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Section: Neurobiology of Disease

Blocking mitochondrial Zn²⁺ accumulation after ischemia reduces mitochondrial dysfunction and neuronal injury.

Yuliya V. Medvedeva,¹ Hong Z. Yin,¹ Afsheen Bazrafkan,¹ Andriy Yeromin,² Sung G. Ji,² Eli J. Weiss-Hung,¹ Edward Sharman,¹ Alyssa P. Avilez,¹ Niki Maki,¹ Masih A. Rafi,¹ Guilian Tian,¹ Yama Akbari,^{1,3,4,5} and John H. Weiss^{1,3}

Departments of Neurology,¹ Physiology and Biophysics,² Anatomy & Neurobiology,³
Neurological surgery,⁴ and the Beckman Laser Institute & Medical Clinic⁵
University of California Irvine,
Irvine, CA 92697

Corresponding Author:

J. H. Weiss, MD, Ph.D.
Department of Neurology
University of California, Irvine
Irvine, CA 92697-4299, USA
Ph: (949) 824-6774
Fax: (949) 824-1668
Email: jweiss@uci.edu

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1 **Abstract:** Zn²⁺ is an important contributor to ischemic brain injury and recent studies support the
2 hypothesis that mitochondria are key sites of its injurious effects. In murine hippocampal slices (both
3 sexes) subjected to oxygen glucose deprivation (OGD), we found that Zn²⁺ accumulation and its entry
4 into mitochondria precedes and contributes to the induction of acute neuronal death. In addition, if the
5 ischemic episode is short (and sublethal), there is ongoing Zn²⁺ accumulation in CA1 mitochondria
6 after OGD that may contribute to their delayed dysfunction. Using this slice model of sublethal OGD,
7 we have now examined Zn²⁺ contributions to the progression of changes evoked by OGD and
8 occurring over 4-5 hours. We detected progressive mitochondrial depolarization occurring from ~ 2
9 hours after ischemia, a large increase in spontaneous synaptic activity between 2-3 hours, and
10 mitochondrial swelling and fragmentation at 4 hours. Blockade of the primary route for Zn²⁺ entry, the
11 mitochondrial Ca²⁺ uniporter (MCU; with ruthenium red, RR) or Zn²⁺ chelation shortly after OGD
12 withdrawal substantially attenuated the mitochondrial depolarization and the changes in synaptic
13 activity. RR also largely reversed the mitochondrial swelling. Finally, using an *in vivo* rat (male)
14 asphyxial cardiac arrest (CA) model of transient global ischemia, we found that ~8 min asphyxia
15 induces considerable injury of CA1 neurons 4 hours later that is associated with strong Zn²⁺
16 accumulation within many damaged mitochondria. These effects were substantially attenuated by
17 infusion of RR upon reperfusion. Our findings highlight mitochondrial Zn²⁺ accumulation after
18 ischemia as a possible target for neuroprotective therapy.

19 **Significance Statement:** Brain ischemia is a leading cause of mortality and long-term disability that
20 still lacks effective treatment. After transient ischemia delayed death of neurons occurs in vulnerable
21 brain regions. There is a critical need to understand mechanisms of this delayed neurodegeneration
22 which can be targeted for neuroprotection. We found progressive and long-lasting mitochondrial Zn²⁺
23 accumulation to occur in highly vulnerable CA1 neurons after ischemia. Here we demonstrate that
24 this Zn²⁺ accumulation contributes strongly to deleterious events occurring after ischemia including
25 mitochondrial dysfunction, swelling and structural changes. We suggest that this mitochondrial Zn²⁺
26 entry may constitute a promising target for development of therapeutic interventions to be delivered
27 after termination of an episode of transient global ischemia.

28

29 **Introduction**

30 Brain ischemia is a leading cause of morbidity and mortality of the aging population for which
31 there are no effective neuroprotective interventions (Hosseini et al., 2020). Hippocampal pyramidal
32 neurons are highly vulnerable to injury. CA3 neurons selectively degenerate after limbic seizures
33 (Ben-Ari et al., 1980a; Ben-Ari et al., 1980b; Tanaka et al., 1988). In contrast, CA1 neurons were
34 found to undergo distinctive delayed degeneration days after transient episodes of ischemia in both
35 humans (Zola-Morgan et al., 1986; Petito et al., 1987) and rodents (Kirino, 1982; Ordy et al., 1993;
36 Sugawara et al., 1999). Considerable evidence has accumulated supporting critical contributions of
37 Zn²⁺ in this injury. While there are large amounts of Zn²⁺ in the brain (>100 μM), the vast majority of
38 it is normally bound or sequestered such that free reactive Zn²⁺ is very low (subnanomolar). However,
39 after ischemia considerable free Zn²⁺ was found to accumulate in vulnerable neuronal populations *in*
40 *vivo* (Tonder et al., 1990). Further studies established that Zn²⁺ chelation is protective, implicating a
41 Zn²⁺ contribution to the ischemic neurodegeneration (Koh et al., 1996; Calderone et al., 2004).
42 Considerable evidence supports mitochondria as critical targets for the injury promoting effects of
43 Zn²⁺ (Shuttleworth and Weiss, 2011; Ji et al., 2019). Zn²⁺ can quickly enter the mitochondria via the
44 MCU where it was shown to trigger multiple deleterious effects including mitochondrial
45 depolarization, swelling, ROS generation and irreversible inhibition of major mitochondrial enzymes
46 (Saris and Niva, 1994; Sensi et al., 1999; Jiang et al., 2001; Sensi et al., 2003; Gazaryan et al., 2007;
47 Ji and Weiss, 2018; Ji et al., 2020). Indeed, *in vivo* studies found considerable Zn²⁺ accumulation in
48 hippocampal neuronal mitochondria after global brain ischemia which correlates with mitochondrial
49 structural damage (including swelling), activation of large multiconductance channels and release of
50 proapoptotic peptides (Calderone et al., 2004; Bonanni et al., 2006; Yin et al., 2019).

51 To find effective treatments that can prevent delayed neuronal injury after ischemia, it is crucial to
52 understand the sequence of events leading to irreversible changes. Acute hippocampal slices subjected
53 to OGD provide a valuable model to study such events: they have preserved neuronal networks and
54 Zn²⁺ stores and thereby reproduce some critical aspects of *in vivo* ischemia, while allowing continuous
55 monitoring from single neurons. Our recent studies found that short episodes of OGD (~7-9 min, a
56 few min shorter than needed to evoke acute cell death) trigger delayed and long lasting (at least 1

57 hour) Zn²⁺ accumulation in mitochondria of CA1, but not in CA3 neurons (Medvedeva et al., 2017).
58 We considered whether this Zn²⁺ accumulation might be responsible for the high susceptibility of
59 CA1 neurons to delayed ischemic degeneration. We further found that the Zn²⁺ accumulates through
60 the MCU (Medvedeva et al., 2017), leading to the hypothesis that the MCU constitutes a valuable
61 therapeutic target for diminishing mitochondrial dysfunction and neuronal injury after a transient
62 ischemic event has occurred.

63 Current studies, employing the acute hippocampal slice model of ischemia, have further examined
64 the progression of changes over several hours after a short episode (8 min) of OGD. We found that 4-
65 5 hours after OGD, mitochondria of CA1 neurons are markedly depolarized and swollen. Spontaneous
66 synaptic activity, assessed as the frequency of spontaneous postsynaptic currents (SPSCs), initially
67 decreases after OGD, but later quickly and markedly increases (~5 fold), before decreasing again to
68 levels below control. Next we demonstrated that preventing the mitochondrial Zn²⁺ accumulation by
69 MCU inhibition (with RR) or by Zn²⁺ chelation after OGD withdrawal substantially attenuated
70 changes in mitochondrial potential ($\Delta\Psi_m$) and synaptic function, and RR largely reversed
71 mitochondrial swelling.

72 Finally, in test of principle studies using an *in vivo* rat asphyxial CA/resuscitation model,
73 intravenous infusion of RR immediately after resuscitation substantially decreased both the
74 mitochondrial Zn²⁺ accumulation and the mitochondrial and neuronal damage, supporting the possible
75 therapeutic utility of post ischemic treatments targeting mitochondrial Zn²⁺ accumulation through the
76 MCU.

