL thickness is presented. 895

So significance was found. *D,* CamkIIα-tTA driver line was crossed to a tet-hsVEGFR1 line. This 896

mouse line expresses inducible soluble human VEGF receptor 1 that serves as a "VEGF trap" 897

(Licht et al., 2010). Tetracycline was replaced by water from embryonic day 14.5 to 6 months 898

postnatally. *E,* Intrahippocampal injection of AAV encoding VEGF induces DG damage which is 899

similar to transgenically-induced VEGF. DCX immunostaining is shown. Note the reduction in 900

GCL thickness (yellow bars) and ectopic neurogenesis. 901

Scale bars, 200μm. 902

For statistical details see Table 1. 903

904

905

Fig. 6. 906

The injury to the DG following long term VEGF exposure is rectified upon VEGF de-induction. 907

A, Experimental protocol: 'off' group – monotransgenic littermates sacrificed at 5 months; 'on' 908

group - VEGF induced at the age of 2 months and brains retrieved at 5 months; 'on>off' group 909

- VEGF induced at 2 months, de-induced at 5 months and sacrificed at 8 months (on>off). *B,* 910

NeuN-immunostained DG sections showing a marked neuronal deficit in 'VEGF on' mice and 911

neuronal re-gain 3 months after VEGF de-induction. Scale bars: 200μm (top), 50μm (Melander 912

et al.). *C,* ZnT3-stained sections highlighting MF axon of GCs. Scale bar, 100μm. *D,* 913

Quantification of DG measurements as above indicative of neuronal cell loss and of neuronal 914

re-gain (although not the reaching same values of control). *E,* Quantification of GCL area 915

(using NeuN-stained sections) as in Fig. **3D**, with the addition of the 'on<off' group. Arrow 916

indicates time of tetracycline supplementation for the on>off groups. 917

For statistical details see Table 1. 918

919

920

Fig. 7. 921

NSCs proliferation during DG degeneration and recovery. *A,* Nestin-GFP transgenic mice were 922

crossed to the VEGF transgenic system. VEGF was induced for 3 months followed by de- 923

induction of additional 3 months. IdU (100mg/kg) was applied I.P 1-2 days before brain 924

retrieval. *B,* Slices were co-immunostained for GFP and for Laminin to highlight blood vessels. 925

Scale bar, 200μm. Note contact points of NSCs' apical processes with blood vessels (arrows). *C,* 926

GFP and IdU immunostaining (Scale bar, 20μm). ML- molecular layer. H – hilus. Note hilar 927

projections of NSCs in 'VEGF on' animal (Arrows). *D,* The total numbers of GFP+ NSCs and the 928

fraction of dividing NSCs (IdU+) are quantified. A significant increase in NSC proliferation in 929

both on and on>off groups overrides expected NSC exhaustion. 930

For statistical details see Table 1. 931

33

932

933

Fig. 8.

934

Differentiation and maturation of DG newborn cells during degeneration and regeneration. *A*,

935

Schedules of VEGF induction and, in turn, de-induction relevant to *B-D*. CldU was injected (3 IP

936

injections of 100mg/kg every 8 hours) 3 weeks before brain retrieval to allow for sufficient

937

time for newborn cell maturation. *B*, Left: co-staining for CldU and NeuN highlighting neurons

938

that have been born and differentiated during the preceding 3 weeks. Scale bar, 100μm.

939

Right: quantification of CldU$^+$/NeuN$^+$ cell densities. Note a significant addition of NeuN$^+$ cells

940

following VEGF de-induction but not when VEGF signaling was still ongoing. *C,* DCX and CD31

941

staining highlighting neuroblasts and blood vessels, respectively. Note ectopic DCX$^+$ cells in the

942

hilus (inset 1) and in the molecular layer (inset 2). Scale bar, 100μm. Quantification of CD31$^+$

943

cells shows that blood vessels added by VEGF persists after its withdrawal (MVD, right) and

944

likewise, quantification of total DCX$^+$ cell numbers shows that neuroblast production remains

945

at approximately the same elevated levels after VEGF withdrawal. *D,* Co-staining for DCX and

946

CldU to label late (3 weeks-old) neuroblasts, prior to completion of maturation. Quantification

947

of late neuroblast density and percentage on right. *E-H,* Aberrant aspects of neurogenesis

948

revealed by tracing Gli$^+$ NSC descendants. *E*, Experimental scheme: Gli1-cre^{ERT2} and Ai9

949

reporter mice were bred to the VEGF system. *F*, Animals which inherited all four transgenes

950

were fed by Tamoxifen (8mg, 1/day oral administration for 3 days) Brains were retrieved for

951

analysis according to the scheme. *G,* Representative images of Gli1$^+$ cells and their

952

descendants with dendrite morphologies better seen in high magnification insets. Note lack of

953

dendritic spines in "VEGF on" dendrites (iv) and their presence in the "VEGF on>off" (vi).

