

Research Articles | Cellular/Molecular

## Activational and organizational effects of sex hormones on hippocampal inhibitory neurons

<https://doi.org/10.1523/JNEUROSCI.1764-24.2025>

Received: 17 September 2024

Revised: 12 February 2025

Accepted: 16 February 2025

Copyright © 2025 the authors

---

*This Early Release article has been peer reviewed and accepted, but has not been through the composition and copyediting processes. The final version may differ slightly in style or formatting and will contain links to any extended data.*

**Alerts:** Sign up at [www.jneurosci.org/alerts](http://www.jneurosci.org/alerts) to receive customized email alerts when the fully formatted version of this article is published.

1 **Activational and organizational effects of sex hormones on hippocampal inhibitory**  
2 **neurons**

3  
4 Running title: Sex hormones and hippocampal inhibition

5 Alicia Hernández-Vivanco<sup>1</sup>, Rut de la Vega-Ruiz<sup>1</sup>, Alberto Montes-Mellado<sup>1</sup>, Íñigo Azcoitia<sup>2</sup>,  
6 Pablo Méndez<sup>1</sup>

7 **Affiliations**

8 1. Instituto Cajal (CSIC)  
9 Av Dr. Arce 37  
10 28002  
11 Madrid, Spain

12  
13 2. Department of Cell Biology, Universidad Complutense de Madrid  
14 C José Antonio Nováis 12  
15 28040  
16 Madrid, Spain

17  
18 **Author contributions**

19 PM conceptualized and designed the project, AH-V, AM-M, RV-R and IA performed and  
20 analyzed data. PM wrote the manuscript with the help for edition and discussion from all  
21 authors.

22 **Corresponding author**

23 Pablo Méndez  
24 Cajal Institute (CSIC)  
25 Av Dr. Arce 37  
26 28002  
27 Madrid, Spain  
28 [pmendez@cajal.csic.es](mailto:pmendez@cajal.csic.es)

29  
30 Number of figures: 5

31 Number of tables: 1

32 Abstract: 173 words

33 Introduction: 623 words

34 Discussion: 1398 words

35  
36 **Conflict of Interest**

37 Authors report no conflict of interest

38

39 **Acknowledgments**

40 This work was supported by grants PID2020-112428GB-I00 and PID2023-  
41 147398NB-I00 by MICIU/ AEI/10.13039/501100011033 to PM. AM-M is supported  
42 by a JAEIntro scholarship funded by CSIC. RV-R is supported by the Ph.D.  
43 fellowship PRE2021-099806 funded by MICIU/AEI/10.13039/501100011033 by “ESF  
44 Investing in your future”. We thank Beatriz Rico (King’s College, London, UK) for  
45 providing the plasmids used to generate the aromatase gene knockdown.

JNeurosci Accepted Manuscript

46 **Abstract**

47 Peripheral and brain-produced sex hormones exert sex-specific regulation of hippocampal  
48 cognitive function. Estrogens produced by neuronal aromatase regulate inhibitory neurons (INs)  
49 and hippocampal-dependent memory in adult female mice, but not in males. How and when this  
50 sex effect is established and how peripheral and brain sources of estrogens interact in the control  
51 of hippocampal INs is currently unknown. Using ex-vivo electrophysiology, fiber photometry,  
52 molecular analysis, estrous cycle monitoring and neonatal hormonal manipulations, we unveil  
53 estrous cycle dependent and independent features of CA1 Parvalbumin (PV) INs and hippocampal  
54 inhibition in adult female mice. Before puberty, aromatase is expressed in PV INs and regulates  
55 synaptic inhibition in female but not in male mice. Neonatal testosterone administration altered  
56 prepubertal female mouse hippocampus-dependent memory, PV IN function and estrogenic  
57 regulation of adult female synaptic inhibition and PV IN perineuronal nets. Our results suggest that  
58 sex differences in brain-derived estrogen regulation of CA1 inhibition are established by  
59 organizational effects of neonatal gonadal hormones and highlight the role of INs as mediators of  
60 the sexual differentiation of the hippocampus.

61

62 **Significance statement**

63

64 The actions of sex hormones on the hippocampus, a brain region involved in memory, differ between  
65 males and females but how and when these differences are established is not known. Our work  
66 identifies a population of hippocampal inhibitory neurons (INs) that are sensitive to hormonal  
67 fluctuations associated with the female estrous cycle. INs may produce estrogen, the main female  
68 sex hormone, before the onset of adult gonadal production (puberty). Brain-produced estrogen  
69 regulates female, but not male, juvenile INs, an effect that is abolished by a neonatal surge of  
70 testosterone that typically occurs in males around birth. Thus, early in life, sex hormones impact IN  
71 function suggesting a role for this neuronal population in the sexual differentiation of the  
72 hippocampus.

## 73 **Introduction**

74 In the adult brain, sex hormones regulate neuronal function and influence cognition through sex-  
75 specific actions in the hippocampus (Fleischer and Frick, 2023), a brain structure involved in  
76 learning, memory and spatial navigation. Sex-specific hormonal effects support basic neuronal  
77 mechanisms underlying cognitive function (Azcoitia et al., 2022; Yagi and Galea, 2019) and have  
78 been linked to the sex bias in the prevalence of neurodevelopment disorders, such as Autism  
79 Spectrum Disorders and Intellectual Disability (Bölte et al., 2023). Moreover, changes in sex  
80 hormone levels and reproductive function interact with aging in promoting cognitive deficits (Crestol  
81 et al., 2023; Lopez-Lee et al., 2024; Zárata et al., 2017). Despite the relevance to understand  
82 cognition in the healthy, aging or diseased brain, how and when sex effects are implemented in the  
83 hippocampus is not fully understood.

84

85 Estrogens regulate the function of hippocampal Gamma-Amino Butyric Acid (GABA)-releasing  
86 inhibitory neurons (INs) (Huang and Woolley, 2012; Murphy et al., 1998). INs dictate the temporal  
87 coordination of excitatory neuronal activity underlying hippocampal cognitive functions (Klausberger  
88 and Somogyi, 2008). Estrogens reduce inhibitory neurotransmission onto CA1 excitatory pyramidal  
89 neurons (Huang and Woolley, 2012; Tabatadze et al., 2015), a process in which local production by  
90 neuronal aromatase is critically involved. A particular subtype of INs, CA1 parvalbumin (PV)-  
91 expressing INs are targets of sex hormones during development (Wu et al., 2014),  
92 neurodegeneration (Corvino et al., 2015) and in the adult brain (Clemens et al., 2019). Moreover,  
93 neuron-derived estrogens (neuroestrogens) reduce the coverage of hippocampal CA1 PV INs by  
94 perineuronal nets (PNNs), i.e., extracellular proteoglycan structures that enwrap PV INs and regulate  
95 excitability and plasticity of this IN type (Hernández-Vivanco et al., 2022). Importantly, akin to  
96 previous results on excitatory synaptic function (Kretz et al., 2004; Wang et al., 2018), neuroestrogen  
97 regulation of synaptic inhibition and PV-IN PNNs is only detected in female mice and not in males  
98 (Hernández-Vivanco et al., 2022; Huang and Woolley, 2012). The mechanisms that give rise to sex  
99 differences in the regulation of hippocampal PV INs by neuroestrogens are currently unknown.

100

101 Sex differences in mammalian brain arise from the different sex chromosome complement (XX and  
102 XY) of male and female neurons and from the action of local and peripheral produced sex hormones  
103 (McCarthy et al., 2012). The organizational - activational theory of brain sexual differentiation  
104 (Arnold, 2009) posits that hormonal production by late embryonic and neonatal testis trigger sex-  
105 specific genetic programs (Gegenhuber and Tollkuhn, 2020) with enduring consequences in  
106 connectivity and physiology of neuronal networks (organizational effects). In addition, activational  
107 effects of sex hormones released by the gonads after puberty exert transient and reversible actions  
108 in a sex specific manner (Arnold, 2009). Using genetically modified mice to break the link between  
109 gonadal and genetic sex, we have previously shown that neuroestrogens reduce CA1 synaptic  
110 inhibition and PV IN PNNs coverage in gonadal female mice with XX or XY sex chromosome  
111 complement (Hernández-Vivanco et al., 2022). These results suggest that female-specific  
112 neuroestrogens actions on hippocampal inhibition and PV IN PNNs are independent of the genetic  
113 sex of the brain and raise the alternative possibility that sex effects are determined by adult  
114 (activational) or neonatal (organizational) actions of gonadal hormones.

115

116 Here we investigated the origin of sex differences in estrogenic regulation of CA1 synaptic inhibition  
117 and hippocampal PV INs using ex-vivo electrophysiology, fiber photometry, molecular analysis, and  
118 estrous cycling monitoring. We first tested whether estrous cycle-related activational effects of  
119 ovarian hormones regulate CA1 synaptic inhibition, PV IN activity, PNNs and aromatase expression.  
120 We then determined whether neuroestrogen regulates CA1 synaptic inhibition before functional  
121 maturation of the gonads and used neonatal hormonal manipulations to test organizational effects  
122 on CA1 synaptic inhibition. Our results show estrous cycle dependent and independent features of  
123 CA1 PV INs and unveil organizational effects of neonatal gonadal hormones on hippocampal  
124 inhibition.

## 125 **Methods**

126 **Animals.** All experiments were performed according to protocols approved by the Institutional  
127 Animal Care and Use Committee of the Cajal Institute and by local veterinary authorities (Comunidad  
128 de Madrid). Group housed CD1 male and female mice were used for all experiments except for fiber  
129 photometry recordings, which were performed on C57BL/6J PV-Cre mice (*Pvalb<sup>tm1(cre)Arbr/J</sup>*). Mice  
130 were maintained in a 12 h light/dark cycle, 20–22 °C, 45–65% humidity and with unlimited access to  
131 food and water. All animals were obtained from the animal facility of the Cajal Institute. Age and sex  
132 of the animals is described for each experiment in the corresponding figure and legend.

133 **Estrous cycle monitoring.** Estrous cycle was monitored by vaginal cytologies performed between  
134 7 and 10 am. A vaginal lavage with 75 µl saline solution was collected using a P200 pipette with a  
135 rounded tip. The lavage was repeated several times to ensure efficient cell sampling and placed on  
136 a gelatin-coated microscope slide. After drying, the sample was stained with cresyl violet (0.1 %) and imaged in an optical microscope using 10x and 40x objectives. The estrous cycle stage was  
137 determined according to the relative presence of epithelial cells (nucleated and cornified) and  
138 leukocytes. Only female mice showing cellular profiles corresponding to diestrus or proestrus (Fig.  
139 1A) were processed for further analysis.

141 **Reagents and hormonal treatments.** Letrozole (Tocris) was dissolved in DMSO to 12.5 mg/ml,  
142 further dissolved in saline solution to 62.5 µg/ml and administered at a dose of 0.5 mg/kg in  
143 intraperitoneal (i.p.) injections of 8 ml/kg. Testosterone propionate (Sigma) was dissolved in sesame  
144 oil by overnight magnetic stirring at a concentration of 2 mg/ml. Female pups received interscapular  
145 subcutaneous injections (50 µl) using a 25 gauge needle.