77

78 **Materials and Methods**

79 *Animals.*

80 Animal care and experimental procedures were performed according to a protocol approved by
81 University of California Irvine Animal Care and Use Committee. Efforts were made for minimizing
82 animal number and suffering. Both male and female mice from 129S6/SvEvTac strain (Taconic
83 Biosciences; ~ 4 weeks old) were utilized for *in vitro* experiments, and male Wistar rats (Charles

84 River Laboratories, Wilmington, MA) weighing 300–350 g (8–12 weeks) were used for *in vivo* CA
85 studies.

86 ***Preparation of acute hippocampal slices.***

87 Coronal hippocampal slices were prepared from ~4 weeks old mice as previously described
88 (Medvedeva et al., 2009). Mice were deeply anesthetized with isoflurane and decapitated. The brains
89 were quickly removed and placed in ice-cold solution containing (in mM): 220 sucrose, 3 KCl, 1.25
90 NaH₂PO₄, 6 MgSO₄, 26 NaHCO₃, 0.2 CaCl₂, 10 Glucose and 0.42 ketamine (pH 7.35, 310 mOsm,
91 equilibrated with 95% O₂ / 5% CO₂). Ketamine was added to preparation solution to decrease
92 NMDA-mediated Ca²⁺ influx caused by cutting trauma. Hippocampal slices (300 µm) were cut using
93 a Leica VT1200 vibratome (Leica, Germany), with vertical vibration of cutting blade adjusted to be
94 <1 µm to decrease injury. After preparation slices were incubated in artificial cerebro-spinal fluid
95 (ACSF) containing (in mM): 126 NaCl, 3 KCl, 1.25 NaH₂PO₄, 1 MgSO₄, 26 NaHCO₃, 2 CaCl₂, 10
96 Glucose (pH 7.35, 310 mOsm, equilibrated with 95% O₂ / 5% CO₂ for 1 hour at 34±0.5°C, and then
97 kept at room temperature (20–23°C) in oxygenated ACSF. All experiments were performed at
98 32±0.5°C.

99 ***OGD in slices and drug administration.***

100 To induce hypoxia-hypoglycemia ACSF was changed to identical solution without glucose and
101 equilibrated with 95% N₂ / 5% CO₂. For sublethal (short) ischemic exposures, OGD was terminated
102 (by restoration of oxygenated ACSF containing glucose) after 8 min (Fig. 1A). The duration of OGD
103 was determined by our previous experiments with the aim to withdraw OGD before Ca²⁺ deregulation
104 occurs in the majority of CA1 neurons, while allowing sufficient time to evoke mitochondrial
105 depolarization (loss of ΔΨ_m), Zn²⁺ accumulation and delayed (4 hours later) mitochondrial
106 dysfunction (Medvedeva et al., 2009; Medvedeva et al., 2017) (Fig. 3). Since our experiments
107 required use of slices for prolonged periods (up to 7 hours), all measurements in OGD subjected slices
108 are compared with results obtained from control slices at approximately the same time after slice
109 preparation.

110 RR (10 µM) and N,N,N',N'-tetrakis(2-pyridylmethyl)ethane-1,2-diamine (TPEN, 20 µM) were
111 applied 3 min and immediately after the OGD termination respectively.

112 ***Evaluating neuronal visual appearance and fluorescent measurements.***

113 To assess changes in cellular morphology slices were placed under the bright field microscope
114 equipped with differential interference contrast (DIC) optics (Olympus, Japan) and photographed. All
115 further evaluations were carried out blindly (using coded images), by an investigator not involved in
116 performing experiments. CA1 neuronal diameters, determined as the maximum width of the cell
117 perpendicular to the apical dendrite, were measured using ImageJ software. Only neurons where we
118 can clearly distinguish the cellular membrane were evaluated.

119 To study changes in mitochondrial function we evaluated $\Delta\Psi_m$. Slices were bath loaded with the
120 $\Delta\Psi_m$ sensitive indicator, Rhodamine 123 (Rhod123, 26 μM , 30 min, 22-24 °C). Rhod123 is positively
121 charged and accumulates in negatively charged mitochondria where its fluorescence is quenched.
122 Upon loss of $\Delta\Psi_m$ the indicator is released into the cytoplasm causing increase in fluorescence
123 (Duchen et al., 2003). Rhod123 was excited at 540(25) nm and emitted fluorescence was collected at
124 605(55) nm. Images were acquired every 15 s. Data are presented as $\Delta F/F_0 = (F - F_0)/F_0$ where F is a
125 current fluorescence intensity and F_0 is baseline fluorescence intensity. Carbonyl cyanide-4-
126 (trifluoromethoxy)phenylhydrazone (FCCP, 2 μM) was applied at indicated time points to evoke full
127 loss of $\Delta\Psi_m$ and consequent increase in Rhod123 fluorescence, and, thus, to evaluate the level of $\Delta\Psi_m$
128 before FCCP application.

129 ***Electrophysiological recordings.***

130 Slices were placed in a flow-through chamber (RC-27L chamber with plastic slice anchor, Warner
131 instruments, Hamden, CT), mounted on the stage of an upright microscope (BX51WI Olympus,
132 Japan) and perfused with oxygenated ACSF at 2 ml/min. To evaluate function of synaptic networks
133 we recorded SPSCs from CA1 pyramidal neurons which were patched and held in voltage clamp
134 configuration at -60 mV using the Axopatch 200A amplifier. For evaluation of the resting membrane
135 potential (MP) and action potential (AP) threshold we used current-clamp configuration. Patch
136 pipettes used for voltage clamp (5 MΩ resistance when filled with pipette solution) and current clamp
137 (8-10 MΩ) were pulled from borosilicate glass with filament (WPI) on a Sutter Instruments P-97
138 micropipette puller. The pipette solution for voltage- and current-clamp recordings contained, in mM:
139 125 KGlutamate, 10 KCl, 3 Mg-ATP, 1 MgCl₂, 10 HEPES, pH 7.25 with KOH, 290 mOsm. SPSCs

140 were recorded from neurons in sham slices (not treated with OGD) and at different time points
141 between 1 and 5 hours after OGD withdrawal. APs were recorded in sham slices and at ~2.5 hours
142 after OGD.

143 ***Antibody labeling and confocal microscopy.***

144 Hippocampal slices (300 µm) were subjected to OGD for 8 min, “perfused” in ACSF at 32°C for
145 30 min, then incubated at RT for another 3.5 hours and fixed with 4% paraformaldehyde (PFA). RR
146 (10 µM) was added to some slices 3 min after OGD termination for 15 min. Thin (30 µm) sections
147 were cut using a microtome cryostat (ThermoFisher Scientific, Waltham, MA) and stained with
148 primary antibodies against the mitochondrial outer membrane protein TOM20 (1:200, Santa Cruz
149 Biotechnology, Santa Cruz, CA) and secondary anti-rabbit fluorescent antibodies (1:200, DyLight™
150 488, Jackson ImmunoResearch, West Grove, PA). To visualize mitochondria the sections were
151 imaged using an inverted stage Olympus FV3000 confocal laser scanning microscope (Olympus,
152 Japan) with high speed resonance scanner, IX3-ZDC2 Z-drift compensator and Olympus 40x silicone
153 oil objective (UPLSAPO40XS, NA = 1.25, WD = 0.3 mm). A 488 nm diode laser was used for
154 excitation and a high-sensitivity cooled GaAsP PMT was used for detection of signal.

155 An analysis of mitochondria size and shape was performed using ImageJ software as previously
156 described (Medvedeva et al., 2017). Images were adjusted to provide optimal discrimination of
157 mitochondria edges from background. We selected the cells that showed clearly evident mitochondria
158 in the perinuclear regions in a sharp focus, and only the mitochondria that are aligned with their long
159 axes parallel to the nuclear membrane were chosen. Measures of long axes, parallel to, and short axes,
160 perpendicular to nuclear membranes were obtained on all clearly demarcated mitochondria adjacent to
161 and surrounding the nuclear circumference. Average parameters were determined for mitochondria
162 within each independent slice experiment, and presented are average values from 4-5 slices for each
163 condition.