954

Arrows indicate NSCs and adult-born GCs according to the legends in *H*. ML- molecular layer.

955

H-hilus. Scale bar, 100μm. *H,* Analysis for the percentage of cell types (NSCs and GCs) in each

956

of the experimental protocols.

957

34

For statistical details see Table 1.   958

                                                                                                    959

                                                                                                    960

Fig. 9.   961

Regeneration of Perforant path connectivity and spatial memory. *A,* Experimental design for   962

B-D. *B,* Acute coronal slices from 'VEGF on' and 'on>off' mice were stimulated at the afferent   963

fibers of the Perforant path (S) and EPSP was recorded at the upper blade of the GCL (R). *C*,   964

Representative traces in control, 'on' and 'on>off' hippocampal slices. *D,* Peak EPSP amplitude   965

at the stimulation of 16V was measured. *E,* Radial Arm Water Maze (RAWM) testing. A group   966

of double-transgenic animals and their littermate controls was tested at three-time points: 967

before VEGF induction, 3 months from inducing VEGF and after 3 additional months of de-   968

induction. A significantly higher number of errors to find the platform is found only in the   969

"VEGF on" group. *F,* Impaired learning in the VEGF-on group is reflected in more erroneous   970

trials before finding the escape platform. 3 months after VEGF de-induction learning abilities   971

are fully restored. *G,* The numbers of errors during the training period at every time point.   972

For statistical details see Table 1.   973

                                                                                                    974

                                                                                                    975

Fig. 10.   976

The regenerative potential of the DG is lost in old age. *A,* Experimental protocol: VEGF was   977

induced at the ages of 6 or 12 months, maintained for 3 months in the 'on' mode and then de-   978

induced. Brains were retrieved for analysis either by the end of the induction period (for   979

measuring incurred damage) or 3 months after de-induction (i.e., when mice are 12- and 18   980

months old, respectively) for measuring the extent of structural repair. *B,* Immunostaining for   981

ZnT3 and CD31. Right: MVD quantification for 18 months old animals**.** Note that old mice   982

display angiogenic response to VEGF similarly to young mice. *C,* Immunostaining for DCX and

NeuN**.** DCX cell density quantification is presented on the right. *D*, CldU was injected 3 weeks

before sacrifice and CldU$^+$/NeuN$^+$ cells were visualized (left images) and quantified (right). *E,*

High power field of CA3 ZnT3 staining. MF thickness (quantified in right) was measured as in

Fig. 1*H*. *F,G* NeuN staining (*C, D*) was used to measure GCL thickness (*F*) and DG height (*G*) as

in Fig. 2*B*.

Scale bars, 100μm.

For statistical details see Table 1.

Table legends

Table 1.

Statistical analysis for all quantifications. The number of animals, statistical tests, statistical

power and p-values are presented.

A

Pomc promoter | Cre

loxP | stop | loxP | TdTomato — (Ai9)

B TdTomato NestinGFP Dapi

CA1

DG

C TdTomato DCX | DCX | TdTomato

D Pomc promoter | Cre | loxP | stop | loxP | DTR — (iDTR)

E Cleaved caspase 3 Dapi | Iba1 Dapi | 5dpi

i | C | i

ML | ML | CA1

DG

F Control 20 dpi | DTR^pomc 20 dpi | DTR^pomc 90dpi

NeuN Dapi

G ZnT3 Dapi

H NeuN Dapi

DG

GCL | ML

ZnT3 Dapi

MF

DG height (µm)

MF thickness (µm)

GCL thickness (µm)