146 **Slice electrophysiology.** To prepare acute slices for electrophysiological recordings, brains were  
147 quickly removed and coronal slices (300 µm) containing the dorsal hippocampus were obtained with  
148 a vibratome (4°C) in a solution containing: 234 mM sucrose, 11 mM glucose, 26 mM NaHCO<sub>3</sub>, 2.5  
149 mM KCl, 1.25 mM NaH<sub>2</sub>PO<sub>4</sub>, 10 mM MgSO<sub>4</sub>, and mM 0.5 CaCl<sub>2</sub> (equilibrated with 95% O<sub>2</sub>–5%  
150 CO<sub>2</sub>). Recordings were obtained at 30–32°C from CA1 stratum pyramidale neurons visually  
151 identified using infrared video microscopy in oxygenated artificial cerebrospinal fluid containing 126

152 mM NaCl, 26 mM NaHCO<sub>3</sub>, 2.5 mM KCl, 1.25 mM NaH<sub>2</sub>PO<sub>4</sub>, 2 mM MgSO<sub>4</sub>, 2 mM CaCl<sub>2</sub> and 10 mM  
153 glucose (pH 7.4). Patch-clamp electrodes contained intracellular solution composed of: 127 mM  
154 Cesium methanesulfonate, 2 mM CsCl, 10 mM HEPES, 5 mM EGTA, 4 mM MgATP, and 4 mM QX-  
155 314 bromide, pH 7.3 adjusted with CsOH (290 mOsm). GABA A receptor-mediated inhibitory  
156 spontaneous currents (sIPSCs) were registered by clamping neurons at 0 mV. Signals were  
157 amplified using a Multiclamp 700B patch-clamp amplifier and digitized using a Digidata 1550B (Axon  
158 Instruments, USA), sampled at 20 kHz, filtered at 10 kHz, and stored on a PC using Clampex 10.7  
159 (Axon Instrument). Series resistance was monitored by a voltage pulse in every recorded cell and  
160 compared between experimental groups to discard effects due to recording conditions. IPSC were  
161 analyzed using pClamp (Axon Instruments) and a custom written software (Detector, courtesy J. R.  
162 Huguenard, Stanford University), as previously described (Manseau et al., 2010). Briefly, individual  
163 events were detected with a threshold-triggered process from a differentiated copy of the real trace.  
164 For each cell, the detection criteria (threshold and duration of trigger for detection) were adjusted to  
165 ignore slow membrane fluctuations and electric noise while allowing maximal discrimination of  
166 sIPSCs. Detection frames were regularly inspected visually to ensure that the detector was working  
167 properly. For each experimental group, recordings were performed in slices from 3-4 mice. We  
168 recorded 5-7 neurons from different slices per mice. The number of neurons, indicated in the  
169 corresponding figure legends, was used as *n* for statistical analysis.

170 **Fiber photometry recordings.** Adult female PV-Cre mice were stereotaxically injected with adeno-  
171 associated viruses (pAAV.Syn.Flex.GCaMP6m.WPRE.SV40, serotype 1, Addgene) in the right  
172 hippocampus CA1 region ( coordinates: -2.1 anterior-posterior; 1.45 medial-lateral; -1.4 dorsal-  
173 ventral) . Custom-made optical fiber implants (0.39 Numerical Aperture, 400 μm core diameter, Thor  
174 Labs) were positioned above dorsal CA1 (coordinates: -2.1 anterior-posterior; 1.45 medial-lateral;  
175 -1.3 dorsal-ventral) and firmly attached to the skull, as described previously (Hernández-Vivanco et  
176 al., 2022). Fiber position and AAV infection was verified histologically at the end of the experiment.  
177 Mice were habituated to the recording arena for 10 min (35 x 24 cm plastic enclosure in a soundproof  
178 container with constant illumination, 75 lux) for 5 days before recordings. On the recording days (3-



179 4 weeks after surgery), mice were connected to a Tucker-Davis Technologies fiber photometry  
180 system and placed for 10 min in the enclosure. Mouse behavior was video-recorded and position  
181 tracked using DeepLabCut (Nath et al., 2019). Behavior-Depot software (Gabriel et al., 2022) was  
182 used to calculate instantaneous speed. Fiber photometry signals were processed using custom-  
183 made code with MATLAB (MathWorks) that can be found [here](#). Signals were downsampled to 15Hz  
184 in accordance to frequency sampling of video-recordings. After detrending and subtracting isosbestic  
185 signal ( $dF/F$ ), robust z-score was calculated based on the median and the median absolute deviation  
186 for the complete recording. Alignment of the signals of interest for locomotion events, namely calcium  
187 dependent fluorescence and velocity, were performed using a custom-made MATLAB script that can  
188 be found [here](#). Threshold was set at 1cm/s to identify locomotion events. Finally, the speed  
189 modulation index (Fig. 1C) was calculated in each recording using a logarithmic fit of the curves  
190 defined as the mean of  $\Delta F/F$  z-score values as a function of binned speed. Recordings were  
191 performed in 5 female mice and the number of recordings (9 in proestrus and 13 in diestrus) was  
192 used as n for statistical analysis.

193 **Contextual Fear Conditioning.** Behavioral tests were performed during the light phase (7am -  
194 7pm) before weaning. Mice were habituated and handled by the experimenter (5 min / day, 3 days  
195 before training). During the training session on post-natal day 20, mice were allowed to freely explore  
196 the contextual fear conditioning cage (25x25 cm methacrylate cage with a metallic grid floor and  
197 scented with a 0.5 % ammonia) for 3 min. On min 4, three mild electric shocks (0.5 mA) lasting 2  
198 seconds each were delivered through the metallic grid floor with 30 s inter-shocks intervals. After 1  
199 additional min, mice were placed back into their home cages. Recall session was performed 1 day  
200 after training in the conditioning cage (no shocks, 5 min duration). During training and recall, mice  
201 behaviour was continuously recorded with a digital camera. Mice position, immobility and freezing  
202 were automatically determined with Any-maze software (Stoelting). Active fear responses (jumps  
203 and climbs) were visually determined by an experimenter blind to the condition tested.

204 **Tissue processing and immunohistochemistry.** Mice were injected with a lethal dose of  
205 pentobarbital (150mg/kg) and perfused transcardiacally with cold Phosphate-buffered Saline (PBS)

206 and 4% paraformaldehyde solution. Brains were extracted and submerged in fixative for 4 hours at  
207 4° C. Coronal 40 µm thick vibratome sections containing dorsal hippocampus were blocked in PBS  
208 0.3% BSA , 5% Normal Goat Serum (NGS) and 0.3 %Triton X-100 followed by overnight incubation  
209 in PBS, 5% Normal Goat Serum and 0.3 %Triton X-100 with primary antibody: parvalbumin (PV,  
210 guinea pig polyclonal, code GP42, Swant, 1:2000), cFos (rabbit polyclonal, code 226008, Synaptic  
211 Systems, 1:4000) and aromatase (in-house production, 1:1000). The aromatase antibody used in  
212 this study, raised against a 15-amino acid peptide corresponding to residues 488–502 of mouse  
213 aromatase (VEIIFSPRNSDKYLQ), has been previously described used and validated (antibody B in  
214 (Yague et al., 2006)). As an additional specificity control for the use of this aromatase antibody in  
215 mouse hippocampal tissue, we used AAV-mediated expression of shRNAs to generate a genetic  
216 knock of aromatase gene in mice (Fig. 1). We constructed the plasmid pDIO-DSE-mCherry-shArom  
217 by cloning a shRNA against the *Cyp19a1* gene (sequence GGATTGGAAGTGCCTGCAACT) in the  
218 pDIO-DSE-mCherry-PSE-MCS plasmid (Addgene plasmid number 129669). As a control vector, we  
219 used pDIO-DSE-mCherry-PSE-shLacZ (Favuzzi et al., 2017). After AAV packaging (serotype 9),  
220 both constructs were stereotaxically delivered in the CA1 region of adult female mice (10 weeks).  
221 Biotinylated Wisteria Floribunda (WFA) Lectin (Vector Laboratories, 1:500) was incubated in the  
222 same conditions as primary antibodies. After 3x15 minutes wash in PBS + 0.3 % Triton X-100 (PBST)  
223 at room temperature, slices were incubated with 1:500 Alexa-conjugated secondary antibodies and  
224 Steptavidin (Alexa-Fluor 488, 555, Abcam) to reveal primary antibodies and biotinylated WFA,  
225 respectively. After 3 more step of washing in PBST, slices were mounted and covered on microscope  
226 slides using 4',6-diamino-2-phenylindole (DAPI) containing mounting medium (glycerol 24% w/v,  
227 Mowiol 4-88 9.6% w/v in Tris HCl 0.2 M, pH 8.5).

228 **Image analysis.** Images were obtained with a Leica SP5 confocal microscope (LEICA LAS AF  
229 software) using 20x or 40x objectives and 405, 488, 561 nm laser excitation wavelengths. 1024x1024  
230 images with a resolution of 1.3-2.6 pixel/µm, at 2-4 µm step size were collected. Analysis was  
231 performed in individual planes of acquired z-stack images. Manually depicted Regions of Interest  
232 (ROIs) delimiting CA1 PV neurons were used to determine fluorescence intensity in other channels

233 (aromatase). For quantification of WFA staining, a lineal ROI surrounding PV neuron (3,8  $\mu\text{m}$  width)  
234 was used. Mean pixel intensity in closed and lineal ROIs was determined in equally thresholded  
235 images. Cumulative distributions of aromatase and WFA staining intensities were obtained from PV  
236 INs analyzed in at least 5-7 brain slices from individual mice (average 67 PV INs per mouse). The  
237 number of PV INs analyzed in each experimental condition is indicated in the figure legends.  
238 Distributions for each individual mouse were then averaged to obtain values used for plots and to  
239 perform statistical analysis using the number of animals as n. For c-Fos and aromatase  
240 quantification, background fluorescence was measured from manually selected location in acellular  
241 regions of the *Stratum Oriens* or *Stratum Lacunosum-Moleculare*, respectively. In order to determine  
242 the number of c-Fos+ PV INs, the background corresponding to c-Fos images was multiplied by 1.5,  
243 1.75 and 2.0 times (dynamic threshold) and subtracted from the corresponding c-Fos value in each  
244 individual PV IN. The density of aromatase + dendrites was calculated using a similar procedure, but  
245 multiplying the background by 3, 4 or 5 times. The fraction of cells or dendrites above the dynamic  
246 threshold was determined in each individual mouse.

247 **Statistical analysis.** All values are given in mean  $\pm$ SEM, except when noted. Standard t tests were  
248 performed to compare Gaussian distributions while Mann-Whitney tests were used for non-gaussian  
249 distributions. Where appropriate, statistical tests were always two-tailed. One- or two-way ANOVA  
250 followed by Bonferroni's post hoc test were used when noted. For all tests, we adopted an alpha  
251 level of 0.05 to assess statistical significance. Tests, statistics and the exact *p* value are provided in  
252 the figure legends for all the statistical tests. Statistical analysis was performed using Prism  
253 (Graphpad software).