164 ***CA/cardiopulmonary resuscitation (CPR) and RR administration.***

165 This study utilizes an asphyxial CA+CPR model similar to previously described (Crouzet et al.,
166 2016; Kang et al., 2017; Crouzet et al., 2020). Rats were calorically restricted to 25% of normal food
167 intake 14 hours prior to CA (Azadian et al., 2020). Shortly before experiment rats were intubated

168 using a 14-gauge endotracheal tube (B. Braun Melsungen AG, Melsungen, Germany), connected to a
169 TOPO mechanical ventilator (Kent Scientific, Torrington, CT) and isoflurane vaporizer for delivery
170 of 2% isoflurane and 50% O₂ / 50% N₂ gas mixture during surgical preparation. Femoral artery and
171 vein cannulation allowed monitoring of blood pressure and heart rate, and administration of
172 intravenous medication. Invasive arterial blood pressure was measured continuously using a
173 transducer (CWE Inc., Ardmore, PA).

174 After surgical preparation, CA experiments began with reducing the isoflurane level to 1-1.5% to
175 prepare for anesthesia wash out. The inhaled gas was switched to 100% O₂ for 2 minutes, after which
176 the isoflurane was stopped to wash out anesthesia for 3 minutes. When the isoflurane was stopped, the
177 inlet was also disconnected from oxygen to allow room air to be mechanically delivered to the rat.
178 Additionally, neuromuscular blockade was also initiated at this time with injection of 1 mL of
179 intravenous Vecuronium (2 mg/kg) with 1 mL of heparinized saline. After these 3 minutes of
180 isoflurane washout, asphyxial CA was induced by turning the ventilator off and clamping the
181 ventilator tubing. CA time was defined as systolic blood pressure less than 30 mm Hg and pulse
182 pressure of 10 mm Hg or less. Baseline arterial blood gas (ABG) measurements (Abaxis, Union City,
183 CA) were obtained within 30 min prior to initiation of asphyxia. Duration of asphyxia was 8 min. In
184 the last min of asphyxia, as the ventilator is being reconnected and turned on, epinephrine (0.01
185 mg/kg) and bicarbonate (140 mg/kg) are given ahead of CPR to stimulate the sympathetic nervous
186 system and manage acidosis, respectively. CPR, (manual sternal compressions at 180-240 per min)
187 was performed after 8 minutes of asphyxia and continued until return of spontaneous circulation
188 (ROSC). Our study used 3 groups of animals: 1) sham treatment group (control, this group was
189 subjected to all experimental procedure w/o asphyxia); 2) rats subjected to CA w/o treatment; and 3)
190 rats subjected to CA with MCU blocker RR administered intravenously at the time of CPR in order to
191 reach the brain with ROSC (Fig. 1B), as we have demonstrated with other drugs administered during
192 the CPR phase (Kang et al., 2017). After obtaining post-CA ABG measurements 10 minutes after
193 ROSC, vessels were decannulated and rats were extubated within the following hour.

194 ***Histochemistry and electron microscopy.***

195 Cardiac perfusion and preparation for Timm's labeling. To detect neuronal injury and reactive
196 Zn²⁺ accumulation at the intracellular sites we used a modification of the Timm's sulphide silver
197 method in combination with histochemistry (Danscher and Zimmer, 1978; De Biasi and Bendotti,
198 1998). Four hours after CPR, animals were anesthetized with isoflurane, and perfused transcardially
199 with 200 ml of phosphate buffered saline (PBS) for 2 min, followed by 500 ml of Millonig's buffer
200 (containing 0.002% CaCl₂, 1.6% NaH₂PO₄ and 0.4% NaOH; pH 7.3), also containing 0.2% Na₂S, 4%
201 PFA and 1% glutaraldehyde over the next 20 min to precipitate Zn²⁺. After perfusion the brains were
202 postfixed using 2% PFA / 2.5% glutaraldehyde / 0.2% Na₂S at 4°C overnight, and 50 µm and 80 µm
203 slices were cut using vibratome.

204 Timm's labeling. To analyze Zn²⁺ accumulation in mitochondria we performed Timm's labeling
205 which inserts metallic silver precipitates at sites of labile (loosely bound or reactive) Zn²⁺
206 accumulation. For Timm's staining 80 µm slices were incubated in the dark in a solution containing 1
207 part of 1M AgNO₃ solution, 20 parts solution containing 2% hydroquinone and 5% citric acid in
208 water, and 100 parts of solution containing 30% gum arabic in water. Development was performed in
209 the dark, was monitored by periodic evaluations under low light, and was terminated by washing in
210 water. Stained slices were placed into PBS and processed for electron microscopy.

211 Electron microscopy. For Transmission Electron Microscopy (TEM) analysis, we utilized
212 ultrathin sections (~1 µm thickness) prepared largely as previously described (Park et al., 2016) with
213 small modifications. The sections were rinsed in PBS and post-fixed with 1% osmium tetroxide in
214 PBS for 1 hour, then dehydrated in increasing serial dilutions of ethanol (70, 85, 95 and 100%),
215 placed into intermediate solvent propylene oxide (2 times for 10 min), and incubated in 1:1 mixture of
216 propylene oxide/Spurr's resin for 1 hour. Finally slices were embedded in Spurr's resin overnight.
217 Ultrathin sections (~70 nm thickness) were cut using a Leica Ultracut UCT ultramicrotome (Leica,
218 Vienna, Austria) mounted on 150 mesh copper grids, stained with lead citrate and viewed using a
219 JEOL 1400 electron microscope (JEOL, Tokyo, Japan). Images were captured using a Gatan digital
220 camera (Gatan, Pleasanton, CA, USA).

221 VAF / toluidine blue staining. To assess neuronal injury, after perfusion, tissue fixation and slice
222 preparation as described, 30 µm sections were stained with vanadium acid fuchsin (VAF) or toluidine

223 blue (TB) largely as previously described (Victorov et al., 2000). Slices were stained with VAF for
224 1~2 min, washed with PBS, incubated in 0.01% borax solution for 20-30 second, and rinsed in
225 distilled water. Finally, brain slices were cleared by acetate buffer (pH 3.3) for 30 sec and rinsed with
226 distilled water. Another group of slices was stained with 0.025% toluidine blue for 20-30 sec. Stained
227 slices were assessed and photographed using light microscopy. Cell counts of injured vs healthy
228 neurons were carried out blindly by an investigator not involved in performing the experiments.

229 **Reagents.**

230 Rhodamine 123 was obtained from Invitrogen (Carlsbad, CA). N,N,N',N'-Tetrakis(2-
231 pyridylmethyl)ethylenediamine, Ruthenium Red and ketamine were obtained from Sigma (St. Louis,
232 MO). TOM20 antibodies were obtained from Santa Cruz Biotechnology (Santa Cruz, CA) and
233 DyLight™ 488 antibodies were obtained from Jackson ImmunoResearch (West Grove, PA). All other
234 reagents were purchased from ThermoFisher Scientific (Waltham, MA).

235 **Statistics and data analysis.**

236 All comparisons reflect sets of data substantially interleaved in time. Evaluations of mitochondrial
237 and neuronal health and morphology were performed blindly using coded images.

238 For comparisons between 2 groups, statistical differences were assessed using two sample t-tests.
239 To evaluate differences between more than 2 sets of data with one changing factor (including controls
240 at different time points after slice preparation or controls with/without treatment) we used One-Way
241 ANOVA with Bonferroni test. To evaluate time-dependent changes in $\Delta\Psi_m$ and SPSCs frequency
242 caused by OGD we used Two-Way ANOVA Bonferroni test with interactions where the first factor
243 was time and the second one was OGD. For these tests we used control groups of slices at the same
244 time points after slice preparation as slices from OGD-treated groups that were subjected to identical
245 manipulations but without OGD. All tests described above were performed using Origin 9.1
246 (OriginLab, Northampton, MA). To evaluate the significance of protection provided by
247 pharmacological interventions (RR or TPEN, assessed as difference between measurements in slices
248 subjected to OGD and control slices, vs difference between OGD+treatment and control+treatment)
249 we used ANOVA linear contrast (coded with R language). The R code used for calculating the
250 contrasts is available upon request.

251 *In vitro* experiments. Since our preliminary experiments did not find any differences of
252 investigated parameters between slices of female and male animals, all further analysis included slices
253 from animals of both sexes. We performed 1-2 slice experiments per animal per condition. For
254 electrophysiological recordings 1 neuron was examined per slice. All comparisons were made based
255 on $n \geq 6$. For analysis of mitochondrial morphology measured parameters were averaged for each
256 neuron, and only neurons with $n \geq 3$ clearly recognizable mitochondria were used, and data averaged
257 per each slice experiment.