NeuN+ mm² GCL

□ Control (iDTR)
□ DTRpomc 20dpi
■ DTRpomc 90dpi

A DT CldU
2m 20d

B control DTR^pomc 20dpi
NestinGFPDapi

NestinGFPNeuNCD31Dapi

□ iDTR
□ DTR^pomc 20 dpi

GFP^+/mm² SGZ

Total NSCs density

C CldU
CA1
DG

D NestinGFPCldU

CldUDCX

E CldUDCX

□ iDTR
□ DTR^pomc 20 dpi

F
CldU^+GFP^+/mm² SGZ
Active NSCs density

CldU^+/total GFP (%)
Active NSCs fraction/total NSCs

Dcx^+/mm² SGZ
Total neuroblast density

CldU^+DCX^+/mm² SGZ
Early neuroblast density

Cldu+/total DCX+ (%)
Early neuroblast fraction/total neuroblasts

G DT CldU
2m 90d

H control DTR^pomc 90dpi
CldUNeuN

CldU^+NeuN^+/mm² SGZ
Newborn neuron density

CldU^+NeuN^+/CldU^+
neuron fraction/total CldU

□ iDTR
■ DTR^pomc 90 dpi

I Cleaved caspase 3DTRDapi
CA1
DG
DTR^pomc 90dpi

Iba1Dapi
CA1
DG

A CamKIIα promoter — tTA | TETp — VEGF

B
2m | 1m
2m | 2m
2m | 3m
2m | 4m
2m | 5m
2m | 7m

off
on

C Control | VEGF
DCX Dapi
1m
2m
3m
4m
7m

D VEGF
NeuN Dapi
1m
2m
3m
4m
7m

DCX/mm² SGZ
15000
10000
5000
0
1m 2m 3m 4m 5m 6m 7m
Neurogenesis

GCL area (µm²)
150000
100000
50000
control on 1m on 2m on 3m on 4m on 5m on 7m
Mature DG neurons

● Control
● VEGF on

A

Tracer Dapi

Tracer CD31 Dapi

B

No transgene | CamKIIα-tTa | tet-VEGF | CamKIIα-tTa;tet-VEGF

Dapi NeuN

C

CamKIIα-tTa;tet-GFP

Dapi NeuN

Dapi NeuN GFP

Dapi ZnT3

Dapi ZnT3 GFP

- No transgene
- CamKIIα-tTa
- CamKIIα-tTa tet-GFP

GCL thickness (μm)

DG height (μm)

D

CamKIIα-tTa;tet-shVEGFR1

NeuN

Dapi hVEGFR1

E

Dapi DCX

Empty AAV vector | AAV VEGF

A

control | 5 months | ■ off
on | 2 months | 3 months | ■ on
on>off | 2 months | 3 months | 3 months

B

control | VEGF on | VEGF on>off

NeuN Dapi

C

ZnT3 Dapi

● Control
● VEGF
● VEGF on>off

D

E

A

5m

2m   3m

2m   3m   2m

↓ IdU

▇ VEGF on

▇ VEGF off

B   control   VEGF on   VEGF on>off

Nestin-GFPlaminin

C   Nestin-GFPIdU

M L   H   M L   H   M L   H

D

● Control
● VEGF
● VEGF on>off

GFP⁺NSCs/mm² SGZ — Total NSCs density

IdU⁺NSCs/mm² — Active NSCs density

IdU⁺NSCs (% of total NSCs) — Fraction of active NSCs

A

off
on

2m 3m
2m 3m 3m

B

R S

C

Control

VEGF on

VEGF on>off

0.5 mV
5 ms

D Perforant path EPSP

Control
VEGF on
VEGF on>off

amplitude (mV)