254 **Results**

255 *Estrous cycle regulation of CA1 synaptic inhibition and PV INs.*

256 In order to investigate the effects of ovarian hormones on synaptic inhibition and INs in the adult  
257 hippocampus, we used slice electrophysiology to determine spontaneous Inhibitory Post-Synaptic  
258 Currents (sIPSCs) in CA1 excitatory pyramidal neurons, fiber photometry to record PV IN activity in  
259 vivo and histological analysis to measure perineuronal net (PNN) coverage of PV INs in the CA1  
260 area in female mice in different stages of the estrous cycle. We chose those parameters because  
261 sIPSCs frequency, PV IN activity and PNN coverage are increased by pharmacological reduction of  
262 neuroestrogen synthesis with aromatase inhibitors in female hippocampus (Hernández-Vivanco et  
263 al., 2022). Additionally, we determined the influence of the estrous cycle on the expression of  
264 aromatase in CA1 PV INs. At 10-12 weeks of age, adult female mice were assigned to diestrus and  
265 proestrus groups by performing vaginal cytologies (Fig. 1A).

266  
267 We recorded sIPSCs on visually identified CA1 pyramidal neurons with intact network activity in  
268 acutely prepared brain slices from female mice processed in proestrus or diestrus. Those stages  
269 were selected because female mice show peak estrogens (proestrus) and progesterone (diestrus)  
270 concentrations in both plasma and hippocampus (Kato et al., 2013). In contrast to the previously  
271 observed regulation by neuroestrogen (Hernández-Vivanco et al., 2022), the frequency and  
272 amplitude of sIPSCs did not show apparent differences between proestrus and diestrus (Fig. 1B).

273  
274 We then used fiber photometry to record the activity of dorsal CA1 PV INs expressing the calcium  
275 sensor GCaMP6m in freely-moving adult female mice exploring a familiar enclosure. We  
276 simultaneously tracked mouse speed in the enclosure and recorded calcium dependent GCaMP6m  
277 fluorescence (Fig. 1C, upper panels). We used the latter as a surrogate of PV IN population activity.  
278 In agreement with previous reports (Arriaga and Han, 2019; Dudok et al., 2021; Hainmueller et al.,  
279 2024), we observed a strong coupling between PV IN activity and mouse locomotion. Locomotion-  
280 associated changes in PV IN activity were evident in recordings obtained during both diestrus and

281 proestrus stages (Fig. 1C, middle panels). By plotting the relationship between z-scored GCaMP6  
282 fluorescence intensity and mouse speed (Fig. 1C, lower panels), we observed no differences in  
283 locomotion-regulated PV IN activity between proestrus and diestrus.

284

285 Lastly, we used histological sections from diestrus or proestrus female mice to determine PNN  
286 coverage of CA1 PV INs (Wisteria floribunda agglutinin staining, see Methods) and aromatase  
287 expression in PV INs with specific antibodies. WFA intensity around PV INs in proestrus was higher  
288 compared with diestrus (Fig. 1D, E). In contrast, diestrus and proestrus female mice showed similar  
289 levels of aromatase expression in PV INs (Fig. 1F). Neuronal expression of shRNAs against  
290 aromatase in hippocampal neurons reduced the immunostaining of the aromatase antibody in the  
291 CA1 region (Fig. 1G, right panel), sparing the staining non-targeted areas of the brain (Cortex, Fig.  
292 1G). This effect was not observed in animals with control AAV vectors, expressing a shRNA control  
293 sequence against a bacterial gene (Fig. 1G, left panel). The experiment was repeated in 3 different  
294 mice per experimental group with similar results (Fig. 1H), supporting the specificity of the aromatase  
295 antibody used in this study.

296

297 These results show that PV IN PNN coverage fluctuates across the estrous cycle, increasing during  
298 proestrus. Estrous cycle does not apparently modify synaptic inhibition in CA1 pyramidal neurons,  
299 PV IN activity or aromatase expression in female mouse PV INs. These data unveil estrous cycle-  
300 dependent and independent features of CA1 PV INs and hippocampal inhibition. Together with the  
301 previously observed limiting effects of neuroestrogen on synaptic inhibition and PNN coverage of PV  
302 INs (Hernández-Vivanco et al., 2022), these results suggest that ovarian hormones and  
303 neuroestrogen exert different and independent activational effects on CA1 synaptic inhibition and  
304 PV INs.

305

306

307 *Aromatase expression and neuroestrogen production in PV INs before puberty.*

308 The previous results suggest that neuroestrogen affects hippocampal INs independently of the  
309 function of the adult ovaries. To further test this idea, we investigated neuroestrogen production by  
310 hippocampal PV INs before puberty, i.e., before the start of adult gonadal hormone production in  
311 male and female mice. We used immunohistochemistry to detect aromatase protein in CA1 PV INs  
312 at postnatal day (PND) 21, before puberty onset in mouse (Fig. 1A). We additionally used a single  
313 cell transcriptomic database from genetically and morphologically identified CA1 PV INs (Que et al.,  
314 2021) to determine the expression of the mRNA from the aromatase coding gene *Cyp19a1* in this  
315 IN subtype in mice of both sexes at different ages.

316

317 Aromatase protein expression was observed in CA1 region of PND21 male and female mice (Fig.  
318 2B). Aromatase immunoreactive cells were found in different layers, mainly in the pyramidal and  
319 oriens strata (Fig. 2B). Simultaneous localization of aromatase and PV in CA1 area of male and  
320 female mice showed aromatase expression in this IN type in both sexes (Fig. 2B). Aromatase  
321 expression levels in CA1 PV INs of PND 21 male and female mice did not show significant  
322 differences (Fig. 2C). WFA staining indicated that aromatase-expressing PV INs were surrounded  
323 by PNNs in male and female CA1 region at PND 21 (Fig. 2C).

324

325 In order to investigate the expression of aromatase mRNA, we analyzed a single cell transcriptomic  
326 data base from morphologically identified PV basket cells in the CA1 region of mice of both sexes at  
327 different ages (Que et al., 2021). The mRNA of the *Pvalb* gene, which codes for the protein PV, was  
328 present in all PV INs, both from mice between PND10-20 ( $n = 19$ ) and in older mice (PND22-77,  $n$   
329 = 41, Fig. 2E). The mRNA from the *Cyp19a1* gene coding for aromatase was detected in 47 % (9  
330 out of 19) of juvenile (PND10-20) PV INs and in 32 % (13 out of 41) of PV INs in older mice  
331 (PND22-77, Fig. 2E).

332

333 These results show that aromatase mRNA and protein are expressed in PV INs before the start of  
334 sex hormone production by adult gonads in male and female mice and suggest prepubertal synthesis  
335 of neuroestrogen by hippocampal PV INs covered with PNNs.

336

337

338 *Estrogen regulation of CA1 synaptic inhibition before puberty.*

339 The presence of aromatase in PV INs at PND 21 suggest a functional impact of neuroestrogen on  
340 synaptic inhibition onto CA1 excitatory pyramidal neurons in prepubertal mouse. To test this idea,  
341 we treated male and female mice with aromatase blocker Letrozole between PND21 and PND25  
342 (0.5 mg/kg, one daily intraperitoneal injection during 5 days, Arom Block, Fig. 3A). Letrozole crosses  
343 the blood-brain barrier (Zhou et al., 2010) and has been previously shown to increase synaptic  
344 inhibition in adult female mouse hippocampus (Hernández-Vivanco et al., 2022). On PND25, at the  
345 end of the treatment period, we performed patch-clamp recordings of sIPSCs from CA1 pyramidal  
346 neurons in acutely-prepared brain slices.

347

348 In female mouse, aromatase blockade increased sIPSCs frequency in CA1 pyramidal neurons  
349 compared with vehicle treated mice (Fig. 3B,C). We observed no significant change in the amplitude  
350 of sIPSC in females (Fig. 3B,C). In contrast, in male mice, aromatase blockade did not produce  
351 apparent changes in sIPSC frequency and amplitude compared with vehicle treated male mice (Fig.  
352 3B, C).

353

354 These results show that aromatase inhibition before puberty increases synaptic inhibition onto CA1  
355 excitatory pyramidal neurons in female mice, but not in male mice.

356

357

358 *Neonatal testosterone impact on neuroestrogen regulation of CA1 synaptic inhibition and*  
359 *PV IN PNNs.*

360 The observed female-specific effects of neuroestrogen synthesis blockade on sIPSCs recorded in  
361 prepubertal mice suggest that sex-specific neuroestrogen regulation of synaptic inhibition originates  
362 from early-life organizational effects of neonatal hormones. To test this idea, we treated neonatal  
363 female mice pups with testosterone propionate (100 µg in 50 µl of sesame oil, one daily injection on  
364 PND 1, 8 and 15) to mimic the male-specific perinatal testosterone surge. This treatment has been  
365 previously shown to masculinize behavior dependent on aromatase expressing neurons in different  
366 regions of the female brain (Wu et al., 2009). Ten weeks after testosterone or vehicle neonatal  
367 treatment, we tested neuroestrogen regulation of synaptic inhibition and PV IN PNNs by treating  
368 adult mice at 12 weeks of age with the aromatase specific inhibitor letrozole (0.5 mg/kg, one daily  
369 intraperitoneal injection during 5 days, Arom Block, Fig. 4A). We determined sIPSCs in CA1  
370 pyramidal neurons and PV IN PNN coverage using electrophysiological recordings and  
371 immunohistochemistry, respectively.

372  
373 In line with previous results in adult mice (Hernández-Vivanco et al., 2022) and prepubertal mice  
374 (Fig. 3C), aromatase blockade increased sIPSC frequency in neonatal vehicle treated female mice.  
375 While neonatal testosterone treatment did not produce significant sIPSCs frequency changes when  
376 compared with vehicle treated mice, it completely prevented the effect of aromatase blocker letrozole  
377 on sIPSC frequency (Fig. 4B,C). We observed no significant differences in the amplitude of sIPSCs  
378 between the experimental groups (Fig. 4B,C).

379  
380 Cumulative frequency distribution analysis of WFA staining intensities showed that aromatase  
381 blockade increases the intensity of WFA staining surrounding CA1 PV INs in neonatal vehicle treated  
382 mice (Fig. 4D,E, left panel). In contrast, aromatase inhibition reduced WFA staining in PV INs of  
383 neonatal testosterone-treated mice (Fig. 4 D,E, right panel).

384



385 These results show that neonatal testosterone treatment in female mice prevents neuroestrogen  
386 effects on synaptic inhibition in CA1 pyramidal neurons and disrupts the regulation of CA1 PV IN  
387 PNNs. These results strongly suggest organizational effects of neonatal hormones in neuroestrogen  
388 regulation of CA1 synaptic inhibition and CA1 PV INs.

389

390

### 391 *Neonatal testosterone effects on prepubertal PV INs and hippocampal function*

392 We next investigated whether neonatal gonadal hormones impact hippocampal function and PV  
393 INs before puberty. We studied the effect of neonatal testosterone treatment on behavior of PND21  
394 female mice during the training and recall in contextual fear conditioning (CFC), a hippocampal-  
395 dependent associative memory task. We additionally determined the expression of the neuronal  
396 activity marker c-Fos and PNN coverage of PV INs by immunohistochemical analysis of mice  
397 processed 90 min after fear memory recall (Fig. 5A).

398

399 During CFC training, mice freely explore the conditioning cage during 3 min before the delivery of  
400 electric shocks. Tracking mice speed and position during exploration revealed that, although  
401 vehicle and testosterone treated female mice explore the cage at similar speed (Veh,  $2.52 \pm 0.36$   
402 cm/s, testosterone  $2.57 \pm 0.49$  cm/s, Mean  $\pm$  SEM Two-tailed Mann Whitney test,  $U = 24$ ,  $p > 0.99$ .  
403  $n = 7$  mice per group), female mice treated with testosterone spent significantly more time  
404 occupying the central area of the cage (Fig. 5B). Locomotory reaction to shocks did not differ  
405 between groups, suggesting no major differences in sensing the aversive stimulus (Veh, 16.0 cm/s,  
406 testosterone 17.4 cm/s, Two-tailed Mann Whitney test,  $U = 19$ ,  $p > 0.54$ .  $n = 7$  mice per group).