258 *In vivo* experiments. To analyze neuronal health (using TB or VAF staining) we evaluated 3-5
259 sections per animal with 50-100 cells examined per each section. To evaluate mitochondrial shape,
260 structural changes and Zn^{2+} accumulation, > 120 mitochondria from ≥ 9 sections ($\geq 3/\text{animal}$) were
261 evaluated per condition. All data obtained in *in vivo* experiments were averaged per each animal.
262

263 **Results**

264 *Dynamic changes of CA1 neuronal visual appearance, mitochondrial potential and synaptic* 265 *function after OGD.*

266 Our recent observations of prolonged Zn^{2+} accumulation in mitochondria of CA1 neurons after
267 ischemia (Medvedeva et al., 2017; Yin et al., 2019) led to the hypothesis that this Zn^{2+} accumulation
268 could be a key trigger of delayed ischemic injury. Indeed, the delayed injury of CA1 neurons is
269 characterized by mitochondrial swelling and release of cytochrome C (Nakatsuka et al., 1999;
270 Sugawara et al., 1999), effects that are compatible with observations of Zn^{2+} triggered mPTP opening
271 and cytochrome C release (Wudarczyk et al., 1999; Jiang et al., 2001; Calderone et al., 2004;
272 Gazaryan et al., 2007). To test our hypothesis, we developed a hippocampal slice model of “sublethal”
273 ischemia and reperfusion, which does not cause acute cell death, but evokes a sequence of events
274 likely leading to delayed cell injury. Slices were subjected to short (8 min) episodes of OGD (or sham
275 wash in oxygenated media for control) and were monitored over the subsequent 4-5 hours to assess
276 delayed pathological changes. However, since these experiments have prolonged durations (~6 hours),
277 we first sought to confirm neuronal viability for 6-7 hours after slice preparation. Several parameters
278 were evaluated: neuronal visual appearance (using DIC optics), stability of $\Delta\Psi_m$, which reflects

279 mitochondrial function, and spontaneous synaptic activity, to assess function of synaptic networks.
280 After examination of DIC images of CA1 regions from 2 groups of slices - those at 2-4 hours after
281 preparation and at 6-7 hours - we found no difference in cell appearance and neuronal diameter
282 between groups (Fig. 2A). Of note, ~10% of slices in both groups had mild neuronal swelling
283 probably due to damage from preparation.

284 $\Delta\Psi_m$ was monitored using the fluorescent indicator, Rhod123. This positively charged indicator is
285 sequestered by negatively charged mitochondria, where its fluorescence is quenched, and the
286 accumulated amount is proportional to $\Delta\Psi_m$. Application of the mitochondrial uncoupler FCCP (2
287 μM , 5 min), which dissipates the proton gradient across the mitochondrial inner membrane, results in
288 loss of $\Delta\Psi_m$ and consequent release of Rhod123 into the cytosol and a corresponding increase in
289 fluorescence (ΔF). This ΔF is indicative of the $\Delta\Psi_m$ prior to FCCP exposure. We found that untreated
290 slices reliably maintained their $\Delta\Psi_m$ for at least 6-7 hours (Fig. 2B).

291 To evaluate synaptic function SPSCs were recorded over time from individual CA1 neurons using
292 patch-clamp technique in voltage clamp mode (at -60 mV). We found that SPSCs occurred at a stable
293 frequency for up to 7 hours after slice preparation (see Fig. 2C). Note, that in this study we monitored
294 only the inward excitatory synaptic currents since the reversal potential for Cl^- was -61 mV and, thus,
295 the inhibitory outward currents were indistinguishable from noise.

296 Short OGD caused extensive changes in all monitored parameters. While neurons appeared intact
297 and visually not different from control on images obtained 1, 2 and 3 hours after OGD, this quickly
298 changed from 3 to 4 hours, and by the 4 hour time point most CA1 neurons in all slices became
299 severely swollen (Fig. 3A) with considerably increased diameters (Fig. 4B).

300 To evaluate dynamic changes in $\Delta\Psi_m$, FCCP (2 μM) was applied to Rhod123 loaded slices 1, 2
301 and 4-5 hours after OGD termination. Our past studies demonstrated that during OGD $\Delta\Psi_m$ declines
302 rapidly beginning a few min after the start of the OGD episode, but recovers relatively quickly upon
303 reperfusion (Medvedeva et al., 2009; Medvedeva et al., 2017). Here we found that, similar to previous
304 observations, $\Delta\Psi_m$ initially recovered to pre-OGD level. However, 2 hours after OGD we detected a
305 substantial drop of $\Delta\Psi_m$, which persists at 4-5 hours (see Fig. 3B), when experiments were terminated.

306 Since changes in both synaptic structure and function were documented previously in cortex and
307 hippocampus after *in vivo* and *in vitro* ischemia (Jourdain et al., 2002; Crepel et al., 2003; Ai and
308 Baker, 2006; Kovalenko et al., 2006; Radenovic et al., 2011; Neumann et al., 2013), we next sought to
309 determine the dynamic effect of OGD/reperfusion on function of synaptic circuitry in slice. The
310 frequency of SPSCs was evaluated in CA1 pyramidal neurons at multiple time points during 4 hours
311 after OGD. In contrast to the stable SPSC frequency noted in control slices, after short OGD it
312 initially dropped, but later increased to ~5 fold greater than basal rates around 2.5 hours after OGD
313 withdrawal. After peaking between 2 and 3 hours, the SPSC frequency declined again to substantially
314 below baseline level by 4 hours (Fig. 3C).

315 We further questioned whether the abrupt increase in synaptic activity after OGD is facilitated by
316 changes in intrinsic neuronal physiology of CA1 or CA3 neurons. To measure the physiologycal cell
317 properties we evaluated the resting MP and the threshold for AP generation in CA1 and CA3 neurons
318 in control slices and 2.5 hours after OGD. Single APs were elicited by injecting brief supra-threshold
319 depolarizing current pulses into patched neurons. We did not find evidence of differences in MP or
320 AP threshold 2.5 h after OGD compared to control in either CA1 or CA3 neurons. (CA1: MP was -
321 62 ± 0.6 mV, n=9 in control and -61 ± 1.3 mV after OGD, n=9, p=0.6; AP threshold was -54 ± 1.4 mV,
322 n=9 in control and -54 ± 1.7 mV, n=9 after OGD, p=1. CA3: MP in control cells was -62.2 ± 1 mV, n=9
323 and -62.4 ± 1 mV after OGD, n=9, p=0.9; AP threshold was -51 ± 1.3 mV in control neurons, n=9 and -
324 51 ± 0.7 after OGD, n=9, p=1; all comparisons by t-test). As the increased SPSC frequency seen in
325 CA1 neurons after OGD did not appear to be explained by increased intrinsic excitability of either
326 CA3 or CA1 neurons, we suggest that the SPSC frequency increase may be best explained as a
327 manifestation of forms of LTP of the CA3-CA1 synapses as has been previously observed to occur
328 after transient brain ischemia (Jourdain et al., 2002; Crepel et al., 2003; Ai and Baker, 2006).

329

330 **Mitochondrial Zn²⁺ uptake after sublethal OGD contributes to delayed changes in CA1 neurons.**

331 To investigate the contribution of prolonged mitochondrial Zn²⁺ accumulation after OGD to
332 observed morphological and functional alterations, we blocked the primary route for Zn²⁺ uptake into
333 mitochondria, the MCU (Malaiyandi et al., 2005; Medvedeva et al., 2017; Ji et al., 2020), with RR (10

334 μM applied ~3 min after OGD withdrawal for 15 min). Treatment with RR noticeably improved the
335 appearance of CA1 pyramidal neurons 4 hours after OGD (Fig. 4A, compare to Fig. 3A) considerably
336 diminishing their swelling (measured as changes in cell diameters; Fig 4B). RR treatment also
337 markedly attenuated the loss of $\Delta\Psi_m$ 4-5 hours after OGD withdrawal (Fig. 4C, D).

338 Since the MCU is also the route for Ca^{2+} accumulation into mitochondria, to study whether the
339 observed beneficial effects are caused specifically by Zn^{2+} , in another set of experiments we tested the
340 membrane permeable specific Zn^{2+} chelator TPEN (20 μM , applied immediately after OGD for 20
341 min). Similar to findings with RR, treatment with TPEN markedly decreased the swelling of CA1
342 neurons (Fig. 4B). Loss of $\Delta\Psi_m$ observed 4-5 hours after the ischemic episode was also considerably
343 attenuated (Fig. 4C, D).