4
3
2
1
0

*

E

RAWM RAWM RAWM

control
VEGF 2m 3m 3m

F Errors to reach the platform

Control
VEGF TG

Number of errors

20
15
10
5
0

*

Control on 3m on>off 3m

G

Number of errors

7
6
5
4
3
2
1
0

Control
VEGF off

day1 day2 day3 day4 day5

Number of errors

12
10
8
6
4
2
0

Control
VEGF on

day1 day2 day3 day4 day5

number of errors
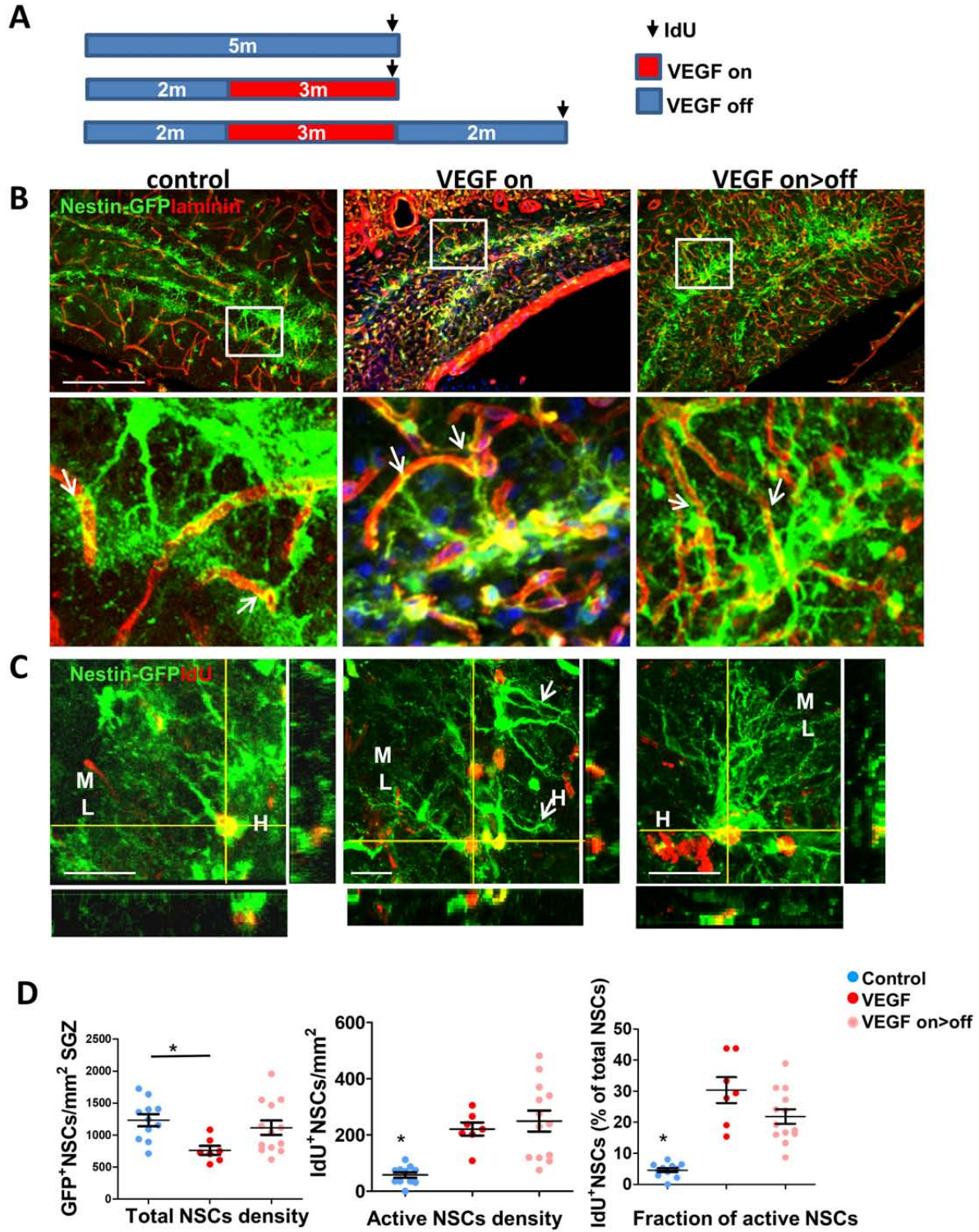
8
7
6
5
4
3
2
1
0

Control
VEGF on>off

day 1 day 2 day 3 day 4 day 5

Figure	N	statistical test	F values main effect/T value	P value main effect	P value post hoc
1H DG height	Control: 6 20dpi: 7 90dpi: 5	1-way ANOVA	$F(2,12)=16.508$	$p=3.58*10^{-4}$	20dpi vs. Control: $p=2.54*10^{-4}$ 20dpi Vs. 90dpi: p=0.027
1H GCL thickness:	Control: 6 20dpi: 7 90dpi: 5	1-way ANOVA	$F(2,12)=28.8$	$p=2.62*10^{-5}$	20dpi vs. Control: $p=3.84*10^{-5}$. 20dpi Vs. 90dpi; $p=1.02*10^{-4}$.
1H MF thickness	Control: 6 20dpi: 5 90dpi: 3	1-way ANOVA	$F(2,11)=44.908$	$p=5.11*10^{-6}$	20dpi vs. Control: $p=4.61*10^{-6}$ 20 dpi Vs. 90dpi: $p=1.92*10^{-4}$
1H NeuN density	Control: 6 20dpi: 7 90dpi: 5	1-way ANOVA	$F(2,12)=20.67$	p=0.0002	20dpi vs. Control: p=0.004 20dpi vs 90dpi: p=0.0026
2B	Control: 10 20dpi: 13	t-test	$T(21)=0.4254$	p=0.6747	
2F active NSCs density	Control: 5 20dpi: 6	t-test	$T(9)=5.800$	p=0.0007	
2F Active NSCs fraction	Control: 5 20dpi: 6	t-test	$T(9)=5.542$	p=0.0015	
2F Total neuroblast density	Control: 5 20dpi: 6	t-test	$T(9)=4.516$	p=0.0027	
2F Early neuroblasts density	Control: 5 20dpi: 7	t-test	$T(10)=4.883$	p=0.0028	
2F early neuroblasts fraction	Control: 5 20dpi: 7	t-test	$T(10)=1.140$	p=0.837	
2H Newborn neuron density	Control: 5 90dpi: 6	t-test	$T(9)=4.977$	p=0.0025	
2H Neuron fraction/total CldU	Control: 5 90dpi: 6	t-test	$T(9)=3.208$	p=0.0125	