407

408 During fear memory recall, 24 h after training, we evaluated passive (freezing, immobility) and  
409 active (jumps and climbs) fear responses during the 5 min re-exposure to the conditioning context  
410 (no shocks). The total time spent in freezing behavior and immobility did not differ between groups  
411 (Freezing: Veh,  $2.3 \pm 1.3$  s/min, testosterone  $8.1 \pm 6.7$  s/min, Two-tailed Mann Whitney test,  $U =$   
412  $22$ ,  $p = 0.80$ . Immobility: Veh,  $44.5 \pm 1.3$  s/min, testosterone  $42.8 \pm 2.5$  s/min, Two-tailed Mann  
413 Whitney test,  $U = 19$ ,  $p = 0.54$ ,  $n = 7$  mice per group). In contrast, the proportion of mice displaying  
414 active responses and number of climbs or jumps per animal were increased in the testosterone  
415 treated female mice group (Fig. 5B).

416

417 We used simultaneous PV and neuronal activity marker c-Fos immunohistochemistry of female  
418 mice processed after the recall session in combination with a multi-threshold analysis (see  
419 Methods) to assess PV IN activity during the recall session. This analysis revealed a higher fraction  
420 of c-Fos-expressing CA1 PV INs in testosterone treated female mice compared with vehicle  
421 treated female mice after fear memory recall (Fig. 5C). Although we observed similar density of  
422 CA1 PV+ and WFA+ INs in vehicle and testosterone treated female mice, testosterone treatment  
423 increased the intensity of WFA staining in PV INs expressing low but not middle levels of PV and

424 showed a strong tendency to increase WFA staining intensity in cell expressing high levels of PV  
425 (Fig 5D).

426

427 These results suggest that neonatal testosterone treatment impacts hippocampal-dependent  
428 memory, increases the activity of PV INs during memory recall, and alters PV IN PNN coverage.  
429 Testosterone may in this way impact PV INs function and PNNs during the juvenile period and  
430 participate in the maturation and sexual differentiation of hippocampal networks.

431

432

## 433 **Discussion**

434 Excitatory neurons are targets for activational actions of sex hormones in the female hippocampus  
435 (Taxier et al., 2020). Our results show estrous cycle related changes, as well as estrous cycle  
436 independent aspects of CA1 inhibition and PV IN activity. In particular, females in proestrus, a stage  
437 of the estrous cycle associated with a rise in circulating estradiol concentration, show increased PNN  
438 neuronal coverage in the dorsal CA1 hippocampus. In contrast, synaptic inhibition onto CA1  
439 excitatory neurons, the main output target of PV INs, and locomotion related PV IN activity remain  
440 unaltered. In CA1, PNNs mostly surround a prominent type of PV INs, PV-expressing basket cells  
441 (Yamada and Jinno, 2015). Since PNNs regulate physiology and plasticity of PV INs (Fawcett et al.,  
442 2019), our results suggest that cyclic ovarian production of sex hormones may affect dorsal  
443 hippocampal function through the regulation of this PNNs in PV-expressing basket cells. PNNs have  
444 multifaceted roles in the regulation of synaptic, cellular and oxidative stress related-process in  
445 neurons (Fawcett et al., 2019). Moreover, PNNs are involved in brain responses to stress and  
446 anxiety, both in early-life periods and in adulthood (Laham and Gould, 2021). The well documented  
447 involvement of hippocampal PV IN PNNs in learning and memory processes (Favuzzi et al., 2017;  
448 Ramsaran et al., 2023) suggest that PNN modulation across the estrous cycle may be related with  
449 the effects of peripheral hormones on memory (Taxier et al., 2020) and on differential hippocampal  
450 engagement in spatial tasks (Korol et al., 2004). Additionally, fluctuation of PNNs across the estrous  
451 cycle may be responsible for the response to non-cognitive aspects of behavioral tests, such as  
452 stress or aging (Laham et al., 2022).

453

454 We have previously reported that, in adult female mice, reduced neuroestrogen levels increase PV  
455 IN PNN coverage (Hernández-Vivanco et al., 2022), see also Fig. 4E and table 1 summarizing the  
456 effects of estrous cycle and manipulation of estrogen synthesis on CA1 synaptic inhibition and PV  
457 INs. In contrast, here we observed that during proestrus, a stage associated to high level of plasma  
458 and hippocampal estrogens (Kato et al., 2013), PNN coverage of PV INs is increased. The  
459 differential effect on CA1 PV IN PNNs suggests that neuron-derived estrogen and cycling gonadal-  
460 derived ovarian hormones regulate CA1 PV IN PNNs through different mechanisms. Estrous cycle  
461 regulation of PNNs may involve the actions of other ovarian derived hormones such as progesterone  
462 (Laham et al., 2022). Moreover, estrous cycle may affect the molecular composition of chondroitin  
463 sulphate proteoglycans of PNNs, which has strong consequences on neuronal plasticity (Yang et  
464 al., 2021). In contrast with neuroestrogen functional effects limiting CA1 synaptic inhibition  
465 (Hernández-Vivanco et al., 2022), estrous cycle is not reflected in apparent changes in IPSCs  
466 frequency in CA1 pyramidal neurons or PV IN population activity monitored through fiber photometry,  
467 suggesting that brain-derived estrogen and ovarian hormones effect diverge in their influences on  
468 CA1 synaptic inhibition and PV INs.

469

470 The contribution and functional consequences of local synthesis of estrogen by hippocampal INs  
471 before sexual maturity, i.e. puberty, is currently unknown. Our results suggest that aromatase is  
472 expressed in CA1 PV INs in the male and female mouse hippocampus at post-natal day 21. Thus,  
473 in addition to pyramidal neurons, CA1 PV INs may contribute to local synthesis of estrogen before  
474 the start of sex hormone production by adult gonads. Interestingly, our results also show that  
475 systemic pharmacological blockade of aromatase activity in prepubertal mice has functional effects  
476 on synaptic inhibition of CA1 pyramidal neurons. Aromatase inhibition increases sIPSC frequency in  
477 CA1 pyramidal neurons of prepubertal female but not male mice. Letrozole regulation of the  
478 frequency but not amplitude of sIPSCs recorded from pyramidal neurons is compatible with a  
479 presynaptic mechanism of action of aromatase in CA1 INs. The expression of aromatase at post-

480 natal day 21 suggests that PV INs are one of the cell types affected, although other INs may also  
481 express aromatase at this age and thus may be sensitive to neuroestrogen synthesis blockade.  
482 Since juvenile gonadal hormone production remains at very low levels, these results strongly suggest  
483 female-specific effects of brain-produced neuroestrogen in the physiology of hippocampal INs in  
484 prepubertal mice. Importantly, this sex effect is detected before functional maturation of gonads,  
485 again suggesting that neuroestrogen and ovarian hormones independently regulate the function of  
486 CA1 INs. Through the regulation of inhibitory signaling and PV IN PNNs in the prepubertal  
487 hippocampus, neuroestrogen may promote the refinement of network activity (Cossart and  
488 Khazipov, 2022), control the closure of inhibition-dependent critical periods for brain plasticity  
489 (Miranda et al., 2022) and promote in this way the formation of precise memories (Ramsaran et al.,  
490 2023). Moreover, neuroestrogen actions in the prepubertal brain may have a functional impact in the  
491 development and maturation of hippocampal INs that takes place during this stage of life, affecting  
492 processes such as programmed cell death and synaptogenesis (Lim et al., 2018; Wong and Marín,  
493 2019).

494  
495 Our results provide evidence for functional effects of sex hormones in the neonatal mouse brain.  
496 During this period, sex hormones and their receptors are at their highest levels, prior to gradually  
497 declining to adult levels in female mice (Turano et al., 2019). Early exposure to testosterone in female  
498 mice pups alters prepubertal hippocampal and PV IN function, renders adult CA1 inhibition  
499 insensitive to neuroestrogen regulation and alters neuroestrogen effects on PV IN PNNs. This  
500 suggests that neonatal production of testosterone by testes in male mice impacts neuronal activity  
501 in the early hippocampus and triggers organizational effects on CA1 synaptic inhibition and PV INs.  
502 According to this interpretation, the actions of neonatal testosterone trigger the establishment of a  
503 sex difference early in life, which is maintained and expressed during puberty, when circulating levels  
504 of sex hormones are very low. The mechanism used by testosterone to establish sex differences in  
505 neuroestrogen regulation of CA1 synaptic inhibition remains to be described. Aromatase expression  
506 in adult (Hernández-Vivanco et al., 2022) and pubertal PV INs (Fig. 2) do not seem to differ between

507 males and females but the consequences of testosterone in the expression of estrogen receptors  
508 (ERs) in PV INs has not been investigated. Previous reports have shown that organizational effects  
509 of early sex hormonal treatments affect the coupling of estrogens receptors to intracellular signaling  
510 effector pathways in hippocampal excitatory neurons (Meitzen et al., 2012; Tabatadze et al., 2015),  
511 raising the possibility of similar mechanisms operating in PV INs. Although not directly tested in the  
512 experiments presented here, aromatase expression in neonatal PV INs could support local  
513 aromatization to estrogen (Wu et al., 2009). Strikingly, no large sex differences have been detected  
514 in  $17\beta$ -estradiol and testosterone concentrations in the neonatal hippocampus (Konkle and  
515 McCarthy, 2011). However, neonatal testosterone surge in male mice may alter the availability of  
516 aromatase substrate (testosterone) and product ( $17\beta$ -estradiol) in a cell-type specific manner and  
517 cause sex differences by triggering transient or permanent effects in defined neuronal populations.  
518 Importantly, neuroestrogen synthesis blockade reduced PV IN PNNs in neonatally testosterone-  
519 treated female mice, an effect not apparent in males (Hernández-Vivanco et al., 2022 and table 1),  
520 suggesting a potential interaction between sex hormones and chromosomes in the establishment of  
521 sex differences and regulation of these extracellular structures. Organizational effects of neonatal  
522 testosterone have been reported in hippocampal excitatory neurons and have been proposed to  
523 explain sex differences in estrogenic signaling through metabotropic glutamate receptor in  
524 hippocampal neurons in vitro (Meitzen et al., 2012). Thus, neonatal hormones may coordinately  
525 organize excitatory and inhibitory hippocampal neurons to promote sex specific regulation of  
526 excitatory / inhibitory balance in developing networks. Importantly, the actions of sex hormones on  
527 hippocampal inhibition described here coincide temporally with a critical period for  
528 Neurodevelopmental disorder (NDD) pathogenesis. Since INs function is compromised in NDD, the  
529 current findings suggest that gonadal hormones may regulate the impact of NDD related pathological  
530 alterations in INs.

531

532 The early life period coincides with the maturation and functional integration of different hippocampal  
533 neuronal types and the emergence and refinement of spatially-tuned activity characteristic of CA1

534 place cells (Wills et al., 2010) and hippocampal network activity synchrony (Farooq and Dragoi,  
535 2019). The critical role of hippocampal INs in controlling spatial coding (Valero et al., 2022) and  
536 oscillations (Klausberger and Somogyi, 2008) raises the possibility of functional consequences of  
537 organizational actions of sex hormones in hippocampal processes known to be important for episodic  
538 memory. Moreover, by impacting neuronal communication, organizational actions of neonatal  
539 hormones may support functional network maturation and prevent deviations from normal  
540 neurodevelopmental trajectories with enduring deleterious consequences.