344 Next we questioned whether alterations in synaptic function observed after OGD are dependent
345 upon mitochondrial Zn^{2+} accumulation. We found that treatments with RR or TPEN reversed OGD
346 evoked changes in synaptic activity, both preventing the aberrant burst of SPSCs at 2-3 hours and
347 reversing the synaptic quieting 4-5 hours after OGD (Fig. 5).

348

349 ***Mitochondrial swelling after OGD in CA1 pyramidal neurons is attenuated by MCU inhibition.***

350 Our recent study demonstrated a strong association between mitochondrial Zn^{2+} accumulation,
351 mitochondrial swelling, and mitochondrial structural changes after transient global ischemia *in a rat*
352 *model of cardiac arrest* (Yin et al., 2019). Current studies utilized confocal microscopy to investigate
353 effects of mitochondrial Zn^{2+} accumulation after OGD/reperfusion on mitochondrial morphology in
354 acute slices. As above, slices were exposed to sham wash in oxygenated media (control) or to an 8
355 min episode of OGD and reperfusion, either alone, or with RR applied 3 min after the end of the OGD
356 for 15 min. 4 hours after OGD, slices were fixed with PFA and stained with antibodies for the
357 mitochondrial outer membrane protein, TOM20. Confocal (1000x) images were obtained from the
358 CA1 pyramidal layer (Fig. 6A). Mitochondrial morphological parameters were analyzed as described
359 previously (Medvedeva et al., 2017). We found that OGD caused a noticeable fragmentation and
360 swelling of the mitochondria (see Fig. 6A) with substantial decreases in their lengths, increases in
361 their widths, and considerably decreased length/width (L/W) ratios (control 3.2 \pm 0.20, OGD 1.5 \pm 0.06,

362 Fig. 6B). This mitochondrial swelling correlates with the persistent mitochondrial depolarization
363 noted above. We found that application of RR substantially attenuated the observed mitochondrial
364 swelling (Fig. 6A, B, L/W ratio 2.7±0.04).

365

366 ***MCU inhibition decreases CA1 neuronal injury after global ischemia in rats.***

367 Finally, we tested whether inhibiting the MCU **after** an episode of global ischemia improves
368 neuronal recovery *in vivo*. Rats were subjected to sham treatment, to asphyxial cardiac arrest (CA)
369 followed by resuscitation (CPR), or to CA/CPR followed by intravenous injection of RR (2.5 mg/kg)
370 (See Fig. 1). After 4 hours of recovery, rats were perfused, brains isolated and processed for
371 histological analysis (see Methods section).

372 To evaluate overall injury of CA1 pyramidal neurons, brain sections were stained with toluidine
373 blue (TB) to evaluate neuronal morphology or labelled using a modified vanadium acid fuchsin
374 procedure which identifies acidophilic neurons (VAF staining). Sections were then blindly examined
375 using light microscopy and each identifiable neuron was rated as healthy or injured. Healthy cells in
376 TB stained slices (indicated with yellow arrows, Fig. 7A) displayed distinct non-stained round nuclei
377 surrounded by TB-stained cytoplasm, while injured neurons (shown with red arrows) show TB
378 staining in nuclei, cytoplasm and dendrites. Purple colored VAF labeling in the cytoplasm, which is
379 nominal in healthy neurons, indicates neurons with early moderate injury (shown with red arrows,
380 Fig. 7B). We found that in comparison to sham treatment, global ischemia caused distinct injury to
381 CA1 pyramidal neurons, similar to that observed in our recent study (Yin et al., 2019). Treatment with
382 RR substantially preserved neuronal morphology and considerably decreased injury (Fig. 7).

383

384 ***Cardiac arrest induced mitochondrial structural disruption and Zn²⁺ accumulation are attenuated
385 by RR.***

386 To investigate effects of global brain ischemia on mitochondria, further studies utilized
387 transmission electron microscopy (TEM) techniques to examine mitochondrial ultrastructure. Since
388 somata of CA1 neurons can be identified by their characteristic nuclei, to examine mitochondria in
389 these neurons we obtained high-magnification TEM images adjacent to nuclei showing mitochondria

390 in perinuclear and proximal dendritic regions. A majority of mitochondria in slices from sham treated
391 animals appeared intact and healthy. They were usually elongated with visible distinct cristae
392 structure and an intact double membrane (Fig 8A, left). A minority of mitochondria (~30%) had mild
393 injury, with rounder shape, suggesting moderate swelling, and some disruption of their cristae
394 structure (this injury probably was caused by the brain perfusion procedure). After ischemia the
395 number of injured mitochondria increased greatly, and similar to our previous observations (Yin et al.,
396 2019), a large number (~75%) showed varying degrees of damage 4 hours after CA/CPR (Fig 8A
397 middle, B). However, blocking the MCU with RR immediately after CPR substantially decreased the
398 mitochondrial structural damage (Fig. 8A right, B).

399 Since our prior study (Yin et al., 2019) found that mitochondrial injury after ischemia strongly
400 correlates with persistent excessive mitochondrial Zn²⁺ accumulation, we also analyzed Zn²⁺ buildup
401 in mitochondria in the current study. As in our previous study, reactive Zn²⁺ was visualized by
402 Timm's sulfide silver labeling. This stain appears to be quite specific for Zn²⁺, and was found to be
403 virtually absent in mice lacking the vesicular Zn²⁺ transporter, ZnT3 (Cole et al., 1999). Similar to our
404 recent study, most (>90%) damaged mitochondria (Fig. 8C, left),and only a small subset of healthy
405 appearing mitochondria (Fig. 8C, right) in all 3 conditions contained Zn²⁺ deposits (visible as electron
406 dense spots). However even visually healthy appearing mitochondria from ischemic animals
407 contained Zn²⁺ in a greater proportion (~30% vs ~9% in sham treated animals; Fig. 8C, right). Thus,
408 treatment with RR after ischemia markedly diminished Zn²⁺ accumulation in all mitochondria (both
409 intact and damaged) (ischemia 79.8±1.7%; sham 36.4±3%, p<0.01 vs ischemia; ischemia+RR
410 40.7±4.1%, p<0.01 vs ischemia One-Way ANOVA) and decreased mitochondrial injury (Fig. 8).

411

412 Discussion

413 As noted, we have found progressive and long-lasting Zn²⁺ accumulation in mitochondria of CA1
414 pyramidal neurons to occur after ischemia (Medvedeva et al., 2017; Yin et al., 2019). Present studies
415 are the first to examine effects of this mitochondrial Zn²⁺ accumulation on mitochondrial function and
416 synaptic activity in CA1 neurons in slice over several hours after an ischemic episode. We found that
417 a short (sublethal) episode of OGD causes distinct changes in spontaneous synaptic activity and

418 evokes delayed and persistent loss of $\Delta\Psi_m$ in CA1 hippocampal neurons. These changes seems to be
419 specifically catalyzed by Zn^{2+} entry into mitochondria via the MCU, since they are markedly
420 attenuated by either MCU blockade or Zn^{2+} chelation after the ischemic episode. Furthermore, the
421 short OGD episodes lead to considerable delayed swelling and fragmentation of mitochondria, which
422 is also largely prevented by post-ischemic MCU inhibition. Finally, in early test of principle studies in
423 an *in vivo* rat CA model of ischemia, we found that administration of an MCU inhibitor after ischemia
424 appears to diminish mitochondrial Zn^{2+} accumulation, mitochondrial disruption, and delayed neuronal
425 injury (Fig. 9).

426

427 ***Role of Zn^{2+} - mitochondria interactions in ischemic injury.***

428 Multiple lines of evidence support a critical contribution of Zn^{2+} to ischemic injury. Specifically,
429 large amounts of free Zn^{2+} were found to accumulate after ischemia in some vulnerable groups of
430 neurons including hippocampal CA1 neurons (Tonder et al., 1990; Koh et al., 1996). Furthermore,
431 Zn^{2+} chelators were protective in both *in vitro* and *in vivo* ischemic models (Koh et al., 1996; Yin et
432 al., 2002; Calderone et al., 2004; Medvedeva et al., 2009; Medvedeva and Weiss, 2014).