3C	**1m:** Control: 11 VEGF: 15 **2m:** Control: 11 VEGF: 15 **3m:**	2-way ANOVA	Treatment: $F(1,158)=169.19$ Time: $F(5,158)=20.067$ time-treatment interaction (control/VEGF)*time: $F(5,158)=5.384$	Treatment $P=9.26*10^{-27}$ Time: $P=1.82*10^{-15}$ Interaction: $p=1.339*10^{-4}$	Control vs. VEGF: 1 month: $p=5.82*10^{-4}$ 2 months $p=5.11*10^{-4}$ 3 months: p=0.008 4 months:

1

	Groups (n)	Test	Statistic	p-value	Post-hoc
	Control: 14 VEGF: 13 **4m:** Control: 13 VEGF: 15 **5m:** Control: 15 VEGF: 18 **7m:** Control: 11 VEGF: 11				$p=9.48*10^{-9}$ 5 months: $p=1.74*10^{-6}$ 7 months: $p=3.17*10^{-7}$
3D	Control: 60 1m: 61 2m: 15 3m: 46 4m: 16 5m: 18 7m: 11	1-way ANOVA	$F_{(6,225)}=88.892$	$p=1.39*10^{-6}$	Control vs. 2m: $p=4.2*10^{-06}$ Control vs. 3m: $p=1.45*10^{-22}$ Control vs. 4m: $p=1.53*10^{-19}$ Control vs. 5m: $p=8.32*10^{-18}$ Control vs. 7m: $p=5.75*10^{-34}$
4B	Control: 13 VEGF: 10	t-test	CA1: $T_{(21)}=-10.752$ DG: $T_{(21)}=-8.237$	CA1: $p=9.21*10^{-10}$ DG: $P=7.39*10^{-8}$	
4C	Control: 12 VEGF: 10	t-test	CA1 neuron density: $T_{(20)}=-0.047$ CA1 height: $T_{(20)}=-3.63$	CA1 neuron density: P=0.7 CA1 height: p=0.002	
5C	No transgene: 4 tTa only: 4 tTa-tetGFP: 5	1-way ANOVA	GCL thickness: $F_{(2,12)}=0.6605$ DG height: $F_{(2,12)}=1.906$	GCL thickness: p=0.5378 DG height: P=0.199	
6D NeuN density	Control: 8 VEGF on: 8 VEGF on>off: 8	1-way ANOVA	$F_{(2, 21)}=61.526$	$p=1.655*10^{-9}$	Control Vs VEGF On: $p=6.279*10^{-9}$ Control vs VEGF On>off: $p=2.11*10^{-6}$ VEGF On vs VEGF On>off: p=0.002
6D GCL thickness	Control: 18 VEGF on: 9 VEGF on>off: 16	1-way ANOVA	$F_{(2,40)}=23.589$	$P=1.7*10^{-7}$	Control Vs VEGF On: $p=6.279*10^{-9}$ Control vs VEGF On>off: $p=2.11*10^{-6}$ VEGF on vs VEGF On>off: p=0.002
6D DG height	Control: 18 VEGF on: 9	1-way ANOVA	$F_{(2,40)}=30.116$	$P=1.04*10^{-8}$	Control Vs VEGF on: $p=1.15*10^{-8}$