541

542

## 543 **References**

- 544 Arnold AP (2009) The organizational-activational hypothesis as the foundation for a unified theory  
545 of sexual differentiation of all mammalian tissues. *Horm Behav* 55:570–578.
- 546 Arriaga M, Han EB (2019) Structured inhibitory activity dynamics in new virtual environments. *Elife*  
547 8:e47611.
- 548 Azcoitia Í, Hernández-Vivanco A, Cano-Adamuz N, Méndez P (2022) Synthesis and impact of  
549 neuroestradiol on hippocampal neuronal networks. *Current Opinion in Endocrine and Metabolic*  
550 *Research* 24:100335.
- 551 Bölte S, Neufeld J, Marschik PB, Williams ZJ, Gallagher L, Lai M-C (2023) Sex and gender in  
552 neurodevelopmental conditions. *Nat Rev Neurol* 19:136–159.
- 553 Clemens AM, Lenschow C, Beed P, Li L, Sammons R, Naumann RK, Wang H, Schmitz D, Brecht  
554 M (2019) Estrus-Cycle Regulation of Cortical Inhibition. *Curr Biol* 29:605-615.e6.
- 555 Corvino V, Di Maria V, Marchese E, Lattanzi W, Biamonte F, Michetti F, Geloso MC (2015)  
556 Estrogen administration modulates hippocampal GABAergic subpopulations in the hippocampus  
557 of trimethyltin-treated rats. *Front Cell Neurosci* 9:433.
- 558 Cossart R, Khazipov R (2022) How development sculpts hippocampal circuits and function. *Physiol*  
559 *Rev* 102:343–378.
- 560 Crestol A, Rajagopal S, Lissaman R, LaPlume AA, Pasvanis S, Olsen RK, Einstein G, Jacobs EG,  
561 Rajah MN (2023) Menopause Status and Within-Group Differences in Chronological Age Affect  
562 the Functional Neural Correlates of Spatial Context Memory in Middle-Aged Females. *J Neurosci*  
563 43:8756–8768.

564 Dudok B et al. (2021) Alternating sources of perisomatic inhibition during behavior. *Neuron*  
565 109:997-1012.

566 Farooq U, Dragoi G (2019) Emergence of preconfigured and plastic time-compressed sequences  
567 in early postnatal development. *Science* 363:168–173.

568 Favuzzi E, Marques-Smith A, Deogracias R, Winterflood CM, Sánchez-Aguilera A, Mantoan L,  
569 Maeso P, Fernandes C, Ewers H, Rico B (2017) Activity-Dependent Gating of Parvalbumin  
570 Interneuron Function by the Perineuronal Net Protein Brevican. *Neuron* 95:639-655.e10.

571 Fawcett JW, Oohashi T, Pizzorusso T (2019) The roles of perineuronal nets and the perinodal  
572 extracellular matrix in neuronal function. *Nat Rev Neurosci* 20:451–465.

573 Fleischer AW, Frick KM (2023) New perspectives on sex differences in learning and memory.  
574 *Trends Endocrinol Metab* 34:526–538.

575 Gabriel CJ, Zeidler Z, Jin B, Guo C, Goodpaster CM, Kashay AQ, Wu A, Delaney M, Cheung J,  
576 DiFazio LE, Sharpe MJ, Aharoni D, Wilke SA, DeNardo LA (2022) BehaviorDEPOT is a simple,  
577 flexible tool for automated behavioral detection based on markerless pose tracking. *Elife*  
578 11:e74314.

579 Gegenhuber B, Tollkuhn J (2020) Signatures of sex: Sex differences in gene expression in the  
580 vertebrate brain. *WIREs Developmental Biology* 9:e348.

581 Hainmueller T, Cazala A, Huang L-W, Bartos M (2024) Subfield-specific interneuron circuits govern  
582 the hippocampal response to novelty in male mice. *Nat Commun* 15:714.

583 Hernández-Vivanco A, Cano-Adamuz N, Sánchez-Aguilera A, González-Alonso A, Rodríguez-  
584 Fernández A, Azcoitia Í, de la Prida LM, Méndez P (2022) Sex-specific regulation of inhibition  
585 and network activity by local aromatase in the mouse hippocampus. *Nat Commun* 13:3913.

586 Huang GZ, Woolley CS (2012) Estradiol acutely suppresses inhibition in the hippocampus through  
587 a sex-specific endocannabinoid and mGluR-dependent mechanism. *Neuron* 74:801–8.

588 Kato A, Hojo Y, Higo S, Komatsuzaki Y, Murakami G, Yoshino H, Uebayashi M, Kawato S (2013)  
589 Female hippocampal estrogens have a significant correlation with cyclic fluctuation of  
590 hippocampal spines. *Front Neural Circuits* 7:149.

591 Klausberger T, Somogyi P (2008) Neuronal diversity and temporal dynamics: the unity of  
592 hippocampal circuit operations. *Science* 321:53–7.

593 Konkle ATM, McCarthy MM (2011) Developmental time course of estradiol, testosterone, and  
594 dihydrotestosterone levels in discrete regions of male and female rat brain. *Endocrinology*  
595 152:223–235.

596 Korol DL, Malin EL, Borden KA, Busby RA, Couper-Leo J (2004) Shifts in preferred learning  
597 strategy across the estrous cycle in female rats. *Horm Behav* 45:330–338.

598 Kretz O, Fester L, Wehrenberg U, Zhou L, Brauckmann S, Zhao S, Prange-Kiel J, Naumann T,  
599 Jarry H, Frotscher M, Rune GM (2004) Hippocampal synapses depend on hippocampal estrogen  
600 synthesis. *J Neurosci* 24:5913–5921.

601 Laham BJ, Gould E (2021) How Stress Influences the Dynamic Plasticity of the Brain's  
602 Extracellular Matrix. *Front Cell Neurosci* 15:814287.

603 Laham BJ, Murthy SS, Hanani M, Clappier M, Boyer S, Vasquez B, Gould E (2022) The estrous  
604 cycle modulates early-life adversity effects on mouse avoidance behavior through progesterone  
605 signaling. *Nat Commun* 13:7537.

606 Lim L, Mi D, Llorca A, Marín O (2018) Development and Functional Diversification of Cortical  
607 Interneurons. *Neuron* 100:294–313.

608 Lopez-Lee C, Torres ERS, Carling G, Gan L (2024) Mechanisms of sex differences in Alzheimer's  
609 disease. *Neuron* 112:1208-1221.

610 Manseau F, Marinelli S, Mendez P, Schwaller B, Prince DA, Huguenard JR, Bacci A (2010)  
611 Desynchronization of neocortical networks by asynchronous release of GABA at autaptic and  
612 synaptic contacts from fast-spiking interneurons. *PLoS Biol* 8.

613 McCarthy MM, Arnold AP, Ball GF, Blaustein JD, De Vries GJ (2012) Sex differences in the brain:  
614 the not so inconvenient truth. *J Neurosci* 32:2241–7.

615 Meitzen J, Grove DD, Mermelstein PG (2012) The Organizational and Aromatization Hypotheses  
616 Apply to Rapid, Nonclassical Hormone Action: Neonatal Masculinization Eliminates Rapid  
617 Estradiol Action in Female Hippocampal Neurons. *Endocrinology* 153:4616–4621.

618 Miranda JM, Cruz E, Bessières B, Alberini CM (2022) Hippocampal parvalbumin interneurons play  
619 a critical role in memory development. *Cell Rep* 41:111643.

620 Murphy DD, Cole NB, Greenberger V, Segal M (1998) Estradiol increases dendritic spine density  
621 by reducing GABA neurotransmission in hippocampal neurons. *J Neurosci* 18:2550–2559.

622 Nath T, Mathis A, Chen AC, Patel A, Bethge M, Mathis MW (2019) Using DeepLabCut for 3D  
623 markerless pose estimation across species and behaviors. *Nat Protoc* 14:2152–2176.



624 Que L, Lukacsovich D, Luo W, Földy C (2021) Transcriptional and morphological profiling of  
625 parvalbumin interneuron subpopulations in the mouse hippocampus. *Nat Commun* 12:108.

626 Ramsaran AI et al. (2023) A shift in the mechanisms controlling hippocampal engram formation  
627 during brain maturation. *Science* 380:543–551.

628 Tabatadze N, Huang G, May RM, Jain A, Woolley CS (2015) Sex Differences in Molecular  
629 Signaling at Inhibitory Synapses in the Hippocampus. *J Neurosci* 35:11252–65.

630 Taxier LR, Gross KS, Frick KM (2020) Oestradiol as a neuromodulator of learning and memory.  
631 *Nat Rev Neurosci* 21:535–550.

632 Turano A, Osborne BF, Schwarz JM (2019) Sexual Differentiation and Sex Differences in Neural  
633 Development. *Curr Top Behav Neurosci* 43:69–110.

634 Valero M, Zutshi I, Yoon E, Buzsáki G (2022) Probing subthreshold dynamics of hippocampal  
635 neurons by pulsed optogenetics. *Science* 375:570–574.

636 Wang W, Le AA, Hou B, Lauterborn JC, Cox CD, Levin ER, Lynch G, Gall CM (2018) Memory-  
637 Related Synaptic Plasticity Is Sexually Dimorphic in Rodent Hippocampus. *J Neurosci* 38:7935–  
638 7951.

639 Wills TJ, Cacucci F, Burgess N, O’Keefe J (2010) Development of the Hippocampal Cognitive Map  
640 in Prewaning Rats. *Science* 328:1573–1576.

641 Wong FK, Marín O (2019) Developmental Cell Death in the Cerebral Cortex. *Annu Rev Cell Dev*  
642 *Biol* 35:523–542.

643 Wu MV, Manoli DS, Fraser EJ, Coats JK, Tollkuhn J, Honda S, Harada N, Shah NM (2009)  
644 Estrogen masculinizes neural pathways and sex-specific behaviors. *Cell* 139:61–72.

645 Wu YC, Du X, van den Buuse M, Hill RA (2014) Sex differences in the adolescent developmental  
646 trajectory of parvalbumin interneurons in the hippocampus: a role for estradiol.  
647 *Psychoneuroendocrinology* 45:167–78.

648 Yagi S, Galea LAM (2019) Sex differences in hippocampal cognition and neurogenesis.  
649 *Neuropsychopharmacol* 44:200–213.

650 Yague JG, Muñoz A, de Monasterio-Schrader P, Defelipe J, Garcia-Segura LM, Azcoitia I (2006)  
651 Aromatase expression in the human temporal cortex. *Neuroscience* 138:389–401.

652 Yamada J, Jinno S (2015) Subclass-specific formation of perineuronal nets around parvalbumin-  
653 expressing GABAergic neurons in Ammon’s horn of the mouse hippocampus. *J Comp Neurol*  
654 523:790–804.

655 Yang S, Gigout S, Molinaro A, Naito-Matsui Y, Hilton S, Foscarin S, Nieuwenhuis B, Tan CL,  
656 Verhaagen J, Pizzorusso T, Saksida LM, Bussey TM, Kitagawa H, Kwok JCF, Fawcett JW (2021)  
657 Chondroitin 6-sulphate is required for neuroplasticity and memory in ageing. *Mol Psychiatry* 1–11.