433 While there is considerable Zn^{2+} in the brain, the majority of it is normally bound or sequestered,
434 such that free Zn^{2+} is very low (subnanomolar). One important Zn^{2+} pool comprises Zn^{2+} sequestered
435 in synaptic vesicles, from which it is released upon strong synaptic stimulation, and can enter neurons
436 through certain Ca^{2+} permeable channels (Weiss et al., 2000; Shuttleworth and Weiss, 2011). Another
437 important Zn^{2+} pool is that bound to cytosolic buffering proteins (in neurons largely comprising
438 metallothionein-III; MT-III) from which it is released upon metabolic perturbations (oxidative stress
439 and acidosis) as occur during ischemia/reperfusion (Maret and Vallee, 1998; Jiang et al., 2000; Maret,
440 2011). Zn^{2+} mobilization from this pool appears to contribute considerably to ischemic injury in CA1
441 neurons (Lee et al., 2003; Medvedeva et al., 2017; Ji et al., 2019). Our recent findings using short
442 ischemia in hippocampal slice suggest that Zn^{2+} , which is progressively released from MT-III during
443 ischemia/reperfusion, permeates the MCU, accumulating in CA1 mitochondria (Medvedeva et al.,
444 2017).

445 It is apparent that mitochondria are key players in ischemic neuronal injury and were proposed as
446 important targets for treatment (Liu and Murphy, 2009; Sims and Muyderman, 2010). Changes in
447 brain mitochondrial structure after transient global ischemia have been detected early (during first few
448 hours) (Solenski et al., 2002; Bonanni et al., 2006; Yin et al., 2019) with more severe damage hours
449 and days later (Colbourne et al., 1999).

450 While the precise mechanisms through which Zn²⁺ promotes neurodegeneration are not defined,
451 multiple studies have highlighted mitochondria as a target for Zn²⁺. Zn²⁺ is taken up into mitochondria
452 via the MCU (Saris and Niva, 1994; Malaiyandi et al., 2005; Clausen et al., 2013; Medvedeva and
453 Weiss, 2014; Ji et al., 2020), and affects their function with much greater potency than Ca²⁺, causing
454 mitochondrial depolarization, ROS generation, and potent induction of swelling, probably due to
455 activation of the mitochondrial permeability transition pore (mPTP) (Sensi et al., 1999; Sensi et al.,
456 2000; Jiang et al., 2001; Ji and Weiss, 2018). Indeed, studies on isolated mitochondria have
457 demonstrated potent mPTP activation after Zn²⁺ entry through the MCU (Jiang et al., 2001; Gazaryan
458 et al., 2007; Ji et al., 2019). Although mechanisms of these effects are incompletely understood, Zn²⁺
459 was found to induce irreversible inhibition of several mitochondrial enzymes of energy production
460 and antioxidant defense, likely contributing to both mitochondrial ROS production and mPTP
461 induction (Gazaryan et al., 2002; Gazaryan et al., 2007). The mPTP induction, in turn, triggers release
462 of apoptotic mediators including cytochrome C and apoptosis inducing factor (AIF) (Jiang et al.,
463 2001) that contribute to activation of downstream apoptotic injury pathways (Bernardi, 1999;
464 Crompton, 1999; Fatokun et al., 2014).

465 Notably, mitochondria seem to be critically involved in the delayed selective degeneration of CA1
466 pyramidal neurons after transient ischemia. These neurons show mitochondrial swelling with release
467 of cytochrome C into the cytoplasm beginning within hours of ischemia, followed by caspase-3
468 activation, and with neurodegeneration and associated prominent DNA fragmentation, occurring over
469 the next days (Antonawich, 1999; Nakatsuka et al., 1999; Ouyang et al., 1999; Sugawara et al., 1999).
470 In addition, treatment with the Zn²⁺ chelator, Ca-EDTA decreased cytochrome C release in CA1
471 neurons after ischemia (Calderone et al., 2004) supporting a Zn²⁺ contribution to the activation of this
472 apoptotic pathway. Our recent study using the slice OGD model of ischemia found that mitochondrial

473 Zn²⁺ uptake appears to contribute to ROS production during ischemia (Medvedeva and Weiss, 2014).
474 Present findings that Zn²⁺ accumulation into CA1 mitochondria after short ischemia contributes to
475 delayed loss of ΔΨ_m, mitochondrial swelling, and neuronal injury support the hypothesis that
476 prolonged Zn²⁺ accumulation in CA1 neuronal mitochondria after ischemia represents a critical and
477 targetable event contributing to their delayed degeneration.

478

479 *Alterations in synaptic function after OGD.*

480 Alterations in synaptic structure and function have been observed hours and days after an
481 ischemic event. These include remodeling of synaptic networks and increases in amplitude of evoked
482 postsynaptic potentials in the CA1 area, with postsynaptic LTP detected in CA3-CA1 synapses in
483 hippocampal slices (Jourdain et al., 2002; Crepel et al., 2003; Ai and Baker, 2006; Neumann et al.,
484 2013). Structural changes at both presynaptic and postsynaptic levels that evolve after ischemia
485 include postsynaptic spine swelling, decreased synaptic spine density, depletion of pre-synaptic
486 vesicle pools, and decreased numbers of mitochondria in CA1 presynaptic terminals (Kovalenko et
487 al., 2006; Radenovic et al., 2011; Neumann et al., 2013).

488 These observations are compatible with our findings of alterations in synaptic activity, with
489 increases in frequency of excitatory SPSCs recorded in CA1 neurons 2-3 hours after OGD followed
490 by progressive quieting of synaptic function. We found that these alterations depend upon Zn²⁺
491 accumulation into mitochondria, since they were largely prevented by MCU inhibition or Zn²⁺
492 chelation. It is thus likely that mitochondrial damage and dysfunction catalyzed by Zn²⁺ accumulation
493 contributes to observed changes in synaptic activity.

494

495 **Zn²⁺ uptake through the MCU: a target for neuroprotective treatment.**

496 Despite being a leading cause of death and disability, treatment of brain ischemia is largely
497 limited to restoration of blood flow. Multiple past studies have proposed that massive neuronal Ca²⁺
498 loading via NMDA channels constitutes a promising target for neuroprotection. But glutamate
499 triggered Ca²⁺ overload occurs primarily during acute ischemia. However, since ischemia cannot be
500 predicted, the main opportunity for intervention is after ischemia has been terminated and blood flow

501 restored. If ischemia ends before acute cell death has occurred, neurons initially recover, but often die
502 hours or days later. Targeting NMDA receptors after an episode of ischemia did not help in
503 preventing this delayed cell death (Ikonomidou and Turski, 2002; Hoyte et al., 2004). Thus, other
504 mechanisms, occurring after an acute ischemic episode, need to be targeted. Zn²⁺ accumulation in
505 mitochondria seems to be such a mechanism.

506 While routes for Zn²⁺ translocation into mitochondria are not completely defined, the MCU
507 appears to be a major route for substantial rapid mitochondrial Zn²⁺ uptake (Malaiyandi et al., 2005;
508 Medvedeva and Weiss, 2014; Ji et al., 2020). Indeed, our recent study found that blocking the MCU
509 prevents the long lasting mitochondrial Zn²⁺ uptake in CA1 neurons occurring after ischemia
510 (Medvedeva et al., 2017). Present studies demonstrate that inhibiting the MCU after ischemia has
511 occurred greatly diminishes deleterious changes evoked by ischemia/reperfusion in hippocampal
512 slices, and decreases neuronal and mitochondrial injury after CA in animals. Furthermore, Zn²⁺
513 chelation (also administered after OGD in slice) had similar effects, supporting the contention that
514 protection is due to preventing Zn²⁺ accumulation in mitochondria. Thus, the occurrence of long-
515 lasting postischemic mitochondrial Zn²⁺ accumulation in vulnerable CA1 hippocampal pyramidal
516 neurons, but not in more resistant CA3 neurons, together with observation of beneficial effects of
517 MCU inhibition or Zn²⁺ chelation after ischemia provides support to the idea that mitochondrial Zn²⁺
518 accumulation is a critical event occurring after ischemia which leads to delayed neuronal injury.
519 Furthermore, this mechanism can be targeted for neuroprotection and thus may constitute a promising
520 target for development of therapeutic interventions to be delivered after the ischemia has already
521 occurred.

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728 **Figure legends**

729 **Figure 1. Experimental procedure.** **A - OGD in brain slices.** Schematic show steps of experiment
730 modeling ischemia/reperfusion in acute brain slices. **B - In vivo CA/CPR experimental procedure.**
731 Schematic represents steps of an experiment modeling CA evoked transient global ischemia in rats.
732 RR was administered to the CA+RR group at the time of CPR. All animals were cannulated, intubated
733 and attached to ventilator before CA or sham procedure. Chest compressions were performed on sham
734 animals to mimic CPR.