	VEGF on>off: 16				Control Vs. VEGF on>off: p=0.01. VEGF on Vs. VEGF on>off: p=4.76*10^{-4}
6D MF thickness	Control: 9 VEGF on: 9 VEGF on>off: 7	1-way ANOVA	F(2,19)=28.35	p=1.9*10^{-6}	Control vs On: p=1.18*10^{-6} Control vs on>off: p=0.014 On vs On>off: p=0.01
6E	Same as 3D On>off 1m: 12 On>off 2m: 16 On>off 3m: 30	2-way ANOVA	Treatment: F(2,161)=207.169 Time: F(2,161)=11.382 Interaction: F(2,161)=27.373	Treatment: p=2.99*10^{-45} Time: p=2.37*10^{-5} Interaction: p=5.84*10^{-11}	Control vs 3m on>1m off: 4.83*10^{-13} Control vs 3m on>3m off: p=1.65*10^{-4} 5m on vs.3m on>2m off: p=4.83*10^{-13} 7m on vs. 3m on>3m off: p=4.82*10^{-13}
7D Total NSC density	Control: 11 VEGF on: 7 VEGF on>off: 13	1-way ANOVA	F(2, 28)=27.632	p=0.22	Control Vs VEGF On: p=0.019
7D active NSC density	Control: 11 VEGF on: 7 VEGF on>off: 13	1-way ANOVA	F(2,28)= 13.39	p=0.0002	Control Vs VEGF On: p=0.0002 Control Vs VEGF On>off: p=0.0002
7D fraction of active NSC	Control: 11 VEGF on: 7 VEGF on>off: 13	1-way ANOVA	F(2,28)=4.379	p=2.26*10^{-7}	Control Vs VEGF On: p=4.24*10^{-7}. Control Vs VEGF On Off: p=2.03*10^{-5}
8B	Control: 15 VEGF on: 7 VEGF on>off: 12	1-way ANOVA	F(2, 31)=50.405	p=1.8*10^{-10}	Control vs. VEGF On>off p=5.47*10^{-9} VEGF on vs. VEGF On>off: p=9.53*10^{-8}
8C MVD	Control: 19 VEGF on: 8 VEGF on>off: 10	1-way ANOVA	F(2, 34)= 154.153	p=1.84*10^{-9}	Control Vs VEGF On: p=3.33*10^{-7} Control vs VEGF on>off: p=3.47*10^{-8}
8C total neuroblast density	Control: 19 VEGF on: 7 VEGF on>off: 10	1-way ANOVA	F(2, 32)= 58.735	p=1.9*10^{-11}	Control Vs VEGF On: p=5.208*10^{-9} Control vs VEGF on>off: p=2.12*10^{-8}
8D late neuroblast density	Control: 14 VEGF on: 6 VEGF on>off: 11	1-way ANOVA	F(2,28)=26.836	p=3.09*10^{-7}	Control vs. VEGF on p=1.59*10^{-6} Control vs. VEGF on>off p=1.69*10^{-5}
8D late neuroblas	Control: 14 VEGF on: 6	1-way ANOVA	F(2,28)=6.084	p=0.006	Control vs. VEGF on>off p=0.01