658 Zárata S, Stevnsner T, Gredilla R (2017) Role of Estrogen and Other Sex Hormones in Brain  
659 Aging. *Neuroprotection and DNA Repair. Front Aging Neurosci* 9:430.

660 Zhou L, Fester L, von Blittersdorff B, Hassu B, Nogens H, Prange-Kiel J, Jarry H, Wegscheider K,  
661 Rune GM (2010) Aromatase inhibitors induce spine synapse loss in the hippocampus of  
662 ovariectomized mice. *Endocrinology* 151:1153–60.

663  
664

## 665 **Figure Legends**

666

667 **Figure 1.** *Estrous cycle-associated changes in CA1 synaptic inhibition and PV INs.*

668 **A.** Estrous cycle was monitored using vaginal cytologies in 10-12 weeks old female mice.  
669 Representative images (10 and 40 times magnification, inset) of cresyl violet-stained vaginal smears  
670 used to assign female mice to proestrus (left) and diestrus (right) stages of the estrous cycle. Scale  
671 bars: 100  $\mu\text{m}$  (25  $\mu\text{m}$  inset).

672 **B.** In the morning of diestrus or proestrus, mice were processed for Spontaneous Inhibitory Post-  
673 Synaptic Currents (sIPSCs) recordings in acutely prepared brain slices. Representative recordings  
674 of sIPSCs in Proestrus (Pro) and diestrus (Die) female mice. Scale bar: 50 pA, 1 s. Graphs represent  
675 group data. Frequency, Two-tailed Mann Whitney test,  $U = 187$ ,  $p = 0.46$ . Amplitude, Unpaired two  
676 tailed t-test,  $t(42) = 1.27$ ,  $p = 0.21$ .  $n = 15$ , 29 neurons from 3 mice (Proestrus) and 4 mice (diestrus)  
677 per group, respectively.

678 **C.** Fiber photometry recordings were performed in adult female PV-Cre mice expressing GCaMP6m  
679 in dorsal CA1 PV INs using a chronically-implanted optic fiber while mice freely explore a familiar  
680 open field (upper panels). Scale bar: 200  $\mu\text{m}$ . Mouse speed (grey) and PV IN activity (GCaMP6m  
681 fluorescence, green) levels were simultaneously monitored in the morning of diestrus or proestrus  
682 stages of the estrous cycle (middle panels). Scale bars: 5 z-score, 5 cm/s, 30 s. Lower left plots  
683 show speed and z-scored PV IN activity (mean  $\pm$  SEM) aligned to locomotion onset (arrows) in  
684 proestrus and diestrus. Scale bars: 0.5 cm/s, 1 z-score, 0.5 s. Lower right graph shows no differences  
685 in the positive relationship between PV IN activity and mouse speed in diestrus and proestrus. Two-  
686 tailed Mann Whitney test,  $U = 45$ ,  $p = 0.39$ .  $n = 9$ , 13 recordings from 5 mice.

687 **D.** Upper panels: representative image of simultaneous parvalbumin (PV, red) immunohistochemical  
688 detection and WFA staining of PNNs (grey) in dorsal hippocampus CA1 region of an adult female

689 mouse in proestrus (left) and diestrus (right). Single channel image of WFA staining is represented  
690 in grey in the lower part of the panel. Scale bar: 100  $\mu\text{m}$ .

691 **E, F.** Group data of WFA (E) and aromatase (F) staining intensities in PV-INs. Cumulative frequency  
692 distribution of individual values per PV IN (Proestrus, 353 PV INs; diestrus, 359 PV INs) and mean  
693 values per mouse are shown. WFA: unpaired two tailed t-test,  $t(8) = 2.67$ ,  $p = 0.03$ . Aromatase:  
694 unpaired two tailed t-test,  $t(8) = 0.39$ ,  $p = 0.7$ .  $n = 5$  mice per group. See Extended Figure 1.1 for  
695 specificity control for the use of the Aromatase antibody in mouse hippocampal tissue.

696 **G.** Representative images of hippocampal CA1, Dentate Gyrus (DG) regions and cortex (Ctx) of  
697 adult female mice injected with AAVs expressing the fluorescent protein mCherry (red images) and  
698 shRNAs directed against the *Cyp19a1* gene (coding for aromatase, right panel) or against a bacterial  
699 gene (Control, left panel). Grey images represent immunoreactivity of the aromatase antibody used  
700 in the current study. Scale bars: 50  $\mu\text{m}$ , top two images; 20  $\mu\text{m}$ , bottom two images of each panel.

701 **H.** Quantification of aromatase immunoreactivity in the *Stratum Pyramidale* (*St Pyr*, left graph). The  
702 number of dendrites expressing aromatase in the *Stratum Radiatum* (*St Rad*, right graph) was  
703 calculated using a dynamic threshold (3.0, 4.0, and 5.0 times background levels). Aromatase in *St*  
704 *Pyr*, Unpaired two tailed t-test,  $t(4) = 6.2$ ,  $p = 0.0035$ .  $n = 3$  mice (shRNA control) and 3 mice (shRNA  
705 aromatase). Arom+ dendrites, two-way ANOVA, shRNA Control / shRNA Aromatase  $F(1, 4) = 34.6$ ,  
706  $p = 0.0043$ .

707 Graphs represent mean  $\pm$  SEM (columns, circles and bars) and individual values (recorded  
708 neurons, grey circles in B and mouse, circles in E and left graph in H). Graphs in E represent  
709 cumulative distribution of WFA and aromatase staining in individual PV INs.\*  $p < 0.05$ ; ns  $p > 0.05$ .

710  
711 **Figure 2. Aromatase expression in CA1 PV INs in prepubertal mouse.**

712 **A.** Male and female mice were processed for immunohistochemistry at post-natal day 21.

713 **B.** Representative immunofluorescence confocal microscopy images of aromatase (grey) and  
714 parvalbumin (red, upper panels) expression in the CA1 region of male (left) and female (right)  
715 hippocampus at 21 days of age. Single channel image of aromatase staining is represented in grey  
716 scale in the lower part of the panel. Scale bar: 50  $\mu\text{m}$ .

717 **C.** Quantification of aromatase expression level in M and F hippocampus. Group data of aromatase  
718 staining intensities in PV-INs. Cumulative frequency distribution of individual values per PV IN  
719 (Males, 180 PV INs; females, 155 PV INs) and mean values per mouse are shown. Two-tailed Mann  
720 Whitney test,  $U = 4$ ,  $p > 0.99$ .  $n = 3$  mice per group.

721 **D.** Representative immunofluorescence confocal microscopy images of simultaneous detection of  
722 parvalbumin (PV), aromatase (Arom) and WFA staining of PNNs (WFA) in the CA1 region of  
723 male and female hippocampus at 21 days of age.

724 **E.** Doughnut plots represent the proportion of PND10-20 and PND22-77 PV INs expressing the  
725 mRNA for the PV (*Pvalb* gene) and aromatase (*Cyp19a1* gene). Data analysis from (Que et al.,  
726 2021) transcriptomic database. Numbers within the plots indicate the number of positive / total  
727 neurons sampled.

728 Graphs represent mean +/- SEM and individual values. ns  $p > 0.05$ .

729

730 **Figure 3.** *Aromatase regulation of CA1 synaptic inhibition in prepubertal male and female mice.*

731 **A.** Post-Natal Day (PND) 21 male and female mice received daily intraperitoneal (i.p.) injections of  
732 the aromatase blocker letrozole (LTZ) or vehicle (C) for 5 days. Spontaneous Inhibitory Post-  
733 Synaptic Currents (sIPSCs) were recorded from CA1 pyramidal (PYR) neurons in acutely prepared  
734 slices at PND25.

735 **B.** Representative sIPSCs recordings from control (C, grey) and letrozole (Arom Block, black) treated  
736 male (left) and female (right) mice. Scale bar: 50 pA, 1 s.

737 **C.** Group data from sIPSCs recordings. Frequency, two-way ANOVA, C/Arom Block  $F(1, 74) = 5.48$ ,  
738  $p = 0.02$ , Male/Female  $F(1, 74) = 6.9$ ,  $p = 0.01$ . Bonferroni comparison tests, Male C vs Arom Block  
739  $p = 0.87$ ; Female C vs Arom Block  $p = 0.01$ . Amplitude, two-way ANOVA, C/Arom Block  $F(1, 74) =$   
740  $0.09$ ,  $p = 0.77$ , Male/Female  $F(1, 74) = 1.97$ ,  $p = 0.16$ . Bonferroni comparison tests, Male C vs Arom  
741 Block  $p > 0.99$ ; Female C vs Arom Block  $p > 0.99$ . Males,  $n = 15$  (Control), 15 (Arom Block) neurons  
742 from 3 mice per group; females,  $n = 22$  (Control), 27 (Arom Block) neurons from 3 mice per group.  
743 Graphs represent mean +/- SEM (columns and bars) and individual values (recorded neurons, grey  
744 circles). \*  $p < 0.05$ ; ns  $p > 0.05$ .

745

746 **Figure 4.** *Neonatal testosterone effects on the regulation of hippocampal inhibition.*

747 **A.** Female mice pups received subcutaneous testosterone propionate (100  $\mu\text{g}$ ) or vehicle (sesame  
748 oil) on post-natal days 1, 7 and 15, weaned and raised to young adulthood (12 weeks). Adult mice  
749 were then treated with the aromatase blocker letrozole (LTZ) or vehicle (C) for 5 days and processed  
750 for Spontaneous Inhibitory Post-Synaptic Currents (sIPSCs) recordings or histological analysis.

751 **B.** Representative sIPSCs recordings from control (C, grey) and letrozole (Arom Block, black) treated  
752 female mice with neonatal vehicle (left) and testosterone (right) treatment. Scale bar: 50 pA, 1 s.

753 **C.** Group data from sIPSCs recordings. Frequency, two-way ANOVA, C/Arom Block  $F(1, 90) = 3.97$ ,  
754  $p = 0.05$ , Veh/Test  $F(1, 90) = 3.2$ ,  $p = 0.07$ . Bonferroni comparison tests, Veh C vs Arom Block  $p =$   
755  $0.002$ ; Test C vs Arom Block  $p = 0.78$ . Amplitude, two-way ANOVA, C/Arom Block  $F(1, 90) = 1.82$ ,  
756  $p = 0.18$ , Veh/Test  $F(1, 90) = 0.02$ ,  $p = 0.89$ . Bonferroni comparison tests, Veh C vs Arom Block  $p =$   
757  $0.14$ ; Test C vs Arom Block  $p = 0.99$ . Vehicle, control,  $n = 19$  neurons, 3 mice; Arom Block  $n = 25$   
758 neurons, 4 mice; Testosterone, control,  $n = 22$  neurons, 4 mice; Arom Block  $n = 28$  neurons, 4 mice.

759 **D.** Representative image of simultaneous parvalbumin (PV, red) immunohistochemical detection and  
760 WFA staining (grey) in the CA1 region of neonatal vehicle (upper panels) or testosterone (lower  
761 panels) treated female mice which received daily intraperitoneal (i.p.) injections of the aromatase  
762 blocker letrozole (LTZ, Arom Block, right panels) or vehicle (Control, C, left panels). Single channel  
763 image of WFA staining is represented in grey scale in the lower part of the panels. Scale bar: 100  
764  $\mu\text{m}$ .