735

736 **Figure 2. Visual neuronal appearance, mitochondrial potential and spontaneous synaptic
737 activity does not change during 7 hours after slice preparation.**

738 **A** *Left, middle* - Bright field images of CA1 region of representative slices at indicated time after slice
739 preparation. *Right* - Bar graphs show average diameter of CA1 neuronal somata. Note that no
740 differences were found between pyramidal neuron diameters at 2-4 h (28 slices evaluated, 19.1 ± 0.6
741 μm) and at 6-7 hrs (7 slices, $19.2\pm0.5 \mu\text{m}$, $p=0.9$, t-test). **B** - *Assessment of $\Delta\Psi_m$.* Brain slices were
742 loaded with Rhod123, and FCCP (2 μM) was applied after 10-20 min of baseline (BL) recording.
743 *Upper* - pseudocolor Rhod123 fluorescent images of slices before (BL) and after FCCP application.
744 *Lower* - Traces represent Rhod123 $\Delta F/F_0$ changes. Arrows show the time points at which fluorescent
745 images were taken. Bar graph (*right*) indicate average Rhod123 $\Delta F/F_0$ ($\pm\text{SE}$) after FCCP application
746 2-4 hours ($81.1\pm12\%$, $n=11$) and 6-7 hours ($78\pm4.5\%$, $n=11$, $p=0.72$, t-test) after slice preparation. **C** -
747 *Spontaneous postsynaptic currents (SPSCs) recorded from CA1 neurons.* *Left* – representative
748 recordings of SPSCs 2.5 hours (*upper*) and 6 hours (*lower*) after slice preparation. *Right* – bar graph
749 show average SPSCs frequency ($\pm\text{SE}$) ($44.2\pm6.7 \text{ min}^{-1}$, $n=10$ in 2-4 hour group, and $39.7\pm3.6 \text{ min}^{-1}$,
750 $n=8$ at 6-7 hour after slice preparation, $p=0.59$, t-test)

751

752 **Figure 3. Short OGD causes delayed neuronal swelling, persistent mitochondrial dysfunction
753 and changes in spontaneous synaptic activity in CA1 neurons.**

754 **A** - *Bright field images of CA1 neurons in control slice, and in slices 1 and 4 hours after OGD
755 termination.* Note similar appearance of neurons in control slice and 1 hour after OGD. After longer

756 period (4 hours) neurons were markedly swollen (average diameter of CA1 neurons was 32.4 ± 1.0 ,
757 n=8 slices 4 hours after OGD vs 19.2 ± 0.5 μm , n=34 slices in control, p<0.001, t-test). **B** - $\Delta\Psi_m$
758 changes after OGD in CA1. Slices were subjected to sham treatment or to OGD and later loaded with
759 Rhod123. FCCP (2 μM) was applied to sham treated slices (control) or at indicated times after OGD
760 to evoke loss of $\Delta\Psi_m$. *Upper* - Fluorescent images were taken before (BL) and after FCCP application
761 (arrows indicate time points at which fluorescent images were taken). Traces represent Rhod123
762 $\Delta F/F_0$ changes in the same slices (black - control, magenta - 1 hour and blue - 4 hours after OGD
763 withdrawal). *Lower* - Bar graph show average Rhod123 $\Delta F/F_0$ changes ($\pm\text{SE}$) in control slices and
764 after OGD at indicated times. (Control $79.5\pm6.3\%$, n=22 evaluated slices; 1 hour $81.2\pm7.2\%$, n=10; 2
765 hours $44.6\pm4.2\%$, n=13; and 4 hours after OGD $37.7\pm4.8\%$, n=9). Note the significant decrease in
766 Rhod123 $\Delta F/F_0$ 2 and 4 h after OGD (p<0.01 compared to 1 h after OGD or corresponding control,
767 Two-Way ANOVA Bonferroni test). * - p<0.01 compared to control. While we used 3 separate
768 control groups for statistical analyses, we found no difference between the controls (p=0.93, One-Way
769 ANOVA), thus the bar graph shows an average fluorescence value of all control slices. **C** - SPSCs
770 recordings from CA1 neurons. *Upper* - Traces demonstrate SPSCs recorded from representative
771 neurons in control slices and 2.5 hours after OGD withdrawal. *Lower* – bar graph show average
772 frequency of SPSCs ($\pm\text{SE}$) in CA1 neurons in control (42.2 ± 4.0 , n=18, bar represents average data for
773 all control slices, as there were no differences between controls at different time points, p=0.86 , One-
774 Way ANOVA) and at indicated time points after OGD (24.2 ± 3.4 min^{-1} after 2 hours, n=11;
775 214.3 ± 62.6 min^{-1} at 2.5 hours, n=8; 97.6 ± 28.2 min^{-1} at 3 hours, n=7; and 23.3 ± 6.8 min^{-1} at 4 hours,
776 n=10). Note the abrupt increase in SPSCs frequency at 2.5 h after OGD (p<0.001, compared to other
777 time points or control, Two-Way ANOVA Bonferroni test). * - p<0.001 vs control.
778

779 **Figure 4. MCU inhibition or Zn²⁺ chelation after an OGD episode attenuates delayed neuronal
780 swelling and mitochondrial depolarization.**

781 **A** - Representative bright field images of CA1 neurons 4 hours after the short OGD episode in slices
782 treated with RR or TPEN. **B** – OGD induced neuronal swelling was attenuated by RR or TPEN. Bar
783 graph shows average diameter of CA1 neurons in control and 4 hours after OGD with or without

784 treatments (control 19.2 ± 0.5 μm , n=34 slices; OGD 32.4 ± 1.0 , n=8 slices, p<0.001 vs control;
785 OGD+RR 23.7 ± 1.1 , n=17 slices, p<0.001 vs OGD alone or control; OGD+TPEN 24.6 ± 1.2 , n=19
786 slices, p<0.001 vs OGD alone or control, One-Way ANOVA Bonferroni test). * - p<0.001 compared
787 to control, # - p<0.001 vs OGD. As we didn't find difference in cell diameter between control non-
788 treated and TPEN or RR treated slices (p=0.7, One-Way ANOVA), the control bar represents grouped
789 data. **C** - OGD evoked changes in $\Delta\Psi_m$ were attenuated by RR or TPEN. *Upper* - fluorescent images
790 of Rhod123 loaded slices recorded before (BL) and after FCCP application (2 μM) in control slices
791 and 4 hours after OGD episode. Left panel - slices, both control and subjected to OGD, were treated
792 with RR (10 μM) as described. Right panel shows slices treated with TPEN (20 μM). *Lower* - traces
793 below demonstrate FCCP evoked Rhod123 $\Delta F/F_0$ changes; black traces show changes in control
794 slices, blue traces – in slices subjected to OGD, 4 hours after OGD episode. Arrows indicate time
795 points at which fluorescent images were taken. **D** - Bar graphs show average Rhod123 $\Delta F/F_0$ increase
796 ($\pm\text{SE}$) after FCCP application (Upper, no treatment: control $79.5\pm6.3\%$, n=22, OGD $37.7\pm4.8\%$, n=9,
797 p<0.001. Middle, treated with RR: control+RR $74.3\pm8.1\%$, n=12; OGD+RR $61.8\pm4.8\%$, n=12, p=0.2.
798 Lower, TPEN: control+TPEN $74.2\pm6.3\%$, n=12; OGD+TPEN $65.8\pm6.7\%$, n=12, p=0.37, t-test), *
799 represents p<0.001 vs control. Both treatments provide considerably better preserved mitochondrial
800 potential compared to OGD alone (p<0.01 for both TPEN and RR. The significance of effect of
801 treatment on OGD-evoked loss of $\Delta\Psi_m$ was assessed with ANOVA linear contrast).