t %	VEGF on>off: 11				VEGF on vs. VEGF on>off p=0.031
9D	Control: 8 VEGF on: 7 VEGF on>off: 9	1-way ANOVA	$F(2,21)=6.808$	p=0.005	Control vs. VEGF On: p=0.004 VEGF On>off vs. VEGF on: p=0.028
9F	Control: 15 VEGF: 9	2-way ANOVA	Treatment: $F(1,64)=10.785$ Time: $F(2,64)=10.987$ Time by treatment interaction $F(2,64)=4.198$	Treatment: p=0.002 Time: $p=7.9*10^{-5}$ Interaction: p=0.019	Control vs VEGF on: p=0.004
10B	Control: 18 VEGF on: 15 VEGF on>off: 15	1-way ANOVA	$F(2, 45)=47.84$	$p=7.27*10^{-12}$	Control vs VEGF On: $p=8.08*10^{-9}$ Control vs VEGF On>off: $p=5.15*10^{-9}$
10C 12m	Control: 7 VEGF on: 4 VEGF on>off: 10	1-way ANOVA	$F(2,29)=34.5$	$P=1.55*10^{-5}$	Control Vs VEGF On: $p=1.02*10^{-5}$; control vs. VEGF On>off: 0.005 VEGF On Vs. VEGF On>off: p=0.003
10C 18m	Control: 10 VEGF on: 5 VEGF on>off: 9	1-way ANOVA	$F(2,21)=11.07$	P=0.001	Control Vs VEGF On: $p=3.93*10^{-4}$ Control Vs. VEGF On>off: p=0.048
10C	12m vs 18m	2-way ANOVA	Treatment: $F(2,39)=53.71$ Age: $F(1,39)=31.749$ Interaction: $F(2,39)=9.031$	Treatment: $p=1.5*10^{-9}$ Age: $p=1.66*10^{-6}$ interaction: p=0.001	VEGF On 12m vs VEGF on 18m: $p=4.4*10^{-5}$ VEGF On>off 12m vs VEGF on>off 18m: p=0.015
10D	12m: Control: 6 VEGF on>off: 5 18m: Control: 7 VEGF on>off: 11	2-way ANOVA	Treatment: $F(1,25)=25.164$ Age: $F(1,25)=15.171$ Interaction: $F(1,25)=7.44$	Treatment: $p=3.57*10^{-5}$ Age: p=0.001 Interaction: p=0.011	12m Control vs. On>off: $p=2.31*10^{-4}$ 12m On>off vs 18m On>off: $p=3.83*10^{-4}$
10E 12m	Control: 6 VEGF on: 4 VEGF on>off: 11	1-way ANOVA	$F(2,18)=8.338$	p=0.003	Control Vs VEGF On: p=0.04 VEGF On Vs VEGF On-off :p=0.04
10E 18m	Control: 9 VEGF on: 5 VEGF on>off: 6	1-way ANOVA	$F(2,17)=20.527$	$p=2.9*10^{-5}$	Control Vs VEGF On: $p=1.37*10^{-5}$ Control Vs VEGF On-off: $p=1.85*10^{-4}$
10E	12m vs 18m	2-way ANOVA	Treatment: $F(2,53)=34.516$	Treatment: $p=2.25*10^{-10}$ Age: p=0.032	On>off 12m vs On>off 18m: p=0.0148

			Age: F(1,53)=3.672 Interaction: F(2,53)=3.166	interaction: p=0.021	
10F 12m	Control: 8 VEGF on: 5 VEGF on>off: 11	1-way ANOVA	F(2,21)=7.61	P=0.003	Control Vs VEGF On: p=0.002
10F 18m	Control: 11 VEGF on: 12 VEGF on>off: 9	1-way ANOVA	F(2,29)=46.408	P=9.16*10^{-10}	Control Vs VEGF On: p=6.43*10^{-9} Control Vs. VEGF On>off: p=3.06*10^{-7}
10F	12m vs 18m	2-way ANOVA	Treatment: F(2,50)=36.843 Age: F(1,50)=4.529 Interaction: F(2,50)=3.192	Treatment: p=1.466*10^{-10} Age: p=0.038 interaction: p=0.05	On>off 12m Vs On>off 18; p=0.025
10G 12m	Control: 8 VEGF on: 5 VEGF on>off: 11	1-way ANOVA	F(2,21)=8.175	P=0.002	Control Vs VEGF On: p=0.003 VEGF On Vs. VEGF On>off: p=0.007
10G 18m	Control: 11 VEGF on: 12 VEGF on>off: 9	1-way ANOVA	F(2,29)=34.5	P=2.14*10^{-8}	Control Vs VEGF On: p=2.36*10^{-8} Control Vs. VEGF On>off: p=1.62*10^{-5}
10G	12m vs 18m	2-way ANOVA	Treatment: F(2,50)=30.784 Age F(1,50)=7.067 Interaction: F(2,50)=4.568	Treatment: p=1.93*10^{-9} Age: p=0.011 interaction: p=0.015	On>off 12m vs On>off 18m: p=0.0035