765 **E.** Group data of WFA staining intensities in PV-INs for neonatal vehicle (left) or testosterone (right)  
766 treated female mice. Cumulative frequency distribution of individual values per PV IN and mean  
767 values per mice are shown in each case (Vehicle, control, 147 PV INs, vehicle, Arom Block 206 PV  
768 INs; Testosterone, control 198 PV INs, Testosterone, Arom Block 187 PV INs) . Vehicle, C vs Arom  
769 Block, unpaired two tailed t-test,  $t(5) = 2.91$ ,  $p = 0.03$ . Testosterone, C vs Arom Block, unpaired two  
770 tailed t-test,  $t(6) = 3.32$ ,  $p = 0.02$ . Vehicle, control,  $n = 3$  mice; Arom Block  $n = 4$  mice; Testosterone,  
771 control,  $n = 4$  mice; Arom Block  $n = 4$  mice.

772 Graphs represent mean  $\pm$  SEM (columns and bars) and individual values (recorded neurons, grey  
773 circles in C mice; circles in E). Graphs in E represent cumulative distribution of WFA staining for  
774 individual PV INs.\*  $p < 0.05$ ; ns  $p > 0.05$ .

775

776 **Figure 5.** Neonatal testosterone regulates PV INs and hippocampal function in prepubertal female  
777 mice.

778 **A.** Female mice pups received testosterone propionate (100  $\mu\text{g}$ ) or vehicle (sesame oil) on post-  
779 natal days 1, 7 and 15. On PND20, mice were trained in the Contextual Fear Conditioning (CFC)  
780 and, on PND21, tested for fear memory recall. Mice were processed for histological analysis of PV,  
781 c-Fos and WFA staining 90 min after the recall test.

782 **B.** Left, group spatial occupancy maps during the exploration in CFC training session. Graphs  
783 represent group data for the time spent in the center area. Unpaired two tailed t-test,  $t(12) = 3.08$ ,  $p$   
784  $= 0.009$ .  $n = 7$  mice per group. Right, proportion of mice (donut plots) and number of climbs or jumps  
785 per animal (lower graph) during fear memory recall. STAT

786 **C.** Representative image of simultaneous parvalbumin (PV, grey in upper panel, red in lower panel)  
787 and c-Fos (grey, middle and lower panel) immunohistochemical detection in the CA1 region of a  
788 testosterone treated female mice 90 min after fear memory recall. Graph compares the fraction of  
789 PV INs (Veh, 480 PV INs, Testosterone 445 PV INs) expressing cFos in vehicle and testosterone  
790 treated female mice using a dynamic threshold (1.5, 1.75, and 2 times background levels) analysis.  
791 Two-way ANOVA, Veh/Test  $F(1, 8) = 5.33$ ,  $p = 0.04$ .  $n = 5$  mice per group.

792 **D.** Representative image of WFA (grey in middle and lower panel) staining around low (empty  
793 triangles), middle (arrows) and high (solid triangles) PV (grey in upper panel, red in lower panel)  
794 expressing IN in the CA1 region of a testosterone treated female mice. Kruskal-Wallis test,  $H =$

795 138.9,  $p < 0.0001$ , Dunn's multiple comparisons tests, Low,  $p < 0.0001$ ; Mid,  $p = 0.92$ ; High,  $p =$   
796 0.058; vehicle  $n = 55, 329, 64$  and testosterone  $n = 73, 393, 52$  PV INs for low, middle and high PV  
797 expression, respectively.

798 Graphs represent mean  $\pm$  SEM and individual values (mice in B and C, PV neurons in D). \*  $p <$   
799 0.05; ns  $p > 0.05$ .

800

801 **Table 1.** *Comparison of estrous cycle, aromatase blockade and testosterone treatment effects on of*  
802 *endpoint measurements.* The table reflects the results obtained presented in the currents amnsucript  
803 and in Hernández-Vivanco et al, 2022. sIPSCs: spontaneous Inhibitory Post-Synaptic Currents; PV  
804 IN: Parvalbumin Inhibitory Neuron; WFA: Wisteria Floribunda lectin; PNNs: Perineuronal Nets, n.d.:  
805 non-determined; LTZ: letrozole; Veh: vehicle; Test: Testosterone; CFC: Contextual Fear  
806 Conditioning; PND21: Post-Natal Day 21.

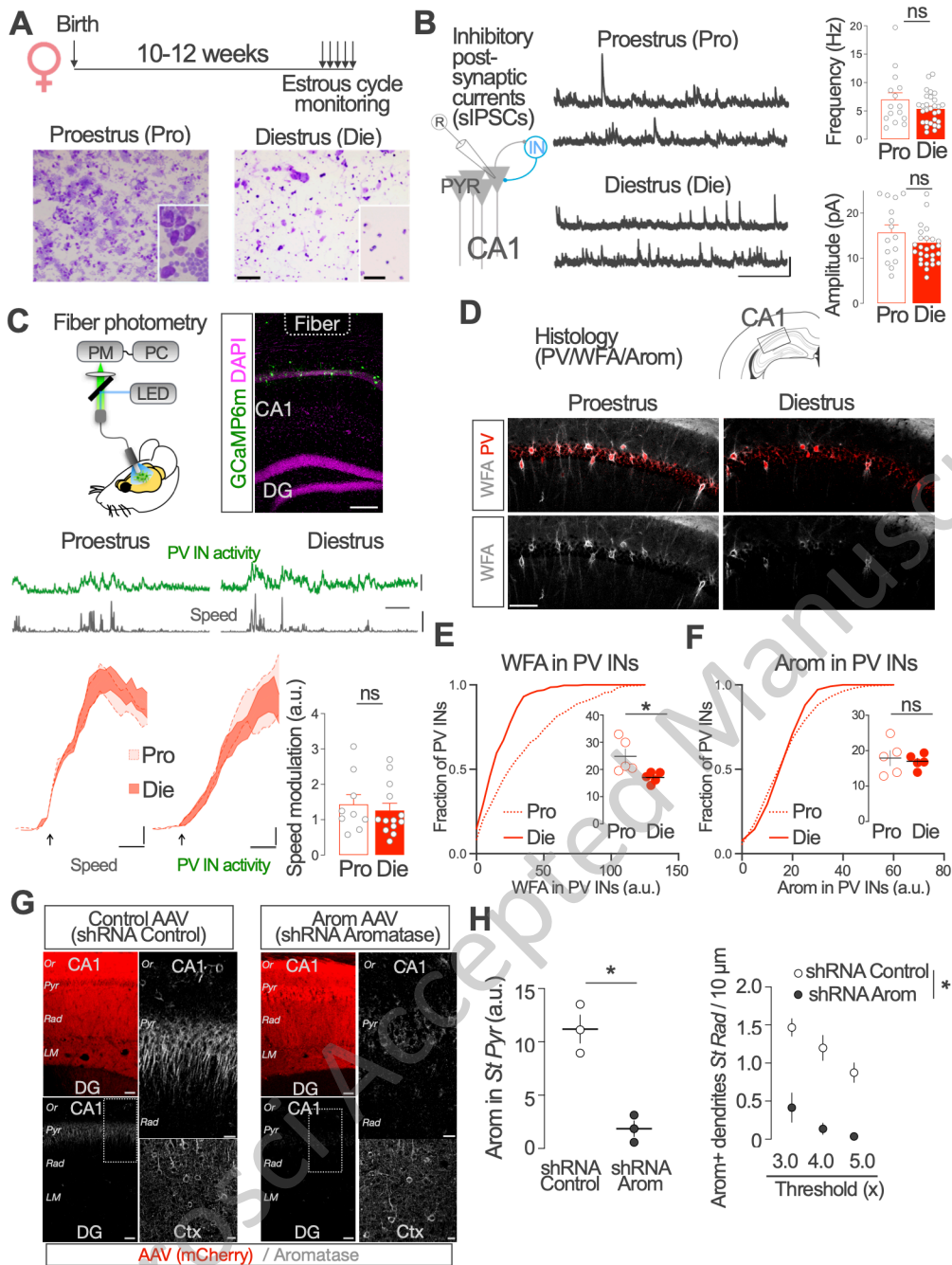
807

JNeurosci Accepted Manuscript

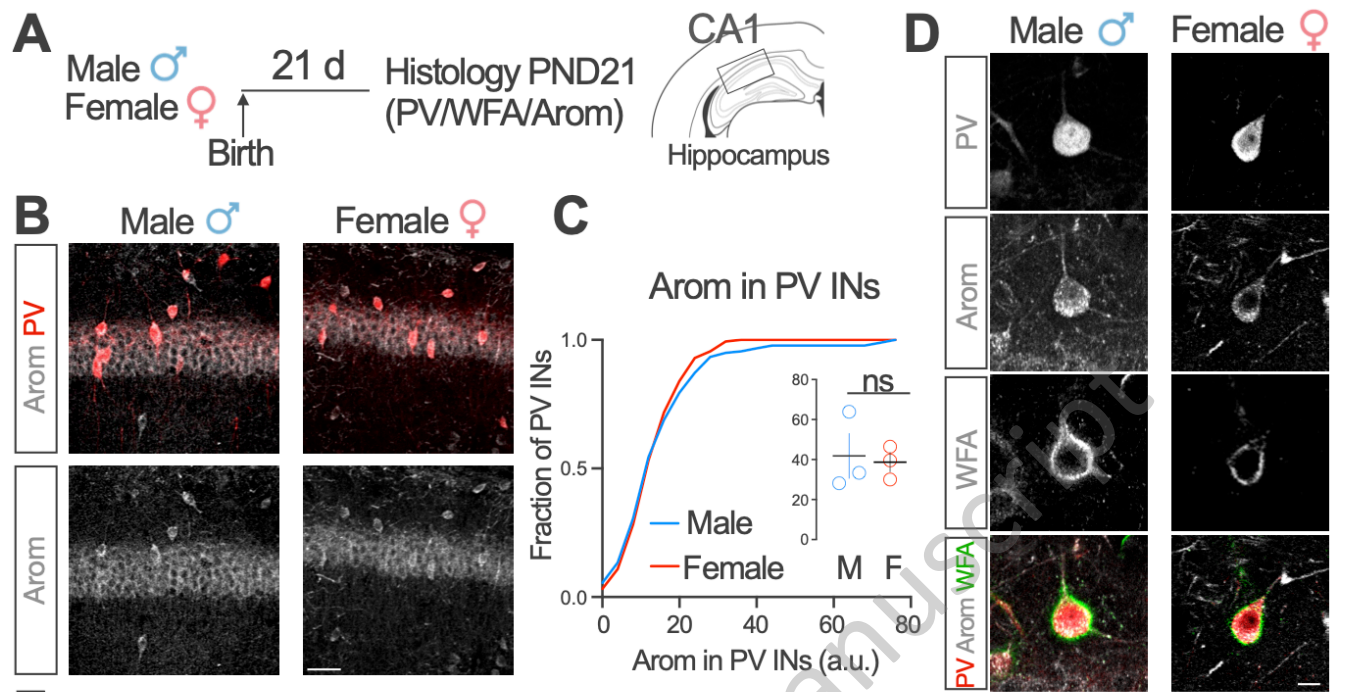
Condition / Treatment	sIPSCs frequency	PV INs WFA staining (PNNs)	PV IN Aromatase immunoreactivity	PV IN activity - in vivo (Fiber photometry)	PV IN cFos after CFC
Estrous cycle (Proestrus / diestrus) (this manuscript)	Unchanged	↑ in proestrus	Unchanged	Unchanged	n.d.
Aromatase blockade in juvenile mice (this manuscript)	Male: unchanged Female: ↑	n.d.	Males: present Females: present	n.d.	n.d.
Aromatase blockade (LTZ) in adult mice (Hernandez-Vivanco et al, 2022)	Male: unchanged Female: ↑	Male: unchanged Female ↑	Males: present Females: present	Male: n.d. Female ↑	n.d.
Adult LTZ in early postnatal Vehicle/ Testosterone-treated female pups (this manuscript)	Veh: ↑ Test: unchanged	Veh: ↑ Test: ↓	n.d.	n.d.	n.d.
PND21 Testosterone-treated females (this manuscript)	n.d.	↑ in low and high PV expressing INs	n.d.	n.d.	↑ in Test