802

803 **Figure 5. MCU inhibition or Zn²⁺ chelation attenuates changes in synaptic activity after**
804 **sublethal OGD.**

805 **Left** - Treatment with either RR or TPEN shortly after OGD withdrawal reversed increase in SPSCs
806 frequency observed 2.5 hours after OGD (SPSCs frequency after OGD without treatment was
807 214.3 ± 62.6 min⁻¹, n=8 vs 42.2 ± 4.0 , n=18 in control, p<0.001; after OGD+RR - 36.5 ± 8.2 min⁻¹, n=7 vs
808 46.8 ± 6.6 , n=9 in control+RR, p=0.35; after OGD+TPEN - 43.9 ± 17.1 min⁻¹, n=7 vs 49.5 ± 11.6 , n=9 in
809 control+TPEN, p=0.78, t-test). * - p<0.001 compared to control. **Right** - Treatment with RR or TPEN
810 prevents silencing of SPSCs 4 hours after OGD (SPSC frequency after OGD was: 17.3 ± 3.6 min⁻¹, n=9
811 vs 42.2 ± 4.0 , n=18 in control, p<0.001; after OGD+RR - 51.6 ± 18.3 min⁻¹, n=6 vs 46.8 ± 6.6 , n=9 in

control+RR, p=0.78; after OGD+TPEN - $58 \pm 7.5 \text{ min}^{-1}$, n=8 vs 49.5 ± 11.6 , n=9 in control+TPEN, p=0.56, t-test). * - p<0.001 compared to control. Bar graphs represent average frequency of SPSCs ($\pm \text{SE}$). Notably both treatments largely eliminated the OGD-evoked increase in SPSC frequency at 2.5 hours (p<0.01 for RR and p<0.01 for TPEN compared to OGD without treatment) and the decrease in SPSC frequency at 4 hours after OGD (p<0.05 for both RR and TPEN, significance of differences were evaluated using ANOVA linear contrast).

818

Figure 6. Mitochondrial swelling after OGD in CA1 pyramidal neurons is attenuated by MCU blockade. Brain slices were subjected to sham wash in oxygenated medium (control) or to 8 min OGD either alone or with RR (10 μM , applied 3 min after OGD withdrawal for 15 min). 4 hours after OGD slices were fixed (with 4% PFA), and stained with TOM-20 antibody.

A - Appearance of mitochondria in CA1 neurons. Representative confocal images show TOM-20 labeled mitochondria. Bar – 10 μm . Enlarged images (*lower panel*) of regions indicated on upper panel show representative mitochondria at high magnifications. Note that OGD caused fragmentation and a “rounding up” of mitochondria, with decrease in length and increase in width; and that this change was attenuated by delayed treatment with RR. **B - Quantitative measurements.** *Left* - Bar graphs show average mitochondrial measurements (length and width; obtained using ImageJ software) of independently treated hippocampal slices after the indicated treatment. Each bar comprises mean from $n \geq 4$ slices for each condition (>100 mitochondria were measured per condition from 34 neurons in control, 48 neurons after OGD and 51 neuron in slices treated with OGD followed by RR). Length (in μm): control 2.1 ± 0.1 ; OGD 1.4 ± 0.01 ; OGD+RR 1.9 ± 0.01 . Width (in μm): control 0.7 ± 0.02 ; OGD 1.0 ± 0.03 ; OGD+RR 0.7 ± 0.01 . *Right* - Bar graphs represent mean Length/Width (L/W) ratios observed after each treatment (based on the same data; control 3.2 ± 0.2 ; OGD 1.5 ± 0.06 ; OGD+RR 2.7 ± 0.04). * indicates p<0.01 vs OGD alone, One-Way ANOVA.

836

Figure 7. MCU inhibition attenuates neuronal injury in CA1 pyramidal neurons induced by transient global ischemia. Rats were subjected to sham treatment, transient global ischemia induced by CA (8 min), or CA followed by intravenous treatment with RR (2.5 mg/kg). After 4 hours of

840 recovery, rats were euthanized, and brain tissue collected for histological examination. To assess
841 injury, slices were stained with toluidine blue (TB) or subjected to a modified acid fuchsin labeling
842 procedure (VAF). **A - Representative images of TB stained slices.** CA1 regions of hippocampal slices
843 were photographed under the light microscope (Bar - 50 μ m). While most neurons appear intact
844 (shown with yellow arrow) in sham slices, note the substantial numbers of TB stained neurons after
845 ischemia (red arrows). Further note that injury was largely attenuated in neurons from animals treated
846 with RR. **B - Representative images of VAF stained slices.** Note that majority of neurons appear
847 healthy (yellow arrows) in slices from sham treated animals, but after ischemia most neurons are
848 injured (red arrows) and have VAF labelling in cytoplasm. Note that injury was significantly reversed
849 in animals treated with RR. **C - Quantitative assessment: left - TB stain, right - VAF labeling.** All
850 neurons were blindly analyzed and rated as intact or injured, and the percentages of CA1 neurons
851 determined to be injured within each animal were calculated. Note that the number of injured cells
852 was far greater in the CA1 zone of animals subjected to ischemia than after sham treatment, and that
853 RR administration greatly diminished neuronal injury. Bars represent mean (\pm SE) from 3 independent
854 animals (with \geq 3 sections analyzed for each animal). Number of TB stained injured neurons: sham
855 treatment $27.9 \pm 2.8\%$; ischemia $95.4 \pm 2.9\%$; ischemia+RR $39.7 \pm 3.9\%$. Number of VAF stained injured
856 neurons: sham treatment $25.3 \pm 4.2\%$; ischemia $69.7 \pm 5.7\%$; ischemia+RR $28.7 \pm 6.2\%$. * indicates
857 $p < 0.01$ vs ischemia, One-Way ANOVA.
858

859 **Figure 8. MCU inhibition decreases mitochondrial structural damage and Zn²⁺ accumulation**
860 **evoked by ischemia/reperfusion.** Rats were subjected to sham treatment, ischemia induced by
861 cardiac arrest (CA) or to ischemia followed by intravenous injection of ruthenium red (RR, 2.5
862 mg/kg). Four hours later, rats were sacrificed, brains fixed with 4% PFA, and subjected to Timm's
863 staining. **A - Appearance of mitochondria from rats subjected to indicated treatment.** Representative
864 EM images show healthy mitochondria with normal morphology, intact intramitochondrial crista
865 structures and membranes in sham-treated animals while mitochondria from CA rats are swollen,
866 fragmented, have rounded morphology and disrupted membranes. Note clearly visible increased
867 numbers of healthy mitochondria with improved morphology and membrane structure in rats treated

868 with RR after CA. Also note that most of the damaged mitochondria show Zn²⁺ (visualized by
869 Timm's stain as electron dense spots).

870 **B, C - Quantitative measurements.** **B:** Bar graphs show average numbers (as percent of total
871 mitochondria ± SE) of injured mitochondria (sham 30.4±2.4%; ischemia 75.2±1.3%; ischemia+RR
872 31.7±0.8%). **C:** Bar graphs indicate percent of mitochondria that exhibited substantial amounts of
873 zinc staining (*Left*, number of injured mitochondria containing Zn²⁺, as percentage of injured
874 mitochondria: sham 98.2±0.4%; ischemia 95.5±1.7%; ischemia+RR 90.4±6.3%). Right, number of
875 healthy mitochondria with Zn²⁺, as percentage of healthy mitochondria: sham treatment 9.5±4.6%;
876 ischemia 32.3±12.3%; ischemia+RR 17.5±1%). Each bar comprises measurements from 3 animals
877 per treatment condition. Bars represent mean (±SE) from 3 independent animals (with >100
878 mitochondria counted per each condition) * indicates p<0.01 vs ischemia, One-Way ANOVA.
879

880 **Figure 9. Mitochondrial Zn²⁺ uptake through the MCU after ischemia is a target for**
881 **neuroprotection.** Sequence of events occurring during ischemia/reperfusion: **(1)** During early OGD
882 Zn²⁺ enters into the cell and is released from MT-III. Zn²⁺ accumulates in mitochondria which start to
883 depolarize; **(2)** Mitochondria abruptly depolarize releasing Zn²⁺ into cytosol; **(3)** with reperfusion
884 mitochondria repolarize and reuptake the Zn²⁺. This stage is targeted to prevent the Zn²⁺ uptake and
885 resulting injury. **(4)** Zn²⁺ stays in CA1 (but not CA3) mitochondria for prolonged period of time. Blue
886 trace reflects changes in cytoplasmic [Zn²⁺] measured with Zn²⁺ sensitive indicator FluoZin-3.
887 Representative images on the right show EM microphotograph of CA1 mitochondria and bright field
888 images of TB labeled CA1 neurons 4 hours after global ischemia (*upper*) and 4 hours after
889 ischemia+RR (*lower*) in rat.
890

A. Mouse hippocampal slice studies (*in vitro*)



B. Rat cardiac arrest studies (*in vivo*)

CA and CA+RR groups

