808

809

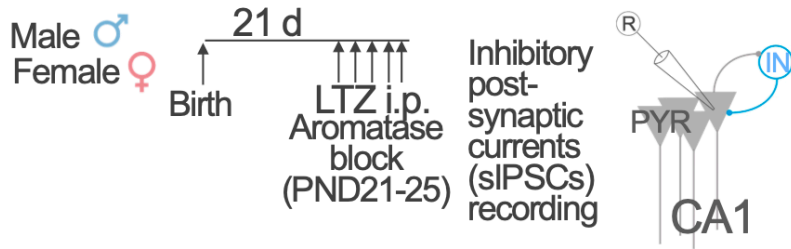
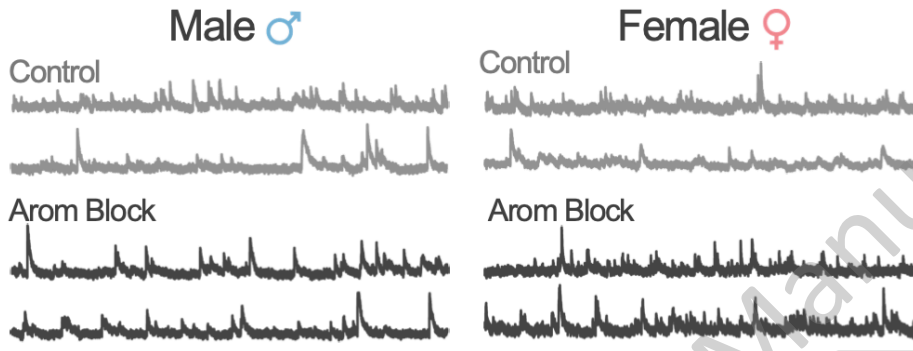
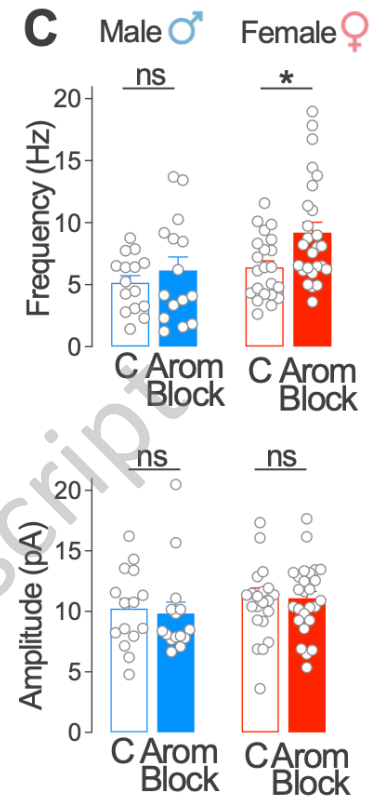




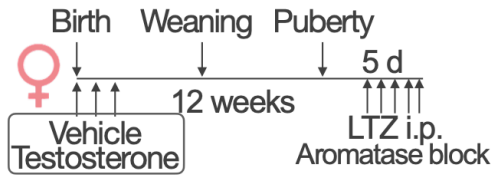


**E** mRNA expression from single-cell RNA-seq in morphologically identified CA1 PV INs

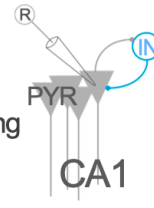


**A****B****C**

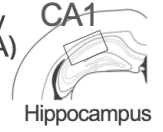
JNeurosci Accepted Manuscript

**A**

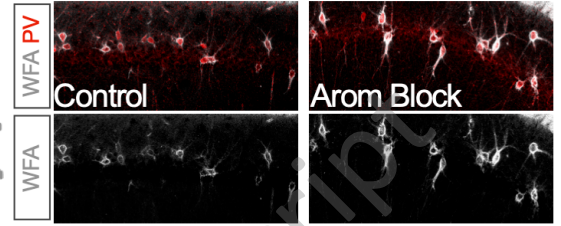
Inhibitory post-synaptic currents (sIPSCs) recording



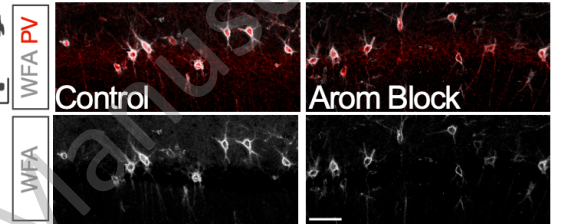
Histology (PV/WFA)

**D**

Vehicle

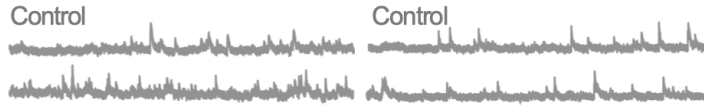


Testosterone

**B**

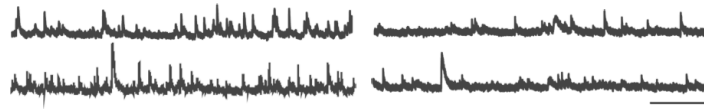
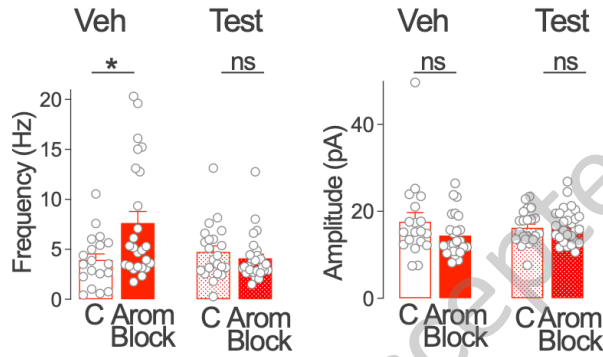
Vehicle

Testosterone



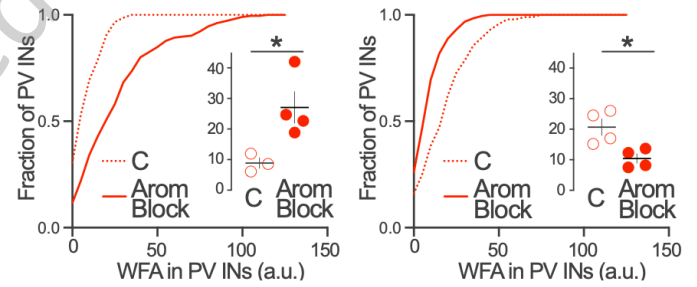
Arom Block

Arom Block

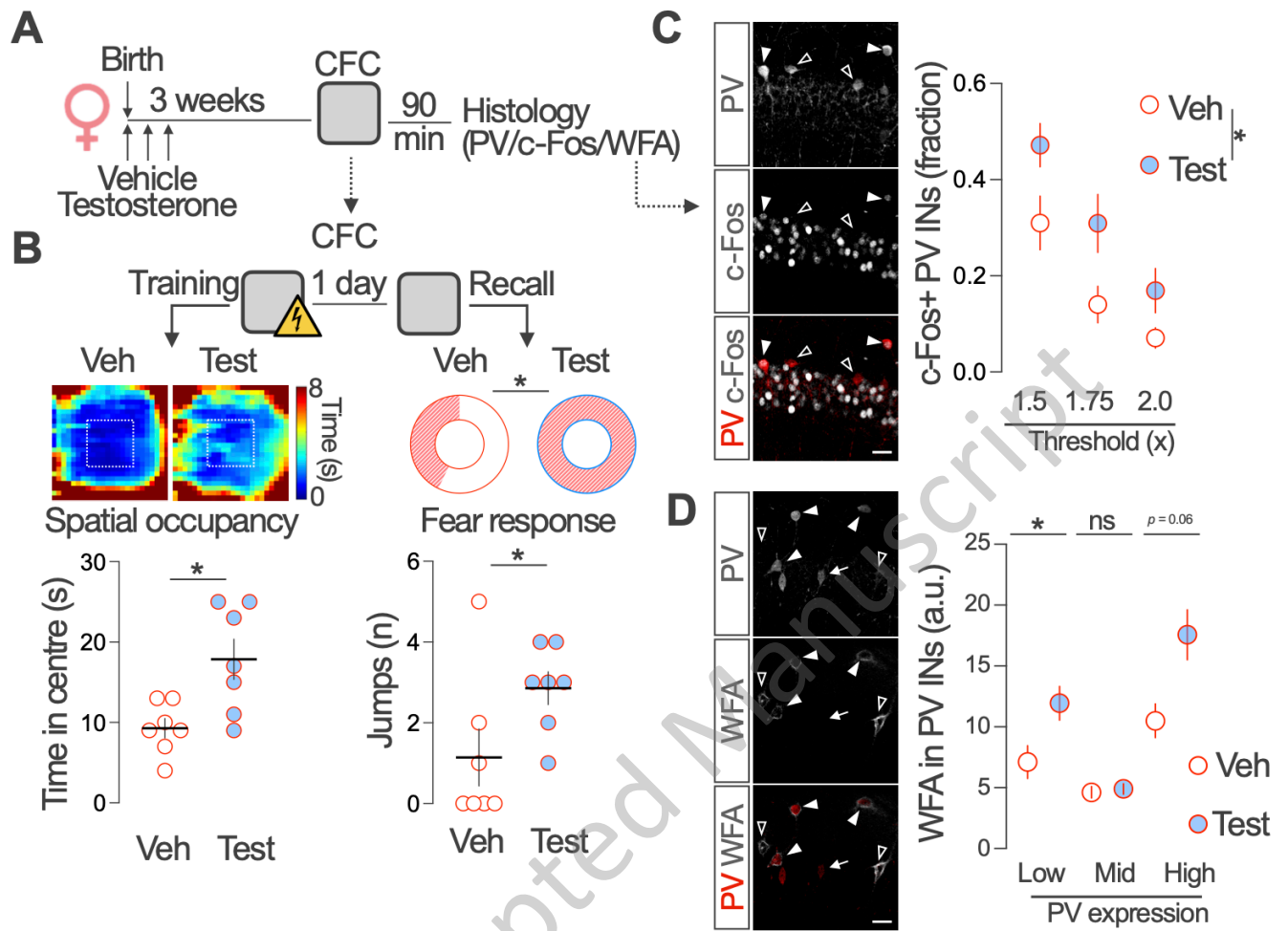
**C****E**

Vehicle

Testosterone



JNeurosci Accepted Manuscript



JNeurosci Accepted Manuscript